



The Fox Trotter

"Dance News for the Ocala Area"

OCALA, FL
Chapter #6027

usadanceocala@gmail.com
www.usadanceocala.com

September
2015



Winner of the 2014 USA Dance District 9 Florida "Rising Star" Award

President's Message



We were in the midst of the hot and humid weather so it was a good time for our bi-annual Ice Cream Social held at our August 4th dance. Dance instructors Ed & Louise Hanlon gave the dance lesson for the evening. Our DJ, Marty Newton came dressed the part as an old time "Good Humor Ice Cream Man" donned in his white outfit with red bowtie and suspenders. He also brought some soda jerk hats for the guys dipping out the ice cream (Ken, Rudy and Dottie). To add to the authenticity, he played sounds of an ice cream truck approaching with the sounds of bells and jingle getting louder as it approached.

While enjoying the treat, dance instructor Jamie Webb and one of his students Miranda Morris gave us a beautiful cabaret dance exhibition filled with lifts and drops as they danced to the song "The Calling".

At our August 18th dance we were fortunate to have "Fred & Ginger," (aka Dennis Rose and Linda Bird), donate their services as DJ's for the evening. Their generosity provided additional donations to the homeless vets at the Ritz Veterans home in Ocala Florida. We had many compliments about their choice of music as well as the quality of sound from Dennis's new Bose sound system. A big "Thank you" to Dennis and Linda.

Everyone was very pleased with one of our newest dance instructors to our chapter for the evening. Justin White kept things moving and everyone caught on quickly as he taught a salsa amalgamation, a good fit for our Latin theme.

September will be a busy month for our chapter beginning with the first dance on Tuesday September 1st where we will have a Country theme. Chef Ken Ward will be cooking up his famous hot dogs wrapped in bacon and it's all FREE. Dance champions Dr. Justin Ferns and his partner Amy Allen will be teaching a West Coast Swing lesson. Later in the evening they will be doing a dance exhibition for us which is always a real treat. Amy will also be bringing some of her young students from the Orlando area to do a short dance routine.

Don't forget Friday September 4th downtown Ocala will be having their first Friday Art Walk of the season with lots of music, art, entertainment and food throughout the downtown area. As the national USA Dance organization celebrates its 50th Anniversary, our Ocala Chapter USA Dance will have a table with our banner and chapter information set up on the square near the gazebo. Come out and join us for outdoor dancing and a demo for the audience where we will be asking onlookers to join in the fun. Try to get there by 5:30 PM. Since it is outdoors and on concrete, I would suggest wearing leather soled shoes and not dance shoes.

Coming up on our September 15th dance is our annual Formal Ball to celebrate National Ballroom Dance Week. Cocktail dresses to ball gowns are appropriate for the ladies and sport coat, shirt and tie for the men, (yes... you may take off your sport coat). Marty & Liz Newton will be our DJ's and Ed & Louise Hanlon will be teaching the dance lesson.

So until next time "keep on dancin'"
Pat

2015 OFFICERS & BOARD OF DIRECTORS



Left to Right: Norma Perkins, Hospitality
Joy Schimborski, Membership / Public Relations
Charles MacDougall, Newsletter/Webmaster
Norma Felton-Wayland, Treasurer
Ken Ward, Vice President
Pat Vollmann, President (352) 307-8486
Carol Cerniglia, Hospitality
Dottie Hefferon, Hospitality

Missing from picture are Gail DiCorcia and Dennis Rose

Messages from the Board of Directors

From The Desk of the Membership Chairman:

Please continue to support the Ocala Chapter by renewing your membership either on line at USADance.org, or bring your check to our next dance.

Thanks for your support

Joy Schimborski, Membership Chairman

Secretary's Message

Happy Birthday to all our September dancers. Please let me know, if one of our members is in need of a get well wish, sympathy card or you need an address.

With Warmest Regards,
Gail DiCorcia Secretary (861-8542)
USA Dance Chapter 6027

NOTE

USA Dance Ocala board meetings are 10:30 AM the 3rd Wednesday of every month at the Belleview public library, 13145 SE Highway 484 in Belleview, FL 34420
This month's meeting is September 16

Sick or Distressed?

