Dancin' Times



Published monthly for members of the United States
Amateur Ballroom Dancers Association--Minnesota Chapter

May 1996

DANCERS NITE OUT

Sat. 5/4 T.G.I.S. dance w/Hi Tops, Bel Rae Ballroom, Mounds View, 644-3443.

Sun. 5/5 Fandango Dance Party & Performance, Four Seasons Dancing, 342-0902 or see ad pg. 4.

Fri. 5/10 Las Vegas Style Dance Party, On Your Toes School of Dance, 928-7803 or see ad pg. 12.

Fri. 5/10 West Coast Swing Club Anniversary Dance w/ Kico Rangel, Prom Expo Center, St. Paul, 731-9768 for info.

Fri. 5/17 John Kudja (formerly Dick Macko) Big Band, Shakopee Ballroom, lesson 7:30pm, dance 8:30, 461-2966.

Sat. 5/11 Swing Workshop (daytime), Four Seasons Dancing, 342-0902 or see ad pg 4.

Sat. 5/11 West Coast Swing Workshop, Bel Rae, 731-9768 or see ad pg. 8.

Sat. 5/11 May Dance, DanceSport Ballroom, 874-0984 or see ad pg. 7.

Thu. 5/16 USABDA Beginner Dance, St. Louis Park VFW, instruction by Ranier Rics, see article pg. 9.

Frit. 5/17 Paul Heffron, Shakopee Ballroom, free lesson w/paid admission 7:30pm, dance 8:30, 461-2966.

Sat. 5/18 USABDA May Dance, DanceSport Ballroom, see info this page.

Wed. 5/22 Senior Prom, Mall of America rotunda, w/ the Moonlight Serenaders, 2-5pm.

Fri. 5/24 West Coast Swing Club, B-Dale Club, 2100 N. Dale St., St Paul, lesson 7:30pm, dance 8:30pm, 731-9768.

Fri. 5/24 Latin Party, DanceSport Ballroom, 874-0984 or see ad pg. 7.

Fri. 5/24 Myron Sommerfeld, Medina Ballroom, 8:30pm

Fri-Sun. 5/31-6/2 Minnesota Open Dance Competition, Radisson Hotel, St. Paul, 561-5407 or see ad pg. **13**.

Fri-Sun. 5/31-6/2 Star of the Northland Dance Festival, Bel Rae Ballroom, 429-4785 for ticket information.

Frit. 5/31 Dean Olson Big Band, Shakopee Ballroom, free lesson w/ paid admission 7:30pm, dance 8:30, 461-2966.

Sat. 6/22 USABDA June Dance, Coliseum Ballroom.

Ongoing...

Friday & Sunday evening dances, Everett McClay VFW, 3127 E. 78th St., Bloomington, 561-0206 or 566-6874.

USABDA-MN presents



Saturday, May 18

DanceSport Ballroom

Bolero Lesson 7:30pm w/Fosters Dance 8:30pm

\$6 members, \$8 non-members

Beverages and snacks

DanceSport Ballroom is on the northwest corner of Franklin & LaSalle in South Minneapolis

USABDA HOTLINE 612-489-0581

Call for information on dance events. Leave a message for membership information.

What Is USABDA? Who Are We?

USABDA stands for the United States Amateur Ballroom Dancers Association, a non-profit organization formed to preserve and promote ballroom dancing not only as an art but a healthy sport. Minnesota's chapter was started in 1991.

Membership in USABDA is open to ballroom dancers of all levels. There are membership categories for all dancers: Social, Competitive, Junior (17 and under), College students and Associates (professionallinstructors).

USABDA sponsors a monthly dance and other special dance events. Membership includes both national and local dues. Membership entitles you to discounts on our monthly dances, a monthly newsletter and a great network for meeting other dancers.

You'll have fun dancing and meet many new friends!
For more information Call the USABDA Hotline number.
612-489-0581

Minnesota Dancin' Times

Published monthly for members of the United States Amateur Ballroom Dancers Association-Minnesota Chapter, providing news of ballroom dancing to chapter members and friends.

SUBSCRIPTION RATES

USABDA Members: No charge Non-members: \$15 per year

ADVERTISING

Display Ads: To advertise your professional service or event, submit camera-ready artwork.

