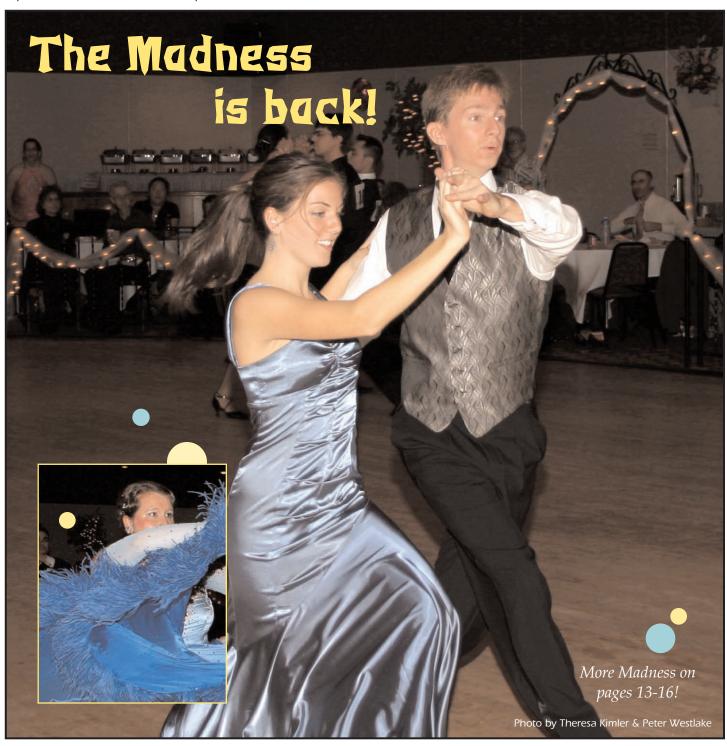
MINNESOTA

## DANCING TIMES



A publication of the Minnesota Chapter 2011 of USA Dance

November 2008



Inside this month's issue...

Minnesota Madness, newsletter staff introductions, and more!

#### Dancers Nite Out



- Fri 11/07 Rod Cerar Band @ Retro Ballroom, 7:30pm Lesson by Ellymae Toupin; Dance 8:30-11pm; \$12/person; dessert & coffee served; 5810 W. 36th St., St. Louis Park, MN 55416; FMI: 952.928.7803 or www.retroballroom.com
- Fr 11/07 The Classic Big Band with the Nostalgics Vocal Quartet performing & honoring Vets at Knights of Columbus, 1114 American Blvd. W., Bloomington, 8-11pm; FMI call 651.633.0239 or www.classicbigband-nostalgics.com
- Fr 11/14 6th Annual Benefit Ball by Beyond Ballroom Dance Company at Lafayette Club on Lake Minnetonka @ 7pm; FMI: www.beyondballroom.org.
- Sa 11/15 USA Dance at The Social Dance Studio. 3742 23rd Ave. S., Minneapolis; 7-8pm Lesson; 8-11pm Ballroom Variety Dance; See ad this page!
- Sa 11/29 "Memories of the Mills Brothers The Bachelors" featured at Tropical Ballroom, 1750 Weir Drive, Woodbury, 7-11:30pm Lessons, Dinner, Show & Dancing; \$20/person; black tie opt; for reservations, call 651.414.0644. FMI: www.tropicalballroom.com
- Sa 11/29 Alliance Dance potpourri of dance fun! Learn about various dance clubs & studios, "Dance-Match" opportunities, & dance on the USA Dance-MN portable dance floor! Held @ St. Richard's Church, 7540 Penn Ave S, Richfield, MN 55423 (located NW of Best Buy HQ by I-494).
- Fr-Su 12/5-7 MN PerformDance Holiday Show @ Maplewood Performing Arts Theatre, see ad this newsletter watch for details in our next newsletter.
- Sa 12/20 USA Dance for the Holidays! Classic Ballroom, 4228 Lancaster Lane North, Plymouth 55441 (Four Seasons Mall – take Cty Rd 9 west off of Hwy 169).

Arthur Murray Dance Studio

(651) 227-3200

534 Selby Avenue, St. Paul, MN. Salsa for beginners and advanced on Wednesday 8:15 pm/\$15. Date Night variety class for beginners on Friday 6:45 pm/\$25/couple.

800 Washington Ave. N., Minneapolis. Monday Salsa Caliente Night; dance from 9pm-1am; cover \$5. Saturday Salsa Live Music Night; free salsa lesson at 9:30pm, dance to live latin music from 9pm-2am; cover \$10.

Black Dog Cafe & Wine Bar

(651) 228-9274

308 Prince Street, St. Paul Argentine Tango night every 3rd Saturday. Lesson at 7:30 pm, dance from 8-11 pm/\$3.

Blue Moon Ballroom

(507) 288-0556

www.BlueMoonBallroom.net 2030 Hwy 14, East Rochester, MN; Fridays: Latin Night, 7:30 pm - 12:30 am; Saturdays: Live Bands!

Cafe Bailar Dance Club

(612) 600-5129

2nd Fridays and 4th Saturdays of every month at Retro Ballroom of On Your Toes school of dance. 5810 W. 36th Street, St. Louis Park, MN 55416. Lesson 7:30-8:30 pm. Dance 8:30-midnight.

**Champion Ballroom Dance** 

(952) 934-2160

www.championballroomdance.com 550 Market St., Chanhassen 55441 (494 West to Hwy. 5 West, Right on Market Blvd., Right on Market St.); info@dancsportballroom.com, uschamps@msn.com Robert & Jennifer Foster.

Cheek to Cheek Ballroom

(763) 755-3644

www.cheektocheekdancestudio.com 11415 Foley Blvd. NW, Coon Rapids. Harry Benson.

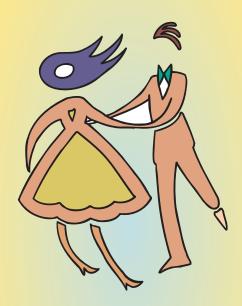
Cinema Ballroom

www.cinemaballroom.com 1560 St. Clair Ave., St. Paul, MN, Dancing Fridays to DJ music and Every Sunday to Live music.

**DNO** continued on page 27

### Join us for USA Dance's

## November Monthly Dance



#### Saturday, November 15th

7-8 pm Dance Lesson 8-11 pm Ballroom variety dance

\$7 USADance members • \$10 non-members \$5 Age 25 and under

(Become a USA Dance-MN member tonight and get in free!)

Hotline: (651) 483-5467

Email info@usadance-mn.org • Web: www.usadance-mn.org

#### The Social Dance Studio

6015 Lyndale Avenue South, Minneapolis, MN 55419 (62 Crosstown to Lyndale Avenue exit, go north to 61st Street, studio is on the right)

USA Dance MN HOTLINE (651) 483-5467 www.usadance-mn.org

Call for information on dance events. Leave a message for membership information.



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#### From the Board

Minutes of the Monthly USA Dance MN #2011 Board Meeting – October 7, 2008. Submitted by Debbie Thornquist

In attendance: Erik Pratt, Min Chong, Debbie Thornquist, Jeff Skaalrud, Janie Nordberg, Mike Jones, Frank Kohlasch, Donna Gates, Tricia Wood, Toni Brimeyer, Becky Stibbe, Craig Hagensick

**Location:** Janie Nordberg's house, Golden Valley **Call to order:** A quorum was established. Agenda was approved. Minutes from August were approved.

**Organizational Matters:** 

Treasurer's Report: Report was given.

Chapter Calendar: Mix & Match dance this Sunday, October 12. Monthly dance for October is at Tropical Ballroom in Woodbury. Minnesota Madness is coming up on October 25.

**Volunteer needs:** Most pressing needs are for membership and Star of the North.

**Board Elections:** Need to designate a team for the Elections Committee: Debbie Thornquist, Toni Brimeyer, and Mike Jones volunteered. A handout with the general timeline was distributed.

#### **Projects:**

September "Double Dance": We had a good turnout for the dance and lessons. Thanks to Laurel for your marathon teaching and continued enthusiasm! Thanks to Pete and Joyce for returning to DJ every other month! Discussed sending in membership applications with a special apology to Vernette for the delay with hers.

**Dance Demos:** We were unable to get our favorite Mall of America venue for September. Yvonne and Toni are contacting other malls and venues for a new location for a big demo.

Alliance Dance: Scheduled for November 29 at St. Richard's Church in Richfield. Admission will be \$12, or \$10 with potluck food to share. Information is available on our website.

Dance Mix 'n Match: Coming up on October 12 at the Social Dance Studio in Minneapolis from 5-7 pm. Min Chong and Jamie Thompson are co-hosting the event. The budget was approved.

Plan for DJs: A handout was distributed with a proposal for DJ and Music for USA Dance-MN that defined a possible set-up and roles for professional DJs, volunteer DJs, and a music librarian. The proposal was discussed and tabled until next month.

#### Other:

We were saddened to hear that Millie Cuccia passed away on Sunday. She was a longtime dance supporter and a sweet, familiar face to us at our monthly dances and other events. A card and flowers will be sent for USA Dance-MN. Services will be Sunday in Stillwater.

**Next Meeting:** Tuesday, November 11 at 7:30 pm (NOTE: This is the 2nd Tuesday due to elections)

Location: Erik Pratt's house, Minneapolis



### USA Dance: Who Are We?

We are a non-profit organization formed to preserve and promote ballroom dancing, both as an art and a healthful sport. The Minnesota chapter, USA Dance MN, was formed in 1991.

