

MINNESOTA **DANCING TIMES**



A publication of the Minnesota Chapter 2011 of USA Dance

January 2012

Photo by Theresa Kimler



**The U of M wins big at
USA Dance National Collegiate
DanceSport Championships**

See photos inside!

Inside this month's issue...

The U of M Goes to Ohio, How Star of the North Introduced Me to Dance, and more!

Join us for the USADance

January Monthly Dance

Saturday, January 21st

7-8 pm International Rumba Lesson

Instructor: Gene Bersten

8-11 pm Variety Dance

Music DJ: Andy Trawick

\$7 USADance members • \$10 non-members

(Become a USA Dance-MN member tonight and get in free!)

Hotline: (651) 483-5467

Email: info@usadance-mn.org

Web: www.usadance-mn.org

Dance with Us America

10 Southdale Center

Edina, MN 55435

USA Dance MN HOTLINE

(651) 483-5467

www.usadance-mn.org

Call for information on dance events.
Leave a message for membership information.

Dancers' Night Out

- Mon 1/2 - Rhythm Junction ; Four Seasons Dance Studio Minneapolis; Monday night Swing dance 8-12MN; \$5; 1637 Hennepin Ave. So., Mpls; call 612-342-0902 or visit www.4seasonsdance.com
- Fri 1/6 - Rockin' Hollywoods; Medina Ballroom; 50's - 80's music; lesson at 7:00; \$12; 500 Hwy 55, Medina; call 763-478-6661 or visit www.medinaentertainment.com
- Fri 1/6 - Variety Dance; Cinema Ballroom ; Lesson at 7:00, dance 8-11; 1560 St Clair Ave, St Paul; call 651-699-5910 or visit www.cinemaballroom.com
- Sat 1/7 - Tim Patrick Swings Sinatra; Medina Ballroom; Lesson at 7:00; \$12; 500 Hwy 55, Medina; call 763-478-6661 or visit www.medinaentertainment.com
- Mon 1/9 - Rhythm Junction; Four Seasons Dance Studio Minneapolis; Monday night Swing dance 8-12MN; \$5; 1637 Hennepin Ave. So., Mpls; call 612-342-0902 or visit www.4seasonsdance.com
- Fri 1/13 - Jerry O'Hagan Big Band; Medina Ballroom; Big Band Variety /Swing; lesson at 7:00; \$12; 500 Hwy 55, Medina; call 763-478-6661 or visit www.medinaentertainment.com
- Thu 1/12 - The Snow Ball; Minneapolis DoubleTree Park Place; Hosted by Donna Edelstein at the Minneapolis DoubleTree Park Place. www.thesnowballcomp.com
- Sat 1/14 - Aqua Gliders Dance; St Richards Social Hall, 7540 Penn Ave So, Richfield; Samba lesson at 7:30; dance at 8:45; \$25 per couple (non-members); call 612 869 3062
- Sat 1/14 - White Sidewalls; Medina Ballroom; 50's - 60's music; lesson at 7:00; \$12; 500 Hwy 55, Medina; call 763-478-6661 or visit www.medinaentertainment.com
- Mon 1/16 - Dancers Studio Newcomer Night; Dancers Studio 415 Pascal Street North St Paul; Free group class for anyone new to ballroom or to Dancers Studio
- Fri 1/20 - Variety Dance; Cinema Ballroom; Lesson at 7:00, dance 8-11; 1560 St Clair Ave, St Paul; call 651-699-5910 or visit www.cinemaballroom.com
- Fri 1/20 - Crosstown; Medina Ballroom; 60's - current Rock; lesson at 7:00; \$12; 500 Hwy 55, Medina; call 763-478-6661 or visit www.medinaentertainment.com
- Sat 1/21 USA Dance Ballroom Dance Party - Dance with Us America - Edina - 7-8 p.m. International Rumba Lesson Instructor: Gene Bersten 8-11 p.m. Variety Dance \$7 USA Dance members • \$10 non-members**
- Fri 1/27 - Salsa Fusion; Cinema Ballroom; Lesson at 7:00, dance 8-11; 1560 St Clair Ave, St Paul; call 651-699-5910 or visit www.cinemaballroom.com
- Sat 1/28 - Delcounts; Medina Ballroom; Lesson at 7:00; \$12; 500 Hwy 55, Medina; call 763-478-6661 or visit www.medinaentertainment.com
- Sat 2/18 USA Dance Ballroom Dance Party 7-8 p.m. Tango Lesson Instructor: Shane Meuwissen 8-11 p.m. Variety Dance \$7 USA Dance members • \$10 non-members**
- Sat 2/25 - Star of the North; Marriott Minneapolis West 9960 Wayzata Boulevard St. Louis Park, MN 55426; www.starofthenorth-comp.com

American Classic Ballroom.....(952) 934-0900
www.americanclassicroom.com, 550 Market St., Chanhassen, MN 55317 (494 west to Hwy 5, right on Market Blvd, right on Market St.)

Arthur Murray Dance Studio.....(651) 227-3200
534 Selby Avenue, St. Paul, MN. Salsa for beginners and advanced on Wednesday 8:15 pm/\$15. Date Night variety class for beginners on Friday 6:45 pm/\$25/couple.

Black Dog Cafe & Wine Bar.....(651) 228-9274
308 Prince Street, St. Paul Argentine Tango night every 3rd Saturday. Lesson at 7:30 pm, dance from 8-11 pm/\$3.

Blue Moon Ballroom.....(507) 288-0556
www.BlueMoonBallroom.net 2030 Hwy 14, East Rochester, MN; Fridays: Latin Night, 7:30 pm - 12:30 am; Saturdays: Live Bands!

USA Dance – MN Chapter #2011 Board Minutes

Tuesday, December 6, 2011

Submitted by Leslie Whitney

In attendance: Sue Zeller (President), Cathy Dessert (Vice President), Leslie Whitney (Secretary), Zhuojing Liu, Mike Jones, Yeun Chou, Amanda Cecil (U of M Dance Coordinator)

Location: Quixotic Coffee, 769 Cleveland Ave South, St. Paul

Call to Order: Quorum established. Agenda approved. November minutes amended and approved.

ORGANIZATIONAL MATTERS

Treasurer's Report

Jane was unable to attend but had readied a treasurer's report.

**Enter our Photo
Competition!**
Details on page 4

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Approve Money for U of M Spring Fundraiser
Saturday, April 21st, North Star Ballroom, U of
M St. Paul Student Center.

The need for convenient parking was discussed.
Free valet parking and a map of nearby neigh-
borhood parking will be available.

The U of M will supply the DJ.

A motion was made, seconded, and approved
to allocate funds to the U of M Dance Club to
be used for the dance lesson, space rental, food,
and decorations.

Ethics Agreement

We discussed the form.

U of M Rochester Ballroom Team

UMR Ballroom Team has requested a donation from
Chapter #2011 for registration and attendance to
Star of the North Dance Competition. A motion was
made, seconded, and approved to allocate funds.

PROJECTS

Improving the Quality of Ballroom Dance/
Monthly Dance Discussion

The board discussed the availability of studios
for the monthly dances.

January 21st, the monthly dance will be held at
Dance With Us, America.

We discussed having a 5th Friday of the month
dance. There are 3 of these dates in 2012.

A discussion of the format to improve the qual-
ity of ballroom dance centered on hosting a
weekly lesson/general dance event, to be held at
a specific studio, with a constant date and time
over the period of one month. Zhuojing will
investigate, and we will continue this discussion
next month.

Youth Fundraising

Yeun's letter, "Youth Outreach Program", was
reviewed, and we discussed how to disperse it.

Next month the board will focus on the budget-
ing of funds to support our mission concerning
youth outreach programs.

Marketing Communications

The 2012 Winter Carnival Royalty will appear
at SOTN. Thank you, Mike, for arranging this
pleasant surprise.

Looking for an opportunity to showcase your
dancing or a group formation? Consider per-
forming on a heated Rice Park stage during the
Winter Carnival weekends.

(January 26th-29th, February 3rd-5th) Send a
video or link to ccogan@winter-carnival.com or
call 651-223-4700.

U of M Volunteer Marketing Student

There is a possibility of a student serving on the
Marketing/Communications Committee.

Star of the North 2012

Jessica was unable to attend. She continues her
work on this event and asks for volunteers.
Please go to the website: www.sotncomp.com.

Next Meeting:

6:00 p.m.

Tuesday, January 3rd, 2011

Quixotic Coffee

769 Cleveland Ave. South, St. Paul ■

USA Dance: Who Are We?