Please report all cases of distress, illness, or hospitalization of a fellow member to the chapter secretary: **Gail DiCorcia** at **352-861-8542** or gootootsieroll@gmail.com

We cannot comfort fellow members if we are not informed so please assist in this matter.

AREA DANCE CONTACT INFORMATION : www.usadanceocala.com

USA Dance Ocala Chapter, Armenian American Cultural Society, 8831 SE 58th Ave, Ocala

Spirit of Citrus USA Dance Kellner Auditorium 102 Civic Cir., Beverly Hills PH 344-1383

Ocala Singles - Scottish Rite Bldg, 3632 NE 7th St., Ocala Live music Call Lynn 528-3626

Swing & Sway Thelma Boltin Ctr 512 NE 2nd Ave/Senior Rec Ctr 5701 NW 34th St Gainesville PH 215-5660

USA Dance Lake-Sumter Chapter at 109 E. Dixie Ave., Leesburg Comm. Center PH 793-2707

Sunday Dance Social- Plantation Recreation on Rte 466 in Lady Lake call Joe 304-8672

Citrus County Builders Association Lecanto Social Dance with food PH 464-0003

Royal Highlands Great Hall 14 miles south of Leesburg off Hwy 27 PH 293-8709

USA Dance Orlando – Bahia Shrine 2300 Pembroke Dr. Maitland call John Davis 407-614-3472

Dance Dance Dance – Owner Mary K Thomas, 307 N. Main St. Wildwood PH 266-0015

Parris Dance, By Ear Musician 7230 W. University Ave. Gainesville. call Ray & Eileen 331-2742

ALL PHONE NUMBERS HAVE AREA CODE OF 352 UNLESS NOTED OTHERWISE

Note that every effort is made to list correct information. Please report any discrepancies to the Newsletter Editor.

USA Dance Ocala Chapter
 Armenian American Cultural Society
 8831 SE 58th Ave (HW35), Ocala, FL

Tuesday, Sept 1

Our **"Country Western "** Dance
 With DJ's **Marty & Liz Newton**
 Dance Instructor: **Dr. Justin Ferns**
 and his partner **Amy Allen**

Ballroom Dancing Agenda:

7:00 – 7:30 PM Dance Lesson

Free beverages and light desserts.

Members: \$8.00

Non-Members: \$10.00

Open Dancing from 7:30 - 10 PM

Tuesday, Sept 15

Our **"Formal Ball"**
 With DJ's **Marty & Liz Newton**
 Dance Instructor: **Ed & Louise**
Hanlon

Beginning again...
Mondays in September
 See flyer below for
 Trish's Beginner and
 Intermediate dance
 lessons

Regional Dances for Month of September

Sun	Mon	Tuesday	Wed	Thurs	Fri	Sat
30	31	1 <u>USA Dance Ocala</u> "Country Western " Dance Armenian American Cultural Society	2	3	4 Ocala Art Walk at the square in Downtown Ocala Starts at 5:30 PM	5 USA Dance Spirit of Citrus "Birthday Dance" Kellner Auditorium
6 Sunday Dance Social Plantation Recreation	7	8	9	10	11	12 Parris Dance Gainesville
13 Sunday Dance Social Plantation Recreation	14 USA Ballroom Dance Classes Beginners 6 PM Intermediate 7PM (see enclosed flyer)	15 <u>USA Dance Ocala</u> "Formal Ball" Armenian American Cultural Society	16 Board Meeting	17	18 USA Dance Orlando "NBDW Gala Dance" Bahia Shrine Ballroom	19 USA Dance Spirit of Citrus "NBDW Dance" Kellner Auditorium
20 Sunday Dance Social Plantation Recreation	21 USA Ballroom Dance Classes Beginners 6 PM Intermediate 7PM (see enclosed flyer)	22	23	24	25 USA Dance Lake-Sumter "NBDW Dance" Leesburg Comm. Center	26 Parris Dance Gainesville
27 Sunday Dance Social Plantation Recreation	28 USA Ballroom Dance Classes Beginners 6 PM Intermediate 7PM (see enclosed flyer)	29	30	1	2	3

Refer to previous page (area dance contact information) for dance details

Pictures from Recent Fun Activities at USA Dance Ocala







USA Ballroom Dance Classes

Dancing is FUN and so EASY to learn

Learn all the popular dances or just choose the ones you prefer.