Sizes: Full page 7 1/2" wide x 9 1/2" high

Half page 7 1/2" wide x 4 1/2" high (horizontal) 3 1/2" wide x 9 1/2" high (vertical)

Quarter page 3 1/2" wide x 4 1/2" high Business cards

Rates:

Full Page- \$40

Half Page- \$25

Quarter Page- \$15

Businesscard- \$15 for 3 consecutive months.

Classified Ads: Free 3-line ad in *Swaplines* available to members. Dance merchandise only

Payment: Payment must accompany ad.

Please make checks payable to USABDA-MN

DEADLINE

All materials due the 10th of each month.

Submit information, copy and ads to:

USABDA-MN Newsletter Editor

c/o Shari Akemann

1020 Sumter Ave. N.

Golden Valley, MN 55427

Newsletter Editor: Shari Akemann.......612/593-0822



Send address changes to Phil Schoss at address on back of this newsletter. Please notify National USABDA also.

Notes From the Board



by Melanie Helvig USABDA Chapter Secretary

- Treasurer reports about \$2565 in the account.
- The Board discussed ways to get more membership, revenue or both generated for USABDA. Our funds are steadily declining.
- Price for dances has increased. Effective May 1st, admission to dances for members is \$6, for non-members \$8.
- Price for the newsletter has also increased, since it has more than doubled in size and postage rates have increased.
 Effective June 1st, newsletter subscription will be \$15.
- Barring conflicts, USABDA dances are the third Saturday of every month, fourth Saturday in some months. The tentative schedule is as follows:

May 18

September 28 (Grand Ball)

June 22

October 19

July 20

November 23

August 24

December 21

- Elly Van was in attendance at the meeting. She expressed her views on dancing and the ballrooms.
- A representative from the Dakota Fine Arts Consortium attended. They're building a performing arts facility including a ballroom for dances and competitions. Jim Baker has been asked to served on the board to give input.
- Next meeting is Tuesday, May 7 at Jim Bakers's house, 15000 Woodruff, west of the Ridgedale Mall, Minnetonka. 476-4843.

Competitor's Column

includes regional and USABDA events

Southeastern Collegiate & Adult DanceSport Festival (USABDA) May 3-4, Georgia Tech, Atlanta GA. Contact: Ann Smith, (404) 256-9190.

Western Regional Amateur DanceSport Championships May 11, Premier Dance Studio, Freemont, CA. Contact: USABDA Nor Cal Chapter, (415) 759-7051.

14th Annual Dallas Invitational Dance Tournament May 17-19, Ramada Market Center Hotel, Dallas, TX. Contact: Pat Tharp, (214) 553-5188.

Minnesota Open Ballroom Dance Competition
May 31-June 2, Radisson St. Paul. Entries are closed but see ad
pg. 13 or call 561-5407 for ticket info.

Minnesota Star of the North Ballroom Dance Competition June 29, Eagles Club, Fargo, ND. Contact: Northern Lights Chapter of USABDA, Don Miller, (701) 235-5214. See also the article on pg. 5.

***for a more complete list, see "Amateur Dancers", the national publication for the U.S. Amateur Ballroom Dancers Association.

USABDA Recruits Dancers

By Dorothy Jones USABDA Publicity Director

Enter the Medina Ballroom about noon on Saturday, March 23. There's music in the background. However, instead of an empty floor beckoning us to dance, the floor is filled with chairs. Two rows of tables and exhibits line the ballroom floor. What is going on? It's the Midwest Singles Convention -- and USABDA is there for the first time! To make us more visible, we had dancing through the aisles of the chairs as the people started coming in. Bobby Tarnowski & Sylvie Lariviere, from the Dancers Studio, and David Schmit & Yvonne Riske demonstrated smooth and rhythm dances.

USABDA had an active exhibit! We used both of our banners to attract attention -- one on the wall and one on the table. A blinking strobe light was attached to the wall banner. We had music playing in the background. We rented a VCR/TV combo and had video tapes running continually of USABDA dance demos and the Ohio Star Balls. And David Schmit & Celia Mullen even did an impromptu dance exhibition in the hall at the request of some people, who by the way were very impressed! Did we attract attention? We needed to -- as we were one of 99 exhibitors! We wanted people to remember USABDA!!

