

# MINNESOTA DANCING TIMES



A publication of the Minnesota Chapter 2011 of USA Dance

October 2011

## *Opportunities for Performing...*



Photo provided by Lori Hurst

*C.J. & Lorie Hurst perform at StudioJeff*

*See page 11 for their story*

### **INSIDE THIS MONTH'S ISSUE...**

*Tips from the Pros, Dance Performances, Competitions, and Other Tidbits!*



## Dancers Nite Out

- Sat 10/1 Tropical Bllrm Dance Party; Ballroom, Swing, Latin variety; Salsa lesson 7:30 pm, dance 8:30-11 pm; \$10; call 651-414-0644; [www.tropicalballroom.com](http://www.tropicalballroom.com)
- Mo 10/3 4 Seasons Dance Studio: Rhythm Junction Mon Night Swing; 8-12 am; \$5; call 612-342-0902; [www.4seasonsdance.com](http://www.4seasonsdance.com)
- Fri 10/7 Cinema Bllrm: Variety Dance; lesson 7 pm, dance 8-11 pm; call 651-699-5910; [www.cinemaballroom.com](http://www.cinemaballroom.com)
- Fri 10/7 Medina Ent Ctr: Jerry O'Hagen; Big Band, Variety, Swing; lesson 7:30 pm, dance 8:30 pm; \$12 adults; call 763-478-6661; [www.medinaentertainment.com](http://www.medinaentertainment.com)
- Sat 10/8 Tropical Bllrm: Café Bailar Dance Club dance; lesson 7:30 pm, dance 8:30-11 pm; \$10, \$8/members; call 651-414-0644; [www.tropicalballroom.com](http://www.tropicalballroom.com)
- Sat 10/8 Medina Ent Ctr: The Del Counts, 50s-80s; lesson 7:30 pm, dance 8:30 pm; \$12; call 763-478-6661; [www.medinaentertainment.com](http://www.medinaentertainment.com)
- Sat 10/8 Aqua Gliders Dance Club Party; Samba lesson 7:30 pm, dance 8:45-11 pm; \$25/couple (non-members); Call 612 869 3062
- Mo 10/10 4 Seasons Dance Studio: Rhythm Junction Mon Night Swing; 8-12 am; \$5; call 612-342-0902; [www.4seasonsdance.com](http://www.4seasonsdance.com)
- Sat 10/15 USADance Oct. Monthly Dance – See ad this page!**
- Mo 10/17 Dancers Studio: Newcomer Night; free group classes & dance party; 8-9:30 pm; call 763-478-6661; [www.dancersstudio.com](http://www.dancersstudio.com)
- Mo 10/17 4 Seasons Dance Studio: Rhythm Junction Mon Night Swing; 8-12 am; \$5; call 612-342-0902; [www.4seasonsdance.com](http://www.4seasonsdance.com)
- Fri 10/21 Cinema Bllrm: Variety Dance; lesson 7 pm, dance 8-11 pm; call 651-699-5910; [www.cinemaballroom.com](http://www.cinemaballroom.com)
- Mo 10/24 4 Seasons Dance Studio: Rhythm Junction Mon Night Swing; 8-12 am; \$5; call 612-342-0902; [www.4seasonsdance.com](http://www.4seasonsdance.com)
- Fri 10/28 Cinema Bllrm: Halloween Costume Party; costume contest, dance 7-11 pm; \$15; call 651-699-5910; [www.cinemaballroom.com](http://www.cinemaballroom.com)
- Sat 10/29 Medina Ent Ctr: Halloween Dance with Rockin' Hollywoods; 50s-80s; lesson 7:30 pm, dance 8:30 pm; costume contest; \$13; call 763-478-6661; [www.medinaentertainment.com](http://www.medinaentertainment.com)
- Sat 10/29 Tropical Bllrm: Masquerade Ball/Halloween Dance; lesson 7:30 pm, dance 8:30-11 pm; \$10, \$8/members; call 651-414-0644; [www.tropicalballroom.com](http://www.tropicalballroom.com)
- Mo 10/31 4 Seasons Dance Studio: Rhythm Junction Mon Night Swing; 8-12 am; \$5; call 612-342-0902; [www.4seasonsdance.com](http://www.4seasonsdance.com)
- Sa 11/19 USADance November Monthly Dance – Annual Meeting & Volunteer Appreciation – Cinema Ballroom**
- Sa 12/17 USADance December Monthly Dance – Retro Ballroom**

**American Classic Ballroom** (952) 934-0900  
[www.americanclassicdance.com](http://www.americanclassicdance.com), 550 Market St., Chanhassen, MN 55317 (494 west to Hwy 5, right on Market Blvd, right on Market St.)

**Arthur Murray Dance Studio** (651) 227-3200  
 534 Selby Avenue, St. Paul, MN. Salsa for beginners & advanced on Wed 8:15 pm/\$15. Date Night variety class for beginners – Friday 6:45 pm/\$25/couple.

**Black Dog Cafe & Wine Bar** (651) 228-9274  
 308 Prince Street, St. Paul. Argentine Tango night 3rd Saturdays. Lesson 7:30 pm, dance 8-11 pm/\$3.

**Blue Moon Ballroom** (507) 288-0556  
[www.BlueMoonBallroom.net](http://www.BlueMoonBallroom.net) 2030 Hwy 14, East Rochester, MN; Fridays: Latin Night, 7:30 pm-12:30 am; Saturdays: Live Bands!

**Cafe Bailar Dance Club** (612) 600-5129  
 2nd Saturdays at Tropical Bllrm, Valley Creek Mall, 1750 Weir Drive, Woodbury, MN 55125. 4th Saturdays at Retro Bllrm, 5810 W 36th St, St. Louis Park, MN 55416. Lesson 7:30 pm. Dance 8:30-12 am. \$10, \$8 members. Membership \$20/yr. [www.cafebailar.com](http://www.cafebailar.com), [tricia@cafebailar.com](mailto:tricia@cafebailar.com)

**DNO continued on page 23**

Join us for USADance's

# October Monthly Dance



**Saturday, October 15\***

**7-8 pm: West Coast Swing Lesson**

**Instructor: James Wood**

**8-11 pm Variety Dance**

**Music DJ: Andy Trawick**

**\$7 Students & USADance members**

**\$10 Non-students & Non-USADance members**

*(Become a USA Dance-MN member tonight and get in free!)*

Hotline: (651) 483-5467

Email [info@usadance-mn.org](mailto:info@usadance-mn.org) • Web: [www.usadance-mn.org](http://www.usadance-mn.org)

## Tropical Ballroom

1750 Weir Drive, Woodbury, MN 55125

Inside Valley Creek Mall

*\*Check out DNO column for upcoming monthly dances*

**USA Dance MN HOTLINE**

**(651) 483-5467**

**[www.usadance-mn.org](http://www.usadance-mn.org)**

Call for information on dance events.  
 Leave a message for membership information.

## Theme of the Month...

# Tips from the Pros!



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## From the Board

*Minutes of the Monthly USA Dance MN #2011  
Board Meeting – Tuesday, September 6, 2011.  
Submitted by Leslie Whitney.*

**In attendance:** Sue Zeller (President), Cathy Dessert (Vice President), Jane Phipps (Treasurer), Leslie Whitney (Secretary), Corissa Ranum, Zhuojing Liu, Mike Jones, Julie Elholm, Yeun Chou, Nic Westlake

**Location:** Quixotic Coffee, 769 Cleveland Ave. South, St. Paul

**Call to order:** Quorum established. Agenda approved. August minutes approved.

### ORGANIZATIONAL MATTERS:

**Introduction Jane Phipps:** Welcome Jane. We so appreciate your volunteer expertise.

**Vote in Jane Phipps as Board Member and Treasurer:** Motion was made, seconded, and approved that Jane become a board member. Motion was made, seconded, and approved that Jane become the Treasurer of Chapter #2011.

