# December 2013 Line of Dance vol 28 Issue 12

News from the Richmond and Tri-Cities Chapters of USA Dance, Inc.

## Richmond and Tri-Cities USA Dance Chapter Dances

Saturday Richmond Chapter First Holiday Dance, Deep Run Recreation Center, 9910 Ridgefield Parkway.7:30-10:30pm Reservations only. Semi-formal/dressy attire. Heavy hors d'oeuvres. Professional demo. Music by Mike Recant

Saturday Tri-Cities Chapter Holiday Dance. Wesley United Methodist Church Fellowship Hall, 3701 Conduit Rd

**Dec. 14** Colonial Heights. 7:30-10:30pm. NO LESSON. Dressy Attire. Music by Randy Goodfellow

**Saturday** Richmond Chapter Second **Holiday Dance**, Deep Run Recreation Center, 9910 Ridgefield Parkway. 7:30-10:30pm. **Dec. 21** Reservations only. Semi-formal/dressy attire. Heavy hors d'oeuvres. Professional demo. Music by Mike Recant

The Richmond Chapter of USA Dance, Inc. holds dances on the first Saturday of each month at Brookland Middle School and the third Saturday at Deep Run Recreation Center. Richmond Chapter only:Member admission: Adults \$5, Students w/ID & Social Youth-free. Nonmember admission: Adults \$8, Student (with valid ID) & Youth \$3; No children under 8 years admitted to any Richmond Chapter dance.

The Tri-Cities Chapter holds a dance on the Second Saturday - future dance venues to be announced

Tri-Cities admissions - members \$6; nonmembers \$10

FOR DIRECTIONS TO CHAPTER DANCES OR OTHER INFORMATION, CONTACT:

RICHMOND USA DANCE
Tri-Ciities USA Dance
PHONE: 804-447-0175; EMAIL: plsisk@aol.com
WEB:USADANCERICHMOND.ORG
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WEB: USADANCETRICITIESVA.ORG

#### President's Corner

Happy Holidays to all from your Board of Directors! As I write this, plans are still being made for our Black Friday appearance at Regency Square Shopping Center. We are still looking for a few more dancers to come out and join us for an hour of dancing for the bargain hunters and sales staff at the mall. If you would like to participate, come out to the mall at 11:00 AM and we will pair you up to help us demonstrate social ballroom dancing. This time we will be on the second floor with a nice large area for dancing. We will be back at Regency again on December 14 at 1:00 PM for another opportunity to showcase our dancing. Please contact Gabe for more info on this date and to add your name to our schedule. These are wonderful opportunities to volunteer your time and talent to our chapter's outreach programs.

We again had 50+ at the Viennese Waltz lesson with Alan Hedgpeth at our 1<sup>st</sup> Saturday dance in November. It was another terrific class and a great evening of dance with close to 80 attending. We will NOT be at Brookland in December as both of our Holiday Formals are being held at Deep Run. These dances are by reservation only so we can plan for the caterers, so please let us know by Tuesday, December 3 if you want to attend on December 7 dance and by Tuesday, December 17 for the December 21 dance. These dances often sell out and we want to make sure we have enough refreshments and room. Mike and Rose-Ann Lynch will be performing three new dance routines and Mike Recant returns as our holiday deejay. Come join us for a fun evening of dance, with great entertainment and delicious refreshments - and maybe a surprise or two. These two events are "Black Tie Optional" which simply means that our gentlemen should wear a coat and tie or feel free to wear a tuxedo or dinner jacket. Our ladies are invited to wear your prettiest ball gown or a fancy outfit comfortable for dancing. We hope to see you there for at least one of our dances and you are welcome to sign up for both

as long as space remains. We will be asking the staff to run the AC starting early that day to help maintain the best dance conditions for the room.

Our "Tom Turkey" dance in November was a lot of fun. We had 54 for our potluck supper prior to the dance and a total of 94 for the evening. I continue to be amazed and impressed by the quality of our cooks in the Chapter. We had a bountiful harvest of delicious dishes and tasty desserts that were all gone by the end of the dance. We were pleased by the large turnout and support for the dance. We hope to host another potluck in the spring. Many thanks also to DJ Bill Irwin, who again came in early to provide tasteful music as we ate and then provided another great playlist for that night's dance. Bill will return to Deep Run for the January 3<sup>rd</sup> Saturday dance.

The National Election ended in November and I want to thank the ladies who volunteered to serve as Tellers for the ballot count. They were diligent and professional in the counting process that took several hours to complete. You should have received an email with the final results and vote counts. This was the largest voter turnout in any national election for USA Dance with over 1000 ballots received, but that still only represented about 13% of the athletes and 7% of the social dancers eligible to vote. A task force has been formed to look at ways to improve the voting process in future elections. Watch for details in *American Dancer* magazine. And be sure to check out the article about the Richmond Chapter in the November-December issue!

And finally – don't forget to make plans for New Year's Eve dancing. The Tidewater chapter event is still an option that you should consider.

See you on the dance floor! - Phil



# December 2013

5470 West Broad Street Richmond, VA 23230 804-864-2300 RigbysJig.com

Monday Tuesday Wednesday Thursday Friday Saturday

Happy Holidays from Rigby's Jig! We hope you'll join us amidst the hustle and bustle for a class or party this month!

December 14th-We will hold our annual Holly Ball! Dress to Impress and enjoy an evening of dancing with friends, festive food and great music!

December 21st-Attention Members! Don't miss this month's Members Only Party-Not a Member? You can Join today!! December 28th-Work off those Christmas Cookies on the dance floor! Join us for a Saturday Night Dance Party!

