

January 2014 *Line of Dance* Vol 29 Issue 1

News from the Richmond and Tri-Cities Chapters of USA Dance, Inc

Richmond and Tri-Cities USA Dance Chapter Dances

- Saturday Jan 4** Richmond Chapter First Saturday Dance - **CANCELLED due to Brookland MS being closed**
- Saturday Jan 11** Tri-Cities Chapter Dance. Wesley United Methodist Church Fellowship Hall, 3701 Conduit Rd Colonial Heights. 7:30-10:30pm. Viennese Waltz lesson with Phyllis Harris. Music by Edith Lanning
- Saturday Jan 18** Richmond Chapter Third Saturday Dance, Deep Run Recreation Center, 9910 Ridgefield Parkway. 7:30-10:30pm. No lesson. Music by Bill Irwin.

The Richmond Chapter of USA Dance, Inc. holds dances on the first Saturday of each month at Brookland Middle School and the third Saturday at Deep Run Recreation Center. Richmond Chapter only: Member admission: Adults \$5, Students w/ID & Social Youth-free. Nonmember admission: Adults \$8, Student (with valid ID) & Youth \$3; No children under 8 years admitted to any Richmond Chapter dance. The Tri-Cities Chapter holds a dance on the Second Saturday - future dance venues to be announced. Tri-Cities admissions - members \$6; nonmembers \$10

FOR DIRECTIONS TO CHAPTER DANCES OR OTHER INFORMATION, CONTACT:

RICHMOND USA DANCE
Tri-Cities USA Dance

PHONE: 804-447-0175; EMAIL: plsisk@aol.com
Phone: 804-452-1452; EMAIL: rw4013@hughes.net

WEB: USADANCERICHMOND.ORG
WEB: USADANCETRICITIESVA.ORG

President's Corner

Happy New Year to all from your Board of Directors! It hardly feels like the dead of winter as the temperature is in the 70's as I write this just before Christmas. I don't know about you, but I could handle a full winter of weather like this... It does look like a cold front is heading our way, but I doubt it will be as bad here as it was out west. Still, if we do have inclement weather on a night we are scheduled to dance, be sure and check the announcements on TV and radio about closures. If Henrico County activities are canceled, we are, too, as we use their facilities. In fact, they have already canceled our use of the Brookland gym for January 4, as the school will still be closed for the Christmas break and they plan to do some work in the gym that will preclude our dancing there. This is not a new situation – we don't hold a dance on the first weekend of most years as it competes with the Tidewater Chapter's NY's Eve event. This year it does not compete; however, the gym is not available.

December was a busy month and a fun one for our Chapter. We had about 90 people at each of our holiday dances and almost 30 at our afternoon exhibition at Regency Square Shopping Center on December 14. The Deep Run dances were a lot of fun as we danced to a nice mix of holiday classics and current tunes provided by our deejay, Mike Recant. We've received a lot of positive feedback on the dances and a number of you attended both events. Michael and Rose-Ann Lynch performed three flawless routines at each dance and wowed the crowds with their talent and her beautiful dance outfits. They also stayed around most of the evening each time, dancing with us and sharing the holiday spirit. I feel we are quite fortunate to have them perform at our dances when their schedule allows and they are always quite taken with the warm, RVA reception. Mike was just getting back on the dance floor following recent knee surgery. You could not tell

from their dancing that he was not yet back to 100%. I'm confident they will again be very competitive as they seek their sixth straight title at the national championships in 2014.

The Regency event was again quite successful. We presented a nice mix of prepared routines, impromptu performances, and group dances, with good participation by the holiday shopping crowd. There are pictures of many of the dancers inside this issue and we hope to post some videos on our Facebook page and web site soon. The mall manager sent us a generous donation and a nice note of appreciation, which is quoted inside. Gabe Pascorella again did a great job of coordinating this event and even arranged for a performance by a couple from the Clover Hill High School Show Choir that was a real show-stopper. The Clover Hill group is the top-ranked show choir in the country and it was a real coup to get them to join us for a demo that was reminiscent of what you would see on Fox TV's mega-hit, "Glee". We hope to get members of this group for an exhibition at one of our monthly dances before the end of the school year!

