The Tri-Cities May dance began with a beginner class led by Dale Smith, which was followed by a Rumba class with Glen Lovelace. We danced the night away to the music provided by DJ Phil Sisk.

It's Rumba time



Photos: Jaime Pennington

Yummy refreshments



JUNE! JUNE! JUNE!



Put on your favorite floral print or summer color and join us on **June 11th** for our *"June is Bustin' Out All Over"* dance. Dale Smith will teach the basics in Waltz/Rumba at 7:00 pm. Sandy Yeon will teach some cool West Coast Swing moves beginning at 7:30pm. Open dancing till10:30 to music provided by DJ Doug McRae...Come join us for a great night of dancing.

Chapter dances are held on the 2nd Saturday each month at Wesley United Methodist Church Fellowship Hall, 3701 Conduit Rd, Colonial Heights, VA 23834, 7:30-10:30pm



JULY EXPLODES!!!!

Let's have the dance floor explode with activity on July 9th, for the "Red, White and Blue" dance as Sandy Yeon returns for her second lesson in West Coast Swing starting at 7:30pm. Randy Goodfellow will play his usual great selection of dance tunes. It will be fun, come join in!

Our dancers were invited to entertain at Lucy Corr Village on May 21st. The dancers showcased different dances for the residents. Dancing were Harry Salvat, Jaime Pennington, Bill Gandel, Singli Garcia, Doris Pennington and Ruth Gandel. A special thank-you to them for giving their time on a Saturday afternoon to bring the joy of dance to the Lucy Corr residents. Dancers were rewarded with lots of applause.



More photos from Lucy Corr.....

Harry and Singli







More.....

Doris and Bill



More.....

Ruth and Bill



That's all !! Dancing Feet are Happy Feet!

Lucy Corr Photos: Ruth Wilbourne Gandel