7:00pm Inter/Advanced East Coast Swing with Eleanor 3 of 3	3 1:00pm Open Dance Floor 7:00pm Beginner I Cha Cha with Ashley 1 of 3 8:00pm Beginner II Hustle with Marvin 1 of 3	4 7:00pm Beginner Hot & Spicy Salsa with Nicole 1 of 3 8:00pm Dancing 101 with David 1 of 3	5 7:00pm Beginner I Samba with Nicole 1 of 4 8:00pm Intro to Rhumba with Eleanor 1 of 4 8:30pm -10:30pm Dance Party Men's Night! Men get in FREE!	6 7:30-8:30pm Night Club with Chris 8:30pm - 10:30pm First Friday JIG JAM!!!!	7
9 7:00pm Inter/Advanced Country Two Step with Eleanor 1 of 3	10 1:00pm Open Dance Floor 7:00pm Beginner I Cha Cha with Ashley 2 of 3 8:00pm Beginner II Hustle with Marvin 2 of 3	11 7:00pm Beginner Hot & Spicy Salsa with Nicole 2 of 3 8:00pm Dancing 101 with David 2 of 3	7:00pm Beginner I Samba with Nicole 2 of 4  8:00pm Intro to Rhumba with Eleanor 2 of 4  8:30pm -10:30pm Dance Party	13	14 8:00pm - 10:00pm Holly Ball!! Dress to Impress FREE for Rigby's Members!
16 7:00pm Inter/Advanced Country Two Step with Eleanor 2 of 3	17 1:00pm Open Dance Floor 7:00pm Beginner I Cha Cha with Ashley 3 of 3 8:00pm Beginner II Hustle with Marvin 3 of 3	18 7:00pm Beginner Hot & Spicy Salsa with Nicole 3 of 3 8:00pm Dancing 101 with David 3 of 3	7:00pm Beginner I Samba with Nicole 3 of 4  8:00pm Intro to Rhumba with Eleanor 3 of 4  8:30pm -10:30pm Dance Party Ladies' Night! Ladies get in FREE!	20	21 8:00pm - 10:00pm MEMBERS ONLY HOLIDAY PARTY hosted by Dan & Rebecca
Open for Private Lessons	Happy Holidays! Studio Closed	Happy Holidays! Studio Closed	26 7:00pm Beginner I Samba with Nicole 4 of 4  8:00pm Intro to Rhumba with Eleanor 4 of 4  8:30pm -10:30pm Dance Party	27	28 8:00pm - 10:00pm Saturday Night Dance Party
30 7:00pm Inter/Advanced Country Two Step with Eleanor 3 of 3	31 7:00pm - 12:30pm New Year's Eve Showcase	1 Happy New Year! Studio Closed	year, the Showcase will purchased in advance at bers before 12.23. Ticek	benefit The Stay Sharp For Rigby's Jig-\$50 for Mem	inner, Dancing, Cash Bar,

#### **Richmond Board Members**

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**RICHMOND WEBSITE** www.usadancerichmond.org

**NATIONAL WEBSITE** www.usadance.org

Richmond has a youth scholarship program. Check out our website and click on the Scholarship link

Many of us tackled the difficult Viennese Waltz under the skillful instruction of Alan Hedgpeth  $\Psi$ 





Alan & Mary gave us a fantastic Viennese Waltz lesson and music in October & November



Do you need further proof that we have some fantastic cooks??

# **Birthdays**

Due to a computer glitch, the birthdays are not available this month. We will post both December and January birthdays in the January issue.

**REMEMBER - Richmond** members get into <u>1 free</u> dance on their birthday month!

#### Membership Renewals

#### Richmond Chapter

John Bilhartz Barbara Gravitt Glenda Harris David Headly Suzanne Hoffman James Kelly John McNutt Doug McRae Maggie McRae Lynette Shahinian Deborah Yuhas

#### **Tri-Cities**

Bernard Hrouda

#### **Tri-Cities Board Members**

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TRI-CITIES WEBSITE www.usadancetricitiesva.



# PUTTIN" ON THE

GLITZ

Αt



The Lee Club Fort Lee, Virginia

Saturday, March 8, 2014

7:30pm - 10:30pm (doors open 7:00pm) \$38.00 per person

Music by Ed Pabalate Heavy Hors D`oeuvres, Cash Bar

Men: Tux or Business Suit; Ladies: Glitz & Glam

Reservations must be received by: Friday, February 28, 2014

NO REFUNDS – No tickets will be issued. Names will be put on a reservation list and you will check in when you enter The Lee Club. You will receive telephone confirmation that your reservation has been received.

For information call: 804-452-1452

#### Fort Lee Entry Requirements:

Photo ID for driver and all passengers; Registration of Vehicle, proof of insurance for vehicle being driven

Directions: From I-95, take Exit 54 (Temple Ave.), keep to the right and turn right onto Temple Ave. Stay on Temple, bear off to the right, (follow Ft Lee signage). Turn Left at light, stay in right lane, Turn Right at Sisisky Boulevard Gate, turn

Right on C Avenue, turn Left on Lee Avenue, The Lee Club is straight ahead.

Disputanta, VA 23842

From I-295 take Exit 9B (Fort Lee) you will be on Oaklawn Blvd (Rt. 36). Stay in left lane, turn left at Sisisky Boulevard Gate, turn Right on C Avenue, turn Left on Lee Avenue. The Lee Club is straight ahead.

Cut here→*	*******	******	******	************
Detach here a	and return with your	check, ma	de payable to: USA	Dance Tri-Cities Chapter 6060
Number of Reser	vations	x <b>\$</b> 38	per person =	Total Amount Enclosed
Contact Phone N	0		_ E-Mail Address	
Please print nam	es of all attendees as on p	hoto ID for F	ort Lee entry checklist.	
Mail To:	Ruth Wilbour			

## **Tri-Cities News**

by John Brooks

The Tri-Cities Board would like to wish everyone a very Merry Christmas and a Happy New Year. This is the time we celebrate Christmas and New Year's as we look back on the past and be thankful for the things that we have and what we were able to accomplish. Let's not forget our military men and women and their families at this time. A lot of them will be separated from each other while serving their country overseas.

Our November dance was a good one. Edwin Roa did a fantastic job of teaching the Tango. He taught some pivots steps and other moves for the Tango. He and his student Brenda gave a wonderful Tango exhibition. Thanks Edwin, for the Tango lessons in October and November. Thanks to Doug McRae for playing some good music for our dancing pleasure.

