

MINNESOTA

# DANCING TIMES

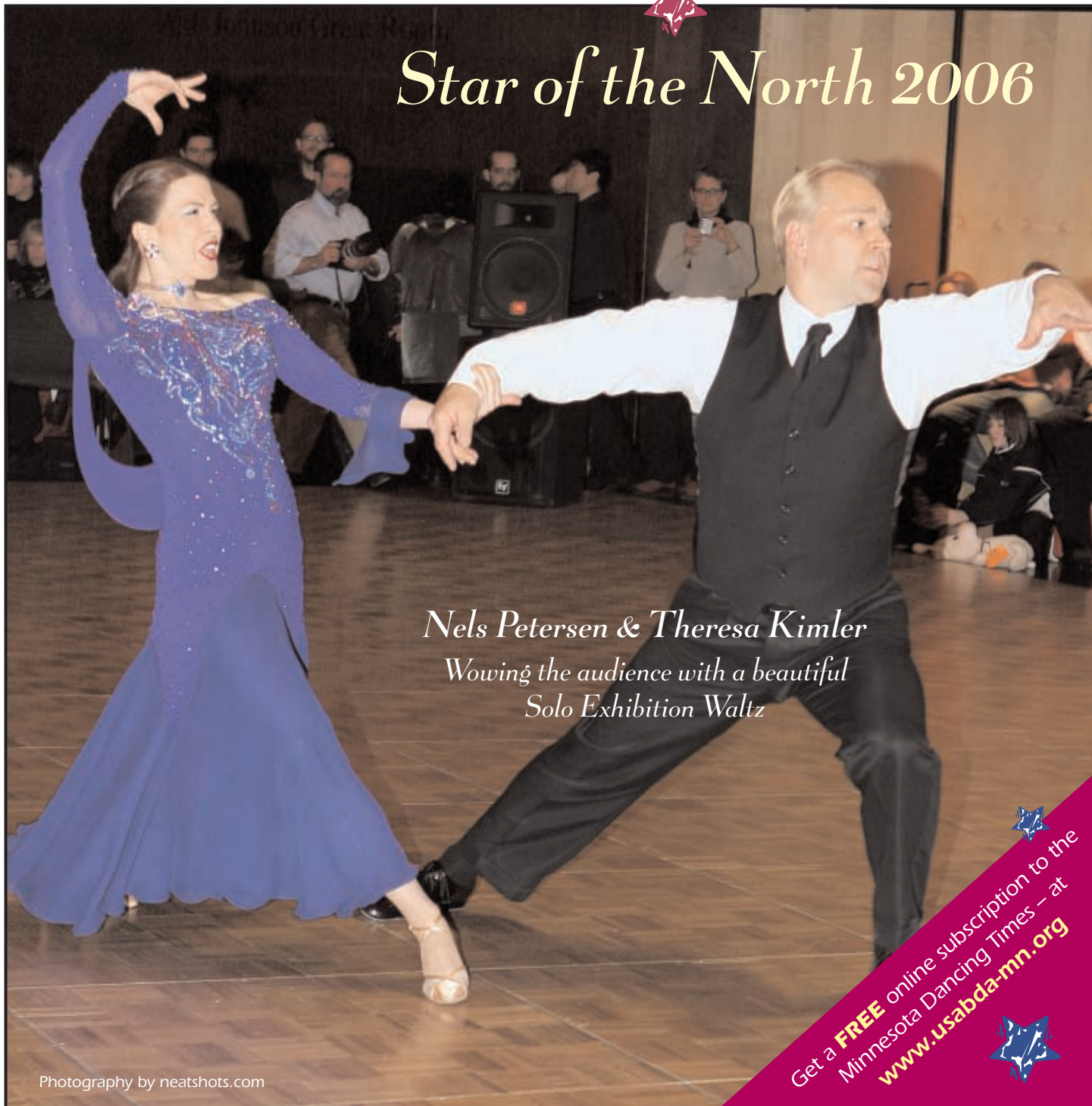


A publication of the Minnesota Chapter of USA Dance

March 2006



## *Star of the North 2006*



*Nels Petersen & Theresa Kimler*

*Wowing the audience with a beautiful  
Solo Exhibition Waltz*

Photography by neatshots.com

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**Inside this month's issue... Fashion & Beauty:**

Star of the North 2006 color photo album, partnerships, beauty, dresses and more!



## Dancers Nite Out



- Fr 03/03 Country & Swing Dance @ Shakopee Ballroom;  
Hostess: Elaine Boergerhoff; DJ: Bob Wood; line dance  
lesson 7:40-8:00 pm; couples lesson: 8:00-8:20 pm;  
Dance 8:20-12 midnight. \$6/person.
- Fr 03/03 "Swing for Life" Dance 6:30-10:30 pm at the Forest  
Lake Area High School, 6101 Scandia Trail N., Forest  
Lake, with music by the Forest Lake High School Jazz  
Band; \$7/adults, \$5/seniors, \$20/family – the purpose  
of this dance is to give teens something "good" to  
do on weekends and proceeds benefit Lake Life Care  
Center of Forest Lake 651.464.4340. Call Deborah @  
651.433.4629 for more information.
- Sa 03/04 Dancer's Studio Midnight Star Showcase 6-10 pm;  
\$20 in advance; \$25 at the door. Call 651.641.0777  
for ticket information.
- Sa 03/04 Metro Dancers Variety Dance at Harmonies Dance  
Center, 10726 France Ave. S., Bloomington; Lesson  
@ 7:30 pm; Dance 8-11 pm; \$8/person. FMI:  
[metrodancers@yahoo.com](mailto:metrodancers@yahoo.com) or Ann @ 651.699.8832.
- Su 03/12 Dancer's Delight Variety Dance 2-6 pm at the Medina  
Entertainment Center, 500 Hwy 55, Medina; DJ: Gail  
Zimmermann; Hostess: Betty Ernst; \$5/person  
(next dance Sunday, 4/23)
- Sa 03/18 **USA Dance Monthly Dance**  
(see ad this page for details).
- Su 05/07 **Tea Dance** – Watch for Details

**Arthur Murray Dance Studio** (651) 227-3200  
534 Selby Avenue, St. Paul, MN. Salsa for beginners and  
advanced on Wednesday 8:15 pm/\$15. Date Night variety class  
for beginners on Friday 6:45 pm/\$25/couple.

**Black Dog Cafe & Wine Bar** (651) 228-9274  
308 Prince Street, St. Paul Argentine Tango night every 3rd  
Saturday. Lesson at 7:30, dance from 8-11 pm \$3.

**Cafe Bailer Dance Club** (952) 949-3016  
Social dance club specializing in Latin and Ballroom dancing  
holding dances twice a month @ Fosters' Dancesport Studio,  
816 1/2 Main Street, Hopkins. 2nd Friday and 4th Saturday every  
month. Lesson at 7:30 pm, dance 8:30-midnight. For more info go  
to <http://www.cafebailer.com>.

**Cheek to Cheek Ballroom** (763) 755-3644  
11415 Foley Blvd., Coon Rapids, MN, 1st Friday Dance! Lesson  
8-8:45pm; Dance 8:45-11pm; \$8/non-studio members; \$5/studio  
members, [www.cheektocheekdancestudio.com](http://www.cheektocheekdancestudio.com)

**Cinema Ballroom** (651) 699-5910  
1560 St Clair Ave, St Paul, MN, 2nd Friday Dance! Lesson 8-9 pm;  
Dance 9-12 am; \$6/general admission; \$5/with student ID,  
[www.cinemaballroom.com/spin](http://www.cinemaballroom.com/spin).

**Dancers Studio** (651) 641-0777  
[www.dancersstudio.com](http://www.dancersstudio.com), 99 Snelling Ave. N. St. Paul, MN.  
Every Friday night, Beginning and Advanced lesson at 8 pm,  
Dance 9-10 pm. \$15-25/non-members.

**Hidden Haven Country Club** (763) 434-4626  
20520 NE Polk St., Cedar, MN Every Sunday from 6-10 pm.  
Classic country and rock-and-roll, the band is Ringer.

**Loring Pasta Bar**  
<http://www.loringcafe.com/pastabar> Sunday nights have  
tango or other latin music from 6-9 pm.

DNO continued on page 23

Join us for  
USA Dance's

## March Dance



**Saturday,  
March 18th**

Group class 7:00 - 8:00 p.m.  
Dance 8:00 - 11:00 p.m.

## The Dancer's Studio

*South on Snelling from 94, #99 on the Right*

Free Lesson with paid admission to the dance!