So don't sit on the sidelines anymore.....Celebrate Life, learn to dance!

Guaranteed to learn and have Fun in the process or your money back!

No Partner Required

Starting Sept 14, 2015

Mondays

Beginners - 6:00 PM

Intermediate -7:00 PM

4 consecutive weeks of the same dance will be taught.

Each month learn a new dance.

\$25. mo. for USA Dance members, \$35. mo. for non-members

Classes will be held at PM Respiratory Services located at

3306 S.W. 26th Ave. Suite # 402 Ocala, Fl

To register & more info. Call:

Trish @ (352) 216-1657 or Pat @ (352) 307-8486



Ballroom Dancing: One Man's Perspective

By Dennis Rose



Whether you are brand-new to ballroom dancing, or you have been dancing for a while, investing in dance lessons is something to be considered. Once you have decided to invest in dance lessons, your next decision is to choose between group lessons, private lessons, or both. The main advantage of group lessons is their lower cost compared to private lessons. Group lessons can be broken into beginner, intermediate and advanced levels, which gives you a choice of level that best suits you. Group lessons may be offered by the month, or they can be a one-time workshop. The group lesson schedule is predetermined by the instructor.

The main advantage of a private lesson is that you get the undivided attention of the instructor for the entire lesson. Additionally, you can set the lesson schedule. However, private lessons are more expensive than group lessons. Each type of lesson, either group or private, has advantages and disadvantages. It is up to you to choose what works best for you. I sometimes use a combination of both group and private lessons to help me with a particularly challenging dance.

What dance should you learn? If you are new to dancing and you have the choice, I would recommend beginning with a dance that is played frequently at the social dances, for example, rumba, swing, foxtrot or waltz. The dances that are played more frequently gives you more opportunity for practice. If you are an experienced dancer, then you likely already know what it is you want to work on during a lesson.

How do you choose an instructor? My goal is to have an instructor with whom I feel relaxed and able to learn. Regardless of the dance I'm learning or if I am taking group or private lessons, I want the lesson experience to be enjoyable. I do not want to feel stressed or intimidated or that I am in any way being belittled.

We all learn in different ways. Finding an instructor that can teach the lesson the way I learn is part of my goal. For example, I learn well through visual means (watching). I have some difficulty with auditory lessons (verbal). I learn best when the moves are broken down into small sequences. You may not be aware of your own learning preferences, and it is not necessary that you are aware. What is important for you to know is that dance instruction varies greatly from instructor to instructor. If you are having on-going difficulty learning the lessons, the problem may not be with you. The instructor's mode of teaching may not match up well with the way you learn. It may be as simple as that.

For all the above reasons, I suggest you choose an instructor by first doing some research and then, by trying a lesson or a few lessons with an instructor. Your ideal is to find an instructor that can best teach the way you learn and has a personality that makes your lesson experience pleasant. You deserve to enjoy your entire dance experience, which includes the lessons. If you are not satisfied, don't hesitate to try a different instructor. You are the one writing the check, which means you are in charge. Also, please remember to practice what you learn in your lessons on the dance floor. After the lesson, practice as soon as you can, and as often as you can. The practice and repetition will help with all aspects of your dance learning experience.

To me, lesson cost is a secondary factor to having the right instructor. Just because an instructor charges more, does not automatically mean he or she is right for you. Conversely, just because an instructor charges less, does not necessarily mean he or she isn't a good fit for you. All that being said, if cost is a primary factor for you, look into group lessons that are discounted. If you are considering private lessons, I would avoid purchasing lessons or lesson packages in advance until you thoroughly investigate the history and reliability of the instructor.

I look forward to seeing you on the dance floor.

Announcements



Come join us for dancing on the downtown Ocala Square Friday evening Sept. 4th in Celebration of the 50th Anniversary the USA Dance. 6:00-6:30PM

USA Dance Membership Application

Please PRINT Clearly
This form may be used by two people at the same address.



Name		Date of Birth (required for Athlete members)	
1.		Male <input type="checkbox"/>	Female <input type="checkbox"/>
2.		Male <input type="checkbox"/>	Female <input type="checkbox"/>
Street Address		Apt. #	City State Zip Code
Home Phone	Work Phone	Cell Phone	Email Address
1.			
2.			