#### Edwin and Brenda Kapros >>

At the November dance, Tri-Cities Chapter members present unanimously approved the slate of candidates for the Board of Directors for the two-year term starting January 1, 2014. The Board members are: Ruth Wilbourne, John Brooks, Harry Salvat, Emma Humrickhouse and Sharon Dunn.

We want especially to thank Edith Lanning and Renee Stephan for their many years of service as Board members. Although these wonderful ladies are retiring from the





Renee Stephan

Board, they are not retiring from dancing! They are great ambassadors for, and

promote ballroom dancing wherever they go, and particularly our Tri-Cities Chapter. They both will continue to volunteer to help the chapter.

There will be no dance lesson for our Holiday Dance on December 14th. Please come out and dance some of the new moves that you have learned and enjoy the social atmosphere with your friends and make some new ones. Randy Goodfellow will be providing the music.

Our dances are held at the Wesley United Methodist Church Fellowship Hall, 3701 Conduit Road, Colonial Heights, 23834. Directions are: From I-95, take Exit 54, (Temple Ave Exit), keep right, turn right onto Temple Ave, turn Left at first traffic light which is Conduit Road. Stay on Conduit, cross Ellerslie Ave, Church is on the Right, turn into parking lot, and drive around to back of church to far side; enter the church through side door.

Please keep the date of Friday January 24<sup>th</sup> open, Yes, that's a Friday! The Tri-Cities Chapter will be sponsoring a FREE dance at the VFW Post 2239 from 7:00 to 9:00 pm. There will be a Rumba lesson by Maggie McRae and Edith Lanning will be providing the music. Address is 14705 Jefferson Davis Hwy, Chester 23834. The VFW is not actually in the town of Chester. Directions from I-95 take the Ruffin Mill/Woods Edge Rd exit, follow Ruffin Mill Road to Jefferson Davis Highway and Turn Right, you will see a railroad trestle; the VFW Post is a white building on the right just beyond the trestle; or from Colonial Heights take the Boulevard (Rt 1) North; follow Boulevard/Jefferson Davis Hwy/Route 1 until you see a railroad trestle, VFW is on the right just beyond the trestle. From Chester take Route 10 East and turn right onto US Rt 1 South, VFW is a white building on the left just before you see the railroad trestle.

Please keep a lookout in this issue for the Reservation Form for "Puttin' on the Glitz", our ninth annual gala dance at The Lee Club, Ft. Lee, for March 8, 2014



Military Service Mambers: I-r: Tom Dunn, Marine at Corp; Dale Smith, Army; Marva Farrington, Navy; David McBride, Air Force; Randy Goodfellow, Marine Corp

Upcoming dance lessons and DJs:

December 14 - Saturday - NO LESSON - Holiday Dance. Dressy Attire. DJ Randy Goodfellow

January 11, 2014 - Saturday - Viennese Waltz by Phyllis Harris. DJ Edith Lanning

January 24, 2014 - FRIDAY FREE dance at VFW Post 2239. Rumba by Maggie McRae. DJ Edith Lanning

February 8, 2014 - Saturday - Viennese Waltz by Phyllis Harris. DJ Doug McRae

March 8, 2014 - Saturday - Reservation Only Dance. Lee Club. DJ Ed Pabalate

# Register Now For Ballroom Teacher Training

The Nation's Premier Vocational Ballroom Teacher Training Program

#### **Learn To Dance And Teach 17 Dances**

Smooth Quarter: Foxtrot, Waltz, Tango, Viennese Waltz Rhythm I Quarter: Cha Cha, Rumba, East Coast Swing, Bolero Rhythm II Quarter: Mambo, Merengue, Samba, West Coast

Swing

Nightclub Quarter: Salsa, Arg. Tango, Nightclub 2-Step, Hustle,

Lindy Hop

Nightclub Quarter Begins January 2014 - Call for info!!

Now accepting GI Bill for eligible veterans!!



#### It's Never Too Late To Have a Career You Love!

- \*\* Teaching ballroom dance can be a lucrative full or part time career.
- \*\* Bureau of Labor Statistics predicts increased demand for arts, entertainment, and recreation services due to rising incomes, aging population with more leisure time, and public awareness of the health benefits of dance and physical fitness.
- \*\* All ages from high school graduates to retirees have successfully completed this course.
- \*\* Previous dance background is helpful, but NO PRIOR DANCE EXPERIENCE IS NECESSARY!!
- \*\* Now is the time to take advantage of great income potential in this expanding career field!!

#### Reasons to choose our teacher training program

- **1. National Standard of Excellence** DVIDA teacher training is a nationally recognized program, in use in hundreds of schools in the U.S., Canada, India, and the Caribbean.
- **2. State Certified** We are the first and only vocational ballroom teacher training program to be certified by the State Council of Higher Education for Virginia (SCHEV).
- 3. Small Class Size Limited enrollment to ensure individualized attention.
- **4. Professional Certification -** This course prepares candidates for national certification exams through Dance Vision International Dancers Association (DVIDA).
- 5. Structured Curriculum Structured lesson plans, progress checks, dance and theory exams ensure a top quality education.
- **6. Nationally Certified Instructors -** Course instructors are nationally certified through DVIDA.
- 7. University of Richmond Credit Continuing Education Credits available through University of Richmond School of Continuing Studies.
- **8. Tuition Financing Available** We offer a variety of options to help you finance your education.



Call us today and let us show you how to make your dreams of teaching dance a reality! Enrolling every four months. Accepting GI Bill Benefits for eligible veterans.

