## February 2014 Line of Dance vol 29 Issue 2

News from the Richmond and Tri-Cities Chapters of USA Dance, Inc.

#### Richmond and Tri-Cities USA Dance Chapter Dances

Saturday Richmond Chapter First Saturday Dance - Brookland Middle School, 9200 Lydell Drive. 7:30-10:30. WCS lesson

Feb 1 by Kristin Wenger. Music by Mike Recant. intermediate WCS Workshop 6:15-7:15; see flyer inside.

**Saturday** Tri-Cities Chapter Dance. Wesley United Methodist Church Fellowship Hall, 3701 Conduit Rd Colonial Heights. 7:30-10:30pm. Viennese Waltz lesson with Phyllis Harris.Music by Doug McRae.

Saturday Richmond Chapter Third Saturday Dance, Deep Run Recreation Center, 9910 Ridgefield Parkway. 7:30-10:30pm.

Feb 15 No lesson. Music by Bill Irwin. Let's see how many red dresses we see floating around the dance floor!

The Richmond Chapter of USA Dance, Inc. holds dances on the first Saturday of each month at Brookland Middle School and the third Saturday at Deep Run Recreation Center. Richmond Chapter only:Member admission: Adults \$5, Students w/ID & Social Youth-free. Nonmember admission: Adults \$8, Student (with valid ID) & Youth \$3; No children under 8 years admitted to any Richmond Chapter dance.

The Tri-Cities Chapter holds a dance on the Second Saturday - future dance venues to be announced

Tri-Cities admissions - members \$6; nonmembers \$10

FOR DIRECTIONS TO CHAPTER DANCES OR OTHER INFORMATION, CONTACT:

RICHMOND USA DANCE
Tri-Citites USA Dance
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Web: USADANCETRICITIESVA.ORG

#### President's Corner

Cold enough for you now?? Wow – what a difference a month makes! Guess we are getting the winter we missed LAST year plus another added on just for fun. Don't you miss the days when we were kids in school and got days off for snow? I don't recall getting four days off just for icy roads in scattered neighborhoods, but maybe we did. I do remember there had to be enough snow to require shoveling driveways and scraping roads before they would cancel school. Then we spent our time outside building forts and snowmen and having snowball fights with the other kids – and sweeping the salt off the street after the trucks dumped it so we could keep riding our sleds down the best hills. Ahh – those were the days! Now they close schools on just the threat of snow or cold weather and keep them closed until every road is clear. Sounds like progress to me.

Speaking of progress, they seem to be getting there with the floor at Deep Run. The floor was much better for our 3<sup>rd</sup> Saturday dance in January. The staff did a great job of getting the surface right for dancing and we heard positive comments about the conditions. We will continue to press them to keep the floor smooth and not tacky for our dances. Bill Irwin did a great job with the music, as usual, and we had a large number of new people come check us out. I hope you will help us continue to grow our attendance by inviting your friends and fellow dance students at local studios to come to our dances at Brookland and Deep Run. These are great places to practice those skills they are learning and great venues to dance with new/different partners. As we are not a studio, we do not compete with local studios in any way as we only offer one beginner-level class a month to expose our dancers to a variety of dances and instructors. Ballroom dancing is a wonderful form of exercise and a nice way to meet new people with similar interests. We have to find ways to recruit new dancers

and new members if we want to continue to see our sport thrive as interest in dance shows like "Dancing with the Stars" wanes. If you need a free pass for a first-timer, you can pick up one at a dance or just introduce them as such at admissions. We still get 65-80 people at most of our dances. This is a great number, but it's a far cry from the days when we turned people away at almost every dance when we reached the fire code limit of 120 at Deep Run. We need YOU to support us by attending as often as you can and by letting us know what we can do to improve the experience for you and others. The 3<sup>rd</sup> Sat dance at DR on 2/15 will be our Valentine Dance so plan to attend and wear something with red.

This month we are trying something new at Brookland on February 1. The West Coast Swing has grown into one of our most popular dances over the past three years. When we first surveyed interest, it was near the bottom as so few of you had taken lessons. Now it is the first dance that we are going to offer as a separate workshop. Kristin Wenger, one of the most popular WCS instructors in the state, is coming from Charlottesville to teach our regular lesson at the 1<sup>st</sup> Sat dance at 7:30. Before the regular dance begins, we will host an intermediate-level West Coast workshop with her from 6:15-7:15 PM at the school. The workshop fee is \$10. Our regular fees and admission policies will apply for the dance that follows from 7:30-10:30 PM. Mike Recant will be the DJ for both the lesson and workshop. Kristen will return for a second WCS workshop and lesson in April. Remember - this month the first Saturday IS the 1st of the month so mark your calendars to come join us for a fun evening and come early for the workshop.

See you on the dance floor! - Phil

#### WEST COAST SWING WORKSHOP

"WHIP IT GOOD!"

KRISTIN WENGER, from Charlottesville





Saturday, February 1, 6:15 -7:15

at our regular 1st Saturday dance, Brookland MS

The basic 8 count whip is an essential, common move in WCS. But do you get bored with it? Do you have trouble "feeling" the lead or communicating the whip to your followers? First, we'll tighten our technique to make sure our basic whip is as gorgeous as can be. Then we'll learn a few flashy ways to dress it up! All new versions are 100% leadable/followable. Students should be familiar with basic WCS; complete beginners may find this course frustrating.

\$10 per person for this one hour workshop

So if you are a beginner and want to learn the join us at the 7:30-8:30 lesson before our dance, which is included in your admission (\$5 members,\$8 nonmembers) No experience necessary

NOTE: Kristin has a couple of spots for private lessons open in the late afternoon on the same day. Please email her to book; first come, first served!