We are a nonprofit organization formed to
preserve and promote ballroom dancing, both
as an art and a healthful sport. The Minnesota
chapter, USA Dance MN, was formed in 1991.

Membership in USA Dance is open to dancers
of all levels. There are several categories to
choose from: Social, Competitor, Junior
(17 and under), Collegiate, and Associate (pro-
fessional/instructor).

USA Dance MN sponsors monthly dances
and other special dance events. Members
are entitled to discounts on admission to the
monthly dances, as well as access to a great
network for meeting other dancers.

As a member, you'll have fun dancing
and meeting many new friends. For more infor-
mation, call the USA Dance MN HOTLINE: 651-
483-5467.

The Minnesota Dancing Times is published
monthly by the members of the Minnesota
Chapter of USA Dance, providing information
and news of ballroom dancing to members
and friends.

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Contributions: Articles submitted may be edited
for length, clarity, and content. Photos should
be high-resolution jpg, png, or pdf files. Email
submissions to: newsletter@usadance-mn.org.

Subscriptions: \$22/year. Make checks
payable to USA Dance MN and send to
Theresa Kimler, 7050 49th St. N, St. Paul, MN
55128 ■

Advertising

DISPLAY ADS: To advertise your event
or professional service, submit a digital file
(300 dpi pdf or jpeg format ONLY)
or camera-ready artwork to Suzi Blumberg
(email: suzi.b@usfamily.net phone: 612-869-
4416) along with payment to USA Dance MN.
Advertising for charge cards, insurance, or
travel cannot be accepted. Ads can be typeset
or designed for a small fee; contact Janie.
Payment to accompany ad.

Full page 7.5" wide x 10" high \$130

Half page 7.5" wide x 4.75" high \$80
OR 3.5" wide x 9.5" high

Qtr. page 3.5" wide x 4.75" high \$60

Business Card 3 consecutive months \$50

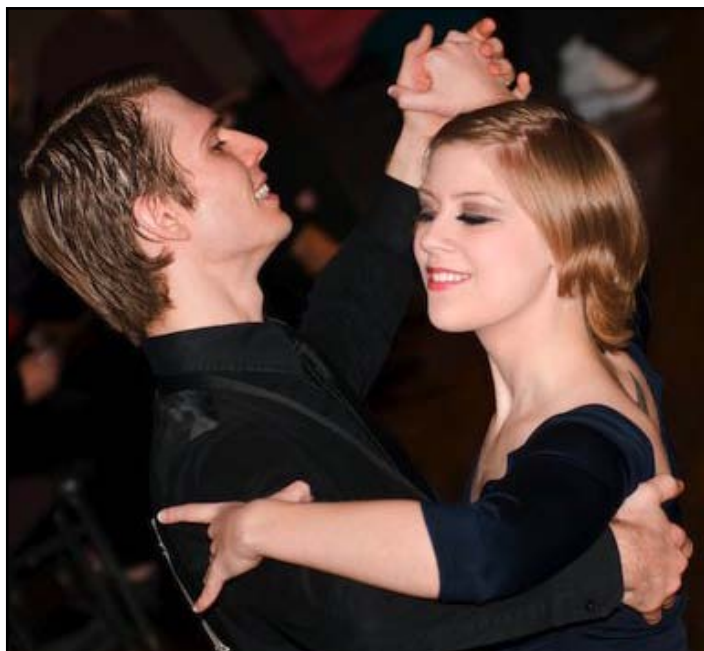
SWAPLINE ADS: Free 3-line ad in Swaplines
available to subscribers (dance merchandise
only). Send to: newsletter@usadance-mn.org

DEADLINE FOR ALL MATERIALS:
10th OF EACH MONTH

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From the Editor

by Mary Beth Beckman



Hello, ballroom dance enthusiasts.

I've been around for a few months proofreading, which is a task I continue doing because I enjoy it. Now here I am stretching my legs and filling in the role of editor, and I couldn't be more excited.

Since you'll be hearing from me on a monthly basis, you may as well know a little bit about me. I enjoy fan fiction and sci-fi a whole lot. I operate a feminist blog. I'm an activist on several fronts. I like eating fish. Socks are my favorite gift. I think locally-grown organic food is the best medicine. I think Standard is hands down the most fun style of dance to watch.

Dancing Times Photo Competition

If you love combining the arts of photography and dancing, submit your best photo to the Dancing Times photo competition!

Photos must be taken at a USA Dance monthly dance, must feature dancing as the subject material, and must be high quality (in focus, good lighting, clear subject) and high resolution—we print at 300 dpi.

Not only could you win free admission to the next USA Dance monthly dance event, but your beautiful photo might be featured in the next issue of the Minnesota Dancing Times!

I'm a freelance editor by day and a closed captioner by night. Closed captioning is all about accessibility, and in the end, so is editing.

And so is being a part of the dance community.

What have you done recently to make ballroom dancing more accessible for members of your other communities?

It's a new year and a time for new commitments. Commit yourself to spreading the joy of dance.

I'm doing this by organizing a dance newsletter. You can do this by contributing to the newsletter. Take photos at dance events, write about your experiences, interview your favorite dancers, and submit content to the Dancing Times at newsletter@usadance-mn.org.

Send your friends to the USA Dance Minnesota website at www.usadance-mn.org and invite them to a monthly dance event. Find a newbie to compete mixed proficiency with you at Star of the North.

We all benefit from having more people involved in ballroom dance, so take it upon yourself to help make the dance community just a little bit more inclusive.

Contribute to the conversation.

I look forward to hearing from you.

To solicit Mary Beth's editing services, contact her at mary.beth.beckman@gmail.com.

To ask questions about the newsletter or submit content, contact her at newsletter@usadance-mn.org. ■

So get out your cameras and your dancing shoes, and have a blast at the next monthly dance!

Submit photos of our January dance (see the ad on page 2) to newsletter@usadance-mn.org by January 25. ■



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The President's Corner

USA Dance MN Goals for 2012



The mission of USA Dance is to improve the quality and quantity of dance in the United States. USA Dance MN was started by, and continues to grow because of, members who have been interested in and who have supported this mission. Thanks to all of the past and present USA Dance MN volunteers who have given time and money to carry on this mission in Minnesota.

Improving the Quality of Dance

A stronger focus this year for the USA Dance MN board will be on improving the quality of dance. At our last board meeting in December, we started an exciting discussion about how we could best increase the number of people getting quality dance instruction in Minnesota. Behind every great dancer within our dance community is quality dance instruction and practice. Although they seem to just naturally dance across the floor without a flaw, they didn't start out that way. Hours of lessons that included technique lessons, such as correct posture and frame, have been drilled into these dancers. They know that muscle memory is created during their learning process that will then allow them to move on to the next level of dance. We all start out wanting to just learn how to take the right steps so we can dance. We learn that so much more comes into play to dance well. Quality dance instruction, in the end, equals more fun dancing.

Star of the North

Star of the North is scheduled for the last weekend in February. This amateur dance competition is an excellent way for dancers to improve on the quality of their dancing. Although dancing while others are watching seems scary, it is good for us. Our confidence is built every time we dance in a competition. This year, this special dance event is going to be at the Marriott West Hotel. This new space has lots of room for spectators, so invite your friends or relatives who would love to watch dance. Come to volunteer, compete, or watch. Our special guests will be the Winter Carnival Royalty. To our competitors, "Dance as if no one is watching."

Marketing Communications

This year, the plan is to create an active Marketing Communications Committee. A marketing student at the U of M will be a part of this new committee. Many other volunteers are needed to enhance our new USA Dance MN

website www.usadance-mn.org and create greater awareness of all of our events. Our newsletter team continues to be the best. How can we get more people aware of our website, newsletter, and events? Please see Mike Jones if you want to help by contributing to this committee.

Fundraisers for College, Youth, and Special Interest Groups

This April, our monthly dance will be at the U of M. We will be helping the U of M Ballroom Dance Club raise money for their dance education needs. This year, we are interested in starting to see how we can elevate our fundraising efforts for young people interested in dance. We are also interested in participating in other fundraising events as we did last year with the veterans. See Yeun Chou if you would like to help with fundraisers.

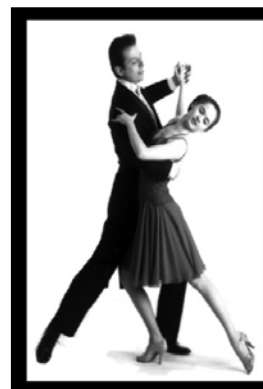
Enhancing Our Dance Demo Team

We have had a bit of a decline in the amount of dancers involved in USA Dance MN dance demos. This year, however, at the Mall of America, we have a lot of dance talent on the floor. Help us attract others into our dance world. Our dance demos are a great way to create awareness of USA Dance. See Yvonne Viehman or a board member if you are interested in taking part in dance demos.

