



Ballroom Beat

Official Monthly Publication of Piedmont NC USA Dance Inc., Chapter 6019
Vol. 21, No 11 – November 2014, Marcia Barney, Editor (336) 712-8183
Send News and Views to the Editor at PiedmontNCUSABDA@aol.com

We Promote Ballroom Dancing!

Your Prez Says

*Hello fellow dancers,
Our seasons are swiftly changing as we gear up for the hustle and bustle of the November and December holidays, I want to slow down and thank the many individuals who support our Chapter and make it the special organization that it is.*

First, Thank You to our veterans for their service that allows us the freedom to do the things we love, such as ballroom dancing.

Our fantastic instructors for 2014 Teresa Shadoin, Robert Simpson, J.R. Hipsky, Adina Harper, Tony Econ, and James Williams have taught us some really neat dance steps.

Our members and guests provide snacks and water, assist with room set up and break down, participate in our community activities and workshops, and bring a great attitude and love of dance to our Ballroom Sundays

The 2014 Board of Directors Matt Deeter, Rebecca MacNeilage, Olivia Kleinmaier, Roger Caudle, Wini Kniejski, Randy Peters, Marcia Barney, and Cindy Caudle voluntarily give of their time to help make our chapter strong.

Thanks to the Jerry Long YMCA for renting us a space with such a magnificent floor.

I Thank Hubert and Marcia Barney for being great friends and outstanding supporters of our Chapter.

Let the holidays begin with our Holiday Premier Promenade on Sunday November 23.

See you on the dance floor,

Cindy Caudle, President



Annual Meeting And Holiday Premier Promenade

Our Board takes care of most of the business of our Chapter. However, once per year members of the Chapter are asked to officially let them know if they are doing as the membership wishes.

While we only elect a full slate of Board members every 2 years, on the “off” years we are asked to approve any appointments that have been made by the President and approved by the Board. This is the middle or “off” year.

Your Board is meeting this week-end to consider and approve additional Board members. Results will be sent via e-mail with your dance reminder next week.

Of course, the big deal at the Holiday Premier Promenade is the welcoming of the Holiday Dance Season. It is a great time to break out the Holiday clothes and the Holiday spirit and start your Dance Celebration of the coming season!

Bring a friend – we have a big floor and welcome all new and experienced enthusiastic dancers!

November Ballroom Sunday

The Fourth Sunday of 5 in November!

Holiday Premier Promenade

Sunday, November 23, 2014

**4:00 – 4:30 PM Waltz Lesson
By Teresa Shadoin**

*General Dancing – 4:30 – 6:30 PM
Music by Hubert and Marcia Barney*

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Directions to Jerry Long Family YMCA in Clemmons:

From I-40 on the west side of Winston-Salem take the Clemmons exit. Go north away from downtown Clemmons. Turn left onto Peacehaven Road at the second traffic light not associated with I-40. Go less than ½ mile and the YMCA is on your left. Go in the main entrance to a great dance. YMCA: 1150 S. Peacehaven Road, Clemmons 27012

Welcome Back

It was good to see **Susan Mueller** (right) back on October 26.



Bring a guest to our November Holiday Premier Promenade! If they join you get in free in December and everyone enjoys the dance even more!

2014 at a Glance

November 23 – Holiday Premier Promenade
And Annual Business Meeting
Waltz Lesson with Teresa Shadoin
Lesson at 4 PM,
Dance until 6:30 at the
Jerry Long Family YMCA
1150 S. Peacehaven Rd., Clemmons
Admission - \$5 USA Dance or YMCA
Members; \$10 guests

2014 & 2015 Ballroom Sundays and Events:

December 28 – Early New Year's Dance
January 25, 2015, February 22, 2015,
March 22, 2015, April 26, 2015,
May 24, 2015, June 28, 2015,
July 26, 2015, August 23, 2015
September 27, 2015 – Beginners' Ball
October 25, 2015 – Presidents' Halloween
Dance

November 22, 2015 – Holiday Premier
Promenade & Annual Business Meeting
December 27, 2015 – Early New Year's
Dance

Your Input Invited: If you have an idea for a theme for one of the first 9 dances in 2015 pass it along to either President Cindy Caudle or tell your *Ballroom Beat* Editor. Creativity is a beautiful thing!

Footnotes:

Senior Day: Jerry Long YMCA is holding their first Senior Day on Wednesday, November 19. Piedmont NC USA Dance will have a "booth" at the event. If you would like to help with the exhibit call your Editor. If you'd like to just drop by do so between 9 AM and 1 PM. There will be a number of other vendors offering diverse information about things from health services to massages to hair styling. There will also be holiday crafts for sale at the event.

Black Tie Pictures

Photos from our "Dancing Under the Stars" Black Tie Dinner Dance in September and from our "Making Memories" Black Tie in September 2013 are now posted on the Chapter website: www.ballroom-dancing.org.

**Costume Contest Winners**

Tim and Jackie Cooke were the winners of our Best 2014 Halloween Costume Contest.