And finally – it's not too late to make plans for some New Year's Eve dancing. The Tidewater Chapter event that runs from December 28 - January 1 in Portsmouth is not sold out as of 12/24. If you are willing to travel a bit for an exceptional time, go to <http://twcusadance.org/gala.html> for information and reservations. And check the local studio calendars inside for details about dances closer to home. Have a safe and happy time whatever you do for your New Year celebration and may 2014 be a year filled with good news, good friends, and good dancing for you and yours.

See you on the dance floor! – Phil

PRINCE GEORGE PARKS & RECREATION

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Saturday, February 22, 2014

7:30-10:00pm

at the

Prince George Community Center

11100 OLD STAGE ROAD

PRINCE GEORGE, VA 23875



\$10.00 per person - pay at the door
Proceeds will go to the American Heart Association.

Country western theme
Casual dress: jeans, boots, hats

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Richmond Board Members

PHIL SISK, PRESIDENT
447-0175; plsisk@aol.com

KAREN ANDERSON, VICE PRESIDENT
754-2346
bluegreen.14bluegreen@gmail.com

MARGIL COYNER, DIRECTOR AT LARGE
346-4629
margilstango@yahoo.com

BRUCE RIPLEY, TREASURER
379-7288; britley2@comcast.net

DIANA DONALD, DIRECTOR AT LARGE
503-0230
DianaDonald1809@comcast.net

GINNY ENGLER, NEWSLETTER EDITOR
744-3608; gengler47@comcast.net

DAVID MCBRIDE, DIRECTOR AT LARGE
739-0037;
dlmcbride@crimsoncode.com

CONNIE NELMS, DIRECTOR AT LARGE
337-6164; conniesnelms@aol.com

GABE PASCARELLA, DIRECTOR AT LARGE
379-2810; gpascarella@comcast.net

RICHMOND WEBSITE
www.usadancerichmond.org

NATIONAL WEBSITE
www.usadance.org

New Members

Richmond
Annette McGrath

Membership Renewals

Richmond Chapter

Jack Boles
June Bryant
Eulys Dyer
Joan Dyer
Richard Hardy
Yukie LeFever
Everette Worthington
Kirby Worthington

Tri-Cities

Lois Chiu
Ming Chiu
William Gandel

Birthdays

DECEMBER

Richmond Chapter

Connie Allison
Cy Aman
Bill Busch
Kay Enos
Albert HeLou
Shirlene Howard
Rebecca Hsu
Mark Kunze
Ron Lipps
Mike Recant
Winfred Segal
Lynette Shahnian
Ralph Walters
Karen Willis

Tri Cities Chapter

Carolyn Hayden
Stan Orchel



JANUARY

Richmond Chapter

Irina Berdichevsky
June Bryant
Becky Cobb
Ginny Engler
Sharon Colquhoun
Teresa Day
Tom Dunn
Singli Garcia
Joan Green
Patricia Harman
Glenda Harris
James Kelly
Doris Larson
David Piotrowski
Debbie Tomlinson
Lowell Wiltbank
Kirby Worthington

Tri Cities Chapter

Marva Farrington
James Gay
Joao Gomes
Susan Mayes
Ray Nolet
Melody Stone



Richmond President Phil Sisk shows Betty our appreciation for greeting our members at each dance

REMEMBER - Richmond members get into 1 free dance on their birthday month !

