



Ballroom Beat

Official Monthly Publication of Piedmont NC USA Dance Inc., Chapter 6019
Vol. 2 No 2 – February 2015, Marcia Barney, Editor (336) 712-8183
Send News and Views to the Editor at PiedmontNCUSABDA@aol.com

We Promote Ballroom Dancing!

Your Prez Says

Hello fellow dancers, Happy Valentines!! I hope you and your dance partner celebrate this occasion somewhere on a dance floor with wonderful music. Roger and I sure will. Then all of us should be geared up for our "Heart Felt Charity Ball" on February 22. February is such a special month for our Chapter. This is the month for our annual charity event. For the past two years we have raised at least a \$1000 that we have donated to Jerry Long YMCA to help combat childhood obesity. Having worked with children for over 38 years, this is very special to my heart. All of this is accomplished through your generosity of donating and/or purchasing items or making donations for the cause.

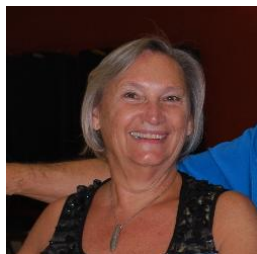
At last year's event I purchased some fantastic dance attire that I have worn numerous times. One of my favorites was my "dream dance shoes" that I wore to our daughter's wedding and danced the night away in them. I had been looking for something different to wear to this very special occasion with no luck. But, bingo, there they were right in front of my eyes at Ballroom Sunday. Our daughter was just as excited as I was. Every time someone comments on those shoes it makes me smile and think of all the friends we have made at Piedmont NC USA Dance. In other words my



swells!

So come bring your friends, on February 22 and let's see what kind of treasures we can find this time. See you on the dance floor,

Cindy Caudle, President



Annual Charity Event And Dancer's Sale

February is the month for loving and giving. Our Annual Charity event to support Childhood Obesity Prevention will celebrate the sentiment. While we know that dance would be the most enjoyable way to prevent childhood obesity, we have chosen to support a proven effective method of physical activity in a wholesome, supportive atmosphere. The Jerry Long YMCA offers scholarships to children so that they can participate in sports programs, swim programs, and summer camp activities that help them become stronger in mind, body, and spirit. Proceeds from our Charity Dancer's Sale and charitable contributions made at our February 22 Ballroom Sunday will be donated to support these programs.

If you have dance-related items such as shoes, clothing, jewelry, accessories (evening purses were popular last year), pictures, sculptures, or other art object bring them to the February 22 Dance and contribute them to the Charity Sale. If you don't wish to contribute items, come as a shopper – or both shopper and contributor.

February Ballroom Sunday

Heart Felt Charity
Annual Charity Dancer's Sale and Dance

Sunday, February 22, 2015

4:00 – 4:30 PM Waltz Lesson
By James Williams

General Dancing – 4:30 – 6:30 PM
Music by Hubert and Marcia Barney

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- Welcome new Members



Directions to Jerry Long Family YMCA in

Clemmons: From I-40 on the west side of Winston-Salem take the Clemmons exit. Go north away from downtown Clemmons. Turn left onto Peacehaven Road at the second traffic light not associated with I-40. Go less than ½ mile and the YMCA is on your left. Go in the main entrance to a great dance. YMCA: 1150 S. Peacehaven Road, Clemmons 27012

Welcome Back

It was good to see **Max and Carolyn Bumgarner** (right) back on January 25.

Welcome New Members

Richard Mock (right with Olivia Kleinmaier), a friend of Olivia, became a welcome addition to Piedmont NC USA Dance on January 25.



Bill Hawrylvk (below left), a friend of Nellie Pruitt from the Foothills USA Dance Chapter, also joined us on January 25. Welcome, Bill!



Welcome Guests:

We were delighted to have guests from both Carolina Heartlands USA Dance and Foothills USA Dance at our January 25 Frozen Ballroom Sunday. Please come again!

Bring a guest to our February "Heart Felt Charity"! If they join you get in free in March and everyone enjoys the dance even more!

2015 at a Glance

February 22 – Heart Felt Charity
Waltz Lesson with James Williams

Lesson at 4 PM,
Dance until 6:30 at the
Jerry Long Family YMCA
1150 S. Peacehaven Rd., Clemmons
Admission - \$5 USA Dance or YMCA
Members; \$10 guests

March 22 – March Madness
April 26 – Blooming Good Dance
April 27 – Clemmons Community Day
May 24 – Memorial Dance
June 28 – Star Gazing
July 26 – Fireworks
August 23 – Wild Card Ball
August 24 – National Ballroom Dance
Week Beginner Lesson Start
September 19 – Black Tie Dinner/Dance
"Under the Glitter Dome" at the
Lexington Municipal Club
September 27 – Beginners' Ball
October 25 – Presidents' Halloween
Dance
November 22 – Holiday Premier
Promenade & Annual Business Meeting
December 27 – Early New Year's Dance

Footnotes:

Workshops: Do you think we should offer dance workshops during the year? Please let your President know the answer to this question when you attend the February 22 Ballroom Sunday. Obviously the next question will be what dance would you like featured.

Membership Cards:

Piedmont NC USA Dance members have nice laminated membership cards. If you have not yet picked up yours, please do so on February 22.

