MINNESOTA

Dancin' Times



Published monthly for members of the United States Amateur Ballroom Dancers Association—Minnesota Chapter

June 1997

DANCERS NITE OUT

- Thu. 6/5 Jerry O-Hagen Orchestra, Medinà Ballroom, Lesson 7pm, Dance 8pm, 478-6661.
- Thu. 6/5 Big Band Dance Night—Stan Bann Big Band, Wabasha Caves, 215 Wabasha St, St. Paul, Lesson 6:30pm, Dance 7-10pm, \$5, 224-1191. (Directions: The Caves are across Wabasha St. Bridge near downtown St. Paul. The Wabasha St. Bridge is closed for repairsgo south across the Roberts St. Bridge and back to Wabasha St.)
- Fri. 6/6 5 Men Swinging Band, American Classic Ballroom, 1628 E. Lake St, Mpls, Lesson 8 pm, Dance 8:30-midnight, \$7/\$5 students, 338-2674.
- Sun. 6/8 Rebels Swing Dance Club, Everett McClay VFW, Bloomington, Dance 7pm, 941-0906.
- Wed. 6/11 Dick Macko Big Band, Medina Ballroom, Lesson 7pm, Dance 8pm, 478-6661.
- Thu. 6/12 Big Band Dance Night—Twin Cities Jazz Orchestra, Wabasha Caves, 215 Wabasha St. St. Paul, Lesson 6:30pm, Dance 7-10pm, \$5, see Thu. 6/5 listing for directions, 224-1191.
- Fri. 6/13 Myrom Sommerfeld Big Band, Medina Ballroom, Dance 8:30pm, 478-6661.
- Fri. 6/13 Dean Olson Big Band, Shakopee Ballroom, 8:30pm, 445-0412.
- Fri. 6/13 MN West Coast Swing Club, B-Dale Club, 2100 N Dale St, Roseville, Lesson 7:30pm, Dance 8:30pm, 731-9768.
- Sat. 6/14 The Originals, 50s&60s, Medina Ballroom, Dance 8:30pm, 478-6661.
- **Thu. 6/19** Sammy Jensen Big Band, Medina Ballroom, Lesson 7pm, Dance 8pm, 478-6661.
- Thu. 6/19 Big Band Dance Night—Beasleys Big Band, Wabasha Caves, 215 Wabasha St, St. Paul, Lesson 6:30pm, Dance 7-10pm, \$5, see Thu. 6/5 listing for directions, 224-1191.
- Fri. 6/20 Paul Heffroon Big Band, Shakopee Ballroom, Dance 8:30pm, 445-0412.
- Fri. 6/20 5 Men Swinging Band, Cedar Cultural Center, 416 Cedar Ave. S., Mpls, Lesson 7pm, Dance 7:30-10:30pm, \$7/\$5 students, 388-2674.
- Sat. 6/21 USABDA Dance, See opposite column for info.
- Sat-Sun 6/21-22 Rebels Swing Dance Club Anniversary Party, 941-0960.
- Sun 6/22 Star of the North Amateur Ballroom Competition, Del-Win Ballroom, St. Joseph, 9am-4pm. (888) 234-1125.
- **Thu. 6/26** Erv Reutzel Big Band, Medina Ballroom, Lesson 7pm, Dance 8pm, 478-6661.
- Thu. 6/26 Big Band Dance Night—The Jazz Makers, Wabasha Caves, 215
 Wabasha St, St. Paul, Lesson 6:30pm, Dance 7-10pm, \$5, see
 Thu. 6/5 listing for directions, 224-1191.
- Fri. 6/27 MN West Coast Swing Club, B-Dale Club, 2100 N Dale St, Roseville, Lesson 7:30pm, Dance 8:30pm, 731-9768.
- Fri. 6/27 Jack Schultz Big Band, Shakopee Ballroom, Dance 8:30pm, 445-0412
- Fri. 6/27 Sammy Jenson Orchestra, Kato Entertainment Center, Mankato MN, Dance 8pm. (507) 625-7553.

For a list of weekly dance opportunities, see page 13.



Saturday, June 21

DANCESPORT

Knollwood Mall St. Louis Park (intersection of Hwy 169 and Hwy 7) East Side of Mall, Near Wards 938-0048

> Lesson at 7:30 pm Dance from 8:30-11:30 pm



\$6 Members \$8 Non-members \$4 Students with I.D. \$2 Group Class

> *USABDA HOTLINE* (612) 483-5467

Call for information on dance events. Leave a message for membership information.

What Is USABDA? Who Are We?

