



Ballroom Beat

Official Monthly Publication of Piedmont NC USA Dance Inc., Chapter 6019
Vol. 22, No. 11– November 2015, Marcia Barney, Editor (336) 712-8183
Send News and Views to the Editor at PiedmontNCUSABDA@aol.com

We Promote Ballroom Dancing!

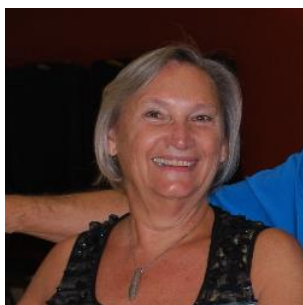
Your Prez Says

Happy Thanksgiving to all Piedmont NC USA Dance members and friends! I am thankful to you and am always happy to see you on the dance floor! You are one reason I am thankful to be a dancer. Being a dancer provides wonderful opportunities to spend time with others who enjoy dancing. Dancing lets us get a good work out - both mentally and physically. The challenge of mastering new dance steps always gives a feeling of accomplishment. The thrill of being lead around the dance floor when the music starts is still like magic for me. I am thankful for a dance partner who loves to dance as much as I do.

As a chapter we have many things to be thankful for: those who are willing to volunteer their time as board or committee members to make this an outstanding chapter; a place to dance with a positive atmosphere on a wonderful dance floor; great ballroom dance music provided by our Phantom DJ; a DVD library for members to enjoy; an annual Black Tie event that is second to none; and outstanding dance instructors to present our lessons each month at Ballroom Sunday. Who could ask for more?

Keep dancing,

Cindy Caudle, President



Annual Meeting

The Piedmont NC USA Dance Annual Business Meeting will be held on Sunday, November 22 during intermission at our “Ballroom Sunday.” The major item of business is the election of a Board of Directors for 2016-18. Nominating Committee Chairs Hubert Barney and Randy Peters have announced the following nominees:

Cindy Caudle, Wini Kniejski, Matt Deeter, Olivia Kleinmaier, Marcia Barney, Roger Caudle, Vi Thai.

The officers of our chapter will be elected from among the Board members at their December meeting. Officers will take office at the end of the “Ballroom Sunday” on December 27.

Your Board is responsible for the financial as well as the administrative details of our organization. They are responsible for sound long-range planning and community relations as well as the details of all our dances.

It is very important that members attend this dance and vote in the election. It’s also the time when we welcome the Holiday Season so dress in your favorite seasonal dance attire and official get the season off to a wonderful start.

November Ballroom Sunday

Holiday Premier Promenade And Annual Business Meeting

**Sunday, November 22, 2015
Cha Cha with Theresa Shadoin**

4:00 – 4:30 PM Cha Cha Lesson

*General Dancing – 4:30 – 6:30 PM
Music by Hubert and Marcia Barney*

Inside

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Directions to Jerry Long Family YMCA in

Clemmons: From I-40 on the west side of Winston-Salem take the Clemmons exit. Go north away from downtown Clemmons. Turn left onto Peacehaven Road at the second traffic light not associated with I-40. Go less than ½ mile and the YMCA is on your left. Go in the main entrance to a great dance. YMCA: 1150 S. Peacehaven Road, Clemmons 27012

Welcome Guests!

Rodger and Inez Eckard, friends from the Winston-Salem Dance Club, attended our President's Halloween Dance. We'll miss Rodger and Inez for a few months as they migrate south for the cold months.

Tom Hovey, a student of Adina Harper, was also a guest. We look forward to seeing you again in November, Tom.

Bring a guest to our November Holiday Premier Promenade Ballroom Sunday! If they join you get in free in December and everyone enjoys the dance even more!

2015 at a Glance (And a peek at 2016)

November 22 – Holiday Premier Promenade And Annual Business Meeting

Cha Cha Lesson by Theresa Shadoin
at 4 PM, Dance until 6:30 at the
Jerry Long Family YMCA
1150 S. Peacehaven Rd., Clemmons
Admission - \$5 USA Dance or YMCA
Members; \$10 guests

December 27 – Early New Year's Dance Lesson by James Williams

2016

August 20, 2016 – Black Tie Dinner Dance **Commons on the Green in Lexington**

Lite Fantastic Closes

An institution of the Clemmons/Winston-Salem Dance Community is closing. Owner and Chief Instructor Jimmy Satterwhite (*seated in rocker*) has announced his retirement effective December 1. Lite

Fantastic School of Dance opened in 1986 and has helped hundreds, primarily couples, learn to dance. Jimmy has participated in our National Ballroom Dance Week "Meet the Local Dance Community" program since its inception.



The final Lite Fantastic Showcase was on Friday, November 13 at the studio. Five Past Presidents and four other previous Board Members of Piedmont NC USA Dance who have been students there were present.

Jimmy and Lite Fantastic will be missed in the local dance community.

Footnotes:

Congratulations to Bob and Wini Kniejski who continue to bring home the trophies and the medals for their outstanding dancing. In October they competed in the Carolina Fall Classic in Charlotte (their first USA Dance Competition.)