Enhance Energy at Monthly Dances

This year, we are going to enhance the monthly dances. Brian Folger, a U of M student, plans to get involved on this committee once he completes graduate school. Corissa Ranum is a U of M student on the board and the monthly dance committee. Craig Hagensick is the monthly dance registrar. Zhoujing Liu is on the board and is scheduling our dance studios, instruction, and music for the monthly dances. We could use photographers, music association reporting, and help with ways to enhance monthly dances.

Happy Dancing!
Sue Zeller ■



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How Star of the North Introduced Me to Dance

Mary Beth Beckman



This month, January 2012, marks my two-year anniversary of being in the dance world, and I owe it all to Star of the North.

December of 2009 saw me reuniting with an old friend, who at the time happened to live with two Twin Cities ballroom dancers, Nic and Peter Westlake.

I met Nic and Pete a few days before the new year as they arrived home from a dance event. They told stories about people I didn't know using terms I didn't understand, but they certainly made dancing sound fun.

I spent New Year's Eve at their house while they were out dancing. Nic brought home sparkling grape juice and we played Catch Phrase until we couldn't keep our eyes open anymore.

A few days later, I had a voicemail from Nic asking if I wanted to take ballroom dancing lessons from him.

It was an immediate, "Why not?"

The following Sunday, Nic picked me up from my Northeast Minneapolis home and drove me out to Circle Pines to dance with the U of M Ballroom Club. I met Nels Petersen and Theresa Kimler for the first time that night, learned basic waltz concepts, and Nic thought I was irritated with him the whole time. Funny the things you remember two years later.

As we were changing shoes at the end of the evening, Nic assured me that I'd done just fine and sprung on me the fact that he was actually looking for me to dance with him regularly to prepare for a competition. A competition in February. The next month.

Again, "Why not?"

From there we began dancing together 2-3 days a week, either in Circle Pines or at Dancers Studio in St. Paul, and

I had my fair share of, "No, really, I'm not crying..." moments of frustration trying to learn waltz, tango, and quickstep in time to compete in Bronze International Standard Mixed Proficiency in just a few short weeks.

I learned a lot in a very small amount of time. Nels and Theresa gave me great reminders about head and hip position, Marcy and Shinya McHenry welcomed me into their studio, Sehyun Oh and Pete offered some helpful insight on partnering issues, and Jessica Madson gave me a crash course in competition makeup and even sold me a dress for the competition. And of course there was Nic, who volunteered hours and hours of his time and his skills solely for the sake of bringing a new person into the world of ballroom dance—a new person who hadn't even been looking to get involved.

The competition rolled around, and I did it. I have a ten-or-so-minute memory gap from the minute my foot hit the competition floor to when Nic, Jessica, and I were standing on the floor waiting for awards to be announced.

Nic and I ended up taking first in all three of our events (and Nic and Jessica took first in all gazillion of theirs). I was happy.

From there, I decided to stay involved in dancing. I attended variety dances and showcases and went to some of the U of M's classes over the summer.

Just a few weeks before the 2011 Star of the North competition, Nic and I decided to do mixed proficiency again "just for the lulz." I hadn't danced in a long time and felt overall terrified about it, but again we did very well, this time taking first in waltz and tango and getting second in quickstep.

From there, I attended Dancers Studio's college night every Thursday until summer. Then I became the proofreader for the Dancing Times. Then I got a full-time night shift job and could no longer make it to dance events.

Regardless, I agreed to be editor starting this month, an opportunity I am thrilled about. It's great experience in a field I love, and I couldn't have done it without that first foray into dance two years ago.

Star of the North's mixed proficiency event was the open door, but it was the warmth, inclusiveness, and positive attitude of members of the Twin Cities dance community that made my entrance into the dance world a possibility.

I won't be competing in Star of the North this year (so far as I know), but I am volunteering. I encourage all of you to check out what Star of the North has to offer you.

Go to www.starofthenorthcomp.com and check out the competition and volunteer opportunities available to you. And if you're feeling as generous as all the people who helped me, find an outsider to bring into the fold. ■



January 2012

You don't have to be a star.....to dance like a star!



Weekly Group Class Schedule:

Monday Evenings-With Jeff Nehrbass

5:15-6:15 p.m.: Advanced Bronze Class

\$15 per class per person otherwise a package of 10 for \$120

Please pre-register via email, in person or by phone



In the New Year, may your right hand always be stretched out in friendship, but never in want. - Irish toast

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Ballroom Dance: A Way to Be Healthy in Body, Mind, and Spirit

An Interview with Elizabeth Dickinson

by Suzi Blumberg



Elizabeth Dickinson believes ballroom dance makes everything in her life better: "Ballroom dance really does promote physical, mental and emotional health." She began ballroom dancing in 2007. She had taken ballet as a child and later added jazz. Pursuing her undergraduate degree at Cambridge University in England, she joined a theatre group and toured as a dancer. Her mother was a ballroom dancer, and Elizabeth remembers how happy she looked on the dance floor.

Just before her 20th wedding anniversary, after a 20+ year absence from dance, she started taking ballroom lessons at Cinema Ballroom. Her instructor said she was a "natural" and asked if she would like to compete. Elizabeth said, "Why not?" She started lessons in April, and her first competition was TCO ... in July!

In her first four months of dancing, she lost 20 pounds without trying. She was taking one private lesson per week and almost all of Cinema's group lessons.

The next year, she competed in Wisconsin and again at TCO. Two years ago, Elizabeth started training with Jeff Nehrbass at Retro Ballroom. Highlights of her competitions include winning the National Pro/Am Bronze Smooth Championship in 2010 and placing second in National Pro/Am Bronze International Standard and fourth in a different age category in 2011.

Through the years, dancing has taken a toll on Elizabeth's body, and she has sought chiropractic and massage therapy for general tune-ups. She began seeing Connie Kauppi three months ago for Shiatsu and Thai Yoga Massage. She sees Connie twice a month and learned how ballroom dance places stress on the body through holding different positions—pretty soon, things in your back get out of whack. Connie noticed areas in Elizabeth's back where the muscles were shorter on one side than the other, and she brought symmetry and evenness back to her body. Toxins were also released and muscles soothed.

Connie's website is www.shiatsutym.com, and she's located in St. Paul in the West 7th Street area. Connie says Shiatsu massage relaxes the body and returns it to the pre-workout state of balance. And before events and competitions, Shiatsu massage is a great way to calm anxious dancers. See Connie's ad below.

Elizabeth resides in St. Paul with her husband of almost 25 years, Christopher Childs. She is a life coach focusing on helping people achieve their goals. She's also a board member of the Minnesota Coaches Association and is on both the state and national boards of Clean Water Action. She's a writer and has been a professional actor performing her own show about Emily Dickinson at the Fringe Festival. More about her can be found at www.elizabethdickinson1.wordpress.com. ■

Connie Kauppi – Shiatsu & Thai Yoga Massage

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www.shiatsutym.com

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Lost a Bet and Took My First Steps

By Chris Trask

On a sunny Monday afternoon, I went to Cinema Ballroom for a dance lesson. I sat down at a table and began fastening my shoes. I looked up and realized I was not alone at the table. Curious about my table companion, I asked him when he started dance lessons. He grinned and began to tell me his story.

Patrick Moriarity's life had been focused solely on the successful steel company that he owns, which meant that he made little time for other activities in his life. A lot changed for him in September 2009 when he bet with his good friend Dennis Omen that his parents would not join them on a very windy weekend at Siskiwit Bay Marina to go sailing on Lake Superior. If he lost the bet, he promised that he would take a free dance lesson at Cinema Ballroom.

"Here come my parents. You lost the bet. Take dance!" was Dennis' gleeful announcement.

A whole year went by, and with Dennis' continued persistence, Patrick finally gave in and took his first dance lesson in January 2010. He went to Goodwill and bought a pair of \$20 dress shoes for the first lesson. He thought

he would throw them away but found himself taking one lesson a week. In May 2010, he prepaid for five lessons prior to leaving on a sailing trip with Dennis, knowing that it would force him to continue to dance. After 49 days and 2,600 miles to St. John's in Newfoundland, he returned to Cinema and found that his instructor had left, so he was introduced to a new instructor, Nadine Messenger.

Nadine can attest to the fact that sailor Patrick came back into the studio with poor posture wearing an untucked T-shirt and jeans. He was a bit grumpy and reluctant to take the first dance step with her.

