



Ballroom Beat

Official Monthly Publication of Piedmont NC USA Dance Inc., Chapter 6019
Vol. 23, No. 10 – October 2016, Marcia Barney, Editor (336) 712-8183
Send News and Views to the Editor at PiedmontNCUSABDA@aol.com

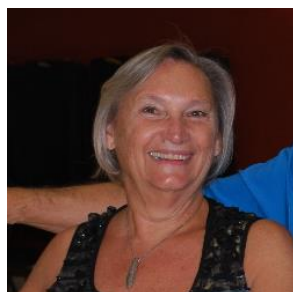
We Promote Ballroom Dancing!

Prez Sez..

Hello fellow dancers,

Wow another beautiful fall is in the making! If it is like usual things will begin to slow down slightly. Our outdoor activities change with the weather and shorter daylight hours. This should give us a little more time to focus on our ballroom dancing.

Piedmont NC USA Dance has a benefit for members that most chapters do not. A dance instructional DVD library is provided for members to check out and to use at their leisure to learn or enhance new steps and/or dances at no cost to the members. These DVDs are multiple levels from beginner to advanced. Your board would like to have a little fun with these DVDs. We would like for you to volunteer to demonstrate (NOT TEACH) a step that you have learned from one of the DVDs. Just demonstrate the step twice in 20 seconds. (No comments.) The title of the DVD and the step you demonstrate will be posted so if someone is interested in checking it out and learning the step they can. This will be fun as well as promote our DVD library. A sign-up sheet will be at the check in table on Sunday. Please participate and have fun with us. We all dance. That is all you will be doing just dancing a step that you learned from one of our DVDs. Roger and I will demonstrate a Cha Cha step at our "President's Halloween Dance" on October 23. Look forward to seeing you on the dance floor, Cindy Caudle, President



New Dance Spotlight

Something new is being added to our Ballroom Sunday dances! It will last only about 20 seconds, but it could lead to endless hours of enjoyment and significant improvement to our dancing. It's the spotlight moment in which a couple will demonstrate a step they learned from one of the DVDs in our library. If you like the step, check out the DVD (free for a month) and learn the step from some of the best instructors in the world. (Please do not ask the couple – or anyone else at the dance - who demonstrates the step to teach, help, or show you the step.)

The purpose of this DVD Spotlight moment is to generate interest in learning more than new steps, but to also learn the best dance technique.

Roger and Cindy Caudle volunteered to do the first Spotlight moment on October 23. Why don't you sign up for November or December?

Holiday Social Dance Classes

Our Holiday Social Dance Class Series begins on Wednesday, October 19. Details on the attached flyer. These classes are suitable for beginner through Bronze level dancers. Take advantage to brush up you dancing before the Holidays begin,

As noted, the classes are at the Jerry Long YMCA. The Y has child care available until 8 PM. Call the Y at 336-712-2000 to arrange for child care. (Register for the classes with Piedmont NC USA Dance.)

October Ballroom Sunday Presidents' Halloween Dance

Sunday, October 23, 2016
Rumba with Teresa Shadoin

4:00 – 4:30 PM Rumba Lesson

General Dancing – 4:30 – 6:30 PM
Music by Hubert and Marcia Barney

Costumes Encouraged on the 23rd.

Directions to Jerry Long Family YMCA in

Clemmons: From I-40 on the west side of Winston-Salem take the Clemmons exit. Go north away from downtown Clemmons. Turn left onto Peacehaven Road at the second traffic light not associated with I-40. Go less than ½ mile and the YMCA is on your left. Go in the main entrance to a great dance. YMCA: 1150 S. Peacehaven Road, Clemmons 27012

2016 at a Glance

Oct. 19 – Social Dancing for the Holidays Begins

October 23 – Presidents' Halloween Dance –

Rumba Lesson by Theresa Shadoin at 4 PM,
Dance until 6:30 at the Jerry Long Family
YMCA, 1150 S. Peacehaven Rd., Clemmons
Admission - \$5 USA Dance or YMCA members;
\$10 guests

November 27– Holiday Premier

Promenade & Annual Business Meeting

Swing Lesson by Randy Harper

Dec. 30– Classy Casual Friday Finale (7PM)

August 19, 2017 – Black Tie Dinner Dance,

Commons on the Green, Lexington

Thank You:

-To Adina Harper for the foxy Fox Trot lesson at our Beginners' Ball.

-To Roger and Cindy Caudle, Liz Gilkey, Dick and Helen Heck, Vi Thai, and the Barneys for venue set-up and refreshments.

-To Hubert

Barney for his help with proofing, planning, and comments in newsletter production.

-To all (such as Dick and Helen Heck, above – *It's great to have you back!*) who bring an attitude of fun and love of dance to our Ballroom Sundays!



Truisms

- Pick a partner you like and spend a lot of time dancing with them.
- Dancers are like a fraction – one is the denominator and the other the numerator.
- Every good leader needs a good follower in front of him.
- Your desire to dance will ultimately determine how well you dance.
- A good partner is a gift to the heart, a friend to the spirit, and a golden thread in the fabric of dance.
- Dancing is like bathing – it should be done daily.
- There is little glory in practice, but without practice there is no glory in dance.
- Why walk when you can dance.
- The ratio of “we’s” to “I’s” describes the quality of a partnership.
- Dance without emotion is like a bird without wings.
- You can't learn to dance by watching it on TV.
- Never be seduced into underestimating a partner because they know few steps.
- .Love of dance is contagious. Pass it on.
- It takes a strong woman to be a good follower.

Bring a smile, a friend(s) and a snack to share:

October 23

Presidents' Halloween Dance

at the

Jerry Long Family YMCA

On the 23rd– 4:00 P.M

Dressy casual attire, but

Costumes encouraged!

Remember, It's the 4th Sunday of 5 in October.

“Ballroom Beat”

Marcia Barney, Editor

3501 Lakefield Court

Clemmons, NC 27012