Simply Ballroom Dance Teachers Academy
3549 Courthouse Rd. Richmond, VA 23236 804-276-3343 www.teachballroomva.com

# Simply Ballroom Dance Studio - December 2013

3549 Courthouse Rd., Richmond, VA 23236 (804) 276-3343 www.simplyballroomva.com

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
7:30pm Beginner Foxtrot & Swing	3 6-7pm** Quickstep 1 of 3	4 11am Parkinson's Dance 6:30pm Line Dance 7:30pm Variety Class NC 2-Step 1 of 3 8:15pm Intermediate Rumba 2 of 2	6:15pm Advanced Rumba 3 of 3	6 7:15pm Salsa 8:00pm Party - Includes Rumba Lesson	7 12:30pm** Waltz Technique & Styling 3:30-4:30pm Beginner Foxtrot & Swing 4:30pm Intermediate Foxtrot 2 of 2	
7:30pm Beginner Cha Cha & Rumba	10 6-7pm** Quickstep 2 of 3	11 11am Parkinson's Dance 6:30pm Line Dance 7:30pm Variety Class NC 2-Step 2 of 3 8:15pm Intermediate Cha Cha 1 of 2	6:15pm Advanced Cha Cha 1 of 3	13 7:15pm Salsa 8:00pm Holly Ball - Includes Foxtrot Lesson	14 12:30pm** Waltz Technique & Styling 3:30-4:30pm Beginner Cha Cha & Rumba 4:30pm Intermediate Waltz 1 of 2	
16 7:30pm Beginner Tango & Waltz	17 6-7pm** Quickstep 3 of 3	18 11am Parkinson's Dance 6:30pm Line Dance 7:30pm Variety Class NC 2-Step 3 of 3 8:15pm Intermediate Cha Cha 2 of 2	19 6:15pm Advanced Cha Cha 2 of 3	20 7:15pm Salsa 8:00pm Party - Includes Swing Lesson	21 12:30pm** Waltz Technique & Styling 3:30-4:30pm Beginner Tango & Waltz 4:30pm Intermediate Waltz 2 of 2	
7:30pm Beginner Foxtrot & Swing	24 Studio Closed Merry Christmas!!	Studio Closed Merry Christmas!!	26 6:15pm Advanced Rumba 2 of 3	27 7:15pm Salsa 8:00pm Party - Includes Waltz Lesson	28 12:30pm** Waltz Technique & Styling 3:30-4:30pm Beginner Foxtrot & Swing 4:30pm Intermediate Tango 1 of 2	
7:30pm Beginner Cha Cha & Rumba	New Year's Eve Party 9pm-1am RSVP for tickets!!	Pricing: Group classes: \$8.00/person (\$6/students) 10-Class Card: \$70.00 Friday class/party: \$12.00/person (\$10/students), Sunday Social: \$8.00 Classes marked ** pre-enrollment only. Call for details. Holiday Gift Certificates Available!!				
	<b>7:30pm</b> Beginner	7:30pm New Year's Eve Beginner Party 9pm-1am	7:30pm New Year's Eve Beginner Party 9pm-1am Group classes: \$8.00/pc class/party: \$12.00/per	7:30pm Beginner Party 9pm-1am  New Year's Eve Party 9pm-1am  Rew Year's Eve Party 9pm-1am  Group classes: \$8.00/person (\$6/students), \$12.00/person (\$10/students), \$12.00/person (\$10/stu	7:30pm Beginner Party 9pm-1am  Group classes: \$8.00/person (\$6/students) 10-Class Card: \$70.0 class/party: \$12.00/person (\$10/students), Sunday Social: \$8.00 Classes marked ** pre-enrollment only. Call for details to the control of	

#### **December Special Events**

**Quickstep Series:** Tuesdays in December 6-7pm. Learn the basics and build your skills in a series of 3 clases. \$26/person for the series or \$10/class drop in. (\$18/series for monthly members or \$8/drop in).

**Holly Ball Party:** Join us Friday, Dec. 13th at 8pm for our annual Holly Ball!! Foxtrot lesson at 8pm followed by dancing till 10:30pm to a mix of Yuletide favorites as well as standard ballroom, Latin, and swing. \$12/person includes lesson, refreshments, door prizes and party.

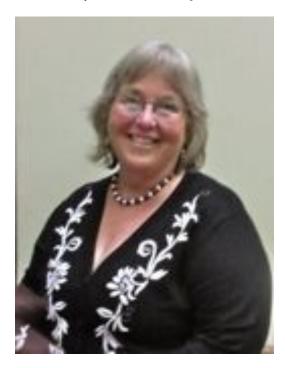
**Bachata Intensive:** Cliff Knittel's Dec. Sunday Intensive is Bachata! Dec. 8th from 4-6pm. He will give a quick review of the basics, followed by 2 hours of fun new patterns!! Practice time and refreshments included, \$10/person (\$8/monthly members).

**New Years Party:** Join us for the best New Year's Eve Party in town!! Dec. 31st 9pm-1am. Heavy hors d'ouevres, champagne toast, showcase routines, lots of dancing, watch the ball drop on the big screen!!! \$40/person in advance, \$45 at the door. RSVP (804) 276-3343.

**Other Weekly Classes:** Ballroom Boogie - Tues. 4pm, Thurs. & Sat. 9am. Free for C-Fit members, \$8/ non-members **Yoga** - Tuesdays & Thursdays 10am. Free for C-fit members, \$10/non-members. **Adult Beginner Ballet:** Sat. 11am, \$10/person

## Member of the Month

by Everette Worthington



Karen Anderson

LOD: Tell us about yourself. What do you do for a career?

**Karen:** After 20 years in hospital administration, I have been involved in psychiatric clinical trials for the past 14 years. I did the trials that led to Cymbalta and Pristiq being FDA approved. I love what I do, and it is wonderful to be able to offer treatment (in some cases for 1 – 2 years) to those who can't afford it, or who aren't happy with their current approach. It is very rewarding to be able to see various degrees of improvement in others. Participation in research improves self-awareness and strengthens communication skills. We have trials for children, teens, adults, and geriatric patients. We believe that we have a 'voice' in expressing what we see to the sponsor and can make a difference in how effectively the trials are conducted.