Richmond has a youth scholarship program. Check out our website and click on the Scholarship link

Tri-Cities Board Members

SHARON DUNN, PRESIDENT
721-4904; sdunn6060@aol.com

JOHN BROOKS, VICE PRESIDENT
458-9836; squarano@aol.com

RUTH WILBOURNE, TREASURER
452-1452; rw4013@hughes.net

LEONISA STILES, SECRETARY
796-1495; stiles_lou@yahoo.com

HARRY SALVAT, DIRECTOR AT LARGE
458-8056; harrysalvat@hotmail.com

Contributing Editor
JOHN BROOKS
squarano@aol.com

TRI-CITIES WEBSITE
www.usadancetricitiesva.com

Tri-Cities News

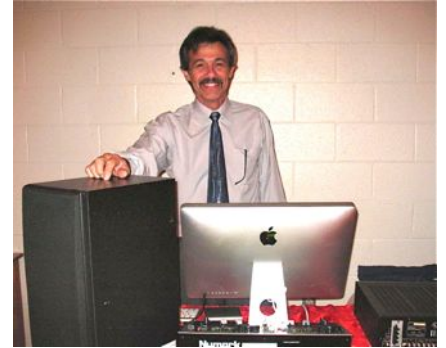
by John Brooks

The Tri-Cities Board of Directors would like to wish everyone a very Happy, Safe and Prosperous 2014. We start off the New Year with a new chapter President, Sharon Dunn. Continuing on the Board are John Brooks, Vice President; Lou Stiles, Secretary; Ruth Wilbourne, Treasurer; and Harry Salvat, Director-at-Large. We know that you will give these Board members your support as they lead the Chapter for the next two years. If you have any suggestions to offer for the improvement of the chapter dances, please contact any of the Board members.



L-R: Ruth, John, Sharon, Leonisa & Harry

Edith Lanning, Founder of our chapter, continues to improve following back surgery. Please keep her in your prayers. She wants us all to know that she really appreciates the well wishes she has received from her friends in the dance community.



Although the weather outside was frightful, the dancing was so delightful! Those who braved the downpour and came to our December Holiday Dance had a really good time dancing to a mixture of great holiday and ballroom music by Randy Goodfellow. ➡➡



← Randy & Lisa

Our Holiday Dance

Harry & Singli ➡



↓ Bill & Sharon



Phyllis Harris will teach the first of two lessons in Viennese Waltz at our January 11th dance. Music will be provided by either Edith Lanning or Randy Goodfellow. Come on and join in the fun of dancing and get the New Year started off right.

The Chapter is sponsoring a **FREE** dance on **FRIDAY, January 24th** at VFW Post 2239 from 7:00-9:00PM. Remember.....that's a Friday dance. Rumba lesson by Maggie McRae. Come on and support this dance at the VFW.....it's FREE. Bring your friends. Tell everyone about it.



The VFW is located at 14705 Jefferson Davis Hwy, Chester, VA 23834. The VFW is not actually in the town of Chester. It is on Jefferson Davis Hwy (Rt1) just south of the intersection with Route 10. Directions from I-95 take the Ruffin Mill/Woods Edge Rd exit, follow Ruffin Mill Road to Jefferson Davis Highway and Turn Right, you will see a railroad trestle; the VFW Post is a white building on the right just beyond the trestle; or from Colonial Heights take the Boulevard (Rt 1) North; follow Boulevard/Jefferson Davis Hwy/Route 1 until you see a railroad trestle, VFW is on the right just beyond the trestle. From Chester take Route 10 East and turn right onto US Rt 1 South, VFW is a white building on the left just before you see the railroad trestle.

"Puttin on The Glitz" is the theme for our ninth annual dance at The Lee Club on Saturday, March 8th. Tux or Business Suit for the gentlemen, and Ladies.....it's your chance to bring out all your glitz and glam. The reservation form is in this issue. Don't wait until the last minute to get yours in. The Lee Club has a beautiful, large dance floor. Ed Pabalate will play the music.