KLW2S@Virginia.edu

#### **Richmond Board Members**

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RICHMOND WEBSITE www.usadancerichmond.org

NATIONAL WEBSITE www.usadance.org

#### New Members

Richmond
Chan Rong Spencer
Robert Spencer



Current Richmond policy gives "first timers" at our dances free admission. So bring a friend or 2 and let them be our guests.

#### Membership Renewals

#### **Richmond Chapter**

Lesly Duff Becky Jackson Eden Jackson Bill Nelms Cal Sawyer Debbie Schroff Lynn Wagner Ralph Walters

#### **Tri-Cities**

Emma Humrickhouse Edith Lanning Renee Stephan Leonisa Stiles Melody Stone

#### Birthdays

#### **Richmond Chapter**

2/1 Ellen Hollands 2/6 Bill Gaidos 2/7 Teresa Villazon 2/8 Richard Hollands 2/10 Diane Wilson 2/111 Pete Shacreaw 2/12 Fanya Vilenskaya 2/12 Lindy Ward 2/15 Carol Antonius 2/15 Maria Robustelli 2/20 Patricia Smith 2/23 Linda Dai 2/23 Rod Meade 2/23 Randall Morrison 2/24 Kevin Koch 2/24 Mary Ellen Olbrisch 2/25 Dan McDanial

#### Tri Cities Chapter

2/4 Michael Mayes 2/8 Poppy Nio 2/9 Ray Meade 2/17 Jerry Hargrove 2/21 Ginny Montano 2/21 Sallie Vick



Damian Pataluna & Irina Morozova, the pros at Tidewater New Year's Eve Gala

REMEMBER - Richmond members get into <u>1 free</u> <u>dance</u> on their birthday month!

Richmond has a youth scholarship program. Check out our website and click on the Scholarship link

#### **Tri-Cities Board Members**

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#### **Tri-Cities News**

#### by John Brooks

It's Cupid time, and I don't mean the Cupid Shuffle, February is the month we recognize our sweethearts. So to show her how much fun it is to be with her, bring her out to our February 8th dance and show her how much of a sweetheart she is!!!



Our January dance at Wesley United Methodist Church Fellowship Hall was very nice and Phyllis Harris did a wonderful job of teaching the Viennese Waltz. She taught the basic steps, the left cross-body turn, the sway, the underarm turn and into the Butterfly. Phyllis has lots of patience with those of us who might be afraid to attempt the footwork in this beautiful dance. She offered some slower Viennese Waltz music that we practiced to, and that helped a lot. We would like to thank Randy Goodfellow for

playing some great music for

us to dance to.

Come have some fun on February 8<sup>th</sup> as Phyllis Harris returns for her second lesson in Viennese Waltz. We will be at the Wesley United Methodist Fellowship Hall, 3701 Conduit Road, Colonial Heights, VA, 23834. Directions are: From I-95, take Exit 54, (Temple Ave Exit),

keep right, turn onto Temple Ave, turn left at the first traffic light which is Conduit Road. Stay on Conduit, cross Ellerslie Ave, Church is on the Right, turn into parking lot, and drive around to back of church to far side; enter the church through side door.





"Puttin' on the Glitz", is the theme for our ninth annual gala dance at The Lee Club, Ft Lee, VA, on March 8<sup>th</sup>, 2014. Directions and entrance requirements for Fort Lee are on the Reservation form. Another good way to give your sweetheart a wonderful gift for Valentine's is to make reservations for our "Puttin' on the Glitz", dance. I bet you will make a lot of points with her for doing this, so pull out the reservation form in this issue, fill it out without her knowing it, and send it in. Upcoming dance lessons and DJs:

February 8, Saturday – Viennese Waltz - Phyllis Harris. DJ Doug McRae March 8, Saturday – <u>Reservation- Only Dance</u> - Lee Club. DJ Ed Pabalate April 12 - Saturday – West Coast Swing - Veronica Braun, DJ Randy Goodfellow May 10 – Saturday – West Coast Swing - Veronica Braun, DJ Edith Lanning June 14 – Saturday – Merengue - Sandy Yeon, DJ Doug McRae July 12 – Saturday – Merengue - Sandy Yeon, DJ Randy Goodfellow

#### Ruth and Phil

August 9 – Saturday – Foxtrot - Gwendolyn Glenn, DJ Edith Lanning September 13 – Saturday – Foxtrot - Gwendolyn Glenn, DJ Randy Goodfellow October 11 – Saturday – Salsa – Steve Kirvan, DJ Doug McRae November 8 – Saturday – Salsa – Steve Kirvan, DJ Edith Lanning December 13 – Saturday – Holiday Dance. No Lesson. DJ Doug McRae Other Opportunities to Dance:

#### Lou and Harry →

Saturday, **February 22<sup>nd</sup>**, 7:30 – 10:00 pm \$10. Prince George County Parks & Recreation Center is sponsoring a Country-Western Theme Dance to benefit the American Heart Association. Casual dress, jeans, boots, hats. Look for the flyer in this issue. Location: Prince George Community Center , 11100 Old Stage Road, Prince George, VA 23875. Saturday, April 5<sup>th</sup> – 7:30-11:30pm - \$25 – James River Junior Woman's Club dance to Benefit the Tri-Cities Habitat for Humanity. Location: Hopewell Moose Lodge, 4701 Western Street, Hopewell, VA 23860. See flyer in this issue for details.





