We danced our feet silly and had a blast doing so at the March 10, 2018, Tri-Cities USA Dance Chapter 6060 dance.

If you have ever heard the saying that "Dance is a conversation between body and soul" you would have felt that expression if you took Glen Lovelace's Rumba lesson. Glen is one of those teachers who teach with absolute technique and passion. We cannot wait to have him back on April 14, 2018, for a consecutive Rumba class. Please join us to learn some detailed breakdowns of some great Rumba moves.

Group lesson ▼



We would like to also send a shout out to Jerry Scaglione for playing some great tunes throughout the whole evening. Nobody knows how much work is involved in being a DJ until they have taken on this task. We appreciate your ongoing support Jerry!

Glen and Baramon▶



The next Tri-Cities Chapter 6060 Dance is on April 14, 2018, in the Wesley United Methodist Church Fellowship Hall, 3701 Conduit Road, Colonial Heights, VA 23834. Glen Lovelace will be teaching a Rumba Lesson and Randy Goodfellow will be the DJ for the evening.

Please feel free to invite someone who you think would enjoy learning or expanding his or her knowledge of dancing. If you bring a friend with you to the Tri-Cities USA Dance, your friend gets in free for their first visit. We would love to meet them and welcome them into the dance world.

The chapter is thrilled to have our new board members, Ashley Byrd, Baramon Kolb, and Carol Antonius joining us as chapter officers for 2018-2019. If you have not danced with them, make it a point to do so, they are fun and they are all great dancers! We definitely got the luck of the Irish with these three joining the chapter. Stay tuned for their shenanigans!

l-r: Sharon, Jaime, Baramon, Carol, Michelle, Ashley – Chapter leaders 2018-2019





The secondary Physical Education departments at Hopewell High School are presenting a Healthy Living Expo on April 30 from 5-7 PM at the Hopewell Community Center, 100 W. City Point Rd, Hopewell, VA 23860. The Tri-Cites Chapter has been invited to dance. Ashley Byrd will be teaching a West Coast Swing class at 6:00 PM during this event. If you are interested in attending to dance and give some support, please email Sharon Dunn at sdunn6060@aol.com by April 15, 2018.

It is with your feet that you move... but it is with your heart that you dance.

Angel & Mark



More from the March Dance



Bill & Ashley

