

November 2014 *Line of Dance* Vol 29 Issue 11

News from the Richmond and Tri-Cities Chapters of USA Dance, Inc

Richmond and Tri-Cities USA Dance Chapter Dances

- Saturday Nov 1** Richmond Chapter First Saturday Dance – **Brookland Middle School**, 9200 Lydell Drive. 7:30-8:30 2nd Waltz lesson with Alan Hedgpeth. Dancing til 10:30pm.
- Saturday Nov 8** Tri-Cities Chapter Dance, Wesley United Methodist Church Fellowship Hall, 3701 Conduit Rd, Colonial Heights. 7:30-8:15 Salsa lesson with Steve Kirvan of 7 Cities Ballroom. Social Dancing 8:15-10:30pm Music by Edith Lanning.
- Saturday Nov 15** Richmond Chapter 3rd Saturday Dance, Deep Run Recreation Center, 9910 Ridgefield Parkway. 7:30-10:30pm. No lesson. **JOIN US FOR OUR POT LUCK DINNER; details inside.** Music by Bill Irwin.

The Richmond Chapter of USA Dance, Inc. holds dances on the first Saturday of each month at Brookland Middle School and the third Saturday at Deep Run Recreation Center. Richmond Chapter only: Member admission: Adults \$5, Students w/ID & Social Youth-free. Nonmember admission: Adults \$8, Student (with valid ID) & Youth \$3; No children under 8 years admitted to any Richmond Chapter dance. The Tri-Cities Chapter holds a dance on the Second Saturday at Wesley United Methodist Church, 3701 Conduit Rd, Colonial Heights Tri-Cities admissions - members \$6; nonmembers \$10

FOR DIRECTIONS TO CHAPTER DANCES OR OTHER INFORMATION, CONTACT:

RICHMOND USA DANCE
Tri-Cities USA Dance

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WEB: USADANCERICHMOND.ORG
WEB: USADANCETRICITIESVA.ORG

President's Corner

October was another good month for dancing in the River City! We kicked it off with a great Waltz lesson with Alan Hedgpeth and Mary Clark at Brookland. Over 50 of you took part as Alan taught the first of two classes that were challenging but not too challenging for our group. He returns on November 1 to continue teaching us the pattern he began in October. If you missed it, come on anyway as he will review the first half so we are all able to complete the entire passage by the end of this class. Alan and Mary also return as deejays and they always have a terrific playlist of wonderful dance music – a nice mix of contemporary and standards. This will be our last lesson of the year as we will be at Deep Run for both the 1st and 3rd Saturday dances in December for our annual Holiday Formals. Check out the article inside this issue on the way we are handling the admissions for these holiday specials – no advance tickets are being sold so you will need to plan on getting there early to get in. We have lined up some very special entertainment for you and will have caterers to help with the food. But all of that takes place on December 6 and 20 at Deep Run. We want you to come join us *this* month at Brookland and bring a friend or two to check us out. I know that I am always meeting people who say they have always wanted to try ballroom dancing. These are the folks we should be inviting to a free dance. They can then get info on dance lessons at one of our local studios from this newsletter!

The October dance at Deep Run was also a great night of dancing. The floor was in the best shape that we've seen it in months. The room did get a little warm, as the county had turned on the heat due to the forecast for chilly weather. Unfortunately, we cannot control the heat on site – that is programmed at the Central Office. We are asking Henrico to reduce the temperature for our future dances there as we do tend to warm up that room when we have 70+ dancers generating heat to the great music Bill

Irwin always brings. If you haven't been to Deep Run for one of our dances in a while, this is the time to come back – in addition to a better dance floor we are also hosting a Pot Luck Supper prior to the November 15 dance! This has become a very popular event over the past few years, with an average of 60-65 of our members and their guests coming early to share their favorite dishes and to socialize before the regular dance begins. If you would like to join us, please plan to arrive at 6:30. We will eat from 6:45 – 7:30 PM and then start the regular dance. We do ask that if you plan to join us that you bring a dish to share so that there is plenty of food for everyone. Regular admission rules apply that evening so you need to check in upstairs *before* you come down to eat! We've got some mighty fine cooks in our chapter who will be bringing some delicious offerings to share – hope you will join us there! If you can't make it to dinner, please come for the dance. You may find some tasty leftovers!

Now is also a good time to be finalizing your dancing plans for New Year's Eve. As always, we encourage you to consider going to the Tidewater Chapter's Holiday Gala in Portsmouth for all or part of the celebration. This year they are kicking off their four-day weekend of dances and workshops on Wednesday, December 31 with the New Year's Eve Formal. This is always a wonderful evening of dining and dancing in a large, beautiful ballroom with close to 300 in attendance. Check out Tidewater's ad in this issue and go to their web site for more info and to make your reservations. The host hotel is terrific and reasonably priced and the numerous workshops and multiple dance venues each evening are top-notch. They also bring in world-class performers to entertain and to help teach the workshops. If you would like to volunteer to help out during the event you can earn free workshop tickets. Contact me for more info on that. See you on the dance floor! - Phil



Dance by the Light Of the Moon

At
The Lee Club
Fort Lee, Virginia
Saturday, March 14, 2015

Music by Mike Recant

\$40.00 per person

7:30pm – 10:30pm (doors open 7:00pm)

Heavy Hors D'oeuvres, Cash Bar

**Men: Tux or Business Suit; Ladies: dress to impress
(No outside food or beverages allowed)**

**Cutoff date for reservations/ticket purchase:
Monday, March 2, 2015 NO REFUNDS**

**Purchase tickets online, or use
reservation form below.
You will receive telephone
confirmation that your reservation
has been received.
For information call: 804-452-1452**

Purchase tickets online at
<http://chapter6060.brownpapertickets.com>
Small processing fee will apply

**The Lee Club:
Bldg 9009 Battle Drive
Mahone Ave & Battle Drive
Ft Lee, VA 23801**

.....
Fort Lee Entry Requirements:

Photo ID for driver and all passengers; Registration of Vehicle, proof of insurance for vehicle being driven

Directions: From I-95, take Exit 54 (Temple Ave.), keep to the Right and turn Right onto Temple Ave. Stay on Temple, bear off to the Right, (follow Ft Lee signage). Turn Left at light, stay in Right lane, Turn Right at Sisisky Boulevard Gate, turn Right on C Avenue, turn Left on Lee Avenue, The Lee Club is straight ahead.