#### Keep on Dancing......Dancing Feet are Happy Feet!



← Matthew and Sharon

Sharon and Phil ->





#### American Dancer Magazine

By now you should have received your January-February 2014 copy of American Dancer. Did you notice how much it has changed? It is the debut of a brand new look, format and editorial direction. The new design is exciting! The new "lifestyle" magazine format -- larger pages, brighter white paper -- will allow for more coverage of national and chapter-sponsored activities and achievements for both social dancer and dancesport competitors.

All of these improvements are due to our new publisher/editor in chief, Angela Prince. Since 2007, Angela has served as USA Dance's National Public Relations Director, a responsibility she continues to volunteer for. Her involvement with USA Dance in all areas of our activities at the national and chapter grassroots level is invaluable to the magazine achieving its purpose and succeeding.

(Editor's Note - I couldn't put it down it was so exciting!)



#### Richmond Chapter 2014 Lesson Schedule

Feb. 1	Kristin Wenger	West Coast Swing	Mike Recant
Mar. 1	Phyllis Harris	Rumba/Bolero	Ed Pabalate
Apr.5	Kristin Wenger	West Coast Swing	Mike Recant
May 3	Phyllis Harris	Rumba/Bolero	Ed Pabalate
June 7	David Headly	Night Club 2-Step	Doug McRae
July 5	Veronica Braun	Samba	Lee Nugent
Aug 2	Veronica Braun	Samba	Lee Nugent
Sept 6	Pete Godfrey	Foxtrot	Doug McRae
Oct. 4	Alan Hedgpeth	Waltz	Alan & Mary
Nov. 1	Alan Hedgpeth	Waltz	Alan & Mary





## February 2014

#### www.TheDanceSpace.com

(804) 673-3326

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Be sure t	o join us for out	· Valentír	nes Dance on	Friday, Febru	ary 14 <sup>th</sup> !	1 9a Zumba with Jenika! 7:30p Swing Dance USA Dance at <i>Brookland MS</i> 7:30
2	3	4	5	6	7	8
Stride Workshop 2:30-4p  – J Gershman  Sun Evening Dance 7-9p (Ballroom Mix)	7p Beg Salsa Series (1 of 4) - Clara & Gio 8p Adv Beg/Int Salsa - Clara & Gio  Pre-Register On-Line!	5 – 8:30p Private Lessons	Michael's Wed Lineup: Beg 1 Swing 7p Beg 2 Swing 7:45p Adv Tango 8:30p	7-8P Lindy Hop Level 2 (1 of 4) - John & Ruth 8-9P Beginner Swing (1 of 4) - Erica & Ryan 9-10P Bal-Swing Level 1 (1 of 4) - John & Ruth	8:00p Beg Waltz - Katia 8:30p Dance Party	9a Zumba with Jenika! 7:30pm Swing Dance USA Dance Tri-Cities
9  Vuelte Workshop 2:30-4p  – J Gershman  WCS! Fun & Easy Variations 5:30  - Phyllis & David  Sun Evening Dance 7-9p (California Mix)	10 7p Beg Salsa Series (2 of 4) - Clara & Gio 8p Adv Beg/Int Salsa - Clara & Gio  Pre-Register On-Line!	11 5 – 8:30p Private Lessons	Michael's Wed Lineup: Beg 1 Foxtrot 7p Beg 2 Foxtrot 7:45p Adv Tango 8:30p	7-8P Lindy Hop Level 2 (2 of 4) - John & Ruth 8-9P Beginner Swing (2 of 4) - Erica & Ryan 9-10P Bal-Swing Level 1 (2 of 4) - John & Ruth	Valentines Dance 8:00p Beg Rumba - Phyllis 8:30p Dance Party	9a Zumba with Jenika! 7:30pm Swing Dance USA Dance at <i>Deep Run</i> – 7:30
16 Cross-Step Workshop 2:30-4p – J Gershman Arg Tango: Creative Extras! 5:30 - Phyllis & David Sun Evening Dance 7-9p (Ballroom Mix)	17 7p Beg Salsa Series (3 of 4) - Clara & Gio 8p Adv Beg/Int Salsa - Clara & Gio Pre-Register On-Line!	18 5 – 8:30p Private Lessons	Michael's Wed Lineup: Beg 1 Tango 7p Beg 2 Tango 7:45p Adv Tango 8:30p	7-8P Lindy Hop Level 2 (3 of 4) - John & Ruth 8-9P Beginner Swing (3 of 4) - Erica & Ryan 9-10P Bal-Swing Level 1 (3 of 4) - John & Ruth	8:00p Beg Cha Cha - Mike 8:30p Dance Party	9a <b>Zumba</b> with Jenika! 7:30pm <b>Social Dance</b> Hosted by J Gershman
23  Polka Workshop 2:30-4p  – J Gershman  WCS! Fun & Easy Variations 5:30  - Phyllis & David  Sun Evening Dance 7-9p (Country & Ballroom Mix)	7p Beg Salsa Series (4 of 4) - Clara & Gio 8p Adv Beg/Int Salsa - Clara & Gio Pre-Register On-Line!	25 5 – 8:30p Private Lessons	Michael's Wed Lineup: Beg 1 Waltz 7p Beg 2 Waltz 7:45p Adv Tango 8:30p	7-8P Lindy Hop Level 2 (4 of 4) - John & Ruth 8-9P Beginner Swing (4 of 4) - Erica & Ryan 9-10P Bal-Swing Level 1 (4 of 4) - John & Ruth	8:00p Beg Samba - Maria 8:30p Dance Party	



## PUTTIN" ON THE

GLITZ

At



The Lee Club Fort Lee, Virginia

Saturday, March 8, 2014

7:30pm - 10:30pm (doors open 7:00pm) \$38.00 per person

Music by Ed Pabalate Heavy Hors D`oeuvres, Cash Bar

Men: Tux or Business Suit; Ladies: Glitz & Glam

Reservations must be received by: Friday, February 28, 2014

NO REFUNDS – No tickets will be issued. Names will be put on a reservation list and you will check in when you enter The Lee Club. You will receive telephone confirmation that your reservation has been received.

