



Carolina HeartBeat

Publication of Carolina Heartland USA Dance Chapter 6092

Send news and views to trudy@newhomeguides.com; Visit www.carolinaheartland.org
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From the President...

What a wonderful showcase for National Ballroom Dance Week! Chattie Byrd and members of her committee made our first Showcase an extremely successful event. Lib and Bob Johnson, Betty and Conrad McClintock, Eileen and Joe Leggio, Trudy Atkins, Bruce Gibson, co-hostess Kim Snider,



Joe Zannini

and the super-organized Chattie Byrd demonstrated why we are "Chapter of the Year." They are the individuals who will do whatever it takes to make activities successful. Please help communicate our appreciation for what many people say was the best showcase they ever attended.

It is football season, and it's *always* dance season so I am as happy as one can be. Thus it is appropriate to quote my hero, the great coach, Vince Lombardi, who stated, "Football is not a contact sport; ballroom dancing is a contact support. Football is a collision sport." (It is obvious that Vince Lombardi has not seen me dance because I have been known to collide into others on the dance floor!)

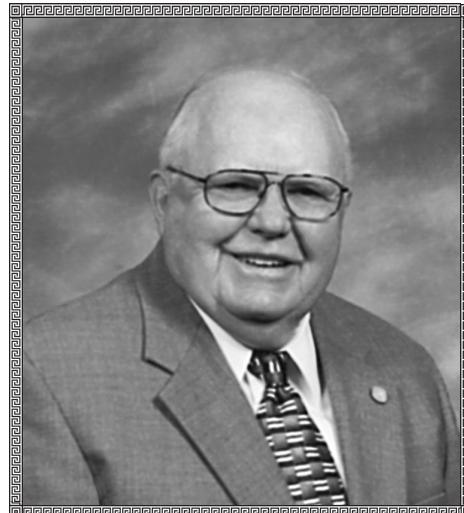
It appears that our national organization does not agree with Vince either. National is requiring that we inform participants at our events that they are dancing at their own risk because ballroom dancing *can be* a collision sport. Consequently, many of you have noted that our sign-in sheets now have a disclosure statement as a reminder that we must keep safety utmost in our minds when we get on the dance floor.

Kayla Ewing and Angelo Cristobal, members of the NC State Dance Team, were two special dancers at our Showcase. At our Chapter's monthly dance in September, we welcomed eight UNCG students. These young students affirm an important direction of your Executive Board. Whenever college students attend our events, there is added excitement in the air. While the eight college students appreciated how welcoming our Chapter members were, their presence made us all feel good and confirmed the Executive Board's decision at its August meeting to commit funds to help establish a college ballroom dance program at UNCG. I am asking Joe Leggio to put the position paper that requested this funding on our Web Site, as more news is forthcoming.

Joe Zannini

USA DANCE Calendar	
Tuesday, October 3 - Dance Demonstration , 11 a.m., First Lutheran Church, 3600 W. Friendly Avenue, Greensboro. (Please call Curtis Holt - 288-8252)	
Sunday, October 8 - SECOND BIRTHDAY CELEBRATION: 4:30 p.m., rumba lesson by Tom Patillo, dancing from 5:15 - 7 p.m.; music by Rockie Troxler; The Grange, Greensboro; Guilford /Jamestown Road(Exit 213 off 1-40 drive north one mile, cross Market Street, take immediate left on Lindley Road, take second right on Guilford Middle School Road; Grange is on right.	
Tuesday, November 2 - Dance Demonstration - 10:15 a.m., First Presbyterian Church, 617 N.Elm Street. (Please call Curtis Holt - 288-8252)	

Spotlight on...



Carl Adams

When Carl Adams turned 80 in August, dancers at the High Point Elks Club stood in acknowledgement and appreciation of his many contributions to our World of Dance.

First of all, he is responsible, with Carolyn and Rodney Williams, for continuing the highly popular Second Friday dance at the High Point Elks following the death of founder Clarence Jones. He also worked with Clarence to launch the Piedmont USABDA Chapter in the early '90s which Wayne and Marie Crowder reactivated in 1996.

But dancing is a small part of his very active life. Jim Neuman, High Point Elks Manager, cited some of his activities recently such as his monthly trips to the Salisbury Veterans Hospital. ("He knows every eating place between here and Salisbury," says Jim.) Carl sells the best Vidalia onions every fall to support projects of the Shrine Club which he has served as president several times. He's a major volunteer at the Dorothy Bardolph Senior Center in Greensboro and at High Point's First Presbyterian Church.

The above information was gleaned with some difficulty from friends since Carl was on Long Island, visiting with shipmates with whom he served in World War II.

First Showcase Attracts More than One Hundred

They came. They saw. And many said they wanted to join Carolina Heartland after viewing the performers at our chapter's first Showcase September 17 at the Greensboro Ballroom.