The timing was perfect for us as we were having the Beginners Dance at the Medina the following Wednesday night, so we were promoting that.

We also had a dance lesson from 8:15-9 pm. Jay Larson & Mary Peterson from The Dance Shoppe in Plymouth taught the Electric Slide line dance and single time swing.

With about 1200 people in attendance, we talked to a lot of people about dancing! It was a wonderful way to contact people who we wouldn't normally reach through dances.

A big thanks to the following members: David Schmit and Yvonne Riske who set up the exhibit and for dancing in the aisles; Bobby Tarnowski and Sylvie Lariviere for dancing in the aisles; David Schmit, Jim Baker. Celia Mullen and Dorothy Jones for helping in the exhibit; and David Schmit for dismantling the exhibit. In fact, we owe David Schmit a 'double amount of thanks' for spending the whole day at Medina, in addition to picking up and returning the VCR/TV combo and helping plan the event. David, you're a great USABDA promoter and your efforts are truly appreciated!!!

Also, a special thanks to Jay Larson and Mary Peterson for volunteering their time from The Dance Shoppe to teach the dance lesson for us and help us promote ballroom dancing.

In addition, special thanks to **Bob Raskob**, owner of the **Medina Ballroom**, for his support of events such as this - and allowing us to squeeze a dance lesson in before the evening dance. Bob has been very supportive of USABDA and we should make an effort, in turn, to support the Medina Ballroom.

We have been invited to participate in the upcoming "Giant Dance and Party", sponsored by the same organizer, to be held May 25. We can 'show our stuff' with a dance exhibition and possibly a dance lesson. More on this later...

USABDA Enters the Computer Age

USABDA-MN is moving into the 20th century and starting an e-mail distribution list! Receive dance reminders, event announcements and other relevant USABDA news without having to open an envelope and save another piece of paper. Submit your news and views by e-mail to the Board or the newsletter. Call Elaine Barrett at 789-2177 to leave a message (name, e-mail address and phone number) or simply e-mail: smith206@maroon.tc.umn.edu. Get wired today!

Have You Been Mugged Lately?

Hot off the presses... USABDA now has **coffee mugs** available for sale! For the low, low price of only \$5.00 (\$6.00 for non-members) you can buy a dishwasher and microwavesafe mug with the USABDA-MN logo on it. These mugs will be available at the monthly and Beginner dances. Get a set for the whole family. Get one to use every day of the week. Get some for your friends. To order yours (for pick-up at the next dance) call **Elaine Barrett** at 789-2177, or find her e-mail address above. Please mention at which dance you'd like to pick up your mugs.

Upcoming Dance Demonstrations:

Fri. 4/30 The Homestead at Maplewood, Maplewood. One-hour demo at 7pm. Need dancers there by 6:30pm. Minimum 3 rhythm and 3 smooth couples. 770-3959 for directions.

Thu. 5/9 Chateau Presbyterian Homes, 4497 Shoreline Drive, Spring Park (where we performed for the past 2 years) One-hour show beginning at 7 pm. Need dancers there at 6:30 pm. 3 rhythm and 3 smooth couples. 471-4001 for directions.

Wed. 5/15 Park Hill Apartments, 3025 Ottawa Ave S., St. Louis Park, 7:30pm for a 45-minute show. Be there by 7pm. 3 rhythm and 3 smooth couples needed. 920-5953 for directions.

Several great opportunities to share your talents. Call Yvonne at 525-8933 and let her know which demos and what dances you can participate in. Please ensure you are a USABDA member, so you are covered under our insurance policy.



MICHAEL J. YOUNGDAHL Account Representative

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1:00 pm - 3:00 pm: New Turn Variations and Step Combinations Lifts Dips and Flash Moves



\$12.00 for first half, \$16.00 for second half or only \$20.00 for both

CALL 342-0902 TODAY!



Minnesota Star of the North Games

The Star of the North Games are the Minnesota State Olympics, an opportunity for amateur athletes of all types to participate in their favorite sport. Four years ago, Minnesota became only the second state to include ballroom dancing in their state games. The 1996 games will be hosted by Moorhead in June, and will be open to anyone who resides in Minnesota OR Cass County, N.D. The ballroom and Country Western dance competitions will be held at the Fargo Eagles Club in Fargo, N.D. on Saturday, June 29. (Fargo is just across the river from Moorhead.) The Eagles Club has an extremely spacious hardwood floor and will be an excellent venue for both competitors and spectators.

