



Ballroom Beat

Official Monthly Publication of Piedmont NC USA Dance Inc., Chapter 6019
Vol. 21, No 1 – January 2014, Marcia Barney, Editor (336) 712-8183
Send News and Views to the Editor at PiedmontNCUSABDA@aol.com

We Promote Ballroom Dancing!

Your Prez Says

Happy New Year fellow dancers,

It is with great pleasure that I accept the presidency of Piedmont NC USA Dance for 2014. I look forward to working and dancing with you this year. You have elected a fantastic Board dedicated to working for the members of our Chapter; however, our chapter is not just a Board, it is YOU that makes us what we are. Together we can provide an atmosphere welcoming to all current and prospective ballroom dancers. The Board takes care of the details of scheduling, booking instructors, and the music. You take care of the rest by being on the dance floor and conversing with fellow dancers.

Ballroom Sunday provides an opportunity, on a wonderful dance floor, to dance and to practice what you've learned, or to just enjoy the dance. From beginner to gold level dancer – there's room for everyone.

Roger and I have danced with many other USA Dance chapters. I am proud to say that Piedmont NC USA Dance is second to none. The music, the dance floor, the instructors, the learning library, and the hospitality make our chapter great!

Put on you dancing shoes, bring a friend and join me on the dance floor on January 26 to kick off a new year of ballroom dancing. See you there,

Cindy Caudle, President



Committee Assignments Available

We've elected our Board and they have elected our Officers for 2014. Now it is time for the rest of us to help with the Committees. Most of the Committees have Chairs, but all need members. Being a committee member is an enjoyable way to help our Chapter without a massive time commitment. If you're one of those well-seasoned, experienced members who needs a little something to get your enthusiasm back, a committee assignment might be just the thing for putting that extra spring in your step!

Randy Peters needs members for the Membership Committee. Matt and Luane Deeter would love to have your help with Publicity. Liz Gilkey always finds help with the Refreshments Committee refreshing. Roger Caudle cheers when someone helps with the chairs and other details of Room Arrangement. Marcia Barney would love to hear from you with articles or ideas for the Newsletter. Olivia Kleinmaier and Rebecca MacNeilage would welcome you to the Outreach Committee.

We still need someone to chair the Youth Committee. If you are interested, please talk to Cindy Caudle.

Inside

- Charity Event
- Calendar
- Truisms & Video Sales
- Notes of Appreciation
- Welcome Guests and New Members



January Ballroom Sunday

Foxy Red Carpet Dance

Sunday, January 26, 2014

**4:00 – 4:30 PM Fox Trot Lesson
With Teresa Shadoin**

*General Dancing – 4:30 – 6:30 PM
Music by Hubert and Marcia Barney*

Directions to Jerry Long Family YMCA in

Clemmons: From I-40 on the west side of Winston-Salem take the Clemmons exit. Go north away from downtown Clemmons. Turn left onto Peacehaven Road at the first traffic light not associated with I-40. Go less than ½ mile and the YMCA is on your left. Go in the main entrance to a great dance. YMCA: 1150 S. Peacehaven Road, Clemmons 27012

Welcome Back!

After a short intermission from dancing we were delighted to welcome **Gayle Laws** (right with **Bob Martin**) and **James Williams** (photo on page 4) back to Piedmont NC USA Dance.



Welcome Guests!

Bob Martin (see above photo) came to our Early New Years Dance as a guest of the Caudles, Gayle



Laws, and James Williams. We hope you will return, Bob. It was great to see former members **Bill and Wanda MacLeod** (left) dancing with us

again. We hope you will become regulars. We were happy to see friends from Carolina Heartland USA Dance also.

Videos for Sale

We are updating our teaching library by replacing our VCR tapes with DVDs. As a result, those who like to use a VCR are in for a real deal: The used VCRs will be available for \$10 each at our Ballroom Sunday dances.

Bring a guest to our January Ballroom Sunday! If they join you get in free in February and everyone enjoys the dance even more!

2014 at a Glance

January 26 – Foxy Red Carpet Dance
Fox Trot Lesson by Teresa Shadoin
at 4 PM, Dance until 6:30,
Jerry Long Family YMCA
1150 S. Peacehaven Rd., Clemmons
Admission - \$5 USA Dance or YMCA
Members; \$10 guests

2014 Ballroom Sundays and Events:

January 26 - Foxy Red Carpet
February 23 - Sweet Charity
March 22 – Spring Workshop
March 23 – Dance for Your Team
April 27 – Showers Then Flowers
May 25 – Memorial Dance
June 22 - Everything's White Party
July 27 –One Quick Step deserves Another
August 24 – Waltz Not to Like?

September 20, 2014 – Black Tie Dinner
Dance, Lexington Municipal Club

September 28 – Beginner Ball

October 25 – Fall Workshop

October 26 – President's Halloween Dance

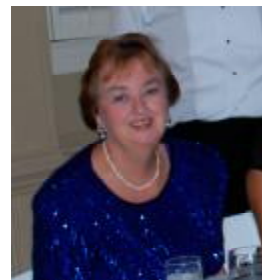
November 23 – Holiday Premier Promenade

December 28 – Early New Year's Dance



Our 2014 Board: Left to right front: Rebecca MacNeilage, Cindy Caudle, Marcia Barney, Olivia Kleinmaier, Wini Kniejski. Back row left to right is Roger Caudle, Randy Peters and Matt Deeter.