For information call: 804-452-1452

Fort Lee Entry Requirements:

Disputanta, VA 23842

Photo ID for driver and all passengers; Registration of Vehicle, proof of insurance for vehicle being driven

Directions: From I-95, take Exit 54 (Temple Ave.), keep to the right and turn right onto Temple Ave. Stay on Temple, bear off to the right, (follow Ft Lee signage). Turn Left at light, stay in right lane, Turn Right at Sisisky Boulevard Gate, turn Right on C Avenue, turn Left on Lee Avenue, The Lee Club is straight ahead.

From I-295 take Exit 9B (Fort Lee) you will be on Oaklawn Blvd (Rt. 36). Stay in left lane, turn left at Sisisky Boulevard Gate, turn Right on C Avenue, turn Left on Lee Avenue. The Lee Club is straight ahead.

Cut here→*	******	******	******	************
Detach here a	ınd return with youı	r check, ma	de payable to: USA	A Dance Tri-Cities Chapter 6060
Number of Reser	rvations	x <b>\$</b> 38	per person =	Total Amount Enclosed
Contact Phone N	0		E-Mail Address	
Please print nam	es of all attendees as on p	ohoto ID for F	ort Lee entry checklist.	
Mail To:	Ruth Wilbour			

### Member of the Month by Everette Worthington



Shirlene Howard

LOD: Shirlene, I have to ask. Is there something that most people don't know about you that would surprise and interest them?

**Shirlene:** Oh, heck no. Whatever I am it's out there for everyone to see.

LOD: Tell us about yourself, Shirlene. What do you do for a career?

**Shirlene:** Have fun. I am lucky enough to be retired and spend every day having a good time. I was vice-president of a bank when I left the job force, and really liked my job a lot, but let's face it. It ain't dancing!

LOD: What about community service? Have you gotten involved in any particular kind of community service?

**Shirlene:** Phyllis Harris entertains at several adult care facilities, and I get so much joy from dancing there. I get more out of the experience than the people attending. I had two aunts in nursing homes, and I know what it means to have someone touch you and allow you to speak of your bygone days. To be able to give a little happiness to someone pays back more than you give.

LOD: Let's talk a bit about *your* dancing. How long do you think you've been dancing?

**Shirlene:** Probably since I came out of the womb. My mother was reared on a tobacco farm, and she and her brother would sneak out at night to ride bareback on Granddaddy's mule to a neighbor's house for country dancing, working in tobacco the next day with little sleep. Granddaddy never could figure out why his mule was so tired. At any rate, dancing is in my DNA. When I

was 5 years old, my uncle owned a café with a juke box. His patrons soon learned the skinny, scruffy child would dance her heart out for the price of a carton of chocolate milk. I still will!

#### LOD: What got you started?

**Shirlene:** Nothing was more exciting than the big musical productions starring Ginger Rogers, Cyd Charisse, Ann Miller et al. After a movie I would dance all the way home, imitating what I had seen on the screen. My family was poor and could not afford dance lessons, but I taught myself how to stand on my bare toes to make believe I was a ballet dancer.

LOD: Do you take private lessons, mostly group lessons, or what mix? Where do you dance mostly? What dances are you working on the most these days?

**Shirlene:** Private lessons allowed me to perform in two showcase dances. I was a new ballroom dancer at the time, and my goal was to appear to be a good enough dancer to be asked at the parties. It worked, and I've had many glorious evenings dancing with some of the men whose dance skills I could only admire from a seat on the sidelines.

To better perform a wide variety of dances, I prefer group lessons. Sometimes the lessons are beginner level, sometimes intermediate/advanced, and I learn something from them all. Group lessons are a great way of getting comfortable with the different leads one experiences when dancing with a diverse group of men, and it's also a wonderful way to meet new people.

Presently my two favorite dances are West Coast Swing and Country Two-Step. I love the fast position changes and multiple arm positions. And, by golly, I'll admit it. I love to hijack in WCS and feel free to allow my body to express what the music is saying to me.

LOD: If you could point to one thing, what has helped you improve your dancing the most?

**Shirlene:** Having a great dance partner with whom to practice after a lesson.

LOD: What is the best dance experience that you have ever had?

Shirlene: There have been two "bests," both happening the same night. On vacation in Stockholm, a lady friend and I decided to visit the hotel lounge where we heard music. Upon entering, we were shocked to find a very dull crowd with no one dancing. I suggested to my friend that we get the party started, so we got up and danced and soon some other women joined us, but no men. I then started a Conga line, and we wound between tables, motioning for others to join us. Soon we had men and couples on the floor. At break time, the entire band came to our table and thanked us for getting the crowd going.

Later the band played a waltz. I noticed an old woman with her eyes closed, waving her arms in time to the music. I asked her to dance with me, and we held forearms and swayed in time to the music. At the end of the dance, I realized there were tears on her cheeks. In broken English, she explained that she and her deceased husband loved to waltz to that song and that it was the first time she had danced since he died. She thanked me for giving her the opportunity to once again experience something she loved to do.

