



## *Give ballroom dancing a try!*

**Have you wanted to try ballroom dancing but don't know how to get started?**

**Here's a unique opportunity!**

**WHO:** USA Dance Chapter 5047 is offering a budget-friendly opportunity – it's FREE!

**WHAT:** A “*Beginner Beginner*” course - designed specifically for brand new dancers! (Note: participants do not need to come to the lessons with a partner.) Over consecutive sessions, there will be basic beginner introduction to dance hold, dance etiquette and the most commonly danced partner dances: Waltz, Foxtrot, Rumba, Cha Cha, Tango and East Coast Swing.

**WHEN:** Starting on Sunday, October 1, and continuing each first and third Sunday of the month, at 5:30 pm. Then, practice your new dance skills at the social dance immediately following the lesson!

**WHERE:** At the Albuquerque Square Dance Center, 4915 Hawkins NE.

For more information, check the website [www.usadancenm.org](http://www.usadancenm.org) or send an email to [usadance5047@gmail.com](mailto:usadance5047@gmail.com).