#### LOD: Any hobbies?

Karen: Fishing. This year I took a big leap and joined the Virginia Angler Club as they have lectures every month, and I want to be able to catch more. I am the ONLY female (living) member, and although many are very puzzled and don't know what to make of me, I'm learning a lot and am feeling more accepted as just 'one of the guys'. I bought a 'boat in a bag' an 11-foot inflatable with a trolling motor. Didn't know I needed a battery for the motor, or a battery charger to charge that, and I'm still not very good at knots to secure the thing.

LOD: Let me change directions. Let's talk a bit about dancing. How long have you been dancing?

**Karen:** About ten years, although I was in a wheelchair for almost a year of that, and it took quite some time to get my confidence and balance back. I still struggle with some health issues.

#### LOD: What got you started?

**Karen:** I was about 23 and working in a psych unit in New Orleans. A dance instructor from an Arthur Murray studio came once a week to give lessons to the patients. The other staff hated that assignment, but I would rearrange days off just to be able to watch! I didn't actually start dancing for another 25 years or so, but that was the beginning!

LOD: If you could point to one thing, what has helped you improve your dancing the most?

**Karen:** It didn't improve my skill at all, but having been in a wheelchair gives you a whole new appreciation for being able to stand, walk, and dance again. People often comment about enjoying watching me, because I look so happy.

LOD: If you could dance with somebody famous that you have never danced with, who would that be and what dance?

Karen: For a brief period, I was seeing an Elvis impersonator. (Elvis Tribute Artist is the correct term.) When he danced with me and sang one of those romantic songs like "I Can't Help Falling in Love with You," I was practically in swoon mode. People asked if I would be able to get back to my seat. In fact, I have this thing about Elvis, I guess. I have a collection of Elvis memorabilia that would give Graceland a run for its money. Over the years friends have gifted me with amazing items, which are displayed all over my den. I'm almost a museum, and people who don't even care for Elvis are amazed.

LOD: I think, after this interview, people are going to be asking you for tours. So, we guys can win your heart by singing to you in our best Elvis voices as we dance. Any other ways we can win your heart.

Karen: I love Te Extrano done by Xtreme, with the bachata dance performance by Tanya La Alemana and Ataca Jorgie from Island Touch Dancing. [LOD: Check it out: http://www.youtube.com/watch?v=Wb5oKZExypo]In fact, I would love to do an exhibition based upon that YouTube video, but everyone I've asked has turned me down. My mistake was telling them that my favorite part was when she stands behind her partner and pops his shirt open. Should have waited to disclose that til after they said yes. [LOD: I don't know. Maybe now that this has been "exposed to the public," so to speak, you might have a bunch of guys rush up to you and volunteer to have their shirts ripped off. An image of Phil Sisk once doing the hula as a comic spot at The Dance Space comes immediately to my mind.]

LOD: What is the most exotic or interesting place you have ever danced?

**Karen:** Gabe Pascarella and I qualified as one of the ten couples from Richmond that were selected to dance at the Coliseum for the *Dancing with the Stars* tour when it came to Richmond several years ago. That was a thrill of a lifetime!

LOD: Karen, let me move to a little more communityoriented picture. Tell us about your experiences with USA Dance.

**Karen:** I like being a part of a group that works very hard to increase awareness of ballroom dancing in general, and that takes very seriously member preferences and feedback. I enjoy some of the new things that we are trying – dancing in the malls, at the State Fair, etc. I appreciate that we're open to change. I particularly enjoy helping new dancers along, giving them encouragement, seeing their confidence build. That means a lot to me.

LOD: You have served USA Dance in many capacities. Tell us the offices and service experiences you've held over the years, and what you've gotten out of that service.

**Karen**: I started in a general capacity on the Board – at that time I tried a program to match up people looking for a dance partner. It was very time consuming, and I had only some success. I then became Co-Coordinator for the Deep Run dance, and cover admissions, etc. When we had to worry about going over capacity, I served as a bouncer – which took some skill. I've been Vice President for several years, and had originally hoped that that role would help me conquer my fear of public speaking and using a microphone. Unfortunately that hasn't happened yet!

# LOD: What is the best dance experience that you have ever had?

**Karen:** I worked at Westbrook for 20 years. When I discovered that the Medical Director had danced competitively, I nagged him for 6 months and he finally agreed to start a dancing program for the long term teens and any interested staff members. Maintenance staff built me a 'ballroom boutique' and staff donated dresses, sport coats, ties, etc. In spite of opposition from the CEO as well as the staff of the adolescent program, it was a big success. At our "prom," as I was dancing with the Medical Director, I said that I felt just like Martin Luther King, Jr., because "I had a dream" too, and it became a reality.

LOD: Karen, I perceive how very much you want to help people enjoy dancing. (As a psychologist, I am a trained observer of human behavior after all. But I'm sure I might have been the last person reading this to have got it.) What is it about dancing that drives you to want to help others enjoy it?

Karen: I love sharing my enthusiasm for dance with others. My philosophy is that if you can count to 4, you can learn to dance. I have strips of duct tape in front of our Xerox® machine at work in a square and numbered 1 thru 4 (which can teach a box step for waltz, foxtrot or American rumba), and I've given lots of people (including some of our physicians) crash courses in the waltz or rumba. Prior to the holidays I used to have mini-classes for the entire building on some of the popular line dances so that people could better enjoy holiday parties. [One man said that if he'd known I was out in the hall recruiting people for dancing, he would have stayed in the bathroom.] I've helped a few

couples with their wedding dance, converting guys resistant to doing a dip to recognizing it's a Kodak moment when they can stall, not move their feet, and get a ton of compliments while just standing still. I'm a music responder — and I warn partners that if I like a song well enough to know the words and want to sing along, I can be a little hard to handle. I teach basic steps and how to recognize the tempo to coworkers so that if they're at a social event, they'll feel more confident in considering dancing. I give tips to ladies at dances about how to ask a gentleman to dance, and suggest that they communicate with their partner that they are a beginner, and if they don't get a move the first time, ask to try it again. It's all about spreading all-that-ballroom-can-be to others, so that they can enjoy it as well.