Membership in **USA Dance** is open to dancers of all levels. There are several categories to choose from: Social, Competitor, Junior (17 and under), Collegiate, and Associate (professional/instructor).

**USA Dance MN** sponsors monthly dances and other special dance events. Members are entitled to discounts on admission to the monthly dances, as well as access to a great network for meeting other dancers.

As a member, you'll have fun dancing and meeting many new friends. For more information, call the **USA Dance MN HOTLINE**: 651-483-5467.

The *Minnesota Dancing Times* is published monthly by the members of the Minnesota Chapter of USA Dance, providing information and news of ballroom dancing to members and friends.

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Contributions: Articles submitted may be edited for length, clarity and content. Photos will be returned. Please provide a self-addressed, stamped envelope or send high quality jpgs to Anne LaTourelle.

**Subscriptions:** \$22/year. Make checks payable to USA Dance MN and send to Anne LaTourelle, 6130 Ives Lane, Plymouth, MN 55442.

#### Advertising

DISPLAY ADS: To advertise your event or professional service, submit a digital file (300 dpi pdf or jpeg format ONLY) or camera-ready artwork to Cathy Dessert (651-415-0375 or cathydessert@comcast.net) along with payment to USA Dance MN. Advertising for charge cards, insurance, or travel cannot be accepted. Ads can be typeset or designed for a small fee, contact Janie or Eileen. Payment to accompany ad.

Full page 7.5" wide x 10" high \$130
Half page 7.5" wide x 4.75" high \$80
OR 3.5" wide x 9.5" high
Ott page 3.5" wide x 4.75" high \$60

Qtr. page 3.5" wide x 4.75" high \$60 Business Card 3 consecutive months \$50

**SWAPLINE ADS:** Free 3-line ad in Swaplines available to subscribers (dance merchandise only). Send to: <a href="mailto:annelatourelle@comcast.net">annelatourelle@comcast.net</a>

DEADLINE FOR ALL MATERIALS: 10th OF EACH MONTH

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#### EDITOR'S INTRO

### Minnes@ta Madness from Anne La Tourelle

Minnesota Madness – you would be mad not to participate! What a great idea to dance for a critique instead of a placement. Thanks to Scott Anderson and Nathan Daniels for continuing to pioneer this fun event. For those who are new to dancing in front of people, it is much more useful to get some honest feedback than a placement that doesn't give you ideas about what to keep vs. what to change. Even those who are seasoned performers or competitors know that sometimes dancing

for a placement is frustrating. What should we be doing differently? When you have to guess, you sometimes change those very things that the judges actually LIKED about you. Plus, each judge may see things differently. One may be looking at your footwork, while another may comment on your musicality. So read about the experiences some dancers had preparing for this event. Enjoy!



#### The President's Corner from Erik Pratt

e have quite a few opportunities coming up at USA Dance-MN that I would like to tell vou about.

#### Dance partners, and what to do with them

Thank you to everyone who participated in our first ever Mix 'n' Match event last month. We had an excellent turn out, and it was fun to see so much enthusiasm for dancing and dance partnerships!

Once you have a dance partner, though, what do you do with him or her?

One thing to do is start thinking now about the Star of the North competition on February 20 & 21. It's the perfect opportunity to enjoy competitive dancing, whether you want to compete seriously or just for fun. The Twin Cities is home to many excellent champion amateur/amateur competitive couples. The Star of the North will be a perfect time to develop your competitive interest further.

#### A Dance to be Thankful For

On November 29 – the Saturday after Thanksgiving – USA Dance-MN and Scott Anderson are hosting a special dance in partnership with local dance studios. We're calling this event the Alliance Dance – as in, the alliance of dancers in the Twin Cities. The evening is a celebration of our large, active ballroom dance community and we hope to make it the biggest dance of 2008.

The Alliance Dance will be an excellent opportunity to not only dance, but learn about various studios, clubs, and other dancing activities in the Cities. We hope you will attend and bring your friends - including those who may not yet be dancers and are interested in learning more about what's available in the Cities.

#### As always, our Monthly Dance

Maybe we shouldn't assume that all of our readers know that USA Dance-MN has a monthly social dance on the 3rd Saturday of each month. We move the dance around to a different studio each month in order to reach as many dancers around the Twin Cities as possible, and to build strong ties with our many local studios.

This month's dance will be held on November 15 at the new Social Dance Studio in Minneapolis. As always, see the inside cover of Dancing Times for the details. We hope to see you there!

#### **USA Dance-MN Board Elections Coming Up!**

This is a big election year, no matter who you're voting for. Now is the time to be a part of the excitement by getting on the ballot to be a board member for USA Dance-MN! The board meets once a month on the first Tuesday at 7:30 pm at various locations. It's a chance to help keep the dance opportunities in Minnesota alive, as well as share new ideas and enthusiasm. This month we will be looking for members interested in joining the board. Ballots will be distributed in December. Please contact the Election Committee or a current board member if you are interested or can recommend someone.

## Minnesota Madness! ...

### Welcome to the Madness! By Nic Westlake

innesota Madness approaches. I am a first time competitor in this aggressively named ballroom dance event, and am undergoing rigorous training in order to – along with my partner Kelsey Mosser – dominate every dance I enter. Though victory may prove difficult to achieve, as the guidelines for Minnesota Madness describe the reward for a competitive routine as a "critique" rather than a "placement." Miss Mosser is plagued by the fire of competitive drive nearly to the severity I am, and thusly, we've committed to win. Alas, we may be forced to compete for the best critique. As for the training, we begin with International Waltz.

We adopted what is now a familiar format during our first practice session together. The presentation begins before the dancing as I invite Kelsey into a determined, yet vastly imperfect Waltz frame. As she is a far superior dancer, a perpetually patient teacher, and an all around better person, Kelsey gently and without judgment rearranges my torso. Then, once the stiff, rigor mortis-like position I default to has been transformed into a reasonable balance of "confident dancer" and "rag doll", the footwork begins. We inhale in unison and, when the next downbeat has nearly arrived, press into each other. "One, two, three. Pause." I shift my head to the right and say to Miss Mosser, "Was that alright?" This tends to illicit the reply "You're fine. Are we going too fast for you?" I say, "No. I'm fine." But I think, "It's always moving too fast for me."

The repetition peels off the hype of dance, and the reality of it sets in. When you do it right, or in my case, as you do it more right, ballroom dance feels less like competitive performance, and more like communication. Familiarity sneaks its way into the relationship, the focus slowly shifts from frame to footwork, and finally to implicit connection. The movement begins to emit your emotions and viewers

can see exactly how fond of your partner you are. Rather, they can see whether the wordless communication between Miss Mosser and myself is meaningful, and whether it is trusting. Inevitably, the music stops. Our motion ceases. My breathing resumes, and I turn to Kelsey to wordlessly inquire, "Was that alright?" Her response is a face, pleased and assured, which says, "We have this competition in the bag." We'll see what the Madness brings.



Nic Westlake and "double hustle" partners Jesse and Kelsey!





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## Minnesota Madness!

#### U of M Team Shows Enthusiasm for Minnesota Madness

By Elizabeth Peterson

essons have started up again for the University of Minnesota Ballroom Dance Club and things are looking promising for this year's competition team. The gym is filled with lots of new faces and already their enthusiasm is apparent. Many new dancers showed immediate interest in competing and signed up for Minnesota Madness after completing only their first or second lesson ever. There are also lots of veterans returning for another exciting year. Minnesota Madness was held for the first time last year and really helped get new members interested in competing on the U of M team. Since the school year starts in September, a practice competition in October is set at the perfect time. It's a great way to get both dancers who are interested in serious competition and those who are just interested in social dancing more involved in the world of ballroom.

For dancers who are interested in competing seriously, Minnesota Madness is a great opportunity to learn about what the judges look for during a competition. Dancers are limited to a smaller number of dances than they would be in a regular competition, but they receive constructive feedback on their performance. Rather than receiving ribbons for placing in the top six, dancers receive helpful comments from the judges. It's a good chance to work on the dances they feel least confident about or the ones they

have been working on the most. It's also a good time to try out a new partnership and help a new dancer feel ready for competition. Dancers may also want to take advantage of the fact that they get a preview of other couples that they will more than likely see at future competitions.

Minnesota Madness shouldn't just interest competitive dancers because it is a great event for beginning and social dancers as well. It is a good introduction for beginning dancers who are apprehensive about competing. It helps them understand the format of a competition and gives them the chance to practice dancing in front of an audience without any pressure. Competing can also help dancers progress faster and learn advanced steps sooner. A competition date creates a deadline and can help motivate dancers to learn new skills and practice them more than they otherwise would. The U of M team practices are perfect for the social dancer because they are smaller than regular club lessons, making them a good way to get to know other dancers and make friends quickly. Those not concerned with placing well in a competition can still have fun travelling to other schools with the team and meeting other dancers. An event like Minnesota Madness is a great opportunity for dancers at any level and anyone who missed out on it this year should definitely consider signing up next year!



#### **UofM Donation**

USADance – MN chapter makes a very smart investment in the future of partner dancing.

