



# Ballroom Beat

Official Monthly Publication of Piedmont NC USA Dance Inc., Chapter 6019  
Vol. 21, No 5 – May 2014, Marcia Barney, Editor (336) 712-8183  
Send News and Views to the Editor at [PiedmontNCUSABDA@aol.com](mailto:PiedmontNCUSABDA@aol.com)

*We Promote Ballroom Dancing!*

## Your Prez Says

*Hello fellow dancers,  
You know that Roger and I are always looking for places to dance. It seems the warming weather brings many more opportunities. Nothing makes me happier than to learn of events, inside or out, with live bands or DJs that give us another place to ballroom dance. Being from Wilkes County has caused limited opportunities. However, we are excited that both Wilkesboro and North Wilkesboro have some major outside events planned for May through October. To add to that excitement, the two towns jointly applied for a grant and as a result purchased a portable 1300 square foot dance floor. Our dancing on broken pavement to show that there was an interest has really paid off - and with only minor injuries*

*Most of the events we found are not in Wilkes County and are not strictly ballroom but a mixture of social dances. However, I feel that Roger and I are ambassadors for Piedmont NC USA every time we step on a dance floor regardless of location. Still the best event of every month is our Ballroom Sunday dance. I encourage you to check for local events in your area that will give you an opportunity to dance, too. Let's informally swap information at Ballroom Sunday on May 25.*

*I look forward to seeing you on the dance floor,  
Cindy Caudle, President*



## Dancing Under the Stars

We will be "Dancing Under the Stars" at our Black Tie Dinner Dance on September 20 at the Lexington Municipal Center. The night will feature glamour, good food, good friends (see below), good floor, and great music by DJ Craig.

A reservation form is enclosed. Note the discount for those who register early.



### Celebrating Veterans

All veterans and active military personnel attending our May 25 Memorial Dance will be guests of our Chapter.

### Inside

- A Lesson and a Dance
- Summer Dance Opportunities
- Truisms & Calendar
- Notes of Appreciation
- Welcome Guests & Welcome Back



## May Ballroom Sunday

### Memorial Dance

**Sunday, May 25, 2014**

**4:00 – 4:30 PM Tango Lesson  
With Adina Harper**

*General Dancing – 4:30 – 6:30 PM  
Music by Hubert and Marcia Barney*

### Directions to Jerry Long Family YMCA in

**Clemmons:** From I-40 on the west side of Winston-Salem take the Clemmons exit. Go north away from downtown Clemmons. Turn left onto Peacehaven Road at the first traffic light not associated with I-40. Go less than ½ mile and the YMCA is on your left. Go in the main entrance to a great dance. YMCA: 1150 S. Peacehaven Road, Clemmons 27012

### *Welcome Guests!*

Please come again!

### **Anna Davenport**

(left) visited us on April 27 as a guest of Gene and Donna McDonald. We look forward to seeing you again in May!



We were happy to see friends from Carolina Heartland USA Dance and Foothills USA Dance also.

### *Welcome Back!*

**John and Dariel Buzek** (see photo on back page) danced with us again on April 27! No health issues this time, just heavy travel schedules. However, some of us might say that too much golf and too little dancing could be a health issue!

### **Summer Dance Opportunities**

During the summer months we have many opportunities to change our dance habits. Sometimes we travel, sometimes we expend our energy on gardening and lawn care. We tend to have more visitors, more cook-outs, and more “sit in the shade with our feet up” moments. A plethora of outdoor activities from ballgames to golf games vie for our recreation time.

Why not combine activities for double the fun? A day of golf followed by a good dance or a new dance spot discovered at the beach could make for a delightful duo. Now all we need is information. If you know of good places to dance – near or far – send that information to your editor at [HMBAR@aol.com](mailto:HMBAR@aol.com) or call her at 712-8183 and we'll compile a “directory” of dance spots.

I'm guessing that President Cindy could get us started on that list. We'll consider repeats as endorsements of the dance or venue – so don't keep silent about yours because you think someone else has submitted it!

*Bring a guest to our May Memorial Day Ballroom Sunday! If they join you get in free in June and everyone enjoys the dance even more!*

### **2014 at a Glance**

#### May 25 – Memorial Dance

Tango Lesson by Adina Harper  
at 4 PM, Dance until 6:30,

Jerry Long Family YMCA

1150 S. Peacehaven Rd., Clemmons

Admission - \$5 USA Dance or YMCA

Members; \$10 guests

#### **2014 Ballroom Sundays and Events:**

June 22 - Everything White Party

July 27 – One Quick Step deserves Another

August 24 – Waltz Not to Like?

September 20, 2014 – Black Tie Dinner

Dance, “Dancing Under the Stars”

Lexington Municipal Club

Reservation form enclosed.

September 28 – Beginners' Ball

October 25 – Fall Workshop

Latin/Rhythm with Adina Harper

October 26 – President's Halloween Dance

November 23 – Holiday Premier Promenade

December 28 – Early New Year's Dance

#### **A Note about Dues:**

A new membership tracking system was initiated by our “parent” organization, USA Dance, last year. With this system dues notices are automatically e-mailed to members. If you wish to pay your dues via this link, do so and we will send you an invoice for local dues only. If you prefer to pay only once, forward the e-mail from USA Dance to [Piedmontncusabda@aol.com](mailto:Piedmontncusabda@aol.com) or [hmbar@aol.com](mailto:hmbar@aol.com) and you will get only one invoice.