\$5 students w/ ID  
\$7 USABDA members  
\$10 non-members

**USA Dance MN HOTLINE  
(651) 483-5467**

Call for information on dance events.  
Leave a message for membership information.



# Theme of the Month...

# FASHION & BEAUTY



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## From the Board

*Minutes of the Monthly USA Dance Board Meeting  
– January 3rd, 2006*

Quorum present. Approved December meeting minutes.

**New Board Members Approved:** Niko Salgado, Emanuel Ardeleanu, Janelle Huff, and Lisa Wu. Welcome aboard! A newsletter article will introduce them to our members.

**New Co-Secretaries Approved:** Min Chong and Debbie Thornquist.

**Website:** Committee was formed to assess the domain name of our website; Frank and Emanuel will work with Tom to explore how to update website to reflect the USA Dance MN instead of USABDA.

**Demos:** Committee formed to organize and run dance demos, headed by Dan and Yvonne.

**Treasurer's Report:** Budgets approved for music, sound system, newsletter, and Star of the North. Other budgets should be submitted for approval.

**Monthly Dance:** December dance at Cinema Ballroom. Jay Larson gave a great lesson in foxtrot and swing.

**Inventory:** Carol is compiling an Inventory List. Please notify her if you are storing anything for USA Dance.

### Committee Reports:

**Floor Committee:** Volunteers needed for set-up and tear-down for Star of the North Feb 17, 19 and for Snow Ball Comp Jan 13-14. Anyone interested in helping with marketing the floor, please contact Gary or Steve.

**Monthly Dances:** December dance at Cinema Ballroom. Jay Larson gave a great lesson in foxtrot and swing. Jan, May, Sept will be Dance Extravanzas. Feb dance held in conjunction with SOTN. Remaining schedule to be announced next month.

**Ballroom Blast:** 2005 event was profitable. Thanks again to all the hard work from producers Frank, Lynn, and Cheri, and all the other volunteers and dancers! Great job!

**Newsletter:** In a period of transition and expansion – many Board members expressed compliments on the changes!

Mike Jones donated business card magnets we can use to advertise our club and dances – thanks, Mike!

Calendar for USA Dance MN events reviewed. Fall events still under discussion.

**Next Meeting:**  
February 7th – 7:30 pm at Dan's office.



## USA Dance: Who Are We?

We are a non-profit organization formed to preserve and promote ballroom dancing, both as an art and a healthful sport. The Minnesota chapter, USA Dance MN, was formed in 1991.

Membership in **USA Dance** is open to dancers of all levels. There are several categories to choose from: Social, Competitor, Junior (17 and under), Collegiate, and Associate (professional/instructor).

**USA Dance MN** sponsors monthly dances and other special dance events. Members are entitled to discounts on admission to the monthly dances, as well as access to a great network for meeting other dancers.

As a member, you'll have fun dancing and meeting many new friends. For more information, call the **USA Dance MN HOTLINE:** 651-483-5467.

The *Minnesota Dancing Times* is published monthly by the members of the Minnesota Chapter of USA Dance, providing information and news of ballroom dancing to members and friends.

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**Contributions:** Articles submitted may be edited for length and clarity. Photos will be returned. Please provide a self-addressed, stamped envelope or send jpgs via email.

**Subscriptions:** \$18/year. Make checks payable to USA Dance MN and send to Carol Post-Stroick, 3600 France Avenue South, St. Louis Park, MN, 55416. Expiration dates are printed on the mailing labels.

## Advertising

**DISPLAY ADS:** To advertise your event or professional service, submit a digital file (**high quality pdf or jpeg format ONLY**) or camera-ready artwork to **Cathy Dessert (651-415-0375 or [cathydessert@comcast.net](mailto:cathydessert@comcast.net))** along with payment to **USA Dance MN**. Advertising for charge cards, insurance, or travel cannot be accepted. Ads can be typeset or designed for a small fee, contact Janie or Eileen. Payment to accompany ad.

<b>Full page</b>	<b>7.5" wide x 10" high</b>	<b>\$130</b>
<b>Half page</b>	<b>7.5" wide x 4.75" high</b>	<b>\$80</b>
	<b>OR 3.5" wide x 9.5" high</b>	
<b>Qtr. page</b>	<b>3.5" wide x 4.75" high</b>	<b>\$60</b>
<b>Business Card</b>	<b>3 consecutive months</b>	<b>\$50</b>

**CLASSIFIED ADS:** Free 3-line ad in Swaplines available to subscribers (dance merchandise only).

**DEADLINE FOR ALL MATERIALS:**  
**10th OF EACH MONTH**  
©2006 USA Dance

# Dance Extravaganza

By Dan Viehman



When it comes to variety dances, the Dance Extravaganza takes the cake. With so many dance styles at once, it's easy to find a song you like to dance to, something fun to watch or something new to learn.

This one-of-a-kind dance happens only three times a year (January, May and September) and hosts nearly all of the Twin Cities area dance clubs under one roof. It's a sight to behold. On January 21st, the fourth Dance Extravaganza brought in over 300 dancers, many of whom were new to dance.

At least half of those attending came to soak up as many dance steps as their brains could handle. Every half hour there was another free mini-lesson. The lesson-goers migrated from studio to studio. We estimate that half the dancers were new to dance and many took their first steps in American waltz, salsa, country two-step, west coast swing, American foxtrot, argentine tango and rumba.

## Taking Those First Few Steps

I talked with one couple who'd been married 30 years and whose kids were grown. They came to try something new. The husband, I think his name was Tom, was reluctant to budge from the sidelines (probably a bit intimidated) despite my "Come on, you can do it" approach. So I started telling Tom that I knew how he felt – starting out and all.

To commiserate I mentioned that my first struggles were with country two-step. I remember how badly I wanted to learn it. At times it seemed the harder I tried, the more frustrated I got. Two-step is like rubbing your head and patting your stomach. It's tough mainly because you lead with your hands which are in sync with the lady's feet and your feet move opposite of your hands.

I continued to tell Tom the story of my early dancing days when I noticed how a veteran two-stepper who I admired kept having all the ladies ask him to dance the moment he walked off the floor. I asked, "How'd you get that to happen?" He replied, "I just put a lot of miles on my boots." So simple, yet so true. So, that's what I did. Before I knew it, I could dance and hold a conversation. One thing led to another. I met all kinds of great people and had lots of fun experimenting with other dances. Two years later, I met my wife through a mutual friend; you guessed it, all as a result of learning to dance.

Well, all this story telling seemed in vain. Tom didn't seem inspired and still refused to budge. So I finally walked away a bit frustrated. Then, about fifteen minutes later I happened to peek in at Elaine and Lynn's lesson and there was Tom giving it a slow but steady try. It reminded me of the Movie, Pay it Forward. Someone helped me early on,

and then, in turn, I helped another get up the courage to dance.

To that end, I want to take this moment to thank our 35 "Dance Buddies" who wore the red carnations and helped make newcomers feel welcome. You played a bigger role than you realize. You paid it forward. Thank you.

## Why so many came?

Many dance-junkies came for the sheer delight that at all times during the night there would be something to dance to. Some said that at times it was hard to decide which studio to go into. Some likened the experience to being in a candy store and deciding on just which sweet treat to purchase!

Some showed up to learn new steps. Some to watch dances that they may have never seen and some to experiment in uncharted waters. Many dancers liked the dance because it was peppered with hot dog dance demonstrations from the area's more experienced dancers.

I'd like to thank our hot-dog performers including: Lynn & Elaine (Parker) Boergerhoff in Two-Step, Bridget & Jeff Knickerbocker in Waltz and Foxtrot, Karen & Mark Tepley in Foxtrot, Tricia Parker & James Wood in Rumba, John and Sue Matuszewski in West Coast Swing, Julie Zurambo & David Haas in West Coast Swing, Cathy & Bill Dessert in Waltz and Foxtrot, Mindy Schaefer & Ricardo Estrella in Salsa.

At one point, I watched a cluster of 150 willing dancers follow Daniel Larson's spontaneous "just do what I do" lead – as if he was the Pied Piper. There were smiles on every face. Quite a hoot! Plus, he followed it up with a lesson in Argentine Tango.

## Free Lessons For All

The free lessons were made possible by our wonderful instructors: Todd Paulus of Cheek to Cheek Dance Studio taught for USA Dance; Mindy Schaefer & Ricardo Estrella from Four Season's Dance Studio, Julie Zurambo & David Haas of the Rebels Swing Dance Club, John and Sue Matuszewski of MN West Coast Swing Club, Tricia Parker & James Wood for Café Bailar, Elaine & Lynn Boergerhoff of Shakopee Ballroom, Tricia Parker & James Wood of On Your Toes School of Dance, Daniel Larson of the Tango Society of Minnesota.