Here, USADance – MN current president, Erik Pratt, presents to UofM Ballroom Dance Club President, Peter Westlake, \$2000. This scholarship helps dozens to participate in MN Madness and promotes additional UofM Club activities.



#### November Dance Seminar: Salsa Rueda

Taught by Rachel Tham & Daniel Calderon

Saturday, Nov. 8th in St. Paul 2:00pm - 4:00pm Call for more information: 651.641.0777



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- Natura Park, Punta Cana, Dominican Republic
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- 20 hours of dance workshops ~ 40x80 dance floor
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Deadline to sign up:
November 26

Make your reservation TODAY!

651.731.0777 or 651.641.0777

www.dancersstudio.com

#### Meet the Dancin' Times Newsletter Team...

#### **Theresa Kimler**

The newsletter is the Crown Jewel of the Minnesota Chapter. To be part of the amazing team that produces this great instrument and to associate with some of the most giving people on earth for the past 3 years is a privilege.

So, what do I do for the newsletter? As part of this amazing team, I coordinate the meetings and printing. I



also keep the subscribers and local studios supplied with copies of this high-demand newsletter. You can all help us out by sharing the newsletter with your friends and supporting the advertisers.

#### **Anne LaTourelle**

Seven years ago Janie Nordberg and I decided to volunteer to help continue the newsletter. Betsy Phillips also volunteered to join the group. At the time, Elaine Rybski was moving out of town and the chapter needed someone to step up. Realizing it was a job that could be broken down into more manageable bits, that is what we decided to do. Since then, the bits have continued to be broken down and the jobs have gotten bigger.

My piece is the front end of the newsletter. As the editor I am responsible for developing the over-all theme and then I solicit, write and coordinate all the articles. I am responsible for making sure we have enough content, that the articles are appropriate, and then sending them off for the proofing part. I also help coordinate all the



photos, decide on the cover, and make sure that there is a master list from which everyone is working. As the deadline approaches, I reach out to the various writers and make sure they hit the date. Once everything comes back from proofreading and layout, I help look at the newsletter one more time for any errors.

My job sometimes seems never ending, because even as the newsletter goes to print, I am working on the next issue. Yet when it arrives in the mailbox and I actually look at it and imagine someone looking at the completed project, I am very proud of our team of volunteers and the amazing quality product we put out each and every month.

There are many parts of this role that I enjoy. I love being able to write on occasion, I enjoy reading the various articles, and finding a new person to get involved. Most importantly, I enjoy the members of the team, the friendships we have made, and the chance to volunteer back to the dancing community which I love.

#### **Elizabeth Peterson**

As the newest member of the newsletter team, I'm excited to be working with such a dedicated group of people. Before joining the team, I had no idea that it was done completely by volunteers. They all work very hard each month to make the newsletter turn out so well.

Last spring I was asked if I was interested in writing for the newsletter, but with



an overloaded class schedule and graduation approaching, I just didn't have any extra time. Now that life isn't quite so hectic, I'm very happy to be writing articles, proofreading, contributing ideas, and helping out in any way I can. I really appreciate the opportunity to work on the newsletter, because I plan to have a career in the field of publishing.

I graduated in May 2008 from the University of Minnesota with a B.A. in English. I was a fiction editor and copyeditor for the 2007-08 edition of the Ivory Tower, the undergraduate art and literary magazine, that achieved a record breaking number of literary submissions and monetary grants. I began dancing 2 1/2 years ago when I joined the U of M's Ballroom Dance Club.

#### Mike Youngdahl

For the past year or so, I have been helping with the proofreading on the articles submitted to the newsletter. It takes a lot of hard work to get the newsletter out each month, but it is fun working with the others on the newsletter team. I've been active in the Chapter, in many capacities, for over 13 years and really believe

in the mission of USADance, which is to promote ballroom dancing.

Off the dance floor, my position as a Senior Financial Advisor with Waddell & Reed keeps me very busy. A few years ago, I made significant changes in my practice,



which I believe has made me a better advisor. I know how I want to run things and Waddell & Reed provides me with the products that allow me to do that. I'm a lucky guy.

I'm also very lucky to have a wife like Teri. Before meeting her, I had a wide variety of interests, and she has been brave enough tag along with me to some of them. Ask her about getting pelted with clay by the sprint cars at Princeton Speedway. Of course, things like early morning golf don't get much of a response. Some day I may even talk her into going to the drag races. Those folks are crazy.

#### **Cathy Dessert**

My official role as part of this talented newsletter team is to market and collect advertising. Unofficially, I do whatever is asked of me to get the newsletter published. We are a team and have come to work together as an integrated unit bringing you the best newsletter we can each month. We encourage each other, write articles, find others to write articles, distribute newsletters, keep subscriptions updated, brainstorm themes, problem solve, keep track of advertising, edit, proofread, and have

a good time doing it. I also have a silent partner whom I consider a member of the team. He is my husband, dance partner, and printer of the newsletter each month. Bill Dessert, by name, too modest to write on his own. He gets the job done on time, every month, no matter what the circumstances. We are very lucky to have him!



Being part of the newsletter team has been rewarding to me in several ways. I have developed new friendships. These are people who care about each other more than just when I last competed or who my dance partner is. They know my family and ask about them and I do the same. I am providing a community service by giving back to the dance community and perpetuating an activity that I love to share with others. Selling advertising also puts me in touch with what others in the dance community are doing so we can share that in the newsletter. It is a good thing. Since I started marketing, I am told things are growing – things like distribution. That is good for my advertisers. That is another good thing.

I am advancing my technological skills. The rest of the team tells me that is a good thing. The BEST part is that ads sales are increasing, because this is the greatest way for events and services in the dance community to get the message out. That is the very best thing!

My idea of fun may be somewhat out of the ordinary, but I find that our team has people who are suited for their tasks and enjoy them. We all share a love of dancing. We celebrate our successes. That makes being part of the team fun. We are proud of the product that we produce, it's fun to do and we hope it shows!

#### **Eileen Arcilla**

I've been a part of the newsletter team for the past 4 years as one of two graphic designers who layout the newsletter. We layout all the graphics and text and prepare the files to send to the greatest printer, Rapit Printing! I take care of the layout every other month alternating with Janie Nordberg. I enjoy working with my dance friends on the



newsletter. We know how to work together since we've been doing it so long! I also enjoy the opportunity to work on my graphic design skills. As a studio owner and web software developer, dancing and the newsletter are creative outlets for me. Everyone on the team works so many hours every month donating their time and talent to the newsletter. It's great to be able to work with such high functioning people and great dancers to boot!

#### MEET THE NEWSLETTER TEAM

continued on page 10



#### Janie Nordberg

My expertise is the design and layout of the newsletter. My first month designing the MDT newsletter was July 2001. Several years before then, Elaine Rybski recruited my help to design the covers for the newsletter. She was the entire "committee" at the time and when she decided to step down from that role, Anne and I joined

forces as there was plenty of work to go around. We made some major updates and improvements in both the content and the look. As the newsletter continued to grow and improve, so did the need for more input and help, so the team of 2 became 3, then 4, and so on. When I became overwhelmed with a busy competition schedule and keeping up with my career as a graphic design freelancer, we recruited Eileen Arcilla, who alternates months with me for this very time-consuming design and layout gig. It has been very gratifying to see the newsletter become bigger, better and online where more people can have access to it. It has grown in size from an 8-page black and white copy job to a 28-page full color production. October's issue topped that as a 32-pager!

Why do I like working on the newsletter? It has been a rewarding experience to continue to take the newsletter to a higher level each month. It's great to share the task with Eileen. Not only does it give me a chance to take a break and refresh my ideas, but it's inspiring to see how her style of layout is different from mine, yet we still find a way to keep it looking cohesive. Putting the newsletter online allowed us to add color, which makes it more interesting to work with, but also complicates and adds

time to the design process. The best part, however, of being a member of this group is the friendships, the fun we have as a team, and the food, of course!!

I am proud of my role in helping to make the newsletter one that rivals any of the USA Dance newsletters in the country. Knowing that the newsletter's readership has expanded significantly is also very motivating. I look forward to continuing to contribute to the growth of the newsletter and serving the dance community in this very fulfilling and challenging role.

#### **Tom LaTourelle**

My wife Anne has been the editor of the newsletter for quite a few years now, so while I am not an "official" member of the team, I have been around to lend a hand in many tasks. Over the years I have delivered newsletters, gone to the printers, helped with mailings, stuffed membership notices inside, stapled, folded, copied, and more fun office tasks. I have also



been able to write articles, proofread, solicit articles, create ads, and other "newsletter" type tasks, though I have never done as much of these things as the rest of our hard-working team. For me it has always been helping out when and if I can.

My main expertise has been providing help with technology and assistance with the website by putting the newsletter online at USADANCE-MN.ORG and sending out email announcements that the newsletter is ready and online.







Beyond Baltroom Dance Company

Stretching the boundaries of ballroom dance.

USA Dance-MN (Chapter 2011) strives to meet the needs of Dance Enthusiasts, as well as, Acknowledge and Help to Promote Twin Cities Area Dance Studios, Clubs And Organizations. To this end, we're Announcing Something **New** and **Different**. We call it the ...



## USA Dance-MN Alliance Dance

November 29, 2008 (5th Saturday of Nov.)

