The song phrase "Love is in the air", was certainly the atmosphere at our February Sweetheart dance. Dancers took many pictures in the special "sweetheart" area. Special thanks go to Sharon Dunn, Michelle Hacker and Bill Gandel for creating the amazing decorations that transformed the room into a Valentine's wonder. The evening began with Cathleen Rhodes reviewing steps from her first West Coast Swing lesson and adding some cool new ones. Dancers seemed to catch on pretty quickly, thanks to Cathleen's smooth method of teaching and demonstrating each move. Cathleen's West Coast Swing Dance Team gave a crowd-pleasing exhibition, and it was quite a show. Randy Goodfellow provided his usual excellent music throughout the evening. Refreshments were provided by Melody Stone, Jaime Pennington, Sharon Dunn, Bill Gandel, Ruth Wilbourne and Michelle Hacker. "Delicious", was the most frequently heard comment.



Kick up your heels with us at our St. Patrick's Day Dance on Saturday, March 11<sup>th</sup>. Wear something green. Amy Hontos, owner of Dancemasters Ballroom in Colonial Heights, will be teaching Cha Cha starting at 7:30. Dale Smith will teach a Very Beginner Waltz/Rumba lesson at 7:00 PM, bring someone you know who has never danced as this will be an excellent lesson to get the basics. Jerry Scaglione will play the music. Come, join in the fun! Don't be afraid to come if you don't have a partner, we have dance hosts.

A dance exhibition is set for **Monday night, March 27**<sup>th</sup>, **at 7:00 PM**, at the Masonic Home of Virginia. We are asking for your participation to show the residents what ballroom dancing is all about. You don't have to dance a special routine unless you want to. The Masonic Home is a beautiful facility, it's a gated complex situated on 90-plus acres in eastern Henrico County, 500 Masonic Lane, Henrico, VA 23223, I-64 East and near the intersection of Laburnum Avenue and Nine Mile Road. Check it out at: <a href="https://www.mahova.org">www.mahova.org</a>. If you can participate, please let Ruth know by email at <a href="mailto:rw4013@hughes.net">rw4013@hughes.net</a>, or by calling 804-452-1452.

See you March 11<sup>th</sup>, Dancing Feet are Happy Feet!

# **Pictures from the Sweetheart Dance**

# Ming and Lois ▼



Ladies in Red►
Sharon, Cathleen, Michelle



# Randy and Jaime ▼



### Debbie & Jack▶



# Bill & Ruth ▼





# Cathleen & William ▼



**West Coast Swing Performance Team** 



The Fabulous Four:

Michelle, John, Sharon, Bill

