

MINNESOTA

# DANCING TIMES



A publication of the Minnesota Chapter of USA Dance

June 2006



TEA DANCE  
PHOTOS INSIDE!

ALSO...

U OF M SPRING FORMAL PHOTOS

DANCE OBSTACLES

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**Inside this month's issue... Overcoming Obstacles:**

Dancer's stories of their obstacles and how they were overcome.



## Dancers Nite Out



- Fri., 06/02 - The Whitesidewalls, a 50's & 60's Band featured at the Medina Entertainment Center, 500 Highway 55, Medina; Dance: 8:30pm; FMI call: 763.478.6661 or [www.medinaentertainment.com](http://www.medinaentertainment.com)
- Fri., 06/02 - Cinema Ballroom features Club Salsero, a salsa dance party from 8-12mid.; 1560 St. Clair Ave., St. Paul; FMI call: 651.699.5910 or [www.cinemaballroom.com](http://www.cinemaballroom.com).
- Fri., 06/02 - Country & Swing Dance at Shakopee Ballroom, 2400 East 4th Avenue, Shakopee, hosted by Elaine Boergerhoff & Bob Wood; lessons: 7:40-8:20pm; Dance: 8:20pm - 12 midnight; Admission: \$6. Other dances during summer will be June 2, July 7, August 4 and September 15; FMI call: 952.445.0412.
- Sat., 06/10 - Dancer's Studio Summer Showcase, 6-10pm, 99 Snelling Avenue North, St. Paul; students & staff performing as well as open dancing and hors d'oeuvres; tickets \$20/advance by June 9; \$25/door; FMI call: 651.641.0777 or [www.dancersstudio.com](http://www.dancersstudio.com)
- Sat., 06/10 - 4th Annual Viennese Waltz Emperor's Ball, Landmark Center, 75 W. 5th St., St. Paul; \$155/includes dinner @ 6pm; \$75/without dinner @ 8:30pm; FMI: [www.emperorsball.org](http://www.emperorsball.org)
- Sat., 06/17 - **USA Dance at Cinema Ballroom**, see ad this page.
- Sun., 06/18 - Dean's Tavern offers a buffet and live music rom Who Nu (R&B/funk group) from 2-6pm (good West Coast Swing dancing) \$5 with one drink minimum; located just south of Highway 36 on Rice Street, St. Paul; FMI email Jim Fergen at [jefergen1@mmm.com](mailto:jefergen1@mmm.com)
- Sat., 06/24 - Tango Milonga at Cinema Ballroom, Argentine Tango dance party sponsored by Rebecca Abas; [www.cinemaballroom.com](http://www.cinemaballroom.com)
- Fri., 06/30 - 5th Friday Dance at 42nd Avenue Ballroom, 42nd and Lyndale, Minneapolis; FMI: [www.mndance.com](http://www.mndance.com)

**Arthur Murray Dance Studio** (651) 227-3200  
534 Selby Avenue, St. Paul, MN. Salsa for beginners and advanced on Wednesday 8:15 pm/\$15. Date Night variety class for beginners on Friday 6:45 pm/\$25/couple.

**Black Dog Cafe & Wine Bar** (651) 228-9274  
308 Prince Street, St. Paul Argentine Tango night every 3rd Saturday. Lesson at 7:30 pm, dance from 8-11 pm/\$3.

**Cafe Bailar Dance Club** (612) 600-5129  
[www.cafebailar.com](http://www.cafebailar.com) Social dance club specializing in Latin and Ballroom dancing holding dances twice a month at Fosters' Dancesport Studio, 816 1/2 Main Street, Hopkins. 2nd Friday and 4th Saturday every month. Lesson at 7:30 pm, dance 8:30-midnight.

**Cheek to Cheek Ballroom** (763) 755-3644  
[www.cheektocheekdancestudio.com](http://www.cheektocheekdancestudio.com) 11415 Foley Blvd., Coon Rapids, MN, 1st Friday Dance! Lesson 8-8:45 pm; Dance 8:45-11 pm; \$8/non-studio members; \$5/studio members.

**Cinema Ballroom** (651) 699-5910  
[www.cinemaballroom.com](http://www.cinemaballroom.com) 1560 St Clair Ave, St Paul, MN, Friday Night Dancing at the Cinema! Every Friday evening. Lesson 8-9 pm; Dance 9-12 am; \$10/general admission; \$6/with student ID.

DNO continued on page 23

*Come out to dance  
at the*

## USA Dance June Dance



**Saturday,  
June 17th**

Group class 7:00 - 8:00 p.m.

Dance 8:00 - 11:00 p.m.

## Cinema Ballroom

1560 St. Clair Avenue, St. Paul  
On the corner of Snelling and St. Clair Avenues  
1 mile south down Snelling from Highway 94

Free Lesson with paid admission to the dance!

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## From the Board

*Minutes of the Monthly USA Dance Board Meeting  
- May 2nd, 2006*

**Members Present:** Mike Jones, Erik Pratt, Jeff Skaalrud, Debbie Thornquist, Gary Stroick, Sharon Kennedy, Dan Viehman, Emanuel Ardeleanu, Min Chong, Jannelle Huff

**Call to Order:** A quorum was established. Agenda was reviewed, modified, and approved. April minutes were approved.

### **Treasurer's Report:**

A) Monthly dance for April was held at Cinema Ballroom.

B) May Dance Extravaganza budget submitted and approved.

### **Old Business:**

A) Monthly Dances: Discussed that we want the lesson to be consistent with the styles and music presented at our monthly dances.

B) 2005 Annual Report: Completed by Erik, passed around for Board members to review. Submitted to the National organization.

C) Floor Committee: Planning to leave floor stored at it's current location. Looking at companies to help with installation and removal if increased rental opportunities develop. Further update at next meeting.

D) Ballroom Blast 2006: No one is stepping up to lead the production, so no further planning can occur at this time. E-mails, etc. will be sent to help solicit producers.

### **New Business:**

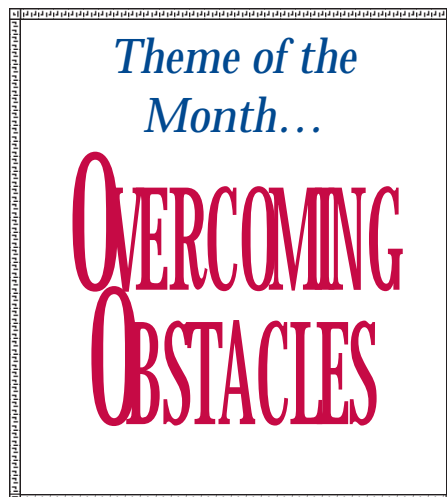
A) May Newsletter: A motion was made regarding a concern about the content of the newsletter. It was defeated.

B) Board Social: Emanuel suggested having a social gathering where the Board members can get to know each other away from the official meeting setting, especially since there are many newer Board members. The Board sounded enthusiastic! Jannelle may have a location - she and Emmanuel will explore this great idea.

C) Demos: Dan has been researching sound equipment for demos that would include speakers and a mike. The old system is failing.

### **Next Meeting:**

Tuesday, June 6, 7:30-9 pm  
Teacher Federal Credit Union (west bldg)  
6681 Country Club Drive  
Golden Valley, MN 55427



## USA Dance: Who Are We?

We are a non-profit organization formed to preserve and promote ballroom dancing, both as an art and a healthful sport. The Minnesota chapter, USA Dance MN, was formed in 1991.