It's A Regular Dance With Lot's Of Extras & It Has Something for Everyone

- New & Learning Dancers can get Info about Venues and Lesson Locations. Special Mini Packages for "New Dancers" And "New Dance Partnerships"
- Experienced Dancers Many New, as well as, Familiar Faces. Superb Music and Smooth Sailing on USA Dance-MN's Professional Quality Portable Dance Floor.
- **Dance Studios** can have Someone Available to Answer Questions, Distribute their Info, Offer Promotions and Generally *Rustle Up* Some New Students
- Dance Clubs & Organizations can come and Promote their Agenda and Tout their Activities to Gain Increased Membership and More Attendance
- Is anyone looking for a partner? Special Dance-Match Opportunities for Dancers with Various Goals or Seeking a Specific Level of Dance Partner
- Potluck so Bring your Dance Shoes AND your Appetite

Location: ST. RICHARDS CHURCH, 7540 Penn Ave S.

Richfield, MN 55423 (Located NW of Best Buy HQ by Hwy 494)

Email: AllianceDance@USADance-MN.org

## Minnesøta Madness!

#### The Madness is Back... By Nels Petersen

For those of you who missed the Madness (Minnesota Madness dance event held by Scott Anderson and Nathan Daniels on Oct 25th), we extend our deepest regrets. This energetic event goes way beyond putting the capital F back in dance: the Fun, not to mention joy, energy, and laughter. Perhaps leading the Fun charge was the 50 strong posse for the University of Minnesota. They started happy, being partially subsidized by the smart investing of our very own USA Dance-MN, and continued to spread fun throughout the day and evening. Our chapter also provided many cool prizes in addition to scholarships for both the pro-am fun and the student-student action. The good news for the sorry dancers that missed this great party is that you will have a chance to participate next year.



See all the energy & fun in the color photos in this issue!







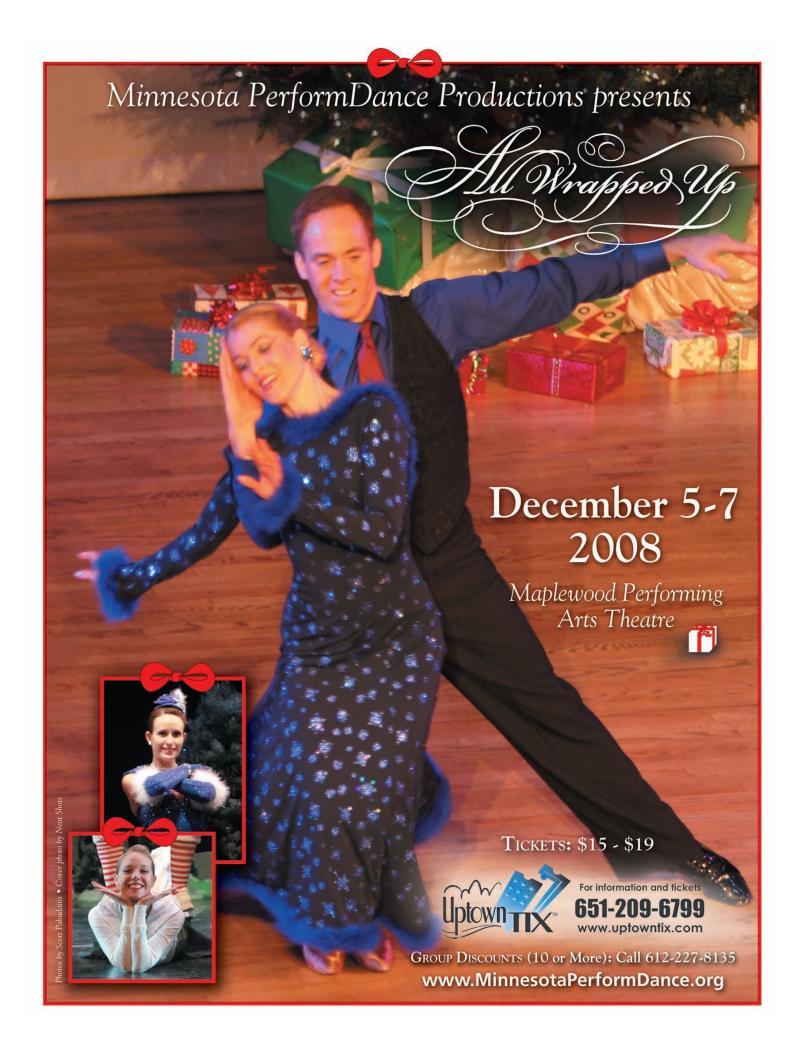






#### Minnesøta Madness 2008





#### Foxtrot Dance History

Thile Waltz may be one of the oldest "couples" dancing and really created the foundation of the dance hold, it is the Foxtrot and the people that popularized it during the early 1900s that really made ballroom dancing what it is today. It is also the first truly American dance, having been developed and stylized at all levels by American dancers.

It may be important to note that prior to ca. 1900s, the popular dances of the day were the spritely waltz; the schottische, and the polka. After these energetic dances, many people needed minutes of rest to catch their breath. Mostly, it was the younger folks who did the dancing, their elders just watched from the sidelines. With the advent of the "Rags" in 1897, the Two-step dances began their popularity. Early Foxtrot-like dances included the two-step, the "horsetrot" and the "fishwalk". These "slower" dances really took off in popularity, opening the dance floor for older people and also allowing for a more relaxing, enjoyable time.

It was against this cultural backdrop that the Foxtrot originated in the summer of 1914 by Vaudeville actor Harry Fox. Harry was on his own at the age of fifteen. He joined a circus for a brief tour and he also played professional baseball for a short while. A music publisher liked his voice and hired him to sing songs from the boxes of vaudeville theaters in San Francisco. In 1904 he appeared in a Belvedere Theatre in a comedy entitled "Mr. Frisky of Frisco." After the San Francisco earthquake and the fire of 1906, Harry Fox migrated East and finally stopped in New York.

In early 1914, Fox was appearing in various vaudeville shows in the New York area. In April he teamed up with Yansci Dolly of the famous Dolly Sisters in an act of Hammerstein's. At the same time, the New York Theatre, one of the largest in the World, was being converted into a movie house. As an extra attraction, the theater's management decided to try vaudeville acts between the shows. They selected Harry Fox and his company of "American Beauties" to put on a dancing act. An article in Variety Magazine stated "Harry Fox will appear for a month or longer at a large salary with billing that will occupy the front of the theatre in electrics". At the same time, the roof of the theatre was converted to a Jardin de Danse, and the Dolly sisters were featured in a nightly revue.

The May 29, 1914 issue of Variety Magazine reported "The debut of Harry Fox as a lone star and act amidst the films of the daily change at the New York Theatre started off with every mark of success. The Dolly Sisters are dancing nightly on the New York Roof. Gold cups will be given away next week to the winners of dance contests on the New York Roof."

The Fox-trot originated in the Jardin de Danse on the roof of the New York Theatre. As part of his act downstairs, Harry Fox was doing trotting steps to ragtime music, and people referred to his dance as "Fox's Trot." His dance was a variation of the two-step.



Unlike the two-step, it is done with a broken rather than an even beat (slow-slow, quick-quick). By as early as September 3rd 1914 "The American Society of Professors of Dancing" had set into motion the process of standardizing the steps of the Foxtrot.

Foxtrot quickly developed into a very popular social dance. It was performed by dancers down the years since Harry Fox first originated the dance. The Vernon Castles were exhibition dancers of outstanding talent. There is no doubt that the Foxtrot had a major part to play in their rise to fame.

While the dancing world's elite were still trying to capture the unusual style and movement of the Foxtrot, G.K. Anderson, a very talented American came over to London and won many dance competitions with Josephine Bradley. He sealed the style of the Foxtrot with his signature dance.

Back in America, an established dancer called Oscar Duryea was hired to promote this dance to the American public. Since the trotting could not be done for a long period of time without tiring the dancers, Duryea modified the dance. According to Duryea, the trotting steps were too much for the ladies. The trot was replaced by a glide or a "saunter". This new style of foxtrot was an instant hit. It has since remained an important part of the study curriculum of dancing.

The Foxtrot has evolved into many variations, including: the one-step (which turned into the Quickstep), the Charleston, which led to Swing, Lindy-Hop, Jitterbug and all the other many Swing dances. A faster version of the original is set to Waltz music. The Peabody and the Roseland Foxtrot are different names for the Foxtrot. Because of the variations in the Foxtrot and their popularity, the Foxtrot is known as an incredibly social dance.

The Foxtrot started a wave of dance energy among the American public. This energy was what teenagers were looking for. Due to this, the Foxtrot, which is the only truly American ballroom dance, spread rapidly across the states. Today, the Foxtrot has evolved into a dance that represents social elegance. The Foxtrot is now known for its characteristic smooth, elegant, graceful and gliding movements. The Foxtrot is a favorite among people of all ages. It remains the most popular dance in the social scene.

## ASK DR. DANCE

Note: Dr. Dance is on vacation this month! Filling in for them is the editor of Minnesota Dancing Times, Anne LaTourelle

I'm interested in competing, but I don't have a partner. Do you have any suggestions for finding one? Where can we practice once I do find one?

#### Anne Said:

I would treat looking for a dance partner much like looking for a job. I would start by networking. I would talk to dancers that I know and explain what I am looking for. Be specific. If you know the style of dance you want to have a partner for, share that. What are your goals? To do demos and shows? Compete? Just to have a practice buddy and someone to share lessons with? A good partner needs to have similar dancing goals. Make sure you know what yours are.