From I-295 take Exit 9B (Fort Lee) you will be on Oaklawn Blvd (Rt. 36). Stay in Left lane, turn Left at Sisisky Boulevard Gate, turn Right on C Avenue, turn Left on Lee Avenue. The Lee Club is straight ahead.

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Detach here and return with your check, made payable to: **USA Dance Tri-Cities Chapter 6060**

Number of Reservations _____ X \$40 per person = _____ Total Amount Enclosed

Contact Phone No. _____ E-Mail Address _____

Please print names of all attendees as on photo ID for Fort Lee entry checklist.

Mail To: Ruth Wilbourne Gandel
14216 Pole Run Rd.
Disputanta, VA 23842

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RICHMOND WEBSITE
www.usadancerichmond.org

NATIONAL WEBSITE
www.usadance.org

Renewals

Richmond Chapter

Linda Chermiside
Sandra Hicks
Suzanne Hoffman
Kevin Koch
Doug McRae
Maggie McRae
Dixie Mertens
Pete Shacreaw
Brian Winson

Tri Cities

Susan Mayes

Current Richmond policy gives "first timers" at our dances free admission. So bring a friend or 2 and let them be our guests.

New Members

Richmond

John Duni
Karen Duni

(SEEN BELOW)



REMEMBER - Richmond members get into 1 free dance on their birthday month !

Birthdays

Richmond Chapter

11/1 Chuck Overbey
11/5 Lee Chase
11/5 Karen Duni
11/5 Dave McBride
11/7 Bill Irwin
11/14 Wayne Light
11/15 Chris Karstens
11/16 Dale Kitts
11/16 Sue McBride
11/19 Robert Spencer
11/22 Winston Chandler
11/22 Judith Koziol
11/24 Eulys Dyer
11/27 Lynn Wagner

Tri Cities

11/11 Reed Hudgins
11/15 Lisa Finklea

Richmond has a youth scholarship program. Check out our website and click on the Scholarship link



Alan & Mary DJ at Brookland MS

If you don't like reading LOD on your computer screen, you do have an option to subscribe to The Line of Dance by paying \$18/year. It would be mailed to your house via 1st class mail. Send your check to: Ginny Engler, editor 8323 Charlise Rd, Richmond, VA 23235.

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TRI-CITIES WEBSITE
www.usadancetricitiesva.org

Tri-Cities News

by Sharon Dunn

Dancing the night away can burn more calories per hour than riding a bike or swimming.

And whether you like to kick up your heels to hip hop, salsa or country, the National Heart, Lung and Blood Institute says that dancing can:

- * Lower your risk of coronary heart disease
- * Decrease blood pressure
- * Help you manage your weight
- * Strengthen the bones of your legs and hips

Salsa dancing is a unique form of exercise because it provides the heart-healthy benefits of an aerobic exercise while also allowing you to engage in a social activity.

The amount of benefit you get from dancing depends on, like most exercises, the type of dancing you are doing, how strenuous it is, the duration and your skill level.

Salsa Dancing

- * Builds endurance and stamina
- * Helps with weight loss
- * Relieves stress
- * Helps you release toxins via sweating
- * May help lower blood pressure and improve cholesterol levels
- * Can lead to a reduced heart rate over time

How many calories will you burn while dancing? That depends. Here is a range of some of the most popular varieties, based on a 150-pound person, per hour:

- | | |
|------------------------------------|-------------------------|
| * Swing dancing: 235 calories/hour | * Belly dancing: 380 |
| * Ballroom dancing: 265 | * Salsa dancing: 420+ |
| * Square dancing: 280 | * Aerobic dancing: 540+ |
| * Ballet: 300 | |

Mental Benefits of Dancing

Dancing is a unique form of exercise because it provides the heart-healthy benefits of an aerobic exercise while also allowing you to engage in a social activity. This is especially stimulating to the mind, and one 21-year study published in the New England Journal of Medicine even found dancing can reduce the risk of Alzheimer's disease and other forms of dementia in the elderly.

So clearly dancing is excellent for your body, mind, and soul. Pick up a new heart healthy habit and learn to dance salsa.

You will have an opportunity to burn some serious calories at the November Tri-Cities Dance. Steve Kirvan, of 7 Cities Ballroom, Williamsburg, will be back to teach another Salsa Class. If you missed last month's lesson, you missed a great class! Steve taught a dynamite Salsa class. We are really looking forward to his next class on November 8, 2014 at the Wesley United Methodist Church, Fellowship Hall, 3701 Conduit Road, Colonial Heights, VA 23831.

We would also like to thank our DJ Doug McRae for a fabulous selection of music. Doug works hard to bring us the best selections of music at all of our dances.

You still have time to volunteer to dance at Lucy Corr with us on November 15, 2014 at 2:00 PM. If you are interested, please contact Sharon Dunn at sdunn6060@aol.com.