Calendars:

Our 2015 Calendars are also available at the reception desk. The Ballroom Sunday and Black Tie dates are even marked as a reminder! (Thanks, Cindy!)

Something Special for Your Valentine

Celebrating Valentine's Day should be pretty simple for dancers – just dance. A little adult beverage, a good rumba on the music player of your choice, and very little clear floor space is just the recipe for romance.

Happy Valentine's Day!

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Truisms

- What for centuries raised man above the beast is the irresistible power of music and dance.
- Some dancers make you smile as they enter.
Some make you smile as they leave.
- Great dancing comes from knowledge, emotion, and practice.
- Creative dancers are unpredictable.
- Even the best of dancers have their dull moments.
- Nothing great has ever been accomplished on the dance floor without passion.
- Even when the dance floor is empty there is a feeling of anticipation of what is to be.
- There is no disguise that can conceal emotion in a great dancer or simulate it when absent.
- You have to spend a lot of time on the dance floor to be a good dancer.
- The absence of flaw in dancing is in itself a flaw.
- Dance is music in motion.
- Dancing for the sake of dancing is the ideology of the happy.

- Go onto the floor and dance what is in your head and you are a dancer. Go onto the floor and dance what's in your heart and you're an artist.
- Sometimes you can't see yourself clearly until you see yourself through the eyes of your partner.
- Never let your love of music overpower your love of dance.
- Familiarity should never make you a cruel dance partner.
- There are three secrets to good dancing: learning, turning, and yearning.
- Music has the effect of eliciting motion which should always be turned into dance.
- You increase your joy by increasing the joy of your partner.
- A minute dancing is worth more than an hour of watching.
- The greatest thing in dance is to know how to move with your partner.
- Be thankful you can dance by sharing it with someone else.
- Never let the enemies in your head hinder your ability to dance.
- The best partner is a positive, happy partner
- A dancer can be mature in age or actions..

A Chance to Learn

We have a variety of instructors at our Ballroom Sundays. Every instructor is different and has different methods of teaching. Some instructors emphasize the learning of steps so that we can enjoy a variety of movements while dancing. Some instructors emphasize technique so that we can enjoy making even the most simple moves beautiful.

Depending on the background of the instructor we see different counts in different dances. Some instructors teach the rock step as 1, 2 in East Coast Swing while others teach it as 5, 6. Some teach American Rumba as Slow, Quick, Quick while others teach Quick, Quick, Slow.

Some instructors teach a long series of movements (such as in a complicated step) in small increments. Others teach by doing the whole series repeatedly.

Whatever the method of teaching, there is always something to be learned at our Ballroom Sunday lessons. Even the advanced dancers can pick up tips and techniques that will improve their dancing, so don't miss a chance to become better!

Special Invitations:

Mtn. Empire USA Dance –

Third Saturday of
each month in
Marion, Virginia.
Lesson @ 7:30,
Dance 8:30 – 11
PM. Info: (276)
783-5402. \$7.50
members, \$10 guests.



- To the incomparable Hubert Barney for assistance with proofing, for inspiration, and for input to the truisms.
- To all who helped with details at our January Ballroom Sunday: Roger and Cindy Caudle, Randy & Sherryl Peters, Liz Gilkey, Dick and Helen Heck, Tom and Kathy Rucker, Danny and Corky Flowers, and the Barneys.
- To all, (such as Tom and Kathy Rucker, above) who bring a great attitude and a love of dance to our Ballroom Sundays and other events.

Carolina Heartlands USA Dance - Second Sunday, Lesson 2:30 – 3:15 PM Dancing until 5:00 PM, Guilford Grange, 4909 Guilford Road, Greensboro. \$8 members, \$10 guests, \$5 students. Info:336-210-0324.

Foothills USA Dance 4th Saturday at Hickory Christian Academy, 7:30 – 10:30 PM. \$5 members, \$8 guests. www.carolinafoothills.org for directions.

Salsa lessons are offered every Saturday evening at Quality Inn of Winston-Salem off Silas Creek Parkway across from Hanes Mall on Hawthorne Street) call 765-6670 for details.

Check our fabulous web site:
www.ballroom-dancing.org

for regular dance opportunities, registration forms,
and other valuable information.

Follow us on Facebook at:
www.facebook.com/groups/153346133198
and Twitter @PiedmontNCDance

Notes of Appreciation:

- To Robert Simpson for the Cha Cha lesson at our Frozen Ballroom Sunday.
- To our terrific Webmaster John Clark for his continued interest and assistance!

Hear Ye, Hear Ye!

We'll add another Dance Vision DVD to our library on February 22: *American Style Rhythm Syllabus Beginning – Intermediate (Bronze) East Coast Swing* with Don Johnson and Kasia Kozak.

Bring a smile, a friend(s), any items you wish to contribute to the Charity Sale, and a snack to share to our

February 22

***Heart Felt Charity Dance
And
Dancer's Sale***

***See you at the
Jerry Long Family YMCA
On the 22nd– 4:00 PM***

Dressy Casual Attire

***Remember – Donations to the Charity Sale
and Shoppers Welcomed!***

“Ballroom Beat”
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