**Treasurer's Report:** Our balance remains constant. Rental on The World Class Dance Floor is paid through December. The World Class Dance Floor can be advertised on the website. Collectively the June, July, and August monthly dances showed a profit.

**USA Dance District 2 Meeting November 5th:** This will take place in Chicago. We discussed whether or not to send a representative. Sue will forward information to Corissa who is competing in Chicago on that date.

### PROJECTS:

**Website & Newsletter:** A motion was made, seconded, and approved to launch the revised website. The National and Chapter #2011's mission statements will be prominently stated on the website. The monthly Newsletter will be posted on the site.

**Minnesota Madness:** October 22nd at the Shakopee Ballroom.

**Dance Demo/Youth Outreach/Monthly Dance Committees:** Discussion – how can the board motivate Chapter #2011 members to become more involved in these committees?

**SOTN 2012:** September 12th – Volunteer decorating committee will go to the venue. There will be a meeting with Frank and Gary to determine events. October – SOTN website will be launched. There will be a change in the awards structure from medals to ribbons. It will be stated in the Newsletter that the SOTN committee is still looking for volunteers.

### NEXT MEETING:

Tuesday, October 4th, 2011 – 6 pm  
Quixotic Coffee, 769 Cleveland Ave. South,  
St. Paul, MN

## USA Dance: Who Are We?

We are a non-profit organization formed to preserve and promote ballroom dancing, both as an art and a healthful sport. The Minnesota chapter, USA Dance MN, was formed in 1991.

Membership in **USA Dance** is open to dancers of all levels. There are several categories to choose from: Social, Competitor, Junior (17 and under), Collegiate, and Associate (professional/instructor).

**USA Dance MN** sponsors monthly dances and other special dance events. Members are entitled to discounts on admission to the monthly dances, as well as access to a great network for meeting other dancers.

As a member, you'll have fun dancing and meeting many new friends. For more information, call the **USADance MN HOTLINE:** 651-483-5467.

The *Minnesota Dancing Times* is published monthly by the members of the Minnesota Chapter of USA Dance, providing information and news of ballroom dancing to members and friends.

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**Mailing:** Committee member

**DNO Contributor:** Greg Moore

**Contributors:** Scott & Amy Anderson, Elena Bersten, Paul Botes, Donna Edelstein, Carol Ferrell, Michelle Hudson, Lorie Hurst, Anne LaTourelle, Lester Martin, Deanne Michael, Greg Moore, Jack Munday, Sue Zeller

**Contributions:** Articles submitted may be edited for length, clarity and content. Photos will be returned. Please provide a self-addressed, stamped envelope or send high quality jpgs to Anne LaTourelle.

**Subscriptions:** \$22/year. Make checks payable to USA Dance MN and send to Anne LaTourelle, 6130 Ives Lane, Plymouth, MN 55442.

## ADVERTISING

**DISPLAY ADS:** To advertise your event or professional service, submit a digital file (**300 dpi pdf or jpeg format ONLY**) or camera-ready artwork to **Suzi Blumberg (612-869-4416)** along with payment to **USA Dance MN**. Advertising for charge cards, insurance, or travel cannot be accepted. Ads can be typeset or designed for a small fee, contact Janie. Payment to accompany ad.

<b>Full page</b>	<b>7.5" wide x 10" high</b>	<b>\$130</b>
<b>Half page</b>	<b>7.5" wide x 4.75" high</b>	<b>\$80</b>
	<b>OR 3.5" wide x 9.5" high</b>	
<b>Qtr. page</b>	<b>3.5" wide x 4.75" high</b>	<b>\$60</b>
<b>Business Card</b>	<b>3 consecutive months</b>	<b>\$50</b>

**SWAPLINE ADS:** Free 3-line ad in Swaplines available to subscribers (dance merchandise only). Send to: [annelatourelle@comcast.net](mailto:annelatourelle@comcast.net)

**Deadline for all materials:  
10th of each month**

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# From the Editor

By Anne LaTourelle

*For those of us who are lucky enough to work with the pros here in town, we know that they have an abundance of talent. Whether you work on Smooth, Standard, Rhythm, Latin, or even theatre arts, there are pros that have excelled in those arenas (sometimes all of the above!). When we traveled for competitions, it was apparent that the Minnesota amateur dancers were well coached, well trained and well prepared, and our pros were a big reason why.*

*In this issue you'll hear some tips from a few of these teachers giving us some valuable insights. When I danced at Arthur Murray years ago, they supported the idea of an "exchange lesson" where you took a lesson from someone other than your regular teacher to get some different input. Sometimes the same idea explained differently can make all the difference. Think*

*of these ideas as a "virtual" exchange lesson!*

*Time flies when you're having fun – that's what they say! Well, then, I must have been having a blast, because somehow 10 years have gone by since I first started as editor of the Minnesota Dancing Times. I bring this up because I have elected to step down from the newsletter after the December issue.*

*New year, new editor! It has been an amazing experience, and one which I will reflect on in the next two issues. Enjoy. ■*



## Calling all STARS!!

Star of the North 2012 is coming up, and it's going to be bigger and better than ever! But we can't do it alone. We're looking for volunteers to help us plan, research, and carry out the big event. There are plenty of positions still available, including Chair of Advertising, Finances, Community Outreach, and dozens of helpers for each committee. Whether you can donate a little time or a lot, we'd love to have you play a part!

**For more information or to volunteer, please email Jessica Madson ([jessicacarolyn@hotmail.com](mailto:jessicacarolyn@hotmail.com))**







## The President's Corner

### Dance Goals

We are fortunate to have some of the finest dance instructors right here in the Twin Cities Metro Area. These dance professionals also make sure other dance professionals from other states or countries are brought into our area so we can take advantage of their expertise in dance. These professionals take us all the way from starting us out with dance posture. They take us through the ballroom dances steps in bronze, silver, and gold. They choreograph the dances we use to compete and perform dance.

My experience with the dance professionals I'm familiar with in the metro area is their special way of helping us become the dancers we want to be. These professionals see how each of us needs to be taught. We have private and group classes available. Several dance professionals share dance tips with us in this issue of our newsletter.

Some of us have competed pro/am with our teachers. It is such a great help to dance with someone who is fine-tuned with their dance posture and steps. They teach us arm styling, continually help us make each step the right one, to further our posture—reaching, stretching—and to express ourselves as we dance.

For those of us in the dance community who found our way into dance, either through USA Dance, a studio, or dance competition, it's a great experience. What about the people in the communities we live in who don't have a clue how to get started dancing or involved in dance as we have? How can we let others know about the dance community and the wealth of dancing, competitions, and dance professionals available to them?

Our USA Dance mission is to improve the quality and quantity of ballroom dancing in Minnesota. Our professionals have studios or teach at studios to help us learn to dance. We have some dance professionals who hold dance competitions that we can compete in and enjoy.

USA Dance MN is an amateur volunteer organization. How are we doing? Well, my experience is that we have an outstanding newsletter and an amateur dance competition that is great. USA Dance is looking good with a new website at [www.usadance-mn.org](http://www.usadance-mn.org). We have

monthly dances, dance demos, college and youth outreach that are also great ways to carry out our mission. These committees and dances could be more involved and exciting.

With some new volunteers, such as on our Board, as well as the volunteers who will be involved in the future, I'm excited to see how USA Dance MN will excel at meeting our mission.