USABDA stands for the United States Amateur Ballroom Dancers Association, a non-profit organization formed to preserve and promote ballroom dancing not only as an art but as a healthy sport. Minnesota's chapter was started in 1991.

Membership in USABDA is open to ballroom dancers of all levels. There are membership categories for all dancers: Social, Competitive, Junior (17 and under), College students and Associates (professional/instructors).

USABDA sponsors a monthly dance and other special dance events. Membership includes both national and local dues. Membership entitles you to discounts on our monthly dances and a great network for meeting other dancers. You also have opportunity to purchase this newsletter.

You'll have fun dancing and meet many new friends! For more information Call the USABDA Hotline number.

(612) 483-5467

Minnesota Dancin' Times

Published monthly for members of the United States Amateur Ballroom Dancers Association-Minnesota Chapter, providing news of ballroom dancing to chapter members and friends.

SUBSCRIPTION RATES

\$15 per year

Make checks payable to USABDA-MN and send to: Joyce Thompson, P.O. Box 13873, St. Paul, 55113

ADVERTISING

Display Ads: To advertise your professional service or event, submit camera-ready artwork.

Full page 7 1/2" wide x 9 1/2" high

Half page 7 1/2" wide x 4 1/2" high (horizontal)

3 1/2" wide x 9 1/2" high (vertical)

Quarter page 3 1/2" wide x 4 1/2" high

Business cards

Rates:

Full Page-\$40

Half Page-\$25

Quarter Page- \$15

Business card- \$15 for 3 consecutive months.

Classified Ads: Free 3-line ad in Swaplines available to members. Dance merchandise only.

Payment: Payment must accompany ad.

Please make checks payable to USABDA-MN.

DEADLINE

All materials due around the 10th of each month.

All questions regarding the newsletter should be directed to:

Jim Baker

USABDA President (612) 476-4843

Newsletter Editor: Janis Livingston

Newsletter Layout: Jason Borton and Carolyn Jackson



Send address changes to Jim Baker at address on back of this newsletter. Please notify National USABDA also.



Notes From the Board

bv Melanie Helvia USABDA Chapter Secretary

The Board met on May 6, 1997 and the following items were discussed:

- Options for improving the HOTLINE for the people calling in and those behind the scenes, including adding a menu system. If you have suggestions, contact a board member (see back cover).
- USABDA may get a home in the old Bel Rae after its renovation.
- The next six months of USABDA dances are scheduled for the following dates and locations:

July 19: The Dance Shoppe;

Aug 16: TBA;

Sept 28: GRAND BALL, Sheraton Metrodome;

Oct 18: Twin City Ballroom;

Nov 15: Macalester College (?);

Dec 20: Twin City Ballroom.

The next board meeting will be Tuesday, June 3 at Wade Warford's place of employment: Laird Plastics Limited, 7150 Boone Ave N. Brooklyn Park, Phone 535-2118.

Competitor's Column

Includes regional and USABDA events

Lonestar Classic

June 6-8. Wyndham Greenpoint Hotel, Houston Texas. Contact Sam Sodano, P.O. Box 1442, Columbus Ohio, (614) 848-7827.

Maryland Invitational Dance Championships

June 12-15. Baltimore Airport Marriott Hotel, Baltimore MD. Contact Blennis Dee Creger (410) 252-7903.

Western Regional Amateur Dance Sport Championships (region 4) June 14, Palo Alto CA. Contact:Lydia Scardina, (415) 759-7051.

Yankee Classic Dancesport Championships

June 19-22. Marriott Hotel, Cambridge (Boston) MA. Contact Judi Hatton (407) 624-7701.

Northcoast Ballroom Classic

June 19-21. Holiday Inn, Cleveland OH. Contact Vic Dominic (216) 884-9200.

The Star of the North Amateur Ballroom Competition

Great for couples interested in trying out competion inexpensively Sunday, June 22, 9am-4pm. Del-Win Ballroom, St. Joseph MN, Call (888) 234-1125 for more information.

USABDA National Dance Sport Championships

Aug 8-10, Univ. of Delaware, Newark, DE. Contact Vivian Beiswenger, (215) 855-2711.

***for a more complete list, see "Amateur Dancers", the national publication for the U.S. Amateur Ballroom Dancers Association.

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DANCING FOR THE MASSES by Greg Moore

"You guys want to do a dance show with us?"

