

MINNESOTA DANCING TIMES



A publication of the Minnesota Chapter 2011 of USA Dance

August 2008

Twin Cities Open 2008



Photo by Park West Photography

*Cathy Dessert shines with
Pro Paul Botes at TCO!*

*Watch for more photos
next month!*

Inside this month's issue...

All About Twin Cities Open, forDansa Fund Raiser, and more!



Dancers Nite Out



- Fr-Sa 8/1-2 **GRAND OPENING PARTIES** at new location for Social Dance Studio, 3742 23rd Ave. S., Mpls (Salsabrosa Band on Aug 1; Variety Dance Party on Aug 2); FMI: call 612.353.4445 or www.socialdancestudio.com
- Su 8/3 Chanhassen Dinner Theatre presents "Swing" a fun musical!! Tropical Ballroom is organizing a group to go (tickets \$40 each for dinner and show); contact Tricia Wood at 651.414.0644 for more information. Show runs from 8/1-17/08 so check it out by calling 952.934.1525 if you can't make it on 8/3/08.
- M-F 8/11-15 Kids' Summer Camp "Mad Hot Ballroom" – come and check it out at the Social Dance Studio, 3742 23rd Avenue South, Minneapolis for kids ages: 7-12 and 13-18 and learn latin, ballroom, swing, hip-hop, dance fitness! FMI: call 612.353.4445 or go to www.socialdancestudio.com.
- Sa 8/16 **USA Dance at Dancer's Studio in St. Paul** – see details on ad this page.
- Su 8/24 Cruise in style with Classic Ballroom aboard the Queen of Excelsior II on Lake Minnetonka; 12 noon - 3 pm for the cruise, lunch, music and dancing! Register by August 18 by calling 763.519.1314.
- Sa 9/20 **USA DOUBLE DANCE!** at On Your Toes School of Dance and Retro Ballroom, 5810 W. 36th St., St. Louis Park – check it out – come for lessons, come for dancing, come for the fun of it!
- Sa 10/25 Get ready for Minnesota Madness at Shakopee Ballroom!! FMI: 763.545.8690 or 612.816.4446 or email: nathanh@visi.com.

Arthur Murray Dance Studio (651) 227-3200
534 Selby Avenue, St. Paul, MN. Salsa for beginners and advanced on Wednesday 8:15 pm/\$15. Date Night variety class for beginners on Friday 6:45 pm/\$25/couple.

Babalu (612) 240-9053
800 Washington Ave. N., Minneapolis. Monday Salsa Caliente Night; dance from 9pm-1am; cover \$5. Saturday Salsa Live Music Night; free salsa lesson at 9:30pm, dance to live latin music from 9pm-2am; cover \$10.

Black Dog Cafe & Wine Bar (651) 228-9274
308 Prince Street, St. Paul Argentine Tango night every 3rd Saturday. Lesson at 7:30 pm, dance from 8-11 pm/\$3.

Blue Moon Ballroom (507) 288-0556
www.BlueMoonBallroom.net 2030 Hwy 14, East Rochester, MN; Fridays: Latin Night, 7:30 pm - 12:30 am; Saturdays: Live Bands!

Cafe Bailar Dance Club (612) 600-5129
2nd Fridays and 4th Saturdays of every month at Retro Ballroom of On Your Toes school of dance. 5810 W. 36th Street, St. Louis Park, MN 55416. Lesson 7:30-8:30 pm. Dance 8:30-midnight.

Champion Ballroom Dance (952) 934-2160
www.championballroomdance.com 550 Market St., Chanhassen 55441 (494 West to Hwy. 5 West, Right on Market Blvd., Right on Market St.); info@dancsportballroom.com, uschamps@msn.com Robert & Jennifer Foster.

Cheek to Cheek Ballroom (763) 755-3644
www.cheektocheekdancestudio.com 11415 Foley Blvd. NW, Coon Rapids. Harry Benson.

Cinema Ballroom (651) 699-5910
www.cinemaballroom.com 1560 St. Clair Ave., St. Paul, MN, Dancing Fridays to DJ music and Every Sunday to Live music. Lesson 8-9 pm; Dance 9-12 am. See website for details or e-mail info@cinemaballroom.com

DNO continued on page 27

Join us for USA Dance's August Monthly Dance



Saturday, August 16th

7-8 pm Dance Lesson
8-11 pm Ballroom variety dance

\$7 USADance members ■ \$10 non-members
\$5 Age 25 and under

(Become a USA Dance-MN member tonight and get in free!)

Hotline: (651) 483-5467
Email info@usadance-mn.org
Web: www.usadance-mn.org

The Dancers Studio

99 North Snelling, St. Paul
South on Snelling from 94, #99 on the Right

USA Dance MN HOTLINE
(651) 483-5467
www.usadance-mn.org

Call for information on dance events.
Leave a message for membership information.

Theme of the Month...

★ All About Twin Cities Open!