## Special Thanks to Those Who Helped

I'd like to thank our volunteers for USA Dance: Ann Latvaaho, Jackie D'Sousa, Shari & Steve Vespested, Andy Trawick & Sharon Kennedy; Tricia Parker of Café Bailar;

**DANCE EXTRAVAGANZA** continued on page 5

## DANCE EXTRAVAGANZA continued from page 4

Rebecca & Bruce Abas of Four Season's Dance; Jim Fergen of MN West Coast Swing Club; James Wood of On Your Toes School of Dance; Caroline Olson, Gail & Bob Zimmerman of the Rebels Swing Dance Club; Bob Haselow of the Tango Society of Minnesota; all those who were dance buddies, and, most of all, Marv & Jan Miller, owners of the Dance Shoppe.

### Mark Your Calendars

The next two Dance Extravaganzas are all set. Come and join the fun on Saturday, May 20, from 7 to 11 pm and Saturday, September 16 at the Dance Shoppe in Plymouth. See you there! ■



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# Murder at Green Lantern Saloon!

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## Show times:

Thursday-Saturday, April 6-8 at 8:00 p.m.

Thursday-Saturday, April 13-15 at 8:00 p.m.

Saturday, April 8 & 15 at 5:00 p.m.

Sunday, April 9 & 16 at 7:00 p.m.

## Tickets:

\$25 regular;

\$5 discount April 6 for prohibition-era costumes;

Pay-as-able Thursday, April 13

Call the Southern Theater box office at 612-340-1725.

More ticket information is available at the Southern Theater Website.

## Location:

Southern Theater, Minneapolis, MN  
1420 Washington Ave. S.



Corruption and intrigue result in murder at the Green Lantern Saloon! Join Beyond Ballroom Dance Company as they explore the gangster underworld of the 1920s and 30s, when St. Paul was home to some of the era's most notorious criminals: John Dillinger, "Baby Face" Nelson, Ma Barker and her boys. Enjoy the artistry of this ever-popular dance company as they find inspiration in the seedy world of prohibition-era crime, and take it from the streets to the stage!

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*Beyond Ballroom Dance Company*

Stretching the boundaries of ballroom dance.  
<http://www.beyondballroom.org>

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# Partners

By Rebecca Kanner

## *We Asked: How Do You Two Manage To Get Along So Well?*

**L**ike most dance partners, my boyfriend Tom and I do our fair share of bickering during practice. We wondered how some of the area's top amateurs rose within the dance ranks without ever raising their voices at each other, or stomping off the floor when the going got tough. We talked with Bridget and Jeff Knickerbocker, and got the Nordbergs and LaTourelles to write down some guidelines for us.

### **Bridget and Jeff Knickerbocker: Harmony Through Humor**

"We have a rule," Bridget explained, "that we can only ask each other to change four things in the week before a competition." "Four!?" Tom teased. "Rebecca would burn through four things in the first few minutes of a single practice."

One of the four things Bridget asked Jeff to do was to change his expression. She told him, "I always smile, but you...uh...um..." Jeff replied, "Of course you always smile. I would always smile if I got to dance with me too."

Bridget and Jeff have also quarreled in the heat of competition. At Star of the North last year Jeff momentarily forgot their routine, and ended up doing eight boxes in a row. "Enough boxes!" Bridget whispered.

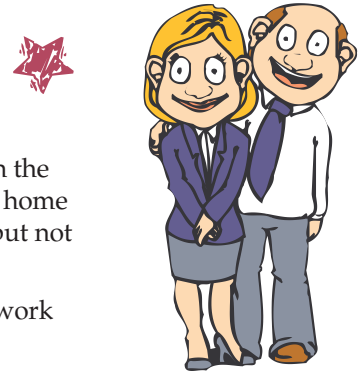
Regardless of what happens, Bridget and Jeff always manage to laugh about it. They wait for the music to end, take their bows, and laugh all the way home.

### **Anne and Tom LaTourelle: Try Different Things**

Practicing with your sweetie can be a challenge. Since at one point Tom was my teacher we have a tendency to fall into the old roles of teacher/student instead of being "partners". Tom and I have tried a variety of things to ease the practice blues. At the end of the day sometimes we succeed and sometimes we don't. There are times when it is just better to pack it up and try another day. There are days I think the only thing standing in our way of success isn't another couple at all... but ourselves.

Things we've tried:

- Starting and ending with a hug (doesn't necessarily work but its fun)
- Writing things our teachers have told us down on paper so we don't have to be the bearer of bad news. (It isn't me telling you what to do... it is our teacher).



- Leave your frustrations on the floor when it is time to go home (I am mad at my partner but not at my husband/wife).
- Share lots (didn't always work hence the next technique)
- Clam up (can't argue if only one is talking)
- Currently our style is to try and work on just a few ideas and when we get to a bottle neck we wait until we can have a 3rd party (our teachers) help us figure it out.

What is most frustrating is that for some reason in our lessons everything "works". It's like going to the mechanic with a strange noise coming from your car. The minute you show up the noise has mysteriously disappeared. We get stuck on a move in practice and when we try and show our teachers we are able to do the move just fine. Go figure.

### **Janie and Andy Nordberg: It's All In The Set-Up**

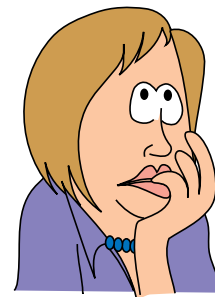
Some techniques that Andy and I use to help us stay on track through practices are:

- Set up goals or a list of things you want to accomplish during that practice time and try to stick to it.
- Set up time for each of you to work on specific things that you feel are important for progress. For instance, Andy and I have discovered that even though we have the same goals, we think very differently in how to achieve those goals. He is a "big picture" person, and I am more into the "details". We've had to come up with some clever solutions, like setting up time at the beginning of practice to run through complete choreography with music, then setting aside time later to take sections of the dances and work out the details.
- Another good rule is to agree between you if you can't settle an "issue" regarding choreography, technique, etc... to write it down and take it to a coach. That way you can put it aside and out of mind for the time being and get back to a productive practice.
- Also, keep a dance notebook to write down goals, important technique and steps you want to remember, and issues that you want to take to a coach.
- Last, but certainly not least, enter every practice time and coaching with lots of patience and respect for your partner, and remember that you are a team and want to achieve the same goals. ■



# Beauty Blunders

By Donna Edelstein



**W**hen asked to comment on beauty blunders from a judge's perspective I have to say that the vast majority of competitors look very nice. Relatively few people make big mistakes. Those that do blunder fall into the following categories:

## ♦ I never wore it when I was young so I am going to wear it now!

This is the most common mistake – adult women and men trying to dress and wear their hair like young professional dancers. If you are in your 30's or are older, it is not the time to wear large cut outs and two-piece outfits – no matter what the fashion is.

The best way to judge if you are past exposing a lot of skin is to stand in front of the mirror in your bra and panties. Take some Latin walks and settle your hips. If you see 'back flab' or 'bits' in action under the back of your bra or over your panties make sure your costume covers this.

If your belly is not flat and toned do not expose it to the general public. If your body is not fabulous do not wear see-through fabrics. If anything wiggles, cover it.

Men, if you have a belly do not wear a form fitting Latin shirt – wear a longer looser style. If your chest is not buff it's best not to wear your shirt open to the waist. Dancers look their best when they flatter their assets.

## ♦ I wish I was older so I am going to dress like a slut!

Teenage and sometimes even pre-teen girls try to look sexier by wearing age inappropriate costumes. If you are under 18 please do not show us your breasts. Teens should never show cleavage, their bottoms, wear black fishnets, black stockings or see-through clothes.

## ♦ The gown is so fancy I don't need tan, special make-up, hair and jewelry.

Your costume is only the start of your grooming. Everyday hair, make-up, and jewelry don't look appropriate with costumes.

Start by using fake tan so you don't look washed out on the floor. Buy a foundation and face powder to match your tan color. Make sure you polish your fingers and toes to match your costumes.

Use a professional ballroom hairstylist and make-up artist at a few comps so you can learn to replicate what they do. If you can afford to always have a professional help you with grooming, take advantage of their expertise.

Gentleman, don't forget to get a haircut before a competition. In the ballroom styles the back of your hair should clear the collar of your shirt. If you have long hair, make sure it is contained in a pony tail. Use gel and spray

to make it sleek and shiny. Try to avoid the new 'flip' style for men that reminds judges of the television show "That Girl".