Lesson and DJ Schedule:

January 11 – Viennese Waltz, Phyllis Harris; Edith Lanning or Randy Goodfellow, DJ

February 8 – Viennese Waltz, Phyllis Harris; Doug McRae, DJ

March 8 – Reservation Only Dance, The Lee Club; Ed Pabalate, DJ

Another Opportunity to Dance: Saturday, **February 22nd**, 7:30 -10:00pm. \$10. Prince George County Parks & Recreation is sponsoring a Country-Western Theme Dance to benefit the American Heart Association. Casual dress, jeans, boots, hats. Look for flyer in this issue. Location: Prince George Community Center, 11100 Old Stage Road, Prince George, VA 23875

Keep On Dancing.....Dancing Feet are Happy Feet!

.....

Richmond Chapter 2014 Lesson Schedule

INSTRUCTOR	LESSON	DJ
Jan. 4 CANCELLED		
Feb. 1 Kristin Wenger	West Coast Swing	Mike Recant
Mar. 1 Phyllis Harris	Rumba/Bolero	Ed Pabalate
Apr.5 Kristin Wenger	West Coast Swing	Mike Recant
May 3 Phyllis Harris	Rumba/Bolero	Ed Pabalate
June 7 David Headly	Night Club 2-Step	Doug McRae
July 5 Veronica Braun	Samba	Lee Nugent
Aug 2 Veronica Braun	Samba	Lee Nugent
Sept 6 Pete Godfrey	Foxtrot	Doug McRae
Oct. 4 Alan Hedgpeth	Waltz	Alan & Mary
Nov. 1 Alan Hedgpeth	Waltz	Alan & Mary



PUTTIN' ON THE GLITZ

At

The Lee Club
Fort Lee, Virginia



Saturday, March 8, 2014

7:30pm - 10:30pm (doors open 7:00pm)
\$38.00 per person

Music by Ed Pabelete
Heavy Hors D'oeuvres, Cash Bar
Men: Tux or Business Suit; Ladies: Glitz & Glam

Reservations must be received by: **Friday, February 28, 2014**
NO REFUNDS - No tickets will be issued. Names will be put on a reservation list and you will check in when you enter The Lee Club. You will receive telephone confirmation that your reservation has been received.
For information call: 804-452-1452

Fort Lee Entry Requirements:

Photo ID for driver and all passengers; Registration of Vehicle, proof of insurance for vehicle being driven
Directions: From I-95, take Exit 54 (Temple Ave.), keep to the right and turn right onto Temple Ave. Stay on Temple, bear off to the right, (follow Ft Lee signage). Turn Left at right, stay in right lane. Turn Right at Siskiy Boulevard Gate, turn Right on C Avenue, turn Left on Lee Avenue. The Lee Club is straight ahead.

From I-295 take Exit 98 (Fort Lee) you will be on Oaklawn Blvd (Rt. 36). Stay in left lane, turn left at Siskiy Boulevard Gate, turn Right on C Avenue, turn Left on Lee Avenue. The Lee Club is straight ahead.

Cut here:*****

Detach here and return with your check, made payable to: **USA Dance Tri-Cities Chapter 6060**

Number of Reservations _____ @ \$38 per person = _____ Total Amount (in words)

Contact Phone No. _____ E-Mail Address _____

Please print names of all attendees with photo ID for Fort Lee entry checklist.

Mail To: Ruth Wilbourne
14216 Pole Run Rd.
Disputanta, VA 23842

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Carl & Ellis Montalzone, Andy & Deb Melchert, Trip Courtney, Wendy Strauss,
Arthur Dewey, Tom Jenkins, Sam Diapersio, Mike & Maria DeRiso,
Calvin Garrette, Karen Woods, Alan Joyner, Roxane Owens.



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Dr. Oz & Ballroom Dancing

(The following is from The Richmond Times Dispatch,
featuring "Dr. Oz & Roizen"
from King Features Syndicate, Inc.)

Dance Dance Revolution is a Wii game we've recommended as a great way to help you get in shape while you're having fun. But there's a new dance revolution on the horizon - and it's for adult cancer survivors.

Getting back into good physical shape after cancer treatment can be tough, physically and psychologically. But it's key to beating the disease and avoiding recurrence. Just as important, and sometimes more challenging, is restoring intimacy between couples who have had to deal with prostate cancer, a mastectomy or hysterectomy. Well, here's a way to do both.