Our Board is always concerned with how we are doing to carry out our mission. With a well-developed dance community, let's all keep putting our energy into sharing what we have with others. Even as I'm writing this article, I'm aware of all the people out there who would rather be dancing, if they just knew how to get involved or had just a little encouragement to get started. After all, we have a wealth of quality dance instructors, like those giving us tips in this newsletter.

Happy dancing!

**Sue Zeller,**  
**USADance MN President** ■



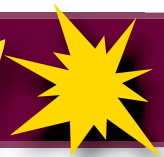
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# Tips from the Pros!



## An Interview with Elena Bersten

By Anne LaTourelle

**Q:** When you are teaching newer students, what are some tips that can help them get started faster?

**A:** Don't stand and think. Try to copy what you are shown. Don't be shy. You came to learn dance, so try to have an open mind and let your body be free.

**Q:** What advice would you give someone who

is looking to move into competitive dancing?

**A:** Spend as much time as you can on the dance floor. Spend your time at the studio wisely. 30 minutes to warm up and stretch. After your body feels warmed up, I suggest starting with basic walks, first without music and then with music. Then start to work on your routines, slowly, until you feel comfortable with the moves you are doing. After you feel confident with your steps, start dancing it with music, making sure the movements connect with the music—evaluate which movement goes with which beat.

**Q:** What common mistakes do you see when teaching or observing students, and what is the best way to overcome them?

**A:** A common mistake I see in America is the connection with the music. A lot of American dancers are used to dancing with their Instructors and rely on them to count the music for them. I suggest dancers try to dance their routines alone with music. Use slow music and try to match every step with a certain rhythm. Once you understand your connection with the music, try to dance your routine with fast music. The BPM will change but your rhythm and your movements should have no change.

**Q:** What tips would you give to students who maybe can't afford many private lessons, but still want to learn? How can they make good use of group lessons?

**A:** Here at Dance With Us America we offer Ladies technique classes. These classes are designed for dancers who like to work. These are not social classes. We work on all the details, from rhythms to emotions and everything in between. So to answer the question, try to find a group class that challenges you to be the best you can be.

**Q:** What did you learn in your many years of dancing that you would like to share with our readers? (Perhaps fill us in a little on your background and experience.)

**A:** Growing up in my family has greatly impacted me as a dancer. My mother, Ludmilla Korshunova, was the former Russian Latin champion. She is the reason I started dance. At first, I just went for fun. But dance was in my body. I trained with all of the champions, including my mother. I traveled all over Russia to get the best training I could get. I toured with "Burn the Floor," "Starlight Dance Express," and performed with many celebrities, including Lou Bega, Boney M, Patricia Kass, and many Russian celebrities.

That being said, I also achieved the title of Russian champion and became a well-recognized judge in the Russian Federation. I have my own ballroom dance club in Russia, "21 Vek," and I very much enjoy the traditions of ballroom and Latin dancing. Don't give up on your goals; if you want to be a good dancer, there is nothing that can stop you. Practice smart and visit Dance With Us America. ■





# Tips from the Pros!



## Tips from Donna Edelstein

**H**aving just returned from invigilating the United States DanceSport Championships, a few thoughts are in the forefront of my mind.

1. Make sure you are dancing steps that conform to the NDCA or USA Dance steplist. Invigilation is becoming much more diligent.
2. Teachers, if you "push the envelope" with your students' steps, you will most likely be scrutinized more carefully.
3. A lot of lady dancers are wearing gowns almost to the floor. This creates a mess when they or their partners lower. Make sure the costume's length allows for freedom of movement and shows your footwork.
4. This one is for the pros, as well as the amateurs: when you are out on the floor, we judges see you. This includes your walk on, the time between dances, and your walk off. If you and your partner are not getting along, we can see that. It shows in subtle ways, like how the man takes the woman's hand to move to a new spot on the floor, how he rolls her out, or how they look at each other before beginning a dance. Make sure you are performing from the on-deck lineup until your feet hit the wood floor. ■

## October 2011

Weekly Group Class Schedule:

Monday's:

5:00-5:45 Salsa and Meringue \$12 per person-taught by Jeff Nehrbass

7:15-8:00 Basic Ballroom \$12 per person-taught by Julie Delene

No pre-registration is necessary. Classes are drop in.



Retro Ballroom of On Your Toes  
5810 W. 36th Street  
St. Louis Park, MN 55416  
952-928-7803  
info@onyourtoes.org  
www.retroballroom.com

## Fall Fling

The Fall Fling was a **HUGE** success!!! Thank you to everyone that participated and came to watch. We can't wait until the next combined studio showcase!



*You don't have to be a star.....to dance like a star!*

# BE A PART OF THE MADNESS!

*Minnesota Madness has quickly become one of the most fun dance events  
in the area!*



## October 22, 2011

*Minnesota Madness  
is brought to you by  
Nathan Daniels & Scott Anderson*

For Information Call: 763-545-8690 or 612-816-4446  
Email: [nathanh@visi.com](mailto:nathanh@visi.com)



# Tips from the Pros!

## Tips from Scott & Amy Anderson

### Spend your money wisely...

- If you want to learn a new dance, maybe go to a beginning level group class to learn the basics. They are less expensive and also a great way to meet other people.
- Plan ahead if you intend on dancing at a competition or studio event. There are many great events here in the area that are open to all dancers at all levels. You don't have to dance everything plus the kitchen sink in one event. Just do enough to be involved in some way. That way you can take part in the many fun dance events at your studio and in the Twin Cities.
- Practice by yourself! Even though it is "partnership" dancing, you must be in control of your own body and movement. This will save a lot of time in your private lessons.
- If you have a question or concern, take it directly to your teacher, not other students or dancers. That is the most effective way to get things resolved.



### If you are dancing in a competition...

- Train consistently, and, as mentioned above, practice by yourself.
- Be sure to budget for costuming, hair, and makeup. When you are competing, the first impression is made before you've taken a step!
- Ladies, you can NEVER go wrong if you wear hose! Too many dancers are choosing to have bare legs, which is not always the best choice.
- Support your local area. As mentioned before, the Twin Cities has a lot to offer, such as studio events, one-day events, and national events. Don't forget that some of the best competition comes from your own area.
- There is only one 1st place, so be gracious when receiving your award. Judges remember those who react negatively when their placement is announced. ■

## DEMO NEWS! *New Date for MOA Demo!*

The MOA has changed our demo from Wednesday, November 2nd to Tuesday, November 1st.

**New Date:** Tuesday, November 1st, 7:30-8:30 p.m.

Dance Demo in the Best Buy Rotunda, Mall of America. Come and join us for an hour of fun and dancing! Please contact Yvonne Viehman at 763.553.1202 or [danvman@aol.com](mailto:danvman@aol.com) to sign up. Many couples of all skill levels are needed!

FRIDAY, OCTOBER 28TH

# Halloween Party!

at Cinema Ballroom

- \* COSTUME CONTEST WITH GREAT PRIZES
- \* DJ DANCE MUSIC \* DANCE INSTRUCTORS ON-HAND
- \* FREE DANCE LESSONS \* TREATS FOR EVERYONE!