Please note the flyer "Dance by the Light of the Moon," in this November 2014 Line of Dance. We hope all of you are beginning to prepare to attend this enchanted evening of ballroom dancing. We are now also offering online ticket purchasing through the BrownPaperTicket system. (Information on enclosed flyer)

For your planning purpose, the following are the upcoming lessons, instructors and DJ's:

November 8, 2014 Salsa Lesson, Instructor Steve Kirvan, of 7 Cities Ballroom, Williamsburg. Music Edith Lanning



December 13, 2014 Holiday Dance – NO lesson. Music Doug McRae

March 14, 2015 "Dance by the Light of the Moon" at the Lee Club, Fort Lee. Music Mike Recant



*Dance the Night Away
Celebrate New Years in Style!*

**Simply Ballroom New Year's Eve Celebration
December 31, 2014 9:00pm – 1:00am**

Join us for an exciting night of heavy hors d'oeuvres, music, dancing, midnight champagne toast, party favors, and showcase routines! Watch the ball drop on the big screen! Tickets \$40/person in advance, \$45 at the door.

Seating by reservation only. Dress to impress!!

This event sells out every year, don't delay - get your tickets now!!

THE TIDEWATER CHAPTER
USA DANCE, INC. #6008
PRESENTS



Dmitriy Solomakha &
Gabiella Sevillano

25th
TWENTY-FIFTH ANNUAL
NEW
YEAR'S
Weekend Event

**A Weekend Of Social Dancing
Workshops, Performances & More!**

**Tidewater Chapter #6008
SILVER ANNIVERSARY WEEKEND CELEBRATION!
December 31, 2014 – January 3, 2015**

Portsmouth Renaissance Hotel & Waterfront Conference Center
425 Water Street, Portsmouth, Virginia

Featuring

Dmitriy Solomakha & Gabriela Sevillano

Online Tickets Available at
www.twcusadance.org

Phone: 757-287-8288/Email: gretchdanceNYE@cox.net



Professional Shows & Exhibitions

Featured Performers

**Dmitriy Solomakha
Gabriela Sevillano**

Guest Performers

**Riccardo Pacini
Sonia Spadoni**



Dmitriy Solomakha &
Gabriela Sevillano



Riccardo Pacini &
Sonia Spadoni

60 Workshops Fun Competition!

Workshop Instructors Featuring

Dmitriy Solomakha
Gabriela Sevillano

Additional Participating Instructors

Riccardo Pacini/Sonia Spadoni
Katja Marc Harris
Phyllis Harris
Alan Hedgpeth
Tou Kue
Melinda Spencer Mielock
Marie Rants
Walter Schultz
Martin Smith
Ernest Williams

Main Ballroom DJ

Alan Hedgpeth
(All 4 nights)

**Visit Website to Register Online
for Showcase Exhibitions**

25th TWENTY-FIFTH ANNUAL NEW YEAR'S Weekend Event

Schedule of Events

Wednesday, December 31st

Registration: Noon - 6:00pm

7:30pm - 1:00am - NYE Gala
Main Ballroom

8:00pm - 10:00pm Buffet Open
Professional dance performances
during the evening Midnight -
Champagne Toast & Family Style
Continental Breakfast

8:30pm - 1:00am - Club Rooms
Steppin/Urban Ballroom Event -
Check Website for details
(starts @ 8:30pm)
Salsa Club (starts @9:00pm)

Thursday, January 1st Military Appreciation Day/Night

11:00am-8:15pm - Workshops

6:30pm - 7:30pm - VIP Reception
(Reservations Required)

7:30pm 1:00am - Social Dance
Main Ballroom

9:00pm - 1:00am - Club Room
Ballroom/Country Social Dance Mix
West Coast Swing/Hustle

Friday, January 2nd

8:00am - Noon - Fun Competition

11:00am - 8:15pm - Workshops

7:30pm - 1:00am Social Dance
Main Ballroom

9:00pm - 1:00am Club Rooms
Shag / Argentine Tango

Saturday, January 3rd

11:00am - 8:15pm - Workshops

7:30pm - 1:00am Dinner Dance
in Main Ballroom

9:00pm - 1:00am Club Rooms
West Coast Swing/Hustle American
Latin/Tango Social Dance Mix

Hotel Accommodations



Renaissance Portsmouth Hotel & Waterfront Conference Center

425 Water Street
Portsmouth, VA 23704
Phone: (757) 673-3000
Toll-Free: (888) 839-1775

**Special USA Dance Rate
\$81.00 plus tax**

Waterfront Activities Historic Area

Dance Hosts @NYE and Dinner Dances

Over 7,000 sf of Competition
Grade Wood Floors

For best seats, purchase
Online & EARLY!!!

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go to our website at:
www.twcusadance.org

Or contact Gretchen Allen,
NYE Chairperson @
(757) 287-8288

Or email:

nyegala@twcusadance.org

Mail Order Forms to:
Tidewater USA Dance
PO Box 62321
Virginia Beach, VA 23466



Member of the Month

By Shirlene Howard



Dan Pinnell

LOD: Most people know that we are dance partners. It is going to be interesting to me to discover things about you that I don't already know, as I hope it will be to our LOD readers. Shall we get started?

LOD: Where were you born and reared?

In Maryland, in a town that was a suburb of Washington, D.C.

LOD: What other places have you lived?

In my teens I joined the Navy and my tours of duty took me to Morocco and Scotland. The nearest town to my base in Morocco was Kenitra, a 20 minute drive away. While small, Kenitra provided a place to shop, drink beer and be entertained by belly dancers.

The hot, sandy, desert wind, called siroc, made travel in vehicles without air conditioning pretty miserable. Sometimes I would brave it to visit Rabat, the capital of Morocco, which was about an hour's drive away. My friends and I would usually hire a driver who would also bargain for us in the outdoor markets. Americans were always charged more than locals, so we probably saved money by letting the driver buy for us.

LOD: Where were you stationed in Scotland and what were the most exciting or interesting things about being there?

