



Ballroom Beat

Official Monthly Publication of Piedmont NC USA Dance Inc., Chapter 6019
Vol. 23, No. 4— April 2016, Marcia Barney, Editor (336) 712-8183
Send News and Views to the Editor at PiedmontNCUSABDA@aol.com

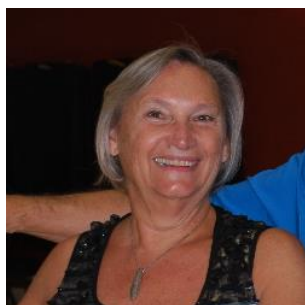
We Promote Ballroom Dancing!

Your Prez Says

Hello fellow dancers, Spring is always an exciting time. Everything is popping and showing life again. As dancers we should do the same. Brush off the winter dust and embrace the freshness of spring by doing what we love – dancing. Spring brings with it many opportunities to dance. The beginning of summer concert series, open air markets, street scenes, black tie events and many other venues provide music and a place to dance. Some are social dance settings while others are strictly ballroom; however, I have yet to find a place to dance that doesn't offer a little Rumba, Cha Cha, East Coast Swing, West Coast Swing, or Fox Trot. Everywhere we dance we are ambassadors for Piedmont NC USA whose major purpose is to promote ballroom dancing. Again, all we have to do is what we love – dance! Of course nothing compares to our Ballroom Sundays which provides us with an opportunity to be with our fellow dancers who have the same interest of dancing to strict tempo ballroom music.

Anyone who is interested is invited to provide decorations for our reception table, food table, and the 5 small tables at a Ballroom Sunday. If you are, I would love to hear from you. Nothing too elaborate, just something to brighten the room and put an even bigger smile on our faces. See you on Sunday April 24.

Cindy Caudle, President



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Social Dance Classes

Social and Special Occasion Dance classes will begin May 11. The classes will include 5 evening lessons plus a lesson and dance at our June 26 *Summer Fun Ballroom Sunday*. Your Board decided that Rumba and Swing were the two dances most likely to be heard at social dances. As one of our members said, "Where's there a Band or a DJ playing music, you'll hear Rumbas and Swings."

Our Social Dance classes should enable those attending to enjoy their summer parties, wedding receptions, class reunions, and neighborhood get-togethers even more. The classes will cover the basics through most of the Bronze syllabus for each dance. Classes are designed to help those just beginning to ballroom dance as well as fairly new dancers who would like to brush up their basis and beginning technique.

Classes begin on Wednesday, May 11 at 7 PM at the Jerry Long Family YMCA. The cost is a one-year membership (\$45) – new or renewal - in Piedmont NC USA Dance.

Pass the enclosed form to friends and acquaintances who might be interested in enjoying the summer dance fun with you.

April Ballroom Sunday

Coming Out Dance

Sunday, April 24, 2016

Fox Trot with Teresa Shadoin

4:00 – 4:30 PM Cha Cha Lesson

General Dancing – 4:30 – 6:30 PM
Music by Hubert and Marcia Barney

Directions to Jerry Long Family YMCA in

Clemmons: From I-40 on the west side of Winston-Salem take the Clemmons exit. Go north away from downtown Clemmons. Turn left onto Peacehaven Road at the second traffic light not associated with I-40. Go less than ½ mile and the YMCA is on your left. Go in the main entrance to a great dance. YMCA: 1150 S. Peacehaven Road, Clemmons 27012

Welcome New Members!

We are delighted that **Jim and Dianna Saddler** have re-joined

Piedmont NC USA Dance. Dianna is a former Board Member and a very talented decorator.

Welcome back!



Welcome Guests!

We were happy welcome new ballroom dancers Bill Line (Shag dancer), Christa Neuhauser and Fabio Almeida to Ballroom Sundays!

As always, we welcome friends from the Carolina Heartland Chapter of USA Dance.

We hope you will return on April 24!

2016 at a Glance

April 24 – *Coming Out Dance* - Fox Trot lesson with Teresa Shadoin at 4 PM,

Dance until 6:30 at the Jerry Long Family YMCA, 1150 S. Peacehaven Rd., Clemmons Admission - \$5 USA Dance or YMCA members; \$10 guests

May 7 – Clemmons Community Day

May 11 – Social Dance lessons begin

May 22 – *We Salute You*

June 26 – Summer Fun

July 24 – *Splash Dance*

August 20 – *Black Tie Dinner Dance, Mid-Summer Dream* - Lexington Municipal Club

August 22 – National Ballroom Dance Week
Beginner Lessons start

August 28 – *Sock Hop* – Adina Harper will teach Cha Cha

September 25 – *Beginners' Ball*

Oct. 23 – Presidents' Halloween Dance

November 27 – *Holiday Premier*

Promenade & Annual Business Meeting

Dec. 30– *Classy Casual Friday Finale* (7PM)

New Benefit for Members

At their meeting On March 19 the Piedmont NC USA Dance Board approved a new benefit for members of our Chapter:

A member can purchase a non-transferrable dance pass to either all Ballroom Sundays (and our Friday Finale is a Ballroom Sunday) for a year for \$50 or they can purchase a Premium Pass to all monthly dances plus our Black Tie Dinner Dance for \$100.