Membership in **USA Dance** is open to dancers of all levels. There are several categories to choose from: Social, Competitor, Junior (17 and under), Collegiate, and Associate (professional/instructor).

**USA Dance MN** sponsors monthly dances and other special dance events. Members are entitled to discounts on admission to the monthly dances, as well as access to a great network for meeting other dancers.

As a member, you'll have fun dancing and meeting many new friends. For more information, call the **USA Dance MN HOTLINE:** 651-483-5467.

The *Minnesota Dancing Times* is published monthly by the members of the Minnesota Chapter of USA Dance, providing information and news of ballroom dancing to members and friends.

**EDITOR:** Anne LaTourelle (763) 550-1223

**Guest Editor:** Rebecca Kanner

**Design/Layout:** Eileen Arcilla (651) 636-6306

**Copy Editor:** Betsy Phillips (651) 274-9367

**Marketing/Ads:** Cathy Dessert (651) 415-0375

**Mailing:** Yvonne Viehman (763) 553-1202

**Contributors:** Paul Botes, Donna Edelstein, Sandy Goblirsch, Charlene Ihrig, Andrea Johnson, Anne LaTourelle, Tom LaTourelle, Bernie Osborn, Scott Osborn, Cheri Rolnick, Debbie Thornquist, Yvonne Viehman

**Contributions:** Articles submitted may be edited for length and clarity. Photos will be returned. Please provide a self-addressed, stamped envelope or send jpgs via email.

**Subscriptions:** \$18/year. Make checks payable to USA Dance MN and send to Carol Post-Stroick, 3600 France Avenue South, St. Louis Park, MN, 55416. Expiration dates are printed on the mailing labels.

## Advertising

**DISPLAY ADS:** To advertise your event or professional service, submit a digital file (**high quality pdf or jpeg format ONLY**) or camera-ready artwork to **Cathy Dessert (651-415-0375 or [cathydessert@comcast.net](mailto:cathydessert@comcast.net))** along with payment to **USA Dance MN**. Advertising for charge cards, insurance, or travel cannot be accepted. Ads can be typeset or designed for a small fee, contact Janie or Eileen. Payment to accompany ad.

Full page	7.5" wide x 10" high	\$130
Half page	7.5" wide x 4.75" high OR 3.5" wide x 9.5" high	\$80
Qtr. page	3.5" wide x 4.75" high	\$60
Business Card	3 consecutive months	\$50

**CLASSIFIED ADS:** Free 3-line ad in Swaplines available to subscribers (dance merchandise only).

**DEADLINE FOR ALL MATERIALS:**  
**10th OF EACH MONTH**  
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### You CAN Do It!

Submitted by Anne LaTourelle

The theme for this month is one that I coach sales people on all the time. How to get around resistance (obstacles) that you are hearing from your customers and convince them to purchase/use your product or service. In sales training, I teach them that resistance is a good thing. It means that the customer is thinking about buying but needs to be convinced that it is the right decision and help them avoid buyer's remorse.

Those of us who love dancing overcome a myriad of obstacles to pursue our sport some of which you will read about in this issue; lack of a partner; health issues, physical challenges, money issues, time constraints and more. May their experiences on overcoming their obstacles be an inspiration to you to continue to overcome obstacles in your life--both on and off the dance floor! Enjoy! ■



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# Appreciating the Fall

Submitted by Andrea Johnson

**W**hen I was asked to write an article about overcoming obstacles, I was very excited to share my story. Over the past seven months I have learned to appreciate obstacles. I realized that obstacles are only obstacles if there are goals. Otherwise, obstacles would just be roadblocks, with no reason to get around them.

Lately, I've been looking on the bright side of life. I've been trying to avoid sweating the small stuff and instead, appreciating the simple pleasures in life. Now before you grumble and think that this is going to be another "chicken soup for the dancer's soul" story, let me tell you how I reached this point. If you didn't get to read the February issue of *Dancing Times*, you didn't get to read about my fall (and I'm not talking about the season).

At about 3:00pm on Sunday, October 2, my fiancé, Brad, and I decided to venture out for a leisurely bike ride before Sunday dinner at my mom's house. It was a beautiful day, and I was excited that I would be competing in the Hotlanta dance competition in Atlanta the following week. We headed down East River Road. About 100 yards after passing the emergency room door to the U of M hospital, I flipped off my bike and landed completely on my left elbow (literally, the only other scrape was the size of a nickel). I remember looking up and seeing my elbow pointing in the wrong direction and being in an extreme amount of pain.

I screamed for Brad. He jumped off his bike and ran back to help me. Luckily, as I was in too much pain to get up or walk, a woman pulled over and drove us to the emergency room (and if anyone knows a woman who stopped for a poor screaming girl with a broken arm back in October, please extend my extreme gratitude).

After some x-rays, I learned that I had an intercondylar Y-type fracture (a.k.a. a really bad break in my elbow). In fact, it was such a great break, that my x-rays were used in a presentation! The next day, after a 5-hour surgery, I woke up with seventeen screws, one huge bolt, two plates and a bunch of wire in my elbow.

One of the first thoughts that popped into my head was, "will I ever be able to dance in competition again?" I was told that I might not be able to make a



straight arm again and that I needed to start physical therapy to get the most range of motion back in my elbow. Brad had taken the liberty of letting the doctors know that I was a competitive ballroom dancer and that I needed to get back on the dance floor. The doctors gave me an intensive physical therapy plan and after over two months of an average of six hours of physical therapy each day and many trips to the doctor to make sure I was healing okay, I was given the green light to go back to dancing (as long as I didn't fall again).

Yes, there were many other privileges that I slowly was allowed to regain (like washing my own hair, driving, being able to do anything two handed), but dancing was the one that I missed the most. Now, over six months later, I can look back at the experience, and fact that at the height of my pain I told my boyfriend that if having children hurt more than this, then we were adopting.

It has made me a stronger person and I now look at dancing in a whole new light. I can honestly say that had I not been a dancer, I probably would not have worked as hard to get my arm back to normal. I've definitely had to make a few adjustments (mostly avoiding moving walls that seem to continually bump into my arm), and I have a really cool looking scar, but overall, I'm pretty much my same old self with a little bit more of a skip (and a cha cha) in my step. And to answer the question that I'm sure you all are asking, "no, I don't set off the metal detector in the airports." ■

## I Could Barely Walk But I Could Dance!

*Submitted by Charlene Ihrig*

**T**hree years ago I was reminded how much I used to love to dance. My sister and I had just embarked from the Canary Islands for a trans-Atlantic cruise to Ft Lauderdale. We wanted a relaxing voyage to help us recover from some recent sorrows and were surprised to find that this cruise was designated a special 'Big Band Cruise'. I've always loved Big Band music and years ago had been an avid dancer at Medina and other ballrooms around the Twin Cities. I also loved disco and was a regular at the Oz, Eddie Webster's and Maximillian's (remember them?). So, here we were, on a lovely ship filled with other people dancing to great music, and we didn't have any dance shoes. I slipped off my dressy but un-danceable sandals and just danced in my stockings. By the end of the first night we had decided to get back into dancing seriously when we returned home.