I was stationed between Dundee and Aberdeen at a facility that had formerly been a RAF base. In twenty minutes I could travel to the sea, and in ten minutes to the mountains. The countryside was breathtaking, and I took advantage of visiting both the sea and the mountains every chance I got.

In Scotland, a sign directing you to ancient ruins almost always indicated the ruins were "B.C.". It fascinated me

to stand on grounds that preceded the birth of Christ. Castles built in the eleventh through the thirteenth century tweaked my interest, and often the journey getting to these ruins was as much fun as exploring them.

I developed a hobby of ferreting out the many standing stones that dotted the terrain, placed there by the ancient inhabitants. Their purpose was never known, but the search took me on many interesting walks through the untamed hills and peat bogs.

LOD: Do you have hobbies other than dancing?

Yes. More people probably know me as "Dan the bicycle man" than "Dan the dancing man." I refurbish old bicycles and make people really happy when I have the needed part and expertise to repair a bicycle that will then ride like a new one.

LOD: When did you start dancing and what encouraged you to pursue dancing?

In the late eighties I realized it was more fun to go to a place where there was dancing than go and sit at a bar and drink beer. I was strictly a social dancer as I had never had lessons. Dancing was so much fun that I decided I would take lessons to get better at it. I began taking ballroom classes from Mariana Evans, and before long she asked me to teach at her studio. For about six years I had a great time and got a lot of satisfaction from helping people to grow and progress in their dance skills.

LOD: You've taught dancing but you've also taken lessons. Since you've had both experiences, what do you think contributes to a good lesson?

The most important thing is to have fun. Repetition will help you learn patterns and better styling.

LOD: Most people don't have just one favorite dance, so I'll ask you to name a few of your favorites.

I have too many favorites. It is the one I'm dancing at the time.

LOD: What do you think are the most important things to consider as a dance leader and as a dance follower?

A leader should indicate what you want the follower to do, while not being too forceful in doing so. A follower could sustain an injury or have a fall if the leader tries to force a dance move. A follower should try to feel what the leader is indicating and not try to direct what the dance move will be. Every dance move is not going to go well, and when it doesn't, neither should try to affix blame. It is better for both to claim responsibility than for either to point a finger.

LOD: What is the best dance experience you've ever had?

Wall Street Journal, the company for which I worked, hosted an event for all employees who had been at the company for 25 years. It was attended by people from around the world and all the company leaders were there. It was held at "Tavern on the Green".

A band was playing some great dance music, but no one was dancing. My wife and I were itching to dance, but were a little intimidated at dancing in front of all those people. It seemed a shame to let so much good music go to waste, so we overcame our reluctance and took to the floor. At the end of the dance, the entire band applauded, as I'm sure they were happy to see someone appreciate their efforts. The band leader came over and took us to meet the rest of the band, sat with us at intermissions, and thereafter played the music we requested.

LOD: What do you like about USA dance?

The nice people you meet and dance with. It's a great atmosphere and a fun dance experience.

LOD: What is happiness to you?

LIFE! DANCE! PEOPLE! BICYCLES! It's a long list, but I determined years ago that life is what you make it, and I decided to make mine a happy one. And it is.

LOD: I've learned things about you I've never known, as have our readers. Thank you for sharing your life with us.

The walk down memory lane was fun. I'm glad to be given the chance to talk about dancing and my life.

*Happy
Thanksgiving
To all of our
Readers*

We may not be able to decorate the gym at Brookland, but Connie's Crew does a great job with the refreshment table



Dennis and Chikaka Massey of Greenville, NC were our entertainment at Brookland in October.



Alan demonstrating position & steps in his waltz lesson at Brookland MS. His follow-up lesson will be November 1. Don't miss this great addition to your repertoire.



Simply Ballroom Dance Teachers Academy Open House

Simply Ballroom is pleased to offer DVIDA Dance Instructor Training, the premier ballroom dance teacher training program in the U.S. It is ideal for adults who are considering a career as a dance teacher, or who would like to improve their own dancing. Course meets evenings and weekends, allowing you to keep working at your day job while you train for a career you will truly love!

To register for our upcoming open house
or for more information call (804) 276-3343 or
email dance@simplyballroomva.com

Rhythm 1 Quarter begins January 2015!
Rumba, ChaCha, East Coast Swing, Bolero

Featured Dance: Rumba

We invite you to enjoy a sample lesson, followed by a complete overview of the course, at our open house so that you may understand the format and detailed nature of the Ballroom Dance Teachers Academy curriculum as well as financing options. **GI Bill accepted!!**

Date: Sunday, November 16, 2014

Time: 3:00 - 5:00pm



We have reformatted our Teacher Training Program with our busiest students in mind!

You may register for either one day or two days per week! Students with greater scheduling flexibility may continue to enroll in both sessions to complete the program in 16 months!