LOD: What about community service other than your tireless service to USA Dance? Have you gotten involved in any other particular kind of community service?

**Karen:** I'm involved in church activities and last year we had our first Shaggy Hog (BBQ + shag dancing) event. Hardly anyone danced, so I'm already working on a flyer offering mini-dance-lessons prior to next year's event.

LOD: What a wonderful picture emerges. You are a model of inspiration for the folks in the dance community in the way you care for others and want a large number of people to share your love of dance. Thanks for sharing your life with the folks at the Richmond chapter of USA Dance.

#### **Ballroom Dance Shoes**

10% discount off the purchase of dance shoes for USA Dance members. Valid for new shoes only, not valid for clearance items.

Simply Ballroom Dance Studio
3549 Courthouse Rd., Richmond, VA 23236
804-276-3343 www.simplyballroomva.com

#### Richmond Chapter 2014 Lesson Schedule

Jan. 4 David Headly -Night Club 2-Step Feb. 1 Kristin Wenger **West Coast Swing** Mar. 1 Phyllis Harris Rumba/Bolero Apr.5 Kristin Wneger West Coast Swing May 3 Phyllis Harris Rumba/Bolero June 7 David Headly Night Club 2-Step July 5 Veronica Braun Samba Aug 2 Veronica Braun Samba Sept 6 TBA

Oct. 4 Alan Hedgpeth Waltz Nov. 1 Alan Hedgpeth Waltz



# December 2013

www.TheDanceSpace.com

(804) 673-3326

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Workshop 2:30-4p Vuelte – J Gershman Sun Evening Dance 7-9p (Ballroom Mix)	No Group Salsa Classes In December	3 5 – 9p Private Lessons	M Strahan's Wed Lineup: Beg 1 Waltz 7p Beg 2 Waltz 7:45p Adv Foxtrot 8:30p	5  8P Lev 2a – 6 Cnt Technique and Connection (1 of 4) - John & Ruth 8-9P Lev 2b - 6 Cnt Rhythm and Style (1 of 4) - Erica & Ryan 9-10P Lev 3 – Jig Walk (1 of 4) - John & Ruth	8:00p Beg Cha Cha – Katia 8:30p Dance Party	7 9a Zumba 7:30p Swing Dance
8 Workshop 2:30-4p Cross-Step Waltz – J Gershman 5:30 Viennese Waltz! Basics & Extras - Phyllis & David Sun Evening Dance 7-9p (California Mix)	No Group Salsa Classes In December	5 – 9p Private Lessons	M Strahan's Wed Lineup: Beg 1 Rumba 7p Beg 2 Rumba 7:45p Adv Foxtrot 8:30p	8P Lev 2a – 6 Cnt Technique and Connection (2 of 4) - John & Ruth 8-9P Lev 2b - 6 Cnt Rhythm and Style (2 of 4) - Erica & Ryan 9-10P Lev 3 – Jig Walk (2 of 4) - John & Ruth	Holiday Dance! All proceeds donated to Christmas Mother Fund.  8:00p Beg Tango – Phyllis 8:30p Dance Party	9a Zumba 7:30p Swing Dance
15 Workshop 2:30-4p Stride – J Gershman Sun Evening Dance 7-9p (Ballroom Mix)	No Group Salsa Classes In December	17 5 –9p Private Lessons	M Strahan's Wed Lineup: Beg 1 Cha Cha 7p Beg 2 Cha Cha 7:45p Adv Foxtrot 8:30p	8P Lev 2a – 6 Cnt Technique and Connection (3 of 4) - John & Ruth 8-9P Lev 2b - 6 Cnt Rhythm and Style (3 of 4) - Erica & Ryan 9-10P Lev 3 – Jig Walk (3 of 4) - John & Ruth	8:00p Beg Swing - Ruth 8:30p Dance Party	9a Zumba 7:30p Swing Dance
Workshop 2:30-4p Vuelte – J Gershman Sun Evening Dance 7-9p (Country & Ballroom Mix)	No Group Salsa Classes In December	24 5 – 9p Private Lessons	Studio Closed  Merry Christmas!	26  8P Lev 2a – 6 Cnt Technique and Connection (4 of 4) - John & Ruth  8-9P Lev 2b - 6 Cnt Rhythm and Style (4 of 4) - Erica & Ryan  9-10P Lev 3 – Jig Walk (4 of 4) - John & Ruth	8:00p Beg Foxtrot - Mike 8:30p Dance Party	9a Zumba 7:30 New Social Dance - Hosted by J Gershman
29 Workshop 2:30-4p Stride – J Gershman Sun Evening Dance 7-9p (A little bit of everything)	No Group Salsa Classes In December	31	on Friday	e make plans to join u , December 13 <sup>th</sup> . As w ceeds will be donated	ve have done for the	past 5 years,





## AMERICAN LEGION POST 125

1401 Hilliard Road across from Belmont Golf Course.

# CHRISTMAS DANCE PARTY

FRIDAY Dec. 20, 2012 7 to 10:30 pm \$7

Live Band - HIGH COTTON Ballroom Cd's 7-7:30 pm & breaks... come early! DANCE IN CLASS PERFORMANCE TEAM Show

> Co-sponsor Gwendolyn Glenn Dance In Class 804-261-2202 Instruction for singles, couples & groups! What you need to dance now! **GET YOUR CHRISTMAS GIFT CERTIFICATES**

Support our troops & dance the night away!

Call and Say you are coming: 804-266-8044







# **NEW YEAR'S PARTY**

Saturday DEC. 28, 2013



Dance hits from the 50's, 60's, 70's and 80's

Classic Rock n Roll - Country Social Dance Tunes - Motown - Beach

Swing, Rumba, Cha Cha, Foxtrot, Waltz with us!

Join us & bring your friends - We love dancers!