If you are dancing in both the day and evening sessions make sure you shave twice. Guys if you wear make-up don't let it be apparent. In other words – no visible eyeliner, etc.

This last bit shouldn't have to be said – but – it does. Make sure your costumes are pressed or steamed. If they are wrinkled from travel use a steamer or iron to make them look perfect.

## ♦ The style is bare legs, so I must have bare legs!

Bare legs are great look for girls with perfect legs – legs that are toned with absolutely no jiggle anywhere, evenly tanned, no veins, and moist looking. Think of the legs in advertisements for body lotion (which are probably airbrushed). Very few people have the legs I am describing.

If your legs are not perfect give them a little help and wear nude or tan colored fishnets. If you are approaching 30 it's a great time to start wearing fishnets.

## ♦ I love the dangling strap on my Latin/ Ballroom shoes!

If you wear shoes with straps that buckle make sure you cut off the remaining flap so it doesn't flop around when you dance. You can also tuck this flap into the shoe back for a neat look.

## ♦ Nobody will notice if my shoes are dirty!

Nobody except the judges who are looking at your feet!!! As soon as your shoes become dirty or worn they must become your practice shoes. Compete only in clean shoes.

## ♦ I want to surprise my teacher or coach with my new costume or hair cut or hair color.

No. No. No! Use the expertise of the person who is guiding your dancing. They have a lot more experience than you do and should be able to help you look your best and give you an honest estimation if a style is flattering on you, good for your dancing or appropriate for the world of competition.

## ♦ It doesn't matter what I wear in the ballroom when I am not competing!

Actually it does matter. Judges take notice and are offended. Lately many competitors (especially teens) have taken to wearing torn jeans, tank tops and T-shirts with

**BEAUTY BLUNDERS** continued on page 9

# ASK DR. DANCE

by Paul Botes &  
Donna Edelstein

Paul and Donna are popular coaches and adjudicators. They own Time To Dance in Plymouth and organize The Snow Ball DanceSport Competition. They can be reached at 763 557-6004.



**Q** What is the best way to take advantage of a visiting coach? Some come back regularly but some are just a one-time deal! How do we make the most of our investment?

## He Said:

If you are only going to work with a coach once, I suggest you have some questions ready concerning some trouble spots in your dancing and try to address those. Keep in mind that different coaches may have vastly different approaches to the technique of dancing and as such may seem to contradict your established beliefs. On the other hand, just because it is different does not mean it is wrong. You may find that this different approach works for you and that you have to find a way to work with this coach again or find someone with a similar approach.

It is also important to find an approach you believe in and stick to it. Otherwise you'll find yourself adrift without a rudder trying to please too many coaches. In the end they all want the same thing, a good posture, a clear interpretation of the music, a good portrayal of the character of the dance, and feet to die for. Ultimately you need to work with someone who cares about YOUR dancing, someone you can relate to and someone who gives you a clear answer when you ask "why?". ■





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Visit [LineDanceSport.com](http://LineDanceSport.com) for more info.



## BEAUTY BLUNDERS continued from page 8

writing on them in the ballroom – even during the formal evening at Ohio Star Ball. This should never be competition attire. (See Cher Rutherfords' great article on ballroom attire in The 2006 International Dance Directory).

Competitions are festive and glamorous events. The way we dress as spectators enhances or detracts from that 'special occasion' atmosphere.

*Donna Edelstein is a coach, judge, and organizer of The Snow Ball DanceSport Competition. She can be reached at 763-557-6004. ■*

# Truly Unrivaled Energy at Star of the North DanceSport Competition

By Theresa Kimler, Event Co-Chair

MINNEAPOLIS, MN – The 9th annual Star of the North State Games DanceSport Competition was held on February 17-19, 2006 at the stunning McNamara Alumni Center on the University of Minnesota Campus. The event attracted over 300 national competitors at all levels and age categories competing in over 275 heats.

Having heavily entered newcomer events and quarter finals in many bronze level events proved the mission of the event is being achieved... to get people to compete who have never competed before. All chairs were filled in the room on both Friday and Saturday night which also shows the mission of getting the public to watch ballroom dance was achieved. To have a nearly full room on a Saturday morning was a special energizer for the weekend. Over \$7000 in scholarships were given out by generous patrons of the event to help these upcoming stars keep dancing.

Particular highlights of the weekend were the Collegiate Team Matches on Friday and Saturday nights. The room reverberated with loud clapping and cheering of the crowd as 8 teams battled it out for the coveted first place. "It truly was energy unrivaled by any other competition I've ever seen."

The event ran smoothly thanks to the mass of volunteers who put in long hours, brilliant smiles, and raised welcoming arms to all who attended the event. A special thank you goes out to all who helped to make this event an amazing success. Printing was graciously provided by Rapit Printing and Bill Dessert. This event was sponsored by USA Dance – MN, the U of M Ballroom Dance Club and the Minnesota Amateur Sports Commission as part of the Winter Sports Festival.

*Look for your friends in the special color photos this month and more event coverage next month...* ■



U of M Collegiate Team celebrate their much improved 3rd place finish in the Team Match!



The winning team receives the highly coveted trophy!



Britta Petersen captures the hearts of the audience and Uncle Nels with her crowd-pleasing Solo Hustle!

# Championship Events Rock the House!

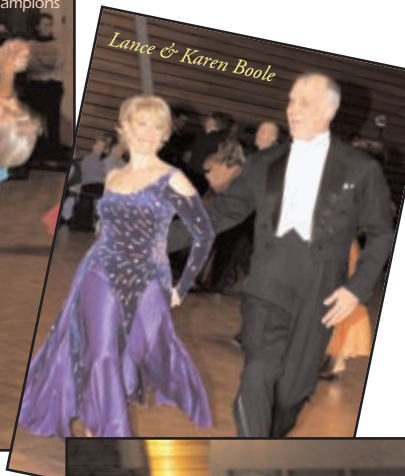
February 17-18



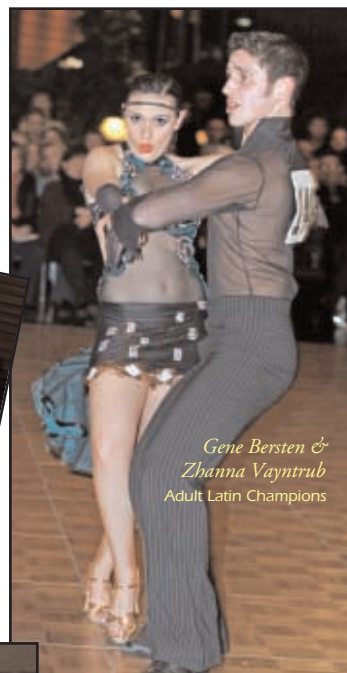
*Andrew & Janie Nordberg*  
Adult Rhythm Champions  
Adult Smooth Champions



*Gordy & Linda Davis*  
S2 Smooth Champions



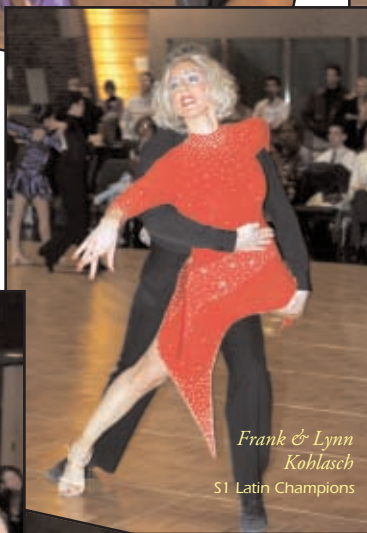
*Lance & Karen Boole*



*Gene Bersten & Zhanna Vayntrub*  
Adult Latin Champions



*Mark & Karen Tepley*



*Frank & Lynn Koblasch*  
S1 Latin Champions



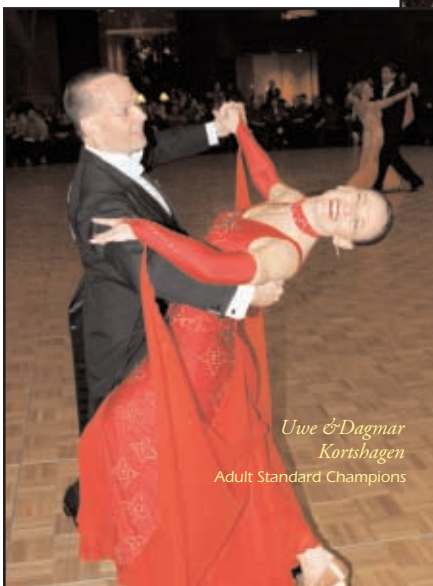
*Greg Moore & Janis Livingston*  
S2 Standard Champions