#### LOD: Awwhhh. What a nice story. Do you have a favorite dance movie?

Shirlene: Not really, but I do love the TV show, "So You Think You Can Dance." I love seeing the different genres, especially the street dancing, which requires extreme flexibility, uniqueness and determination to perform. (LOD: Okay, here is a nice short Detroit Jit: <a href="http://www.youtube.com/watch?v=EGWfVLd508s">http://www.youtube.com/watch?v=EGWfVLd508s</a>, and if you are really up for some extreme contortionist dancing, watch this: <a href="http://www.youtube.com/watch?v=QNxei\_GDerY">http://www.youtube.com/watch?v=QNxei\_GDerY</a>)

#### LOD: What are your dance ambitions?

**Shirlene:** To keep dancing forever, and to keep improving.

LOD: So, to keep improving, if you could dance with somebody famous that you have never danced with, who would that be and what dance?

**Shirlene:** Moses, maybe. I figure I could keep up with him.

#### LOD: And what dance?

**Shirlene:** Probably the waltz. The patterns are relatively simple and repetitive, but making them look good is the challenge. I probably couldn't learn a new pattern in one lesson, but I might better my styling.

LOD: After seeing the "Detroit Jit" link, I kinda expected.... Well, what is the most exotic or interesting place you have ever danced?

**Shirlene:** On stage at the Folies Bergere. Just kidding, that's only in my dreams. (**LOD: Okay, you had me going there.**) But I have been there. Picture this, 30 or so stark naked women on the stage, all with the same hair, all the same height, the exact same body frames. BORING. If I'd spotted one with a wart on her butt, I'd have stood up and shouted "Bravo."

LOD: So if you could formulate some "laws of social dance"—or maybe like in Pirates of the Carribean, "Actually, they be more like guidelines"—what would some of them be?

**Shirlene:** Well, there are probably a few that come to mind. First, One thing I've learned about being a good dance partner is this: Don't step on his toes. Second, on the other hand (or maybe it's on the other foot), one thing I've learned about being a good leader is, well, NOTHING. My hat is off to every man who steps on a dance floor and attempts to learn how to lead. I believe it to be so much harder than being the follower, and I appreciate the effort from every man I dance with. Third,

I'd also like to add, that no matter how new a man is to dancing, most women will appreciate being asked. It is better to be on a dance floor performing a basic dance step than sitting in a chair watching. Fourth, I was thinking of the widow in Sweden that was so grateful for having the opportunity to be on a dance floor again. Sometimes we hold back, afraid to hold out a hand for fear of being misunderstood. Sometimes it means we miss a chance to make a difference in someone else's life. I say, take a chance. Sometimes you will fail, but those times will be miniscule compared to the times you bring a new experience, a new friend, a new talent into your own life and that of others. And fifth, I'd say, keep a good sense of humor. There was the time I walked out into a room of dancers with my skirt tucked in to my undergarments. At those times, it sure helps to be able to laugh at yourself.

## LOD: Shirlene, you indeed have a great sense of humor. You bring happiness wherever you go. What is happiness to you?

Shirlene: For me, happiness is the relationship I have with my two daughters, two grandsons, two sons-in-law and my dance and romance partner. We are all best friends and have many activities together, especially theater, music and dance. One of my daughters sings and performs in plays, and the other is a member of a tap dancing group. One son-in-law cooks Mother's Day dinner for me, and the other sends me flowers with a card saying, "I love you." Both grandsons are family oriented, kind, bright, successful human beings. Doesn't get better than that.

#### LOD: Thanks for sharing your life with the folks at the Richmond chapter of USA Dance.

**Shirlene:** It was my pleasure. Thanks for giving me the opportunity.

To all my dancing friends,
I would like to thank you for your
prayers, your get well cards, your
visits and thinking about me
during my stay in the hospital. I
am daily getting better and
hopefully down the line will be
able to dance with all of you again;
at least I hope so.
Much love,
Edith Lanning"



5470 West Broad Street Richmond, VA 23230 804-864-2300 RigbysJig.com

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 1st Satrday Salsa with Boris Baramon 7:00pm Intermediate Cha Cha 8:00pm Beginner Salsa 8:30pmSalsa Dance Party!
3 7:00pm Inter/Advanced Cha Cha with Eleanor 2 of 3	4 1:00pm Open Dance Floor 7:00pm Beginner I Waltz with Marvin 1 of 3 8:00pm Beginner II Rhumba with Nicole 1 of 3	5 7:00pm Beginner General Social Swing: Single Time & 4 Count with Nicole 1 of 4  8:00pm Beginner II Samba with Nicole 1 of 4	6 7:00pm Romantic Foxy & Bolero with David 1 of 4 8:00pm Intro to Nightclub Two Step with Eleanor 1 of 4 8:30pm -10:30pm Dance Party! Men's NIght! Men get in FREE!	7 7:30pm Reginner II/Int West Coast Swing with Ashley  8:30pm-10:30pm First Friday JIG JAM!!!	8 8:00pm-10:00pm Valentine's Ball Dress to Impress Bring a Sweetie or Meet on on the Dance Floor!
10 7:00pm Inter/Advanced Cha Cha with Eleanor 3 of 3	11 1:00pm Open Dance Floor 7:00pm Beginner I Waltz with Marvin 2 of 3 8:00pm Beginner II Rhumba with Nicole 2 of 3	7:00pm Beginner General Social Swing: Single Time & 4 Count with Nicole 2 of 4  8:00pm Beginner II Samba with Nicole 2 of 4	13 7:00pm Romantic Foxy & Bolero with David 2 of 4  8:00pm Intro to Nightclub Two Step with Eleanor 2 of 4  8:30pm -10:30pm Dance Party!	14	15 8:00pm-10:00pm MEMBERS ONLY "DATE NIGHT DUETS" Party Hosted by Jesse & Rosemary Wilkinson
17 7:00pm Quick and Dirty Latin Technique workshop with Eleanor	18 1:00pm Open Dance Floor 7:00pm Beginner I Waltz with Marvin 3 of 3 8:00pm Beginner II Rhumba with Nicole 3 of 3	7:00pm Beginner General Social Swing: Single Time & 4 Count with Nicole 3 of 4  8:00pm Beginner II Samba with Nicole 3 of 4	20 7:00pm Romantic Foxy & Bolero with David 3 of 4  8:00pm Intro to Nightclub Two Step with Eleanor 3 of 4  8:30pm -10:30pm Dance Party! Ladies' Night! Ladies get in FREE!!!	21	8:00pm-10:00pm 4th Saturday Night Dance Party!!!
24 7:00pm Quick and Dirty Hustle & WCS Technique workshop with Eleanor	25 1:00pm Open Dance Floor 7:00pm Smooth Technique with David 8:00pm Smooth & Rhythm Styling workshop with Eleanor	26 7:00pm Beginner General Social Swing: Single Time & 4 Count with Nicole 4 of 4  8:00pm Beginner II Samba with Nicole 4 of 4	7:00pm Romantic Foxy & Bolero with David 4 of 4  8:00pm Intro to Nightclub Two Step with Eleanor 4 of 4  8:30pm -10:30pm Dance Party	28	