We are also developing a better system for obtaining membership cards for members. We'll keep you posted on that one. Change is good, right?

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### **Truisms**

- Dance is a means to enjoy your way to a longer life.
- Dance is a progressive discovery of how little we know.
- Music is the base upon which our dancing grows.
- Beauty is the gradual result of learning to dance better.
- A good instructor is a GPS to better dancing.
- A leader has to do what a leader has to do.  
Sometimes a follower just has to figure out what that is.
- Someday I'll figure out just how much practice makes permanent.
- May the emotion I express be the emotion I feel.
- Dance steps are clearly defined. Dancers are not.
- The first great break-through for couples is when the husband admits that he enjoys dancing.
- A dancer's stamina is usually measured by feet.
- A dancer is an emotion picture maker.
- A leader must learn how to take evasive action.

- My first mistake on the dance floor cannot be repeated. Most of the rest are.
- I accept less than perfect in my partner and hope they do the same.
- Dancing what you like is freedom. Liking what you dance is happiness.
- Good dancing is like any other luxury – you have to work for it.
- There is no such thing as a real verbal lead.
- Learning to dance the Rumba will keep you on your toes.
- Dance is movement made more enjoyable by music.

### **The Lesson and the Dance (Or Etiquette on the Dance Floor, Part 603)**

You just learned this cool dance step at your lesson last week and you're dying to show it off. Maybe you see a couple who are obviously inexperienced at Cha Cha. Most of us have a sudden overwhelming urge to teach. Some deep inner spirit nudges us to "share" that step we almost understand. Maybe we think "if they just knew a little more they would enjoy the dance so much more." Just as we sometimes must control our urges to "help" our partner a bit too much, we should also control our perpetual teaching urge.

Our dances begin with a lesson by a professional instructor. However, once the lesson has ended the social dance begins. That doesn't mean that we shouldn't assist someone if asked, but it does mean that we should go into purely dance mode.

The "rule of thumb" is to dance to the level of the less experienced dancer of the partnership (partnership can be for a single dance.) Leaders, this offers a great opportunity for you to learn how to determine the expertise of your partner – and, yes, observation with another partner is legitimate. If you are a really good leader with great control of your body and understanding of the step, you may be able to dance with a follower slightly above her normal proficiency level. A hint that this is not the case may be when you have to "talk them through" the step. Followers, this offers a great opportunity for you to practice patience and restraint – I'm sure none of us would resort to back-leading.

Let's enjoy both parts of our dances: the lesson and the social dance and keep demarcation between the two.

## Special Invitations:

### Mtn. Empire USA Dance

– Third Saturday of each month in Marion, Virginia. Lesson @ 7:30, Dance 8:30 – 11 PM. Info: (276) 783-5402. \$7.50 members, \$10 guests.

### Carolina Heartlands

**USA Dance** - Second Sunday, Lesson 2:30 – 3:15 PM Dancing until 5:00 PM, Guilford Grange, 4909 Guilford Road, Greensboro. \$8 members, \$10 guests, \$5 students. Info:336-210-0324.

**Foothills USA Dance** 4<sup>th</sup> Saturday night at Hickory Christian Academy, 7:30 – 10:30 PM. \$5 members, \$8 guests. [www.carolinafoothills.org](http://www.carolinafoothills.org) for directions.

**Salsa lessons** are offered every Saturday evening at Quality Inn of Winston-Salem (off Silas Creek Parkway across from Hanes Mall on Hawthorne Street) call 765-6670 for details.



- for his continued interest and assistance!
- Ø To the incomparable Hubert Barney for assistance with proofing, for inspiration, and for truism input.
  - Ø To all who helped with the room setup, take down, decorations, greeting and refreshments at our April Ballroom Sunday Dance: Roger and Cindy Caudle, Randy and Sherryl Peters, Liz Gilkey, John and Dariel Buzek, Dick and Helen Heck, Danny and Corky Flowers, and the Barneys.
  - Ø To Cindy Caudle, Matt Deeter, and the Barneys for their help with the USA Dance booth at Clemmons Community Day.
  - Ø To all, (*such as Max and Carolyn Bumgarner, above*) who bring a great attitude and a love of dance to our *Ballroom Sundays* and other events – you help make dancing so enjoyable.

## Hear Ye, Hear Ye!

We'll add another Dance Vision DVD to our library on May 25: *International Style Rhythm Syllabus Beginning-Intermediate (Bronze) Cha Cha* with Corky Ballas and Olga Rodionova.

Bring a smile, a friend(s) and a snack to share

to our

May 25

## Memorial Dance

*See you at the  
Jerry Long Family YMCA  
On the 25th – 4:00 PM*

*Dressy casual Attire*

*Remember to invite a veteran who dances to  
come as our guest!*

Check our fabulous web site:  
[www.ballroom-dancing.org](http://www.ballroom-dancing.org)  
for regular dance opportunities, registration forms,  
and other valuable information.  
Follow us on Facebook at:  
[www.facebook.com/groups/153346133198](http://www.facebook.com/groups/153346133198)  
and Twitter @PiedmontNCDance

## Notes of Appreciation:

- Ø To Teresa Shadoin (*right, demonstrating a picture frame with John and Dariel Buzek*) for the valuable Workshop on April 26 and for the rumba lesson at our April Ballroom Sunday.
- Ø To our terrific Webmaster John Clark



“Ballroom Beat”  
Marcia Barney, Editor  
3501 Lakefield Court  
Clemmons, NC 27012