I would also stop by the local studios and talk to the receptionist or a teacher. Write down what you are looking for on paper and ask if they have somewhere you could

post it. Talk to the teachers in town that are independent or teach at places other than studios (like community centers). This newsletter has a list of teachers on the back inside cover that would be a good source for phone numbers.

Just recently there was an event that was put on to allow individuals who are looking for partners to mingle and dance. Watch for events like that!

As to your question of where to practice once you find a partner. Some of the dance studios will let you pay an hourly rate to practice and some will let you practice for free if you are taking lesson from the studio. Some of the fitness clubs also have rooms that might work if you both belong. If you are doing rhythm or Latin, try moving some furniture around and using a spare room (non-carpeted space). If either of you live in an apartment complex, check if they have a community rooms that could be used. Be creative and good luck!

#### **Gentlemen Lead**



by Jack Munday

You have probably guessed from previous columns that I've been bitten by the ballroom dancing bug. I have a serious and growing addiction to the joy dancing brings.

After the Twin Cities Open, I decided to try competition as the amateur, with my instructor Monica Mohn, aiming at the Star of the North event in February. Surely I could be ready by then. Competition would help me reach my real goal of being able to dance well, even very well, with Fran and other ladies. The dance floor is half full.

When I read the September issue of Dancing Times, my eye caught the full page ad for Minnesota Madness. Did you notice? The gentleman has a rose in his teeth! When I looked into the event, I discovered a sentence in all capital letters saying that this event is not a competition, rather it is a chance to get feedback on one's dancing. I would get comments on my ability as a dancer and suggestions for what I need to work on next. Did I want to know? Well, yes.

Then I found out that the Cheek to Cheek Smooth Formation team, who had accepted me as one of them, wanted to perform at Minnesota Madness. So, since I am going to be there anyway, Monica and I agreed that we would perform during the morning session.

In order to dance in a formation, one has to know the routine, actually burn it into one's muscle memory. Or else! – as we said in Chicago, where I grew up. Fortunately, this team had done that and they were so very kind to me when we practiced. So was



Monica, our coach. She and I went over the two minute routine for a whole hour one afternoon before a team practice. With more work, I think I'll be ready. No. I know I'll be ready.

I realize that dancing at Minnesota Madness represents an important step on to the dance floor for me. The formation event forces me to dance in harmony with the other team members, and the morning pro-am dances will evaluate my lead/follow development. What could be better?

I believe Fran and Monica and Harry Benson and the formation team members when they say I'm coming along as a dancer. Now it is time to hear from the judges. And I won't have to dance with a rose between my teeth.

*John S. Munday is a writer and lawyer who lives in Isanti County, Minnesota, with his wife Fran.* ■

#### My Memories of Millie Cuccia



Being new to the dance scene in 1985, meeting Millie was the best thing that happened to me. Not only was she an accomplished dancer, but she knew every dance teacher, every dance venue, and most of the dancers in the Twin Cities. The dance community at that time was much smaller than it is now.

Millie took lessons from just about every dance teacher in town – Vern Stryker, Roy Widstrom, Loren Greenberg, Jim Mondo, Dave Hanson, Shinya McHenry, Craig Morris, Scott Anderson, Nathan Daniels – and so many more that I'm unable to name. She was a founding member of the Minnesota West Coast Swing Club.

Whether you were a beginning dancer or a professional dance instructor, Millie always had encouraging words for you. I remember when I danced my first performance with an amateur partner at a Dancers Showcase, Millie made a point to tell me how much she enjoyed watching us dance and how nice my costume showed on the floor. I relished her comments. I am sure that many of you who are reading this article have your own remembrance of her kind words.

Among my fond memories are the many hours of telephone conversations we had talking about dance. After each Minnesota Open dance competition, we would talk for hours about the dance studio from Canada and their participants, the new dance partnerships that performed,

each costume that was new and different, all of the local dancers, and the professional part of the competition. We never tired of talking about dance.



Aside from dance, Millie was a good friend. When someone was sick, recently divorced or widowed, or experiencing a life tragedy – Millie was supportive in a very kind way.

I strive to be like Millie, for she is my hero.

Donna Buchholtz, St. Paul, MN

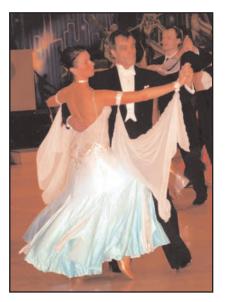
Thanks to all of you for the beautiful flowers, cards, and notes with personal stories of our mother. She touched a lot of people with her love and compassion. It meant a lot to our family to have so many of her dance friends at the memorial service celebrating her amazing life. We know she had many friends who loved her too. Mom lived her passion and enjoyed her life. Thank you all for your kindness and love. ~ Family of Millie Cuccia

#### **Dancers Studio Update**

David Zaleske just returned from First Coast Classic in Jacksonville, FL where he competed in 74 heats with his instructor Bonnie Inveen.

Here are a couple pictures from the competition.





#### **Classic Ballroom**

Congratulations to Greg and Susan Prasch for competing at the USA Dance Regional Competition in Indianapolis!

#### Here are their results:

Senior I Silver Smooth – 1st Senior II Silver Smooth – 1st Senior I Silver Rhythm – 3rd Senior II Silver Rhythm – 1st Senior I Bronze Standard – 6th

Senior II Bronze Standard – 4th ■

**Heartland Classic Competition** 

Indianapolis, IN

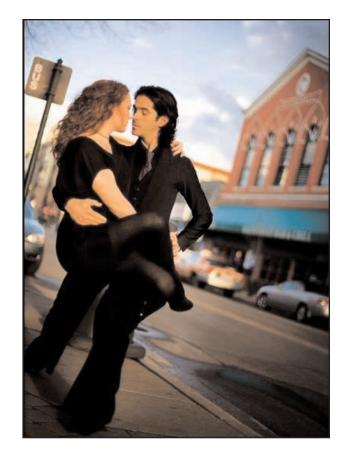
By Theresa Kimler

The USA Dance Heartland Classic competition was held the weekend of September 27th. With the new USA Dance national championship date in April, all of the qualifying events have changed to different times of the year. This has greatly affected attendance at many of these events as competitors try to adjust their calendars and organizers grapple to groove these changes into their volunteer machines. The event was held at the Adam's Mark hotel in Indianapolis - a new venue, due to construction going on at the Convention Center.

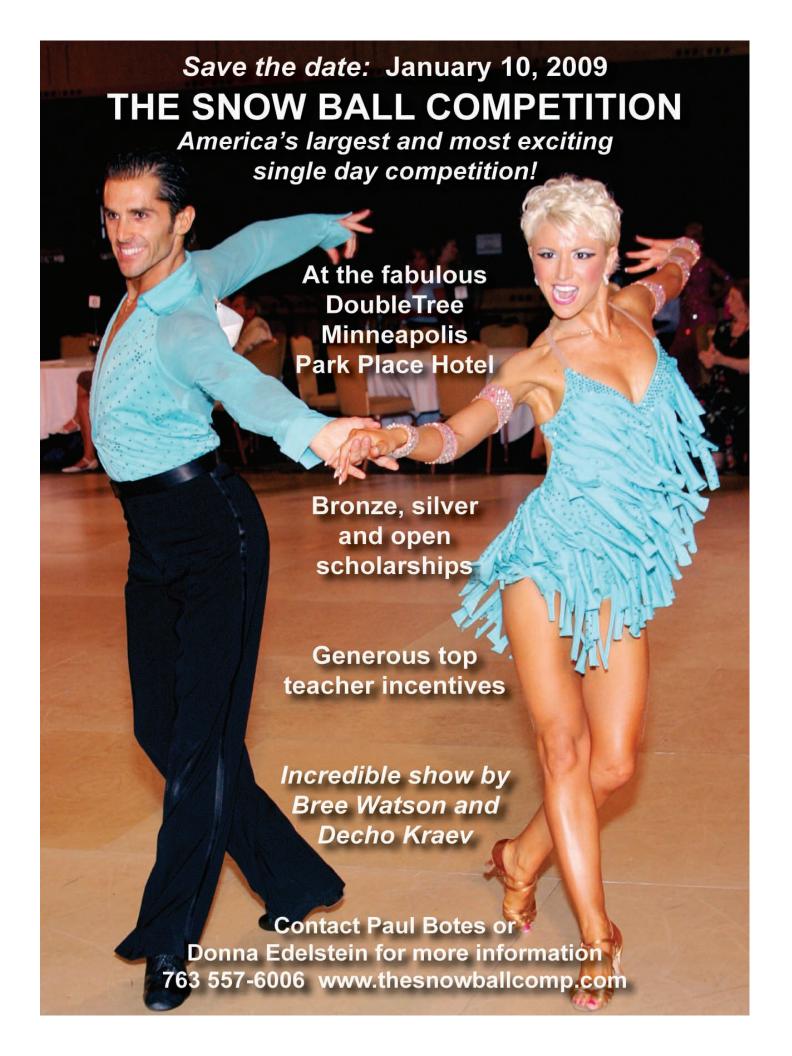


#### **ERV Dance Studio**

The ERV Dance Studio continues to grow, in size; there are new students wanting to learn to dance who have enthusiastically begun lessons. It grows internally; the first showcase of the new studio was held on September 14, 2008, and presented a beautiful array of seasoned and newer dancers followed by a rich show of professional dancers. Internal growth is seen in the warmth and the unique vision of dance presented in the studio. There is a definite authentic Latin flavor – it makes you want to speak Spanish. The studio also grows by welcoming other dance organizations to the venue; the Argentine tango milongas on the first Friday of each month hosted by Dan Griggs have packed the dance floor. It grows outward; February 20-26, 2009, the ERV Costa Rican dance camp will be held at Centro de Artes Promenade in San Jose, Costa Rica. Artistic and competitive growth will heighten at the national one day dance competition, The Minnesota Star Ball. Eliecer Ramirez Vargas, founder of the ERV Dance Studio and Costa Rican dancer now living in the United States has put together this spectacular event all packed into one day, morning through evening. When Eliecer first came to the U.S. he worked in a local dance studio for many years. Two years ago he started the ERV Dance Studio, named in honor of his family. The ERV Dance Studio is now becoming a growing hot spot in Minneapolis.