Back in Minneapolis we checked out several options. We decided to take private lessons at the Arthur Murray Studio in Edina, and have been very happy with both the studio and our instructor, Michael Bang. Years ago I had taken countless group dance lessons and learned numerous steps but never really learned proper technique. This time I wanted to learn the correct way to waltz, foxtrot, tango, rumba, cha-cha, and, of course, swing.

Unfortunately, during those non-dancing years I'd had a knee injury, and severe arthritis had attacked both knees. Nevertheless, I was determined to reconnect with the 'joy of dance' which had been so much a part of my life years earlier. Despite the fact that walking had become difficult and quite painful, I discovered that I could ignore the pain (most of the time) while dancing. In some areas, however, I had to give in to the restrictions of the body. X-rays showed that I had virtually no cartilage left in either knee and the resulting compression had caused me to be bowlegged.

I was physically unable to stand with straight legs and always stood with knees bent. This made it impossible to rise to a straight leg in the basic rumba step or to do proper rise and fall in waltz. I was somewhat able to compensate in the rhythm dances by learning to move my rib cage and thereby achieve

some Cuban motion despite my bent knees. I never could figure out a way to compensate for the lack of rise and fall in waltz. That was just the way it was.

After several months of lessons and as much social dancing as I could manage, my instructor suggested I try a dance competition. I did and discovered, to my surprise, that it was a lot of fun. In addition, it made me concentrate even more on trying to learn proper technique (or figuring out ways to compensate for 'my stupid knees' so hopefully the judges wouldn't notice my lapses).

With each competition I had more fun and especially enjoyed meeting people from all over the country who loved to dance as much as I did. The highlight came last summer when we went to Verona Italy to compete. We had a fabulous time at both the competition and sightseeing. Can you imagine how wonderful it was to attend a formal ball in an ancient castle? Or see the opera Aida in a 2000-year-old coliseum? Or to dance an impromptu rumba in the Piazza San Marco in Venice with Michael and have the band lay down their instruments to applaud our performance?

The wood floor at the competition was the finest I've ever experienced and we had some really stiff competitors from around the world.

On the way home from our memorable trip my left knee was injured at the Amsterdam airport. It was the worst pain I had thus far ever experienced. Bad ending to a great trip and, the worst part was, it didn't get better.

I'd had such a wonderful time at the competition in Verona and been mostly pleased with my performance. Now, only three days later, it was time for the Twin Cities Open and I could hardly walk. Many of my friends were in the audience and I desperately wanted the pain to go away so I could dance as well as I'd done the week before. Unfortunately, the increased damage to my knee caused an overall disappointing performance.

Ironically, I could still dance better than I could walk. After performing the quickstep, a judge commented

**CHARLENE** continued on page 7



that he had been busy making complimentary notes about my using correct footwork and styling but then, when the dance was over, I limped off the floor!!! He hadn't noticed I had a problem during the dance. So much for will-power and adrenaline.

I'd been told earlier by three orthopedic surgeons that, despite the severe arthritis in my knees I was too young for knee replacement surgery but to expect to get in done in a few years. When my July 4th injury failed to improve after several months I finally decided that the left knee had to be fixed and fixed soon or I'd be a cripple for the rest of my life. I could barely walk even one block and standing still caused even more pain, so I was always on the lookout for the next place to sit and rest. Surgery was scheduled for December 15 and I started preparing home and office for several weeks of recovery.

The day after surgery the nurses had me standing on my new knee and the next morning I was expected to walk to the bathroom for any necessary tasks. It was very painful but I was on morphine so didn't really care. Besides, it had hurt so much before surgery that at least now I had the hope that it would get better with time.

The next nine days were spent at the Rehab Center where I did every exercise they gave me and more. In fact, I was so determined to get my knee strong that I spent much of my time exercising and walking a little further every day. The nurses thought the degree of my enthusiasm for exercising was very unusual, but my motivation was to return to the dance floor as soon as possible. When I couldn't sleep at night because of the pain I'd get up and walk the halls. Finally they explained that healing mainly happens when you rest and I learned the value of an afternoon nap.

I am very thankful for the support and help I received from some of my 'dancing friends' during my recovery. We often had 'game nights' both when I

was in Rehab and during the weeks at home. They delighted in catching me make some stupid mistake which I'd attribute to a 'Percoset-induced haze'.

Six weeks after surgery I was ready to go back to work. My left leg was working wonderfully well but

I'd reached the point where I couldn't really improve it further with exercise because the right knee couldn't handle its part. I was still having to use a cane, not so much for the new knee, but because the right knee would often collapse without warning. The un-repaired knee was hindering the progress of the new one so I decided not to wait until next year to have the right knee fixed? My surgeon wanted three months between surgeries so I had to wait until March 15.

People kept asking me if I was dreading the second surgery because I now knew how painful the experience would be. Surprisingly, I didn't. Instead I was anxious to get the new knee so I could start

learning to move properly again. Getting the second knee replaced was pretty much the same process as the first. The advantage, however, was that I was able to walk more quickly since I no longer had a bum knee to misbehave unexpectedly.

Within a month of the second surgery I was walking confidently without a cane and only needed assistance with steps. It is now six weeks from surgery, and I'm walking wonderfully well and even starting to dance again.

People who have only known me in the past ten years are amazed at the change. They don't know that I used to be referred to as the 'lady with the graceful walk' or that my karate instructors would often complain that I 'moved like a dancer instead of a fighter'. I am trying to retrain my body to move in ways that used to be automatic. I'm beginning to get my graceful walk back (I hope) but I also need to relearn how to dance.

**CHARLENE** continued on page 17



## OVERCOMING OBSTACLES

### Empty Nest to Full House

*Submitted By Bernie and Scott Osborne*

Sometimes life gets in the way of dancing. Bernie and Scott Osborn can attest to that. In the past two years they've gone from being empty nesters to grandparents three times; with another two due in September and November! They've had the pleasure of having their grandson and daughter-in-law live with them while their son, an Army Captain, has been deployed to Iraq for the past year.

"We'd forgotten what having a two year old in the house was like", they said. "It certainly increases the energy level of the house-hold." Both Bernie and Scott related that the joys of grandparent-hood far outweigh the time constraints child-care places on their dancing. Their son is due home in May, so they're hopeful that their dancing can move up from the back burner again. ■



Lauren, the baby, Brenna and Tuscan



### Café Bailar's 1st Annual Hawaiian-themed Potluck Dance Party! Saturday, June 24, 2006



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- \* Contests and Drawings for great prizes, including a \$50 restaurant gift certificate!
- \* Special entertainment provided by your own Café Bailar board members, choreographed by James Wood!
- \* Potluck ~ bring something to share. Café Bailar will provide Hawaiian punch, cake, and eating utensils!



West Coast Swing lesson 7:30-8:30pm  
By Soleman Krebs & Tricia Parker  
Ballroom, Latin, Swing dancing 8:30-midnight

\$8 Café Bailar members, \$10 nonmembers

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## OVERCOMING OBSTACLES

### Facing Dancing Challenges

*Submitted By Sandy Goblirsch*

**M**y life consists of a full-time professional career working as a registered nurse in intensive care and attending graduate school. In the context of my life, ballroom dancing is a hobby that I truly enjoy. For me, a hobby is something that I can only do in my spare time. Therefore, the challenge lies with the goal to dance like a professional, with the realization that my dancing will remain at an amateur level due to time, money, talent, and goals.