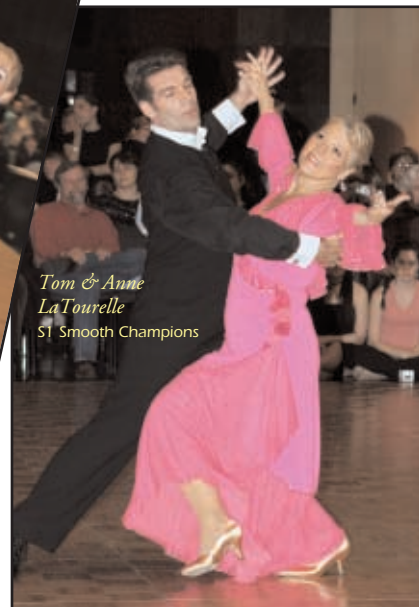
*Ken Kendall & Eileen Arcilla*



*Tom & Deb Thornquist*



*Uwe & Dagmar Korishagen*  
Adult Standard Champions



*Tom & Anne LaTourelle*  
S1 Smooth Champions



Photography by Neatshots.com

# Competitors Shine with Inspiration

February 17-18



Photography by  
neatshots.com



# Collegiate, Mixed Proficiency & Syllabus Events Bursting with Energy & Enthusiasm

February 17-18



Photography by Neatshots.com

*Mixing it up!*



*The Future is Bright!*



Photography by Neatshots.com

# ON THE TOWN

with Lois Donnay



## Beauty! Who Needs It!

Back in about 8th grade, I came to the realization that no matter what my heart's desire was, how much makeup I applied or how good of a person I was (every fairytale heroine was beautiful because she was so good) I was never going to be a raving beauty.

I started to realize that the only thing on me that was going to be large and curvy was my nose. As I struggled with my stringy flat hair, my plump cheeks and bad skin, I began to think that it was probably better to go to college than wait for the beauty contest prizes to roll in. A woman without beauty needs to be of good character, smart and work really hard.

An extraordinary coincidence at a friend's wedding and the popularity of miniskirts actually got me some dates and a husband, but after that I went back into my plainness. Couldn't I let myself go now?

So, about 15 years later I discovered partner dancing. Since I had that hard work thing going, I got pretty versatile and pretty good. But another funny thing happened. I never thought it could be, but when I step on the dance floor, I look a lot better. I stand up straight. I dress well. I wear heels. I pull out all the extra graceful stuff that is a real surprise to those who knew me as a clumsy child.

Now I sometimes wonder when I'm standing in line at Target in my sweatpants, hair unkempt and posture challenged with my arms full, whether the person next to me would believe that I can be rather fun to watch when I am dancing.

Nowadays, you can bet that every person who has asked me out on a date saw me first on the dance floor. That's OK, because now I know how to test their true character – take them with me to Target.

Tiburon has added another day, Saturday, to their salsa lineup. 12th and Harmon in Minneapolis, cover charge \$7.

The French Press in St. Paul has cancelled their Wednesday night dances. Mark and Francine are busy looking for another place to play.

If you're looking for live music and dancing, a couple of the bands that the dancers follow nowadays are Cool Disposition and the Blues Kings. ■



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# Picture Perfect

By Anne LaTourelle & Rebecca Kanner



**Y**ou are twirling around the floor. The music swells, the experience feels perfect and you see the flash and hear the click of the camera as the photographer captures your beautiful dancing on film. At least, it feels beautiful. So it must look beautiful too, right?

Reality sets in when you visit the photography booth. The pictures are well... awful. Looking at other peoples' pictures on display you see that some of them are great. What did you do wrong? How can you ensure better results on your photos either while dancing or when posing for a dancing shot? We polled some of the areas top dancers to find out. Here are the results.

## When you are posing in dance position or at the podium:

- Pull your abs in (even if you're slim)
- Keep your back straight with your head up and shoulders pulled back and down
- Focus on having a natural smile on your lips. One trick is to say a word that ends in an "S". Try saying "I hate this" before the shutter clicks, or find your own "S" word. The "S" sound curves your lips up in a natural shape.
- Hold your arms comfortably at your side. Don't put too much energy into them or hold them stick-straight. If you are in a line up and they have given you something to hold other than flowers (a ribbon or scholarship envelope) you may want to hold that in the hand not showing to the camera. Trophies or flowers you will want to show.
- Try to avoid being too close to the person in front of you. Give yourself a little space. Also, be sure to stay angled, instead of being perpendicular to the camera.
- Don't put your feet together. Instead point the outside foot (the one closest to the camera) towards the camera and make a "T" by putting the heel of this foot into the arch of the back foot. This will give you a great leg line, especially for those Latin shots.

**When actually dancing it's a little harder to affect your moving photos. But here's what you can do to help:**

- Sign-up with the photographer for photos. Clue them in to some of the optimum opportunities to get a good shot. For example, tell them that you have a great line at the end of the opening of your Tango. Remember, they want to take good photos so you will buy them!

- Be aware of your eyes. Seeing lots of pictures with your eyes closed tells you that you are probably not engaging with your partner or the audience. Try and make eye contact with people.
- Transition moves are usually the culprit in bad photos. You think... "If only they had snapped that picture just a few seconds earlier when I was in the line instead of coming out of it". In reality, you should look good going in, coming out or making the line. Use the photos as opportunities for improvement. Heck, there are some photos where you will probably ask each other "Where do we do that move" or "What dance is that in". Not good!
- Don't try to stop your movement if you see the photographer, instead smile and do your best to stretch and finish your lines.
- Have someone come to practice (another dancer is ideal) and take photos of you dancing so that you can see how you look. Photos don't lie. When your teacher tells you that you are doing something and you don't believe them... the proof is on the paper.
- Finally, if you see a photo you really like, buy it! Trust us; it might be a long time before you find one that you really like again. ■



These lovely latin ladies are all showing great poise and form posing for the camera!



**O**kay Ladies, let's be honest with ourselves; one of the reasons we all love to compete is the dresses. But these same dresses can also be the cause of a lot of stress: cost, style, color, etc. To help eliminate some of this stress, I have tried to provide some guidance around dress selection, budget for your dresses, and options for reselling your dresses.

## Budget:

You need to be honest with yourself as to how much you can truly afford to invest in a dress. We all know how easy it is to want the fancy dresses that others have, even when we cannot afford it. I like to think of the dress as an investment. You won't make money on it, but if you follow some of the steps I have outlined below, you won't lose very much money either.

New and used dresses can be purchased from dress designers or other dancers. Ads for the dresses are usually posted on their websites or in dance magazines. Here are a few locations that I have personally used for either posting and/or purchasing dresses:

- MN Dancing Times – Swaplines  
(contact annelatourelle@comcast.net)
- Amateur Dancers magazine  
(contact ad-editor@usabda.org)
- www.Made4Movement@aol.com  
(local dress designer – Marsha Hines West)
- www.dore-designs.com (local sales Rep – Michelle Haley at 612-423-6141 or michelle@cinemaballroom.com) – will resale any Designer's dresses.
- www.randalldesigns.net  
(current dress maker for Dancing with the Stars)
- www.ballroomdancers.com  
(website to sell dresses yourself)
- www.artrhythms.com (contact tangobomb@earthlink.net) they send e-mails to distribution list with photos when dresses become available.

There are many other websites that you can checkout, just do an internet search on the term "ballroom gowns". Also feel free to contact me to discuss my personal experience with any of these methods.

## Thoughts on purchasing a used dress:

When you purchase a gown from a local student or professional, they may also be willing to set up a payment plan. I recommend asking, since we all remember the first time we invested in a dress. I personally used this method a number of times to help ease the pain of purchasing a

dress. Another benefit of purchasing from local dancers is that you won't have to pay shipping costs to bring a dress in to try on. However, alterations are usually not included. This is something you should ask about when thinking about buying a dress. Alterations are usually included when you purchase a new dress from a dress designer.

If you are on a very tight budget, dresses can occasionally be rented for short-term use. Rates vary, but are usually around \$100 a day/event. Speak to your local dancers to find out if they are willing to rent their dresses or if they know someone who will. There are also a few websites that have dresses for rent.

A word of caution when buying and selling via a website, I recommend utilizing the payment services that are offered. There have been cases of fraud via some website where a check was sent that wasn't any good and they dress was already gone. This can be incredibly devastating. Website owners are working to try and help minimize this risk, but it is still ultimately the seller's responsibility.

