



Ballroom Beat

Official Monthly Publication of Piedmont NC USA Dance Inc., Chapter 6019
Vol. 22, No 9—September 2015, Marcia Barney, Editor (336) 712-8183
Send News and Views to the Editor at PiedmontNCUSABDA@aol.com

We Promote Ballroom Dancing!

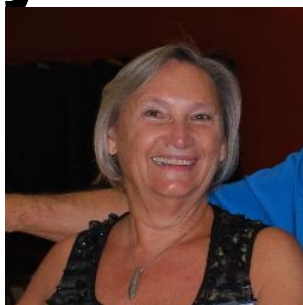
Your Prez Says

*Hello fellow dancers,
It is hard to believe that it is September already. We are really looking forward to our chapter's annual black tie dinner/dance "Under the Glitter Dome" on September 19. If you haven't made your reservation it is not too late. We would love to share the evening dancing with you. The floor, the atmosphere, the food, and the music will be great. Your company would make it even better. I also understand that there is now a nice patio for us to enjoy.*

I thank in advance our dedicated members who have spent much time and energy in planning and organizing this great event. They have worked hard to make it a wonderful event for us to enjoy.

*Our annual business meeting is coming up in November. This is the year that we elect our board for the next two years. Our nominating committee is hard at work on this project. If you are interested in serving on our board please contact Hubert Barney or Randy Peters. If they ask you to serve, please say "yes".
I look forward to seeing you on Saturday, the 19th at the Black Tie and Sunday, September 27 at the Beginners' Ball!*

Cindy Caudle, President



Last Call for Dancing *Under the Glitter Dome*

Decoration Chair Jackie Cooke (*below*) and your Editor made a trip to Lexington a couple of weeks ago to see "first hand" the newly renovated "Commons on the Green" (formerly the Lexington Municipal Club.) We came back even more enthusiastic about our September 19 Black Tie Dinner/Dance! Everything we loved about the location in previous years is still there – such as the wonderful dance floor and the lovely setting. The other things have been improved to that level - from coat closet to powder rooms and entrance foyer. We had a hard time leaving the beautiful new terrace that overlooks the golf course!



This year promises to be even better than before at the former Municipal Center.

A reservation form is enclosed. Make your reservations immediately. Please pass along a copy to others you know who might be interested in spending a beautiful evening dancing *Under the Glitter Dome!*

September Ballroom Sunday

Beginners Ball

Sunday, September 27, 2015
Tango with Randy Garner

4:00 – 4:30 PM Tango Lesson

General Dancing – 4:30 – 6:30 PM
Music by Hubert and Marcia Barney

Inside

- Welcome New Members
- Black Tie Reservation Form
- Calendar & Truisms
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- Challenge Yourself



Directions to Jerry Long Family YMCA in

Clemmons: From I-40 on the west side of Winston-Salem take the Clemmons exit. Go north away from downtown Clemmons. Turn left onto Peacehaven Road at the second traffic light not associated with I-40. Go less than ½ mile and the YMCA is on your left. Go in the main entrance to a great dance. YMCA: 1150 S. Peacehaven Road, Clemmons 27012

Welcome New Member!

Our National Ballroom Dance Week Group includes (below, front, left to right)

John Dinkins,
Millie Pryce,
Laura Zane, (back row, left to right)
Bill Keesler, Della Murphy, Allin Cottrell, Nancy Crooks, Esther Mueller, Instructor
Jimmy Satterwhite



of Lite Fantastic, **Brent Coles.** Absent from the picture were Cynthia Bitar, and Khalil Bitar (above right) and Della Murphy. A great group of new dancers that we are delighted to welcome!



Welcome Guests!

Mike Carney, a West Coast Swing specialist, came to our dance with Kay Stevens. We hope you will return!

Kerry Eckhardt and Gene Williams and Rodger and Inez Eckard attended our August Ballroom Sunday. We hope you will return! We are also always happy to see friends from Carolina Heartland USA Dance.

Bring a guest to our September Beginners' Ball Ballroom Sunday! If they join you get in free in October and everyone enjoys the dance even more!

2015 at a Glance

September 27 – *Beginners Ball*

Tango Lesson by Randy Garner
at 4 PM, Dance until 6:30 at the
Jerry Long Family YMCA
1150 S. Peacehaven Rd., Clemmons
Admission - \$5 USA Dance or YMCA
Members; \$10 guests

September 19 – Black Tie Dinner/Dance
“Under the Glitter Dome” at the
Commons on the Green

October 25 – Presidents' Halloween
Dance - lesson by Adina Harper

November 22 – Holiday Premier
Promenade & Annual
Business Meeting
Cha Cha lesson by
Theresa Shadoin
December 27 – Early New
Year's Dance
Lesson by James Williams

Footnotes:

A very special **Thank You** to the wonderful dancer
Instructors and studios who
are assisting with our National
Ballroom Dance Week
classes: **Jimmy Satterwhite**
of Lite Fantastic, Fred
Astaire Dance Studio of
Clemmons, Adina Harper

who teaches at Kathy Marino Dance Studio in
Clemmons as well as the Grange in
Greensboro, and the Barneys who teach at
the Jerry Long YMCA in Clemmons.