There will be three categories in ballroom dance events beginner, intermediate and advanced. Beginner events are open only to couples who never been in a previous ballroom competition and have little or no formal training, intermediate is for couples with previous competition experience, or who are enrolled in a bronze level dance program, while advanced is for those who have training at silver level or above. Events will include all American style ballroom dances and also Country Western style dances including two-step, three-step and waltz. International style events will be available if enough interest is shown (contact Don Miller).

The Northern Lights Chapter of USABDA in Fargo-Moorhead is eager to host an exciting event, but participation by Minnesota dancers will be the key to success. This will be a low cost, low pressure, fun event, with the top three couples in each dance winning Olympic style medals! All events will be single dance events, meaning separate awards are given for the waltz, the swing, the rumba, etc. Special costumes or ballgowns are not needed; in fact they are not allowed unless competing in advanced categories.

The competition will be open to all amateur dancers. USABDA membership is not required nor is a competitive level membership in USABDA. For more information contact: Donald Miller, Ballroom Dance Coordinator, 1101 42nd Ave. N., Fargo, N.D. 58102. Phone (701)235-5214.

The 22nd Annual Diennese Ball

"I could have danced all night... I could have danced all night... and still have begged for more..." (from the musical, My Fair Lady.) And so it was. I felt like Cinderella at the ball.

The Viennese Ball is a presentation of the University of Wisconsin, Eau Claire, with the main intention being to raise funds for scholarships. Since its inception in 1974, over \$430,000 has been raised toward that end. And rather than provide a spectator event such as a series of concerts, the Ball involves the guests in an evening of participation and overall enjoyment. This year's event took place Friday and Saturday, April 12 & 13; 1000 tickets were sold for each night. The Ball was held in the Davies Center (student union.)

Following an introduction of the various scholarship recipients and exchange program students, the University Men's and Women's choirs presented a delightful program of American and Austrian music. Then to the University Symphony Orchestra's rendition of the Blue Danube Waltz, event organizers were acknowledged and were asked to dance the first waltz. After all were presented the rest of us joined in.

The main ballroom held the University Orchestra at one end, the Jazz Ensemble at the other. The dance floor was huge and music was continuous from 8:45pm until 1am. When the Orchestra finished their set the Ensemble began. And vice versa.

Other rooms in the union had everything from a German oompah band, to piano bar, concerts, sing-along, and of course, food. The desert tables were "to die for," with the numerous donated tortes and cheesecakes.

Of course, the array of finery was the best you'll see. Nearly all the men were in tails, the women in evening gowns. (Most of the gowns, we noted, were not suitable for *ballroom* dancing, but then few of the guests were prepared to dance the night away!) The few of us that are ballroom-trained caught the eyes of the crowd as we whirled and twirled to the Tales of the Vienna Woods and others.

It was truly one of the high points of my dancing experience.

The Editor

Swaplines

Latin 2-piece (detachable smooth skirt), Sz 8-12. Bright coral with gold accents, beautifully decorated with AB stones. Asking \$1000. Diane, 376-0186.

Sensual black rhythm one-piece, Sz 4-8. Gold/black AB stoning at neckline, full-length with leg-slit, stretch material to fit everyone. \$450. Theresa, 778-4405.

Elegant black rhythm one-piece Sz 4-6. One arm bare, contrasting white detail on top, matching armband, jet rhinestones throughout. \$950, Theresa, 778-4405.

Fun black 2-piece rhythm costume, Sz 4. Sleeveless top with two hip-hugger mini skirts. \$150. Theresa, 778-4405.

A Beginner's Guide To Competitions- Part 2

By Donna Edelstein

(Editor's Note: Several people have requested that we publish a basic guide to the terminology associated with competitions. I asked Donna, who has been competing for over eight years to write an article dealing with this topic. This is the second part. See the April issue for Part 1.)

Now on to the Pro's. Pro-am teachers can compete for Top Teacher awards Usually these awards are based on having the most student entries. Sometimes they're based on a combination of having the most entries with the best placing students.

Professionals compete in the same styles of dance as amateurs and pro-ams; Standard, Latin, Smooth, Rhythm and Theatre Arts, and have two categories they can enter.