Devoting time to dancing is essential to being successful. I spend four hours a week between practice and lesson time. Since amateur smooth and standard dance partners are rare, I practice individually and dance pro/am. I have trained in all four styles of dance and now focus on smooth and standard. These two styles allow me to focus on my strengths and limit expenses. My budget creates balanced choices between dance competitions, ballroom gowns, coaching lessons, and weekly lessons. Improving my dancing technique has always been a priority and a wise investment.

I believe that talent is innate and can be developed through training. It is an individual gift that gives me joy to pursue. My dancing has been developed by training with Paul Botes and Donna

Edelstein, together we work on technique and expression. Body size is also a challenge that forces me to present additional strengths of my dancing such as energy, style, and grace. Lastly, my goals as a hobbyist dancer are to portray a story and to improve with each performance. ■



### The Right Place at the Right Time

*Submitted By Anne LaTourelle*

**I**recently read an article in a magazine about a young man who had lost both legs and one arm in a train accident. I say train accident but in reality he had gotten drunk and passed out on the tracks. He lived near the train tracks and it was a place he liked to go to sit and relax.

One could make the case that he was simply in the wrong place at the wrong time. In the article he said that he likes to view it as being in the right place at the right time. He has decided that his life's purpose is now to help make prosthetics for other people who have lost limbs. He frequently speaks to groups and visits service men and women who have lost limbs in the war. He was fitted with his own prosthetics and still runs and walks. He had been told he wouldn't be able to walk or run because of the additional loss of balance that happens when you have lost an arm. He proved them all wrong.

So, what does this have to do with obstacles in our dancing? These stories help to remind me that although

I feel I've dealt with some challenges, they are just minor annoyances to where I want to go. I wonder if I would really feel the same about my dancing if everything had come easy and I hadn't had to push so hard to work on areas of challenge? Probably not. I get the same feeling from having put myself through 2 years of college. If my parents had paid would I have tried as hard...probably, but there is a satisfaction from having done it for myself.

So, perhaps obstacles are those things that make it sweeter when we dance well...that make us smile when someone compliments our dancing. Those of us who are friends in the dance communities understand some of the issues being faced; lack of a practice partner, financial challenges, busy schedules, bad body parts (knees, backs), lack of flexibility, kids, jobs, age...the list goes on. Yet, somehow we all work with what we have. We maybe wishing for something better, but are ever so grateful for what we have. ■



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Coming soon...

Open stage events (contact us if you want to share your musical or dance talent)!

Classic movie Wednesdays!

Texas Tuesdays—poker in the back room!

Fri 5/12	Charmin Michelle 8-12
Sat 5/13	Twin Cities Seven 7:30-11:30
Fri 5/19	Dennis Spears 8-12
Sat 5/20	Christine Rosholt quartet 8-12
Fri 5/26	The Petiford Project 8-12
Sat 5/27	Bill Duna quartet 7:30-11:30
Fri 6/2	Arnie Fogel quartet 8-12
Sat 6/3	The Wolverines/Maude Hixson
Sun 6/4	<i>It's Matty B's Ballroom Time!</i> Live music, light refreshments, and our entire restaurant floor cleared for dancing (ballroom, swing, Latin). Relax and/or dance before your work week starts (music 6-10, beginners' lesson 5:15). \$10
Sat 6/17	Christine Rosholt 7:30-11:30
Fri 6/23	Irv Williams 8-12
Fri 6/30	Keith Boyles quartet 8-12



Hassan Abdel-Moneim, one of Matty B's owners, in a hip cat hat and a swell suit. Fellow owners Matt Birk (of Vikings fame), Mike Colosimo, and Mike Axtell (iChefi) can also be seen around town in a pork pie or a fedora. These guys have ways of making you try the meatloaf, the porterhouse, or the linguine with clam sauce. . .

**What are people saying about Matty B's?**

*"This is just what downtown St. Paul needed!"*

*"This is a real place. It feels like it's been here for years, but it's so beautiful!"*

*"The food was delicious."*

*"... such a warm ambiance. . ."*

*"I had so much fun dancing at Matty B's that I went home and e-mailed three friends about it."*

*"Do you have any business cards? I really want to tell people about this place."*

*"I'm coming back for my birthday!"*



4/28 Kate and Gordon dance; Christine swings!

**Watch for the Matty B's Gang** in front of the restaurant and on downtown street corners during lunch or rush hour (and on local cable TV). We'll be out dancing just for the heck of it from time to time, sharing our love of swing, ballroom and Latin grooves. Care to join us? (Good promotion/visibility for instructors, great fun for amateurs) Leave your contact info next time you're at Matty B's.

# Dancing In Formation

*Submitted by Cheri Rolnick*

When Anne asked me to write an article for the next *Dancing Times*, we talked about the challenge of taking up Theatre Arts well beyond the age where the body is flexible. Certainly a great deal can be said about attempting to wind one's achy, stiff and creaking body around another person's neck. One frequently questions their sanity when attempting such things. Still, when considering aspects of dancing that are quite challenging, one topic that comes to mind that may not seem like a likely topic but most definitely is...is the challenge of dancing in formation.

As many of you know, Art and I have been part of the On Your Toes Gold Formation Team for the past decade and the joys and frustrations of team dancing seem to be eternal. As Jeff Nehrbass, our coach reminds us (probably monthly)...you must dance your choreography; dance in relation to your partner, your team and to the audience all at the same time. This sounds easy but is anything but...

We all know the special challenges of learning and remembering choreography. We all have also dealt with the dynamics of lead-follow. Over time we learn the rules. We pay precious dollars to learn how much to turn when executing a step, ending with the proper facing. We have all been reminded to maximize our steps, move on that dance floor.

This all takes a slightly different spin when dancing in juxtaposition to the other team members. "Unity" is the rule, not flourish. Steps

that you might have been taught to make as big as possible must often become quite small to create team balance (Dance small –look big is the motto). Appropriate facings are no longer based on the usual, instead couples need to prepare to get into the next shape. And it is no longer enough to provide a solid lead for one's partner in relation to the step, the man must direct the woman relative to where all other partnerships are headed. If anyone veers off course, the full picture is compromised.

we all have our stories of near crashes, or of stepping on someone who did not clear our space. There were times when our intended straight line ended up looking more like an S or our circle took on an amoeba-like quality. We have videos of the team intended to make two circles (with women on the outside and men on the inside) where I was sent in the wrong direction creating an image never seen before.

Yet, for all that can and does go wrong, when we do it right, it is beautiful to watch. So the next time you watch formation dancing, look beyond the group's ability to dance the same steps at the same time. See if you can identify the shapes the group is making. See if the space between couples looks balanced. Watch the couples marking their places and interacting with each other, all the time sending you bright smiles as if none of this is going on in their heads as they strive to entertain you. ■



Art & Cheri Rolnick with some of their On Your Toes formation team members



# University of Minnesota Ballroom Dance Club Spring Formal

*Submitted by Theresa Kimler*



# ASK DR. DANCE

Paul and Donna are popular coaches and adjudicators. They own Time To Dance in Plymouth and organize The Snow Ball DanceSport Competition. They can be reached at 763 557-6004.

**Q** I have recently started a new dance partnership. My new partner spends our whole practice time correcting me. I am not comfortable with this. I am a slightly less experienced dancer, so I take coaching by myself and with my partner to try to catch up. How should a new partnership work? Is it typical for half of the partnership to teach and the other half to learn?