Inside the Times

| | |
|--|-------|
| Dancers Nite Out | 2 |
| USA Dance MN Board Meeting Minutes | 3 |
| Editor's Intro | 4 |
| The President's Corner | 4,16 |
| All About TCO: Amy Anderson | 5,9 |
| All About TCO: Polly Meyer | 7 |
| All About TCO: Cinema Ballroom..... | 8 |
| All About TCO: TCO Tidbits | 8 |
| All About TCO: Dancers Studio | 9 |
| All About TCO: Dahl Dance Center | 9 |
| All About TCO: Bonnie Burton | 11 |
| All About TCO: Classic Ballroom | 11 |
| Magic Shortcuts | 13 |
| forDanSa Fundraising Party..... | 14-15 |
| Dance into Your Best Life | 19 |
| June Monthly Dance Album | 20 |
| Gentlemen Lead..... | 21 |
| Steamy South Central Regional..... | 21 |
| Ask Dr. Dance | 23 |
| July Monthly Dance Album | 24 |
| Dance Demo News | 25 |
| Competition Calendar | 25 |
| Swaplines | 26 |
| Dance Contacts | 27 |

From the Board

Minutes of the Monthly USA Dance MN #2011 Board Meeting – July 1, 2008. Submitted by Debbie Thornquist

In attendance: Erik Pratt, Min Chong, Debbie Thornquist, Toni Brimeyer, Frank Kohlasch, Donna Gates, Julie Elholm, Mike Jones

Location: Toni Brimeyer's house, Edina

Call to order: A quorum was established. Agenda was approved. Minutes from May and June were approved.

Organizational Matters:

Treasurer's Report: Report was given.

Calendar: Dance demo coming up on July 21 at Calhoun Beach Club and August 21 at Covenant Senior Village Hi-rise in Golden Valley. Yvonne is coordinating these events – thanks, Yvonne!

CABDA, Dansa, ERV studio, and USA Dance MN had a successful charity dance for the victims of the earthquake in China. It included a lot of social dancing as well as performances by the CABDA formation team and the LaTourelles and the Tepleys. Thank you to everyone who helped out!

Board Meeting Minutes: Debbie developed an outline for taking minutes that was distributed and reviewed.

Website: The committee is in the process of making changes and updating our website.

Board Meeting Locations: Erik will distribute an e-mail vote to see where to hold the meetings the rest of 2008.

Volunteer needs: Erik distributed handouts with some of the roles of volunteers in this organization. He also distributed a handout with a list of the roles that need to be filled for Star of the North 2009 – please contact him if you are interested in helping in any way. The SOTN roles need to start being covered as soon as possible.

Projects:

Alliance Dance: The Benefit Ball for the dance floor is coming along nicely. The main thing left is promotion of the event.

Monthly Dances: The music is important and continues to be an ongoing issue – a more detailed discussion is planned for the August meeting.

Next Meeting: Tuesday, August 12 at 7:30 pm (Note: Second Tuesday because of National Night Out)

Location: Janie Nordberg's house, Golden Valley

USA Dance: Who Are We?

We are a non-profit organization formed to preserve and promote ballroom dancing, both as an art and a healthful sport. The Minnesota chapter, USA Dance MN, was formed in 1991.

Membership in **USA Dance** is open to dancers of all levels. There are several categories to choose from: Social, Competitor, Junior (17 and under), Collegiate, and Associate (professional/instructor).

USA Dance MN sponsors monthly dances and other special dance events. Members are entitled to discounts on admission to the monthly dances, as well as access to a great network for meeting other dancers.

As a member, you'll have fun dancing and meeting many new friends. For more information, call the **USA Dance MN HOTLINE:** 651-483-5467.

The *Minnesota Dancing Times* is published monthly by the members of the Minnesota Chapter of USA Dance, providing information and news of ballroom dancing to members and friends.

EDITOR: Anne LaTourelle (763) 550-1223, annelatourelle@comcast.net

Design/Layout: Janie Nordberg (763) 797-5230

Copy Editor: Mike Youngdahl (764) 441-0646

Marketing/Ads: Cathy Dessert (651) 415-0375

Mailing: Yvonne Viehman (763) 553-1202

Contributors: Amy Anderson, Paul Botes, Bonnie Burton, Cinema Ballroom, Classic Ballroom, Dahl Dance Center, Jeff Chin, Dancers Studio, Julie Delene, Donna Edelstein, Barbara Glynn, Jeanne Glynn, Inna Sotnichenko, Adel Jaena, Theresa Kimler, Daniel Lai, Tom LaTourelle, Polly Meyer, John Munday, Janie Nordberg, Erik Pratt, Yvonne Viehman

Contributions: Articles submitted may be edited for length, clarity and content. Photos will be returned. Please provide a self-addressed, stamped envelope or send high quality jpgs to Anne LaTourelle.

Subscriptions: \$22/year. Make checks payable to USA Dance MN and send to Anne LaTourelle, 6130 Ives Lane, Plymouth, MN 55442.