The University of Alabama is recruiting folks who have battled cancer to take part in a study of physical fitness and relationship intimacy that they call "a couples ballroom-dance intervention." Say hello to Ballroom Dancing With the Cancer All-Stars.

This is a great idea, and it's worked before. Just ask Joan Cason, 73, a three-time-cancer survivor and award-winning competitive ballroom dancer. Her husband gave her ballroom dancing lessons 13 years ago, after her last bout of chemo, and she hasn't looked back -- except when she tangos!

If you're a cancer survivor or love someone who is, before you two start cuttin' the rug, get the green light from your doctor. Then find a ballroom dance studio with a suitable program or an instructor who is interested in working with you.

Make a date, and see where the music takes you!



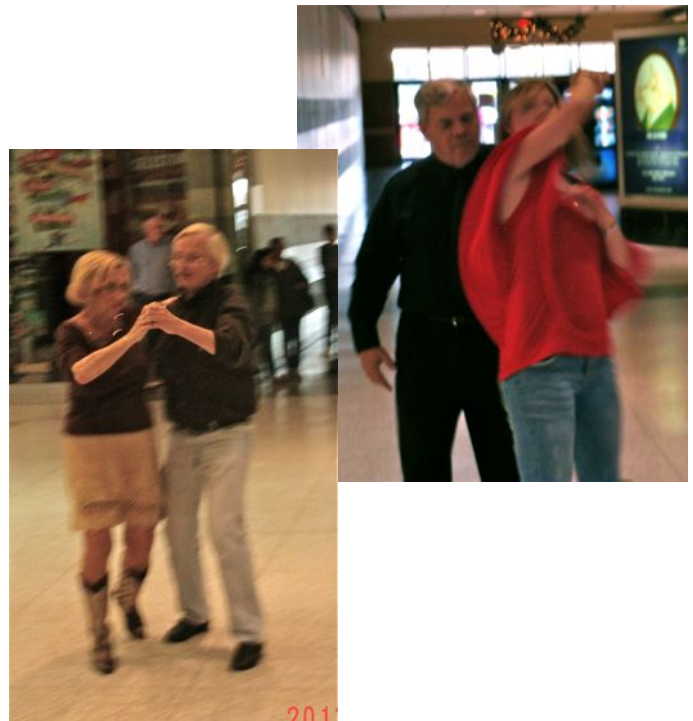
Regency Square Holiday Demo

We want to thank every one of you who took time during this busy season to join us performing at Regency Square. Our dancing at the mall has become a very popular event with the shoppers. This issue we are featuring some of those who performed on "Black Friday". Next month we will spotlight the dancers who participated on December 14th.

Just to let you know how much the mall loves us, we received a thank-you note from Secille Siverio, Marketing Manager at Regency Square, along with a contribution to our chapter!

Secille notes " Please accept my heartfelt thanks for your support of Regency Square. The ballroom dancing exhibitions are always a hit with our shoppers....I love our partnership and hope it will continue well into the future."

For us, it is yet another opportunity to promote ballroom dancing in the community





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Rhythm II Quarter: Mambo, Merengue, Samba, West Coast Swing
Nightclub Quarter: Salsa, Arg. Tango, Nightclub 2-Step, Hustle, Lady Hop

**Smooth Quarter Begins March 2014 - Call for info!!
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- ** Teaching ballroom dance can be a lucrative full or part time career.
- ** Bureau of Labor Statistics predicts increased demand for arts, entertainment, and recreation services due to rising incomes, aging population with more leisure time, and public awareness of the health benefits of dance and physical fitness.
- ** All ages from high school graduates to retirees have successfully completed this course.
- ** Previous dance background is helpful, but **NO PRIOR DANCE EXPERIENCE IS NECESSARY!!**
- ** **Now is the time to take advantage of great income potential in this expanding career field!!**

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5. **Structured Curriculum** - Structured lesson plans, progress checks, dance and theory exams ensure a top quality education.
6. **Nationally Certified Instructors** - Course instructors are nationally certified through DVIDA.
7. **University of Richmond Credit** - Continuing Education Credits available through University of Richmond School of Continuing Studies.
8. **Tuition Financing Available** - We offer a variety of options to help you finance your education.



