

SO Dance Newsletter



USA Dance #1011

Issue Number Ninety-two December 2008

www.UsaDance1011.org



Our Mission:

To promote and facilitate dance as a healthful, enjoyable, community-building activity for all ages.

USA Dance 2008 Board of Directors

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- Rush Behnke, President
- Donn Knokey, Vice Pres.
- Esther Freeman, Treasurer
- Nancy Yie, Secretary
- Jeri Capuzo - Past President

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- Lois Adams
- Darlene Chapman
- Susan Dallas
- Marilee Grimm
- George Helfrich
- Bill Jordan
- Charlene Stewart

In This Issue

- Word from your President
- Tips from the Pro's-June Kranenburg
- Evergreen - NY Eve Party
- Black & White Toys for Tots Dance
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Advertising Rates:

If you would like your ad to reach dancers, this is your opportunity. Check out the rate card and send in an ad.

Website: (check it out)

www.UsaDance1011.org



Advertising in the SO Oregon Dance Newsletter

Here's your chance to spread the word about your business and help support your local dance chapter at the same time! It's a win-win situation.

Check out the first ads in this issue.

Advertising Rates:

USA Dance Member rates:

- Business card size - \$7.50 per issue
- ¼ page - \$12.00 per issue
- ½ page - \$20.00 per issue
- Full page - \$34.00 per issue

Non Member Rates:

- Business card size - \$11.25 per issue
- ¼ page - \$18.00 per issue
- ½ page - \$30.00 per issue
- Full page - \$51.00 per issue

Please send electronic files to charlene_100@msn.com

Or hard copy to:

SO Dance, PO Box 1750, Jacksonville, OR 97530

Be sure to include pictures and let us encourage others by writing about your dance experiences.

***This newsletter is sent via email to all members with an email address.
Copy is mailed to members who do not have an email address.***

USA DANCE #1011 - MEMBERS AS OF 12-15-08

1. Lois.	Adams	97520-2116	50. Kathy	Hostetter	97504
2. Brett	Alleman	97530-8987	51. Rachael	Ibarra	97502
3. Kela	Alleman	97530-8987	52. Carol	Jensen	97524
4. Duretta	Anderson	97530-9172	53. Jerry	Jensen	97524
5. Mike	Anderson	97501-4332	54. Ken C.	Johnson	97501-0535
6. Jim	Ash	97504	55. Bill	Jordan	97504
7. Tom	Beck	97504-7013	56. Cindy	Jordan	97504
8. Rush	Behnke	97501	57. David	Kahn	97520-2621
9. Tara	Behnke	97501	58. Donn.	Knokey	97525-9674
10. Rebecca	Blust	97501-2059	59. Karen	Knokey	97525-9674
11. Barbara	Booye	97539	60. Derek	Knutson	97537
12. Rick	Booye	97539	61. Ryder	Knutson	97504
13. Marilyn	Brady	97502-2543	62. June E.	Kranenburg	97501-8501
14. Brice	Brandt	97520	63. Joseph	Kuo	97504
15. Frances S.	Brandt	97520	64. Alison	Laughlin	97520
16. Megan	reedlove	97504-8570	65. Emma	Leach	97302-3904
17. Jeri	Capuzo	97520-0364	66. Cy	Legare	97526
18. Darlene	Chapman	97504	67. Ken	Lund	97535-1119
19. Allen	Chenoweth	83530-5103	68. Linda J.	Lund	97535-1119
20. Kim	Chenoweth	83530-5103	69. Pat	Lydic	97537
21. Barbara I.	Crawford	97501	70. Robert	Maclellan	97504
22. Susan	Dallas	97520	71. Rick A.	Mattos	97520-3327
23. Paul	De Tamble	32514	72. Sylvia	Miller	97526
24. Paul	Dehart	97504	73. Dr. Larry	Nadig	97501
25. Tanya	Dehart	97504	74. Carmen	Navarette	97530-9769
26. Dale	Everson	97501-1125	75. Isabel	Navarette	95014-5653
27. Earl	Feldman	97501-3254	76. Bill	Newcomb	97539-9826
28. Stephen	Ferris	97502	77. Louise	Norman	97540
29. Tina	Ferris	97502	78. Molly	Northcraft	97501-4332
30. Linda L.	Forrette	97504-7209	79. Leila	Nyberg	97504-3696
31. Jeanane	Fournier	97501-1597	80. Derek	Ocean	97504
32. Esther	Freeman	97530-1124	81. Gretchen	Osa	97410
33. Teresa	Gallagher-Hill	97504-8104	82. Jerry	Pariseau	97525
34. Dorene	Goin	97539-0734	83. Auguste	Petard	97501-9008
35. Bob S.	Gordon	97520-3259	84. Alice	Polkowitz	96032-9638
36. Bill F.	Grimm	97503	85. Angelica	Polkowitz	96032-0900
37. Cori	Grimm	97520-3501	86. Serena	Polkowitz	96032-0900
38. Marilee	Grimm	97503	87. Sonia	Revitt	97504-9111
39. Maie	Grynick	97501	88. Dennis	Robertson	97520-1114
40. John	Hampton	97520	89. Eric	Ronemus	97502
41. Robert	Harris	97526	90. Maryanne	Rovens	97501-1440
42. Ruth	Harris	97526	91. Heidi	Smith	97502-2961
43. Arlen	Hatlestad	97530-0015	92. Charlene	Stewart	97504-8814
44. Tina	Hatlestad	97530-0015	93. Kaitlyn	Strong	97501-8143
45. Cynthia	Helfrich	97525	94. Ursula	Triezenberg	97520-3547
46. George	Helfrich	97525	95. Anne M.	Uzzell	97502
47. Pat	Hill	97504-8104	96. Herb	Vallee	97524-9766
48. Robin	Hoerler	97501	97. Emily	Works	97504-8055
49. Greg	Hostetter	97504-7509	98. Nancy	Yie	97527-9405