With these words Yvonne Viehman invites me and my dance partner, Janis Livingston, to join several other couples in a USABDA exhibition for some American Legion Ladies Auxiliary luncheon. At first it sounds like a real hoot. I started learning ballroom about a year ago, and Janis and I have been working together since September. Nothing spectacular, but we've been having fun and the feedback from our peers has been good. So why not strut our stuff for the American Legion ladies? Then I find out who the other couples will be. The names Yvonne rattles off are well-known, even to a rookie like me. I see these names in almost every issue of this newsletter. I've watched in joyful amazement as these couples have performed at competitions and USABDA events. I try to imagine sharing the floor with such immortals, but my brain seizes up. My enthusiasm shrivels. Waves of shame and inadequacy batter my fragile ego as I struggle to find an answer for Yvonne. I turn to Janis. The smile on her face shows none of the unholy dread that is crushing my soul. Poor innocent thing -- she's blissfully unaware of the peril that confronts us. I look back at Yvonne. She can sense my panic. "Just do what you know --- THEY'LL LOVE IT!" she encourages me. Uh-huh. Yeah. Right. FORGET IT! I won't be comic relief for a bunch of strangers! Then, somehow, my mouth opens and I hear words coming out of it: "Sure, we'll do it."

And so, during the weeks that follow, Janis and I practice intensely. Well, Janis practices while I worry. For both of us. I am haunted by the memory of my very first ballroom dance, a profoundly terrifying experience. All that evening I skulked from one dark corner to another, like a half-starved hyena watching a herd of gazelles, waiting for a sickly straggler to wander in my direction. Since then I have spent a small fortune on lessons and now I actually look forward to dances. Why, then, does this anxiety still plague me so? For what merciless judges am I dancing, and what will they do to me if I don't perform satisfactorily? Why can't my best be good enough?

Suddenly, the big day is here. No time for these niggling self-doubts now, I tell myself as I enter the American Legion hall. Just do what you know. Keep your head up, keep your feet down, and SMILE, damn it. Pretend you're enjoying yourself.

Yvonne and her husband Dan are standing at the door to the auditorium, gowned and tuxedoed, radiating charm and confidence, greeting our fellow performers. Janis is there, looking picture-perfect and still smiling. I peek through the doorway. The auditorium is filled with lunch tables, the aromas of spaghetti, warm beer and old cigarettes, and the chatter of a hundred auxiliary ladies. "So when do they move the tables aside?" I ask naively. "Oh, the luncheon's only half over" Yvonne replies. "We'll dance in the center aisle." Center aisle? I look into the auditorium again. Oh sure, there it is: a strip of open space between the tables, maybe big enough to park a Yugo.

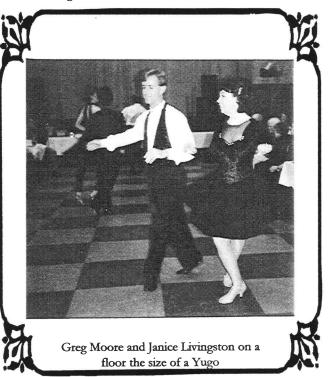
The floor itself is an extinct species of Congoleum that looks like it, too, has survived a foreign war.

I turn to Janis, my face contorted in bemused disbelief. As always, she is cool under fire. "We'll just have to take really small steps," she offers cheerfully. Then Yvonne explains that half the couples have cancelled out, and shows me the revised program. Our Light Brigade comrades today will be Galena Zolotonosov with David Schmit, and Lyn Tuttle with Brian Nguyen. Janis and I find a vacant hallway where we can run through our waltz routine. Taking really small steps.

Despite the formidable conditions, the show is a big hit. David takes Galena through a sultry yet lively rumba that gives me the sweats. Most of their figures are new to me, and even the familiar ones are given a fresh, spontaneous polish. Brian and Lyn move with a sharp flamboyance that gives their rhythm routines a special punch. Real stage presence. Dan and Yvonne dazzle us with their waltz/fox-trot medley, a tango routine, AND a quickstep. Now that takes guts. Janis and I stand in the doorway, waiting for our introduction. "Nervous?" I ask. "A little," she replies. "Good thing we didn't have chili for breakfast..." I observe.

A minute later, we're out there in free flight. We glide through our steps with poise and certainty. I've got one eye staring at my left wrist in proper ballroom fashion, while the other is watching out for table corners and stray feet. Suddenly, just as we execute a flawless spin twinkle, our music dies. We hover for a moment in the silence, then come to rest, blinking at each other. The crowd breaks into applause. We take our bows, smiling nervously, and scamper off. Afterward, I learn that Pete had given us the standard 90 seconds of dance routine music --- I hadn't told him we'd be using the entire song. Live and learn.

