



Ballroom Beat

Official Monthly Publication of Piedmont NC USA Dance Inc., Chapter 6019
Vol. 20, No 8 – August 2013, Marcia Barney, Editor (336) 712-8183
Send News and Views to the Editor at PiedmontNCUSABDA@aol.com

We Promote Ballroom Dancing!

Seeking Board Members



Fellow Dancers,

Your president has had an exceptionally busy time recently with too many on call days and week ends and too few dances. Just like in the "Family Circus" comics when Billy's Dad has to miss a week, little Billy takes pen in hand and fills in:

Every two years we elect 9 Board Members to serve our chapter. This year we hold such an election.

Serving on the Piedmont NC USA Dance Chapter Board is an enjoyable experience for dancers who are interested in making our Chapter a great place to dance. The purpose of our Chapter is to promote ballroom dancing and to serve as a cohesive force for ballroom dancing in our community. We need Board members who are enthusiastic about dancing and about expanding ballroom dancing. Our Board sets the fiscal policy for the Chapter, plans and executes the monthly and special dances (such as the Black Tie Dinner Dance.) We participate in special community events to enhance the visibility of ballroom dancing.

The 9 Board members who are elected in November will, in December, choose the Vice-President/President-elect, Secretary, Treasurer, 4 Directors-at-Large, and the Advocate Director-at-Large.

A nominating committee comprised of Hubert Barney, Sherryl Peters, and Tom Rucker is seeking interested members to serve on the Board. If you are such a member, talk to either committee member at our August "Ballroom Sunday."

Your President looks forward to seeing you on August 25, too!

Meet the Local Dance Community

Each year Piedmont NC USA Dance and local dance studios offer a series of beginner ballroom dance lessons to all members who have joined our chapter during the past year. The purpose of the classes is to introduce new dancers to both the dance community and the "basic" ballroom dances. These classes will begin on August 19 and continue for the following 4 Mondays through September 16. Lessons will cover Waltz, Foxtrot, Swing, Rumba, and Cha Cha. In addition to the YMCA Dance Program, dance studios who have agreed to participate are Jimmy Satterwhite at Lite Fantastic, Allen Berryhill of Studio One, Fred Astaire of Clemmons and Tony Econ. All participants will be guests at our September 22 Beginners' Ball.

If you know someone who would like to try ballroom dancing, tell them about the classes. If you joined within the past year, just let your Editor know that you plan to attend the classes. The first class will be at the Jerry Long Y, others will be at the different instructors' studios in the community.

For a nice price break get your Black Tie Dinner Dance Reservations in by 8/31/13!

August Ballroom Sunday

Summer Sock Hop

Sunday, August 25, 2013

**4:00 – 4:30 PM Tango Lesson
With Teresa Shadoin**

General Dancing – 4:30 – 6:30 PM
New Music by Hubert and Marcia Barney

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Directions to Jerry Long Family YMCA in Clemmons: From I-40 on the west side of Winston-Salem take the Clemmons exit. Go north away from downtown Clemmons. Turn left onto Peacehaven Road at the first traffic light not associated with I-40. Go less than ½ mile and the YMCA is on your left. Go in the main entrance to a great dance. YMCA: 1150 S. Peacehaven Road, Clemmons 27012

Welcome New Members!

Susan Booth (right), a friend of John Dinkins joined us on July 28. Welcome!

Kathy Young, a friend of Rebecca MacNeilage, joined USA Dance in July. We look forward to seeing you in August!



Welcome Guests!



Cortney Shields (left) visited us on July 28. We hope you will return in August!

Russell Conaway (right) and



Val Saints (left) visited as guests of Dennis and Melinda Zembower.



We were delighted to have **Dennis and Melinda Zembower** back for a visit in July!

We're always happy to see **Robert Simpson**.

Videos for Sale

We are updating our teaching library by replacing our VCR tapes with DVDs. As a result, those who like to use a VCR are in for a real deal: The used VCRs will be available for \$10 each beginning with our August 25 Ballroom Sunday. Initially all VCRs covering American and International Style Silver or Gold syllabus, variations, and technique as well as International Style Bronze will be available. American Style Bronze will be available at the September Ballroom Sunday "Beginners' Ball."

Bring a guest to our August Ballroom Sunday! If they join you get in free in September and everyone enjoys the dance even more!

2013 at a Glance

August 19 – National Ballroom Dance Week
Lessons for new members begin
Reservation form/membership application
Enclosed/attached

August 25 – Summer Sock Hop
Tango Lesson by Teresa Shadoin at 4 PM;
Dance until 6:30 PM
Jerry Long Family YMCA
1150 S. Peacehaven Rd., Clemmons
Admission - \$5 USA Dance or YMCA
Members; \$10 guests

September 21 – Black Tie Dinner Dance
Reservation Form Enclosed/Attached

September 22 – Beginners Ball
Fox Trot Lesson by Tony Econ

October 27 – Presidents' Halloween Dance

November 24 – Holiday Premier Promenade
December 29, 2013 – Early New Years' Party
(Please note that this is a fifth Sunday)

Black Tie Dinner Dance

Reservation Forms for our September 21 Black Tie Dinner Dance at the beautiful Lexington Municipal Center are enclosed or attached. Please note the price break if you get your reservation in by August 31. The terrific DJ Craig will do the music again this year.