## She Said:

I have seen a lot of partnerships where a more experienced (usually male dancer) selects a very inexperienced and usually younger, cute, female dancer to teach. Usually the reason the fellow selects an inexperienced partner is that he wants to be able to wow someone, and this won't be the case with a woman dancing at his own level.

I have also seen very experienced ladies decide that their brand new boyfriend/husband, who has never danced, should suddenly be dancing their own advanced material. These women have expectations that they can teach him during their practice sessions and he will suddenly feel like an advanced male dancer.

It sounds like your case is a little different, in that you are both at pretty much the same level as each other.

In my opinion, all three of these situations have the same solution: In order to progress, you need a regular coach to guide your dancing. Regular means at least one lesson per week together, for each style you dance. If you are unable to have one lesson per week together, you don't really have a partnership -- you just have a person you regularly get together with to dance. If you are truly dancing at different levels, you need to work at the level of the least experienced person, so they can get a good foundation and understanding of the material.

Partnerships are tough. Sit down and discuss your expectations. How often will you practice? How many styles will you dance? What are your goals? Will you take lessons from your teacher, his teacher, or someone different? How many times per week? How many times per month will you work with visiting coaches? How

many competitions will you attend each year? Will you split costs 50/50, or will one of you be paying more because you earn more? How will you handle costume costs?

You need to be upfront with your partner and say "Since neither of us is a professional teacher, let's write down the issues or problems that occur during our practice sessions, so we can address them on our weekly lessons." If your partner is unwilling or unable to take lessons with you, and if you are not happy with the way things are going, then you need to politely extricate yourself from the partnership.

Good luck.

## He Said:

One partner teaching the other is a recipe for disaster. That is, unless the one being taught does not mind. In my experience this only exists in the mind of the "teacher" and when the inevitable arguments start the "teacher" does not understand the reluctance of the "student" to fully appreciate his or her level of expertise. Practicing is important but it means that you practice what you have been taught. This is not the time to experiment with new ideas, especially if you are prone to arguing anyway.

Taking some lessons yourself is a good idea since improving your own dancing can only benefit any partnership you may consider. Be careful to examine your reason for dancing, for you may find that the tradeoff for dancing with an amateur partner does not compare to the peace of mind of not having to deal with someone else's ego. Ultimately your love of dance will guide you to make the right decision. Partnerships are not for the faint of heart and my immense respect and regards go to those couples who stick it out and make it work. ■

**Q** A new dancer who competes a little with her teacher asked for feedback on her dancing. From watching other pros I thought part of the problem was the quality of her teacher. How do I tell her that?

## She Said:

Basically it is not polite to tell somebody that their new teacher is the problem. Students choose teachers for many reasons and not

everybody looks for the most knowledgeable or experienced person. Some choose teachers for their looks, some for personality, some on price, and some select a studio that offers parties and groups.

## He Said:

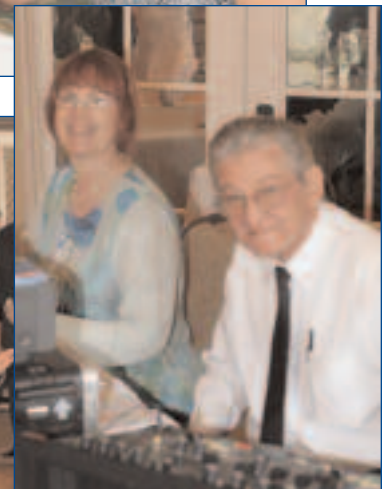
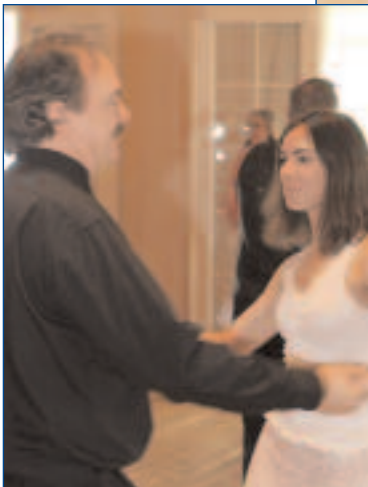
This question puts you between a rock and a hard place. If you know the student well, feel free to give her the benefit of your experience. Be sure that her question is sincere and that she is not just fishing for a complement. ■





# Tea Dance Memories

Submitted by Neatshots.com





# The Tea Dance

*Submitted by Tom LaTouelle*

**B**allroom dances and dance events come and go, and many are indistinguishable from one another, but there is nothing quite like the Annual Tea Dance. Perhaps it is the location, the beautiful Grand Ballroom at the Lafayette Club; which features an enclosed verandah overlooking Lake Minnetonka. Maybe it is the time of day, always held just after brunch, with the sun still rising and warming the spring flowers outside. It could also be the traditions set down over the last 16 years. On Sunday, May 7th this annual event was held again for all to enjoy one of the most unique dance venues around.

Congratulations must be made to the team of Dede Ouren and Melanie Helvig for putting on the event this year, and keeping up the Tea Dance tradition. Karen Tepley, the former coordinator, set the bar high and Dede and Melanie did not disappoint us! The brunch, the music, the show, and the decorations all came together to make this a great event. True to Tea Dance tradition, the weather was as beautiful as the locale.

Early Sunday morning, dancers converged at the Lafayette Club on the Lake. Brunch was a wonderful array of tempting items, some good for you and some not. All of us ate way more than we probably should have before we danced. A spot of tea or coffee afterwards gave everyone a chance to wander around and catch up with friends.

More people arrived as the music started and the dancers warmed up the floor. DJs, Joyce Thompson and Pete Maki,

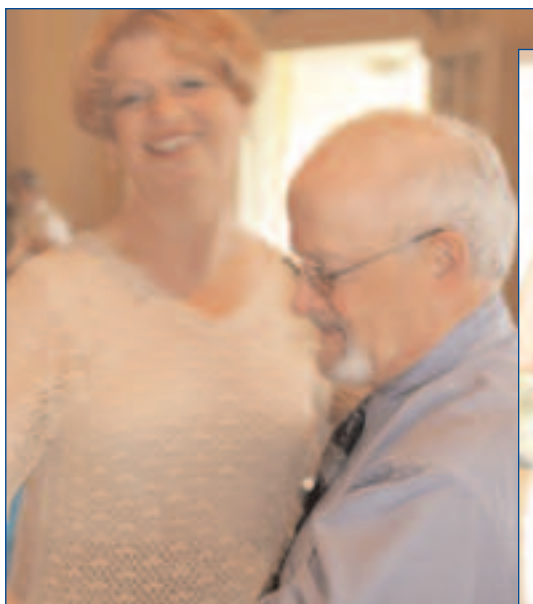
had a few new songs up their sleeves, including a cool tribute to Sinatra and a foxtrot in French. Having traveled the country dancing, I can truly say that we are lucky to have DJs that take pride in their music and continually bring new material to the dances.

The show brought in some new talent from two different places. We were wowed by both Oriental dancing and a ballroom exhibition. First up was the Guild of Oriental Dance. Tatyana Butkova performed a sensual traditional drum solo. Adriana Simionescu followed with a more contemporary dance to an Egyptian Pop song. Then Tatyana joined in with Andrea Leinberger-Jabari, Sonja Um-Siri, and Vanessa Kittelson for a four-person Roman troupe group dance. Seeing the Guild members dance makes Cuban motion look easy.