As a final gesture, we all troop back onto the floor to dance with the audience. As people express their gratitude and admiration for our efforts today, my stress level drops and my self-esteem comes back to life. My best was good enough. And Yvonne was right: THEY LOVE IT!





GROUP CLASS SCHEDULE

BEGINNING RYTHM MONDAY 7:30PM-8:30PM	BEGINNING INTERNATIONAL MODERN TUESDAY 6:00PM-7:00PM	*INTERMEDIATE INTERNATIONAL MODERN TUESDAY 7:00PM-8:00PM	*ADVANCED AMERICAN SMOOTH TUESDAY 8:00PM-9:00PM
BEGINNING SWING THURSDAY 7:00PM-8:00PM	*INTERMEDIATE AMERICAN SMOOTH SUNDAY 5:00PM-6:00PM		*CONSENT OF INSTRUCTOR IS REQUIRED TO PARTICIPATE IN THESE CLASSES

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GROUP CLASS COST/FOUR WEEK SESSION

- 1 CLASS/WEEK = \$34 (\$8.50/CLASS)
- 2 CLASS/WEEK = \$60 (\$7.50/CLASS)
- 3 CLASS/WEEK = \$78 (\$6.50/CLASS)

Ask about our VIP memberships!!



Tango with the Issues

Partner Connection

by Janis Livingston

How does one find an amateur dance partner? Do you just get lucky and by magic one appears complete with goals, aspirations, personality, ability, body type, musicality and work ethic etc. etc. to match yours? Probably not a chance, but, if this did happen you probably should be playing the lottery because you are very lucky.

Many dancers want to try the am/am partnership for many reasons. If you have a good match, it makes practice so much easier, learning goes at a faster pace, more opportunities open up for doing dance exhibitions, showcases, and competitions, lesson cost is cut in half, artistry improves, and there is someone to share your passion for dancing.

Some partners have met at studios by taking lessons in the same place and some have met at USABDA events, some have met at various other dances, and some have been placed together by the suggestion of a pro that knows them. However, every so often a call comes up for someone or some organization to form a partner match service. Should this be done? Who will volunteer to do it? Should USABDA be involved? Why has it not been done before, or, has it been done and proved to be musuccessful?

Consider all the implications of putting a match service into operation. It could become a fun project or maybe a gigantic nightmare. Judging from conversations with many dancers both male and female, a dance partner is a very valued and cherished person or ideal. Most seem to talk of the prospect in this way: "I would love to have a dance partner, but, how do I find one." "I know of some with the looks and the talent, but, not the time." "It's like trying to find a diamond ring packed in a Cracker Jack box—the ring you find either does not fit or breaks as soon as you wear it."

Well, let us hear from you. As always all responses will be kept anonymous.





Tango with the Issues

Your Responses from last month.

Feet Don't Fail Me Now

"Use of quality dance shoes is very important. Replace shoes that are worn or stretched out. Use practice shoes as much as possible—especially the ladies to prevent Achilles tendon problems and problems with pressure on the ball of the foot."

"Try to keep feet from building up calluses or very dry skin that could crack and cause open sore areas. The use of a simple skin lotion to keep the skin supple is helpful."

Shall We Dance?

"Don't forget about the fact that USABDA dances are for everyone. We can not cater to just one level of dancer."

** "I like the fact that people have an opportunity to state opinions in the newsletter. Keep it going."

Janis Livingston

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NORTH AMERICAN CHAMPIONSHIPS by Nels Petersen

Four Minnesota couples journeyed to Toronto the weekend of April 19 to compete in the North American Championships.

Hub Nelson and Celia Mullen danced very well in a strong International Standard group. They went into the semi-final easily and just missed making the final.

Carol and Gary Stroick won the Open American Smooth Championship by taking all four dances. In only their second outing in the International Standard Style they showed very well in both the Pre-Champ and Championship divisions.

Theresa Kimler and Nels Petersen, current United States Champions, dominated their American Rhythm division, receiving 53 of 55 available first place marks.

Andy Nordberg and Janie Sorheim danced and were finalists in both Championship Smooth and Rhythm divisions. In front of appreciative audiences they placed 3rd in Rhythm and 4th in Smooth, making them the competition's unofficial 9-Dance Champions.

Co-pilot Andy also logged six hours of high performance time in Nel's Mooney and got to experience no-horizon flight as he flew out onto a misty Lake Huron.

Minnesota USABDA should be extremely proud of it's reputation for delivering champion quality amateurs.





Swinging through the North American Amateur American Rhythm finals Theresa Kimler and Nels Petersen (left) with Andy Nordberg and Janie Sorheim (right).