**For more information, visit
www.teachballroomva.com**



State Council of
Higher Education for Virginia

Simply Ballroom Dance Studio - November 2014

3549 Courthouse Rd., Richmond, VA 23236 (804) 276-3343 www.simplyballroomva.com

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
Pricing: Group classes: \$8.00/person (\$6/students) 10-Class Card: \$70.00 Friday class/party: \$12.00/person (\$10/students) Classes marked ** pre-enrollment only. Holiday Gift Certificates Available!!						1 3:30-4:30pm Beginner Tango & Waltz 4:30pm Intermediate Swing 1 of 2
2	3 7:30pm Beginner Foxtrot & Swing	4 7-9pm DVIDA Ballroom Instructor Training Pre-enrollment only**	5 11am Parkinson's Dance 6:30pm Line Dance 7:30pm Variety Class West Coast Swing 3 of 3 8:15pm Intermediate Rumba 1 of 2	6 6:30pm Hustle Series 1 of 3 ** 7:30pm Advanced Waltz 1 of 3	7 7:15pm Salsa 8:00pm Party - Includes Tango Lesson	8 Studio Closed for Roanoke Star Ball Competition No Group Classes Today!
9 Roanoke Star Ball!!!	10 7:30pm Beginner Cha Cha & Rumba	11 7-9pm DVIDA Ballroom Instructor Training Pre-enrollment only**	12 11am Parkinson's Dance 6:30pm Line Dance 7:30pm Jitterbug 1 of 3 8:15pm Intermediate Rumba 2 of 2	13 6:30pm Hustle Series 2 of 3 ** 7:30pm Advanced Waltz 2 of 3	14 7:15pm Salsa 8:00pm Party - Includes Rumba Lesson	15 3:30-4:30pm Beginner Cha Cha & Rumba 4:30pm Intermediate Swing 2 of 2
16 3-5pm Teacher Training Open House	17 7:30pm Beginner Tango & Waltz	18 7-9pm DVIDA Ballroom Instructor Training Pre-enrollment only**	19 11am Parkinson's Dance 6:30pm Line Dance 7:30pm Jitterbug 2 of 3 8:15pm Intermediate Cha Cha 1 of 2	20 6:30pm Hustle Series 3 of 3 ** 7:30pm Advanced Waltz 3 of 3	21 7:15pm Salsa 8:00pm Harvest Ball Party - Includes Foxtrot Lesson	22 3:30-4:30pm Beginner Tango & Waltz 4:30pm Intermediate Foxtrot 1 of 2
3	24 7:30pm Beginner Foxtrot & Swing	25 7-9pm DVIDA Ballroom Instructor Training Pre-enrollment only**	26 1am Parkinson's Dance 6:30pm Line Dance 7:30pm Jitterbug 3 of 3 8:15pm Intermediate Cha Cha 2 of 2	27 Happy Thanksgiving! Studio Closed	28 7:15pm Salsa 8:00pm Party Includes Swing Lesson	29 3:30-4:30pm Beginner Foxtrot & Swing 4:30pm Intermediate Foxtrot 2 of 2
30						

November Special Events

Hustle Series: Thursdays Nov. 6-20th, 6:30pm (one hour class). First class will cover basics and new material added each week. No prior hustle knowledge needed, singles and couples welcome. \$25 for the 3 week series in advance or \$10/class drop in (\$20/series or \$8/class monthly members).

Jitterbug Variety Classes: Wednesdays in November 7:30-8:15pm (40 min. class). Learn basics and build your skills in a series of 3 classes. \$8/person per class drop in, \$4/cfit members, free for SB monthly members. Class cards accepted.

Harvest Ball Potluck: We'll provide the main dishes, bring a side dish or dessert item and/or donation to the Food Bank and get in half price! Monthly members get a \$5 Ballroom Bucks coupon with either side dish or donation.

Teacher Training Open House: Have you ever wanted to do something you love as a full or part time career? Join us for a free open house to learn more about our DVIDA teacher training program. Must RSVP (804) 276-3343.

Other Weekly Classes: **Ballroom Boogie** - Tues. 4pm, Thurs. & Sat. 9am. \$3/class for C-Fit members, \$8/ non-members **Yoga** - Tuesdays & Thursdays 10am. \$3/class for C-fit members, \$10/non-members.

Due to lack of interest, we will not be performing at Regency on Black Friday. We are still planning to dance there on December 13th. Contact Gabe Pascarella at 379-2810.

USA Dance Cruise

National is again sponsoring a 7 day cruise on the elegant Celebrity Silhouette, departing from Fort Lauderdale on January 25, 2015. Stops will include Cozumel, George Town, Falmouth Jamaica and Labadee before returning on February 1st. You won't want to miss the 80 hours of workshops and over 14 hours of social dancing sessions. That still gives you time to enjoy the gorgeous pools, spas and Jacuzzis, as well as attend Broadway style shows.

And ladies – there will be a dance host program for the first 50 women to sign up. The cost is only \$120 for the entire week. All dance hosts are USA Dance members from across the US.

The cost is very reasonable, ranging from \$1289 for an inside cabin to \$1649 for the Veranda. Call now to reserve: 800-999-9302

Holiday Dances



We will be holding two Holiday Dances again this year, on December 6th and 20th, BOTH dances at Deep Run. To simplify things for all involved, we will NOT be taking reservations. Our capacity will be 110 at each dance, so come early to reserve your spot. We certainly don't want to turn anyone away, but we will be obligated to if we surpass 110. That has not happened in several years, so we don't expect it to be the case this year.

You WILL be allowed to attend both dances if you wish. Admission will be \$12 per person paid at the door. As always, we will have special refreshments, catered, decorations, holiday music and exceptional exhibitions. All we ask is that you dress in your fancy holiday attire (semi/formal) to help with the sophisticated atmosphere.

Mike Recant will provide the music for both dances.

November Pot Luck

Our second Pot Luck Dinner for 2014 is right around the corner, on November 15, at Deep Run. **Just a reminder that everyone pays admission, unless it is your birthday month or you have a free ticket.** We would be deep in the hole for expenses if it was a free dance for everyone who brought a dish. We are always amazed at the variety of dishes people bring. And every one is always DELICIOUS!! This event gives "Connie's Crew" a break as far as providing refreshments at two dances per month. So bring main course dishes AND desserts....and a big appetite!

Membership Incentive Program

Many chapter leaders have expressed the lack of incentives to recruit members to USA Dance. So National has announced a new member incentive program.

For every new member recruited between October 1, 2014 and June 30, 2015, the chapter will receive a \$5 incentive. This is irrespective of membership category – social, competitor, youth, etc. The individual must not have been a USA Dance member for the 12 months preceding October 1, 2014.

Here is your chance to help your chapter. Invite a friend and encourage them to join.