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Truisms

- If we could express it all with music there would be no need to dance.*
- He who criticizes his partner might benefit from a look in the mirror.*
- We are a mural of all we have danced.*
- A dance could be the axe for a frozen emotion inside us.*
- Before I danced I thought dancing was a dream – now I know it.*
- The greatest gift I can give my partner is my undivided attention and respect.*
- Every movement that is unnecessary only confuses a willing follower.*
- We are better dancers in the future because we remember lessons from the past.*
- Dance as if you were to die tomorrow. Practice as if you were to live forever.*
- Dance is an evidence of culture and beauty in each dancer.*

- Music gains significance from the dance that expresses it.*
- We can forget how to dance well by inaction.*
- In the presence of music dance is the best reaction.*
- Dance until your heels break.*
- There is no glory in dance practice, but without practice there is no glory in dance.*
- Put down the work, turn up the music and have a party for two.*
- I practice changing my shoes so that I can have more time to dance.*
- The ultimate purpose of dancing is happiness.*
- The true test of a dancer is how they treat their partner.*
- When you dance better you understand more about both yourself and the dance.*
- Dance is eloquence set to music.*
- There is no agony like hearing an undanced tune inside you.*

Challenge Yourself

“I’m not good enough to go to that dance yet” is a refrain that breaks my heart. Outside the competitive arena I know of no dance at which a particular minimum of expertise is required. The only minimum requirements are the willingness to dance and the appreciation for others who dance.

A person who only dances swing may hear a swing when the rest of us hear a Fox Trot. That is certainly their prerogative. We have had many Shag dancers attend our Ballroom Sunday dances. They seemed to have enjoyed themselves and we were delighted to have them present. I was impressed at the variety of music to which they could shag! Those who only shag probably react to our music the same way we react when we attend a shag club – we dance what we know!

Beginning ballroom dancers can frequently only dance the five “core” dances. Those comprise about 80% of our dance program.

Many of us who love the Quickstep once simply danced a fast Fox Trot until we learned Quickstep. (Some of us still do the Charleston when our partners decide to take a break.)

Dancing with a variety of people at different stages in their dancing expertise is one of the great joys of ballroom dancing. Challenging ourselves to dance in different environments is a lot like challenging ourselves to conquer – a complicated step or pattern! Venture a little farther into the wonderful world of ballroom dancing!

Special Invitations:

=Mtn. Empire USA Dance –

Third Saturday of
each month in
Marion, Virginia.

Lesson @ 7:30,

Dance 8:30 – 11

PM. Info: (276) 783-5402. \$7.50 members, \$10
guests.

=**Carolina Heartlands USA Dance** - Second
Sunday, Lesson 2:30 – 3:15 PM Dancing until
5:00 PM, Guilford Grange, 4909 Guilford Road,
Greensboro. \$5 members, \$10 guests, \$5
students. Info: 336-210-0324.

=**Foothills USA Dance** 4th Saturday night at
Hickory Christian Academy, 7:30 – 10:30 PM. \$5
members, \$8 guests. www.carolinafoothills.org
for directions.

=**Winston-Salem Dance Club** – First Saturday
evening of the month. Southfork Recreation
Center, Country Club Road, Winston-Salem.
Admission \$3. Info: 336-727-1922



Caudle and John Clark for all the work they
did and do to maintain our web site.

- To the incomparable Hubert Barney for
assistance with proofing, for inspiration, and
for truism input.
- To all who helped with the room setup, take
down, decorations, greeting and refreshments
at our August Ballroom Sunday Dance: Roger
and Cindy Caudle, Liz Gilkey, Randy Peters,
Dick and Helen Heck, Kay Stevens, Corky and
Danny Flowers, and the Barneys.
- To all, (*such as Danny and Corky Flowers,
above*) who bring a great attitude and a love of
dance to our *Ballroom Sundays* and other
events – you help make dancing so enjoyable.

Hear Ye, Hear Ye!

We'll add another great Dance Vision DVD to
our Library on September 27: *American Style
Rhythm Syllabus Beginning-Intermediate (Bronze)
Samba* with Donald Johnson and Kasia Kozak.

Bring a smile, a friend(s) and a snack to share
to our

September 27 *Beginners' Ball*

*See you at the
Jerry Long Family YMCA
On the 27th – 4:00 PM*

Dressy casual Attire

*Make reservations NOW for a Wonderful
Evening at the September 19
Black Tie Dinner/Dance!*

Check our fabulous web site:
www.ballroom-dancing.org
for regular dance opportunities, registration forms,
and other valuable information.
Follow us on Facebook at:
www.facebook.com/groups/153346133198
and Twitter @PiedmontNCDance

Notes of Appreciation:

- To Theresa
Shadoin (*right*)
for the fun Fox
Trot lesson on
August 23.
- To Cindy



"Ballroom Beat"
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