

It's Cupid time, and I don't mean the Cupid Shuffle, February is the month we recognize our sweethearts. So to show her how much fun it is to be with her, bring her out to our February 8th dance and show her how much of a sweetheart she is!!



Our January dance at Wesley United Methodist Church Fellowship Hall was very nice and Phyllis Harris did a wonderful job of teaching the Viennese Waltz. She taught the basic steps, the left cross-body turn, the sway, the underarm turn and into the Butterfly. Phyllis has lots of patience with those of us who might be afraid to attempt the footwork in this beautiful dance. She offered some slower Viennese Waltz music that we practiced to, and that helped a lot. We would like to thank Randy Goodfellow for playing some great music for us to dance to.

Phyllis ▼



Come have some fun on February 8th as Phyllis Harris returns for her second lesson in Viennese



Waltz. We will be at the Wesley United Methodist Fellowship Hall, 3701 Conduit Road, Colonial Heights, VA, 23834. Directions are: From I-95, take Exit 54, (Temple Ave Exit), keep right, turn onto Temple Ave, turn left at the first traffic light which is Conduit Road. Stay on Conduit, cross Ellerslie Ave, Church is on the Right, turn into parking lot, and drive around to back of church to far side of parking lot; enter church through side door.





“Puttin’ on the Glitz”,

is the theme for our ninth annual gala dance at The Lee Club, Ft Lee, VA, on March 8th.



Directions and entrance requirements for Fort Lee are on the Reservation form. Another good way to give your sweetheart a wonderful gift for Valentine’s is to make reservations for our **“Puttin’ on the Glitz”**, dance. I bet you will make a lot of points with her for doing this, so pull out the reservation form from the Chapter Website: www.usadancetricitiesva.org, fill it out without her knowing it, and send it in.

Upcoming dance lessons and DJs:

February 8, Saturday – Viennese Waltz - Phyllis Harris. DJ Doug McRae
 March 8, Saturday – Reservation- Only Dance - Lee Club. DJ Ed Pabalate
 April 12 - Saturday – West Coast Swing - Veronica Braun, DJ Randy Goodfellow
 May 10 – Saturday – West Coast Swing - Veronica Braun, DJ Edith Lanning
 June 14 – Saturday – Merengue - Sandy Yeon, DJ Doug McRae
 July 12 – Saturday – Merengue - Sandy Yeon, DJ Randy Goodfellow
 August 9 – Saturday – Foxtrot - Gwendolyn Glenn, DJ Edith Lanning
 September 13 – Saturday – Foxtrot - Gwendolyn Glenn, DJ Randy Goodfellow
 October 11 – Saturday – Salsa – Steve Kirvan, DJ Doug McRae
 November 8 – Saturday – Salsa – Steve Kirvan, DJ Edith Lanning
 December 13 – Saturday – Holiday Dance. No Lesson. DJ Doug McRae

Other Opportunities to Dance :

Saturday, **February 22nd**, 7:30 – 10:00 pm \$10.
 Prince George County Parks & Recreation Center is sponsoring a Country-Western Theme Dance to benefit the American Heart Association. Casual dress, jeans, boots, hats. Look for the flyer on the Website: www.usadancetricitiesva.org.
 Location: Prince George Community Center , 11100 Old Stage Road, Prince George, VA 23875.

Saturday, April 5th – 7:30-11:30pm - \$25 – James River Junior Woman’s Club dance to Benefit the Tri-Cities Habitat for Humanity. Location: Hopewell Moose Lodge, 4701 Western Street, Hopewell, VA 23860. See flyer on the chapter Website: www.usadancetricitiesva.org

Keep on Dancing.....Dancing Feet are Happy Feet!