Word from Your President, Rush Behnke



Outreach Dances



Hello fellow dancers - the SO Dance Board of Directors has decided to name the various instructors' dances we have been attending each month "Outreach Dances". Our first Outreach dance was at Follow My Lead's October Dance (instructor: Jerry Parriseau) with live music by the Fabulous Fairlanes. We will have

a rotational calendar alternating dance instructors.

At these dances we will have a moment to talk about USA Dance and have information available for potential new members. We currently have 97 active members, and I am hopeful that many more dancers will learn about the benefit of membership through these dances. Membership dues help provide our dance community with greater dance scholarship funds, and offer an opportunity to give back to the instructors who provide enormous opportunities for dance in our community.

We will be attending Evergreen Ballroom's Christmas Dance (instructor: Cori Grimm) on December 19th. Please check the website calendar for the time and information at www.usadance1011.org. Send me an email if you can help at any of these dances at rush@rushbehnke.com.

Future Outreach Dances include The Dance Factory (instructor: Tina Ferris) In January, 2009, and the Evergreen's Candlelight & Roses Dance (instructors: Susan Dallas & Richard Houston) in February, 2009. Please check the website calendar as information becomes available.

These dances will offer card-carrying USA Dance members a \$1 discount, and \$1 will go to the Dance Scholarship Fund for every USA Dance member that attends. This is worth \$24 per year if you attend every dance and membership costs \$25. This is a great reason to be a member. Please share this with other dancers that are not yet members

In this time of a down-turned economy, dance is an affordable activity that offers fun, camaraderie, and exercise. During the great depression dance was popular and an excellent diversion.

See you on the dance floor, Rush



Chapter NEWS

Monthly Board Meetings are held at Marie Calendars. Call Rush for details.

Membership NEWS

Don't forget to keep your membership current. Renew on line at www.UsaDance.org

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Tips from the Pro's



This month's tip is from June Kranenburg, who brings big city flash and sizzle to the ballroom. An experienced instructor, June can teach more dances than most people can name, and specializes in spicy Latin, night club and movement classes at the Evergreen Ballroom. June has been

teaching dance for more than 30 years. Originally trained as an Arthur Murray instructor, she currently specializes in the Latin dances and East and West Coast Swing as well as classic forms of social dance. June opened and operated Kranenburg's Dancesteps in California. In 1991, she returned to Medford where she teaches both private and group lessons along with Belly dance. June continues to study, traveling around the country to attend expert-level workshops and classes. June enjoys training competition and performing teams.

June shares with readers some suggestions about the complexities involved in partner dancing.