The show continued with a Ballroom dance exhibition by Christine Hallberg and Jason Johnson from Dancers Studio. They did both a tango and a Viennese waltz in American style. Their music, costumes and choreography were impeccable. It was great to see two new and promising dancers performing.

Dancers continued to dance the afternoon away and one by one the crowd dwindled. Goodbyes were said, hugs were given.

My thanks to all involved with the Tea Dance for putting on such a great event each year. ■





# FRIDAY NIGHT DANCING at Cinema Ballroom!

EVERY FRIDAY NIGHT IS A **Party** AT CINEMA BALLROOM!

Club Salsero Salsa Party  
FRIDAY, JUNE 2

Salsa party presented by Joy Davina.

Variety Dance  
FRIDAY, JUNE 9

GENERAL ADMISSION \$10.00 • COLLEGE STUDENTS \$6.00

The perfect mix of all your favorite dancing. Waltz, swing, tango, foxtrot, rumba and more.  
DJ provides a great mix of new dance music.

Nightclub Dance  
CANCELLED THIS MONTH ONLY

Latin Dance  
FRIDAY, JUNE 23

GENERAL ADMISSION \$10.00 • COLLEGE STUDENTS \$6.00

This is the night to display your Latin dance skills. Dance salsa, cumbia, cha cha, merengue, samba and more. DJ plays the latest Latin music all night long.

GROUP CLASS AT 8:00 PM  
PARTY STARTS AT 9:00 PM

1560 ST. CLAIR AVENUE  
ST. PAUL, MINNESOTA 55105  
CORNER OF SNELLING AND ST CLAIR AVENUES  
**CINEMABALLROOM.COM**  
(651)699-5910

# Minnesota Couples Rock at Heartland Classic Region II

By Anne LaTourelle

Indianapolis, Indiana is the home of the Heartland Classic held in April. This year a group of six Minnesota couples ventured off to strut their stuff. How did they do? See their phenomenal results below!

## **Tony Brown & Alissa Mrazek (Rochester, MN)**

Bronze American Rhythm Adult – Semi-final  
Silver American Rhythm Adult – Semi-final  
Silver American Rhythm Youth – 1st place  
Novice American Rhythm Adult – semi-final  
Novice American Rhythm Youth – 1st place  
Cabaret – 1st place  
Bronze American Smooth Y – 1st place  
Silver American Smooth A – Semi-final  
Silver American Smooth Y – 1st place  
Alan Bersten & Melanie Melnikova  
Bronze International Standard PT – 1st place  
Silver International Standard PT – 1st place  
Championship International Latin – PT – 1st place

## **Aiden Mamedov & Melani Bersten**

Championship International Latin Y1 – 1st place

## **Gordy & Linda Davis**

Championship American Smooth S1 – 4th place  
Championship American Smooth S2 – 1st place

## **Art & Cheri Rolnick**

Championship American Smooth S1 – 6th place  
Championship American Smooth S2 – 5th place  
PreChamp American Smooth S1 – Semi-final  
PreChamp American Smooth S2 – Semi-final

## **Gene Bersten & Zhanna Vayntrub**

Championship International Latin A – 2nd place  
International Latin World Class Championship – 4th place  
Championship International Latin Y – 1st place

Competitive dancing takes a long of dedication and hard work. Congratulate these dancers the next time you see them. They are helping to keep Minnesota's reputation as a hotbed of good dancers alive! Watch for results from Louisiana's competition next month. ■

## DANCE SOUP



*Congratulations to dance instructor Julie Jacobson Kendle and fellow dancer Ken Kendle on the recent arrival of their daughter Olivia DeFlorence Kendle!*

## **CHARLENE** continued from page 7

My partners have so far commented that my balance is better than pre-surgery and also that I'm taller. I'm taller because the knee replacements put back the height I'd lost with the missing cartilage and also because I can now stand on straight legs. This means I can finally try to learn the correct rhumba basic step and maybe soon I'll actually have proper rise and fall when dancing a waltz.

I hope to be back out social dancing in June, and my goal is to compete in at least a few dances in this year's Twin City Open competition. I hope to see you all there. ■

- Have something dance related to share? Consider contributing your stories or ideas to the Minnesota Dancin' Times! Call Anne LaTourelle at 763-550-1223.
- We'd love to share your photos with or without an article. Send high quality digital jpeg files with a short description to [janienordberg@comcast.net](mailto:janienordberg@comcast.net) or [eileen@arcilla.net](mailto:eileen@arcilla.net).



☛ **Contact Cheri at [artncheri@aol.com](mailto:artncheri@aol.com) or 763-544-6724**

**Flashy fuchsia silk dress** with silver swirls featured in the Minneapolis Star-Tribune. Size 2-4. This dress is very eye-catching on the floor. Asking \$675.

**Aqua and Blue silk and chiffon dress.** Gown in long sleeved with heavily stoned bodice and three tiered chiffon skirt. The dress is soft and elegant. Could be used for smooth or standard. Asking \$1100. Size 2-4.

☛ **Contact Michelle at 651-286-6705 (day) or 763-572-0418 (eve)**

**Sexy Bright Red Rhythm Dress.** Size 4-8. Halter cut top, with stones all around collar. Beading on short flirty skirt moves well on the floor! Luxury Crushed Red Velvet very comfortable to wear. Gently used, is in excellent condition - all loose rhinestones replaced by hand. Asking \$400

**Sultry & Exotic Gold Latin/Rhythm Dress.** Size 2-6. This sultry 2-piece costume has lots of straps and fabric pieces that make for great movement. TONS of rhinestones - on the floor it completely shimmers. Comes with: necklace, 2 arm bands, 2 wristbands, and large matching hoop earrings. Looks great on the floor, very sexy All loose rhinestones replaced by hand. Asking \$600

☛ **Contact Stacie at 612-251-8108 or [PIER0081@umn.edu](mailto:PIER0081@umn.edu)**

**Beautiful Designs to Shine mango gown** with multi-colored floral chiffon pleats on the skirt. Stones throughout with some brightly stoned accent pieces on the front and back. Less than 1 year old, only 1 owner. Stretchy material will fit sizes 2-6. Pictures available. \$3,400.

**Bright fuchsia Dore standard gown.** Can't miss this on the floor. Chiffon skirt & float slowly changes from Fuchsia into purple. Stones throughout the dress. Stretchy material will fit sizes 2-6. Pictures available. \$3,000

**2-Piece white Latin or rhythm dress.** Very playful, has decorative AB accent stones on the skirt, fringes and end of sleeve. The bra is heavily stoned. Material is very stretchy and fit sizes 2-6. Picture available. \$1,700.

**Multi colored one-piece dress.** Want great movement on the floor - this is the dress! - main color is orange. Colorful stones throughout. Size 2-6. Pictures available. \$2,400.

**Aqua and black lace one piece dress.** Great starter. Fun, low cut back with short skirt. Size 2-4. \$250 or BO.

☛ **Contact Lynne Schulz at 952-545-2989 or [lynneschulz@cpinternet.com](mailto:lynneschulz@cpinternet.com)**

**Red Satin Pumps with Rhinestones** all over upper and lower heel area - gorgeous!, suede dancing soles, by Celebrity, 2 1/2 in. heel, USA Size 7 1/2 to 8N; great for holiday parties even if you don't dance!, \$50 or best offer.

