



Ballroom Beat

Official Monthly Publication of Piedmont NC USA Dance Inc., Chapter 6019
Vol. 21, No 7 – July 2014, Marcia Barney, Editor (336) 712-8183
Send News and Views to the Editor at PiedmontNCUSABDA@aol.com

We Promote Ballroom Dancing!

Your Prez Says

*Hello fellow dancers,
Wow! Summer is definitely in full swing with the heat and humidity. I hope you are finding ways to stay cool and that some of those ways include a few dances or dance classes. Being on a dance floor with your dance partner, enjoying the music and the dance will help you forget all about the weather.*

The purpose of Piedmont NC USA is to promote ballroom dancing. We are gearing up for some opportunities to do just that. In August we will offer introductory dance classes for new members. These classes provide a great opportunity for new folks to begin ballroom dancing. Share this information with potential dancers. On September 20 "Dancing Under the Stars" will give us an opportunity to dress up and share a wonderful evening dancing with our friends on a great dance floor with outstanding ballroom music. I get excited just thinking about it.

Summertime is calling me to opportunities to dance. Piedmont NC USA is calling YOU to come join us for Ballroom Sunday on July 27 – with a theme of "One quick step deserves another", a great lesson (foxtrot), outstanding music and you all know how much I love the dance floor.

Be cool come dance with us,

Cindy Caudle, President



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"Meet the Local Ballroom Dance Community" Beginner Dance Lessons

Each year to celebrate National Ballroom Dance Week Piedmont NC USA Dance offers a series of beginner Ballroom Dance Lessons to all new (joined within the past year) members of our Chapter. These lessons cover the 5 most basic ballroom dances: waltz, foxtrot, triple time swing, rumba, and cha cha.

The lessons are taught by local dance instructors at their studios so that new dancers can not only "try out" ballroom dancing, but meet the instructors who can help them reach their ballroom dancing goals. The first lesson will be held at our usual venue on August 25 and will feature Waltz. Subsequent lessons will be held at various studios in Clemmons and Winston-Salem.

To receive the free lessons one need only to join our Chapter on or before August 25. A reservation form is enclosed with this newsletter. If you are already a new member, simply write "already joined" at the bottom of the form and mail it or bring it to the July 27 dance.

July Ballroom Sunday

One Quick Step Deserves Another

Sunday, July 27, 2014

**4:00 – 4:30 PM Foxtrot Lesson
With James Williams**

General Dancing – 4:30 – 6:30 PM
Music by Hubert and Marcia Barney

Door Prize at 5:45 PM.

Directions to Jerry Long Family YMCA in

Clemmons: From I-40 on the west side of Winston-Salem take the Clemmons exit. Go north away from downtown Clemmons. Turn left onto Peacehaven Road at the first traffic light not associated with I-40. Go less than ½ mile and the YMCA is on your left. Go in the main entrance to a great dance. YMCA: 1150 S. Peacehaven Road, Clemmons 27012

Welcome New Members!

Karen Staten and Alan

Richey (right),
friends of the
Barneys and
the Caudles

joined us on June 22. We're delighted to have
you!



Susan Muller (left) also
joined on June 22. We
look forward to dancing
with you!

Buddy and Gayle

Marterre (below right)
also joined us on June 22.
Buddy and Gayle are
students at Fred Astaire
Dance Studio. Welcome!

**Charles and
Lorene
Markland**
*(we'll have a
picture of them
next month)*
danced with us
on June 22 and
are now our
newest
members!



Please come again!

Welcome Guests!



It was great to see
former members
**Monty and
Wendy Burnham**
(left) on June 22!

We were happy to see friends from Carolina
Heartland USA Dance also.

New DVDs

We have converted our learning library to DVDs
only. As a result we are planning to expand our
DVD collection and will be ordering new ones. If
you have suggestions for other DVDs for our
Library, please send your editor a note or pass the
information to the receptionist at our July 27
Ballroom Sunday.

*Bring a guest to our July "One Quick Step Deserves
Another" Ballroom Sunday! If they join you get in free
in August and everyone enjoys the dance even more!*

2014 at a Glance

July 27 – One Quick Step Deserves Another"
Foxtrot Lesson by James Williams
at 4 PM, Dance until 6:30,
Jerry Long Family YMCA
1150 S. Peacehaven Rd., Clemmons
Admission - \$5 USA Dance or YMCA
Members; \$10 guests

2014 Ballroom Sundays and Events:

August 24 – Waltz Not to Like?

August 25 - National Ballroom Dance Week
Lessons begin. Tell Your Friends!

**September 18 – 29 – National Ballroom
Dance Week**

September 20, 2014 – Black Tie Dinner
Dance, "Dancing Under the Stars"
Lexington Municipal Club
Reservation form enclosed.