Is this a renewal application? ☐ Yes ☐ No If Yes, Member # _____, # _____

Name of USA Dance Chapter I wish to be affiliated with Ocala FL Chapter #6027 USA Dance

Name of College or Youth Club you are affiliated with (if applicable): _____

MEMBERSHIP CATEGORY			ADDITIONAL INFORMATION
Recreational: Social Ballroom Dancer	\$45	\$	Dances for enjoyment and works to improve but does not compete . May include retired DS Athlete.
Recreational: Social Adult Dancer	\$35	\$	Enjoys and appreciates the physical, mental, and social benefits of social dancing.
Recreational: Social Youth Dancer	\$10	\$	A social dancer under the age of 19. Often a family member or friend of adult member.
Recreational: Social Dance Teacher	\$60	\$	An individual who is engaged in the teaching of social dance.
DanceSport: Adult Athlete*	\$70	\$	A competitive dancer who is age 19 or above.
DanceSport: Student Athlete*	\$25	\$	A competitive dancer age of 19 or above but below age 35 and is enrolled in school full time.
DanceSport: Minor Athlete*	\$20	\$	A competitive dancer who is below the age of 19.
DanceSport: Professional Athlete*	\$75	\$	A competitive dancer who declares him or herself as a professional or dances as a professional in competition.
DanceSport Official*	\$80	\$	An individual who serves in an official capacity in the field of DanceSport and/or ballroom dance, i.e. judge, emcee, music director, invigilator, independent comp organizer, chairperson of judges, WDSF adjudicator etc
DanceSport: Special Olympics Athlete	\$10	\$	Qualifies for participating in Special Olympics competitions only.
DanceSport: Unified Sports ® Partner	\$25	\$	Dance Partner of Special Olympics Athlete -for participating in Special Olympics only.
DanceSport Supporter*	\$40	\$	This category of membership is designed for those who are not active competing athletes but who want to show support for the DanceSport initiatives of USA Dance. This would include former athletes, parents or other family members of athletes, and general supporters who would like their voice counted on DanceSport matters.
Other Misc. Fees	\$	\$	This space for upgrades, and other miscellaneous fees.
Total Membership Fees	\$	\$	
Total Contributions & Donations	\$	\$	Donations are used to help fund our many efforts to increase the quality and quantity of ballroom in the US on a social and competitive level including youth outreach, raising public awareness of the physical, mental and social benefits of dance, development of chapters, increased social dance options, support for our athletes and dancesport events. Thank you for helping us achieve these goals. USA Dance is a 501c3 non-profit corporation. Any donations in excess of value received are tax deductible.
TOTAL AMOUNT DUE		\$	

You may enroll on-line at www.usadance.org

Or, you may mail your application and payment. Make check payable to USA Dance and send to:

USA Dance Member Services Dept. P O Box 90 Oak Hill FL 32759-0090

Central Office 1-800-447-9047

*** Memberships for Adult, Student, Minor and Professional Athletes, DanceSport Professionals and DanceSport Supporters are on a calendar year basis rather than on an anniversary year basis.**

We are a volunteer organization. Can we count on you? ☐ Yes

If yes, where? ☐ Chapter ☐ Regional ☐ National

What is your area of expertise?

How are you willing to help USA Dance?

10-27-10 rev 1-26-11, 4-20-12, 9/29/12, 11/16/12; 7-23/2014; 7/1/15

MEMBER BENEFITS OF OCALA CHAPTER 6027 USA DANCE

- FIRST TIME MEMBERS RECEIVE FREE ADMISSION TO OCALA CHAPTER #6027 USA DANCE THE NIGHT YOU JOIN
- RECEIVE THE USA DANCE OCALA CHAPTER NEWSLETTER
- RECEIVE THE USA DANCE NATIONAL MAGAZINE "AMERICAN DANCER"
- RECEIVE DISCOUNTED ADMISSION TO ALL USA DANCE CHAPTER DANCES
- NEW MEMBERS MAY RECEIVE DISCOUNTS FROM SEVERAL LOCAL DANCE INSTRUCTORS AND STUDIOS
- RECEIVE DISCOUNTS ON SHOES AND APPAREL AT PARTICIPATING LOCATIONS