Added Value to Your Membership

Of course we all know the benefits of membership in USA Dance, but in response to the question, National has entered into an agreement with *Affinity Marketing Group* to provide discounts for USA Dance members on many services and products. This program does not have a specific end date. Here is a summary:

- FunJet/TNT vacations, Wyndham Hotels, Motel 6, Red Roof Inns, Avis/Budget, Orlando Vacations and World Travel Holdings
- Group Auto and Home insurance program (coming soon)
- Long Term Care Insurance
- Discount Office Supplies
- Pet Insurance
- Prescription Drug Program
- Online Shopping Mall
- Health Insurance (coming soon)

Details are available through the USA Dance home page. Although many of the insurance products require mailing to members' homes, one can opt out of these mailings any time. All other services are provided through web portals.

If you have any questions or concerns, please email them to membershipvalue@usadance.org

We have been approached by many members saying they are not getting email notices from the Richmond Chapter. We encourage everyone to check their SPAM FOLDER for these messages. For those "technologically challenged", the Spam Folder is where your internet provider sends email that they think is "junk".... You can avoid this happening by putting our email address in your address book.

We Remember Windy Schatzle



On October 13, 2014, our friend Windy danced her way to eternal life. Windy had been a member of the Richmond Chapter since 2008. Her introduction to dance was as a breast cancer survivor, paired with our own Gabe Pascarella for the Pink Tie Gala, whose mission is to raise funds in the central Virginia area for breast cancer related grants, survivors support, public awareness and research and development of a cure.

Windy was devoted to her 3 children and 6 grandchildren as well as her dog. Few of us were aware that she was also a Master Gardener and loved to "dig in the dirt". Having survived breast cancer, Windy knew how fortunate she was, and showed that in her zest for life.

Meeting, talking and dancing with our fellow dancers does not always reveal those special things about us. Windy's secret was her joy of celebrating Christmas on July 4th with her family!

Rest in Peace, Windy.



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\$8.00 per person



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These dances help support our Veteran's programs... Please help us help them!

NOVEMBER 2014



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Richmond, VA 23230
804.864.2300
www.RigbysJig.com

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
					<p>1 8:00 pm Group Class w/ Angel Group Class w/Chris</p> <p>8:30 pm – 12:00 am <i>First Saturday Fiesta Latina</i> Salsa · Cha Cha · Tango Bachata · Bolero Rumba · Cumbia Salsa Rueda</p>
<p>3 7:00 pm Inter/Adv. Foxtrot with Eleanor 1 of 3</p>	<p>4 1:00 pm Open Dance Floor</p> <p>7:00 pm Beginner I Waltz with Nicole 3 of 3</p> <p>8:00 pm Beginner II Country Western Two Step with Ashley 3 of 3</p>	<p>5 7:00 pm Beginner II Lindy with Nicole 1 of 3</p> <p>8:00 pm Beg. II / Inter. Shag With Marvin 1 of 3</p>	<p>6 7:00 pm Beg. II / Int. Hot Hustle with David 1 of 3</p> <p>8:00 pm Intro to Merengue/Bachata with Eleanor 1 of 3</p> <p>8:30-10:30 Dance Party Men get in free!!!!</p>	<p>7 7:30 pm Inter. West Coast Swing with David & Nicole</p> <p>8:30-10:30 pm <i>First Friday Jig Jam!</i></p>	<p>8 8:00-10:00 pm <i>Country Western Dance Party</i></p> 
<p>10 7:00 pm Inter/Adv. Foxtrot with Eleanor 2 of 3</p>	<p>11 1:00 pm Open Dance Floor</p> <p>7:00 pm Beg. I East Coast Swing With Chris 1 of 3</p> <p>8:00 pm Beg. II Waltz with Ashley 1 of 3</p>	<p>12 7:00 pm Beginner II Lindy with Nicole 2 of 3</p> <p>8:00 pm Beg. II / Inter. Shag With Marvin 2 of 3</p>	<p>13 7:00 pm Beg. II / Int. Hot Hustle with David 2 of 3</p> <p>8:00 pm Intro to Merengue/Bachata with Eleanor 2 of 3</p> <p>8:30-10:30 Dance Party</p>	<p>14</p>	<p>15 8:00-10:00 pm Members Only Dance Party:</p> <p><i>Something Old, Something New</i></p> <p>Hosted by Dan & Marcy Gillespie</p>
<p>17 7:00 pm Inter/Adv. Foxtrot with Eleanor 3 of 3</p>	<p>18 1:00 pm Open Dance Floor</p> <p>7:00 pm Beg. I East Coast Swing With Chris 2 of 3</p> <p>8:00 pm Beg. II Waltz with Ashley 2 of 3</p>	<p>19 7:00 pm Beginner II Lindy with Nicole 3 of 3</p> <p>8:00 pm Beg. II / Inter. Shag With Marvin 3 of 3</p>	<p>20 7:00 pm Beg. II / Int. Hot Hustle with David 3 of 3</p> <p>8:00 pm Intro to Merengue/Bachata with Eleanor 3 of 3</p> <p>8:30-10:30 Dance Party! Ladies get in free!</p>	<p>21</p>	<p>22 8:00-10:00 pm <i>Turkey Trot Hot Luck Party</i></p> 
<p>24 7:00 pm Inter/Adv. Country Western Two Step with Eleanor 1 of 3</p>	<p>25 1:00 pm Open Dance Floor</p> <p>7:00 pm Beg. I East Coast Swing With Chris 3 of 3</p> <p>8:00 pm Beg. II Waltz with Ashley 3 of 3</p>	<p>26 No Group Classes in Honor of Thanksgiving</p>	<p>27 Closed</p> 	<p>28</p>	<p>29</p>