"Now I see him every day. I was moved to tears when Patrick, wearing his smooth Doré vest and pants with proper ballroom shoes, accepted the Wisconsin State Top Newcomer Male trophy award at his first competition," reflected Nadine.

"How do you think dance changed you?" I asked Patrick.

"I am learning something new each day, and the physical and emotional benefits follow. I have a life now. I feel younger and valued. My work associates feel I am now a pleasant boss and easier to work with. Dance has offered me health and social outcomes that no pill can provide," Patrick replied.

Nadine and Patrick have not only competed but have also danced at various showcases. The most recent one was the Winter Showcase at Cinema Ballroom. They danced East Coast Swing to "All I Want for Christmas Is You," West Coast Swing to "Santa Baby," and a foxtrot to "Mr. Grinch."

Patrick also encouraged his grandchildren Camron (5) and Tanner (8) to perform at the event, making their debut as little grinchies. Patrick wishes that he would have started dance earlier in life, and the last event gave him the opportunity to introduce dance to his grandchildren.

"Losing a bet was the best thing that ever happened to me. I want to say a special thank you to Nadine, my dance instructor, and to Dennis Omen, who is currently sailing around the world. He will be surprised to know that I am still dancing," Patrick beamed. ■



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Local Celebrities Dance for a Cause

Former state senator Ember Reichgott Junge and Dancers Studio dance instructor Chris Kempainen were thrilled to be named champions of Let's Dance 2011, a celebrity dance competition with an important mission.



Chris Kempainen and Ember Reichgott Junge performing foxtrot to "New York, New York."

Held on November 12th at the St. Paul Hotel, the competition benefited CornerHouse, a nonprofit that protects children, teens, and vulnerable adults from physical, emotional and sexual abuse.

The competition results were based half on the purchase of votes before and during the event, and half on dance scores. The dance instructors present each donated fifteen hours of dance instruction to get their celebrity students in competitive shape.

Deanne Michael of Beyond Ballroom Dance Company served as the professional dance judge along with judges Jason Matheson of Fox 9 Morning News and Hennepin County Attorney Mike Freeman.

Competitors included:

- Ember and Chris;
- Fox 9 Medical Expert Dr. Archelle Georgiou with Four Seasons Dance Studio Instructor Bruce Abas;
- KS95's Dez with Tropical Ballroom's James Wood;
- KSTP Meteorologist Patrick Hammer with Tricia Wood of Tropical Ballroom;
- Hennepin County Sheriff Rich Stanek with Katie Ressie of Dancers Studio;
- Dorsey & Whitney Law Firm Attorney Tom Tinkham with Dancers Studio's Maria LaNave-Johnson.

The successful CornerHouse event was sold out, netting over \$73,000 to help children and others voice their stories of abuse and hold perpetrators accountable. ■



From left to right: James Wood, Dez, Patrick Hammer, Tricia Wood, Rich Stanek, Tom Tinkham, Ember Reichgott Junge, Chris Kempainen, Bruce Abas, and Dr. Archelle Georgiou.

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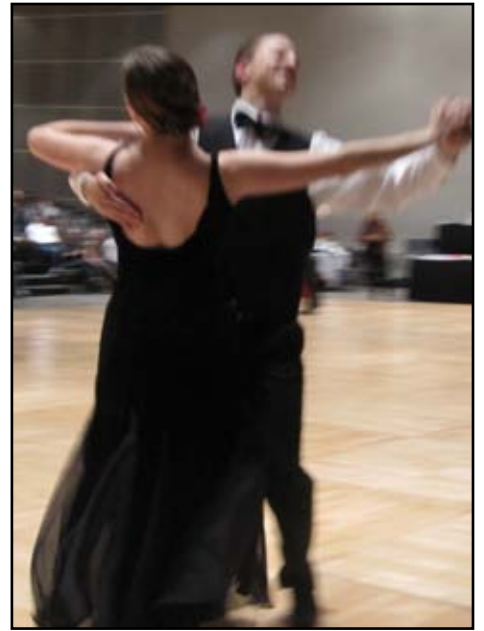
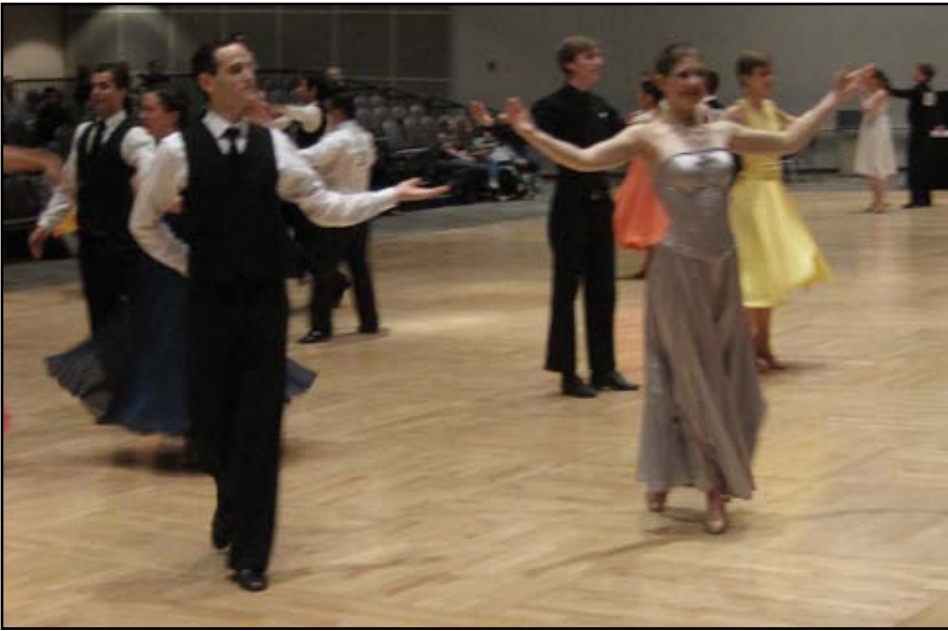
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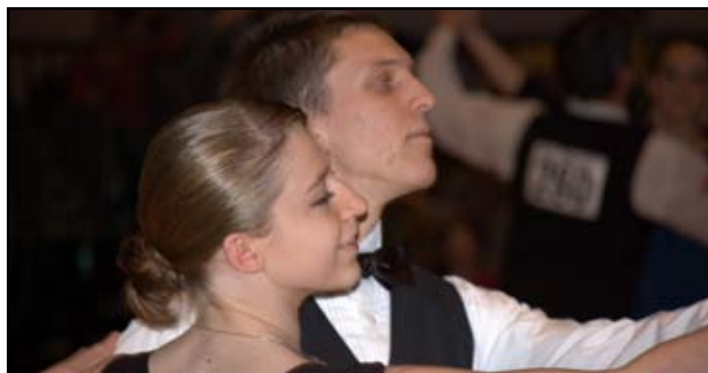
This activity funded, in part, by the Minnesota Arts and Cultural Heritage Fund as appropriated by the Minnesota State Legislature with money from the vote of the people of Minnesota on November 4, 2008



Photos from Ohio Star Ball by Matt Crane and Theresa Kimler

The U of M Goes to Ohio

by Etta Berkland



When asked about her experience at the 2011 Ohio Star Ball National Collegiate Championships, University of Minnesota freshman Katarina Karlen simply said, "It was surreal."

At their very first national competition, she and her partner Andrew Morley took 1st place in Newcomer American Waltz and Foxtrot, and 4th in Newcomer American Tango. The couple was thrilled. "I didn't expect to do nearly as well as we did. I just expected to have fun!" said Karlen.

And they did have fun. "I loved the energy and seeing all the different people from different places," added Morley. "It was fun to be a part of. It was fun to get to see all our group members finally performing after seeing them practice so hard for so long."

The U of M team had indeed been working up to this competition for quite some time. The Ohio competition last year opened students' eyes to the world of competitive collegiate ballroom and inspired many to change their dance approach. In fact, it should be noted that several hours of the bus ride returning from the competition last year were devoted to a conversation discussing improvements the team could make in order to "beat Michigan."

At the beginning of the fall semester, half of the dancers on the U of M team had been a part of this conversation—they knew what to expect and, consequently, had formed expectations. "Personally, I wanted to see how much I improved compared to last year," said junior Corissa Ranum. She and her partner Michael Kasinkas had been the only couple to place at Ohio last year, winning 6th in Newcomer American Waltz. This year, they placed 8th in Bronze Standard Waltz/Quickstep and 1st in Bronze Standard Foxtrot.

