



# Ballroom Beat

Official Monthly Publication of Piedmont NC USA Dance Inc., Chapter 6019  
Vol. 21, No 6 – June 2014, Marcia Barney, Editor (336) 712-8183  
Send News and Views to the Editor at [PiedmontNCUSABDA@aol.com](mailto:PiedmontNCUSABDA@aol.com)

## *We Promote Ballroom Dancing!*

### **Your Prez Says**

*Hello fellow dancers,  
It is hard to believe that the year is almost half over. We have had some fantastic dances and really great lessons at our Ballroom Sundays. I encourage you to get more involved with your chapter. You have special talents and abilities that would benefit the rest of us. In the coming months we not only have Ballroom Sunday dances but also our annual Black Tie Dinner/Dance. Here are a few suggestions for ways you could get involved that would not take up a lot of your time:*

- input and help to spread the word about our events
- simple decorations for a Ballroom Sunday
- assisting with decorating for our Black Tie
- getting your dance instructor interested in teaching at Ballroom Sunday
- ideas for outreach
- increasing membership
- inviting friends to dance with us
- serve on a committee

*I am sure you can think of other ways to help make our chapter even better. Please give some thought to this and share those thoughts with me at [piedmontdanceprez@gmail.com](mailto:piedmontdanceprez@gmail.com). I look forward to hearing your ideas and to working with you. I look forward to seeing you on Sunday, June 22!*

*Cindy Caudle, President*



### **Farwell to Videos**

The June Ballroom Sunday will be the final dance at which our Video Library will be present. This action is due to the severely decreased activity of checking out videos (probably due to few of us still owning a VCR player.)

We will, however, continue to maintain our extensive DVD Learning Library. In fact, we will be adding new titles monthly.

Piedmont NC USA Dance Members will continue to be able to check out DVDs on a variety of smooth, standard, Latin, and Rhythm dances. The DVDs cover beginning, intermediate, advanced I, and advanced II dance levels. As before, there will be no rental charge for the first month and only a \$10 per month late fee (see inside for a tip on improving memory.)

If you would like to purchase any of the Videos, please see President Cindy or your Editor. We could offer you a better deal if you purchase several.

### **June Ballroom Sunday**

**It's the Fourth Sunday of Five in June!**

**Everything White Party**

**Sunday, June 22, 2014**

**4:00 – 4:30 PM Waltz Lesson  
With Tony Econ**

*General Dancing – 4:30 – 6:30 PM  
Music by Hubert and Marcia Barney*

### **Inside**

- Lighten Up – It's Summertime!
- Vacation Worth Remembering
- Truisms & Calendar
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- Welcome Guests & Footnotes



**Directions to Jerry Long Family YMCA in Clemmons:** From I-40 on the west side of Winston-Salem take the Clemmons exit. Go north away from downtown Clemmons. Turn left onto Peacehaven Road at the first traffic light not associated with I-40. Go less than ½ mile and the YMCA is on your left. Go in the main entrance to a great dance. YMCA: 1150 S. Peacehaven Road, Clemmons 27012

*Welcome Guests!*

**Karen Staten and Alan Richey** (*right*) visited us on May 25 as guests of Hubert and Marcia Barney. We look forward to seeing you again in June!

**Susan Muller** also visited on May 25. We hope you

Please come again!



will return on June 22, Susan.

**Michael and Frances Hawks** (*left*) also visited as guests of Hubert and Marcia Barney. We hope you'll be back on June 22!



We were happy to see friends from

Carolina Heartland USA Dance and Foothills USA Dance also.

### **Lighten Up – It's Summer Time!**

Through special dispensation of one of our Board Members, prizes of a free admission to a Ballroom Sunday will be offered to the dancers who come up with the best story for the following:

What is the funniest thing that has happened to you at a dance? (You may use appropriate vagueness to protect the identity of the guilty.) For example: A few years ago at their first Black Tie Dinner/Dance one of our members whispered to her partner during a beautiful waltz, "Honey, we'd better stop now. I have a shoe problem." To which he replied, "What's wrong with your shoe?" She replied: "It's about 4 yards behind us."

Send your stories to your editor to enter or bring them to "Ballroom Sunday" on June 22.

*Bring a guest to our June "Everything White Party" Ballroom Sunday! If they join you get in free in July and everyone enjoys the dance even more!*

### **2014 at a Glance**

June 22 – Everything White Party

Waltz Lesson by Tony Econ

at 4 PM, Dance until 6:30,

Jerry Long Family YMCA

1150 S. Peacehaven Rd., Clemmons

Admission - \$5 USA Dance or YMCA

Members; \$10 guests

**2014 Ballroom Sundays and Events:**

July 27 – One Quick Step deserves Another

August 24 – Waltz Not to Like?

**August 25 - National Ballroom Dance Week**

Lessons begin

**September 20, 2014 – Black Tie Dinner**

Dance, "Dancing Under the Stars"

Lexington Municipal Club

Reservation form enclosed.

September 28 – Beginners' Ball

October 25 – Fall Workshop

Latin/Rhythm with Adina Harper

October 26 – President's Halloween Dance

November 23 – Holiday Premier Promenade

December 28 – Early New Year's Dance

### **Footnotes:**

Thank You to

**Randy and Sherryl Peters**

(*rt.*) for their

generous

Sustaining

Member

contribution to

our Friends

and Sponsors

Program.