Greg and Sue Prasch



#### Dance into your Best Life® – Cooperative Teamwork

By Julie Delene

#### **Couples who dance**

"Dance lessons should be a pre-requisite before getting married to check for compatibility and cooperation". I was delighted to hear this from a couple I prepared for their special wedding dance. And it was not the first time I heard it, many couples have expressed their appreciation for this new way of interacting with each other.

It's true! Dance can be a powerful way to play out a partnership and can reveal both its strengths and weaknesses. It can demonstrate the dynamics that are embedded in how a couple communicates. It is fascinating.

An obvious example... sometimes the woman, the follow, directs her partner as if she is the leader. Perhaps a common pattern between them, the man may abdicate his leader role and wait for her direction. Oh how frustrating. And I'm guilty of it as well.

#### Roles are clear

Roles are clear in dance. Another reason I love dance! (I get to set aside my leader tendencies). And both roles have distinctive skills, a unique art that needs to be understood by the dancers.

One of my favorite activities to share with a couple when they first begin to learn dance is to have the woman close her eyes as she stands in front of her partner. She places her hands on the man's chest. It is their only connection as the man keeps his hands and arms at his side. He then moves forward. I ask him to imagine himself pushing a shopping cart, with his center activated. She senses and feels the forward movement. He then backs up. She feels the withdrawal of his energy and responds accordingly.

As we all know, most often the leader initiates the movement. The leader is best when he is decisive, clear and engages his whole body to communicate the movement. The follow is attentive, responsive, and provides equal energy back for this dynamic engagement. In addition, they both have a unique opportunity to develop their intuitive skills by being receptive, receiving and listening (called third level listening).

#### **Couple Therapy**

By developing these skills, dance provides an opportunity for couples to build their partnership and develop greater trust with each other. And what a fun way to do it! Who needs counseling, lets just dance.

Dance requires a focused intensity on each other, another way to provide attention and commitment. Couples can use this to explore how they feel, how they attend and engage with each other, and how well they communicate. There is so much to learn about yourself and your partner by using dance as the tool. When observed, the nuggets of information are readily available.

Plus, we can extrapolate these lessons and apply them to our lives – our work relationships, family, and friends. Let's all be inspired to take another look at dance and explore the art of cooperative teamwork in our lives.

Julie Delene, Move As One, LLC, creating wealth-full leaders, teams and organizations, 612-598-5355, julie@move-as-one.com, www.move-as-one.com



Julie Delene is the founder of Move As One™, LLC, and creator of the M-O-V-E method, a unique approach designed to guide individuals and organizations through the process of remaking themselves from the inside out. She has been helping people manifest their visions since 1984. Julie is a certified program leader and facilitator for Best Year Yet™, Miracle of the Breath™, and Black Sect Feng Shui. She has experience as a leadership coach, team facilitator, strategic business consultant, trainer and ballroom dance teacher. She combines her knowledge of organizational behavior with holistic practices to develop leadership potential and achieve goals. Julie is currently teaching ballroom dance and Dance into your Best Life® at On Your Toes/Retro Ballroom in St. Louis Park.

## Cheek to Cheek Ballroom Dance Studio

With or without a partner we can teach you how to lead or follow

New Group Lesson Schedule
On the web
Dance In Costume on Halloween!
8:30-10:30 PM
Private Lessons By Appointment

Feel arms about you . . .

and charms about you . . .

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Restaurant & Bar We're New & Open!



Come Early & Enjoy Dinner In Robert's Restaurant & Receive \$1 off Admission on any Regular Dance on Friday or Saturday Evening.



Clip This Ad for \$5 OFF off the Purchase of 2 Admission Tickets for any Regular Dance on Fri., or Sat. Night, in November 2008

Singles & Couples Welcome!

- · Limit 1 coupon per couple.
  - No Photocopies Please

BAR STAURN
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ENTERTAINMENT CENTER

#### NOVEMBER

- "The Classic Big Band"
   A 21 Piece, True Glenn Miller Sound Lessons 7 PM Music 8 PM
- Lessons 7 PM Music 8 PM
  Top Notchmen (Variety) 1 4 PM
  Echo's of Elvis, featuring Eddie Hughes
  with Guest Band The Fugitives
  Adv Open Tkts \$12 Adv Res \$15
  Lesson 7:30 PM Music 8:30 PM
  Thunder From Down Under Vegas #1 Male Dance Revue
  Adv Open Tkts \$18 Adv V.I.P. \$26
  Doors Open 7:30 PM Show 9 PM 21+
  Rod Cerar (Variety) 1 4 PM
  Bruce Bradley (Big Band/Var)\*\*
  Lesson 7 PM Dance 8-11 PM
  National Country Artist Blackhawk Tues. 4 Fri. 7
- Sat. 8
- Tues. 11 **Wed. 12** 
  - National Country Artist Blackhawk with Guest Band North Gone South Adv Gold \$38 Fri. 14
  - Adv Res Tkts \$29 Adv Open Tkts \$21 Doors Open 7:30 PM Show 8:30 PM V.S.M.C.R.F. Benefit Dinner Call 414-430-LORI for Tkts Tkts \$45 Doors 5:30 PM, Dinner 7 PM Rubber Soul A Beatles Tribute Band Fri. 14
  - Sat. 15
  - Lessons 7:30 PM, Music 8:30 PM 21+
    Alan Godage & Sundown (classic country)
    Dance 1:30 5:30 PM Sun. 16
- Tues.18
- Julie Lee (Variety) 1-4 PM
  Free Falling, A Tom Petty Tribute Band with Guest Band Absolute Groove Doors 8 PM Music 8:30 PM 21+
  G.B. Leighton (rock) 21+
  Barefoot Becky (Variety) 1-4 PM
  Boogie Wonderland
  (70's 80's & disco) 21+ Fri. 21
- Sat. 22
- Tues. 25 Wed. 26
- (70's, 80's & disco) 21+
  Thanksgiving Buffet 11 AM 2 PM
  Special Pricing for Children
  Call for Reservations Today!
  Rascals Bar & Bowling Lanes Open
  11 AM, Restaurant Closed after 2 PM Thur. 27
  - Fri. 28
  - Sat. 29
- Urban Myth (classic R&B, soul, classic rock, disco, & current hits) Lesson 7:30 PM Rockin' Hollywoods (50's 90's) Lesson 7:30 PM Dance 8:30 PM Betty Rydell Holiday Show 3 PM Adv Open Tkts \$17' at Door \$20 Adv Groups of 10+ \$13 Child 14 & Under Free Sun. 30

500 Highway 55 • Medina, MN 763-478-6661 · www.medinaentertainment.com

### Dance Soup



MILLIE CUCCIA passed away from lung cancer on Sunday, October 5.

The Memorial Service was on Sunday, October 12. The Visitation was held at 1 pm with a service that followed at 2 pm at Bradshaw Celebration of Life Center, 2800 Curve Crest Boulevard, Stillwater, MN 55082. Phone 651-439-5511. Cards can be sent to her family at Millie's house at 16835 20th Street, Lakeland, MN 55043. Phone: 651-436-7672. Her one daughter's name is Jan.

VIRGINIA DIETZ fell at Cinema Ballroom on a slippery spot on Sunday night, October 5 and broke her hip. Cards can be sent to her home at 4958 Devonshire Circle, Excelsior, MN 55331. Phone: 952-474-8572.

JAY GEFFRE died very unexpectedly on the morning of Wednesday, September 10. He was in very good health and only 44 years old. Mary and Jay danced at Classic Ballroom, at Arthur Murray – St. Paul before that, and also belonged to the TC Rebels dance club. They have been in the dance community for 31/2years and were amateur dance partners. Their last performance was The Classic Ballroom Formation at the Twin Cities Open. Cards can be sent to Mary Geffre at 13047 94th Place, Maple Grove, MN 55369.