#### PRINCE GEORGE PARKS & RECREATION

presents

## Dance for the Heart

Saturday, February 22, 2014

7:30-10:00pm

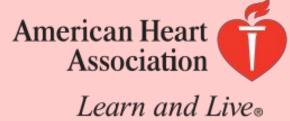
at the Prince George Community Center 11100 OLD STAGE ROAD PRINCE GEORGE, VA 23875

\$10.00 per person – pay at the door Proceeds will go to the American Heart Association.

> Country western theme Casual dress: jeans, boots, hats

Join us for a fun evening dancing, socializing, and just having a great time!





For more information call: 804-458-6164

#### Simply Ballroom Dance Studio - February 2014

3549 Courthouse Rd., Richmond, VA 23236 (804) 276-3343 www.simplyballroomva.com

Sunday	Monday	Tuesday	Wedn	esday	Thursday	Friday	Saturday
<b>Class</b> \$12.00/pers	Pricing lasses: \$8.00/pers s Card: \$70.00 Fr son (\$10/students), marked ** pre-enrollme Gift Certificates A	ion (\$6/students) iday class/party: Sunday Social: ont only. Call for deta	10- : \$8.00	party to benefit Proceeds go to veterans and th red, white, pink	rate Valentine's Da the Purple Heart S this wonderful orga eir families!! Get ii or purple!! Singles erson (free for mo	ervice Foundation. anization serving n the spirit and wear	1 12:30pm** Swing Technique & Styling 3:30-4:30pm Beginner Tango & Waltz 4:30pm Intermediate Cha Cha 2 of 2
2	7:30pm Beginner Foxtrot & Swing	4 6-7pm** Country 2-Step 4 of 4	6:30pm Line Da 7:30pm Hustle	ance	7:30pm Advanced Foxtrot 2 of 3	7 7:15pm Salsa 8:00pm Party - Includes Cha Cha Lesson	8 12:30pm** Swing Technique & Styling 3:30-4:30pm Beginner Foxtrot & Swing 4:30pm Intermediate Swing 1 of 2
9 3-5pm Sunday Social	10 7:30pm Beginner Cha Cha & Rumba	11 6-7pm** Bolero 1 of 3	12 11am Parkinson's Dance 6:30pm Line Dance 7:30pm Variety Class Hustle 2 of 4 8:15pm Intermediate Tango 2 of 2		7:30pm Advanced Foxtrot 3 of 3	14 7:15pm Salsa 8:00pm Purple Heart Ball Party - Includes Tango Lesson	15 12:30pm** Swing Technique & Styling 3:30-4:30pm Beginner Cha Cha & Rumba 4:30pm Intermediate Swing 2 of 2
16 4-6pm WC Swing Intensive with Cliff Knitel	17 7:30pm Beginner Tango & Waltz	18 6-7pm** Bolero 2 of 3	19 11am Parkinson's Dance 6:30pm Line Dance 7:30pm Variety Class Hustle 3 of 4 8:15pm Intermediate Rumba 1 of 2		7:30pm Advanced Waltz 1 of 3	21 7:15pm Salsa 8:00pm Party - Includes Rumba Lesson	22 12:30pm** Swing Technique & Styling 3:30-4:30pm Beginner Tango & Waltz 4:30pm Intermediate Tango 1 of 2
<b>23</b> <b>3-5pm</b> Sunday Social	<b>7:30pm</b> Beginner Tango & Waltz	25 6-7pm** Bolero 3 of 3	6:30pn Line D 7:30pn Hustle	ance n Variety Class 4 of 4 n Intermediate	7:30pm Advanced Waltz 2 of 3	28 7:15pm Salsa 8:00pm Party - Includes Foxtrot Lesson	

#### **February Special Events**

**Bolero Series:** Tuesdays in February 6-7pm (one hour class). Learn the basics and build your skills in a series of 3 classes. \$26/person for the series or \$10/class drop in. (\$15/series for monthly members or \$8/drop in).

**Viennese Waltz Series:** Wednesdays in February 7:30-8:15pm (40 min. class). Learn basics and build your skills in a series of 4 classes. \$8/person per class drop in. Class cards accepted.