There is Rising Star which is for newer dancers. Typically once you've won Rising Star at one comp you must not dance that division again at the same comp. Once you've won Rising Star at the United States Ballroom Championships you're not allowed to dance Rising Star again at any comp. Scott & Amy Anderson and Jesse Smith & Lynda Price have both won Rising Star events at USBC.

The second division for Pro's is the Open Professional. Any pro can enter this division and rising star couples often enter both divisions for the practice and the visibility. Additionally if you've made the final six couples of the Open Pro event at USBC you're not allowed to dance any more Rising Star Events.

Prize money for pros is sorely lacking compared to other sports like figure skating. At a large comp like Yankee Classic first place Open Pro prize money is \$1000. First place Rising Star is \$400.

You hear a lot of titles bandied about and here's how they work. A pro, pro-am or Am/am who's won a championship at a particular comp is that comp's champion. For example at Twin Cities Open Paul & Sandy Botes were the American Smooth Champions. They can also be champions of any comp at which they win a championship.

To become a United States Champion a couple must win their division at The United States Ballroom Championships. Robert & Jennifer Foster are the current United States Theatre Arts Champions. USBC also confers titles for pro-ams and amateur couples.

Here's the sticky wicket. Amateur couples have two U.S. title options. They can win USBC like Bobby Tarnowski & Monica Mohn to become US Amateur American Smooth Champions. However, like boxing, there are two sanctioning organizations for amateurs. USABDA also grants US titles, and is the organization that selects the two amateur international style couples in Standard and Latin to represent us at the Worlds and Senior Worlds. (There are no World competitions for American Style competitors because only the US and Canada compete American Style. Also only the US and Canada have pro-am dancing.)

Ultimately Ballroom Dance is a hodgepodge of inconsistent rules. The important thing is to read every entry packet carefully if you are a competitor, and just enjoy the dancing If you are a spectator. Hopefully this article will provide help in understanding what the terminology means.



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Saturday, May 11th

8 PM \$2.00 Group Class 9-12PM Dance \$8.00

Friday, May 24th Latin Party

8 PM Group Class \$2.00 9-12 PM Dance \$8.00

DanceSport Ballroom is located at 100 W. Franklin Ave., Mpls 3rd Floor, Semple Mansion 4 short blocks East of Rudolph Barbeque on corner of LaSalle and Franklin Ave 874-0984

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MINNESOTA WEST COAST SWING DANCE CLUB PRESENTS

FROM LOS ANGELES, CA

DEBBIE RAMSEY AND WESLEY BOZ WEST COAST SWING WORKSHOP



Saturday, May 11, 1996 Bel-Rae Ballroom

Debbie is the winner of the 1995 Feather Awards for the Top Female Swing Dance Teacher in the Nation. Wesley is an excellent instructor and a noteable judge in the world of swing. Together they have designed a unique style of teaching.

Workshop Schedule

10:00 - 11:30 - Basics/Interm

12:30 - 2:00 - Interm/Adv

2:00 - 3:30 - Syncopations & Break Endings

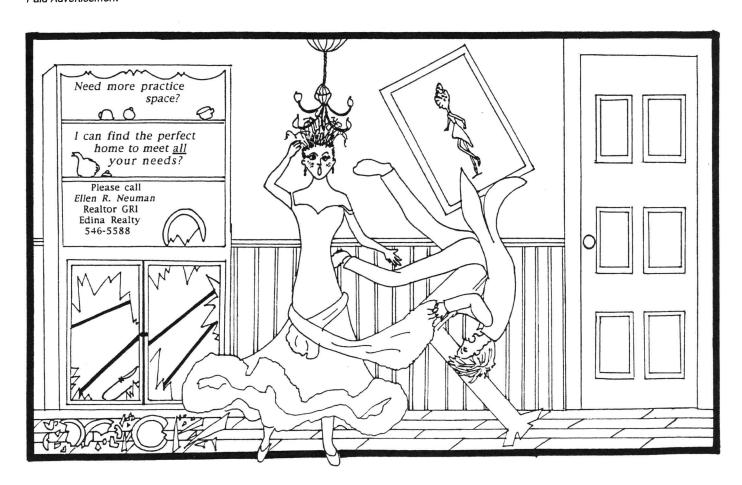
Cost: \$35 if registered before May 5

\$45 at Door

\$15 Individual Workshop

For information: Dorothy, 731-9768 Charlotte-739-7423

Paid Advertisement



Always A Beginner

by David Schmit and Lisa Hamilton

Do you remember? ... Your very first dance? Your first dance lesson? The first time you stepped on someone's toes?