The theme this year is "Making Memories." Your Board believes that you will add to your store of wonderful memories at this event. To set the mood, Decorations Chair Chinera Latham invites you to send an 8" x 10" photo of one of your pleasant memories to her for use in decorating. All photos will be returned (if requested) in pristine shape. You may also send digital photos. The photos can be of any event you consider memorable – even if it does not include dancing. Contact Chinera at 336-998-0756 for details about sending the photos or, if you like, *bring them to the August 25 Ballroom Sunday*.

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Truisms

- *The true richness of life can be found in the simple pleasure of dance.*
- *If everyone dances a little, the whole world would be happier.*
- *Every dancer is better than someone else. And not as good as someone else.*
- *Dancing is very interesting if you make mistakes.*
- *Sometimes you know a step in your heart but your feet can't figure it out.*
- *Your attitude is the key to all pleasure – even dancing.*
- *Work as hard as you have to, and dance as long as you can.*
- *Great dancers are not made by sitting down.*
- *Frustration is your worst enemy. Never let it overcome your love of dance.*
- *There was never a great dancer who had not a great instructor.*
- *Dance to the music that moves you.*
- *A single missed dance is one too many.*

- *There's nothing more intoxicating than a beautiful waltz.*
- *It is fine to level with your partner if you don't level them in the process.*
- *The secret to good partnerships is to harmonize the abilities of the two parties.*
- *Together with a few human beings, dance is what I most love.*
- *Coming together is a beginning; staying together is progress; dancing together is success.*
- *There should be no inferiors and no superiors in a partnership.*
- *Discipline is remembering the steps without losing the feeling.*
- *If you wish to touch people's hearts dance.*

Know When to Hold 'Em

One of the major challenges in ballroom dancing is the leaders who are too nice! Far be it from me to resent gentlemanly conduct! I love it when a considerate fellow offers a helping hand or holds a door open for my passage. However, when dancing, some fellows can be just a little too helpful.

Sweet loveable leaders, when you want your lady to do something indicate what you want (preferably by shaping your body) to the best of your ability, then let her execute the request. You will usually find that her artistic expression and her balance exceed your expectations! You can expend the extra mental and physical energy admiring the sight and planning your next request.

Sometimes we (ladies and gentlemen) create problems in our dancing by giving our partner too much support. For example, the follower who grasps the leader's right arm too firmly or presses downward on the arm. The leader may be a lifter who seemingly confuses figuratively sweeping a lady off her feet with literally doing so.

While some partners prefer a slightly more firm contact between partners, the contact can quickly escalate to pulling and pushing when the rule of matching resistance is applied.

If you find your head too close to your partner's when dancing in closed position smooth or standard dances, check the firmness with which you are holding your partner. By decreasing the pressure you could allow better shaping.

Sometimes less is more and gentleness is always appropriate.

Special Invitations:

Mtn. Empire USA Dance

– Third Saturday of each month at The Garden Party in Wythville. Lesson @ 7:30, Dance 8:30 – 11 PM. Info: (276) 783-5402. \$7.50 members, \$10 guests.

Carolina Heartlands

USA Dance - Second Sunday, Lesson 2:30 – 3:15 PM Dancing until 5:00 PM, Guilford Grange, 4909 Guilford Road, Greensboro. \$8 members, \$10 guests, \$5 students. Info: 336-210-0324. Also Pilot Mtn. Dance on second Saturday from 7 – 9:30 PM. Info: 276-728-4869

Foothills USA Dance 4th Saturday night at Hickory Christian Academy, 7:30 – 10:30 PM. \$5 members, \$8 guests. www.carolinafoothills.org for directions.

Salsa lessons are offered every Saturday evening at Quality Inn of Winston-Salem (off Silas Creek Parkway across from Hanes Mall on Hawthorne Street) call 765-6670 for times and charges.



- Ø To our terrific Webmaster John Clark for his continued interest and assistance!
- Ø To the incomparable Hubert Barney for assistance with proofing, for inspiration, and for truism input.
- Ø To all who helped with the room setup, take down, decorations, greeting and refreshments at our July Ballroom Sunday: Roger and Cindy Caudle, Randy and Sherryl Peters, Danny and Corky Flowers, John and Darrel Buczek, John Dinkins, Rebecca MacNeilage, Liz Gilkey, and the Barneys. Thanks to Chinera Latham for the lovely flowers.
- Ø To all, (*such as Matt and Luane Deeter, above*) who bring a great attitude and a love of dance to our *Ballroom Sundays* and other events – you help make dancing so enjoyable.

Hear Ye, Hear Ye!

We'll add another outstanding Dance Vision DVD to our library on August 25: *American Style Smooth Advanced I (Silver) Syllabus Tango* with Jim and Jenell Maranto.

Bring a smile, a friend(s) and a snack to share to our

August 25

Summer Sock Hop

*See you at the
Jerry Long Family YMCA
On the 25th – 4:00 PM*

Dressy casual attire!

*Tell all your friends about our Beginner
Dance Lessons for new members!*

Check our fabulous web site:
www.ballroom-dancing.org
for regular dance opportunities, registration forms,
and other valuable information.
Follow us on Facebook at:
www.facebook.com/groups/153346133198
and Twitter @PiedmontNCDance

Notes of Appreciation:

- Ø To Adina Harper (*right*) for the great Cha Cha lesson on July 28. Adina can be reached at 336-392-1957 for scheduling of private lessons.



“Ballroom Beat”
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