## Resale of dresses:

Don't hang onto a dress too long even if it is your favorite. Styles are always changing and dresses can look outdated quickly. If someone comments positively about a dress you are wearing, whether you are ready to sell it or not, use this as a potential sales opportunity. There is a lot less pressure on you to sell a dress when you don't need to, then when you do. Suggest having the individual try it on. They might not be ready to buy now, but when they are – there is a good chance they will remember the dress. This is sometimes a good reason to rent out a dress you are trying to sell. They might not want to buy a dress then, but will remember a dress that worked for them. You will also be making some money on a dress that is just hanging in your closet. Dresses sell better when they are seen instead of a picture.

Remember to get a couple of good photos of you dancing in the dress – front and back. You will need these when it come time to resell it – if you utilize a website. Picture if you moving around shows the dress better then if it you are just standing still.

Worried that your dress size won't sell? While looking for dress at dance competitions, I have heard other ladies comments that they don't find many dresses in their sizes. Dancers come in all shapes and sizes, so it is just a matter of getting your dresses in front of ladies with the same body shape/size. That is why I recommend using multiple methods to sell them at the same time.

**DRESSES...** continued on page 19

### Options for selling:

You can try to sell it yourself, via word of mouth or post on websites and magazines listed above. You will usually make the most money this way.

You can also work with one of the dress designers. They have different policies. Some will only resell dresses they make, while others will work with anyone's dresses. Some will take less sales commission if you plan on purchasing your next dress with that vendor. I have worked with a few different one and have had different results.

### Things to consider when selecting someone to work with on dress consignment:

1. % of commission they take?
2. How often do they travel with the dress (exposure to different clients)?
3. Do they post used dress on their websites, if so do they maintain the site often?
4. How well do they display the resale dress at the competition (compared to their new dresses)?
5. How easy is it to get a hold of the sales rep, and what type of response do you get from them?
6. Do they offer any assistance with pricing the dress so it moves quickly but you also are satisfied with amount of the sale?

### Dress Selection

It is important to select a dress that works for you, the type of dance you are competing in and also your level of dancing.

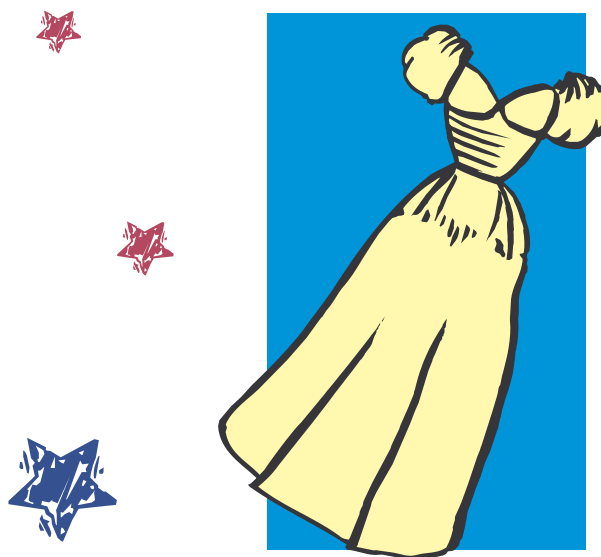
I highly recommend that you try on a number of dresses at your next competition, even if you aren't in the market to buy. It will help you determine the style of dress that works for your body type. Get several opinions of the dress, not just the dressmakers. Remember, they want to make a sale, and the dress might not be the best one for your body type or dance level.

What do I mean by dance level? I will admit I learned this the hard way. I fell in love with a dress when I was bronze competitor. It was a very racy rhythm dress. It fit great and worked for my body type, however I didn't dance well enough for the dress. I was just learning how to use my back muscles to create arm movements. This dress had the back completely open, so it would only take one quick look by the judges to see whether or not I was moving correctly. The dress could actually hurt my scores. I fortunately, had a great instructor who explained this to me rather than just saying you can't wear the dress. I did keep the dress, but didn't start wearing it until I started dancing up to the dress's level.

### Questions to ask when trying on dresses:

1. Does the dress give me the correct leg line, straight cut or diagonal cuts, etc.?
2. Do I have enough Latin motion to move the dress correctly?
3. Does the color wash me out? When possible – try on dress when you are tan or have some pro-tan on.
4. Will the color get noticed on the floor? Be careful when selecting the color, since dress colors go in fads. For a while black Latin dresses were in. I saw a heat where everyone, but one lady had a black dress on. Guess who stood out?
5. Does the dress fit appropriately, too tight, to lose, etc?
6. Does the dress work for your body shape? Example: some dresses work well on ladies with large hips while others might not.

Good luck and enjoy your dresses. ■



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# The Snow Ball Dance Competition

By Anne LaTourelle



**T**his year marked the 3rd annual Snow Ball Dance Competition hosted by Paul Botes and Donna Edelstein. It was held on Saturday January 14th at the Embassy Suites in Bloomington.

What was the best part of this competition? Well anyone who stayed until the end would probably agree that the end was the best part. While that sounds like an insult to the many talented dancers who participated in reality it is a compliment to the talented couple of Toni Redpath and Michael Mead.

Having never seen this pro couple perform live I was unprepared for the energy, creativity, flexibility, and charisma this couple exudes. You read the credentials "4-time, undefeated, professional American smooth champions" and you know you are going to see something special... you just didn't realize how special.

Toni is amazing as she shows what being a strong lady dancer is all about. Their relationship is wonderfully portrayed as you feel their connection. They are either truly inspiring or depressing (depending on how you look at it). As I started the day as a "runner" and took score sheets from Toni and Michael I had to stifle an urge to genuflect when taking their scores.

Oh-yes, there was also a fabulous competition as an abundance of dancers from around the Midwest found a way to work off some of those holiday calories.

## Some of this year's highlights include:

- Top Teacher – Eric Hudson – for the 3rd year in a row!
- Top Studio – Cinema Ballroom
- Over 1,500 amateur and pro-am entries
- Huge bronze events with full semi-finals in American style scholarships
- Snowflake and star pins to competitors
- Dance Directories compliments of the Snow Ball
- Pro-am Scholarships in the bronze, silver and open levels
- 9 judges from around the US
- Time for social dancing in the evening
- More schools and amateur competitors from out of town than ever before



## So, what about the results?

Top Pro-Scholarship winners – pro am scholarships offered in bronze, silver and open levels:

- Bronze Rhythm – from 13-couple semi-final – Danielle Perry with Jeff Halverson
- Bronze Smooth – from 13-couple semi-final – Kris Larson with Eric Hudson
- Bronze Standard – Helen Johnson with Jay Larson
- Bronze Latin – Carol Ferrel with Jay Larson
- Silver Rhythm – Stacie Pierson with Jay Larson
- Silver Smooth – Stacie Pierson with Jay Larson
- Silver Standard – Akiko Campo with Scott Anderson
- Silver Latin – Helen Johnson with Jay Larson
- Open Rhythm – Michelle Nordberg with Jay Larson
- Open Smooth – Jeannie LaFavor with Scott Anderson – for the 3rd year in a row
- Open Standard – Terry Tucker with Eric Hudson
- Open Latin – Eileen Arcilla with Eric Hudson

## Top amateur winners:

- Smooth – Tom & Anne LaTourelle
- Standard – Uwe & Dagmar Kortshagen
- Latin – Gene Bernstein & Zhanna Vantrub
- Rhythm – Eileen Arcilla and Ken Kendle

Next year's event has been moved to a larger ballroom at the DoubleTree Hotel in Golden Valley. Plan to attend to see the fabulous show danced by 5-time world 10-dance champions Anik Joliceur and Alain Doucet. Save the date of January 6, 2007 on your schedule and your winter will feel just a little warmer. ■



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# Star of the North Pre-Competition Practice...

January 22nd, Dancers Studio  
St. Paul, Minnesota



Photography by  
Theresa Kimler

## Top Ten Pick-Up Lines for Dancers

By Rebecca Kanner

Luckily dancers don't need to use any pick-up line besides, "Would you like to dance?" But just in case you want to mix it up, **Here are a few others:**

*Best Pick-Up Line to use at a Salsa Bar:*  
"Damn girl, you want chips with that salsa?"\*

*Best Line to use when a Meringue Isn't Playing:*  
"Do you dance meringue?"  
"No."  
"Good, because that's not what they're playing."

*Best Pick-Up Line to use at the Renaissance Festival:*

"My goat bite is no longer infected, would you like to dance?"

*Best Pick-Up Line Not to use on Tricia Parker (it didn't work the first time, and it won't work now...)*

"You're from Tennessee? Really? Because you're the only ten-I-see!"