Advertising

DISPLAY ADS: To advertise your event or professional service, submit a digital file (300 dpi pdf or jpeg format ONLY) or camera-ready artwork to **Cathy Dessert (651-415-0375 or cathydessert@comcast.net)** along with payment to **USA Dance MN**. Advertising for charge cards, insurance, or travel cannot be accepted. Ads can be typeset or designed for a small fee, contact Janie or Eileen. Payment to accompany ad.

| | | |
|---------------|--|-------|
| Full page | 7.5" wide x 10" high | \$130 |
| Half page | 7.5" wide x 4.75" high OR 3.5" wide x 9.5" high | \$80 |
| Qtr. page | 3.5" wide x 4.75" high | \$60 |
| Business Card | 3 consecutive months | \$50 |

SWAPLINE ADS: Free 3-line ad in Swaplines available to subscribers (dance merchandise only). Send to: annelatourelle@comcast.net

DEADLINE FOR ALL MATERIALS:
10th OF EACH MONTH
©2008 USA Dance



All About Twin Cities Open from Anne LaTourelle

Mention the letters "TCO" to the average person and they have no idea what you are talking about. Mention it to any ballroom dancer in Minnesota and chances are they know you are talking about Twin Cities Open! Every July this premiere event showcases the best in Pro/Am, Am/AM and Pro dancing in the region. It's a chance for local dancers to dance in front of their family, friends, and peers without having to invest in either a lot of gas money or a plane ticket. Personally, it is always very fun but very

nerve-racking to dance for a crowd who knows you. You want to perform to the very best of your ability.

This month, read comments from dancers, studios, spectators and maybe even a teacher or judge. Haven't participated before? Perhaps you'll be motivated to be a spectator or even decide to participate next year as a dancer when once again our special "TCO" comes around. Enjoy! ■

The President's Corner from Erik Pratt

It takes over 150 volunteers each year to make USA Dance-Minnesota work. I am amazed at the dedication of all the people who give their time and energy to help make the Twin Cities one of the best places in the country – maybe even the world – to be a ballroom dancer.

Over and over, one group of volunteers really stands out: our board of directors! The board is responsible for setting policy and making key decisions for the organization. The USA Dance-MN board meets monthly, and many people give much more time, as they serve on committees and project teams.

Even after they leave the board, past board members play an incredibly important role in making this organization run. Many former board members continue to give generously of their volunteer time, including this Dancing Times newsletter. It's a testament to how much this organization means to them, and how much it serves the dancing community.

What many people don't realize, however, is that the present board is composed almost entirely of new faces. Except for two members, the 17-member board consists entirely of people who are serving their fifth or less year on the board. They represent a new "generation" of dancers that, if history is any indication, will continue to serve the Twin Cities dance community for many years to come.

This year we had five new board members for the chapter. You have probably danced with some of them. I asked each of them to write a little something about themselves. Please join me in thanking them for their service to ballroom dancing in the Twin Cities!

Adrian Suncar

I am currently a student at the University of Minnesota studying Accounting and Retail Merchandising. For the summer I am a tax intern at one of the "big four" accounting firms. I currently live in Minneapolis, but I grew up in Indonesia. Throughout my life I have been dancing in different traditional dance groups, and in high school I decided to take a beginning ballroom workshop. I loved it! So, once I got to college, I decided to join the University of Minnesota Ballroom Dance Club and I have been ballroom dancing ever since. In the club, I am trained mostly in American Smooth and Rhythm, but I love learning the International Latin style. In my free time, besides dancing, I love to go bowling, rock climbing, and walking along the Mississippi. Also, I really enjoy taking other dance class such as ballet, modern, and jazz, because when I dance, I can forget everything else in my life and enjoy that specific moment all to myself.



PRESIDENT'S CORNER cont. on page 16

Twin Cities Open 2008

Twin Cities Open 2008 *By Amy Anderson*

Even though the Twin Cities Open primarily attracts the Pro/Am dancers, it continues to be an event not to miss! The competition did not include much participation from dancers from the coasts, but it did have a tremendous level of local participation, as well as from Wisconsin, Iowa, Illinois, and Missouri. It ended up being the largest Twin Cities Open to date!

It was great to see Eric & Michelle Hudson promoting the Twin Cities Open and performing on KSTP-TV's "Twin Cities Live" on the first day of the event!! Eric's legs were very fresh during his performance – before he danced over 500 entries at the competition!! It should be noted that he looked as fresh on Saturday evening as he did on Thursday! Kudos!

Some of the highlights included another year of great Solo Exhibitions – some worth mentioning are "Charlie's Angels" with Lee Whitney as "Bosley" and his "Angels" – Leslie Whitney, Susan Hervey, and Danielle Perry! The "Roxy" number with the Tepley's and the LaTourelle's was simply delightful & creative! The top scoring solo went to an amateur couple visiting from Japan! Their International style solo was elegant & flawless!

In addition to the solos, there was a good number of "Formations" competing this year. They were all unique and entertaining. The well polished Twin Cities Formation Team debuted their new "Motown Revue" number!

Gary Narducci and the Twin Cities Open Swing Band rocked the crowd on Friday evening with some great social dance music. The 2008 "Unforgettable Award" was presented to a very deserving, Marsha Weist-Hines, founder of Made for Movement. It was also nice to see some up and coming professionals from the Twin Cities looking quite promising. Look for good things in the future from Chris Kempenien & Christine Hallberg, as well as Michael Paul Newman and Caitlin Foster!

In addition to the competition, seminars were taught by some of the judges over the weekend. Word is that some of the best lessons were by Spencer Nyemchek, Nadia Eftedal, Bill Sparks, and our own Nathan Daniels!!