**West Coast Swing Intensive:** Feb. 16th from 4-6pm. Intermediate/advanced level patterns with Cliff Knittel. Practice time and refreshments included, \$10/person (\$8/monthly members).

**Other Weekly Classes:** Ballroom Boogie - Tues. 4pm, Thurs. & Sat. 9am. Free for C-Fit members, \$8/ non-members **Yoga** - Tuesdays & Thursdays 10am. Free for C-fit members, \$10/non-members. **Adult Beginner Ballet:** Sat. 11am, \$10/person

# Register Now For Ballroom Teacher Training

The Nation's Premier Vocational Ballroom Teacher Training Program

#### **Learn To Dance And Teach 17 Dances**

Smooth Quarter: Foxtrot, Waltz, Tango, Viennese Waltz Rhythm I Quarter: Cha Cha, Rumba, East Coast Swing, Bolero Rhythm II Quarter: Mambo, Merengue, Samba, West Coast

Swing

Nightclub Quarter: Salsa, Arg. Tango, Nightclub 2-Step, Hustle,

Lindy Hop

Smooth Quarter Begins March 2014 - Call for info!!

Now accepting GI Bill for eligible veterans!!



#### It's Never Too Late To Have a Career You Love!

- \*\* Teaching ballroom dance can be a lucrative full or part time career.
- \*\* Bureau of Labor Statistics predicts increased demand for arts, entertainment, and recreation services due to rising incomes, aging population with more leisure time, and public awareness of the health benefits of dance and physical fitness.
- \*\* All ages from high school graduates to retirees have successfully completed this course.
- \*\* Previous dance background is helpful, but **NO PRIOR DANCE EXPERIENCE IS NECESSARY!!**
- \*\* Now is the time to take advantage of great income potential in this expanding career field!!

#### Reasons to choose our teacher training program

- **1. National Standard of Excellence** DVIDA teacher training is a nationally recognized program, in use in hundreds of schools in the U.S., Canada, India, and the Caribbean.
- **2. State Certified** We are the first and only vocational ballroom teacher training program to be certified by the State Council of Higher Education for Virginia (SCHEV).
- 3. Small Class Size Limited enrollment to ensure individualized attention.
- **4. Professional Certification** This course prepares candidates for national certification exams through Dance Vision International Dancers Association (DVIDA).
- 5. Structured Curriculum Structured lesson plans, progress checks, dance and theory exams ensure a top quality education.
- **6. Nationally Certified Instructors -** Course instructors are nationally certified through DVIDA.
- 7. University of Richmond Credit Continuing Education Credits available through University of Richmond School of Continuing Studies.
- **8. Tuition Financing Available** We offer a variety of options to help you finance your education.



Call us today and let us show you how to make your dreams of teaching dance a reality! Enrolling every four months. Accepting GI Bill Benefits for eligible veterans.

Simply Ballroom Dance Teachers Academy
3549 Courthouse Rd. Richmond, VA 23236 804-276-3343 www.teachballroomva.com

#### New Years Eve in Portsmouth





The Pro's: Damian Pataluna & Irina Morozova



#### Just a few of the many great demos we enjoyed



















# River City

# Ballroom Dance Competition

Ballroom Dance Competition PLUS Dinner, Dancing, and Professional Show by Rising Star Latin Champions

#### Sheena Daminar & Jungie Zamora

Visit us online: www.rivercityballroomcomp.com



Professional Show Featuring: Sheena Daminar & Jungie Zamora Rising Star Latin Finalists Professional Open Cabaret Champions

Fun and Affordable One-Day Competition Conveniently Located in Richmond, VA!

Top Teacher and Studio Awards, Commemorative Awards for all Competitors, American and

International Style Competition and Showcase Divisions for all levels.

Save the Date! Saturday, March 29, 2014

Beautiful NEW Venue!
Double Tree by Hilton
Hotel & Convention Center
Richmond, VA

Competitor Packages, Spectator Tickets & Other Info Contact:

Veronica Braun and Lee Nugent, Organizers (804) 276-3343
dance@simplyballroomva.com
www.rivercityballroomcomp.com

#### 3<sup>rd</sup> Annual Gala

#### To Benefit

# Tri-Cities Habitat for Humanity®

The Charities of the James River Junior Woman's Club



April 5, 2014

7:30 pm -11:30 pm

\$25.00 per Ticket

Hopewell Moose Lodge 4701 Western Street Hopewell, VA 23860

Join Us for a Night of Dancing

Music provided by DJ Tony Wesson

Heavy Hors d'oeuvres, Silent Auction & Reverse Raffle

Casino Gaming

(Black Jack, Texas Hold'em, & more)

Dress to Impress in Blue, Black or Silver

For More Information:

