



# Ballroom Beat

Official Monthly Publication of Piedmont NC USA Dance Inc., Chapter 6019  
Vol. 23, No. 2– February 2016, Marcia Barney, Editor (336) 712-8183  
Send News and Views to the Editor at [PiedmontNCUSABDA@aol.com](mailto:PiedmontNCUSABDA@aol.com)

*We Promote Ballroom Dancing!*

## Your Prez Says

*Hello fellow dancers,*

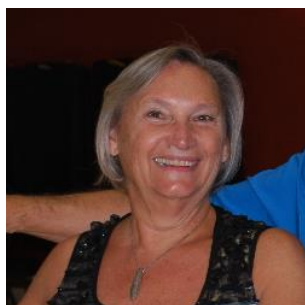
*It will be wonderful to see everyone on the dance floor for the first time this year at our Charity Ball on February 28. After the winter weather getting in the way of Ballroom Sunday last month, it is definitely time to dance! Having snow for our "Snow Ball" was not the plan! That was the first weekend in several years that Roger and I have not been dancing. All four of our weekend dances were cancelled due to the weather. I love snow, but not when it interferes with our dancing.*

*We are fortunate to have extremely talented instructors who are so gracious to offer Sunday afternoon lessons for Piedmont NC USA Dance. During the past year Adina Harper, Teresa Shadoin, James Williams, Randy Garner, Robert Simpson and the late Tony Econ each conducted great ballroom dance lessons for us for our Ballroom Sunday dances. This month we will welcome Laura Steinback as an instructor. Laura is no stranger to our chapter, but has been absent for almost a decade. We look forward to her return for this month's Cha Cha lesson and for many more. Three cheers to all our wonderful Sunday afternoon instructors who help keep us on our toes.*

*Come out and enjoy a good lesson and a great dance! You might even find a great deal at the Charity Sale table!*

*See you all on the 28<sup>th</sup>.*

*Cindy Caudle, President*



## Annual Charity Event

Our February Ballroom Sunday will be our Annual Charity Event. Each year our Chapter has a sale of dance-related items. The proceeds from this sale, along with donations from members and guests, are used to fight childhood obesity in our community. Our goal is to exceed our 2015 amount of \$1500.

If you have dance-related items such as dance shoes, pictures, statues, clothing, jewelry, DVDs, music..... to donate to the sale, please bring them on February 28. If you don't have items to donate bring a monetary donation or plan to shop. We've had some very nice items for sale – at great prices - in previous years. Some of the dance shoes seem to have the steps "already built right into them."

## Social Dance Classes in May

Social and Special Occasion Dance classes will begin May 11. Be thinking of friends and acquaintances who would be interested in enjoying the summer fun with you on the dance floor.

The dances to be covered are Rumba and Swing - those most played by DJs and bands.

## February Ballroom Sunday

### Charity Ball

**Sunday, February 28, 2016**  
**Cha Cha with Laura Steinback**

**4:00 – 4:30 PM Cha Cha Lesson**

*General Dancing – 4:30 – 6:30 PM*  
*Music by Hubert and Marcia Barney*

## In This Issue

- Express Your Talent
- Calendar & Truisms
- Annual Charity Event
- Social Dance Classes
- Bring Guests



### Directions to Jerry Long Family YMCA in

**Clemmons:** From I-40 on the west side of Winston-Salem take the Clemmons exit. Go north away from downtown Clemmons. Turn left onto Peacehaven Road at the second traffic light not associated with I-40. Go less than ½ mile and the YMCA is on your left. Go in the main entrance to a great dance. YMCA: 1150 S. Peacehaven Road, Clemmons 27012

### *Welcome Guests!*

As we had no dance in January, we had no guests. Be sure to invite your dancing friends to join us on February 28!

### 2016 at a Glance

**February 28- Charity Ball** - Cha Cha Lesson by Laura Steinback at 4 PM, Dance until 6:30 at the Jerry Long Family YMCA, 1150 S. Peacehaven Rd., Clemmons Admission - \$5 USA Dance or YMCA members; \$10 guests

**March 20 - March Madness**

(a week early due to Easter Sunday)  
Fox Trot lesson with Teresa Shadoin

**April 24 – Coming Out Dance**

Rumba lesson with Adina Harper

**May 11 – Social Dance lessons begin**

**May 22 – We Salute You**

**June 26 – Summer Fun**

**July 24 – Splash Dance**

**August 20 – Black Tie Dinner Dance,  
Mid-Summer Dream**

Lexington Municipal Club

**August 22 – National Ballroom Dance Week**  
Beginner Lessons start

**August 28 – Sock Hop**

**September 25 – Beginners' Ball**

**Oct. 23– Presidents' Halloween Dance**

**November 27– Holiday Premier**

Promenade & Annual Business Meeting

**Dec. 30– Classy Casual Friday Finale (7PM)**

### Express Your Talent:

The environment can make the dance even more fun! If you'd like to be the decorator for a Ballroom Sunday dance, please let Cindy know.

### *Truisms*

- To be truly well-educated is to dance well.*
- In dance, grace glides on tired feet.*
- Dancing is the limbs smiling at the heart's direction.*
- Dancing is seriously good for the heart...and mind, soul, and body.*
- Some of us want to dance, some of us have to dance.*
- To dance is to live with hope.*
- A good dancer doesn't do the same thing twice, they do it better.*
- Carpe Danciem.*
- I may be a pilgrim – every time I dance I make a little progress.*
- We learn steps so that we can eventually learn to dance.*
- Continue to dance even after the music ends.*
- The question is not can they reason, but can they dance.*
- Ballroom dancing would be easier if women's knees bent the other way.*

Bring a smile, a friend(s) and a snack to share:

**February 28**

***Charity Ball***

*at the*

*Jerry Long Family YMCA*

*On the 28th– 4:00 PM*

*Dressy casual Attire*

***Remember: It's our Charity Ball:  
Donate, Shop, Buy***

"Ballroom Beat"

Marcia Barney, Editor

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