*Best Pick-Up Line to use far from a Video Arcade:*

"This band sucks. Wanna play Ms. Pac-Man?"

*Best Pick-Up Line to win a National Title With:*

Ten years ago at the Twin Cities Open Jay Larson told Julie Jacobson, "You have great foot and ankle lines." That was the beginning of their professional dance partnership. They won numerous awards and competitions, including the Pro National Nine Dance Championship.

## Rebuttals:

Of course, everybody gets turned down sometimes. The best thing to do is move on, but if it makes you feel better you can silently think of the following rebuttal while smiling politely and walking away.

*Pretend It Was The Friend You Wanted All Along...*

"Do you like to dance?"

"No."

"Darn it. I was hoping you would go dance so I could talk to your friend."

*\*Submitted by Dick Nystrom, who is already on his way back from the bar with some chips for you ■*

➔ **Contact Michelle at 651-286-6705 (day) or 763-572-0418 (eve)**

**Sexy Bright Red Rhythm Dress.** Size 4-8. Halter cut top, with stones all around collar. Beading on short flirty skirt moves well on the floor! Luxury Crushed Red Velvet very comfortable to wear. Gently used, is in excellent condition - all loose rhinestones replaced by hand. Asking \$400

**Sultry & Exotic Gold Latin/Rhythm Dress.** Size 2-6. This sultry 2-piece costume has lots of straps and fabric pieces that make for great movement. TONS of rhinestones - on the floor it completely shimmers. Comes with: necklace, 2 arm bands, 2 wristbands, and large matching hoop earrings. Looks great on the floor, very sexy All loose rhinestones replaced by hand. Asking \$600

➔ **Contact Stacie at 612-251-8108 or [PIER0081@umn.edu](mailto:PIER0081@umn.edu)**

**Beautiful Designs to Shine mango gown** with multi-colored floral chiffon pleats on the skirt. Stones throughout with some brightly stoned accent pieces on the front and back. Less than 1 year old, only 1 owner. Stretchy material will fit sizes 2-6. Pictures available. \$3,400.

**Bright fuchsia Dore standard gown.** Can't miss this on the floor. Chiffon skirt & float slowly changes from Fuchsia into purple. Stones throughout the dress. Stretchy material will fit sizes 2-6. Pictures available. \$3,000

**2-Piece white Latin or rhythm dress.** Very playful, has decorative AB accent stones on the skirt, fringes and end of sleeve. The bra is heavily stoned. Material is very stretchy and fit sizes 2-6. Picture available. \$1,700.

**Multi colored one-piece dress.** Want great movement on the floor - this is the dress! - main color is orange. Colorful stones throughout. Size 2-6. Pictures available. \$2,400.

**Aqua and black lace one piece dress.** Great starter. Fun, low cut back with short skirt. Size 2-4. \$250 or BO.

➔ **Contact Lynne Schulz at 952-545-2989 or [lynneschulz@cpinternet.com](mailto:lynneschulz@cpinternet.com)**

**Red Satin Pumps with Rhinestones** all over upper and lower heel area - gorgeous!, suede dancing soles, by Celebrity, 2 1/2 in. heel, USA Size 7 1/2 to 8N; great for holiday parties even if you don't dance!, \$50 or best offer.

➔ **Contact Lynn Kohlasch at 612-243-8800 or [lkohlasch@earthlink.net](mailto:lkohlasch@earthlink.net)**

**Latin/Rhythm Fuchsia & Blue Dress.** Beautifully stoned with sassy short skirt and open back. Size 4-8. Asking \$550.

➔ **Contact Theresa at 651-773-3511 or [theresakimler@yahoo.com](mailto:theresakimler@yahoo.com)**

**Size 2-6 Blue Beauty.** Deep royal blue gown with elegant fit and stoning detail on bodice. Effortless movement, latest multi-tonal stones, fabric from London. Designed by LeNique just for USA Dance Nationals. \$2400.

**Size 2-6 Grecian-inspired white ballgown.** Effortless movement and beauty will be felt when wearing this gown. One arm bare, bell-sleeve on left, slits on hem with scarves for softness. Gold/AB stoning and accessories complete the look of a goddess. \$2000.

➔ **Contact Eileen @ 651-636-6306 or [eileen@arcilla.net](mailto:eileen@arcilla.net)**

**Bright Blue Satin Smooth/Standard Gown.** Get noticed in a bright shiny satin gown. Full skirt and cut makes you feel like you're floating! Open back with fully stoned inset and skirt hemmed with satin band. Cut is flattering for many figures. Comes with matching earrings, hair piece, neckband and arm bands. Professionally designed/created by Flair Designs. Size 4-8. Asking \$1200.

**Lavender Latin/Rhythm Dress.** Lavender latin/rhythm dress with halter style top, ruffled hem and open back. Entire dress stoned in different colored stones which will make you sparkle! Dore Designs. Size 4-8. Asking \$2100.

**Mint Green Smooth/Standard Gown.** Elegant mint green dress can be used for both smooth/standard. Unique stoning and draped chiffon with stretch satin bodice and chiffon skirt makes this dress feel light as a feather. Comes with matching earrings, necklace and armbands. Made for Movement. Size 2-6. Asking \$900.

➔ **Please call Anne @ 763-550-1223**

**1st time offered, stunning hot pink American Smooth Gown** which skims your body and creates great lines. Surplice look neckline with heavily stoned flounce, long sleeves with cut-outs and stoned flounce at wrist, V-back with stoned flounce. The lines of this gown are beautiful and the color really pops. Try it on, only 4 months old. Made for Movement. Size 6-10. Asking \$1200. Call Anne @ 612-280-7818.

**Championship level gown.** Get the latest style without paying full price! Brilliant turquoise American Smooth gown loaded with stones in a figure flattering pattern! Off the shoulder style with very sexy open back and side slit for great kicks. Slinky fabric really moves and is comfortable. Matching tie for the gentlemen! Can be tailored to fit! Call Anne for more information. Size 8-12. Asking \$900.

**Beautiful bright coral standard gown.** Size 8 to 12. Made by Marsha Wiest Hines who described this color as "yummy"! Velvet and chiffon with beautiful coral and gold sleeves floats, bodice accents decorated heavily with beautiful colored stones. Very light weight to dance in and with an open back and V-front will fit many sizes and figures. These gowns really stretch to fit a large variety of figures... so try it on! Asking \$750.

➔ **Contact Donna @ 763-557-6004**

**Size 2-6 Dynamic deep purple ballgown** with side slit has only been worn for Professional shows. Can be worn for smooth or standard. Two beautiful sets of accessories compliment this gown. One set has a rhinestone hip belt with matching cuff bracelets and neck scarf. The other set includes a fuchsia choker and cuffs. Asking \$850.

➔ **Contact Janie @ 763-797-5230 or [janienordberg@comcast.net](mailto:janienordberg@comcast.net)**

**American Smooth Sunshine Yellow!** You'll feel the energy in this gown. Slinky fabric moves with you. Assymetrical design collar, one full sleeve has bracelet style cuff with matching arm and wrist band, dropped waist belt solidly stoned, multi color AB stoning throughout! Made for Movement. Size 2-10. Asking \$1000.

**American Smooth Black & Fuschia ballgown.** Striking gown with black stretch lace bodice, 3 layered chiffon skirt, dynamic fuschia chiffon wrap on one sleeve, AB color stoning. Size 2-8. Asking \$700.

**Latin/Rhythm Orange Flame!** Don't miss your chance to try this one! This 2-piece rhythm dress is "one-of-a-kind" with assymetrical style sleeves & skirt. Sun AB stoning throughout. Beautiful braided detail belt and straps with matching wrist bands, necklace and earrings. Size 2-10. Asking \$900.

**Latin/Rhythm Stunning Red.** You'll feel like a champion in this dress with bracelet-style cuffs on sleeves and AB stoned matching hipster belt. Has full open back and slit in assymetrical skirt. Size 2-10. Asking \$800.

**Gold/Rose-Red Rhythm Dress.** Get noticed in this one of a kind dress! Beautiful Rose-Red lace overlays shimmering gold, bell sleeves and flared skirt add great movement. Light Siam AB stoning adds the finishing touch to this fabulous dress! Rose hair piece. Size 2-6. Steal deal at \$600.

**Fuschia Rhythm Dress.** Gorgeous Rose/fuschia/Ameythst AB stoning, bell sleeves, asymmetrical skirt, low back cut. Shows great movement on the dance floor! Size 2-8. Asking \$400.