**\$10** by October 27  
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\$8 Students\*

\$15 at the door/\$10 students\* at the door

\* Student rates available to youths 18 and under,  
adults with valid college ID and  
private lesson students of Cinema Ballroom

**7pm**  
Dancing

**8pm & 9pm**  
Dance lesson

**10pm**  
Professional dance exhibition

**11pm**  
Bewitching hour



1560 St. Clair Avenue  
St. Paul, MN  
651-699-5910  
cinemaballroom.com





# A Dance Performance at StudioJeff

By Lorie Hurst

My husband CJ and I were invited to perform in a showcase at StudioJeff in St. Cloud. We love opportunities to dance, and though we only had a week to prepare two routines, we gladly accepted. What struck me about this particular dancing opportunity was the context. For the first time, we were going to be "the entertainment." CJ and I have only been dancing for 3 1/2 years. We finally made it from the Bronze to the Silver syllabus, but because we compete, and every single movement has to be perfect, it seems progress is slow. We have always been the ones watching others and thinking, "I want to look like that someday," or "I want to learn that step someday," or "Maybe someday we can look that good." At StudioJeff's showcase, we were going to be the ones people were looking at. We were the example of an amateur couple, meant to show other amateur couples what could be accomplished. From my perspective, it was a lofty position, one I enjoyed for its novelty.

All theory aside, the challenge we faced in preparation was to take the routines we had choreographed at American Classic Ballroom and squeeze them into the 16 by 24 foot space that was StudioJeff. We were told that rhythm and latin dances would fit best, but of course, everyone else was doing them. We were determined to make our tango work, to show something different. After corresponding over phone and email with StudioJeff's owner, Jeff Ringer, it was a pleasure to meet him in person the night of the showcase. He has the only dance studio in St. Cloud, and is determined to show St. Cloud how wonderful dance can be. He was excited to introduce all of his performers, and showed enthusiasm for every level represented. Filling all the available seats and overflowing the standing room as well, he had gathered over 100 spectators. CJ and I performed our tango, as well as a rumba. Everything fit, everything went fine, and we thoroughly enjoyed the



performing. Jeff ended his showcase with the declaration that "You, too, can learn to do this!" Indeed, people seemed enthralled with the idea; we got to talk to people who were determined to start taking lessons. I remember when the whole thing was new to me, and the excitement of "What if I could actually DO this?!" got me at every lesson. It was fun to share with people what dance has been to us, and to feel like we were truly inspiring people, as so many others have done for us. ■



## StudioJeff

Ballroom Dancing in St. Cloud

Private and Group Lessons  
Dance Parties

Jeff@studiojeff.com  
www.studiojeff.com  
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# The Cowles Center for Dance Grand Opening



By Deanne Michael

The Cowles Center for Dance and Performing Arts, Minnesota's new flagship for dance, opened to sold-out audiences September 9th and 10th. The Saturday evening show was attended by hundreds of representatives of the local dance community, including the company members of Beyond Ballroom and many of our students and supporters. While the show itself was amazing, featuring tap superstar Savion Glover, New York City ballet dancer Wendy Whelan, and three local companies—Zenon, Minnesota Dance Theater, and James Sewell Ballet—the evening was fueled by the energy and celebratory attitude of the audience itself. It was moving to look not just to the stage, but around the audience at the vast talent that makes up this vibrant dance community. I experienced a profound sense of appreciation and pride in the rich arts heritage that the state of Minnesota continues to foster even through times of economic downturn.


And as a founding member of Beyond Ballroom Dance Company, I am particularly proud of the role the company has played in bringing ballroom dance to the realm of

concert dance. To be included among the talent that comprises the 15 local dance companies performing in the inaugural season is a dream come true, and one that was made possible through the support of our local ballroom community, as well as the strength of dance in the state. The Cowles Center will undoubtedly introduce new audiences to the beauty of ballroom dance, presented not as a sport or reality TV, but as an art form. Minnesota has been at the forefront of this growing movement to present the artistry of ballroom dance in the theater, with support evident in Beyond Ballroom's recent grant award from the Metropolitan Regional Arts Council to create new work to be presented at The Cowles Center this season. As BBDC continues to create work that challenges the genre of ballroom dance, we look forward to the opportunity that this high-profile theater will bring to promoting partnership dancing. Thanks to all of you for your commitment to ballroom dance and support of this fabulous new venue!

Tickets for The Cowles Center are available at [www.thecowlescenter.org](http://www.thecowlescenter.org). ■





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# Cinema Ballroom Takes Top Honors at US Nationals

By Michelle Hudson

An excited and well-prepared group of dancers from Cinema Ballroom made the trip south to Florida for the United States Dance Championships in early September. Months of preparation and anticipation were realized finally as Cinema Ballroom took the floor with confidence, which ultimately spelled success.

Five students danced in three divisions partnered with their instructor Eric Hudson. Eileen Arcilla, Sandy Goblirsch, Elizabeth Rocco, and Shannon Rohne danced in the American Smooth division. MeMe Regan-Heller and Elizabeth Rocco competed in Latin. Shannon Rohne and Sandy Goblirsch danced in the Standard division.

Two Cinema Ballroom students were crowned United States Champions: Shannon Rohne and Elizabeth Rocco. Shannon Rohne won the US Bronze Smooth A1 championship, and Elizabeth Rocco won the US Silver A2 Smooth Championship. In addition, Rohne was third in the US Standard Final and Rocco placed fourth in the US Latin Final. Expectations were high for these ladies, yet they have gone above and beyond!

Eileen Arcilla improved dramatically in form and artistry through discipline and determination and narrowly missed the US Champion's position on the podium in the A2 Open Gold Smooth Division. She'll settle for 2nd this year, but great things to come!

Sandy Goblirsch made her USDC debut with Eric Hudson and did not disappoint as she finished 3rd in a difficult Smooth Rising Star division.

MeMe Regan-Heller made her final appearance as an amateur in the sizzling Open Latin A1 division. She narrowly missed the semi-final, but danced well. Her commitment and desire will take her far as she starts a new chapter as a professional instructor at Cinema Ballroom.

Instructor Eric Hudson received top honors in the three divisions in which he danced, 3rd in the Smooth division, 5th in Latin, and 5th in Standard. This honor represents the preparation, planning, and coordination between two dancers: a teacher and a student.

Congratulations to all the dancers! ■

## COWLES CENTER FOR DANCE PHOTOS cont. from pg 12



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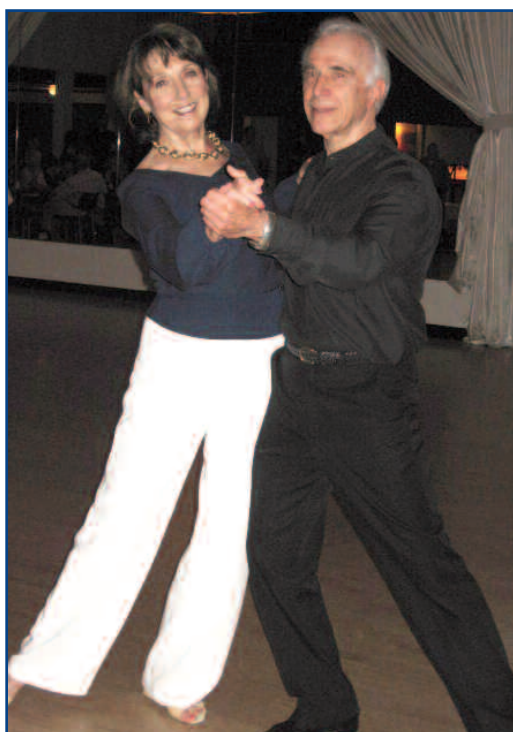
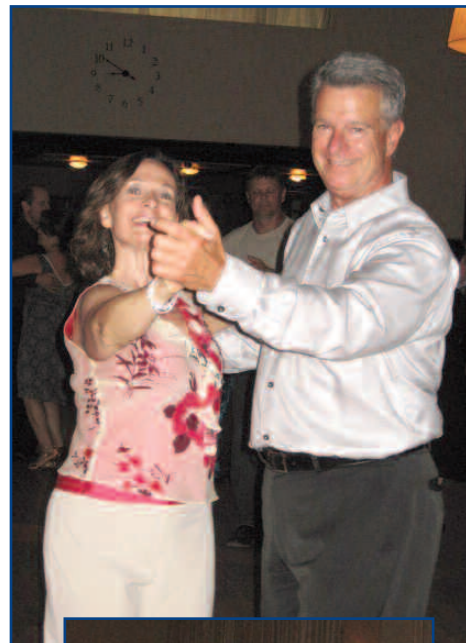
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# *Jerry O'Hagen Orchestra Dance...*

*Cinema Ballroom, St. Paul, MN*



Photos by  
Suzi Blumberg



# Empire State Ballroom Championship

By Carol Ferrell

Five of "Jay's Girls" traveled to the Big Apple to compete in the Empire State Ballroom Championships this past summer. It was a great time with mostly east coast dancers. The event was hosted by Eddie Simon and Safwat Gerges, and was held at The Crowne Plaza Hotel on Broadway.