September 28 – Beginners' Ball

October 25 – Fall Workshop

Latin/Rhythm with Adina Harper

October 26 – President's Halloween Dance

November 23 – Holiday Premier Promenade

December 28 – Early New Year's Dance

Reservation Forms Enclosed

A reservation form for the National Ballroom
Dance Week **"Meet the Local Dance
Community"** Lessons

The September 20 **"Dancing Under the
Stars"** Black Tie Dinner Dance

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Truisms

- Dance so that you remember the joy long after the music stops.
- Maximizing the joy of dancing is the ultimate goal of dancing.
- Music is a means through which each dancer can experience another facet of themselves.
- Any step, no matter how long and complex, is made up of several individual movements.
- People dance the way they feel and feel the way they dance.
- What I love most about the dance floor is those with whom I share it.
- He dances spontaneously—after hours of practice.
- Dance is the purest form of communication.
- How sweet it is when a strong leader is also gentle!
- Snow White's favorite dance partner is Happy.
- A kind word can warm a cool dance partner.
- Be kind to your partner. You, too, are imperfect.
- When trying to learn a new step have the tenacity of a weed.

- He who makes no mistakes while dancing dances very little.
- Hot words can make a cool partnership.
- Good dancing uses the brain. Great dancing requires the heart.
- Overlooking your partner's mistakes builds a bridge over which you can pass.
- The major roadblock to great dancing is getting started.
- Be kind, for every dancer has their own challenges.
- Every movement we learn leaves a mark on our dancing.
- You can't learn to dance sitting down.

Editorial: Could YOU be a Budding Dance Bum

Some of us will, at the drop of a dance shoe, travel far and wide to enjoy a few dances with old and new friends who share our interest. Sometimes it is just because we want to enjoy a few hours of dancing. Sometimes it is to meet others of similar persuasion.

We may even travel many miles just to check out a dance floor. If we hear whispers of a well-kept wooden floor of ample size to accommodate ballroom dancers we could extend our range even farther.

The rumor of really good music or a lively “danceable” band can practically give us heart palpitations! Friday – Sunday aren’t “weekends,” they are “prime dance days.”

We plan vacations around dancing or we make sure to check out potential dance spots wherever we are traveling. Many of us have gone on dance cruises. The hunger for knowledge leads us to dance camps on the other side of the country or the other side of the world.

We dream of retirement when we’ll have more time to dance. We may even retire early so that we can dance more.

We seek receptions, reunions, and parties where the DJ can be “bribed” to play some of “our” music. If that niece who used to be such a brat is having danceable music at her wedding reception we begin planning a bridal shower for her!

If you find yourself guilty of several of these activities, you may be a budding dance bum and all of us who already walk around with our heads high, a waltz in our heart and a smile on our face welcome you to our midst!

Special Invitations:

Mtn. Empire USA

Dance – Third Saturday of each month in Marion, Virginia. Lesson @ 7:30, Dance 8:30 – 11 PM. Info: (276) 783-5402. \$7.50 members, \$10 guests.

Carolina Heartlands

USA Dance - Second Sunday, Lesson 2:30 – 3:15 PM Dancing until 5:00 PM, Guilford Grange, 4909 Guilford Road, Greensboro. \$8 members, \$10 guests, \$5 students. Info: 336-210-0324.

Foothills USA Dance 4th Saturday night at Hickory Christian Academy, 7:30 – 10:30 PM. \$5 members, \$8 guests. www.carolinafoothills.org for directions.

Salsa lessons are offered every Saturday evening at Quality Inn of Winston-Salem (off Silas Creek Parkway across from Hanes Mall on Hawthorne Street) call 765-6670 for details.



Webmaster John Clark for his continued interest and assistance!

- To the incomparable Hubert Barney for assistance with proofing, for inspiration, and for truism input.
- To all who helped with the room setup, take down, decorations, greeting and refreshments at our June Ballroom Sunday Dance: Roger and Cindy Caudle, Alan Richey and Karen Staten, Liz Gilkey, John and Dariel Buczek, Dick and Helen Heck, and the Barneys.
- To all, (*such as John and Dariel Buczek above*) who bring a great attitude and a love of dance to our *Ballroom Sundays* and other events – you help make dancing so enjoyable.

Hear Ye, Hear Ye!

We'll add another Dance Vision DVD to our library on July 27: *Solo Turn Variations with Styling* by Toni Redpath.

Bring a smile, a friend(s) and a snack to share

to our

July 27

One Quick Step Deserves Another

***See you at the
Jerry Long Family YMCA
On the 27th – 4:00 PM***

Dressy casual Attire

***Make Your Black Tie Dinner Dance
Reservation Now – Form Attached.***

**Introduce someone to Ballroom Dancing –
Give them the “Meet the Local Dance
Community Flyer”**

Check our fabulous web site:

www.ballroom-dancing.org

for regular dance opportunities, registration forms,
and other valuable information.

Follow us on Facebook at:

www.facebook.com/groups/153346133198

and Twitter @PiedmontNCDance

Notes of Appreciation:



- To Tony Econ (*left*) for the Waltz lesson at our June Ballroom Sunday. Tony can be reached at 407-2634 for private lessons.
- To our terrific

“Ballroom Beat”

Marcia Barney, Editor
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Clemmons, NC 27012