To Lead + To Follow = To Dance

Ballroom dancing is partner dancing, and with that, comes many little, or sometimes not-so-little complexities that make it work well, work somewhat, or not work at all.

Partner dancing is exactly what it says – it takes two people to create something that is more than each individual dancer alone.

Whether it's a familiar partner you've danced with many times, or someone you're dancing with for the first time, there are several factors that contribute to the comfort and ease of the dance partnership, a few of which I'll address:

☀ **The Beat** – 🎵 Everyone doesn't start on the same part of the beat. Some dancers start at the beginning of the beat, or the middle or the end. For partners starting on different parts of the beat, the dance can be challenging. For example, if a follower starts on the beginning of the beat, and the leader starts on the middle or the end – ladies, the leader is likely to step on your feet!

There's good and news and bad news about that – the good news is: leaders, it's your choice. Bad news is: followers, you just have to wait to see on what part of the beat the leader chooses to start. Pay attention when you step up to get into dance position – place yourself slightly offset left, with your right foot between his – and then WAIT. It's his call – it's his move.



☀ **Trust** - This is a very complex factor, and one that takes time and practice to accomplish, but once achieved, will greatly enhance your dancing enjoyment and experience. To start, the follower must trust the leader to lead; and the leader must trust the follower to follow. Though simply stated, this can be viewed as separate trust factors. Followers, trust the leader to take the proper length of step. What is that proper length you ask? The answer is simple – whatever the leader chooses for it to be. But leaders, you need to clearly communicate that information to the follower by leading with your body, not your feet. Your torso and body weight should be over your feet for a strong message to the follower, and the follower needs to wait for the cue from the leader's body, not his feet. Missing this cue results in the follower's step being out of sync with the leader's.

Timing and rhythm are also involved in the trust between dance partners. Hard as it may be to believe, sometimes the follower has her own agenda. The lady can't lead the gentleman (as much as I know some of you have tried, and others of you did without even trying!), but has the invaluable position and opportunity to inspire the leader.

The follower can do this by her attitude and positive reinforcement of the leader's role when she dances on the same part of the beat as the leader, matches his length of step and dances slightly to his right – in other words, being a good follower.

Ladies, make sure you maintain light, but solid, contact with your partner. Your right hand and left arm should be in place so that your partner can feel the contact, and be able to lead the moves and steps easily and smoothly.

☀ **Style** - Dancers approach style differently and can glide around the floor smoothly as if dancing on air, or be strikingly flamboyant as they flail their arms and legs. A style between follower can for either or you find situation, my you would be flow. Style is there is no style – only different ones. It's very personal to a dancer, and may change with time, experience and dance preferences. Dancers will often develop their own style, based on their own comfort level and perception of dance in general, or specific dances.



vast difference in the leader and cause discomfort both partners. If yourself in this best advice for to go with the individual and right or wrong

Partner dancing is an amazing, complex activity influenced by as many factors as there are dancers. Think about the things I've mentioned here next time you step up to a partner, and about your role as a leader or follower. What can you bring to the partnership to make it a more enjoyable one – after all, that's what ballroom dancing is all about!

Black & White

Toys for Tots Benefit Dance



The Black & White Toys for Tots Benefit dance was SO Dance's outreach dance for November and held the Friday immediately following Turkey Day.

It was a festive evening, and a good time was had by all. The semi-formal dance was hosted by June Kranenburg and Jeri Capuzo, who commented that at times, the crowded dance floor was a sea of black and white, as the dancers glided around the floor in their festive evening attire. The event collected a box full of toys that will bring smiles to many children's faces this holiday season.

Dancing at Rogue Valley Mall!

Busy holiday shoppers are in for a real treat this year.

On December 13 and December 20, there will be dance demonstrations at the Rogue Valley Mall. This will be an SO Dance event with several instructors involved who have arranged a variety of dance presentations for your shopping pleasure.

What better way to take a break and put down those heavy shopping bags than to watch an elegant waltz, a saucy salsa or the smooth moves of West Coast Swing.

Medford shoppers, you're in for a real treat. Happy Shopping!

10th Annual New Year's Eve Party

New Year's Eve Party

Evergreen Ballroom

Wed. Dec 31st 2008



8:00 PM-12:30 AM

Ring in the New Year with your dancing friends. Enjoy mini-lessons throughout the evening, a dessert buffet, and plenty of dancing. No designated driver needed. SO Dance New Year's Eve Party will be hosted by June and Jeri. Semi-formal attire encouraged.

