



Ballroom Beat

Official Monthly Publication of Piedmont NC USA Dance Inc., Chapter 6019
Vol. 21, No 9 – September 2014, Marcia Barney, Editor (336) 712-8183
Send News and Views to the Editor at PiedmontNCUSABDA@aol.com

We Promote Ballroom Dancing!

Your Prez Says



Hello fellow dancers,

It is hard to believe that summer is already winding down! What a wonderful time Roger and I have had finding great dances throughout the summer. Some of which many of you have enjoyed with us. So let's not let our dancing end with summer. Piedmont NC USA has some fantastic events coming up. Our annual Black Tie Dinner/Dance "Dancing Under the Stars" is a pleasant memory of a wonderful evening. September 28th Ballroom Sunday is our Beginner's Ball which culminates the National Ballroom Week activities. We have a great group of new members who have taken advantage of the opportunity to meet many of the best instructors in the Clemmons/Winston-Salem community over the past few weeks. Let's all be there to welcome our new members at the Beginners' Ball on the 28th. I love sharing the dance floor and seeing all our members and guest, new and seasoned..

September doesn't end the activities for Piedmont NC USA. We have the Presidents' Halloween Dance in October, the Holiday Premier Promenade in November, and of course the Early New Year's Dance in December. I hope we can fill the dance floor at the Jerry Long YMCA every Ballroom Sunday. It doesn't matter whether you are a beginning dancer or an advanced dancer there in room for all to enjoy ballroom dancing

I look forward to seeing you on the dance floor,

Cindy Caudle, President

A Starry, Starry Night

Dancing Under the Stars, our 2014 Black Tie Dinner Dance was a great success. We had a wonderful time dancing under the stars -literally – to great music from DJ Craig on a wonderful floor. The dinner was delicious, too. However, the best part was sharing the evening with old and new friends.



Beginners' Ball

Our September Ballroom Sunday is a special time each year. It's our Beginners' Ball at which we formally welcome new members to our Chapter. It is refreshing to see new faces and contagious enthusiasm from those who are just beginning their ballroom dance "lives."

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September Ballroom Sunday

Beginners' Ball

Sunday, September 28, 2014

**4:00 – 4:30 PM Tango Lesson
By Adina Harper**

*General Dancing – 4:30 – 6:30 PM
Music by Hubert and Marcia Barney*

Directions to Jerry Long Family YMCA in

Clemmons: From I-40 on the west side of Winston-Salem take the Clemmons exit. Go north away from downtown Clemmons. Turn left onto Peacehaven Road at the first traffic light not associated with I-40. Go less than ½ mile and the YMCA is on your left. Go in the main entrance to a great dance. YMCA: 1150 S. Peacehaven Road, Clemmons 27012

Welcome New Members!

Ken and Amy Shu, (right), are two of the new members who participated in our National Ballroom Dance Week classes.



We'll have pictures of other new members Ben and Rachel Donnelly, Brian Gilliam, Ron and Ginny Haverson, Mark and Tammy Roy and Joan Marie Belnap in our October issue.

Welcome Guests!

Please come again!

We were delighted to welcome **Mike and Kyle Tucker** from Statesville to our August 24 dance. We hope to see you again on September 28!

We were happy to see friends from Carolina Heartland USA Dance also.

Bring a guest to our September Beginners' Ball! If they join you get in free in October and everyone enjoys the dance even more!

2014 at a Glance

September 28 – Beginners' Ball
Tango Lesson with Adina Harper
Lesson at 4 PM,
Dance until 6:30 at the
Jerry Long Family YMCA
1150 S. Peacehaven Rd., Clemmons
Admission - \$5 USA Dance or YMCA

Members; \$10 guests

2014 Ballroom Sundays and Events:

October 25 – Fall Workshop

Latin/Rhythm with Adina Harper

October 26 – President's Halloween Dance

Lesson by Robert Simpson

November 23 – Holiday Premier Promenade

December 28 – Early New Year's Dance

Footnotes:

Our best wishes to new member Karen Staten (right with partner Alan Richey) for a speedy recovery and return to dancing.



Fall Workshop

Our fall 2014 Workshop will feature Adina Harper teaching tips, technique, and steps for Latin and Rhythm dancing. Adina has become one of our favorite instructors.

The 2-hour workshop will feature an hour of Cha Cha and an hour of Rumba.

Cost of the workshop is \$25 per person. No partner required. A reservation form is enclosed/attached.

More Than A Thank You!

Our National Ballroom Dance Classes were completed on Monday, September 22. The series of classes allowed new Piedmont NC USA Dance members to meet some of the local dance instructors in their studios. It also allowed the instructors to get to know our members.

Those who made the classes a success were: Tony Econ taught Fox Trot, Jimmy Satterwhite of Lite Fantastic taught Swing, and Fred Astaire Dance Studio taught Rumba. Thanks to Wini Kniejski for arranging the Fred Astaire lesson. Special Thanks go to Hubert and Marcia Barneys for not only providing some of the lessons, but for coordinating the event.