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Truisms

- Some dancers are like sponges – they absorb everything to which they are exposed.
- Life is short. Dance while you can still hear the beat.
- I keep two pairs of shoes in my car: my gym shoes and my dance shoes.
- Dancing is a word few understand but everyone appreciates.
- Swing is a golfer's favorite dance.
- You're making progress when you can dance steps that you can't pronounce.
- Dancing without enthusiasm is called walking.
- Some of my dance practice is done in the grocery store aisle.
- Best compliment ever: "I knew you could dance, but I didn't know you could dance like THAT."
- To dance in the rain first dance up a storm.
- “What ifs” and “should haves” will not help your dancing.
- Some dancers are like diamonds – they become more polished with each dance.

- A partner's expression is a kind of mirror.
- I want to be the partner my partner wants to dance with.
- The human mind is adept at telling us we can't dance. With a little programming it can learn to tell us that we can dance.
- Eventually it makes sense.
- Dance is communication and discovery.
- Patience should also be in the dancer's toolbox.
- A partner is a friend given by dance.
- Use the talents you possess to dance your best.
- Judge each day not by the music that you hear, but by the songs that you dance.
- Listen constantly, like a lot, and dance the best.
- Every new dance has been denounced as vulgar while it was new.
- The ability to laugh at yourself makes learning to dance a whole lot easier.
- Dance, like virtue, is its own reward.

Make My Season Brighter

Yes, the Holiday Season is almost upon us. We'll soon be exchanging gifts and celebrating the season with family and friends. Hopefully you will also be dancing a lot which means you probably have a few dancers on your gift list. What do you give a dancer - partner, sister/brother, offspring, friend, or hostess? This is the time of year when we always have suggestions – from the pricey to the inexpensive.

A Dance Camp would be a great gift for a partner and, of course, it would be even better if you went with them. If you're looking for something a little closer to home consider a lesson package or a just a few lessons with their favorite local instructor. Instructional DVDs also make very nice (and easily hidden) gifts.

Dance clothing – including shoes – or a gift certificate to a specific retailer for said items could make their 2015 dance experiences even better.

A membership (or an additional year) in Piedmont NC USA Dance would be a nice present. (We'll be glad to provide a certificate suitable for framing with a little advance notice. Contact your editor for details.)

A hostess who dances might like a pin, a shoe brush, a music CD, a gift card to an on-line dance music provider, or a gift certificate for admission to Ballroom Sundays in 2015 (contact Editor for certificate and details.)

Special Invitations:

Mtn. Empire USA Dance – Third

Saturday of each
month in Marion,
Virginia. Lesson @
7:30, Dance 8:30 –
11 PM. Info: (276)
783-5402. \$7.50
members, \$10
guests.

Carolina Heartlands USA Dance - Second
Sunday, Lesson 2:30 – 3:15 PM Dancing until 5:00
PM, Guilford Grange, 4909 Guilford Road,
Greensboro. \$8 members, \$10 guests, \$5
students. Info: 336-210-0324.

Foothills USA Dance 4th Saturday at Hickory
Christian Academy, 7:30 – 10:30 PM. \$5 members,
\$8 guests. www.carolinafoothills.org for directions.
Salsa lessons are offered every Saturday evening
at Quality Inn of Winston-Salem off Silas Creek
Parkway across from Hanes Mall on Hawthorne
Street) call 765-6670 for details.

Holiday Dance Extravaganza: A Fundraiser for
Sand Ridge Community Center, Friday, Dec. 12
from 7 to 9 PM. The Stanley Farm, 1121 Steele
Rd., Sandy Ridge, NC. Info: 336-871-2126.
www.StokesCountyBallroomDancing.weebly.com.



- To our terrific Webmaster John Clark for his continued interest and assistance!
- To the incomparable Hubert Barney for assistance with proofing, for inspiration, and for input to the truisms.
- To all who helped with details at our September Ballroom Sunday: Roger and Cindy Caudle, Randy Peters, Liz Gilkey, Dick and Helen Heck, Tom and Kathy Rucker, Danny and Corky Flowers, and the Barneys.
- To all, (such as Roger Caudle, above with wife Cindy) who bring a great attitude and a love of dance to our Ballroom Sundays and other events.

Hear Ye, Hear Ye!

We'll add another Dance Vision DVD to our library on November 23: *American Style Smooth Waltz Styling and Technique* with Michael Mead and Toni Redpath.

Bring a smile, a friend(s) and a snack to share
to our

November 23

***Holiday Premier Promenade
And
Annual Meeting***

***See you at the
Jerry Long Family YMCA
On the 23rd – 4:00 P.M.***

Holiday Attire

***Remember – it's the 4th Sunday of 5 in
November!***

Check our fabulous web site:

www.ballroom-dancing.org

for regular dance opportunities, registration forms,
and other valuable information.

Follow us on Facebook at:

www.facebook.com/groups/153346133198

and Twitter @PiedmontNCDance

Notes of Appreciation:

- To Robert Simpson for the hopping hustle lesson at our October Presidents' Halloween Dance Ballroom Sunday.

"Ballroom Beat"

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