Saturday evening was once again a "sell out," as over 700 spectators watched an amazing Professional competition! Winners were: American Rhythm: Felipe & Carolina Telona (CA); American Smooth: Mayo Alanen & Lisa Vogel (DE); International Standard: Pavel Cherdantsau & Svetlana Rudkovskaya (FL); and International Latin & Showdance: Andre & Natalie Paramonov (Canada).

The Twin Cities Open concluded with its traditional "Celebration of Dance" show. This year, it was set to the music of Prince. Early comments included that it was the "best show ever." It featured soloist Galen Higgins from Summitt Dance Shoppe opening the show, Open Standard champions, and a jaw dropping performance by Mariusz Olszewski & 11 year old Julia Garbuz! The latin youth dancers from Magic Ballroom danced a fun number to "My Name is Prince." The Summitt Dance Shoppe performance dancers gave sizzling performances with "Thieves in the Temple," and "Kiss" featuring Scott & Amy's daughter, Meghan! But the crowd favorites were the performances from Rhythm Champions, Felipe & Carolina Telona dancing a breathless number to "Purple Rain," and Latin Champions, Andre & Natalie Paramonov with their flirtatious rendition to "U Got the Look."

Amateur Open Rhythm

- 1- Tom & Debbie Thornquist
- 2- Jeff Skaalrud & Ingrid Bloom

Amateur Open Standard

- 1 – Nels Petersen & Theresa Kimler

Amateur Open Latin

- 1 – Gene Bersten & Zhanna Vayntrub

Amateur Open Smooth

- 1 – Nels Petersen & Theresa Kimler
- 2 – Tom & Anne LaTourelle
- 3 – Mark & Karen Tepley
- 4 – Jeff Skaalrud & Ingrid Bloom

Top Teachers

- 1 – Eric Hudson (Cinema Ballroom, St. Paul)
- 2 – Paul Botes (Classic Ballroom, Plymouth)
- 3 – Shane Meuwissen (Cinema Ballroom, St. Paul)
- 4 – Martin Cawston (Delaware House, Milwaukee)
- 5 – Gary Dahl (Dahl Dance, Rochester)
- 6 – Jay Larson (Classic Ballroom, Plymouth)
- 7 – Mark Webster (Cedarburg, WI)
- 8 – Michelle Hudson (Cinema Ballroom, St. Paul)

Top Overall Bronze Student – Margie Roscher (Cinema Ballroom)

Top Overall Silver Student – Lorie Oliver (Cedarburg, WI)

Top Overall Gold & Advanced Student – SuzAnne Kirkegaard (Delaware House)

Top Amateur Couple – Steve Reichlin & Carla Johnson (Columbia, MO)

TCO 2008 cont. on page 9

Totally awesome
**80's
PROM**
at Cinema Ballroom

**SATURDAY, SEPTEMBER 13
DINNER & DANCE**

DANCE TO THE RAD SOUNDS OF THE 80'S



**COME DRESSED IN YOUR
TOTALLY TUBULAR 80S OUTFITS**



PROFESSIONAL DANCE PERFORMANCES



80S FORMATION TEAM PERFORMANCE



WAY COOL TEAM MATCH

**TICKETS & MORE INFO AT
CINEMABALLROOM.COM/PROM
651-699-5910**

Twin Cities Open 2008

Twin City Open *By Polly Meyer*

On Saturday, July 12th, spectators from across the state watched as some of the nation's best Pro/Am and Professional ballroom dancers competed in the 2008 Twin City Open Ballroom Competition. Throughout the evening, the ballroom floor was set on fire as competitors danced fiery tangos, rhumbas, quicksteps, sexy sambas, cha chas, beautiful waltzes, jives, foxtrots, steamy paso dobles, and Viennese waltzes.

Scott and Amy Anderson were the gracious hosts of Minnesota's other "Great-Get-Together," also known as TCO. It took only moments after entering the grand ballroom before you started seeing people you knew in our great dance community. What was really exciting about the competition was that even as we cheered on the dancers from our own studio, we also rooted for the other competitors as well, since they were often our friends. Everything about this competition was big. The ballroom, the competitors, the dance floor, the judges, and even the music took great effort to put it all together. And the Anderson's did it with class and style!

There were many highlights during the evening starting with the opening competition, the Pro/Am Open Latin Scholarship. Brooke Geven absolutely shined in the Samba with her sultry moves, but Eileen Arcilla took it away in the Jive, with lightning fast feet and a smile that lit up the room. Eric Hudson, with his Hollywood charm, struck quite a dashing figure on the dance floor, while Tony Karadzhev's movements were as fluid and smooth as a well-poured martini.

The gowns were breathtaking ~ as beautiful as the dancers themselves in the Pro/Am Open Standard Scholarship. Denise Evans and Gert Roselender were exquisite as they floated across the floor during the Waltz. But it was Galina Livitina, in her blazing red gown, and Jari Muller who stole the floor as they combined form and passion in the Tango.

Amazing young talent was showcased in the Pro/Am Junior Open Latin Scholarship. Among them were Sasha Pevzner and her instructor Mariusz Olszewski, who were simply amazing. Their foot movements were so fast; I could barely see their feet. Sasha's body moved to the rhythm so flawlessly, you would swear the beat of the music was her own heartbeat pumping through her veins.