#### **Competition Calendar**

Nov 8, 2008 2008 USA Dance NorCal California State DanceSport Championship

Sponsored by NorCal USA Dance Chapter #4004 in Oakland CA

Jan 16 - 18, 2009 Manhattan Amateur Classic - NQE MAC - Hosted by Greater New York USA Dance Chapter # 1004 at Manhattan Center, Grand Ballroom

Jan 30 - 31, 2009 Smoky Mountain DanceSport Championships - NQE

NQE sponsored by Greater Knoxville USA Dance Chapter # 2060 in Knoxville TN

Feb 7, 2009 Southwest DanceSport Championships - NQE Qualifying event for 2009 Nationals. Hosted by NorCal Chapter #4004 at San Jose Civic Auditorium, San Jose CA

Feb 21, 2009 Chicago DanceSport Challenge Championships Hosted by Chicagoland USA Dance Chapter # 2001 at the Sheraton Chicago Northwest Hotel in Arlington Heights IL

Feb 28 - Mar 1, 2009 Southeastern Championships - NOE Oualifying event for 2009 Nationals. Hosted by MidEastern USA Dance Chapter #6001 in Washington DC

April 3-5, 2009 USA Dance 2009 Natl DanceSport Championships Renaissance Harborplace Hotel. Baltimore, MD

August 14-15, 2009 Derby City DanceSport Championships - NQE Greater Louisville Chapter #2021. Louisville, KY www.lousabda.org

# November Dances at the Retro Ballroom Most dance parties include a free lesson with admission. Most dance parties include a free lesson with admission.

p.m. to 8 p.m. Dancing with D.J. David Olson 8p.m. to 11 p.m. \$7 per person. 1st Saturday of

November 7: Rod Cerar. Fox Trot lesson with Ellymae Toupin from 7:30 p.m. to 8:30 p.m. Dancing from 8:30 p.m. to 11:00 p.m. \$10 per person. Dessert and coffee will be served.

November 14: Café Bailar Fox Trot lesson from 7:30-8:30. Dancing from 8:30 to midnight. \$10 per person or \$8 for Café Bailar members.

November 15: Tango Society of MN Lesson from 8:00 to 9:00. Party from 9 p.m. to 1 a.m. \$10.00 per person or \$7 for Tango Society Members.

November 21: Dick Macko and his band. Waltz Lesson with Jeff Nehrbass. 7:30-8:00 p.m. Dancing from 8:00-10:30 p.m. \$10 per person. Dessert and coffee will be served.

November 22: Café Bailar Lesson from 7:30-8:30. Dancing from 8:30 to midnight. \$10 per person or \$8 for Café Bailar members.

December 5: Jerry O'Hagan and his 14 piece Orchestra with vocalist Betsy Barta and a special appearance by the Sleigh Belle Dancers. Tango Lesson by Deanne Michael from 7:30 to 8:30. Dancing from 8:30-11 p.m. \$12 per person. Dessert and Coffee will be served.

Weekly Group Classes

Tuesdays: \$15 per person 7:00: Silver Level Int. Waltz and Foxtrot Taught by Jeff Nehrbass

Wednesdays: \$15 per person 7:00 Beg. Ballroom 8:00 Beg./Int. Salsa Plus Both classes taught by Ellymae Toupin

\*\*Clip this schedule out and keep for your reference!\*\*

5810 W. 36th Street, St. Louis Park, MN 55416. (952) 928-7803. www.retroballroom.com

#### **SWAPLINES**

- ⊃ Wanted: Tailsuit. College student looking for a used men's dance suit or tail coat set, 6'0" 150#, approx. size 37L. Contact Andreas at 651-983-5348 or amantius@comcast.net
- ⊃ Several custom made Smooth & Latin dresses available. All professionally made, one of a kind costumes, competition quality. CHEAP all priced between \$50 \$400. Located in Edina for easy try on's. Some not worn at all, some worn by professional only once or twice. Call 651-436-4110 or email wilkinson0985@msn.com
- Contact Sherri Earley at 651-271-7690 or <a href="wwp2005@gmail.com">wwp2005@gmail.com</a>
  Red salsa or Latin beginners dress. Can fit anywhere from a 2 to 6.
  Adorned with black, silver & gold disc bangles. Comes with matching earrings & arm bands. Email for photos. \$75/obo.

**Black beginners Smooth gown**. Fits a ladies size small/2-4. Skirt is 3 layers. Red and silver stones. Optional black gloves can be included, \$10 extra. Email for photos. \$75/obo.

- ⊃ Contact Janet @ 763-389-9038 or <a href="mailto:kneadmyspace@yahoo.com">kneadmyspace@yahoo.com</a> for photos Pair of nearly new Latin shoes size 7.5. Strappy ankle wraps dyed beige \$50. Very cute short sexy black Latin dress with shimmery colors, never worn in competition. Size 6-8, stretchy figure flattering material \$50. Great starter dress that looks way more expensive!
- ⊃ Contact Stacie @ 612-251-8108 or <u>Spierson0081@yahoo.com</u>. Pics and payment plans available for all dresses listed. Some available to rent. Light Blue latin/rhythm dress with short skirt and fringe on the back of skirt and along the front that shows great movement. Dress like new, just out grew the size. Includes 2 wrist bands and choker. Size 0-6. Pics available. \$2,600.

**Sexy lime-green smooth gown.** Cut out in bodice to bare left side. Includes 6 bangals. Sizes 0-6. \$1300.

**Playful Seafoam green latin/rhythm dress** with open back. Decorative gold beadwork on front & back. Includes bracelets, choker and ear-rings. Size 0-6. \$2,250.

**Ultra Sexy lime-green latin/rhythm dress.** Features very slinky shape and draped fabric. Left side quite open for those who dare to bare! Fishnets can be worn. Size 0-6. \$750.

**Playful black and orange latin dress** with open back. Very playful diagonal skirt. Size 4-8. Includes bracelets and choker. \$800. **Black lace latin/rhythm dress.** High left leg, detachable panty and separate armband. Size 4-8. \$150.

**Red latin/rhythm dress.** Very stretchy fabric. High slit on right leg. Made for larger bust. Size 4-8. \$250

⊃ Contact Theresa at <a href="mailto:theresakimler@yahoo.com">theresakimler@yahoo.com</a> or 651-773-3511
Size 2-6: You'll look like a princess in this elegant snow-white ballgown. Fox fur cuff on left arm, long sleeves, slim-fit, stones of AB and light sapphire to add extra shimmer. Made by Randall Designs... you've seen his costumes on Dancing with the Stars! Ultimate elegance. \$2800.
Size 2-6 Black & White Chrisanne Standard Gown. Black dress with white, stoned appliqué design throughout. Amazing flowing skirt. Floats of silk that fade from black to gray to white. Slimming back line and slim through hips. All the glamour and details you expect in a top 6 lady's gown. Pics available. \$3000

Size 2-6 Chocolate Brown Ballgown. Detachable float makes this dress ideal functional for both smooth and standard. Rich, elegant, fitted look...rich fabric. Long-sleeves, high neck, tobac color stoning through neck, bodice, and waist, zip-up back. Effortless wear! Pics available. Price reduced. \$1400

**Lady's smooth shoes, size 36 (american 7).** Tan satin, closed toe, strap at ankle. 2.5" heel. 2 pairs available. One pair is new, other was worn for 1 practice session. Both in original boxes. See the shoe style at <a href="https://www.dance-america.com">www.dance-america.com</a>. Dancefeel brand, model F30. Paid \$119. Will sell for \$60/pair. **Supadance 1012 court shoe with strap.** Flesh satin color, 2-1/2" heel, size 4.5 British (6.5 American). Ideal for Standard or Smooth. Worn for only 4 dances at a competition. New \$149, selling for \$75.

- ⊃ Contact Kate Wilkinson@ 651-436-4110 or wilkinson0985@msn.com Red 2-pc Latin, never worn, custom made in England, Larger size, can be tailored to fit many, Can email pics, \$200 Other smooth and Latin dresses avail cheap.
- ⊃ Contact Anne @ 612-280-7818 or <u>annelatourelle@comcast.net</u>.

  Beautiful bright coral gown is a beauty on the floor and a breeze to wear.

  Dress has V front and back with long sleeves with beautiful draped sleeves. Will fit sz. 6-10. A steal @ \$700

Lovely blueberry colored smooth gown with yellow draped accents. Asymmetrical top with one sleeve and one side fully stoned with stunning floral appliqués. Very eye-catching, newest style. Designed to

hide any figure flaws it will fit a variety of shapes & sizes. Photos available to email. \$1000. Designed by Marsha Wiest-Hines

⊃ Email <u>janislivi@msn.com</u> for the following:

Selling out my gown closet! "Lady In Red" – red lace and chiffon, smooth or standard, red stones all over, flowing skirt and bell sleeves, asking \$125. "Starlight Express" – multi-colored, stoned top with black, two layer georgette skirt, smooth or standard, asking \$100. "Tangerine Dream" – Championship gown, neon Tangerine, stretch lycra smooth gown, goddess styling, asking \$125. All fit under 5'3" and under 130#. More gowns avail upon request. Rental avail.

- Champion dance dresses, Jennifer Foster at 952-938-0048
- ⊃ Contact Lisa Wu at 651-278-4434 or <u>lisa wu us@yahoo.com</u> Green & blue rhythm dress sz. 4-10 green body & skirt with blue belt, lots of rhinestones all over, matching arm/wrist bands. Great for new competitor! \$300 nego.