**1/2 price Rhythm shoes!** Sz 8W USA DanceSport Capezio. \$50. Worn once.

➔ **Contact Nora @ 651-489-4511.**

**Unique White Latin/Rhythm Dress,** size 2-4. Covered in stones and flower shaped beading with matching bracelets. Asking \$1400. Payment plan acceptable.

**Elegant Black Latin/Rhythm Dress,** size 2-6. Looks best on long bodices. Comes with matching bracelets and earrings. Asking \$900. Payment plan acceptable.

**Turquoise Satin Smooth/Standard Gown,** size 2-6. Beautifully cut back will enhance your backline and drapy front looks elegant. Comes with beautiful matching necklace, earrings and bracelets. Asking \$900. Payment plan acceptable.

**White and Black Smooth/Standard Gown,** size 2-6. Open back with beautiful black sheer sash around the front. Stunning on the floor! Comes with long white gloves and matching bracelet and earrings. Asking \$1200. Payment plan acceptable.

➔ **Call Shannon 651-266-3415 for details.**

**Brand New American Smooth Ballgown,** size 2-6, professionally made in Hong Kong. Sky blue lace bodice adorned with rhinestones, 2 layered chiffon skirt in blue and white. Long sleeves. Extremely elegant. Never worn, asking for \$350.

*Swaplines is a monthly feature offering members and subscribers the chance to sell their dance merchandise. Advertisements for partnerships are not published in this column. Please include your area code when submitting advertisements for Swaplines.*

# Competition Calendar

**March 24-26, 2006**

**NJ DanceSport Spring Fling – Garfield, NJ**

Organized by Mario Battista and Wendi Davies.

For more information: [www.njdancesportclassic.com](http://www.njdancesportclassic.com)

email: [questions@njdancesport.com](mailto:questions@njdancesport.com)

**April 22-23, 2006**

**NC Regional Championships/Heartland Classic**

**Indiana Convention Center, Indianapolis**

Qualifying event for 2006 USA DanceSport National Championships.

For more information, contact Nancy Dew at: [dewn@juno.com](mailto:dewn@juno.com)

**May 20, 2006**

**Chicago DanceSport Challenge**

**Sheraton Chicago Northwest**

USA Dance sanctioned event. Hosted by Greater Chicago Chapter.

For more information: [www.usadancechicago.org](http://www.usadancechicago.org)

**June 2-3, 2006**

**South Central Regional DanceSport Championships**

**Baton Rouge, LA**

Qualifying event for 2006 USA DanceSport National Championships.

For more info, contact Ann Durocher, 504-722-4800 or 985-853-0030

or email: [fliprann@aol.com](mailto:fliprann@aol.com)

**June 24, 2006**

**South Western Regional DanceSport Championships**

**Anaheim Convention Center**

Qualifying event for 2006 USA DanceSport National Championships.

For more info: [www.usadance-oc.org](http://www.usadance-oc.org)

or email: [2006Regional@usadance-oc.org](mailto:2006Regional@usadance-oc.org)

**July 29, 2006**

**Southern Star Mid-Summer Classic – Rhapsody Ballroom, Tampa, FL**

For more information, contact Michael Nolan at

[mnnolan10@yahoo.com](mailto:mnnolan10@yahoo.com) or 813-681-5275.

**August 11-13, 2006**

**The 2006 USA Dance National Championships**

**San Jose Civic Auditorium, San Jose, CA**

Hosted by NorCal Chapter. Contact info: James Kleinrath DDS

email: [president@usabda-norcal.org](mailto:president@usabda-norcal.org) phone: 650-591-6757.

**DNO** continued from page 2

**Medina Entertainment Center**

**(763) 478-6661**

<http://www.medinaentertainment.com> 500 Highway 55,  
Medina. Wednesdays, Big Band Dances, Lesson 7 pm,  
Dance 8-11 pm.

**MN West Coast Swing Dance Club**

**(651) 777-5599**

<http://www.mnwestcoastswingdanceclub.com>, B-Dale Club,  
2100 N. Dale St., Roseville. Dances 2nd & 4th Fridays. Lesson  
7:30 pm, Dance 8:30 pm. \$5/WCS members, \$8/non-members.

**Rebels Swing Dance Club**

**(952) 941-0906**

<http://www.tcrebels.com> Harmonies Dance Center, 10726  
France Avenue South, Bloomington. Two Sundays per month,  
Dances 7 pm. \$5/Rebels members, \$8/non-members.

**Shakopee Ballroom**

**(952) 445-0412**

2400 East 4th Avenue, Shakopee. Every other Friday they offer  
either ballroom or swing or dance bands; lesson at 7:30 pm and  
band begins at 8 pm. Other dances scheduled occasionally.

**Social Dance Studio**

**(612) 869-2158**

[www.socialdancestudio.com](http://www.socialdancestudio.com) St. Paul and Minneapolis,  
1st Fridays-Latin Dance Parties 9-12 midnight. \$5/person.

**Tango Society of Minnesota**

**(763) 576-3349**

[www.mntango.org](http://www.mntango.org) 2nd Saturdays, DanceSport Studio,  
816 1/2 Main Street, Hopkins. Introductory lesson 8 pm,  
Dance 9 pm - 1 am. \$10.

**Tiburon Restaurant**

1201 Harmon Place, Minneapolis **Band:** Salsa del Soul playing  
Salsa every Friday! Big wood dance floor, reasonably priced late  
night menu and drink specials and valet parking; cover charge  
starts @ 9:30 pm.

**Twin City Ballroom Dance Club**

**(651) 735-2233**

<http://twincityballroom.com> 7166 10th Street North, Oakdale  
(corner of 694 and 10th St. N.). M-W: Lessons 8 pm, Fridays:  
Lesson 9 pm, Dance 10-11:30 pm, Sundays: Lesson 8 pm,  
Dance 9-10:30 pm. \$7/\$2 off with Univ. ID.

**Wabasha Street Caves**

**(651) 224-1191**

215 S. Wabasha St., St. Paul. Thursdays are "Swing Night" with  
big bands! Lesson 6:15 pm, Dance 7-10 pm. \$7 cover charge.

## Correction:

*Peter Minkov and Julia  
Kornilova made the semi-final  
in the Professional Standard  
at Ohio Star*

## April Issue Teaser

*Don't miss next month's continued  
coverage of...*

**Star of the North 2006  
& Spring event highlights**

MINNESOTA

# DANCING TIMES

A publication of the Minnesota Chapter of USA Dance

6130 IVES LN N  
PLYMOUTH, MN 55442-1247

**ADDRESS SERVICE REQUESTED**

## Dance Contacts

### Pros

Scott Anderson.....	612-816-4446
Paul Botes & Donna Edelstein, Mpls .....	763-557-6004
Nathan Daniels .....	763-545-8690
Wendi Davies.....	973-449-7654
Robert & Jennifer Foster .....	952-938-0048
Donna Frykman, St. Paul .....	651-777-5447
Michelle Haley .....	651-699-5910
David Hanson .....	218-722-0742
Eric Hudson .....	651-699-5910
Julie Jacobson .....	651-261-6442
James M. Krolak.....	763-229-9852
Jay Larson .....	651-699-5910
Monica Mohn .....	612-874-0747
Mariusz Olszewski .....	612-242-5159
Eric Remsen .....	612-724-3156
Mary Rosentiel.....	612-720-2584

### Services

Made for Movement: costume design, production, tailoring (Marsha Wiest Hines) .....	952-595-0003
Satin Stitches Ltd.: custom designed dancewear (Deborah J. Nelson) .....	763-323-9507 or 1-800-48SATIN

### Studios

Arthur Murray Dance Studio St. Paul .....	651-227-3200
Cheek to Cheek Studio, Coon Rapids .....	763-755-3644
Cinema Ballroom, St. Paul .....	651-699-5910
Dahl Dance Center .....	507-252-1848
Dancers Studio, St. Paul .....	651-641-0777
Foster's Dance Sport Studio, Hopkins .....	952-938-0048
On Your Toes, St. Louis Park.....	952-928-7803
Social Dance Studio, Mpls .....	612-869-2158

### Clubs

Café Bailar .....	www.cafebailar.com
East Meets West Swing Dance Club .....	952-949-3016
MN West Coast Swing Club .....	651-426-8658
REBELS Swing Dance Club .....	952-941-0906
Tango Society of Minnesota.....	763-576-3349
USA Dance, Minnesota Chapter .....	651-483-5467

**USA Dance MN HOTLINE  
(651) 483-5467**

[www.usabda-mn.org](http://www.usabda-mn.org)

**Next Newsletter Deadline: March 10th, 2006**