Tickets are \$12 if purchased by Dec. 27th.

At the Door, tickets are \$15 per person with students at \$10. Contact June 541-770-5198 or Jeri 541-482-8812 for tickets and more info. Dance and Beyond in Medford will have tickets at \$12 price until Dec 27th



Letter from the Editor



Charlene Stewart

'Tis the Season

Hello, Southern Oregon Dancers. It's the holidays – and the season of giving. Nowhere is this

more evident than in our own dance community. In the last issue of SO Dance Newsletter, there was an article about the SO Dance Scholarship Fund, and what it can offer to dancers who might not otherwise have the opportunity to enjoy dancing. Marilee Grimm, the chairperson of the Dance Scholarship Fund Committee, states that instructors are already submitting applications for potential recipients of the scholarship fund. This is very exciting, and you should know that your membership fee helps make it possible.

Where else can you join a dance club, get a break off the cost of dances, receive the national magazine, local newsletter, and at the same time, give other dancers the chance to learn and experience all the joys of dancing?

You can help make it possible for even MORE dancers to benefit from the Dance Scholarship Fund – by recruiting a new member to SO Dance. If every member did that, the membership would increase 100%!

So think about people you know who are dancers, those who might want to learn to dance, or those who don't dance, but want to support the dance community. We are so fortunate to have all the numerous dance venues available to us in Southern Oregon, so let's support the organization at the hub of it all – SO Dance.

Get going now – those members-to-be are waiting for us to ask them to be part of SO Dance.

It's the season of giving – give the gift of dance.

Let's get dancing, Southern Oregon,
Charlene



Mark your Calendar

NEW YEAR'S EVE PARTY

Evergreen Ballroom

Wed, Dec 31st ... 8:00 PM-12:30 AM

ASHLAND "Y" DANCES

Sundays from 2:00-4:30 PM

December 14th 2008

January 11th 2009

February 8th 2009

Evergreen Winter Showcase

Jan 16th 2009

Candlelight & Roses Ball

Feb 2009

Is your event here? Contact Charlene for next issue.

The image shows a business card for 'Dance & Beyond'. The card has a white background with a black border. In the center, there is a logo consisting of a stylized figure in a dynamic pose, possibly a dancer or gymnast, with the words 'Dance & Beyond' written in a large, elegant, cursive script above it. Below the logo, the text 'DANCE APPAREL & MORE' is written in a smaller, bold, sans-serif font. Further down, the name 'Stephanie Maurer' is printed in a bold, sans-serif font, followed by the word 'Owner' in a smaller, italicized font. Below this, there are three dots, followed by the address 'Shamrock Square', '610 Crater Lake Avenue', 'Medford, Oregon 97504', and the phone number '541.776.5027'. Another set of three dots follows, leading to the email address 'danceandbeyond2@aol.com'. At the bottom, there are three dots, followed by the text 'bellydance' in a cursive font, and another set of three dots. Surrounding the central text and logo is a decorative border made of small dots. Along the left and right sides of this border, various dance styles are listed in a cursive font: 'tap', 'ice skating', 'figure', 'gymnastics', 'ballroom', 'ballet', and 'bellydance'.

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USA Dance #1011 - Individual Membership Application

Please print clearly

Name _____ Date of Birth _____

Street Address _____ City _____ State _____ Zip Code _____

Email: _____ Phone(s) _____

Is this a renewal application? No ☐ Yes ☐ If Yes, Member # _____ # _____

Additional Information:

Profession and/or hobbies: _____

Are you willing to help USA Dance as a volunteer? Yes ☐ No ☐

If yes, at what level? Chapter ☐ Regional ☐ National ☐

How are you willing to help: _____

Individual Membership Categories:

Ballroom Dancer	\$ 35	\$ _____
Social Dancer	\$ 25	\$ _____
Social Youth	\$ 10	\$ _____
Social Instructor	\$ 50	\$ _____

Make Check payable to: USA Dance #1011

Mail to: POB 1750 – Jacksonville, OR 97530

Or log on to UsaDance.org to renew online.

USA Dance #1011

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