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Simply Ballroom Dance Studio - January 2014

3549 Courthouse Rd., Richmond, VA 23226 (804) 276-3343 www.simplyballroomva.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Prerequisites: Group classes: \$8.00/person (\$6/weekends) 99-Class Card: \$75.00 Friday class/party: \$12.00/person (100 students), Sunday Social: \$8.00 Classes marked ** pre-enrollment only. Call for details. Gift Certificates Available!!			1 Happy New Year!! Studio Closed	2 7:00pm Advanced Swing 1 of 3	3 7:00pm Salsa 8:00pm Party - Includes Tango Lesson	4 12:00pm** Waits Techniques & Styling 3:30-4:30pm Beginner Cha Cha & Rumba 4:30pm Intermediate Tango 2 of 2
5	6 7:00pm Beginner Tango & Wals	7 6:00pm** Country 2-Step 1 of 4	8 11am Parkinson's Dance 6:00pm Line Dance 7:00pm Variety Class WC Swing 1 of 4 8:15pm Intermediate Foxtrot 1 of 2	9 7:00pm Advanced Swing 2 of 3	10 7:00pm Salsa 8:00pm Party - Includes Cha Cha Lesson	11 12:00pm** Waits Techniques & Styling 3:30-4:30pm Beginner Tango & Wals 4:30pm Intermediate Rumba 1 of 2
12 3-5pm Sunday Social	13 7:00pm Beginner Foxtrot & Swing	14 6:00pm** Country 2-Step 2 of 4	15 11am Parkinson's Dance 6:00pm Line Dance 7:00pm Variety Class WC Swing 2 of 4 8:15pm Intermediate Foxtrot 2 of 2	16 7:00pm Advanced Swing 3 of 3	17 7:00pm Salsa 8:00pm Party - Includes Wals Lesson	18 12:00pm** Waits Techniques & Styling 3:30-4:30pm Beginner Foxtrot & Swing 4:30pm Intermediate Rumba 2 of 2
19 4-6pm Bachata Intensive with Cliff Kessel	20 7:00pm Beginner Cha Cha & Rumba	21 6:00pm** Country 2-Step 3 of 4	22 11am Parkinson's Dance 6:00pm Line Dance 7:00pm Variety Class WC Swing 3 of 4 8:15pm Intermediate Wals 1 of 2	23 7:00pm Advanced Foxtrot 1 of 3	24 7:00pm Salsa 8:00pm Party - Includes Rumba Lesson	25 12:00pm** Waits Techniques & Styling 3:30-4:30pm Beginner Cha Cha & Rumba 4:30pm Intermediate Cha Cha 1 of 2
26 3-5pm Sunday Social	27 7:00pm Beginner Tango & Wals	28 6:00pm** Country 2-Step 4 of 4	29 11am Parkinson's Dance 6:00pm Line Dance 7:00pm Variety Class WC Swing 4 of 4 8:15pm Intermediate Wals 2 of 2	30 7:00-10:00pm** Studio Closing Phoenix Garden	31 7:00pm Salsa 8:00pm Party - Includes Swing Lesson	

December Special Events

Country 2-Step Series: Tuesdays in January 6-7pm (one hour class). Learn the basics and build your skills in a series of 4 classes. \$25/person for the series or \$10/class drop in. (\$25 series for monthly members or \$8/drop in).

WC Swing Series: Wednesdays in January 7:30-8:15pm (45 min. class). Learn basics and build your skills in a series of 4 classes. \$8/person per class drop in. Class credit accepted.