As the competition continued, the excitement in the atmosphere began to spark. The spectators contributed to this by cheering on and shouting out the names and numbers of their favorite dancers. The audience, held hostage by the magnificent dancing, remained fully engaged throughout the entire evening.

Talented newcomers, Rachel Kronsberg and Nate Martin undoubtedly improved over last year's performance in the Professional Open Rhythm. Rachel unleashed her inner goddess as they danced a wildly passionate Rhumba. They combined another year of skill, discipline, dedication, and attitude! I can't wait to see them move up the ranks next year.

Nels Petersen and Theresa Kimler performed a stunning waltz for their Honor Dance. They are, by far, one of the competition's favorite dance couples. Andre and Natalie Paramonov from Canada blew away the competition in the Professional Showdance and Professional Open Latin. Their dancing and the off-the-chart costumes were so hot; I'm surprised the alarms didn't go off!

One of the attractions to competitive ballroom dancing is the sheer grace of the dancers' movements and the brilliance of their routines. They make it look so effortless. But that is the illusion of competitive ballroom dancing. That effortlessness takes years of practice and hard work. Many of these dancers have been dancing their whole lives and their professionalism shined through on the final night of the competition. Saturday evening was the night of the Professional Division Finals. Couples competed from 8 pm until well after 11pm, which included several costume changes for many of the dancers. A long night to be sure, especially when you consider many of them had been dancing and competing since Thursday! A true test to their professionalism showed on the last night of competition. When they were the most tired was when they had to perform at their best. To witness their level of training and devotion was truly inspiring.

I want to thank Scott & Amy Anderson, the competitors, the dancers, the judges, and the Dream Team for putting together a wonderful and exciting event. Bravo! Bravo! ■



Grand Jeté
651-227-0331 www.grandjete.com

10% OFF!
one pair of ballroom shoes
WITH THIS COUPON

975 Grand Avenue, St. Paul
Just 2 blks. East of Lexington
Open Mon-Sat 10-5:30
Tuesday 'til 8pm

Dance venue:
Date:

Twin Cities Open 2008

Cinema Ballroom Results at Twin Cities Open!

Cinema Ballroom enjoyed a successful weekend at the 2008 Twin Cities Open. Some notable Cinema Ballroom highlights include:

- Top Studio (4th Year in a Row!)
- Three teachers received top teacher awards: Eric Hudson (1st), Shane Meuwissen (3rd), & Michelle Hudson (10th)

Congratulations to the following Cinema Ballroom students who received special recognition this year:

- Margie Roscher - Top Bronze Student, 2nd Overall Top Student, Top 20 Student
- Eileen Arcilla - Top 20 Student
- Brenda Barr - Top 20 Student
- Andrea Kuzel - Top 20 Student
- Kris Larson - Top 20 Student
- Jessica Neu - Top 20 Student

Congratulations to the following students who competed in this year's Twin Cities Open: Eileen Arcilla, Emanuel Ardeleanu, Katherine Ardeleanu, Brenda Barr, Yeun Chou, Elizabeth Dickinson, Bryan Frazee, Wendy Hammond, Anne Marie Hanson, Carl Haugen, John Helcl, Dan

Jesberg, Suzanne Kalan, Jayne Kenny, Sara Kreps, Suzanne Kreps, Andrea Kuzel, Cynthia LaCoeur, Kris Larson, Jessica Madson, Caitlin Massart, Jessica Neu, Sehyun Oh, Dennis Ommen, Paul Parins, Stephen Rausch, MeMe Regan-Heller, Zhuoling Ren, Margie Roscher, Sheryl Sanderson, Jane Taylor, Eric Wiertelak

The following performed in the debut performance by the Cinema Ballroom 80s Formation Team. Congratulations on getting those Thriller moves down and in sync to Eileen Arcilla, Emanuel Ardeleanu, Dustin Donelan, Lindsey Hall, Rebecca Hall, Anne Marie Hansen, Eric Hudson, Alyssa Kark, Barb Kovarik, Don Kovarik, Jessica Neu, Dennis Ommen, Carole Pesek, Martin Pickering, Stephen Rausch, Zhuoling Ren, Margie Roscher, and Eric Wiertelak. A video of the performance is up on our website at cinemaballroom.com!

Last but not least, congratulations and thank you to the following Cinema Ballroom instructors who competed with their students: Lindsey Hall, Michelle Hudson, Eric Hudson, Alyssa Kark, Shane Meuwissen, and Martin Pickering.

Thank you to Scott and Amy for hosting a great event... we can't wait until 2009! ■

TCO Tidbits...