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New classes

New location

Monday	7pm	Argentine Tango at the Quest
Thursday	8pm	practica (on 5th St. brwn 1st & 2nd Av)
Thursday	7pm	Salsa, Rumba, Merengue - basics
Eriday	7:30	Salsa & Cha Cha - intermediate
Friday	8pm	Ballroom - Foxtrot, Waltz, Q.step
	9pm	practice party

To get a jump on dancing this spring, call or come down.

115 Washington Av. N. 2nd floor

(1 block North of Hennepin Av, btwn 1st & 2nd Av) free street parking after 5pm, parking lot across the street Call 342-0902 Today!

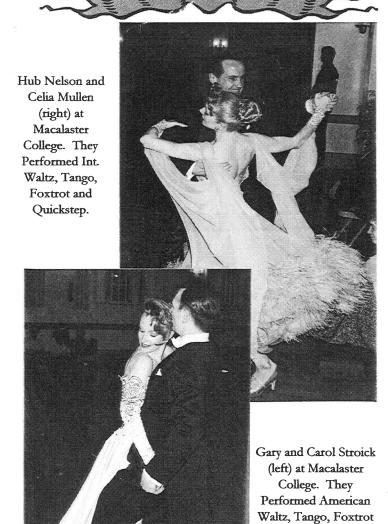
Dancin' Times June 1997

Dance Demonstrations

by Yvonne M. V ichman USA BDA Dance Demonstration Coordinator

MOVIN' AT MACALASTER

On April 14, 1997, USABDA members performed for Elaine Barrett's dance class at Macalaster College. This audience is always an energized group who greatly appreciate good dancing. Carol Post Stroick and Gary Stroick performed all of the American Smooth dances in full costume and intrigued us all by their intricate footwork and eye-catching choreography! We then were graced with the presence of Macalaster College alumna, Celia Mullen who danced so beautifully with her partner, Hub Nelson. They performed the International Standard Waltz, Foxtrot, Tango and Quickstep, leaving everyone whirling in their tracks! Dan and Yvonne Viehman kept the entertainment going by showcasing an East Coast Swing. Many thanks to Elaine for inviting us — hopefully we inspired a few new souls to the world of dance!



QuickStep on a Dime
Dan and Yvonne Viehman at the Richfield American Legion
SWING INTO SPRING!

The Ladies Auxiliary of the Richfield American Legion celebrated their Spring Luncheon on Saturday, April 19 and to help them swing into Spring, USABDA provided a 45-minute show of smooth and rhythm dancing! We also danced with many of the attendees who were delighted to dance with younger, good-looking men! Our group included: Janis Livingston and Greg Moore (who gave a great first demo of their International Waltz and Cha Cha!!); Lyn Tuttle and Brian Nguyen dancing a fantastic Cha Cha and powerful Hustle; Galena Zolotonosov and David Schmit dazzling the crowd with their rhythm dancing and Dan and Yvonne Viehman put their smooth dancing skills to the test by performing a Waltz, Tango and Quickstep. Colleen Hendrickson of the Ladies Auxiliary had seen us perform at the ARC of Hennepin County dance demonstration last October and requested that we perform at this event. The audience was so enthused and appreciative of our dancing that we were walking on sunshine by the time we left! Many thanks to all of the dancers and to the Richfield American Legion for their donation of \$100 to our cause!

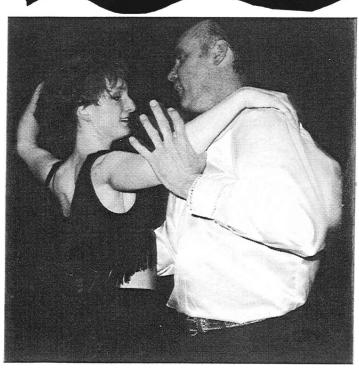


and Viennese Waltz.

MAY DAY AT EDINBOROUGH

On May 1, 1997, we celebrated David Schmit's birthday at Edinborough Park Plaza in Edina! Well, actually we were there for a dance demonstration, but yes, it did happen to fall on David's birthday. I have lost track of how many times we've performed at this site, but a crowd trickles in every time!