☛ **Contact Lynn Kohlasch at 612-243-8800 or [lkohlasch@earthlink.net](mailto:lkohlasch@earthlink.net)**

**Latin/Rhythm Fuchsia & Blue Dress.** Beautifully stoned with sassy short skirt and open back. Size 4-8. Asking \$500.

☛ **Contact Theresa at 651-773-3511 or [theresakimler@yahoo.com](mailto:theresakimler@yahoo.com)**

**Size 2-6 Blue Beauty.** Deep royal blue gown with elegant fit and stoning detail on bodice. Effortless movement, latest multi-tonal stones, fabric from London. Designed by LeNique just for USA Dance Nationals. \$2400.

**Size 2-6 Grecian-inspired white ballgown.** Effortless movement and beauty will be felt when wearing this gown. One arm bare, bell-sleeve on left, slits on hem with scarves for softness. Gold/AB stoning and accessories complete the look of a goddess. \$2000.

☛ **Contact Eileen @ 651-636-6306 or [eileen@arcilla.net](mailto:eileen@arcilla.net)**

**Bright Blue Satin Smooth/Standard Gown.** Get noticed in a bright shiny satin gown. Full skirt and cut makes you feel like you're floating! Open back with fully stoned inset and skirt hemmed with satin band. Cut is flattering for many figures. Comes with matching earrings, hair piece, neckband and arm bands. Professionally designed/created by Flair Designs. Size 4-8. Asking \$1200.

**Lavender Latin/Rhythm Dress.** Lavender latin/rhythm dress with halter style top, ruffled hem and open back. Entire dress stoned in different colored stones which will make you sparkle! Dore Designs. Size 4-8. Asking \$2100.

**Mint Green Smooth/Standard Gown.** Elegant mint green dress can be used for both smooth/standard. Unique stoning and draped chiffon with stretch satin bodice and chiffon skirt makes this dress feel light as a feather. Comes with matching earrings, necklace and armbands. Made for Movement. Size 2-6. Asking \$900.

☛ **Please call Anne @ 763-550-1223**

**1st time offered, stunning hot pink American Smooth Gown** which skims your body and creates great lines. Surplice look neckline with heavily stoned flounce, long sleeves with cut-outs and stoned flounce at wrist, V-back with stoned flounce. The lines of this gown are beautiful and the color really pops. Try it on, only 4 months old. Made for Movement. Size 6-10. Asking \$1200. Call Anne @ 612-280-7818.

**Championship level gown.** Get the latest style without paying full price! Brilliant turquoise American Smooth gown loaded with stones in a figure flattering pattern! Off the shoulder style with very sexy open back and side slit for great kicks. Slinky fabric really moves and is comfortable. Matching tie for the gentlemen! Can be tailored to fit! Call Anne for more information. Size 8-12. Asking \$900.

**Beautiful bright coral standard gown.** Size 8 to 12. Made by Marsha Wiest Hines who described this color as "yummy"! Velvet and chiffon with beautiful coral and gold sleeves floats, bodice accents decorated heavily with beautiful colored stones. Very light weight to dance in and with an open back and V-front will fit many sizes and figures. These gowns really stretch to fit a large variety of figures... so try it on! Asking \$750.

☛ **Contact Donna @ 763-557-6004**

**Size 2-6 Dynamic deep purple ballgown** with side slit has only been worn for Professional shows. Can be worn for smooth or standard. Two beautiful sets of accessories compliment this gown. One set has a rhinestone hip belt with matching cuff bracelets and neck scarf. The other set includes a fuchsia choker and cuffs. Asking \$850.

☛ **Contact Janie @ 763-797-5230 or [janienordberg@comcast.net](mailto:janienordberg@comcast.net)**

**Sunshine Yellow American Smooth!** This gown will get you noticed! Slinky fabric moves with you. Assymetrical design collar, one full sleeve has bracelet style cuff with matching arm and wrist band, dropped waist belt solidly stoned, multi color AB stoning throughout! Made for Movement. Size 2-10. Asking \$975. Payment plan accepted.

**Black/Fuschia American Smooth.** Striking gown with black stretch lace bodice, 3 layered chiffon skirt, dynamic fuschia chiffon wrap on one sleeve, AB color stoning. Size 2-8. Asking \$675 or BO.

**Orange Flame Latin/Rhythm!** 2-piece dress is "one-of-a-kind" with assymetrical style sleeves & skirt. Sun AB stoning throughout. Beautiful braided detail belt and straps with matching wrist bands, necklace and earrings. Size 2-10. Asking \$875.

**Stunning Red Latin/Rhythm!** You'll feel like a champion in this dress with bracelet-style cuffs on sleeves and AB stoned matching hipster belt. Has full open back and slit in assymetrical skirt. Size 2-10. Asking \$775.

**Gold/Rose-Red Rhythm Dress.** Get noticed in this one of a kind dress! Beautiful Rose-Red lace overlays shimmering gold, bell sleeves and flared skirt add great movement. Light Siam AB stoning adds the finishing touch to this fabulous dress! Rose hair piece. Size 2-6. Steal deal at \$575.

**Fuschia Rhythm Dress.** Gorgeous Rose/fuschia/Ameythst AB stoning, bell sleeves, asymmetrical skirt, low back cut. Has great movement on the dance floor! Size 2-8. Asking \$375.

**Discount Rhythm shoes!** Sz 8W USA DanceSport Capezio. \$40. Worn once.

☛ **Contact Nora @ 651-489-4511.**

**Unique White Latin/Rhythm Dress,** size 2-4. Covered in stones and flower shaped beading with matching bracelets. Asking \$1400. Payment plan acceptable.

**Elegant Black Latin/Rhythm Dress,** size 2-6. Looks best on long bodices. Comes with matching bracelets and earrings. Asking \$900. Payment plan acceptable.

**White and Black Smooth/Standard Gown,** size 2-6. Open back with beautiful black sheer sash around the front. Stunning on the floor! Comes with long white gloves and matching bracelet and earrings. Asking \$1200. Payment plan acceptable.

*Swaplines is a monthly feature offering members and subscribers the chance to sell their dance merchandise. Advertisements for partnerships are not published in this column. Please include your area code when submitting advertisements for Swaplines.*

# Competition Calendar

**June 2-3, 2006**

South Central Regional DanceSport Championships Baton Rouge, LA  
Qualifying event for 2006 USA DanceSport National Championships.  
For more info, contact Ann Durocher, 504-722-4800 or 985-853-0030 or email: fliprann@aol.com

**Jun 3 - 4**

**2006 Berlin Summer Dance Festival**

Summer Dance Festival in Berlin, Germany! This is an IDSF-sanctioned event held right after Blackpool. For more information, please go to their website, [www.summer-dance-festival.de/?lang=en](http://www.summer-dance-festival.de/?lang=en) or email the organizers at [info@summer-dance-festival.de](mailto:info@summer-dance-festival.de)

**June 24, 2006**

**South Western Regional DanceSport Championships  
Anaheim Convention Center**

Qualifying event for 2006 USA DanceSport National Championships.  
For more info: [www.usadance-oc.org](http://www.usadance-oc.org) or email: [2006Regional@usadance-oc.org](mailto:2006Regional@usadance-oc.org)

**Jul 1 - 2, 2006 NW (Region 1) Regional DanceSport Championships**

Qualifying event for the 2006 USABDA the National Championships.  
For more information contact Mark Tabor at telephone (425) 486-6023, fax 425-795-2726 or e-mail [chair2006@nwregional.org](mailto:chair2006@nwregional.org)

**July 29, 2006**

**Southern Star Mid-Summer Classic – Rhapsody Ballroom, Tampa, FL**

For more information, contact Michael Nolan  
[atmnolan10@yahoo.com](mailto:atmnolan10@yahoo.com) or 813-681-5275.