I saw my first Twin Cities Open in January of 1989 and have come to appreciate the amateur dancing in the Twin Cities more and more. This event is like the asterisk behind the statement "Minnesotans love Ballroom Dance". The number of people locally who compete has risen dramatically and the quality of dancing has risen as well. Congratulations to Scott and Amy for another memorable weekend! – Jeff Chinn

At my age, I am so thrilled to be a part of such talent and an observer of it. – Barbara Glynn

Why watch dancing on TV when you can see it live, with all the raw effort, energy and emotions right in front of you? From watching the beginners to the professionals, there is not a much more inspirational way to see dancing. Where else can you watch people from 5 to 99 years old all get up and shake their booties? – Tom LaTourelle

It was fun to watch the dancing. I really enjoyed some of the haircuts and outfits and how they dressed for the parts. I also know how much work it is to put on an event like that so kudos to the event chairs and volunteers. I also brought someone with me who had never watched live dancing and she was in awe of all

the talent. As usual, watching my sister dance makes me cry (in a good way). – Jeanne Glynn

In 2007, I attended an International Championship Ballroom competition in California. I enjoyed TCO and much of the dancing seemed similar to California, although I am not an expert. – Inna Sotnichenko, Kiev, Ukraine

When, on occasion, I am on the sidelines and not dancing, it is fun to get a different perspective and I was thrilled to see some amazing dancing this year. In particular, the professional events were exquisite to watch. Thank you Scott and Amy for always making this an inspiring competition for both competitors and spectators! – Janie Nordberg

Scott & Amy always bring their "A" game to TCO and this year was no exception. Dancing in front of the home town crowd is the best! After having taken time off due to injury and not dancing a competitive round for 9 months I was thrilled to be back on the floor doing something I love. In addition, for the first time, Tom and I danced a solo (with Mark & Karen Tepley). It was a great experience for us and maybe a new tradition was begun! Thanks Scott & Amy. – Anne LaTourelle ■

Twin Cities Open 2008

Dancers Studio Results from TCO!

Here's a list of Dancers Studio Competitors and some of their TCO accomplishments:

- Leland Whitney, Leslie Whitney, Susan Hervey & Danielle Perry: 1st Place Solo
- Ken Baker: 1st Place Solo, Smooth 3-Dance Event – 1st, Rhythm 3-Dance Event – 2nd
- Dan Barnett: Only Single Dances
- Reed Cooper & Candice DeBray: Smooth 3-Dance Event – 3rd, Rhythm 3-Dance Event – 2nd, Standard 3-Dance Event – 1st
- Lee Ferguson: Smooth 3-Dance Event – 2nd, Rhythm 3-Dance Event – 3rd
- David Good: Smooth 3-Dance Event – 1st, Rhythm 3-Dance Event – 1st
- John Carlson & Linda Hiltgen: Amateur 3-Dance Event – 4th
- Emily Habisch: No placements in scholarships
- Susan Hervey: Rhythm 3-Dance Event – 5th
- Pete Langworthy: Smooth 3-Dance Event – 4th, Rhythm 3-Dance Event – 2nd, 1st Place Solo

- Sydney Parades: No placements in Championships
- Karen Pavloff: 1st Place Solo
- Danielle Perry: Smooth 3-Dance Event – 4th, Rhythm 3-Dance Event – 5th, Rhythm Scholarship – 5th
- Anna Reed: All single dances
- Jim Schuchman: All single dances
- Heather Sidey: All Single dances
- Jamie Thompson: Standard 3-Dance Event – 7th, Rhythm 3-Dance Event – 3rd, Rhythm Scholarship – 4th
- Jill Thompson: Smooth 3-Dance Event – 2nd, Smooth Scholarship – 5th, Rhythm 3-Dance – 1st, Amateur Pre-Champ Rhythm – 1st (with Ha Tuong)
- Kelsey Willits: All single dance
- David Zaleske: Smooth 3-Dance Event – 1st, Rhythm 3-Dance – 3rd, Standard 3-Dance Event – 1st, Standard Scholarship – 5th
- Chris Kempainen & Christine Hallberg: Professional Rising Star Smooth – 3rd, Professional Open Smooth – 5th

*Dancers Studio, 99 Snelling Ave. N, St. Paul, MN 55104 .
651.641.0777 9470 Hudson Rd, Woodbury, MN 55125.
651.731.0777 www.dancersstudio.com ■*

Dahl Dance Center at TCO

As always, the Dahl Dance Centers pro/am students had a great time at this year's TCO. It was also a great first time experience for the Dahl Dance Center formation team. Scott and Amy treated everyone like family and provided assistance with whatever their guests needed. It was great to see so many Minnesota dancers on the floor. We look forward to next year!

April, Gary and the Dahl Dance Center Students ■



TCO 2008 cont. from page 5

Top Overall Studios

- 1 – Cinema Ballroom, St. Paul
- 2 – Classic Ballroom, Plymouth
- 3 – The Dancers Studio, St. Paul
- 4 – Delaware House, Milwaukee
- 5 – Twilight Studio, Columbia, MO
- 6 – Dahl Dance, Rochester ■





6TH ANNUAL BENEFIT BALL

Beyond Ballroom Dance Company

Stretching the boundaries of ballroom dance.

date

11/14/08

location

**LAFAYETTE CLUB
MINNETONKA, MN**

time

7:00 P.M.

Check out our website for more information or to buy tickets!

beyondballroom.org

Twin Cities Open 2008

We were TCO Newcomers! *By Bonnie Burton*

My partner and I danced for the first time at TCO this year! Excited and slightly intimidated, we registered in the 'Newcomers' category for 5 dances (3 smooth and 2 rhythm); and then in a burst of bravado, registered for the same five dances in the 'pre-bronze' category. We figured if we really screwed up, registering twice would give us a second chance! This was our first competition, and we worked hard with our instructors to get it right.