Past Piedmont NC USA Dance President **Rita Crews** (right) has passed away after an extended illness. Her warm smile and willing hand will be missed.



DANCEVISION.COM
Teaching The World To Dance

**DVDs
Online Streaming
Music
Books
Dance Floors
Manuals
Certifications
Dance Camps**

...and more!

Over 4,000 video lessons to choose from!

Call for a free catalog at
1 (800) 851 - 2813
or visit
WWW.DANCEVISION.COM

There's something suitable for all your dance friends, instructors, and partners!



Truisms

- Paso Doble is a lot of bull!
- Dance, like life, is moving to the music while avoiding other people's toes.
- Sharing a dance means sharing a dream.
- Leaders are not born – they take lessons.
- Singing requires talent, dancing requires practice.
- Dancing a Jive is like being in a blender without a lid.
- Dancing is an UP activity – Eyes Up, Head Up, Elbows Up, Body UP..
- There are two reasons for dancing: health and happiness.
- You can never learn too much technique.
- Steps may come and steps may go, but good technique can last forever.
- I dance better than yesterday, but not as well as tomorrow.
- Don't talk so much that your partner cannot hear what your body is saying.
- A strong leader can afford to be gentle.

- Missing a dance is like tearing pages out of an unread book.
- A good follower knows how to be patient.
- I am a dancer - the music makes me move.
- I try hard to avoid having an out of dance experience.
- An optimist thinks that every dance is the best dance. A pessimist fears that that is true.
- In just two days, tomorrow's dance will be yesterday's memory.
- I plan on dancing forever. So far, so good.
- Time alone will not make us better dancers.
- Indecision may be the key to flexibility, but it is deadly for a leader.
- There is no pill for genuine lack of practice.
- Music is dance in cold storage.
- Lessons are necessary for learning, but learning is never the sole purpose of dance.
- Following is also a form of leading.

Charity Event February 23

In February we will hold our Annual Charity Event at our Ballroom Sunday. Proceeds will go to Prevent Childhood Obesity through use of the YMCA programs.

We need items to sale at the event. If you have dance-related items – new or gently used – that you would be willing to donate, please let either President Cindy Caudle or your Editor know.

That pair of shoes that you wore once and found that they didn't feel just right for you might be just what someone's feet

would love! Those shoes might make another dancer smile like Dick and Helen Heck!

Some of the items sold at last year's Charity Sale were: dance clothes (male and female), dance shoes (male and female), art (framed and unframed), statues of dancers, music instruments, dance videos, music CDs.

Perhaps you know someone who no longer dances and would like to contribute their dance shoes and clothes to a non-profit organization. We will provide a receipt for the items donated.

Interested parties can also make monetary donations at the event.



Special Invitations:

Mtn. Empire USA Dance –

Third Saturday of each month in Marion, Virginia. Lesson @ 7:30, Dance 8:30 – 11 PM. Info: (276) 783-5402. \$7.50 members, \$10 guests.

Carolina Heartlands USA

Dance - Second Sunday, Lesson 2:30 – 3:15 PM Dancing until 5:00 PM, Guilford Grange, 4909 Guilford Road, Greensboro. \$8 members, \$10 guests, \$5 students. Info: 336-210-0324.

Foothills USA Dance 4th Saturday night at Hickory Christian Academy, 7:30 – 10:30 PM. \$5 members, \$8 guests. www.carolinafoothills.org for directions.

Salsa lessons are offered every Saturday evening at Quality Inn of Winston-Salem (off Silas Creek Parkway across from Hanes Mall on Hawthorne Street) call 765-6670 for details.



recovers lost pictures!

Ø To the incomparable Hubert Barney for assistance with proofing, for inspiration, and for truism input.

Ø To all who helped with the room setup, take down, decorations, greeting and refreshments at our December Early New Year's Dance: Roger and Cindy, Liz Gilkey, Tom and Kathy Rucker, Kay Stevens, Danny and Corky Flowers, and the Barneys.

Ø To all, (*such as Corky and Danny Flowers, above*) who bring a great attitude and a love of dance to our *Ballroom Sundays* and other events – you help make dancing so enjoyable.

Hear Ye, Hear Ye!

We'll add another outstanding Dance Vision DVD to our library on January 26: *American Style Smooth Tango Styling & Technique* with Michael Mead and Toni Redpath.

Bring a smile, a friend(s) and a snack to share to our

January 26

Foxy Red Carpet Dance

***See you at the
Jerry Long Family YMCA
On the 26th – 4:00 PM***

***Dressy casual or something red fit for the
red carpet attire!***

Check our fabulous web site:
www.ballroom-dancing.org
for regular dance opportunities, registration forms,
and other valuable information.
Follow us on Facebook at:
www.facebook.com/groups/153346133198
and Twitter @PiedmontNCDance

Notes of Appreciation:

- Ø To James Williams (*right*) for the uplifting Waltz lesson on December 29.
- Ø To our terrific Webmaster John Clark for his continued interest and assistance! He even



"Ballroom Beat"

Marcia Barney, Editor
3501 Lakefield Court
Clemmons, NC 27012