After all the dancing, we saw some shows, tried some great restaurants, and hopped on the Staten Island Ferry to view the statue of Liberty. We also had a moving visit to Ground Zero as they prepared for the dedication on September 11th.

Jay Larson placed 7th in the Top Teacher awards. Here are the rest of our results:

## Caitlin Massart

2nd place Dancesport Series Open Standard Championship  
3rd place Dancesport Series Open Latin Championship  
Top Gold Student

## Jacqui D'Souza

4th place Closed Silver Latin Championship  
1st place Closed Bronze Standard Championship

## Echo Huang

3rd place Closed Silver Standard Championship  
2nd place Closed Silver American Smooth Championship



## Joan Endres

2nd place Closed Bronze Latin Championship  
5th place Closed Silver American Smooth Championship

## Carol Ferrell

1st place Senior Open Latin Championship  
1st place Senior Open Rhythm Championship ■

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## JERRY O'HAGEN ORCHESTRA DANCE PHOTOS cont. from pg 16



## Chapter Ten

"Good evening, everyone, and welcome to Silver Foxtrot." Brian's floral tie was almost as dazzling as his smile. "I see a new face in our happy little group, so before we get started I'd like to have everyone introduce themselves."

The new face belonged to me, and I was there because Jessica had invited me. Well, it wasn't really an invitation. More like a suggestion. At last week's studio party she had told me two things: [1] she was starting Brian's Foxtrot class that Monday, and [2] there would probably be a shortage of male students. I was thoroughly enjoying myself in Rhythm, but I also knew that if I wanted to dance with Jessica I would be obliged to follow her into the strange world of American Smooth. So there I was.

There were three couples, Jessica, and myself. Jessica was wearing a lavender T-shirt, a lightweight and billowy black skirt, and her thick-heeled nun's shoes. I caught her eye and pointed down at my own dance shoes, silently mouthing the word "Showtime." She looked down at them and nodded approvingly.

"Well, thank you," Brian said when we had finished with introductions. "Let's begin by having all the ladies line up against the wall to my right, and the gentlemen on the other side." So we did.

"Now a little review," he said with a sly smile. "Who can tell me how we distinguish Silver Waltz from Bronze Waltz?" A hand shot up on the ladies' side. She was tall and stout. She had coppery hair and pale skin that looked decidedly middle aged. She wore a blood-red leotard that had "Capezio" printed across the tummy.

Before Brian could acknowledge her, a baritone voice directly across from her rang out: "Passing of the feet!"

"Exactly," Brian replied. "We pass our feet."

I took a look at Capezio's male counterpart, who was also tall and stout. His hair was suspiciously black. He was wearing black pleated trousers identical to Brian's and a shiny, tight-fitting black T-shirt that had a small scorpion logo over the left breast.

Brian paused for dramatic effect while we all contemplated the concept of feet passing. Something told me I was the only person in class who didn't know what this meant. Or how it was possible to dance at all without passing one's feet sooner or later.

"The same is true for Silver Foxtrot," Brian explained. "In fact, the figures in Foxtrot are very similar to the figures in Waltz. Now for the extra credit question: How do we distinguish Silver Foxtrot from Silver Waltz?"

This time Capezio skipped the hand raising and just blurted out the answer: "Body flight!"

"Correct!" Brian announced. Scorpion looked at Capezio and smiled proudly. These two were really leaving the rest of us in the dust.

Brian continued. "To demonstrate these two principles let's do a little amalgamation that you'll recognize from the Waltz class: Twinkle and Close Promenade with a Feather Ending." It sounded like something out of a Disney movie. 101 Amalgamations.

He extended his right hand to Capezio. "May I?" he asked. She left her place in line and walked up to him. Actually, she kind of floated up to him with a lightness I never would have expected from someone so bulky. She lifted her arms as she approached and came to a gentle stop a few inches in front of him, hooking her right fingers over the palm of his left hand. He raised both his arms so that they were parallel to the floor and let the fingertips of his right hand come to rest on her right shoulder blade. Her left thumb and middle finger settled carefully on either side of his right deltoid, while her remaining fingers were held aloft.

I was impressed by the delicate precision of this little docking maneuver. It reminded me of the Japanese tea ceremony. Or maybe the landing of the space shuttle. Was this something everyone had learned in the earlier classes?

"OK," Brian said, "here we go."

They then headed down the floor, stepping lightly, rising and falling ever so gently. They rotated just enough so that Capezio was facing forward, then she rotated back to her original position. They came to rest and separated. "Thanks," Brian said with a little nod, and Capezio floated back to her place. "That was just a quickie demonstration," he explained. "Later on we'll add a couple more figures and talk about orientations."

Orientations? Like north and south? Port and starboard?

Already I was confused. Back in Bronze Rhythm, I had no difficulty learning the figures. The geometry of each dance—the box step, the quarter turn, the rock step—was elementary. The leads—raise the arm, lower the arm, turn to the left or right—were bold and unmistakable. But Brian had just demonstrated three figures and I couldn't even tell where one figure stopped and another started. Silver Foxtrot looked like it was all subtle complexities and shades of gray.

On the other hand, they had managed to cover about fifteen feet in just a few steps. Was that the mysterious "body flight" that distinguished Foxtrot from Waltz? Whatever it was, it looked totally cool and I wanted to learn how to do it.

"Now," he asked, "who remembers the heels and toes for these figures?"

The class—everyone but me, that is—responded softly in unison, like the congregation at a Latin mass: "Heel, toe ... toe ... toe, heel."

**DANCELAND** cont. on page 19



Now where had I heard that before?

Jessica and I traded glances. She made a shrugging motion with her eyebrows. Evidently, I was going to have to memorize a ton of theory. And fast. There were heels and toes, orientations, passing feet, flying bodies, and probably much more. Maybe CliffsNotes had a book on Silver Foxtrot.

Moving on, Brian demonstrated the gentleman's and lady's parts for this amalgamation. First the men walked through it as Brian called out the steps, then the ladies did their part.

Next, Brian had us practice with each other. Unfortunately, there was more going on in these three figures than I could grasp. Also, I had missed the Waltz class. So my first attempts were quite pathetic. My Twinkle fizzled, my Promenade wouldn't close, and my Feather Ending flopped.

Jessica was my first victim. As always, she was a good sport and did her best to follow my miserable leads. The next two ladies pretty much knew what to do from the Waltz class. So I just did my best and nobody got hurt. Capezio took a more assertive approach. I could feel her pulling me along, nudging me this way and that. When we were done she patiently gave me a few pointers. Something about my "topline" and my "outside partner position." I couldn't have understood less if she'd said it in Hungarian, but I listened politely and thanked her for her insights. She seemed pleased with herself and floated back to Scorpion.