November 2014 DANCE CALENDAR


Date	Organization/Event/Time	Location	Contact	Admission/Band/Notes
11/1	Richmond Chapter First Sat. Dance. 7:30-8:30 Waltz less. w/Alan Hedgpeth. Dancing 8:30-10:30	Brookland Middle School 9200 Lydell Drive	Phil Sisk plsisk@aol.com	Music by Alan & Mary
11/1	Williamsburg USA Dance Wonder Fall Ball, 7:30-10:30p. Black Tie opt.. No lesson	Williamsburg Community Bld 401 N. Boundary St. Williamsburg, VA	www.williamsburgusadance.org Judy Smith 757-898-1791	\$40 pp Music by Bill Irwin
11/1	First Sat. Fiesta Latina, 9-12am	Rigby's Jig 5470 West Broad St.	(804)864-2300 or www.RigbysJig.com	
11/2 & 16	NEW-Argentine Tango, w/Phyllis and Gary. 5-6:30pm	The Dance Space 6004 West Broad St	804-673-3326 bill.irwin2@gmail.com	
11/2 & 16	Sunday Evening Dance, Ballroom Mix Dance, 7-9pm	The Dance Space 6004 West Broad St	804-673-3326 bill.irwin2@gmail.com	\$7 pp TheDanceSpace.com
11/5-26	Jitterbug Variety Classes, Wed. in Nov, 7:30-8:15p	Simply Ballroom 3549 Courthouse Rd	804-276-3343	No experience necessary \$8pp.Free to members.
11/6-20	Hustle Series, Thursdays,6:30-7:30. Note new time	Simply Ballroom 3549 Courthouse Rd	804-276-3343	\$25pp for 3 week series or \$8/class drop in
11/7	Rigby's Jig First Friday Jig Jam 8:30-10:30pm	Rigby's Jig 5470 West Broad St.	(804)864-2300 or www.RigbysJig.com	Interm. WCS lesson 7:30 w/David & Nicole
11/8	Rigby's Jig Country Western Dance Party, 8-10pm	Rigby's Jig 5470 West Broad St.	(804)864-2300 or www.RigbysJig.com	
11/8	Tri-Cities Chapter Dance. 7:30-8:15 Salsa less. w/Steve Kirvan. Dancing til 10:30.	Wesley United Methodist Church Fellowship Hall, 3701 Conduit Rd. Colonial Heights	804-721-4904 sdunn6060@aol.com	Music by Edith Lanning
11/9	Sunday Evening Dance, California Mix 7-9pm	The Dance Space 6004 West Broad St	804-673-3326 bill.irwin2@gmail.com	\$7 per person
11/9 & 23	Phyllis & Dave's Club Hustle, 5:30	The Dance Space 6004 West Broad St	804-673-3326 bill.irwin2@gmail.com	
11/14	Dance Masters Holly Jolly Christmas on Lakeside, 5-9pm	5008 Lakeside Avenue	DanceMastersStudios.com 804-262-9587	Lakeside Trolley Rides, group lesson,refresh.
11/15	Richmond Chapter 3rd Saturday Dance, 7:30-10:30. Pot Luck 6:30.	Deep Run Rec. Center 9910 Ridgefield Parkway	Phil Sisk plsisk@aol.com	Music by Bill Irwin No lesson
11/15	Members Only-Something Old, Something New. 8-10pm.	Rigby's Jig 5470 West Broad St.	(804)864-2300 or www.RigbysJig.com	Hosted by Dan & Marcy Gillespie
11/15	Charlottesville Swing Dance Soc. w/Jeff/Mary Freeman, dancing 8-11	Municipal Arts Center 1119 5 th Street SW Charlottesville, VA	www.cvilleswingdance.net	Music by Jeff Freeman
11/16	Simply Ballroom Dance Teacher's Academy Open House, 3-5pm	Simply Ballroom 3549 Courthouse Rd	804-276-3343 MUST RSVP	Enjoy a sample Rumba lesson. 1 st qt. starts Jan
11/17	Richmond USA Dance Board Mtg. 6:00 pm.	9620 Evansway Lane Richmond	804-447-0175 plsisk@aol.com	Agenda items 24 hr. prior to meeting
11/21	Simply Ballroom Harvest Ball Potluck, 8pm. Foxtrot lesson. Get in ½ price for bringing something	Simply Ballroom 3549 Courthouse Rd	804-276-3343	Main dishes provided. Bring side/dessert and/or donation to Food Bank
11/22	Good Tymes Band plays at Am. Legion Post 125, 7:30-10:30pm	1401 Hilliard Road Richmond, VA	www.facebook.com/thegoodtymesband	\$8 per person
11/22	Charlottesville USA Dance. 7:15-8p Beg. Am. Rumba w/Cathleen Rhodes. Dancing 8-10pm	Oxbridge Ballroom 316 14 th St. NW Charlottesville, VA	Copelandnatasha1@gmail.com	
11/22	Tidewater USA Dance Winter White Affair,7:30 WCS less w/ Sam & Daisy Easley Dancing til 11pm	A Time to Dance 5444 Va. Beach Blvd Virginia Beach, VA	757-550-0450 TWCUSAdance.org	\$10/12/5 Music by Sam Easley NEW:reserve. for groups
11/22	Rigby's Jig Turkey Trot Pot Luck Party, 8-10	Rigby's Jig 5470 West Broad St.	(804)864-2300 or www.RigbysJig.com	
11/23	Sunday Evening Dance, Ballroom and Country Mix, 7-9pm	The Dance Space 6004 W. Broad St	804-673-3326 bill.irwin2@gmail.com	\$7pp
11/29	Tentative Dance Space Showcase, 7pm	The Dance Space 6004 W. Broad St	804-673-3326 bill.irwin2@gmail.com	See emails/website for updates
11/30	Dance Space Sunday Evening Dance, Bill's Choice. 7-9pm	The Dance Space 6004 W. Broad St	804-673-3326 bill.irwin2@gmail.com	\$7pp
LOOKING AHEAD				
3/14	Tri Cities Annual Formal at The Lee Club, Fort Lee. 7:30-10:30.			SEE FLYER THIS ISSUE

Youth Program

We all owe a big Thank You to Gabe Pascarella for his diligent pursuit of increasing our visibility to youth in the area. He's like the Energizer Bunny – never gives up on contacting schools and students throughout the Richmond area.

