

The Ides of March are upon us and it's getting closer to The Rhythms of March dance at The Lee Club, Fort Lee, VA. You should have your reservations in by now. Saturday, March 9th is the date; time is 7:30-10:30pm, Coat and Tie/Black Tie optional. **We must use the SISISKY BOULEVARD GATE to enter Ft Lee.** Please remember to have your picture ID for the driver and all passengers in the vehicle, as well as the current registration and insurance information for the vehicle. Go through the checkpoint, continue on Sisisky Boulevard, then turn right on "C" Avenue, follow that to Lee Avenue and turn left, The Lee Club is straight ahead. We are excited about this event that the Tri-Cities Chapter 6060 has every year at this time. We are looking forward to seeing all of our dancing friends there.

At our February dance Doug and Maggie McRae reviewed the previous lesson on the Night Club Two-Step. They went over the basic beginning step, an outside turn, an inside turn and a cross side-by-side step. They continued the series with some figures that are used in Salsa and Rumba. They taught the shoulder check, the turnstile (arm check) and opening out left and right (back breaks in a side position). They also demonstrated the shadow or cape position, but didn't get to do the breakdown of this move. Doug and Maggie are excellent teachers, very well-prepared. Doug played his usual great music selections. Doug and Maggie also did a Night Club Two-Step routine showing us just how it should be done! Everyone enjoyed it very much, again thank you Doug and Maggie. ▼



Katherine Hayden joined our Tri-Cities chapter at our February dance, welcome Katherine.

We will be back at our regular location, the Shall We Dance Studio, for our April 13th dance and Gwendolyn Glenn will be teaching The Art of Lead and Follow. The studio is located at 12137 South Chalkley Road, Chester, VA, near Patient First and the Chester Walmart

Maggie & Doug Perform



The Spring session of dance lessons is underway at St. Joseph's School and Gwendolyn Glenn and her assistant, Jeff Dewey, are doing a fantastic job teaching the students how to dance, including floor etiquette. Any donations to help fund this dance program will be appreciated, and your donations are tax deductible.

Below is the list of upcoming 2nd Saturday dance lessons and DJ's:

- April Dance** – Art of Lead and Follow taught by Gwendolyn Glenn, music by Edith Lanning
- May Dance** – Art of Lead and Follow taught by Gwendolyn Glenn and music by Randy Goodfellow
- June Dance** – Viennese Waltz taught by Sandy Yeon and music by Doug McRae
- July Dance** – Viennese Waltz taught by Sandy Yeon and music by Edith Lanning
- August** – Bolero taught by Phyllis Harris and music by Randy Goodfellow
- September** – Bolero taught by Phyllis Harris and music by Doug McRae

Work as if you don't need the money and dance as if no one is watching. See you on the dance floor!!