You are not alone. Listen to these comments and see if you can guess which professional said what: Scott Anderson, Paul Botes, Jeff Nehrbass, and Rainier Rics.

Who said the following?

- 1. I was horribly nervous and absolutely petrified. Someone did the unthinkable, they asked me to dance.
- 2. I can never do that! I felt very self-conscious and unsure of myself.
- 3. I felt completely incompetent and would freeze on the floor. I only danced 5 patterns and had to practice before each dance. 4. I was very envious of other dancers. I was afraid to take the first step. I finally overcame my fear with practice.

I myself can remember when I first began dance lessons. The most frustrating part for me was having to dance with other beginners. I couldn't lead and they couldn't follow. What a mess! Wouldn't it be great if your dance partner actually new what they were doing? Where was the beginners dance when I needed it.

The purpose of the beginners dance is to invite experienced dancers to assist new dancers in their lessons to make the learning experience more enjoyable and productive. What a great idea!

The beginners dance is a wonderful opportunity to expose the new student to the rich variety of dance studios and independent dance instruction available in the Twin Cities. Each dance consists at both smooth and rhythm lessons danced at the social or bronze skill levels. The dances are held bi-monthly at various ballrooms and dance clubs which provide their facilities free of charge in exchange for promotion of their business.

This program is becoming very popular and USABDA will need the continued support of our fellow dancers. This is your opportunity to give something back. We need experienced dancers (especially guys) who are willing to commit one night every other month to support our new students, if you are not able to commit with your time please promote the dances by handing out the flyers inserted in our newsletters.

Our Beginners Dance on March 27th. at the Medina baliroom was a wonderful example of this support. Bob Raskob graciously provided the Medina ballroom, Scott Anderson taught both the Tango and Rumba dance classes, Pete Maki and Joyce Thompson provided the music and as always our dance buddies were right there for that next dance.

Please join us in supporting our next beginners dance scheduled for Thursday May 16th. 6:30 to 10:00pm at St. Louis Park VFW. Lessons will be taught by Rainier Rics. Come on out! Lisa is eagerly awaiting your phone call at 893-0310.

ANSWERS:

1. Jeff Nehrbass; 2. Scott Anderson; 3. Rainier Rics; 4. Paul Botes

Dance Notes

- dances. Dorothy Jones records the HOTLINE, usually early in the week for the upcoming weekend. If you have additional information to be included, call her at 788-4272.
- You'll find, elsewhere in the newsletter, information about the upcoming Star of the North Games in Fargo/Moorhead. Last year's showing at the Bel Rae was meager, to say the least, Think about it: it costs just \$18 for three dances, \$3 for each additional dance. So for about \$30 you can complete your little heart out. That's CHEAP! And the drive is only about six hours. Don & Joan Miller are the organizers, and they've participated in nearly every competition and many showcases in the recent years. Let's support the Northern Lights Chapter of USABDA by attending!

The Editor

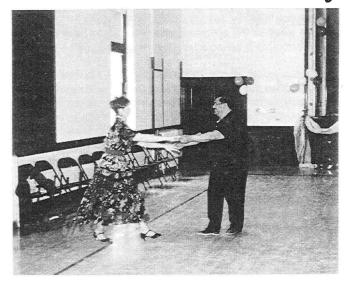
Could You Help With National Ballroom Dance Week?

September 20-29

We would like to make the 1996 promotion even better than before and we need new ideas/suggestions. Come to a planning meeting on May 2 from 6-8 pm at Donatelles Restaurant (across from the Bel Rae Ballroom) in Mounds View. You can order off the menu if you would like to eat there. Then....proceed to the Bel Rae and dance to the Russ Morgan Orchestra!

prizes" at each of our bimonthly Beginners Dances. This has been a very successful program that introduces beginning dancers to the world of Ballroom dancing. The prizes have consisted of free entry tickets to Ballroom competitions, free introductory lessons, memberships to USABDA, subscriptions to Dancing magazine or invitations to dance Parties. The door prizes are a wonderful incentive for would-be students to attend our Beginners Dance and provides a free means to promote your business. If you would like to provide a "Door prize" call Lisa Hamilton at 893-0310.