The other half of the team was comprised of relatively new dancers who had only competed once before at Minnesota Madness. Everyone, however, went onto the dance floor knowing the scale of the competition and hoping for the best. "I heard it would be pretty competitive, so I didn't

have super high expectations," Morley said. "But I hoped to make callbacks in at least some dances."

After a 16-hour bus ride (and hitting Chicago rush-hour on a Friday), students went up to their hotel rooms, organized the shower schedule, and crashed into bed for as few as three hours of sleep—or, according to Karlen, "just enough [sleep] to be slightly functional the next day."

The U of M group had one of the longest commutes of all the teams at the collegiate competition. They entertained themselves on the bus with homework, sleep, good conversation, and Disney movies.

On Saturday morning, the group noticed a difference almost immediately between this competition and the previous year's. Starting with Karlen and Morley's victories in Newcomer Smooth, team members went on to place in Bronze Smooth, Bronze Rhythm, Newcomer Standard, and Bronze Standard over the two-day period.

"We were definitely more successful as a team this year," said club President Katie Menk, who placed 4th in Bronze American Foxtrot with her partner, Luis Martinez. Menk attributes this success to both the team's fantastic coaching and their partnering method. "We find that our beginning dancers advance much more quickly if they have an advanced dancer to work with on a regular basis," explained Menk. "We try to pair each dancer with one experienced dancer and one beginning dancer." This sometimes produces unexpected results. "The opportunity to teach my beginning partner has ultimately taught me more than I otherwise would've learned," said Menk of her personal experience with the arrangement.

Another contributing factor to the improvement seen in the U of M team this year seems to come from within the team itself. Team member and website coordinator Daniel O'Connell said, "I felt the team represented itself better, and I felt that the team did its best to help contribute to individual couples' victories: having water and snacks prepared for people as they got off the floor, experienced dancers giving inexperienced dancers advice on how to improve from their previous heats. Everyone on the team did their part to maximize each couple's individual chances for success, not to mention the prep work before of helping with hair, costuming, etc."

For every couple that made it to the finals floor, there were at least two other team members helping them between rounds and the majority of the team cheering for them in the audience during rounds. George Chao, in his third year of competition at Ohio, noticed this difference as well. "As it was my third year there, I was no longer surprised by the size of the convention center nor awed by the number of teams," he said. "I remember that, in the past, I would sit there bored during the long stretches of wait in between my dances. However, this year, I spent almost all of that time cheering for my teammates in Newcomer, looking for their

numbers during callbacks, and running up to them in line to give them advice (for what it was worth). It was certainly a whirlwind of activity." The competition this year was notably a team effort.

There was one aspect of the Ohio Star Ball that did remain consistent this year: its power to inspire. The U of M team is excited about dancing more than ever since the competition. "The more I compete, the more I like it," said Menk. "It's just so much fun to go out there and give it your all."

Certain members of the team are already looking forward to the team's next competition, Star of the North DanceSport Classic, in February. "I'm particularly excited to compete at the new location," O'Connell noted. "[At OSB] I learned how I can better manage my energy levels and focus to produce better dancing throughout the competition." He and the rest of the team are awaiting the opportunity to incorporate the lessons learned at Ohio into the practical and competitive aspects of their dancing.

Although proud of their accomplishments in Ohio, many members interviewed noted the room for growth, and all are anticipating the opportunity to discover how much they can improve and progress in the future.

University of Minnesota Results from the Ohio Star Ball National Collegiate Championships:

- Newcomer American Waltz – 1st place – Andrew Morley and Katarina Karlen
- Newcomer American Foxtrot – 1st place – Andrew Morley and Katarina Karlen

- Newcomer American Tango – 4th place – Andrew Morley and Katarina Karlen
- Bronze American Waltz/Tango – 5th place – Daniel O'Connell and Rosemary Phelps
- Bronze American Foxtrot – 2nd place – Daniel O'Connell and Rosemary Phelps
- Bronze American Foxtrot – 4th place – Katie Menk and Luis Martinez
- Bronze American Viennese Waltz – 3rd place – Andrew Morley and Etta Berkland
- Bronze American Mambo – 7th place – Daniel O'Connell and Amanda Cecil
- Newcomer International Quickstep – 1st place – Andrew Morely and Mollie O'Meara
- Newcomer International Tango – 6th place – Andrew Morely and Mollie O'Meara
- Bronze International Waltz/Quickstep – 5th place – George Chao and Etta Berkland
- Bronze International Waltz/Quickstep – 8th place – Michael Kasinkas and Corissa Ranum
- Bronze International Tango - 6th place – George Chao and Etta Berkland
- Bronze International Foxtrot – 1st place – Michael Kasinkas and Corissa Ranum

The U of M team would like to thank their coaches, their officers, and their teammates for a wonderful competition, as well as recognize the generous support of USA Dance and the greater Minnesota Dance Community. ■

Photo from Ohio Star Ball by Matt Crane and Theresa Kimler





Photos from Ohio Star Ball by Matt Crane and Theresa Kimler



SATURDAY, MARCH 10

Competition
11am-5pm

Dinner, Dancing
and Show
6pm-11pm

SUNDAY, MARCH 11

Seminars and coachings by
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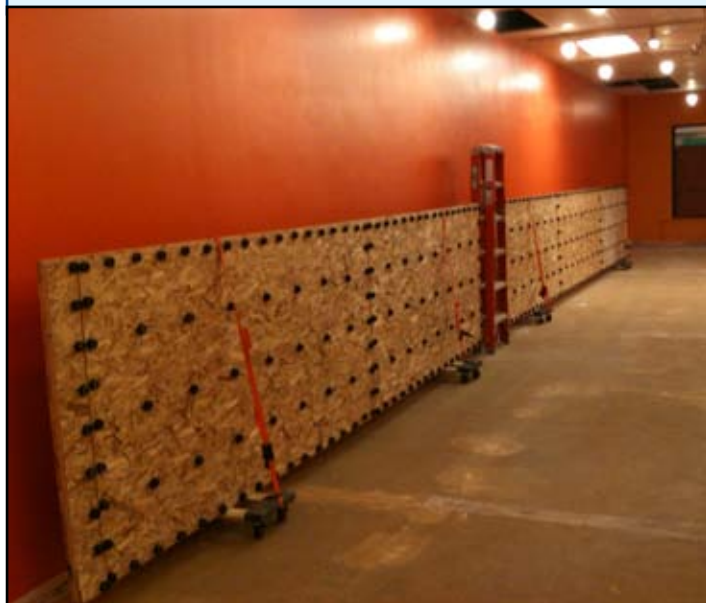


Dance Soup

Tropical Ballroom has been named Business of the Year by the Woodbury Chamber of Commerce! They will be presented with the award on Friday, January 20th, 2012, at the Woodbury Chamber Gala held at the Prom Center in Oakdale.

What a great way to celebrate moving into their new space just down the hall in Valley Creek Mall.

Here's a sneak peek at the new space:



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Gentlemen Lead

By Jack Munday



We have just returned from the second USA Dance Cruise and are refreshed and excited about dancing, as expected. We even learned how to make lemonade.

Actually, the first night onboard the cruise ship, there was a dance. The dance floor could have been a bit larger, and the dancers could have been more aware of others on the dance floor. To its credit, the USA Dance staff and instructors repeatedly reminded us all that social dancing requires a different approach from performing. For example, at the start of a rumba lesson, instructor Mary Simler Evans demonstrated some of the dancing that can and does lead to a different tension from that feeling when the partnership frames are joined in a delightfully performed pattern. Instead, she called them “lemon” patterns.

Also, they say that dancing is a partnership between a leader and a follower, but on shipboard, with 40-mile-per-hour winds whipping up the swelling seas, there is a third component that can provide a gentle (or not-so-gentle) lead into a pattern not anticipated by either partner. The seas also provide for what instructor Mary Simler called a “lemonade” lesson. We’ve all heard how life can be better if we make lemonade from the lemons we encounter in life.

In one of the foxtrot lessons on the cruise, instructor Nathan Simler, who happens to be Mary’s brother, focused on the use of a left rock turn and a hesitation step to be used when the line of dance is blocked. Seems simple enough.

I imagined that I was waltzing down the line of dance with my partner, and the couple on my right was parallel with me. I noted that they had just done a natural and looked

like they would then dance the reverse, perhaps moving directly into us, especially if I did the natural that I planned next. So hoping no one was too close behind me, I changed into a developé, and they went on down the floor. Now I could do the natural and take their place in the line of dance.