**Jul 29 - 30, 2006**

**NJ DanceSport Classic**

Organized by Mario Battista and Wendi Davies. Sanctioned by Usa DanceSport For more info: NJDSC or by e-mail at [questions@njdancesportclassic.com](mailto:questions@njdancesportclassic.com) or by phone at 973-325-1399.

**August 11-13, 2006**

**The 2006 USA Dance National Championships San Jose Civic Auditorium, San Jose, CA**

Hosted by NorCal Chapter. Contact info: James Kleinrath DDS email: [president@usabda-norcal.org](mailto:president@usabda-norcal.org) phone: 650-591-6757.

**Aug 26, 2006**

**Singapore Lion City Int'l DanceSport Championships**

This is an IDSF-sanctioned event . For more information :  
[info@shawnandgladys.com.sg](mailto:info@shawnandgladys.com.sg) or  
[www.shawnandgladys.com.sg/19thLC\\_Entry.pdf](http://www.shawnandgladys.com.sg/19thLC_Entry.pdf)

**Oct 27 - 28, 2006**

**2006 SouthEast Regional Championships**

Held in Atlanta, Georgia . For more information, contact Ann Smith by email at [JSmith5817@aol.com](mailto:JSmith5817@aol.com) or 404-816-9939.

**January 28, 2007**

**Royal Palm USA Dancesport Championships Coconut Creek, FL**

Hosted by Royal Palm Chapter. Contact info: Bernard Matos  
561-282-0899 or [brny07@yahoo.com](mailto:brny07@yahoo.com)

**DNO** continued from page 2

**Dancers Studio**

**(651) 641-0777**

[www.dancersstudio.com](http://www.dancersstudio.com) 99 Snelling Ave. N. St. Paul, MN.  
Every Friday night, Beginning and Advanced lesson at 8 pm,  
Dance 9-10 pm. \$15-25/non-members.

**Hidden Haven Country Club**

**(763) 434-4626**

20520 NE Polk St., Cedar, MN Every Sunday from 6-10 pm.  
Classic country and rock-and-roll, the band is Ringer.

**Loring Pasta Bar**

[www.loringcafe.com/pastabar](http://www.loringcafe.com/pastabar) Sunday nights have tango  
or other latin music from 6-9 pm.

**Medina Entertainment Center**

**(763) 478-6661**

[www.medinaentertainment.com](http://www.medinaentertainment.com) 500 Highway 55, Medina.  
Wednesdays, Big Band Dances, Lesson 7 pm, Dance 8-11 pm.

**MN West Coast Swing Dance Club**

**(651) 777-5599**

[www.mnwestcoastswingdanceclub.com](http://www.mnwestcoastswingdanceclub.com) B-Dale Club, 2100 N.  
Dale St., Roseville. Dances 2nd & 4th Fridays. Lesson 7:30 pm,  
Dance 8:30 pm. \$5/WCS members, \$8/non-members.

**Rebels Swing Dance Club**

**(952) 941-0906**

[www.tcrebels.com](http://www.tcrebels.com) Harmonies Dance Center, 10726 France  
Avenue South, Bloomington. Two Sundays per month,  
Dances 7 pm. \$5/Rebels members, \$8/non-members.

**Shakopee Ballroom**

**(952) 445-0412**

2400 East 4th Avenue, Shakopee. Every other Friday they offer  
either ballroom or swing or dance bands; lesson at 7:30 pm and  
band begins at 8 pm. Other dances scheduled occasionally.

**Social Dance Studio**

**(612) 869-2158**

[www.socialdancestudio.com](http://www.socialdancestudio.com) St. Paul and Minneapolis,  
1st Fridays-Latin Dance Parties 9-12 midnight. \$5/person.

**Tango Society of Minnesota**

**(763) 576-3349**

[www.mntango.org](http://www.mntango.org) 2nd Saturdays, DanceSport Studio,  
816 1/2 Main Street, Hopkins. Introductory lesson 8 pm,  
Dance 9 pm - 1 am. \$10.

**Tiburon Restaurant**

1201 Harmon Place, Minneapolis Band: Salsa del Soul playing  
Salsa every Friday! Big wood dance floor, reasonably priced late  
night menu and drink specials and valet parking; cover charge  
starts at 9:30 pm.

**Twin City Ballroom Dance Club**

**(651) 735-2233**

[twincityballroom.com](http://twincityballroom.com) 7166 10th Street North, Oakdale  
(corner of 694 and 10th St. N.). M-W: Lessons 8 pm, Fridays:  
Lesson 9 pm, Dance 10-11:30 pm, Sundays: Lesson 8 pm,  
Dance 9-10:30 pm. \$7/\$2 off with Univ. ID.

**Wabasha Street Caves**

**(651) 224-1191**

215 S. Wabasha St., St. Paul. Thursdays are "Swing Night" with  
big bands! Lesson 6:15 pm, Dance 7-10 pm. \$7 cover charge.

## July Issue Teaser

*Don't miss next month's coverage of...*

## Social Dancing

MINNESOTA

# DANCING TIMES

A publication of the Minnesota Chapter of USA Dance

6130 IVES LN N  
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## Dance Contacts

### Pros

Jill Ableman .....	651-641-0777
Scott Anderson.....	612-816-4446
Paul Botes & Donna Edelstein, Mpls .....	763-557-6004
Modie Chehouri.....	651-641-0777
Nathan Daniels .....	763-545-8690
Wendi Davies.....	973-449-7654
Robert & Jennifer Foster .....	952-938-0048
Donna Frykman, St. Paul .....	651-777-5447
Michelle Haley .....	651-699-5910
Christine Hallberg.....	651-641-0777
Jeff Halverson .....	651-641-0777
David Hanson .....	218-722-0742
Eric Hudson .....	651-699-5910
Julie Jacobson .....	651-261-6442
James M. Krolak.....	763-229-9852
Jay Larson .....	651-699-5910
Monica Mohn.....	612-874-0747
Mariusz Olszewski .....	612-242-5159
Eric Remsen .....	612-724-3156
Mary Rosentiel.....	612-720-2584
Kate VanAlstine.....	651-641-0777

### Services

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### Studios

Arthur Murray Dance Studio St. Paul .....	651-227-3200
Cheek to Cheek Studio, Coon Rapids .....	763-755-3644
Cinema Ballroom, St. Paul .....	651-699-5910
Dahl Dance Center .....	507-252-1848
Dancers Studio, St. Paul .....	651-641-0777
Foster's Dance Sport Studio, Hopkins .....	952-938-0048
On Your Toes, St. Louis Park.....	952-928-7803
Social Dance Studio, Mpls .....	612-869-2158

### Clubs

Café Bailar .....	612-600-5129
MN West Coast Swing Club .....	651-426-8658
REBELS Swing Dance Club .....	952-941-0906
Tango Society of Minnesota.....	763-576-3349
USA Dance, Minnesota Chapter .....	651-483-5467

**USA Dance MN HOTLINE (651) 483-5467**

[www.usabda-mn.org](http://www.usabda-mn.org)

**Next Newsletter Deadline: June 10th, 2006**