Spreading the Word

On Wednesday, December 2, a *Holiday Expo* will be held at the Jerry Long Family YMCA. The time is 9 AM – 1 PM. Piedmont NC USA Dance will have a booth at the event. If you would like to help pass out literature, talk to people about ballroom dancing, and occasionally demonstrate a few moves, please contact your editor. This is the second year of an enjoyable event.

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Truisms

- The only thing sadder than a dance unfinished is a dance never begun.
- It is surprising how much better one dances with a few minutes a day of dancing.
- I imagine that paradise will be one continuous dance.
- Being a dancer isn't enough – one must also dance.
- A partner is a pure commitment – at least for this dance.
- We have to dance our way – however frightening or strange that may sometimes be.
- Every dance touches some chord that will vibrate in our lives
- You become a better dancer by dancing better.
- Great dancing is simply music charged with emotion.
- Ask yourself what you are giving your follower, not what you will receive.

- When I get a little money I buy dance shoes. If there is any left I buy food and clothing.
- A man who dances well has a partner. A man who leads well has a happy partner.
- We are what we repeatedly do – so dance.
- The things a leader must have are confidence and hope.
- Great dancers transform feelings into action.
- Dancers focus their energy on making music more beautiful.
- We must accept how we dance and look forward to how we will dance.
- Dancers are endowed with creativity in order to multiply that which they know.
- Great dancing is not a performance, but a habit.
- It takes determination to dance the way I want to dance.
- Never be content to watch someone else dance.
- Good partners divide the task and multiply the effect.
- Happiness is dancing a new reality.
- True bravery is asking a much better dancer to dance.
- He who leads by force may be forced to find a new partner.

Create the Environment

Many of us watch *Dancing With the Stars*. One of the things that I enjoy most is the creativity of the attire worn by the performers. True, many of the outfits seem to be designed to entice members of the opposite sex - who have little or no interest in dancing - to watch the show. However, the more “noble” purpose is to help create the dance atmosphere and environment – to enhance the emotion of the dance and expression thereof.

Good dancing requires an investment of emotion. What we wrap ourselves in – our attire - can significantly affect the way we dance. A friend recently said “You always dance better when you know people are watching.” It is not the idea of people watching that raises my spirits (and my frame), but the fact that I wear something that makes me feel more attractive. Elegance breeds elegance?

As an experiment (best done with a partner who is a good sport): Dance your favorite dance, then dress in your finest attire appropriate for that dance. (An elegant gown might not be the best choice for a Cha Cha.) Notice the difference in the “feel” of the dance..

Special Invitations:

=Mtn. Empire USA Dance

– Third Saturday of each month in Marion, Virginia. Lesson @ 7:30, Dance 8:30 – 11 PM. Info: (276) 783-5402. \$7.50 members, \$10 guests.

=Carolina Heartlands USA Dance

- Second Sunday, Lesson 2:30 – 3:15 PM Dancing until 5:00 PM, Guilford Grange, 4909 Guilford Road, Greensboro. \$5 members, \$10 guests, \$5 students. Info: 336-210-0324.

=Foothills USA Dance 4th Saturday night at Hickory Christian Academy, 7:30 – 10:30 PM. \$5 members, \$8 guests. www.carolinafoothills.org for directions.

=Winston-Salem Dance Club – First Saturday evening of the month. Southfork Recreation Center, Country Club Road, Winston-Salem. Admission \$3. Info: 336-727-1922



- To the incomparable Hubert Barney for assistance with proofing, for inspiration, and for truism input.
- To all who helped with the room setup, take down, decorations, greeting and refreshments at our October Ballroom Sunday Dance: Tom and Kathy Rucker, Randy and Sherryl Peters, Dick and Helen Heck, Liz Gilkey, Corky and Danny Flowers, and the Barneys.
- To all, (such as Susan Mueller, above) who bring a great attitude and a love of dance to our *Ballroom Sundays* and other events – you help make dancing so enjoyable.

Hear Ye, Hear Ye!

We'll add another great Dance Vision DVD to our Library on November 22: *American Style Smooth Syllabus Advanced I (Silver) Waltz* with Jim and Jenell Maranto.

Bring a smile, a friend(s) and a snack to share to our

November 22

***Holiday Premier Promenade
And
Annual Business Meeting***

***See you at the
Jerry Long Family YMCA
On the 22nd – 4:00 PM***

Dressy casual or Holiday Attire

***Remember: It's the 4th Sunday of 5 in
November.***

Check our fabulous web site:
www.ballroom-dancing.org
for regular dance opportunities, registration forms,
and other valuable information.
Follow us on Facebook at:
www.facebook.com/groups/153346133198
and Twitter @PiedmontNCDance

Notes of Appreciation:

- To Adina Harper for the Rumba lesson at our President's Halloween Dance on October 25.
- To Cindy Caudle and John Clark for all the work they did and do to maintain our web site.



"Ballroom Beat"

Marcia Barney, Editor
3501 Lakefield Court
Clemmons, NC 27012