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Truisms

- I adore simple dance steps. They are the last refuge of the complex.*
- The goal in a good partnership is not to dance alike, but to dance together.*
- Lessons are what you buy. Practice is what you do with it.*
- I'm a great dancer. Ask anybody. Well, anybody that matters.*
- The most beautiful discovery that partners can make is that they can grow separately without growing apart.*
- Begin dancing with an open mind and improvement will happen.*
- Hard work is the music that raises the dancer.*
- We learn more by dancing the step and not "getting it" than we do by watching someone else dance it.*
- The easiest way to remind ourselves of the importance of good form is to try to dance with someone who has none.*
- The closest to perfection a dancer ever comes is*

when looking for a new partner.

- Skill and confidence are great dance companions.*
- Details make good technique and good technique is no detail.*
- The best thing to keep from your partner is criticism.*
- Sometimes you have to dance a long time to be able to dance like yourself.*
- Spend more time dancing and less time worrying about what others think of your dancing.*
- Nobody can dance exactly like me. Sometimes even I have trouble doing it.*
- Be kind to all your partners, even when fondness is out.*
- Dance is music with stars added.*
- Learning to Waltz will keep you on your toes.*

Dance Like a Beginner!

We spend years and many dollars learning to execute fancy moves of body and feet. We dance hours just to perfect a "simple" – at least it seems so after we've perfected it – movement. Now I'm suggesting that we try dancing like a beginner.

A beginning dancer has a clean slate with all the potential in the world. The palate is ready to paint a beautiful scene. Unless there are holdovers from our youth or from a style of dancing other than ballroom, we don't have bad habits that need to be broken.

When we start dancing we are eager to learn. We aren't expected to know anything about dancing so we can approach our lessons with an open, eager mind. Our learning curve goes way up quickly.

We aren't expected to be the best dancers on the floor. We get a real charge from not being the "greenest" dancers present. We can relax because the other dancers practice their floorcraft and allow us the "beginners' right-of-way." (From this angle, maybe we had better not have everybody dancing like a beginner at once.)

Most importantly, beginning dancers have the most wonderful attitude! There's an enthusiasm and sense of discovery that frequently dulls after a few years – even though we know there is always more to learn in ballroom dancing.

For a refreshing change forget that you have been dancing years and approach the dance floor like a beginner with an open mind, eager anticipation, and a great deal of enthusiasm.

Special Invitations:

Mtn. Empire USA Dance –

Third Saturday of each month in Marion, Virginia. Lesson @ 7:30, Dance 8:30 – 11 PM. Info: (276) 783-5402. \$7.50 members, \$10 guests.

Carolina Heartlands USA

Dance - Second Sunday, Lesson 2:30 – 3:15 PM Dancing until 5:00 PM, Guilford Grange, 4909 Guilford Road, Greensboro. \$8 members, \$10 guests, \$5 students. Info:336-210-0324.

Foothills USA Dance 4th Saturday at Hickory Christian Academy, 7:30 – 10:30 PM. \$5 members, \$8 guests. www.carolinafoothills.org for directions.

Salsa lessons are offered every Saturday evening at Quality Inn of Winston-Salem off Silas Creek Parkway across from Hanes Mall on Hawthorne Street) call 765-6670 for details.



Black Tie Dinner/Dance a sparkling evening under the stars: Roger & Cindy Caudle, Randy & Sherryl Peters, Wini Kniejski, Olivia Kleinmaier, Rebecca MacNeilage, Liz Gilkey, Hubert & Marcia Barney. Thanks, too, to Jack Mitchell and Kay Stevens for help with clean-up.

- Special Thanks to Bob Kniejski, owner of Winston-Salem Wine Market, for help with the wines for the Black Tie.
- Thanks to FedEx Kinko in Thruway Shopping Center for their continued exceptional help with “Ballroom Beat.”
- To all who helped with details at our August Ballroom Sunday: Roger and Cindy Caudle, Alan Richey and Karen Staten, Liz Gilkey, Tom and Kathy Rucker, Donna and Gene McDonald, Matt and Luane Deeter, Danny and Corky Flowers, Kay Stevens, and the Barneys.
- To all, (*such as Bob and Wini Kniejski, above*) who bring a great attitude and a love of dance to our events.

Check our fabulous web site:

www.ballroom-dancing.org

for regular dance opportunities, registration forms, and other valuable information.

Follow us on Facebook at:

www.facebook.com/groups/153346133198

and Twitter @PiedmontNCDance

Notes of Appreciation:

- To Adina Harper (*right* – 336-392-1957) for the fun Cha Cha lesson at our August Ballroom Sunday.
- To our terrific Webmaster John Clark for his continued interest and assistance!
- To the incomparable Hubert Barney for assistance with proofing, for inspiration, and for input to the truisms.
- To the fabulous Piedmont NC USA Dance Board and Committee Chairs who made the



Hear Ye, Hear Ye!

We'll add another Dance Vision DVD to our library on Sept. 28: *International Style Standard Syllabus Silver Quickstep* with Victor Veyrasset and Heather Smith.

Bring a smile, a friend(s) and a snack to share to our

September 28
Beginners' Ball

*See you at the
Jerry Long Family YMCA
On the 28th – 4:00 PM*

Dressy casual Attire

“Ballroom Beat”

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