



Ballroom Beat

Official Monthly Publication of Piedmont NC USA Dance Inc., Chapter 6019
Vol. 21, No 10 – October 2014, Marcia Barney, Editor (336) 712-8183
Send News and Views to the Editor at PiedmontNCUSABDA@aol.com

We Promote Ballroom Dancing!

Your Prez Says

*Hello fellow dancers,
Excitement, excitement, excitement!
Piedmont NC USA Dance does it again
with a workshop for all levels of dancer
on Saturday, October 25th. The workshop will feature
great technique and tips for Latin/rhythm dancing from
the fabulous instructor, Adina Harper. The first hour
will be devoted to making our Rumba an expression of
emotion. The second hour will be devoted to the fun of
the exciting Cha Cha! See the enclosed flyer for more
information and join me for a fun filled learning
afternoon on the dance floor.*

*We welcomed several new members to our chapter
during the past month. I want to let them know and to
remind our existing members about the outstanding
DVD collection that is available free for loan to our
members. The DVDs may be checked out at Ballroom
Sunday, then returned at the next Ballroom Sunday.
The DVDs address technique, styling, and steps for the
beginner to the advanced dancer for most ballroom
dances. We have been in the process of replacing VHS
format videos with DVD format for some time. New
DVDs are added monthly. This is a benefit unique to
our chapter. I encourage all of our members to peruse
the collection and to take advantage of this benefit.*

*Looking forward to seeing you at the 25th Workshop
and on the 26th for the Presidents' Halloween Ball,
Cindy Caudle, President*



Fall Workshop

Our fall 2014 Workshop is scheduled for 2 to 4 PM on October 25 at our usual venue – Jerry Long YMCA. Adina Harper will be giving us tips and techniques for improving our Latin and rhythm dancing.

The Workshop is designed to help dancers of all levels from beginner to gold. The first hour will use Rumba as the example dance. The second will incorporate Cha Cha.

A reservation form is enclosed/attached. Thank You for making your reservation early.

Costumes Encouraged

Our Annual Presidents' Halloween Dance will not only honor our current and past Piedmont NC USA Dance presidents, it will also offer an opportunity for the creative and/or fun loving among us to exhibit their hidden talents.

There will be prizes for the best costume, the most original costume, and the funniest costume.



Inside & Attached

- Workshop Reservation Form
- Using the DVD Library
- Truisms & Calendar
- Notes of Appreciation
- Welcome Guests & New Members



October Ballroom Sunday

Presidents' Halloween Dance

Sunday, October 26, 2014

**4:00 – 4:30 PM Hustle Lesson
By Robert Simpson**

General Dancing – 4:30 – 6:30 PM
Music by Hubert and Marcia Barney

Directions to Jerry Long Family YMCA in

Clemmons: From I-40 on the west side of Winston-Salem take the Clemmons exit. Go north away from downtown Clemmons. Turn left onto Peacehaven Road at the first traffic light not associated with I-40. Go less than ½ mile and the YMCA is on your left. Go in the main entrance to a great dance. YMCA: 1150 S. Peacehaven Road, Clemmons 27012

Welcome New Members!

Sixteen new members attended National Ballroom Dance Week Classes offered by our Chapter in August and September. Those present at the Beginners' Ball on September 28 were (right to left) Tim and Jackie Cooke, Brian Gilliam, Joan Marie Belnap, Cynthia and Kahlil Bitar, Ron and Ginny Haverson.



Welcome Guests!

Please come again!

We were happy to see friends from Carolina Heartland USA Dance at our Beginners' Ball in September.

Bring a guest to our October Presidents' Dance! If they join you get in free in November and everyone enjoys the dance even more!

2014 at a Glance

October 26 – Presidents' Halloween Ball
Hustle Lesson with Robert Simpson
Lesson at 4 PM,
Dance until 6:30 at the
Jerry Long Family YMCA
1150 S. Peacehaven Rd., Clemmons

Admission - \$5 USA Dance or YMCA

Members; \$10 guests

2014 Ballroom Sundays and Events:

October 25 – Fall Workshop

2-4 PM at Jerry Long YMCA

Latin/Rhythm with Adina Harper

November 23 – Holiday Premier Promenade

Lesson by Teresa Shadoin

December 28 – Early New Year's Dance

Footnotes:

Bob and Wini Kniejski will be dancing in the

Fred Astaire

“Carnival of Dreams”

Showcase on

Saturday, October

25. The event is

from 7 -9 PM at

the Brook

Auditorium in

Mocksville. If

you are interested,

call Wini at 403-

7767 for advance tickets at a discount.



Black Tie Pictures

Photos from our “Dancing Under the Stars” Black Tie Dinner Dance in September are

being posted on the Chapter website this week.

Check

www.ballroom-dancing.org.

The posting should be completed by Halloween.