The stars were the couples who demonstrated what ballroom dancing is all about. They were:

Pam Yarboro & Tim Saunders Swing
Jerry & Jo Ann Snyder Waltz
Rockie & Mary Lou Troxler Foxtrot
Fran Randolph & Curtis Holt Samba
Carlie & Jan Coats Waltz
Rockie & Mary Lou Troxler Tango
Joe & Yvette Zannini Bolero
Suzanne Higgins & Tim Saunders Waltz

Lib Johnson & Jim Brady Quickstep
Carlie and Jan Coats Foxtrot

Jerry & Jo Ann Snyder Bolero

Angelo & Kayla Bolero, chacha & waltz

In his column Joe Zannini recognizes many of the dedicated members who made the Showcase a success. Others were: Joe Dolata, Truby McBane, Homer and Dot Mason, Lynda Williams, and Al Kamperman. Tables with golden cloths were set for 100, but extra tables had to be set up early in the afternoon.

Chapter to Celebrate Second Anniversary

October marks the second anniversary of the Carolina Heartland Chapter, and what a party is planned! There will be a giant birthday cake and ice cream sundaes, with dance-related games, prizes and special greeters at the door. Hosts are the Steeds, the Johnsons and the Dolatas. All of this and a rumba lesson too!

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If you haven't checked our Carolina Heartland website lately, please do. Webmaster Joe Leggio, a Virtuoso on the Web, may have posted your photo.

News & Notes

The Silver Harvest Tea Dance will be held Sunday, October 15, from 2-4 p.m. at the Burlington Community YMCA, 1346 South Main Street in Burlington. Rockie Troxler has extended an invitation to all Carolina Heartland members.

First Friday - The Grange will observe Thanksgiving early this year by donating all proceeds from the October 6 dance to the Greensboro Urban Ministry. The Food Bank is low so please bring a non-perishable item for this worthy project.

Greensboro Social Club has announced that its annual November dinner dance will be Saturday, November 12, at 6:30 p.m. at the Bur-Mil Club in Greensboro. Betsy Holder (5507-C Tomahawk Drive, Greensboro 27410) is accepting checks and reservations through November 7.

Harvest Ball - Smith Senior Center will inaugurate its new dance floor at its annual Harvest Ball Friday, November 3, from 7 - 10 p.m. Southern Serenaders will provide music; light refreshments will be served. For information, please call 375-2237.

Second Friday - Good food, great music, and friendly folks make Second Friday at the High Point Elks one of the best dances of the month. Don't forget to call in your reservation by the preceding Wednesday if you wish to attend.

Sponsorship of University Dancesport Club Discussed

Our chapter made considerable progress in September toward organizing a university dancesport club at UNC-Greensboro.

First of all, Amanda Lawing, president of the student Kiwanis Club (Circle K) was invited with seven students to be our guest at our monthly dance September 10 (see photos below). As they mixed and mingled, members were impressed with their courtesy and demeanor even as their enthusiasm added excitement to the afternoon dance.

On September 27, USA Dance



Fran Randolph and Jerry Snyder



regional representatives Wayne and Marie Crowder met with Amanda and Trudy Atkins on the UNCG campus to discuss what is involved in forming a university dancesport organization.

Wayne reported that two thriving clubs at NC State University and UNC-Charlotte were ready to help organize and teach a small group of students who in turn would enlist other students to form a campus club.

The Carolina Heartland Executive Committee recently allocated up to \$600 to support a campus dance club. As it gains recognition, the club would be eligible for funding from the UNCG student activities budget.

Dues Are Due - Our chapter receives \$5 for every renewal received prior to the due date, an easy way to add money to our coffers. The following are now due by October 31- Shirley Fletcher, Joanie Galloway, Laura Huffman, Sue Mallory, Jerry and JoAnn Snyder, Jim and Carolyn Steed, and Rockie and Mary Lou Troxler.

Dance Dates:

Saturday, October 14 - Carolina Pines, Carthage (Call Mary Kilkka - (919-949-5509)

Saturday, October 21 - Mountain Empire - (Halloween costumes if you like); Lesson at 7:30 p.m.; dancing until 11 p.m., Wytheville Community Center, 276-783-5402. (Va.) (Call Becky Comer - 276-783-5402)

Sunday, October 22 - Piedmont - Lesson at 5:30, Dancing 6 - 8 p.m., Skateland, Clemmons.

Saturday, October 28 - Horizon Dance Club, 8 p.m. The Grange (Call Bonnie Bradham 407-5460).

Congratulations! Last month's report that Wayne Crowder had passed the prestigious Licentiate American Rhythm exam omitted the fact that Marie passed the exam as well. Sponsored by the US Imperial Society of Teachers of Dance (USISTD), this accomplishment means the Crowders have completed three of the four requirements necessary to become Championship Adjudicators.

Tips for Rumba

When Dan Calloway taught a rumba workshop at the Grange several years ago, he gave a few practical tips which were recorded as follows:

1. Imagine holding two glasses of water while keeping lower body in continuous motion.
2. From the ribcage up, be like a Cadillac; from the ribcage down, be like a Jeep.
3. The feet should never leave the floor.
4. Knees veer toward each other while toes turn out.
5. A straight leg achieves the best look in rumba.
6. Elbows remain close to body in crossover action.



UNC-G students add to the ambiance at September dance.