Another advantage of going on annual cruises and other dance events is that we can measure our progress. This year, I felt much more confident and comfortable as a result of the many hours working on my frame and posture in my lessons with Monica. Fran felt her balance had greatly improved, and she, too, has felt the improvement she has worked to achieve.

Being with other dancers is a nice feeling, and so many of those we met on the cruise immediately became friends. Our common pleasure on the dance floor opened the door to delightful conversations. And I learned something. Do you know why the right turn in the waltz is called the natural? Because turning clockwise is natural. Counterclockwise, or left, is reverse. Now it makes sense.

We’re home and getting back into the routines of our lives. See you on the dance floor.

*John S. Munday is a writer and lawyer who lives in Isanti County, Minnesota, with his wife Fran. Together they began ballroom dancing at Cheek To Cheek Studio. Jack is a student of Monica Mohn. Jack’s new book, *Beauty In Partnership, A Memoir of Ballroom Dancing*, is available at www.johnsmunday.com and at several dance studios.* ■

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Competition Calendar

Jan 12 - 14, 2012

The Snow Ball

Hosted by Donna Edelstein at the Minneapolis Double-Tree Park Place. www.thesnowballcomp.com

Jan 13 - 15, 2012

Manhattan Amateur Classic (MAC) - NQE

Hosted by Greater New York USA Dance Chapter #3004 at Manhattan Center. Qualifying event for 2012 Nationals.

Jan 14 - 15, 2012

Northwest DanceSport Championships - NQE

Hosted by Seattle, WA USA Dance Chapter #1004. Qualifying event for 2012 Nationals.

Jan 21, 2012

Royal Palm Winter Frolic Extravaganza

Hosted by Royal Palm USA Dance Chapter #6016 in Coconut Creek, FL.

Jan 21, 2012

PDX Ballroom Classic

Hosted by Portland, OR USA Dance Chapter #1006. Will not accrue proficiency points and may not follow all rules in the rulebook.

Feb 4, 2012

USA Dance Southwest Regional - NQE

Hosted by Orange County USA Dance Chapter #4018 at Clubhouse Five in Laguna Woods Village, CA. Qualifying event for 2012 Nationals.

Feb 18 - 19, 2012

Derby City DanceSport Championships - NQE

Sponsored by Greater Louisville USA Dance Chapter #2021 in Louisville, KY. Qualifying event for 2012 Nationals.

Feb 25 - 26, 2012

Mid-Atlantic Championships - NQE

Hosted by Mid-Eastern USA Dance Chapter #6001 in Bethesda, MD. Qualifying event for 2012 Nationals.

Feb 25-26, 2012

Star of the North DanceSport Classic

Marriott Minneapolis West. <http://www.sotncomp.com>

Mar 16 - 17, 2012

Steel City Classic Dancesport

Hosted by Rozana & Terry Sweeney of Art & Style Dance Studio in Pittsburgh, PA.

Mar 30 - Apr 1, 2012

2012 National DanceSport Championships

USA Dance 2012 National DanceSport Championships to be held at the Renaissance Harborplace Hotel in Baltimore, MD.

May 12 - 13, 2012

Columbia Star Ball - NQE

Organized by Mark W. Tabor and Tiffanie Rhodes to be held in Portland, OR. Qualifying event for 2013 Nationals.

May 18-19, 2012

Minnesota Star Ball

www.MNstarball.com

Jun 29 - Jul 1, 2012

Gumbo DanceSport Championships - NQE

Hosted by Louisiana Gumbo USA Dance Chapter #5031 in Baton Rouge, LA. Qualifying event for 2013 Nationals.

Jul 28, 2012

River City Ball

Hosted by Portland, OR USA Dance Chapter #1006. Will not accrue proficiency points and may not follow all rules in the rulebook.

Oct 5 - 7, 2012

Carolina Fall Classic - NQE

Organized by Wayne & Marie Crowder in Greensboro, NC. Qualifying event for USA Dance 2013 Nationals.

Nov 2 - 4, 2012

Chicago DanceSport Challenge - NQE

Hosted by the Chicagoland USA Dance Chapter #2001. Qualifying event for 2013 Nationals.

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Star of the North

Dancesport Competition

February 25 & 26, 2012

*Marriott Minneapolis West,
St. Louis Park, MN*

More at: www.sotncomp.com



ASK DR. DANCE

Donna Edelstein is a popular coach, judge, and organizer of the Snow Ball DanceSport Competition. Paul Botes is an accomplished dance instructor, coach, choreographer, and judge who has produced many nationally titled students and couples. He is an owner of American Classic Ballroom, located in Chanhassen, MN. Submit your questions to Dr. Dance: newsletter@usadance-mn.org.

Q

I compete am/am with a regular dance partner. We seem to always do our best dancing at dance practice and our worst dancing at competitions. I know that nerves play into this and that having so many couples on the floor adds a different dynamic, but I'm looking for some tips on making our dancing at competitions the best dancing we do. Is there something we should be doing in the weeks leading up to a competition that might help? Is there something we should be doing the day of the competition?



He said:

Competing is a different skill from dancing in a studio. In the weeks leading up to a competition, it would help if you danced rounds without stopping. At a competition, it is wise to refrain from observing your competitors, as it will cause you to second-guess your skills and lead to trying too hard. If you have a chance to get on the floor before the competition starts, it will help to settle you down. Just knowing that your material fits sometimes calms you down. Trust your training and

do not try something new to impress the judges. More than likely, you will not, and the results will bear that out. Good luck!

She said:

Everybody that competes experiences some level of nerves. It can manifest as tension in the body, change of mood, sleeplessness, upset tummy, inability to eat, etc. What happens as we become more experienced competitors is that we recognize the ways that we get butterflies and learn to deal with them. Having a pre-competition routine that calms you is a great way to start. It could be slowing your breathing, doing yoga, taking a hot bath, going through the movements of your dancing with or without your partner, or simply listening to music that you love. Find what works for you.

When I competed, I liked to be quiet and inwardly focused before going out on the floor. My partner liked to chat and joke with the people around him in the on-deck area. We both realized what we had to do and did "our thing" before going onto the floor.

In terms of feeling comfort on the floor, competing frequently is key. When you are at a competition, try to maximize your floor time. Dance in as many showcases and local competitions as you can so that competing and performing becomes a friendly feeling, not a strange one.

Make a point of practicing rounds during a busy time at your studio so that you experience traffic and learn to think quickly. If being in costume feels uncomfortable or constraining, make sure to practice in your costume prior to the competition.

Everyone wants to dance their best at a competition. The reality is that sometimes you will and sometimes you won't. As you gain more experience, you'll produce a greater percentage of high-quality performances. Think about entertaining your fans and not competing and see what happens.

As a judge, I can tell you that we want everyone to dance well. We are rooting for all of you, not looking for your mistakes.

Ultimately your training prepares you for consistency. The more consistent your dancing becomes, the more you will be able to enjoy your floor time. In the end, we dance because we love it, it feels good, and it's fun. When you are at the competition, try to be in the moment—enjoy your partner and each movement you make. The rest will follow with time and practice.

Donna Edelstein donnawrites@msn.com 763-557-6006 ■



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SWAPLINES

➤ **Contact Anne @ 612.280.7818**

Everyone loves a blue gown and this one is a beautiful double-duty gown. American style or converts for International. Long sleeves, off-the-shoulder, lovely hem detailing that really shows movement, multiple shades of blue really pop. Made by Marsha Wiest-Hines. Sz. 6-10
Striking black and hot pink American style gown. Sexy while still being covered up. Feminine while still being bold and strong. Whatever your vision on the floor this one has it covered. Light weight and effortless to dance in. The bottom of this dress dances unbelievably taking your movement and showcasing it to the max. Made by Marsha Wiest-Hines. Sz. 6-10

➤ **Contact Jean @ 952-922-7425**

Ladies dance shoes size 11 narrow width, 1½" heels, silver. Only worn a few times. \$60.

➤ **Contact Jeff @ 320 266 4137 or jeff@studiojeff.com**

New women's dresses for sale \$200 to \$400 size small. Pics at www.studiojeff.com.

➤ **Contact: diana.fu2@gmail.com or 952-288-6159**

Latin, rhythm, salsa Dress, Size 0-6, brand new, piquant red color, sensual fringes show movement, open back with straps that can tie into various patterns, built in bra. \$380, negotiable.

➤ **Contact Cheri at 763-544-6724 or artcheri@aol.com**

Size 2-6 prices \$500-\$700 American smooth gowns. Contact Cheri for details and pictures.

➤ **Contact Stacie @ 612-251-8108 or SPIERSON0081@yahoo.com**

Purchase, rent to own or weekend rental available. Pictures available.