Ann Lippin, Kris Sanders & David Schmit, Linda Arnold & Gordy Davis, Sanae Storey & Jim Baker, Susan & Arthur Hellmann, Sue Zeller & Wade Warford, and Yvonne & Dan Viehman filled a one-hour show. We were also thrilled to have Theresa Kimler and Nels Petersen perform at this demo in Cha Cha, Rumba, Swing, Bolero and Mambo they never cease to amaze us with their new choreography and flawless execution! David and Ann performed a creative impromptu dance to the Righteous Brothers, "Unchained Melody"! We also heartily welcome Kris Sanders and Sue Zeller who performed for the first time at this demo - now the jitters are gone so I'm sure we'll be seeing more of them! Susan and Arthur deserve an award for attending this demo -- they just got married on Sunday. April 20, 1997 (Congrats!) and are in the process of moving - thanks for taking the time to dance! Thanks too to Pete Maki and Joyce Thompson for some of the best music yet! Edinborough also provided a \$75 donation - keeps our treasury growing.



Ann Lippin and David Schmit performing an impromptu specialty dance at Edinborough Park Plaza



Linda Arnold & Gordy Davis perfroming American Rhythm at Edinborough Park Plaza



Jim Baker and Sanae Storey performing Int. Standard at Edinborough Park Plaza

Upcoming Dance Demonstrations

by Yvonne Viehman

07/15 "Summer Sounds" for the Minnesota Hearing Aid Society at the Calhoun Beach Club, Lake Calhoun -- come and dance, eat and bid at the auction! 3 rhythm and 1 smooth couple needed - dancing time depends on schedule that night - approximately 8:00 - 8:30 pm.

09/17 Pre-Kick-Off to National Ballroom Dance Week, Rotunda at Mall of America

Remember this is the "Dancing through the Ages" program so pick your era -- 1920's, 1930's, 1940's, 1950's... and your dance, costume and partner and call me to reserve your spot on the floor as people are already signing up! (Pro/Am couples also welcome).

Call Yvonne Viehman at 553-1202 and identify which demo, which dances and with whom you'd like to dance.

A PLEASANT SUNDAY AFTERNOON AT THE LAFAYETTE CLUB by Janis Livingston

Minnesotans had been waiting for a day such as this. April 20 was possibly the best day so far this year! The snow was finally gone, and many dancers were anticipating an afternoon of doing exactly what they like to do-dance, dine, and watch exceptional dancing. The sixth Annual Tea Dance was scheduled to start at 11:00 a.m. on a perfect Sunday morning. As people found their way to the western suburb of Wayzata, the sun was shining on the shore of Lake Minnetonka, spring was in the air and USABDA dancers arrived to find the lovely atmosphere of the Lafayette Club all in readiness for this group of dance

Karen Kettler had organized an event to remember. About 140 people attended the tea dressed in some fine spring attire. It was nice to see a few tuxedos here and there and the colorful dresses. Everyone looked good and looked to be having a very good time. A buffet style luncheon was served including fruit, eggs, sausage, and a variety of other delights. It was quickly devoured by the hungry crowd. Pete Maki and Joyce Thompson started playing music for the dancers at 12:30 and the floor was well used by all for the next three and one half hours.

Along with the multiple duties Karen had taken on in the planning of such a big event, she also had organized a showcase of great quality. We were treated to the first dance exhibition of OYTSD Gold Formation Team's new Tango number (before their trip to the Milwaukee Competition). Six couples flashed by swishing those skirts and showing that tango character is also done precisely and in unison. The couples included: Kathy and Don Grambach, Ellen Neuman and Jack Cain, Bernie and Scott Osborne, John Woodcock and Lori Koziky, Yvonne and Dan Viehman, and Cheri and Art Rolnick. The group was coached by Jeff Nehrbass.

The Rebel's Swing Club was well represented by a couple that did a wonderful West Coast Swing showcase number. Tara and Jason showed us why they had won a National competition.

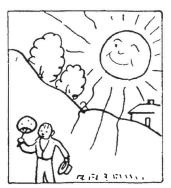
Professional dance couples Donna Edelstein and Paul Botes, and Deanne Michaels and Nathan Daniels showcased their expertise to the delight of the appreciative audience. We marveled at how they made everything look so graceful and

Thank you to these performers for a very entertaining show. You all are very skilled and presented us with eye catching footwork and lovely choreography. Thank you also to the many helpers who sold tickets for the event, Shari Akerman for announcing the dance showcase, Lisa Hamilton for manning the front desk and the members of the board for their input and

As Pete and Joyce turned the music off the last tired dancers left the floor thoroughly "danced out" and saying their good-byes left the Lafayette Club very pleased with the day and the event. Thanks Karen for the planning and execution of a lovely afternoon Tea Dance.