Finally, Brian brought us all together and announced his Great Plan for us: he had choreographed a Silver Foxtrot group number which we would perform at the next month's studio party. Heads were bobbing up and down in agreement.

This was good news and bad news. The good news was that my partner, by default, would be Jessica. The bad news was that I was the official Class Dummy, and I had a lot of catching up to do.

After class we retired to the waiting area and sat down to change our shoes. Scorpion and Capezio remained out on the floor and were discussing something very earnestly with Brian.

My first hour of Smooth felt like a week. I was physically and mentally drained. Jessica sat down beside me.

"Are you worried?" she asked quietly.

"Why would I be worried?" I replied. "I'm only a month behind everyone else." Then I looked at Brian and his two star students. "Maybe a year behind some people."

She smiled. "Todd and Melinda have been taking classes and lessons here for ages. I think this is their third time around in Silver."

"Well, that would explain a few things."

"They're really very nice." She paused, then said, "I think you did very well today."

I just laughed and hung my head.

"No, really, Cordell. You should have been there for the first day of Smooth Waltz. Most of us were bummed after that class."

"Well, thanks," I said, "but I'm really not sure I can learn a whole Foxtrot routine in four—no—three weeks."

"Don't worry—it's just a dance class. It'll be fun."

"Even if we screw up?"

She shrugged. "If we screw up, so what?"

I thought about that. The odds of my getting everything right on my very first Foxtrot routine were a million to one. When I did the Swing number with Cassie I was counting on her to rescue me if I got into trouble. Now I would be responsible for our success or failure, and I hated the thought of letting Jessica down.

Was I ready for this? ■

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# ASK DR. DANCE

*Donna Edelstein is a popular coach, judge, and organizer of the Snow Ball DanceSport Competition. Paul Botes is an accomplished dance instructor, coach, choreographer, and judge who has produced many nationally titled students and couples. He is an owner of American Classic Ballroom, located in Chanhassen, MN.*

**Q** I have been dancing for just over a year and taking lessons once per week. In the beginning I felt like I was making progress fairly rapidly but now I feel that I have plateaued and am not seeing as much improvement. I am not sure if I should try and invest in more lessons (a challenge, but could move to 2 a week), take advantage of visiting coaches to get a new perspective, change teachers, or maybe spend more time on group lessons to supplement... I have even thought about trying to find a practice partner. What would you recommend?



## She Said:

Students generally make a lot of progress in their first year of dancing because everything they do is new and an improvement.

Everyone goes through plateaus in their dancing. The best dancers have fought through many plateaus – sometimes long ones – in order to reach the next breakthrough.

If you understand your teacher's way of communicating and feel

that your teacher is knowledgeable, then stay put.

If you and your teacher don't communicate well, then perhaps take a few lessons with various teachers to see if there is a better fit.

Coaching is always beneficial if you work with the same coach frequently enough for them to reinforce the concepts they have presented to you.

Practice is always a good idea. You can improve by practicing alone or with a partner.

Good luck in the next phase of your dancing.

*Donna Edelstein donnawrites@msn.com 763-557-6006*

## He Said:

The learning curve is sharp initially, because some of the basic concepts are easy to master. One, therefore, thinks that he is making a lot of progress. As you get down to the more detailed technique of dancing, progress will be much slower and it requires more dedication. If you have a video of yourself dancing in the early stages of your development, it may make you feel better when you compare it to a more recent video of your dancing. It may serve to make you realize that you are indeed getting better. If you still feel dissatisfied with your progress, discuss this with your teacher before making a rash decision. Learning is an individual endeavor and people learn at different speeds. A common mistake is often to compare yourself to another student who has been taking lessons for about the same time and who seems to be much better than you. You don't really know how much individual effort another person devotes to his dancing, so a comparison is a slippery slope. If all else fails, by all means, try a different teacher or a coaching lesson with an established coach with a proven track record. Good luck! ■





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## Gentlemen Lead by Jack Munday

Writer Harvey MacKay, a Minnesota native who is a best-selling author primarily about business matters, is quoted as saying, "Find something you love to do and you'll never have to work a day in your life." Some people, like my instructor Monica Mohn and Cheek To Cheek Studio owner Harry Benson, live that quote. May I say that I envy them. Maybe if I was a full time writer? But that's another story.

I greatly appreciate what Monica, Harry, and many others—professional and amateur dancers—have done for me in the world of ballroom dancing. For us, really, but Fran says that they have created a monster. The first time I heard that word was after the wedding reception for one of our granddaughter's several years ago. The next day Fran called Monica to report on the dance we performed as a gift to the couple. She told Monica, "It isn't me. You are the one who created a monster. He danced so well. All the ladies wanted to dance with him." The two of them still exchange that view from time to time.

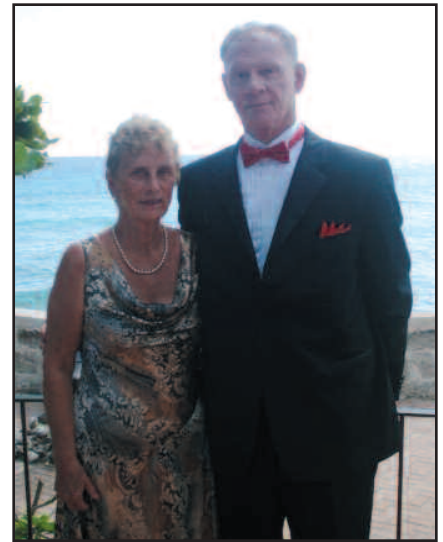
Recently I danced six days in a row. Five of those days were with Fran at a Dancers Studio getaway weekend, mixing lessons and dance parties. We got all sorts of tips from the pros. One that I liked was from Shinya, who said, "Remember to keep on breathing during dancing. Don't hold your breath. And remember to exhale, too." Another tip I didn't get directly from a pro but observed was that social dancing is a joy. They were singing along with the orchestra at the dance party.

My sixth dance day was a lesson with Monica where I improved on some of the things I had learned on the getaway. I have found that the blending of group lessons and private instruction is the most effective way for me to improve. I couple that with dancing at home with Fran, where I try out things I've learned. I enjoy the mixture of social dancing, showcases, and lessons because I continue to learn more ways to float across the dance floor. Fran and I are again planning to dance in a showcase.

When I first learned to lead a shoulder check as part of a

routine to perform in a showcase, Monica taught Fran to caress my cheek as I led her back from the check. We're supposed to be romantic, aren't we? Well, sometimes when the monster dances socially with other ladies, it tells them about the caress. Almost no one does it with me. However, I recently danced with an instructor who shall remain nameless. I led a shoulder check after telling her what Fran does. I got quite a surprise. Instead of a caress, or raising her arm straight up, she gave me a light tap on the chin. I almost didn't tell Fran about that one. Instead of a tip from a pro, I got a tap. Fun.

*John S. Munday is a writer & lawyer who lives in Isanti County, MN, with his wife Fran. Together they found ballroom dancing at Cheek to Cheek studio. Jack is a student of Monica Mohn. Jack's new book, *Beauty In Partnership*, a ballroom dance memoir, is available at [www.johnsmunday.com](http://www.johnsmunday.com) & at several dance studios. ■*



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### Oct 22-23, 2011

#### **Northwest DanceSport Championships – NQE**

Hosted by Seattle WA USA Dance Chapter #1004.  
Qualifying event for USA Dance 2012 Nationals.

### Nov 4-6, 2011

#### **Chicago DanceSport Challenge – NQE**

Hosted by the Chicagoland USA Dance chapter #2001.  
Qualifying event for USA Dance 2012 Nationals.