USABDA-MN at the Birthday Bash



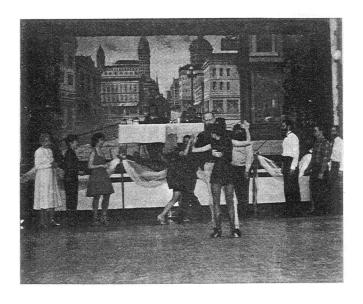












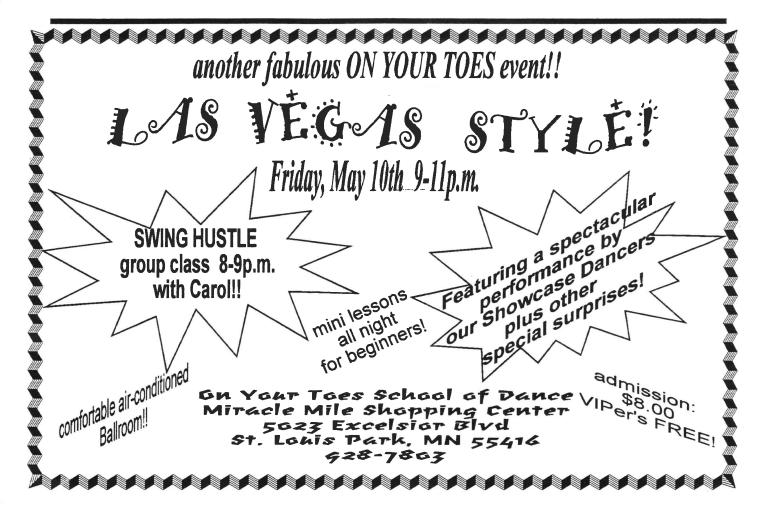












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Class Schedule

Class	Beg/Int Cha Cha	Beg/Int International V. Waltz/ Foxtrot	Beg/Int Swing	Beg/Int Tango	Inter. Foxtrot	Inter. Quickstep	Squad Training	Beg/Int Foxtrot
Time	7:30-	7:00-	7:30-	8:30-	4:00-	5:00-	6:00-	7:00-
	8:30pm	8:00pm	8:30pm	9:30pm	5:00pm	6:00pm	7:00pm	8:00pm
Day &	Monday	Tuesday	Wednesday	Thursday	Sunday	Sunday	Sunday	Sunday
Instructor	Carol	Cindy	Carol	<i>Carol</i>	<i>Jeff</i>	<i>Jeff</i>	Jeff	Jeff

Group Lesson Cost per Month

- 1 class/week = \$34 (\$8.50/class)
- 2 class/week = \$60 (\$7.50/class)
- 3 class/week = \$78 (\$6.50/class)
- Cost per individual class = \$10

Dancin'Times

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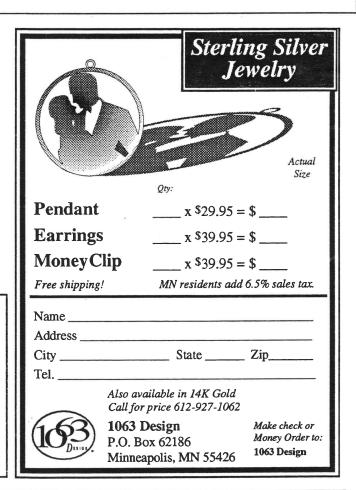


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Celia Mullen

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Deanne Michael, Minneapolis	933-189)3
*Jim & Kay Mondo, St. Paul	770-165	51
*Alice Monson, Minneapolis	461-296	36
*Craig Morris, Minneapolis	561-020)6
Jeff & Cindy Nehrbass, St. Louis Park	928-780)3
*Northwest Health Clubs, Minneapolis	546-655	54
*On Your Toes School of Dance, St. Louis Park	928-780)3
Denise Rondano, Minneapolis	822-896	36
Rebeca Trost, Minneapolis	342-090)2
U of M Ballroom Dance Lessons		

*Call for group class information

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