Purple & white Smooth Gown. Sz. 6-10, \$300 New Latin & Ballroom Shoes for sale, sz. 7, 8 & 9 \$40

- Contact Amy at 608-835-5666 or email <u>albishop@charter.net</u>
  Shoes Size 7 1/2 (American) Diamant Champion round toe 2" latino heel, elastic court std shoes, flesh satin. Brand new. Originally \$110 asking \$40.
- Contact Chris <u>chris\_scarlett@yahoo.com</u>
  Women's Capezio pumps black with strap an thick 2" high heel,
  Size 7 1/2 to 8M, hard leather sole, excellent condition, \$10.
- Contact Ellen @ 612-600-9726 or <u>EllenR 77@yahoo.com</u> Women's Celebrity dance shoes, black, 3 in. heels, size 8 1/2 - 9.
- ⊃ Contact Kate Bratt at 651.214.0906 or <u>yolanda4life@yahoo.com</u>
  Asymmetrical orange & blue smooth dress size 2-6 Cool, one-of-a-kind design looks great on the floor. \$300 negotiable

**Red-belted rhythm dress** size 2-6 Super low V-neck, hot-red belt design. Very sexy! \$400

**Black lace rhythm dress** size 4-6 Sexy see-through long-sleeved look, lots of stones and pearls on the body with cool black and pearl fringe on skirt, matching earnings. \$700

⊃ Contact Janie @ 763-797-5230 or <u>janienordberg@comcast.net</u>
Newly offered Hot Yellow Rhythm dress! Size 2-8. Stunning dress gets you noticed! Georgeous blue contrast design, tons of stones, newest style flirty skirt, accessories included! Asking \$800.

Newly offered Rhythm! Pink/white fantasy of color & stones! Size 2-8. This amazing dress has tons of stones, beautiful pearl beading and flirty skirt! Bracelets, necklace, accessories included. Asking \$750.

**Princess White Championship smooth** Size 2-8. Feel like royalty in this beautiful white lace gown with chiffon layered skirt! Multi-colored AB stoning with flower details. Made by Marsha Weist-Hines. Asking \$900. **Black/fuschia smooth gown** Size 2-8. Striking gown with multi-layered chiffon skirt. Explosion of color of the skirt layers and AB color stones when you twirl! Asking \$500.

**Fiery Orange rhythm dress!** Size 2-8. This hot flaming 2-piece dress has assymetric sleeves & skirt, Sun AB stoning, beautiful braid detail belt and straps, matching wrist bands and jewelry. Asking \$700.

**Gold/rose-red rhythm dress** Size 2-6. Beautiful Rose-Red lace overlays shimmery gold, bell sleeves and flare skirt gets you dancing like a star! AB color stones add extra sparkle! Asking \$375 obo.

#### Contact Eileen @ 651-636-6306 or eileen@arcilla.net

**Bright Blue Satin Smooth/Standard Gown.** Get noticed in a bright shiny satin gown. Full skirt and cut makes you feel like you're floating! Open back with fully stoned inset and skirt hemmed with satin band. Cut is flattering for many figures. Comes with matching earrings, hair piece, neckband and arm bands. Professionally designed/created by Flair Designs. Size 4-8. Asking \$1200.

**Lavender Latin/Rhythm Dress.** Lavender latin/rhythm dress with halter style top, ruffled hem and open back. Entire dress stoned in different colored stones which will make you sparkle! Dore Designs. Size 4-8. Asking \$2100.

**Swaplines** is a monthly feature offering members and subscribers the chance to sell their dance merchandise. Advertisements for partnerships are not published in this column. Please include your area code when submitting advertisements for **Swaplines**.

#### **DNO** continued from page 2

Lesson 8-9 pm; Dance 9-12 am. See website for details or e-mail info@cinemaballroom.com

Classic Ballroom (763) 519-1314 www.classicballroomdance.com 4228 Lancaster Lane North, Plymouth 55441 (Four Seasons Mall – take Cty Rd 9 west off Hwy 169) Dance parties: 1st & 3rd Friday of every month: 7:10 pm – two group classes (1 for newcomers and 1 for bronze level and up); 8-9 pm party follows! Cost: \$15/group & party, \$10/party only. Instructors at Classic Ballroom include: Paul Botes, Donna Edelstein, Jay Larson.

**Club Salsero @ Cinema Ballroom** 651.699.5910 1st Friday Latin Dance Party, \$15 for lesson & party; students with ID receive discount at door.

Dancers Studio (651) 641-0777 www.dancersstudio.com 99 N. Snelling Ave., St. Paul 55105 (S off I-94); Woodbury studio opening March 28 at 9470 Hudson Road, Woodbury, MN 651-731-0777.

ERV Dance Studio (952) 303-3339 816 1/2 Main Street, Hopkins, MN; www.ERVdancestudio.com Salsa Caliente Dance Club every Saturday night \$10. Includes 8pm lesson; 9pm live music with "Sensation Latina"!

LifeTime Fitness (612) 868-3344 www.GottaDanceNow.com Sondra's 2nd Saturday Dances! 6 pm lesson; 7-10 pm variety dance; 1001 W. 98th St., Bloomington (corner of 35W & 98th St.) \$10; Hosted by Sondra Chan and Instructors in Training.

Liola-La Bodega (612) 823-2661 Lyndale & Lake Street, Minneapolis; Sundays and Mondays SALSA and Latin Dancing Costa Rica-style; Brought by ERVentertainment & Tico Baila (612-240-9053)

Loring Pasta Bar www.loringcafe.com/pastabar Sunday nights have tango or other latin music from 6-9 pm.

Medina Entertainment Center www.medinaentertainment.com 500 Hwy. 55, Medina 55340.

MN West Coast Swing Dance Club (651) 777-5599 www.mnwestcoastswingdanceclub.com B-Dale Club, 2100 N. Dale St., Roseville. Dances 2nd & 4th Fridays. Lesson 7:30 pm, Dance 8:30 pm. \$5/WCS members, \$8/non-members.

Naar Grille Salsa Night (952) 946-6227 11528 Leona Road, Eden Prairie. Every Friday is Salsa Night from 10 pm-2 am.

On Your Toes School of Dance (952) 928-7803 1st Sat & 4th Fri Ballroom Dances. <u>www.onyourtoes.org</u> and <u>info@onyourtoes.org</u> 5810 W. 36th St., St. Louis Park, 55416. Jeff and Cindy Nehrbass.

Rebels Swing Dance Club (952) 941-0906 www.tcrebels.com Eagles Club, 2507 E. 25th St., Mpls. 1st and 3rd Sunday Dances 7:30pm; \$6/members/students w/ID; \$10 non-members.

**Shakopee Ballroom** (952) 445-0412 2400 East 4th Avenue, Shakopee. Every other Friday they offer either ballroom or swing or dance bands; lesson at 7:30 pm and band begins at 8 pm. Other dances scheduled occasionally.

Social Dance Studio (612) 418-4046 www.socialdancestudio.com New location: 3742 23rd Ave. S., Minneapolis – open as of April 1st!

**Tango Society of Minnesota** (763) 576-3349 <a href="https://www.mntango.org">www.mntango.org</a> New location for 2nd Saturday dances is: Retro Ballroom of On Your Toes Studio, 5810 W. 36th St., St. Louis Park (except for May festival – site TBD); Lesson 8 pm; Dance 9 pm – 1 am \$10.

Tropical Ballroom (651) 414-0644 www.tropicalballroom.com 1750 Weir Dr., Woodbury, MN 55125 (inside Valley Creek Mall); James & Tricia Wood.

Wabasha Street Caves (651) 224-1191 215 S. Wabasha St., St. Paul. Thursdays are "Swing Night" with big bands! Lesson 6:15 pm, Dance 7-10 pm. \$7 cover charge.

#### **Dance Contacts**

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Instructors	
Scott Anderson	612-816-4446
Harry Benson	
Gene Bersten	
Paul Botes & Donna Edelstein	763-557-6004
Champion BallroomRobert & Jennifer Foster, Micheal Paul Newman, Ca	952-934-2160
Robert & Jennifer Foster, Micheal Paul Newman, Ca	itlin Rose Foster,
Lucinda Reed, Verna Agujo, Lisa Dickenson	
Cinema Ballroom	651-699-5910
Michelle Haley-Hudson, Eric Hudson, Lindsey Hall, Halverson, Alyssa Kark, Shane Meuwissen	
Classic Ballroom	763_510_1314
Paul Botes & Donna Edelstein, Klaudyna Borewicz,	Lisa Dickinson.
Russell Hunter, Jay Larson, Dipendra Thakur	
Dancers Studio	651-641-0777
Jill Ableman, Modie Chehouri, Christine Hallberg,	
Jeff Halverson, Kate VanAlstine	
Nathan Daniels	
Wendi Davies	
Joy Davina	
Jennelle Donnay	
ERV Dance Studio	952-303-3339
Eliecer Ramiez Vargas, Rebecca Dahlquist-Eckoff, Ra	achel Mishiev,
Katrin Bachmeier, Julio Monteverde, Soodi Pessian,	lana khoutieva
Donna Frykman	651-///-544/
Esther Granbois	
David Hanson	
Julie Jacobson	
Tony Karadjov	
Tom Larson	
Deanne Michael	
Monica Mohn	
Jeff & Cindy Nehrbass	
Mariusz Olszewski	
On Your Toes	952-928-7803
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Jeff Nehrbass, Cindy Nehrbass, Elly Mae Toupin, Lau Julie Delene Todd Paulus Eric Remsen Mary Rosenstiel	rel Behning, 612-968-2401 612-724-3156
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