### Nov 13, 2011 **The Quake – NQE**

Organized by Ava Kaye & Stephan Kravel in San Francisco CA.  
Qualifying event for USA Dance 2012 Nationals.

### Nov 20, 2011 **IDSF Adjudicators Congress**

IDSF Adjudicators Congress to be held in Columbus OH following The Ohio Star Bar.

### January 13-14, 2012 **The Snow Ball**

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## ☞ Contact Jeff @ 320 266 4137 or jeff@studiojeff.com

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## ☞ Contact Anne @ 612.280.7818

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## ☞ Contact Cheri at 763-544-6724 or e-mail [artncheri@aol.com](mailto:artncheri@aol.com)

Size 2-6 prices \$500-\$700 American smooth gowns. Contact Cheri for details and pictures.

## ☞ Contact Theresa at theresakimler@yahoo.com or 651-773-3511

**Size 2-6: Royal Blue Beauty Smooth Gown.** Navy blue dress covered solid in rhinestones in different shades of blue. Gives an ultimate shimmer and looks almost royal blue on the dance floor. Fox fur cuff on left arm, long sleeves, slimming fit. Made by Randall Designs. Championship dress. Pics avail. \$2800.

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## ☞ DANCE SHOES FOR SALE:

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## ☞ Contact Stacie @ 612-251-8108 or SPIERSON0081@yahoo.com

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**Black & Rose Print Stand Gown.** Full sleeves, large floats. Size 0-4. \$2,950

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## ☞ Contact Janie @ 763-797-5230 or [janienordberg@comcast.net](mailto:janienordberg@comcast.net)

**Georgiose Peach Championship Gown.** This dress is one of a kind! Beautiful open back, stretch satin skirt with godets add fullness to movement. Fully stoned bodice and elegant gloves to match! Like new! Made by Marsha Weist Hines. Size 2-8. Asking \$1200. Pics available. **Newly Offered! Beautiful Pink/Metallic Gold Smooth Gown.** Very feminine look with lace trim on neckline, bodice, long sleeves and hems. Full coverage in AB multicolor stones! Like new - worn only twice! Size 2-8. Asking \$1100. Pics available.

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**Black Gown with Hot Orange & Yellow Accents.** Stunning gown has fiery orange and yellows accents drapes on long sleeves, bodice and chiffon layers of skirt, sexy slit shows off legs, beautiful color rhine stones. Size 2-8. \$800 obo. Pics available.

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## ☞ Contact AnnaMaria @ 612-280-6869 or [annamariagregerson@comcast.net](mailto:annamariagregerson@comcast.net)

Photos on website: <http://home.comcast.net/~dandamgreg009/site/> Retired from competitive dancing, selling all dresses & accessories. Variety of smooth & latin. Many showcase gowns & evening wear. Sz 4-12. Gorgeous accessories to help you shine on floor. Affordable.

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**Yellow smooth gown** to Show your beautiful back, elegant, size 4-6, covered with Swarovski crystals, great movement on the floor, newly offered. asking \$1000.

**Fuchsia rhythm dress** (size 2-8) bell sleeves, open back, asymmetrical/slit open shows leg movement, AB stones, beautiful low back, accessories available, asking \$500.

**Sexy-hot Yellow rhythm dress,** stunning yellow with contrasting royal blue appliques, AB and Swarovski stones, you will be noticed!, accessories available, asking \$1200.

**Light pink rhythm dress,** bust covered in Swarovski crystals and sequins. For those who Dare to Bare tastefully. Open back, halter top, one of a kind. Asking \$1,800.

**Gorgeous black rhythm dress,** size 6-8, open back, really shows great legs, tons of AB and Swarovski stones, 3 layers of black hand-beading/ asymmetrical, will be noticed. Asking \$1275.

## ☞ Contact Joan @ 6123864174 or [jdazer@comcast.com](mailto:jdazer@comcast.com)

**Royal Blue Smooth Gown.** Dress is covers with full nude sleeves and back. Earring included. Size 6-10, \$2,850

## ☞ Contact [janislivi@msn.com](mailto:janislivi@msn.com) for the following:

**Super sale on many ballgowns.** Under 5'3" and 130 pounds? try these: The Millennium Gown, Silver sparkle all over, white sheer netting on sleeves with AB stones, peridot stones, and crystal stones scattered. Zipper entry. hand washable. asking \$300. The Tangerine Dream Gown, neon tangerine color stretch lycra, swimsuit entry, AB stones, floats, hand washable. Asking \$125. The Genesis Gown, neon yellow, orange roses, yellow stoning, yummy to wear, swimsuit entry, smooth/standard floats. hand washable. \$125. May sell Pink Champagne Gown for the right price.

## ☞ Contact Shannon [xin9264@hotmail.com](mailto:xin9264@hotmail.com) (651)230-8901(c)

**Design Dress by Vesa, One-of-a-kind dress yellow stretch velvet** drapes elegantly in front and back. Covered in crystal and citrine rhinestones. Large citrine rhinestones and other decorative beads accent shoulders and panel at front and back, beneath the waist. Also large gold pallettes on the panel. A fringe skirt in front and back creates movement. Sides open to show off lines. Matching wristband, headband, feather hair accessory inc. Worn once by British prof rising star. Fit 0-6, 5'1"-5'5". Asking \$950.

☞ **Wanted: Tailsuit.** College student looking for a used men's dance suit or tail coat set, 6'0" 150#, approx. size 37L. Contact Andreas at 651-983-5348 or [amantius@comcast.net](mailto:amantius@comcast.net)

## ☞ Contact Sherri Earley at 651-271-7690 or [wwp2005@gmail.com](mailto:wwp2005@gmail.com)

**Red salsa or Latin beginners dress.** Can fit anywhere from a 2 to 6. Adorned with black, silver & gold disc bangles. Comes with matching earrings & arm bands. Email for photos. \$75/obo.

**Black beginners Smooth gown.** Fits a ladies size small/2-4. Skirt is 3 layers. Red and silver stones. Optional black gloves can be included, \$10 extra. Email for photos. \$75/obo.

*Swaplines – monthly feature offering members & subscribers the chance to sell dance merchandise. Advertisements for partnerships – not published in this column. Please include area code when submitting advertisements.*



## DNO continued from page 2

**Cheek to Cheek Ballroom** (763) 755-3644  
[www.cheektocheekdancestudio.com](http://www.cheektocheekdancestudio.com) 11415 Foley Blvd. NW, Coon Rapids. Harry Benson.

**Cinema Ballroom** (651) 699-5910  
[www.cinemaballroom.com](http://www.cinemaballroom.com) 1560 St. Clair Ave., St. Paul, MN,  
 Dancing Fridays to DJ music & Sundays to Live music. Lesson 8-9 pm; Dance 9-12 am. See website for details or [info@cinemaballroom.com](mailto:info@cinemaballroom.com)

**Classic Ballroom** (763) 519-1314  
[www.classicballroomdance.com](http://www.classicballroomdance.com) Dance parties: 1st & 3rd Friday of every month: 7:10 pm – two group classes (1 for newcomers; 1 for bronze level and up); 8-9 pm party follows! Cost: \$15/group & party, \$10/party only.

**Club Salsero @ Cinema Ballroom** 651.699.5910  
 1st Friday Latin Dance Party, \$15 for lesson & party; students with ID receive discount at door.