Several members have purchased the Premium Pass.

The benefit of these passes is in both savings and convenience.

Clemmons Community Day

The Annual Clemmons Community Day will be on Saturday, May 7 from 10 until 2. The event is at the Jerry Long Family YMCA. There are over 100 booths at the event covering a variety of interests from cellphone service providers to hammock dealers. Last year your President and Bulletin Editor found some delicious pecans for sale by one of the vendors. There are events, such as rock climbing walls, for the kids and a DJ who occasionally plays danceable music. The exercise demonstrations are fun with group participation, too.

Piedmont NC USA Dance will have a booth at the event. If you would like to come and talk to potential dancers about our organization for an hour or 2 on Saturday, May 7 call Marcia (336-712-8183.) Parking is at a premium and off-site parking (busing to the Y is available) probable so plan to arrive early.

Annual Charity Event Report

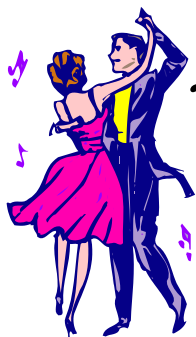
Thank you to all who helped make the March Charity event a big success. Major monetary contributions were made by Hubert and Marcia Barney, Bob and Wini Kniejski, and Roger and Cindy Caudle and Vi Thai.

The Barneys, Gene and Donna McDonalds and Joe and Eileen Leggio also generously provided items for sale. Shoppers brought our total Charity Fund for 2016 to \$1250. The total was donated to Childhood Obesity prevention.

Start now to collect those dance-related items for our 2017 Charity Event! Dance shoes are especially in demand.

Add Fun to the Music

Introductory Special Occasion and Social Dancing Classes



Lessons: Wednesdays, May 11 – June 8, 2016

7 PM – 8 PM

“Summer Fun” Dance Sunday, June 26

4:00 – 6:30 PM

Learn Rumba and Swing

*Be ready to really enjoy those summer receptions, reunions, and
parties!*

The lessons will be at Jerry Long Family YMCA, 1150 S. Peacehaven Rd., Clemmons.

Get started: Join Piedmont NC USA Dance for \$45
And receive these 5 lessons and the dance free!

Additional Information: Marcia Barney @ 336-712-8183, PiedmontNCUSABDA@aol.com,
www.ballroom-dancing.org

Registrations must be received by Sunday, May 8.

Membership Application – Piedmont NC USA Dance (*Please print*)

Name: _____ Birthday: ____/____/____

Name: _____ Birthday ____/____/____

Address: _____ City: _____ Zip: _____

Home Phone: _____ cell: _____

e-mail: _____

Mail to:
Piedmont NC USA Dance
PO Box 534
Clemmons, NC 27012

Signed: _____ Signed: _____

Enclosed is my check for one-year membership at \$45 per person made payable to “Piedmont NC USA Dance.”

Check our fabulous web site:
www.ballroom-dancing.org
for regular dance opportunities, registration forms,
and other valuable information.
Follow us on Facebook at:
www.facebook.com/groups/153346133198
and Twitter @PiedmontNCDance

Notes of Appreciation:

- To Adina Harper for the fun Salsa lesson at our March Ballroom Sunday.
- To the incomparable Hubert Barney for assistance with proofing, for inspiration, and for truism input.
- To all who helped with the room setup, take down, decorations, greeting and refreshments at our Ballroom Sunday Dance: Randy and Sherryl Peters, Liz Gilkey, and the Barneys.
- To all who bring a great attitude and a love of dance to our *Ballroom Sundays*.



Truisms:

- I know how to dance and not to do it is painful.*
- Because my partner has been good to me I treat them with great respect.*
- A good leader knows that it is what he gives that determines what he gets.*
- It is a good follower who knows that what she receives is what she gives.*
- Be at war with your weaknesses, at peace with your partner, and let every new month find you a better dancer.*
- Don't watch others – do what they do and dance. That's how they got so good!*
- The best way to repay your partner for a great dance is to enjoy it!*

- In dance the heart sees what is invisible to the eye.*
- Continuous improvement is preferable to delayed perfection.*
- Everyone eventually dies, but those who cannot dance have never really lived.*
- You cannot plan the perfect dance. You can just hope that you're dancing when it happens.*
- Dancing is good for your heart – especially when your heart is in your dancing.*

Blooming Beauty

The theme for our April Ballroom Sunday is “Coming Out.” Some of our yards and gardens are filled with beautiful blooming shrubs and flowers. If yours is one of those, you are invited to share their beauty with the rest of us at our Coming Out Dance. Just bring a sample in a vase – or if it's a potted beauty, bring the pot. We'll enjoy it for a couple of hours and you can take it home to enjoy for much longer. Don't have any blooming beauties in your garden? Maybe you have a friend who is a florist (or your dance partner knows one😊).

A prize – free admission to the May “We Salute You” Ballroom Sunday - will be awarded to the most beautiful blooming display at the dance.

Bring a smile, a friend(s) and a snack to share:

April 24
Coming Out Dance

at the
Jerry Long Family YMCA
On the 24th– 4:00 P.M

Dressy casual Attire

“Ballroom Beat”
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Clemmons, NC 27012