The results? We actually did well by placing first in most of our categories – not because we are superb dancers (we know better than that!), but because there was little competition. There were very few amateur couples. Although we loved the whole experience, we came to understand that TCO is a primarily a pro-am competition; a chance for the teachers to shine; and for the students to show off the skills they have paid for with lots of time and money; in effect, a dance recital for students and teachers. (And frankly, some of the talent is absolutely, breathtakingly, fabulous!)

Many of our social dancing friends attended the event, but only as spectators. When asked why they did not compete (many are better dancers than we are), their general response was one of intimidation, of not being ready, or claiming to prefer social dancing. All of which may be true, but we think an extra effort at newcomer outreach would produce more amateur competition.

I should mention that Newcomers dance early in the morning (8-ish); which is good in that the crowds are thin at that time of day, but bad if you're a night owl like me! Hey, I see it as just another motivator to dance better, in order to be able to compete in categories that dance, say, at noon?! ■

Classic Ballroom Students Dominate at TCO

Classic Ballroom had a great TCO, with over thirty students participating, some for the first time. Many Classic dancers achieved their personal bests, while quite a few won major multi-dance events and scholarships.

In the Amateur ranks, C.J. Hurst with Lorie Bjorkman both won bronze smooth and rhythm multi-dance events. Greg and Sue Prasch won bronze standard and silver rhythm multi-dance events.

Pro-Am competitors Cathy Dessert, Natalie Palmer, Liz Rocco, and Erica Dobbs, dancing with Paul Botes, won a total of fourteen championships and scholarships between them. Carol Ferrell and Joan Endres, both with Jay Larson, also won multiple scholarships and championships.

Classic Ballroom receptionist Autumn Van Emmerik, dancing with Russell Hunter, experienced her first competition and loved it! After dancing for only 6 weeks, but working hard, Autumn won four out of six dances in a five couple final.

The Classic Ballroom Bronze Formation Team did a great job representing the studio on Friday evening, as did Susan

Iverson dancing a balletic solo with Jay Larson. Mark and Karen Tepley and Tom and Anne LaTourelle danced their crowd pleasing 'Roxy' routine on Friday night. Saturday was Jay Larson's birthday, which was celebrated with a cake and a lot of dancing.

Classic Ballroom was awarded Second Placed Top Studio with more than 700 entries danced. Both Jay Larson and Paul Botes received Top Teacher Awards based on a combination of number of entries and student placements. Jay received 6th place Top Teacher, while Paul earned 2nd place Top Teacher. Paul's student, Natalie Palmer, was presented the 'Technical Perfection' award, as determined by the judges.

Not everyone can win a scholarship or championship, but everyone has the potential to achieve their personal best. Many of our students made finals from quarterfinals for the first time. We are so proud of all our students for daring to compete, putting themselves on the line to be judged, and enjoying the rewards that come from being a competitive dancer. ■





A Social Dance Event for Everybody!

October 25th
Shakopee Ballroom

Minnesota Madness is brought to you by Nathan Daniels & Scott Anderson
For more information call 763-545-8690 or 612-816-4446
Email: nathanh@visi.com

Magic Shortcuts... or Magic Teachers?

by Adel Jaena

I've never laughed so hard in a dance studio, nor learned so much...

To ballroom enthusiasts such as myself, who participate or watch ballroom competitions, Gene Bersten and Zhanna Vayntrub a must-see. Also simply known as Gene and Zhanna, they were the wonder teenagers who dazzled us with very advanced International Latin dancing that made people wonder if they were already professionals. And how did they get so good at what they do? Their level of dancing is very uncommon to see in the Twin Cities, even the Midwest.

Well, they are now adults, ranked 10th in the nation in Amateur International Latin, and are proud and very capable teachers at Magic Ballroom. I taking dance instructions from Gene and Zhanna in the spring of 2007. I'd been dancing for 3 years, on a more accelerated path, and thought Gene would start teaching me the tricks and fabulous moves he had been doing with Zhanna. But to my discomfort, he made me go back to the basics! It went against the grain, but I saw the error of my complaining ways when a couple months later, I got a lot of compliments from my peers. They told me my technique had improved so much and they asked what I had been doing to achieve this? Well, more than the vitamins I take, it is definitely the high quality of teaching I get from Magic.

It is quite remarkable, watch Gene and Zhanna teach and practice. Both are not yet 21, but both are very mature for ages. They are arguably the best teachers of International Latin in the area. With the breadth and depth of their knowledge, impressive work ethic, and friendly dispositions, they are comparable to the other instructors who have been in the business for many years. I feel lucky to be one of their students. They insist their students learn and dance using proper technique at ALL TIMES. Admittedly, we sometimes complain about it, but we know we are getting our money's worth. Through the pain of proper posture, consistently pointed toes, and making sure we are not back-weighted, we greatly appreciate their dedication.

The best advice I got from them, besides, practice, practice, practice...is for me to get additional instruction from other instructors, and also to learn other dance styles such as Standard, Ballet, Jazz or even Hip-Hop! With their experience, they know it takes more than one good instructor and more than one style for a student to evolve in dance. And it is a testament to their sincerity and caring for their students that they want us to do this for ourselves.