Bachata Intensive: Rescheduled from December. Jan. 19th from 4-6pm. Cliff will give a quick review of the basics, followed by 2 hours of fun new patterns!! Practice time and refreshments included, \$10/person (\$8/monthly members).

Studio Outing: Join us to celebrate Veronica's birthday at Phoenix Garden vegetarian restaurant on Thurs. Jan. 30th 7-11pm. Dinner and dancing. RSVP (804) 276-3343.

Other Weekly Classes: Ballroom Boogie - Tues. 4pm, Thurs. & Sat. 9am. Free for C-Fit members, \$8/ non-member. Yoga - Tuesdays & Thursdays 10am. Free for C-Fit members, \$10/non-members. Adult Beginner Ballet: Sat. 11am, \$10/person.



January 2014

5476 West Broad Street
Richmond, VA 23230
804-864-2300
RigbysJig.com

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Happy New Year! Studio Closed	2 Drop-in West Coast Variations with David 1 of 3 Drop-in Latin to Waltz with Eleanor 1 of 3 Drop-in - no drop-in Dance Party Men's Night! Blue get in FREE!	3 Drop-in Shuffle with Maria Drop-in - no drop-in JIG DANCE!	4 ALL-STAR PARTY! DANCE TBA
5 Drop-in Inter/Advanced Shuffle with Eleanor 1 of 3	6 Drop-in Open Dance Floor Drop-in Beginner Rhumba with Ashley 1 of 3 Drop-in Beginner II Cha Cha with Ashley 2 of 3	7 Drop-in Beg. L/O Viennese Waltz with Nicole 1 of 4 Drop-in Beg. L/O Shag with Nicole 1 of 4	8 Drop-in West Coast Variations with David 2 of 3 Drop-in Latin to Waltz with Eleanor 2 of 3 Drop-in - no drop-in Dance Party!	9	10 Drop-in - no drop-in Saturday Night Dance Party!
12 Drop-in Inter/Advanced Shuffle with Eleanor 2 of 3	13 Drop-in Open Dance Floor Drop-in Beginner Rhumba with Ashley 2 of 3 Drop-in Beginner II Cha Cha with Ashley 2 of 3	14 Drop-in Beg. L/O Viennese Waltz with Nicole 2 of 4 Drop-in Beg. L/O Shag with Nicole 2 of 4	15 Drop-in West Coast Variations with David 3 of 3 Drop-in Latin to Waltz with Eleanor 3 of 3 Drop-in - no drop-in Dance Party Ladies' Night! Ladies get in FREE!	16	17 Drop-in - no drop-in MEMBER'S ONLY PARTY! South of the Border! hosted by Del & Jan
19 Drop-in Inter/Advanced Shuffle with Eleanor 3 of 3	20 Drop-in Open Dance Floor Drop-in Beginner Rhumba with Ashley 3 of 3 Drop-in Beginner II Cha Cha with Ashley 3 of 3	21 Drop-in Beg. L/O Viennese Waltz with Nicole 3 of 4 Drop-in Beg. L/O Shag with Nicole 3 of 4	22 Drop-in West Coast Variations with David 4 of 3 Drop-in Latin to Waltz with Eleanor 4 of 3 Drop-in - no drop-in Dance Party!	23	24 Drop-in - no drop-in Saturday Night Dance Party WINTER BALL!!
26 Drop-in Inter/Advanced Cha Cha with Eleanor 1 of 3	27 Drop-in Open Dance Floor Drop-in - no drop-in Lead/Follow Workshop with Eleanor and David	28 Drop-in Beg. L/O Viennese Waltz with Nicole 4 of 4 Drop-in Beg. L/O Shag with Nicole 4 of 4	29 Drop-in West Coast Variations with David 5 of 3 Drop-in Latin to Waltz with Eleanor 5 of 3 Drop-in - no drop-in Dance Party!	30	31

Enjoy all the lessons and parties on this calendar for only **\$29 a month!!!!**
(excludes special events in green)

**Then there were our Holiday Dances....
and Mike & Rose Ann Lynch**