DANCESPORTS

Summer Dance Schedule



★ Saturday June 28th

(Welcome Back Performace by Robert and Jennifer Foster) Group Class 8 PM Dance 9-12 PM

🖈 Saturday July 26th **Group Class 8 PM** Dance 9-12 PM



Performances and Dancing! (call for times and information) All Dances \$10

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EXPO WORKSHOP TENTATIVE SCHEDULE

SATURDAY - JULY 12

- 11-Beg. R/C * Interm. W/FT * Gold Standard
- 12 "Rhythmic Isolations" * Gold Latin
- 1 Silver Int'l T * Brz Latin * Adv. R/B
- 2 Silver Latin * Beg. T * "Intuitive Body Sensuality"
- 3 Interm Sw/WCst * Brz Standard * Adv. T/FT .
- 4 "Partnering Magic"

SUNDAY - JULY 13

Colg. Beg. W/FT * Beg. SW * Silver Standard * Adv. W/V

Colg. Beg. R/SW * Brz Int'l T * Adv. C/Mam

Beg. W/FT * Silver Latin * Gold Int'l QS

Colg. Adv. W/T * Brz Latin * Gold Latin

Colg. Adv. C/SW * Beg. W/FT * Interm. R/C

Colg. "Competition Prep" * Interm. T

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To Register, please complete the information below & send, with payment to: Midwest Dance Promotions, Inc.; 7536 165 th St.; Lakeville, MN 55044				
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N Metro 639-1544

S Metro 451-6300

AN EVENT NOT TO BE MISSED!

Check out the FADS Website @ http://www.FADS.com



- In Newsletter is now a team production. We have five people working to produce your monthly newsletter. Janis Livingston is the editor, whose primary job is to receive and edit the text. Jim Baker deals with advertisements, Dorothy Jones handles the Dancers Nite Out and Jason Borton and Carolyn Jackson are the Typesetters and Assistant Editors.
- Please help us with this division of labor. Any articles and pictures you wish to submit, please send to Janis. To announce a dance you are hosting, contact Dorothy. All advertisements must go through Jim.
- Our deadline is the 10th of each month.

Swaplines

Exotic White Rhythm! Sz 4-6. Full length sheer design, stones throughout, leather trim with gold buttons, one arm bare. An elegant showstopper from all angles. \$450. Call Theresa at 490-1669.

Fun 2-Piece Black Rhythm Costume, Sz 2-4. Two hip-hugger skirts with top. Good for younger dancer or athletic figure. Asking \$125. Call Theresa at 490-1669.

Championship white mini rhythm, Sz 2-4. Pale blue and silver stones throughout, beaded fringe on skirts adds to movement. Incredible shine on the floor. \$350. Call Theresa at 490-1669.

Black sequin latin dress, Sz 12-14. Asymmetrical fuschia ruffle, low back, AB rhinestones. Worn in only 3 competitions. \$750. Mary, 788-4182.

Exquisite Doré ballgown, Sz 4-8. Elegant black gown w/halter style bodice, drop waist, black sheer gloves, latest trend from Blackpool. Worn only a few times. \$2300. Nels, 784-5179.

Sexy, Sexy, Sexy! Sz 4-6. 2-piece latin gold coin outfit w/short leather skirt. Moves great, makes lots of noise! Brand new. \$650. Lisa 922-8667.

Eye Catcher! Sz 8-14. Neon pink latin. This is a fun dress with lots of silver beaded fringe and AB stoning. Moves great! New. \$450. Lisa 922-8667.

Purple 2-piece rhythm, Sz 6-12. Bright purple fringe short and top with beautiful blue stoning. High energy costume! New, only \$350. Lisa 922-8667.

Neon Yellow 1-piece rhythm, Sz 2-8. You wont be overlooked in this costume! Sexy panne velvet w/diamond shaped fringe and lots of stoning. Worn 3 times. \$700. Lisa 922-8667.

Simple and Elegant, Sz 6-8 Assymtrical Black rhythm gown. Decorated with beautiful aurora rhinestone swirl pattern. Excellent condition - worn only twice. Asking \$950. Marian 541-9147.

Swaplines is a monthly feature offering members the their dance merchandise. Advertisements for partnerships are not published in this neweletter.

Volunteer of the Year

Karen Kettler was honored at the Tea
Dance by being named volunteer of the
year for USABDA-MN. Karen was
chosen after the board had taken
nominations for this honor. She was given
a plaque to commemorate the occasion.
Congratulations and thank you, Karen.
We are proud and grateful to have you
volunteering such a great amount of your
time for the members of USABDA.



Last Month we featured an article by Gary Stroick. Unfortunately, we mispelled his name Stroik. We appologize for this mistake.

Send Submissions to:

Janis Livingston 2354 Matilda St. Roseville, MN 55113 481-1017

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Weekly Dance Opportunities...