On September 24th, Gabe and Phil presented a check to the University Of Richmond dance group, "8 Left Feet", to help support their Halloween Dance, which was open to all students. This semester they have 26 freshmen and sophomores participating. In order to spread the work some, they decided to have 2 students share the President's position.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>Holidays are made for family, friends, food and dancing!</i></p>						<p>1</p> <p>9a Zumba with Jenika!</p> <p>7:30p Swing Dance – hosted by Catherine Farmer</p> <p>USA Dance at Brookland MS – 7:30</p>
<p>2</p> <p>5-6:3p Argentine Tango with Phyllis H. & Gary D</p> <p>Sun Evening Dance 7-9p (Ballroom Mix)</p>	<p>3</p> <p>7p Beg Salsa Series (1 of 5) - Clara</p> <p>8p Adv Beg/Int Salsa - Gio</p> <p><i>Pre-Register On-Line!</i></p>	<p>4</p> <p>5 – 8:30p Private Lessons</p>	<p>5</p> <p>Michael's Wed Lineup: Beg 1 Waltz 7p Beg 2 Waltz 7:45p Adv Swing 8:30p</p>	<p>6</p> <p>7-:30p Beginner Swing (1 of 3) – Erica & Ryan</p> <p>8:30p Foundations: Charleston (1 of 3) – Ruth & Will</p> <p>9:30p Open Social Dancing for JDEC Students</p>	<p>7</p> <p>8:00p Beg Tango - Maria</p> <p>8:30p Dance Party</p>	<p>8</p> <p>9a No Zumba Today!</p> <p>7:30pm Swing Dance – hosted by Andy and Rita</p>
<p>9</p> <p>5:30p Club Hustle! Phyllis & Dave</p> <p>Sun Evening Dance 7-9p (California Mix)</p>	<p>10</p> <p>7p Beg Salsa Series (2 of 5) - Clara</p> <p>8p Adv Beg/Int Salsa - Gio</p> <p><i>Pre-Register On-Line!</i></p>	<p>11</p> <p>5 – 8:30p Private Lessons</p>	<p>12</p> <p>Michael's Wed Lineup: Beg 1 Rumba 7p Beg 2 Rumba 7:45p Adv Swing 8:30p</p>	<p>13</p> <p>7-:30p Beginner Swing (2 of 3) – Erica & Ryan</p> <p>8:30p Foundations: Charleston (2 of 3) – Ruth & Will</p> <p>9:30p Open Social Dancing for JDEC Students</p>	<p>14</p> <p>8:00p Beg Waltz - Mike</p> <p>8:30p Dance Party</p>	<p>15</p> <p>9a Zumba with Jenika!</p> <p>7:30pm Rtown Strutters Ball Live Music!</p> <p>USA Dance at Deep Run – 7:30</p>
<p>16</p> <p>5-6:3p Argentine Tango with Phyllis H. & Gary D</p> <p>Sun Evening Dance 7-9p (Ballroom Mix)</p>	<p>17</p> <p>7p Beg Salsa Series (3 of 5) - Clara</p> <p>8p Adv Beg/Int Salsa - Gio</p> <p><i>Pre-Register On-Line!</i></p>	<p>18</p> <p>5 – 8:30p Private Lessons</p>	<p>19</p> <p>Michael's Wed Lineup: Beg 1 Cha Cha 7p Beg 2 Cha Cha 7:45p Adv Swing 8:30p</p>	<p>20</p> <p>7-:30p Beginner Swing (1 of 3) – Erica & Ryan</p> <p>8:30p Foundations: Charleston (1 of 3) – Ruth & Will</p> <p>9:30p Open Social Dancing for JDEC Students</p>	<p>21</p> <p>8:00p Beg Foxtrot - Katia</p> <p>8:30p Dance Party</p>	<p>22</p> <p>9a Zumba with Jenika!</p> <p>3-11p Private Party</p>
<p>23</p> <p>5:30p Club Hustle! Phyllis & Dave</p> <p>Sun Evening Dance 7-9p (Country & Ballroom Mix)</p>	<p>24</p> <p>7p Beg Salsa Series (4 of 5) - Clara</p> <p>8p Adv Beg/Int Salsa - Gio</p> <p><i>Pre-Register On-Line!</i></p>	<p>25</p> <p>5 – 8:30p Private Lessons</p>	<p>26</p> <p>Michael's Wed Lineup: Beg 1 Swing 7p Beg 2 Swing 7:45p Adv Swing 8:30p</p>	<p></p> <p>Thanksgiving Day! (Studio Closed)</p>	<p>28</p> <p>8:00p Beg WCS - Phyllis</p> <p>8:30p Dance Party</p>	<p>29</p> <p>9a Zumba with Jenika!</p> <p>7p – Tentative Showcase Dance (follow emails and updates on website)</p>
<p>30</p> <p>Sun Evening Dance 7-9p (Bill's Choice)</p>	<p>31</p> <p>7p Beg Salsa Series (5 of 5) - Clara</p> <p>8p Adv Beg/Int Salsa - Gio</p> <p><i>Pre-Register On-Line!</i></p>	<p><i>Happy Thanksgiving From The Dance Space!!!</i></p>				