Seafoam green latin/rhythm dress. Short playful skirt. Includes matching bracelets, choker and ear-rings. Sizes 0-6. \$1,950.

Black latin/rhythm dress with bugle beads and Abs. Dress worn on Dancing w/ Stars and in Take the Lead. Size 0-6. \$1,850.

Black Lace with peach underskirt smooth gown. Entire dress is lace, long sleeves, open back. Skirt slit in back. Worn on dancing w/ Stars. Size 0-6. \$3,150

Deep Purple rhythm/latin dress. Skirt has some movement. Sexy but covers your sides. Size 2-8. \$2,750

Fusia Smooth Gown. High slight on side, open back. Including jewelry. Worn on Dancing w/ Stars. Size 4-8. \$2,350

Blue latin/rhythm dress. Full flowing skirt. Matching jewelry. Made for a larger chest. Size 6-8. \$2,450.

Black and Rose Print Standard Gown. Full sleeves, large floats. Size 0-4. \$2,950

Lady Supadance latin shoe, 2.5" heel, fits an American 5 ½-6, never worn, style #1066, sell for \$151 asking \$75.

➤ **Contact Theresa at theresakimber@yahoo.com or 651-773-3511**

Size 2-6: Royal Blue Beauty Smooth Gown. Navy blue dress covered solid in rhinestones in different shades of blue. Gives an ultimate shimmer and looks almost royal blue on the dance floor. Fox fur cuff on left arm, long sleeves, slimming fit. Made by Randall Designs. Championship dress. Pics avail. \$2800.

Size 2-6: Black Elegant Smooth Gown. Black mesh peeks through an intricate overlay for a stunning look. Cobalt blue rhinestones, necklace, earrings complete the intrigue of this dress. Long sleeves, one arm with fox fur cuff. See photo in April 2010 issue, page 21. \$2400 pics avail.

➤ **Contact AnnaMaria @ 612-280-6869 or annamariagregerson@comcast.net** Retiring from competitive dancing, selling my gowns, rhythm dresses, and accessories. Wide variety of smooth gowns and latin dresses.

Princess White Championship Gown, beautiful white lace one-piece, chiffon layered skirt, multicolored AB stones with flower details, open back, accessories available, Marsha Wiest-Hines designed, asking \$1300.

Black smooth gown gives great movement on the floor. Open back, V-front straps, hand-sewn pearls, Swarovski crystals size 6-8, newly offered, asking \$1250.

Yellow smooth gown to Show your beautiful back, elegant, size 4-6, covered with Swarovski crystals, great movement on the floor, newly offered. asking \$1000.

Fuchsia rhythm dress (size 2-8) bell sleeves, open back, asymmetrical/slit open shows leg movement, AB stones, beautiful low back, accessories available, asking \$500.

Sexy-hot Yellow rhythm dress, stunning yellow with contrasting royal blue appliques, AB and Swarovski stones, you will be noticed!, accessories available, asking \$1200.

Light pink rhythm dress, bust covered in Swarovski crystals and sequins. For those who Dare to Bare tastefully. Open back, halter top, one of a kind. Asking \$1,800.

Gorgeous black rhythm dress, size 6-8, open back, really shows great legs, tons of AB and Swarovski stones, 3 layers of black hand-beading/asymmetrical, will be noticed. Asking \$1275.

Many more showcase gowns/dresses, and evening wear. Sizes 4-8, some 10-12. Gorgeous accessories to help you shine on the floor. AB and Swarovski hair jewelry / earrings, necklaces, bracelets, rings. Affordable.

➤ **Contact Janie @ 763-797-5230 or janienordberg@comcast.net**

Georgious Peach Championship Gown. This dress is one of a kind! Beautiful open back, stretch satin skirt with godets add fullness to movement. Fully stoned bodice and elegant gloves to match! Like new! Made by Marsha Weist Hines. Size 2-8. Asking \$1200. Pics available.
Newly Offered! Beautiful Pink/Metallic Gold Smooth Gown. Very feminine look with lace trim on neckline, bodice, long sleeves and hems. Full coverage in AB multicolor stones! Like new - worn only twice! Size 2-8. Asking \$1100. Pics available.

Elegant Black Championship Gown, luxurious maribu boa on hem & neckline. Beautifully designed with open back and long sleeves, shows off curves. Covered in AB multicolor stones. Size 2-8. \$1100 obo. Pics avail.

Black Gown with Hot Orange & Yellow Accents. Stunning gown has fiery orange and yellows accents drapes on long sleeves, bodice and chiffon layers of skirt, sexy slit shows off legs, beautiful color rhine stones. Size 2-8. \$800 obo. Pics available.

Sexy Pink & White Rhythm Dress! This stunning dress has tons of stones, beautiful pearl beading & flirty skirt! Bracelets, necklace, and accessories included. A showstopper! Size 2-8. Asking \$700. Pics avail. More gowns available to purchase and rent. Payment plans accepted.

➤ **Contact Joan @ 6123864174 or jdazer@comcast.com**

FOR SALE: 1 pr DANSport t-strap rhythm shoes, size 3 1/2 European; 2" flare heel worn approx. 10 times. Price: \$40.00; original price \$145.00.

1 pr Kelaci Eminence 3 rhythm shoes, size 5 1/2 European; 2 1/2" flare heel worn once. The Kelaci shoes are very

very flexible. Price: \$75.00. Original price \$155.00.

Also one pair of nude court shoes with clear bands, size 7 or 7 1/2 American; 2". Worn less than 10 times. Price: \$50. Original price \$150.00.

FOR SALE: Designed by Doré. Beautiful Royal Blue Smooth Gown. Size 6-10. Bodice is encrusted with blue and green AB stones. Long sleeves. Skirt has godets and moves very elegantly. The skirt is royal blue with a green underskirt. Earrings included. Original price of this gown was \$3800. Price slashed to \$1400.

➤ **Contact janislivi@msn.com for the following:**

Super sale on many ballgowns. Under 5'3" and 130 pounds? try these:

The Millenium Gown, Silver sparkle all over, white sheer netting on sleeves with AB stones, peridot stones, and crystal stones scattered. Zipper entry. hand washable. asking \$300.

The Tangerine Dream Gown, neon tangerine color stretch lycra, swimsuit entry, AB stones, floats, hand washable. Asking \$125.

The Genesis Gown, neon yellow, orange roses, yellow stoning, yummy to wear, swimsuit entry, smooth/standard floats. hand washable. \$125. May sell Pink Champagne Gown for the right price.

➤ **Contact Shannon xin9264@hotmail.com (651)230-8901(c)**

Design Dress by Vesa, One-of-a-kind dress yellow stretch velvet drapes elegantly in front and back. Covered in crystal and citrine rhinestones. Large citrine rhinestones and other decorative beads accent shoulders and panel at front and back, beneath the waist. Also large gold pallettes on the panel. A fringe skirt in front and back creates movement. Sides open to show off lines. Matching wristband, headband, feather hair accessory inc. Worn once by British prof rising star. Fit 0-6, 5'1"-5'5". Asking \$950.

➤ **Wanted: Tailsuit.** College student looking for a used men's dance suit or tail coat set, 6'0" 150#, approx. size 37L. Contact Andreas at 651-983-5348 or amantius@comcast.net

➤ **Contact Sherri Earley at 651-271-7690 or wwp2005@gmail.com**

Red salsa or Latin beginners dress. Can fit anywhere from a 2 to 6. Adorned with black, silver & gold disc bangles. Comes with matching earrings & arm bands. Email for photos. \$75/obo.

Black beginners Smooth gown. Fits a ladies size small/2-4. Skirt is 3 layers. Red and silver stones. Optional black gloves can be included, \$10 extra. Email for photos. \$75/obo.

➤ **Contact Janet @ 763-389-9038 or kneadmyspace@yahoo.com for photos**
Gently used International latin dance shoes, size 7.5, dyed beige strappy heels. Great deal at \$40 plus will throw in a free pair of fishnet tights!

➤ **Champion dance dresses, Jennifer Foster at 952-938-0048**

➤ **Contact Lisa Wu at 651-278-4434 or lisa_wu_us@yahoo.com**

Green & blue rhythm dress sz. 4-10 green body & skirt with blue belt, lots of rhinestones all over, matching arm/wrist bands. Great for new competitor! \$300 nego.