Randy and

Sherryl will also be two of the stars in the Lite Fantastic Summer Showcase on June 27<sup>th</sup>.



**Did You Know:** Dancing is good for your memory! (I just heard that on the June 18, 2014 Dr. Oz TV Program. He mentioned 3 other things, but they weren't nearly as much fun as Cha Cha.)

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### Truisms

- No step is so feared as the one least know.
- The more illusive the step the more intriguing it becomes.
- Dance is more than moving to music. It is expressing the emotion created by music.
- I deserve to be dancing!
- When first we learn to Waltz every number is a Waltz.
- Too often we enjoy the joy of dancing without the work of practice.
- There are two kinds of dancers – current and future.
- Learn the dance and forget the details.
- Machines can't learn to dance because they have no heart.
- How will we ever know when we've danced enough?
- Music plays so all the world can dance.
- Dance shoes are incentives you buy yourself.
- If you see a fault in your partner think of two of your own.

- Will you be the dancer who makes everyone feel good?
- Never forget why you wanted to learn to dance.
- The only thing to do with your skeletons is to take them out of the closet and dance with them.
- I have forced myself to follow my leader in order to avoid conforming to my own taste.
- A single grateful thought expressed to a partner raises their level of dancing.
- He who forgets to appreciate his partner can never be on speaking terms with happiness.
- We should dance in such a way that others will wish to dance with us.

### Editorial: A Vacation Worth Remembering

Last week Hubert and I spent the week in Las Vegas and didn't loose a dime. However, we did come back far richer than when we left without gambling even that dime. We again attended the Dance Vision Las Vegas Dance Camp.

The Camp is designed to help any dancer, whether beginner, intermediate, advanced, or Instructor, brush up and improve their dancing. It is easy to get inspired in classes taught by former (now retired from competition) champions such as Jim and Jenell Maranto; Michael Mead and Toni Redpath; Don Johnson and Kasha Kozak; Toby and Harmony Monroe, just to mention a few. The classes cover the major smooth, standard, rhythm, and Latin dances as well as some less common such as Night Club Two Step, Bachata, and Argentine Tango. Students who wish can even learn a dance routine (this year Tango and Cha Cha were the routines) to perform on the final evening.

Concurrent classes are conducted for the different level of dancers. Dancers are encouraged to attend whichever classes challenge them – without becoming frustrating. We attended mostly the Instructor classes, but one morning featured Argentine Tango (not our favorite) so we detoured to a Bronze Salsa Class that proved fun and enlightening.

There is so much information offered at the camp that a DVD is available to those who attend that contains all the figures taught at the camp.

Consider spending a little vacation time in June next year giving your dancing a concentrated boost – and that may be the only sure bet in Las Vegas!



## Special Invitations:

**Mtn. Empire USA Dance** – Third Saturday of each month in Marion, Virginia. Lesson @ 7:30, Dance 8:30 – 11 PM. Info: (276) 783-5402. \$7.50 members, \$10 guests.

**Carolina Heartlands USA Dance** - Second Sunday, Lesson 2:30 – 3:15 PM Dancing until 5:00 PM, Guilford Grange, 4909 Guilford Road, Greensboro. \$8 members, \$10 guests, \$5 students. Info: 336-210-0324.

**Foothills USA Dance** 4<sup>th</sup> Saturday night at Hickory Christian Academy, 7:30 – 10:30 PM. \$5 members, \$8 guests. [www.carolinafoothills.org](http://www.carolinafoothills.org) for directions.

**Salsa lessons** are offered every Saturday evening at Quality Inn of Winston-Salem (off Silas Creek Parkway across from Hanes Mall on Hawthorne Street) call 765-6670 for details.



- To all who helped with the room setup, take down, decorations, greeting and refreshments at our May Ballroom Sunday Dance: Roger and Cindy Caudle, Randy and Sherryl Peters, Liz Gilkey, Dick and Helen Heck, Danny and Corky

Flowers, and the Barneys.

- To all, (such as Dick and Helen Heck, above) who bring a great attitude and a love of dance to our *Ballroom Sundays* and other events – you help make dancing so enjoyable.

## Hear Ye, Hear Ye!

We'll add another Dance Vision DVD to our library on June 22: *American Style Rhythm Syllabus – Beginning/Intermediate (Bronze) Cha Cha* with Don Johnson and Kasha Kozak.

Bring a smile, a friend(s) and a snack to share

to our

June 22

## *Everything White Party*

*See you at the  
Jerry Long Family YMCA  
On the 22nd – 4:00 PM*

*Dressy casual Attire – White if You Like!*

**Make Your Black Tie Dinner Dance  
Reservation Now – Form Attached.**

Check our fabulous web site:  
[www.ballroom-dancing.org](http://www.ballroom-dancing.org)  
for regular dance opportunities, registration forms,  
and other valuable information.  
Follow us on Facebook at:  
[www.facebook.com/groups/153346133198](https://www.facebook.com/groups/153346133198)  
and Twitter @PiedmontNCDance

## Notes of Appreciation:

- To Adina Harper (*right*) for the Tango lesson at our May Ballroom Sunday.
- To our terrific Webmaster John Clark for his continued interest and assistance!
- To the incomparable Hubert Barney for assistance with proofing, for inspiration, and for truism input.



## "Ballroom Beat"

Marcia Barney, Editor  
3501 Lakefield Court  
Clemmons, NC 27012