# WWW.THEGOODTYMESBAND.COM

www.facebook.com/thegoodtymesband

#### The American Legion Post 125

1401 Hilliard Rd, Richmond, VA 23228 7:30 PM to 10:30 PM



WE WISH EVERYONE A MERRY CHRISTMAS A HAPPY HOLIDAY SEASON

AND A GREAT NEW YEAR 2014!

**DANCES OPEN TO PUBLIC!** 







## Holiday Pances

It's not too late to attend one of our Holiday Dances, being held on December 7th and 21st. At this time, you can sign up for either one or both dances. Refreshments, music, decorations and music with be identical for each dance. You will NOT be receiving tickets in the mail - simply check in at the admissions desk where there will be a list of those who have paid.

If you did not receive the mailing, that most likely means your membership was not current on September 1st. It's not too late to renew your membership and attend a Holiday Dance.



We are delighted that Mike and Rose Ann Lynch will perform 3 dances for us. All reservations go to Bruce Ripley, who can be contacted at bripley2@comcast.net





Dance the Night Away Celebrate New Years in Style!

Simply Ballroom New Year's Eve Celebration December 31, 2013, 9:00pm – 1:00am.

Join us for an exciting night of heavy hors d'ouevre, music, dancing, midnight champagne toast, party favors, and showcase routines! Watch the ball drop on the big screen! Tickets \$40/person in advance, \$45 at the door. Seating by reservation only. Dress to impress!!

This event sells out every year, don't delay - get your tickets now!!

# Pot Luck Dinner, November 16th













# **December 2013 DANCE CALENDAR**

Date	Organization/Event/Time	Location	Contact	Admission/Band/Notes			
12/1	Sunday Evening Dance, Ballroom	The Dance Space	804-673-3326	\$7 pp			
& 15	Mix Dance, 7-9pm	6004 West Broad St	bill.irwin2@gmail.com				
12/3	Ballroom Classes every Tuesday, 8-9pm @ Spotlight Studio	6828 Woodlake Commons Loop, Midlothian, VA	804-639-1186	A SOUTHSIDE STUDIO			
12/3	Quickstep series, 3 Tuesdays. in December, 6-7 pm.	Simply Ballroom 3549 Courthouse Rd	804-276-3343	\$26/3 wk.series (\$18 mo.memb) or \$10/class, walk in			
12/6	Rigby's First Friday Jig Jam, 8:30- 10:30pm. 7:30 NClub less w/Chris	Rigby's Jig 5470 West Broad St.	(804)864-2300 or www. RigbysJig.com	Free for Rigby's members			
12/7	Richmond Chapter First Sat. Holiday Dance. 7:30-10:30. Reservations only	Deep Run Rec. Center 9910 Ridgefield Parkway	Bruce Ripley bripley2@comcast.net	heavy hors d'oeuvres Music by Mike Recant Formal/semi-formal			
12/7	Williamsburg USA Dance. 7:30- 8:30 ECS less. by Alan Hedgpeth, dancing til 10:30	Quarterpath Rec. Center 202 Quarterpath Rd Williamsburg, VA	www.williamsburgusadance.	Music by Alan Hedgpeth			
12/8	Sunday Evening Dance, California Mix 7-9pm	The Dance Space 6004 West Broad St	804-673-3326 bill.irwin2@gmail.com	\$7 per person			
12/8	Bachata Intensive w/Cliff Knittel, 4-6pm.Practice time & refreshments included	Simply Ballroom 3549 Courthouse Rd	804-276-3343	\$10pp (\$8 monthly members)			
12/13	Simply Ballroom Holly Ball Party, 8p foxtrot less; dancing til 10:30	Simply Ballroom 3549 Courthouse Rd	804-276-3343	\$12 pp covers less ,refresh, door prizes, party			
12/13	Dance Space 6th Annual Holiday Dance. American Tango less. 8- 8:30;dancing til 10:30	The Dance Space 6004 West Broad St	804-673-3326 bill.irwin2@gmail.com	All proceeds will be donated to the Christmas Mother Fund			
12/14	Tri-Cities Chapter Holiday Dance, 7:30-10:30p Dressy attire No lesson	Wesley United Methodist Church, 3701 Conduit Rd Colonial Heights	804-452-1452 rw4013@hughes.net	Music by Randy Goodfellow			
12/14	Charlottesville Swing Dance Soc. Holiday Dance 8-11p. NC2-Step Less7-8pm by Kristin Wenger	Unity Church 2825 Hydraulic Circle Charlottesville VA	www.cvilleswingdance.com cvilleswingdance@gmail.com	DJ Kristin W. \$13/10/5. Potluck dinner optional. Festive attire.			
12/14	Rigby's Jig Holly Ball, 8-10pm Dress to impress	Rigby's Jig 5470 West Broad St.	(804)864-2300 or www. RigbysJig.com	free to Rigby's members			
12/15	Sunday Social dance, 3-5pm	Simply Ballroom 3549 Courthouse Rd	804-276-3343	\$8pp.			
12/20	Am. Legion Christmas Dance Party 7-10:30. Live band "High Cotton" and ballroom CD's.	American Legion Post 125 1401 Hilliard Road Richmond, VA	804-266-8044 Support our troops & dance the night away!	\$7 pp. Co-sponsor Gwen Glenn w/performance team show			
12/21	Richmond Chapter 3rd Saturday Holiday Dance, 7:30-10:30. Reservations only	Deep Run Rec. Center 9910 Ridgefield Parkway	Bruce Ripley bripley2@comcast.net	heavy hors d'oeuvres Music by Mike Recant Formal/semi-formal			
40/04	Members Only Holiday Party, 8-	Rigby's Jig	(804)864-2300 or www.				
12/21	10:30p. Hosted by Dan & Rebecca	5470 West Broad St.	RigbysJig.com	¢7nn			
12/22	Sunday Evening Dance, Ballroom and Country Mix, 7-9pm	The Dance Space 6004 W. Broad St	804-673-3326 bill.irwin2@gmail.com	\$7pp			
12/23	Richmond USA Dance Board	9620 Evansway Lane	804-447-0175	Agenda items 24 hr.			
	Mtg. 6:00 pm.	Richmond	plsisk@aol.com	prior to meeting			
12/28	Almost New Year's Eve Party, 7:30-10:30pm. Dance Music by The Good Tymes Band	American Legion Post 125 1401 Hilliard Road Richmond, VA	www.thegoodtymesband.com	Open to the public			
12/28	Charlottesville USA Dance Holiday Dance 7:15 WCS less. w/Kristin Wenger, dancing 8-10pm	Unity Church Ballroom 2825 Hydraulic Circle Charlottesville, VA	CopelandNatasha1@gmail.com usadancecville.org (check out their new website!)	\$12/\$9/\$6 DJ Kristin Wenger			
12/28	Rigby's Jig Saturday Night Dance Party, 8-10pm.	Rigby's Jig 5470 West Broad St.	(804)864-2300 or www. RigbysJig.com				
12/28 -31	Tidewater Chapter New Years Eve workshops & dances	Renaissance Portsmouth Hotel					
12/29	Sunday Evening Dance - a little bit of everything. 7-9pm	The Dance Space 6004 W. Broad St	804-673-3326 bill.irwin2@gmail.com	\$7 per person			
12/31	Simply Ballroom New Years Eve Celebration, 9-1am	Simply Ballroom 3549 Courthouse Rd	RSVP - 804-276-3343	SEE AD THIS ISSUE			
12/31	Rigby's Jig 2nd Ann. New Year's	Rigby's Jig	(804)864-2300 or www.	\$50/memb. to benefit The			
12/31	Eve showcase. Dinner, dancing, cash bar, Live Music. 7-12:30am	5470 West Broad St.	RigbysJig.com	Stay Sharp Foundation SEE FLYER THIS ISSUE			
3/8	LOOKING AHEAD  // Reservations due by Friday, SEE RESERVATION						
310	Glitz" at The Lee Club, Fort Lee		February 28th. No refunds.	FORM THIS ISSUE			