Monday

Free West Coast Swing Lesson, Camp Snoopy, Mall of America. 9:30-10:30am.

Wednesday

Four Seasons Dancing, 6:30 pm, Int./Adv. Latin lesson and free Latin Dance Party, Mpls. 342-0902.

Thursday

- Medina Ballroom, 8pm, bands vary, 478-6661.
- Big Band Night, Wabasha Caves, 215 Wabasha St, St. Paul, Lesson 6:30pm, Dance 7-10pm, \$5, for Bands and Directions see Dancer's Nite Out, 224-1191.

Friday

- Shakopee Ballroom, 8:30pm bands vary, 445-0412.
- Four Seasons Dancing, 7:30pm, Ballroom lesson and free ballroom practice party, Mpls, 342-0902
- Everett McClay VFW, Bloomington, 8pm, bands vary, 561-0206.

MINNESOTA

Dancin' Times

USABDA-MN 15000 Woodruff Rd Wayzata, MN 55391 BULK RATE U.S. POSTAGE **PAID**

Minneapolis, MN Permit No. 4559

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E-mail address: smith206@maroon.tc.umn.edu http://www.arc.umn.edu/usabda

LEARN WITH THE PROS

Carol Turner	. 703-0138
David Aanestad, Minneapolis	. 504-1403
Scott & Amy Anderson, Plymouth	. 509-0995
Arthur Murray School of Dance, Edina	. 920-1900
Arthur Murray School of Dance, Minneapolis	. 333-3131
*Pearl Bailey, Burnsville	. 890-5104
Fred Beilke, Stillwater	. 426-9258
Harry Benson, Minneapolis	. 420-5665
Sandra Botes, Minneapolis	. 509-0149
*American Classic Ballroom, Minneapolis	. 722-6311
*Constantine Dance Center, Minnetonka	. 476-4044
Country Western Fever-Sam Stinson, Minneapolis	. 755-3879
*The Dancers Studio,St. Paul	. 641-0777
*DanceSport Ballroom, Minneapolis	. 874-0984
Nathan Daniels, Minneapolis	. 375-0642
Todd Donahue, (Country) Eagan	. 457-8663
Fred Astaire Dance Studio, Inver Grove Heights	
Fred Astaire Dance Studio, Roseville	. 639-1544
Robert & Jennifer Foster, Minneapolis	. 874-0984
*Carol Fritchie, (Country) St. Paul	
*Four Seasons Dancing, Minneapolis	
Donna Latture Frykman, St. Paul	

*Loren Greenberg, St. Paul	. 774-5516
Charlie Hardcastle, Minneapolis	922-8667
*Stephanie Hawley	522-8252
Arlene Kroll, Minneapolis	561-5407
Jay Larson, Plymouth	509-0995
*Timothy & Michelle Mason, St. Paul (By appt.)	292-8463
Jane McEvers, Minneapolis	688-7988
Deanne Michael, Minneapolis	933-1893
*Jim & Kay Mondo, St. Paul	770-1651
*Alice Monson, Minneapolis	461-2966
*Craig Morris, Minneapolis	561-0206
*Northwest Health Clubs, Minneapolis	546-6554
Eric Remsen, Minneapolis	724-3156
Denise Rondano, Minneapolis	822-8966
Donna Edelstein, Minneapolis	932-9449
U of M Ballroom Dance Lessons	649-4505
	*Loren Greenberg, St. Paul. David & Barbara Hanson, Duluth/St. Paul. 218 Charlie Hardcastle, Minneapolis *Stephanie Hawley. Arlene Kroll, Minneapolis. Jay Larson, Plymouth *Timothy & Michelle Mason, St. Paul (By appt.) Jane McEvers, Minneapolis. Deanne Michael, Minneapolis *Jim & Kay Mondo, St. Paul. *Alice Monson, Minneapolis. *Craig Morris, Minneapolis. *Craig Morris, Minneapolis. *Northwest Health Clubs, Minneapolis. *Northwest Health Clubs, Minneapolis. *On Your Toes School of Dance, St. Louis Park. Eric Remsen, Minneapolis. Denise Rondano, Minneapolis. Rebeca Trost, Minneapolis. Paul Botes, Minneapolis. Donna Edelstein, Minneapolis. U of M Ballroom Dance Lessons.

*Call for group class information

Inside this issue...

- √ "Dancing for the Masses"

 by Greg Moore
- √ "Dance Demonstrations" by Yvonne Nieman
- √ "N. American Championships" by Nels Petersen

NEXT
NEWSLETTER
DEADLINE
June 10