Purple & white Smooth Gown. Sz. 6-10, \$300

New Latin & Ballroom Shoes for sale, sz. 7, 8 & 9 \$40

➤ **Contact Bernice at 952.936.2185 or 952.545.2989**

DANCE SHOES FOR SALE: ladies' smooth-dance closed-toe pumps, size 8 or 8 1/2, flesh-colored, worn once, Capezio DanceSport brand, \$50, also some RHINESTONE JEWELRY available for sale

Swaplines is a monthly feature offering members and subscribers the chance to sell their dance merchandise. Advertisements for partnerships are not published in this column. Submit Swaplines ads to newsletter@usadance-mn.org. Please include your area code when submitting advertisements for Swaplines.

Cafe Bailer Dance Club.....(612) 600-5129
2nd Saturdays at Tropical Bllrm, Valley Creek Mall, 1750 Weir Drive, Woodbury, MN 55125. 4th Saturdays at Retro Bllrm, 5810 W 36th St, St. Louis Park, MN 55416. Lesson 7:30-8:30 pm. Dance 8:30-12 am. \$10, or \$8 members. Membership \$20/yr. www.cafebailer.com or tricia@cafebailer.com

Cheek to Cheek Ballroom.....(763) 755-3644
www.cheektocheekdancestudio.com 11415 Foley Blvd. NW, Coon Rapids. Harry Benson.

Cinema Ballroom.....(651) 699-5910
www.cinemaballroom.com 1560 St. Clair Ave., St. Paul, MN, Dancing Fridays to DJ music and Every Sunday to Live music. Lesson 8-9 pm; Dance 9-12 am. See website for details or e-mail info@cinemaballroom.com

Classic Ballroom.....(763) 519-1314
www.classicballroomdance.com 4228 Lancaster Lane No, Plymouth 55441 (Four Seasons Mall - Cty Rd 9 west off Hwy 169) Dance parties: 1st & 3rd Friday of every month: 7:10 pm - two group classes (1 for newcomers; 1 for bronze level and up); 8-9 pm party follows! Cost: \$15/group & party, \$10/party only.

Club Salsero @ Cinema Ballroom.....651.699.5910
1st Friday Latin Dance Party, \$15 for lesson & party; students with ID receive discount at door.

Dancers Studio.....651-641-0777
www.dancersstudio.com 415 Pascal Street North, St. Paul, MN 55104

E.R.V. Dance Studio.....952-303-3339
816 Mainstreet, Hopkins, MN 55343, www.ERVdancestudio.com

Fred Astaire Dance Studio.....651-451-6300
5300 S Robert Trl, Inver Grove Hts, MN 55077, www.FredAstaireMN.com, invergrovemn@fredastaire.com

Liola-La Bodega.....(612) 823-2661
Lyndale & Lake Street, Minneapolis; Sundays and Mondays SALSA and Latin Dancing Costa Rica-style; Brought by ERVentertainment & Tico Baila (612-240-9053)

Loring Pasta Bar
www.loringcafe.com/pastabar Sunday nights have tango or other latin music from 6-9 pm.

Medina Entertainment Center.....(763) 478-6661
www.medinaentertainment.com 500 Hwy. 55, Medina 55340.

MN West Coast Swing Dance Club.....(651) 487-6821
www.mnwestcoastswingdanceclub.com B-Dale Club, 2100 N. Dale St., Roseville. Dances 2nd & 4th Fridays. Lesson 7:30 pm, Dance 8:30 pm. \$5/WCS members, \$8/non-members.

Naar Grille Salsa Night.....(952) 946-6227
11528 Leona Road, Eden Prairie. Every Friday is Salsa Night from 10 pm-2 am.

On Your Toes School of Dance.....(952) 928-7803
1st Sat & 4th Fri Ballroom Dances. www.onyourtoes.org and info@onyourtoes.org 5810 W. 36th St., St. Louis Park, 55416. Jeff and Cindy Nehrbass.

Rebels Swing Dance Club.....(952) 941-0906
www.tcrebels.com New location for dances: Social Dance Studio, 3742 23rd Ave. S., Minneapolis; 1st & 3rd Sunday Dances; 7-10:30 pm; \$7/members; \$11 non-members.

Rendezvous Dance Studio.....(612) 872-1562
711 West Lake Street, Ste B, Minneapolis, MN 55408 www.theplacetodance.com

Social Dance Studio.....(612) 418-4046
www.socialdancestudio.com 3742 23rd Ave. S., Minneapolis, 55407

Suburban-Winteret Dance Club.....(952) 894-1424
www.suburbanwinteret.com

Tango Society of Minnesota.....(763) 576-3349
www.mntango.org Location for 2nd Saturday dances: ERV Dance Studio, 816 Main St., Hopkins; Lesson 8 pm; Dance 9 pm - 1 am \$10.

Tropical Ballroom.....(651) 414-0644
www.tropicalballroom.com 1750 Weir Dr., Woodbury, MN 55125 (inside Valley Creek Mall); James & Tricia Wood.

Universal Steppers Dance Club.....651-783-6619
www.universalsteppers.net MLK, 271 Mackubin Street, St. Paul 55102. Thursday class 6-8 \$5. Tuesday practice 6-8 pm. Donations accepted.

Dance Contacts

Studios/Instructors

American Classic Ballroom, Chanhassen.....952-934-0900
Paul Botes, Andreas Mantius, Natalie Palmer
Arthur Murray Dance Studio, St. Paul.....651-227-3200
Scott Anderson 612-816-4446
Ballroom & Wedding Dance Studio, Minneapolis.....612-371-0300
Harry Benson 763-843-2285
Gene Bersten 763-234-8656
Klaudyna Borewicz 612-203-9123
Cheek to Cheek Studio, Coon Rapids.....763-755-3644
Cinema Ballroom, St. Paul.....651-699-5910
Jonathan Chen, Dustin Donelan, Michelle Hudson, Eric Hudson, Kristina Lee, Kirsten McCloskey, Nadine Messenger, Shane Meuwissen, Martin Pickering, Douglas Wallock
Dahl Dance Center, Rochester.....507-252-1848
Dance with Us America.....612-564-5483
Gene Bersten, Elena Bersten, Andreas Mantius
Dancers Studio, St. Paul.....651-641-0777
Christine Hallberg, Jeff Halverson, Gordon Bratt, Kathryn Bratt, Bonnie Inveen, Chris Kempainen, Troy Lerum, Maria LaNave-Johnson, & Russell Hunter
Nathan Daniels 763-545-8690
Joy Davina 612-353-4445
Jennelle Donnay 651-357-2060
Donna Edelstein 612-910-2690
E.R.V. Dance Studio.....952-303-3339
Elicier Ramirez-Vargas, Rebecca Dahlquist-Eckhoff, Rachelika Baruch, Will Weaver, Soodi Pessian
Four Seasons Dance Studio.....612-342-0902
Rebecca and Bruce Abas
Fred Astaire Dance Studio.....651-451-6300
Esther Granbois 612-872-1562
David Hanson 218-722-0742
Julie Jacobson 651-261-6442
Tony Karadjov 612-203-5429
LaDanza Dance Club Stillwater.....651-439-3152
Mark or Wanda Bierbrauer
Jay Larson 651-387-3886
Tom Larson 612-371-0300
Deanne Michael 612-508-9255
Monica Mohn 612-874-0747
Jeff & Cindy Nehrbass 952-928-7803
Mariusz Olszewski 612-242-5159
On Your Toes, St. Louis Park.....952-928-7803
Jeff & Cindy Nehrbass, Elly Mae Toupin, Laurel Behning, Julie Delene
Todd Paulus 612-353-4445
Rendezvous Dance Studio.....612-872-1562
Mary Rosenstiel 612-720-2584
Social Dance Studio, Minneapolis.....612-418-4046
Joy Davina, Todd Paulus
Alex Spencer xelaspencer@gmail.com or 646-338-4770
StudioJeff, St. Cloud, Jeffrey Ringer.....320-266-4137
Tropical Ballroom, Woodbury.....651-414-0644

Services

Made for Movement: costume design, production, tailoring (Marsha Wiest Hines) 952-595-0003
Oh Sew Special: tailoring, alterations, redesign (Susan Richardson) 952-746-5539
Satin Stitches Ltd.: custom designed dancewear (Deborah J. Nelson) 763-323-9507 or 1-800-48SATIN

Clubs

Aqua Gliders Dance Club 612-869-3062
Café Bailer 612-600-5129
LaDanza Dance Club Stillwater 651-439-3152
MN West Coast Swing Dance Club 651-426-8658
REBELS Swing Dance Club 952-941-0906
Tango Society of Minnesota 763-576-3349
Universal Steppers Dance Club 651-783-6619
USA Dance, Minnesota Chapter 651-483-5467

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