# USA Dance Membership Application Please PRINT Clearly This form may be used by two people at the same address.

Name		<u> </u>	iay bo a	Date of	Birth	io addi ooc	·•	
1.						Male []	Female []	_
2.						Male []	Female []	
Street Address				Apt. #	City		State	Zip Code
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Seasonal Address: Do you has Street Address:	ave a seasona	ai address	s? If so, er	nter below. Date Apt.#	es applicable: From: City		To State	e Zip Code
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1.								
2.								
Is this a renewal application?	? _	Yes	_	No	If Yes, Member	#	,#	
Name of USA Dance Chapte	er I wish to be	assigned	to:					
•		•						
Name of College or Youth Cl	lub you are aff	filiated wit	h (if applic	able)				
MEMBERSHIP CAT			T .	1 -		IONAL INFO		
Recreational: Social Ballro Recreational: Social Adult		\$ 35 \$ 25	\$ \$		r enjoyment and works to in d appreciates the physical, r			
Recreational: Social Yout		\$ 10	\$		ancer under the age of 19.			
Recreational: Social Dance		\$ 50	\$	An individual who is engaged in the teaching of social dance.				
				Note: Social Youth members do not receive the American Dancer magazine.  A competitive dancer who is age 19 or above.				
DanceSport: Adult Athlete DanceSport: Student Athlete		\$ 70 \$ 25	\$ \$	·			ow age 35 and is enrolled	in school full time
DanceSport: Minor Athlet	t: Student Athlete* \$ 25  \$ A competitive dancer who is age of 19 or above but below age 35 and is enrolled in school full tire t: Minor Athlete* \$ 20  \$ A competitive dancer who is below the age of 19.					in school fair time.		
DanceSport: Professiona	PanceSport: Professional Athlete* \$ 75 \$ A competitive dancer who declares him or herself as a professional or dances as a professional in					· · · · · · · · · · · · · · · · · · ·		
DanceSport Professional	*	\$ 80	\$		ual who serves in an official usic director, invigilator, orga			
DanceSport:Special Olym		\$10	\$	Qualifies f	or participating in Special Ortner of Special Olympics At	ympics competitie	ons only.	
DanceSport: Unified Spor	ts ® Partner	\$25	\$		zation, individual or business		•	•
Dance Industry: Retail Or	ganization -	\$100	\$	organizati	ons may be listed on USA D nip category. See information	ance web site and	d in American Dancer maç	gazine. This is not a
See separate application				that provid	les more details on how this			
advertising option on our	website.			industry C	rganizations.			
Other Misc. Fees		\$	\$	This space	e for upgrades, and other mi	scellaneous fees.		
		\$	\$					
Total Membership Fees		\$	•	Donation	are used to help fund our n	any offerte to inc	roaco the quality and quar	ntity of ballroom in the US on
Total Contributions & Dor	nations	<b>3</b>	\$	a social a	nd competitive level includin	g youth outreach,	raising public awareness	of the physical, mental and
				and dance	nefits of dance, development desport events. Thank you fo	r helping us achie	ve these goals. USA Da	
			\$	corporation	n. Any donations in excess	of value received	are tax deductible.	
TOTAL AMOUNT DUE			<u> </u>					
			You may	v enroll on-line	atwww.usadance	ora		
Or. vo	ou mav mail	vour app			Make check paya		Dance and send t	to:
, ,	<b>USA</b> Dance	Membe	rship Dire	ector - PO	Box 126 - Soι	thampton F	PA 18966-0126	
			C	Central Office 1	-800-447-9047			
* Memberships for Adult, Studer	nt. Minor and Pr	ofessional	Athletes and	d for DanceSnort I	Professionals are on a c	alendar vear h	asis rather than on an	anniversary year hasis
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Public Library: Donate America	ican Dancers I	Magazine	to your Pu	blic Library, only	y \$9 for one year. Lit	orary Name: _		
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We are a volunteer organi:			-	_	-	[] Chapter	[] Regional _	_ [] National
What is your area of exp	ertise?	ŀ	How are y	you willing to I	nelp USA Dance?			
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