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Truisms

- No disguise can conceal a love of dance when it exits or simulate it when it does not.
 - It is surprising how much better one dances with a few minutes a day of dancing.
 - I imagine that paradise will be a continuous dance.
 - A chase a day keeps the doldrums away.
 - Good rumba music causes a debate between my hips and my conscience.
 - Dance steps have to be restored, renewed, or reclaimed – never thrown away.
- Five things most happy people do: Waltz, Foxtrot, Swing, Rumba, and Cha Cha.*
- Never treat your partner like they were ordinary.
 - The best way to appreciate a good dance partner is to dance with someone else.
 - Have the desire to dance, prepare to dance, dance.
 - Be nice to beginners. Without them there would be no place to dance tomorrow.
 - A lasting partner must be celebrated – not

tolerated.

- Handwritten love letters and a great Waltz will never go out of style.
- Lessons are what you buy. Dance is what you do.
- In dance if you are persistent you will get it. If you are consistent you will keep it.
- I love for my partner to use old things – like great dance steps.
- I'll keep dancing with the confusions until the moves become clear.
- The world is full of good dancers. If you can't find one, be one.
- Never use time as a reason for not dancing. The time will pass anyway.
- Dance is an instant vacation.
- When you dance create an atmosphere of joy.
- Dance is the refuge of the happy.
- You may not be able to dance better than everyone else, but you can dance your best.

Using the DVD Library

Our conversion from VHS tapes to DVD for our Ballroom Dance Learning Library is complete.

The library is a great way to supplement regular dance lessons from a good instructor. Here are a few tips for using it effectively.

The Syllabus DVDs are instruction in the steps (or figures) that comprise the foundation of that dance at the indicated level. For example, Bronze American Waltz Syllabus will be devoted to the steps of the beginning American Bronze Waltz.

DVDs that say “variations” will give steps that are based on the syllabus steps, but with additional movements. These should be “tackled” after the syllabus is truly learned.

Styling, technique, and expression DVDs are helpful in understanding the characteristics of a specific dance and are frequently applicable to all levels (Bronze, Silver, and Gold) dancers.

Most DVDs are designed for a specific dance. Unless you have a clear understanding of the characteristics of the different dances, it is best not to try to use a DVD designed for one dance to learn steps or patterns for another dance. For example, American Smooth Waltz is not the same as International Standard Waltz nor is American Rumba the same as International Rumba. Alas, even Bronze American Waltz and Silver American Waltz should be considered different dances for learning purposes. Most of us learn American Style dances first, then International Style dances.

Special Invitations:

Mtn. Empire USA Dance – Third Saturday of each month in Marion, Virginia. Lesson @ 7:30, Dance 8:30 – 11 PM. Info: (276) 783-5402. \$7.50 members, \$10 guests.

Carolina Heartlands USA Dance - Second Sunday, Lesson 2:30 – 3:15 PM Dancing until 5:00 PM, Guilford Grange, 4909 Guilford Road, Greensboro. \$8 members, \$10 guests, \$5 students. Info: 336-210-0324.

Foothills USA Dance 4th Saturday at Hickory Christian Academy, 7:30 – 10:30 PM. \$5 members, \$8 guests.

www.carolinafoothills.org for directions.

Salsa lessons are offered every Saturday evening at Quality Inn of Winston-Salem off Silas Creek Parkway across from Hanes Mall on Hawthorne Street) call 765-6670 for details.



Barney for assistance with proofing, for inspiration, and for input to the truisms.

- To all who helped with details at our September Ballroom Sunday: Roger and Cindy Caudle, Randy and Sherryl Peters, Liz Gilkey, Dick and Helen Heck, Tom and Kathy Rucker, Danny and Corky Flowers, and the Barneys.
- To all, (such as Tim and Jackie Cooke, above) who bring a great attitude and a love of dance to our

Ballroom Sundays and other events.

Hear Ye, Hear Ye!

We'll add another Dance Vision DVD to our library on October 26: American Style Rhythm Syllabus Beginning – Intermediate (Bronze) East Coast Swing with Don Johnson and Kasia Kozak. See article inside for tips on using our newly updated DVD library.

Bring a smile, a friend(s) and a snack to share to our

October 26

Presidents' Halloween Dance

*See you at the
Jerry Long Family YMCA
On the 26th – 4:00 PM*

*Dressy casual Attire
Costumes Encouraged!*

Make Your Workshop Reservations Now!

Check our fabulous web site:
www.ballroom-dancing.org
for regular dance opportunities, registration forms,
and other valuable information.
Follow us on Facebook at:
www.facebook.com/groups/153346133198
and Twitter @PiedmontNCDance

Notes of Appreciation:

- To Adina Harper (right – 336-392-1957) for the tantalizing Tango lesson at our September Beginners' Ball Ballroom Sunday.
- To our terrific Webmaster John Clark for his continued interest and assistance!
- To the incomparable Hubert



"Ballroom Beat"

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