**Dancers Studio** 651-641-0777  
[www.dancersstudio.com](http://www.dancersstudio.com) 415 Pascal St. N, St. Paul, MN 55104

**E.R.V. Dance Studio** 952-303-3339  
 816 Mainstreet, Hopkins, MN 55343, [www.ERVdancestudio.com](http://www.ERVdancestudio.com)

**Fred Astaire Dance Studio** 651-451-6300  
 5300 S Robert Trl, Inver Grove Hts, MN 55077,  
[www.FredAstaireMN.com](http://www.FredAstaireMN.com), [invergrovemn@fredastaire.com](mailto:invergrovemn@fredastaire.com)

**Liola-La Bodega** (612) 823-2661  
 Lyndale & Lake Street, Mpls; Sundays & Mondays SALSA & Latin Dancing Costa Rica-style; Brought by ERVentertainment & Tico Baila (612-240-9053)

**Loring Pasta Bar**  
[www.loringcafe.com/pastabar](http://www.loringcafe.com/pastabar) Sunday nights – tango or other latin music from 6-9 pm.

**Medina Entertainment Center** (763) 478-6661  
[www.medinaentertainment.com](http://www.medinaentertainment.com) 500 Hwy. 55, Medina 55340.

**MN West Coast Swing Dance Club** (651) 426-8658  
[www.mnwestcoastswingdanceclub.com](http://www.mnwestcoastswingdanceclub.com) B-Dale Club, 2100 N. Dale St., Roseville. Dances 2nd & 4th Fridays. Lesson 7:30 pm, Dance 8:30 pm. \$5/WCS members, \$8/non-members.

**Naar Grille Salsa Night** (952) 946-6227  
 11528 Leona Road, Eden Prairie. Fridays – Salsa Night 10 pm-2 am.

**On Your Toes School of Dance** (952) 928-7803  
 1st Sat & 4th Fri Ballroom Dances. [www.onyourtoes.org](http://www.onyourtoes.org) and [info@onyourtoes.org](mailto:info@onyourtoes.org) 5810 W. 36th St., St. Louis Park, 55416. Jeff & Cindy Nehrass.

**Rebels Swing Dance Club** (952) 941-0906  
[www.tcrebels.com](http://www.tcrebels.com) New location for dances: Social Dance Studio, 3742 23rd Ave. S., Mpls; 1st & 3rd Sunday Dances; 7-10:30 pm; \$7/members; \$11 non-members.

**Rendezvous Dance Studio** (612) 872-1562  
 711 West Lake Street, Ste B, Mpls, MN 55408 [www.theplacetodance.com](http://www.theplacetodance.com)

**Social Dance Studio** (612) 418-4046  
[www.socialdancestudio.com](http://www.socialdancestudio.com) 3742 23rd Ave. S., Mpls, 55407

**Tango Society of Minnesota** (763) 576-3349  
[www.mntango.org](http://www.mntango.org) 2nd Saturday dances: ERV Dance Studio, 816 Main St., Hopkins; Lesson 8 pm; Dance 9 p – 1 am 10.

**Tropical Ballroom** (651) 414-0644  
[www.tropicalballroom.com](http://www.tropicalballroom.com) 1750 Weir Dr., Woodbury, MN 55125 (inside Valley Creek Mall); James & Tricia Wood.

**Universal Steppers Dance Club** 651-783-6619  
[www.universalsteppers.net](http://www.universalsteppers.net) MLK, 271 Mackubin Street, St. Paul 55102. Thursday class 6-8 pm \$5. Tuesday practice 6-8 pm. Donations accepted.

## Dance Contacts

### Studios/Instructors

<i>American Classic Ballroom, Chanhassen</i> .....	952-934-0900
Paul Botes, Natalie Palmer	
<i>Arthur Murray Dance Studio, St. Paul</i> .....	651-227-3200
Scott Anderson .....	612-816-4446
<i>Ballroom &amp; Wedding Dance Studio, Minneapolis</i> .....	612-371-0300
Harry Benson .....	763-843-2285
Gene Bersten .....	763-234-8656
Klaudyna Borewicz .....	612-203-9123
<i>Champion Ballroom, Edina</i> .....	952-934-2160
Robert & Jennifer Foster, Caitlin Rose Foster, Thomas Varian	
<i>Cheek to Cheek Studio, Coon Rapids</i> .....	763-755-3644
<i>Cinema Ballroom, St. Paul</i> .....	651-699-5910
Jonathan Chen, Dustin Donelan, Michelle Hudson, Eric Hudson, Kristina Lee, Kirsten McCloskey, Nadine Messenger, Shane Meuwissen, Martin Pickering, Douglas Wallock	
<i>Dahl Dance Center, Rochester</i> .....	507-252-1848
<i>Dance with us America, Southdale Mall</i> .....	612-564-5483
Gene Bersten, Elena Bersten, Andreas Mantius	
<i>Dancers Studio, St. Paul</i> .....	651-641-0777
Christine Hallberg, Jeff Halverson, Gordon Bratt, Kathryn Bratt, Bonnie Inveen, Chris Kempainen, Troy Lerum, Maria LaNave-Johnson, & Russell Hunter	
Nathan Daniels .....	763-545-8690
Jennelle Donnay .....	651-357-2060
Donna Edelstein .....	612-910-2690
<i>E.R.V. Dance Studio</i> .....	952-303-3339
Elicer Ramirez-Vargas, Rebecca Dahlquist-Eckhoff, Rachelika Baruch, Soodi Pessian, Mauricio Barrios, Stefany Frias, Alissa Zautne, Diosnel Campoalegre, Danadrian Harper	
<i>Four Seasons Dance Studio</i> .....	612-342-0902
Rebecca and Bruce Abas	
<i>Fred Astaire Dance Studio</i> .....	651-451-6300
Esther Granbois .....	612-872-1562
Lindsey Rebecca Hall .....	612-940-9546
Julie Jacobson .....	651-261-6442
Tony Karadjov .....	612-203-5429
<i>LaDanza Dance Club Stillwater</i> .....	651-439-3152
Mark or Wanda Bierbrauer	
Jay Larson .....	651-387-3886
Tom Larson .....	612-371-0300
Andreas Mantius .....	651-983-5348
Deanne Michael .....	612-508-9255
Monica Mohn .....	612-874-0747
Jeff & Cindy Nehrass .....	952-928-7803
Mariusz Olszewski .....	612-242-5159
<i>On Your Toes, St. Louis Park</i> .....	952-928-7803
Jeff & Cindy Nehrass, Elly Mae Toupin, Laurel Behning, Julie Delene Eric Remsen .....	612-724-3156
<i>Rendezvous Dance Studio</i> .....	612-872-1562
Mary Rosenstiel .....	612-720-2584
<i>Social Dance Studio, Mpls</i> , Joy Davina, Todd Paulus .....	612-353-4445
Alex Spencer .....	646-338-4770
<i>StudioJeff, St. Cloud</i> , Jeffrey Ringer .....	320-266-4137
<i>Tropical Ballroom, Woodbury</i> .....	651-414-0644

### Services

Made for Movement: costume design, production, tailoring (Marsha Wiest Hines) .....	952-595-0003
Oh Sew Special: tailoring, alterations, redesign (Susan Richardson) .....	952-746-5539
Satin Stitches Ltd.: custom designed dancewear (Deborah J. Nelson) .....	763-323-9507 or 1-800-48SATIN

### Clubs

Aqua Gliders Dance Club .....	612-869-3062
Café Bailar .....	612-600-5129
LaDanza Dance Club Stillwater .....	651-439-3152
MN West Coast Swing Dance Club .....	651-426-8658
REBELS Swing Dance Club .....	952-941-0906
Suburban-Winterset Dance Club .....	952-894-1424
Tango Society of Minnesota .....	763-576-3349
Universal Steppers Dance Club .....	651-783-6619
USA Dance, Minnesota Chapter .....	651-483-5467

MINNESOTA

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