Advanced Ticket Purchases Can be Mailed or Will Hold at Door

www.facebook.com/events/265258790296215/?source=1

Or www.jamesriverjuniors.org/home

Or Cindy Ross @ 458-9949; cr8nmemories@aol.com

#### And some of the Richmond/Tri-Cities attendees...























#### Just can't get enough of the pros....





#### February 2014 DANCE CALENDAR

Date	Organization/Event/Time	Location	Contact	Admission/Band/Notes
2/1	Richmond Chapter First Sat. Dance. 7:30-8:30 WCS less. w/Kristin Wenger. Dancing 8:30- 10:30	Brookland Middle School 9200 Lydell Drive	Phil Sisk plsisk@aol.com	Music by Mike Recant  → Intermed. WCS  Workshop 6:15-7:15-see flyer this issue
2/1	Williamsburg USA Dance. 7:30- 8:30 Bolero less. w/Steve Kirvan. dancing til10:30	Quarterpath Rec. Center 202 Quarterpath Rd Williamsburg, VA	www.williamsburgusadance.	\$10/12/5 Music by Bill Irwin
2/2& 16	Sunday Evening Dance, Ballroom Mix Dance, 7-9pm	The Dance Space 6004 West Broad St	804-673-3326 bill.irwin2@gmail.com	\$7 pp
2/4	Ballroom Classes every Tuesday, 8-9pm @ Spotlight Studio	6828 Woodlake Commons Loop, Midlothian, VA	804-639-1186	A SOUTHSIDE STUDIO
2/7	Rigby's First Friday Jig Jam, 8:30- 10:30pm.7:30 WCS less. /Ashley	Rigby's Jig 5470 West Broad St.	(804)864-2300 or www. RigbysJig.com	Free for Rigby's members
2/8	Tri-Cities Chapter Dance, 7:30- Viennese Waltz less. w/Phyllis. Dancing 8:15-10:30	Wesley United Methodist Church, 3701 Conduit Rd Colonial Heights	804-721-4904 sdunn6060@aol.com	Music by Doug McRae
2/8	Valentine's Ball Party, 8-10pm	Rigby's Jig 5470 West Broad St.	(804)864-2300 or www. RigbysJig.com	dress to impress
2/9	Sunday Evening Dance, California Mix 7-9pm	The Dance Space 6004 West Broad St	804-673-3326 bill.irwin2@gmail.com	\$7 per person
2/9& 23	Sunday Social dance, 3-5pm	Simply Ballroom 3549 Courthouse Rd	804-276-3343	\$8pp.
2/9& 23	Phyllis & Dave's Fun & Easy WCS 5:30-6:30pm	The Dance Space 6004 West Broad St	804-673-3326 bill.irwin2@gmail.com	
2/11- 25	Bolero series, Tuesdays. in Feb, 6-7 pm.	Simply Ballroom 3549 Courthouse Rd	804-276-3343	\$26/series (\$15 mo.memb) or \$10/class
2/14	Joe Enroughty Band plays for Valentine's Ball Dinner/Dance, 6pm	John Marshall Hotel 101 North 5th St.	(504) 886-1944	\$58pp
2/14	Dance Space Valentine Party. 8-8:30 rumba less, dance til 10:30	The Dance Space 6004 West Broad St	804-673-3326 bill.irwin2@gmail.com	
2/14	Simply Ballroom Purple Heart Ball 8pm. To benefit the Purple Heart Service Foundation for veterans	Simply Ballroom 3549 Courthouse Rd	804-276-3343 Wear red, white, pink or purple	\$12 pp; Free monthly memb; donations appreciated
2/15	Richmond Chapter 3rd Saturday Dance, 7:30-10:30. No lesson	Deep Run Rec. Center 9910 Ridgefield Parkway	Phil Sisk plsisk@aol.com	Music by Bill Irwin
2/15	<b>Members Only</b> "Date Night Duets" Party, 8-10pm.	Rigby's Jig 5470 West Broad St.	(804)864-2300 or www. RigbysJig.com	Hosted by Jesse & Rosemary Wilkinson
2/15	Charlottesville Swing Dance Soc. 6:30-8 Circle/Couple Dances w/Adela & Eddie. dancing 8-11p	Unity Church 2825 Hydraulic Circle Charlottesville VA	www.cvilleswingdance.com cvilleswingdance@gmail.com	DJ Billy Northcutt \$13 pp;\$10 CSDS memb.
2/16	WCS Intensive w/Cliff Knittel, 4- 6pm.Practice time & refreshments included	Simply Ballroom 3549 Courthouse Rd	804-276-3343	\$10pp (\$8 monthly members)
2/17	Richmond USA Dance Board Mtg. 6:00 pm.	9620 Evansway Lane Richmond	804-447-0175 plsisk@aol.com	Agenda items 24 hr. prior to meeting
2/22	Dance for the Heart, 7:30-10pm. Country western theme-jeans,boots	1110 Old Stage Rd Prince George, VA	(804)458-6164	proceeds to Am. Heart As. \$10 pp <b>SEE FLYER</b>
2/22	Tidewater USA Dance. 7:30 Am.tango less w/Uuriy Kravets. Dancing til 11pm	Dancesport VA 5721 Arrowhead Dr. Virginia Beach, VA	757-550-0450 info08@twcusadance.org	\$10/12/5
2/22	Rigby's Jig 4th Saturday Night Dance Party 8-10pm.	Rigby's Jig 5470 West Broad St.	(804)864-2300 or www. RigbysJig.com	
2/22	Charlottesville USA Dance. 7:15-8 Partner Connections w/Dominick Montie;dancing 8-10pm	Unity Church Ballroom 2825 Hydraulic Rd Charlottesville, VA	copelandnatasha1@gmail.com	\$9/12/6
2/23	Sunday Evening Dance, Ballroom and Country Mix, 7-9pm	The Dance Space 6004 W. Broad St	804-673-3326 bill.irwin2@gmail.com	\$7pp
2/28	Reservation deadline for Tri-Cities "Puttin' on the Glitz"@ Fort Lee		804-452-1452	
3/8	Tri Cities Chapter "Puttin' on the	LOOKING AHE	Reservations due by Friday,	SEE RESERVATION
	Glitz" at The Lee Club, Fort Lee	Han avvalled	February 28th. No refunds.	FORM THIS ISSUE
4/5	3rd Annual Gala to benefit Habitat for Humanity	Hopewell Moose Lodge 4701 Western St, Hopewell	Cindy Ross@458-9949	\$25pp SEE FLYER THIS ISSUE