That's the dancing part, so where does the laughter come in? Well, Gene and Zhanna can actually be hams off the

dance floor! It was a pleasant surprise to learn this, after seeing them perform so seriously during competitions. Lessons and practice can be a grueling and exhausting, especially before a comp, but part of the allure for me to go to Magic Ballroom is to hang out with them. They are very funny, good-natured people when they are not in competition dance mode. But once the music starts, they expect nothing less than the best effort from their students.

For ballroom dancers who want to improve their International Latin, I highly recommend going to Gene and Zhanna for a lesson or two. I promise that you will be glad you did and that your peers will definitely notice!

Adel Jaena is a Business Analyst working for an IT Consulting Firm when she is not at the Magic Ballroom Studio practicing her International Latin routines.

Gene and Zhanna are currently ranked 10th in the nation in Amateur International Latin. They are being coached by Aleksandra Gisher, Max Kozhevnikov, Taliat and Marina Tarsinov, Andre Paramonov, Elena Frolova and Bill Davis. Magic Ballroom is located at Building #6 6th Ave. North Hopkins, MN 55343. Phone: 952.334.0618. ■



forDanSa Fundraising Dance Party

By Daniel Lai

On June 29, 2008, forDanSa organized the Sichuan Earthquake Fundraising Dance Party held at ERV Dance Studio in Hopkins. This fundraising dance party was co-sponsored by USA Dance-MN and ERV Dance Studio. The primary goal for the fund-raising dance party was to raise relief funds for the victims of the Sichuan earthquake (see side bar for the description of damage caused by this powerful earthquake). There were also other goals, which include: building bridges between the Chinese American and the USA Dance-MN Dance communities; promoting ballroom dance in the Chinese American communities; and informing the ballroom community about the other fund-raising efforts by local Chinese American communities.

On the Sunday afternoon of the party, about 70 dancers came to support the fund-raising effort. The party started with a complimentary Mambo lesson taught by forDanSa. More than thirty people took the lesson and everybody did a wonderful job learning the bronze and silver Mambo steps.

After about an hour of general dancing, Eric Pratt, who graciously served as the MC, announced the beginning of the demo program. He skillfully introduced the performers and their dances. The performance program featured three solo smooth dances, a group dance and two formation teams. There were a variety of dances presented, which included American Waltz, American Foxtrot, International Waltz, Viennese Waltz, Rumba, Samba, Paso Doble and Jazz dance. Each dance has its own characteristics and distinct style, and each received enthusiastic applause from the audience. The performers were Tom LaTourelle, Anne LaTourelle, Mark Tepley, Karen Tepley, Misha Mikhail, Mieko Iikawa, Lisa Wu and Daniel Lai.

As reported at the conclusion of the party at 6 p.m., we had collected \$630 in fees. More people pledged additional donations after the party; they are: William & Mieko Li, Jenny Lee, Echo Huang, Chun-Lin Hsu, Lisa Wu and Daniel Lai. Many of these people are multiple donors

to earthquake relief funds at other events.

Beside this fundraising ballroom dance party, the two community ballroom dance organizations, CABDA and forDanSa, are part of the local Earthquake Relief Team (MN512) that have organized fundraising activities in the past two months. Through the efforts of many volunteers and the generosity of many merchants and donors, the MN512 group has collected \$114,000 in donation and all of them had been sent to the Sichuan Red Cross. Once forDanSa collected all the pledged donations from the dance party, forDanSa will send the money to Sichuan Red Cross thru the MN512 group and the wire transfer receipt will be given to the USA Dance-MN Board and ERV Dance Studio for review.

forDanSa would like to acknowledge the following people who have volunteered their time to help organize this party: Eric Pratt, Eliecer Ramirez, Anne LaTourelle, Bingwen Yan, Chun-Lin Hsu, Christopher Hang, Fang Yuang, He Jijun, Jenny Lee, Liu Zhoujin, and Tony Wang.

forDanSa would also like to specially thank the co-sponsors, USA Dance-MN and ERV Dance Studio, for their generous support; the donors who contributed funds to help the earthquake victims, and the performers for sharing their beautiful dances to delight the audience. Thanks to Erik Pratt, Lynne Schulz, and Tricia Wood to distribute the party announcement and China Tribune, DuoWei Weekly, www.minhua.org, www.minnesotachinese.com, Asian American Press to report the event. Last but certainly not the least, thanks to the participants and volunteers; there would not be any fundraising party without them.

About the writer: Daniel Lai is the President of the Chinese American Ballroom Association (CABDA), where the mission is to promote ballroom dance in the Chinese American community and build bridges with all other communities and dance organizations. He was the Registrar for the Star Of The North DanceSport Classic this year and is always encouraging the members of his organization to participate in ballroom dance activities and to volunteer for USA Dance-MN. Collaborating with teammate Lisa Wu, they organize the 1st Saturday dance party (www.fordansa.com) at the ERV Dance Studio (www.ERVDanceStudio.com) in Hopkins.



FORDANSA FUNDRAISING PARTY cont. on page 15

As you know, on May 12, a massive earthquake, measuring 8.0 on the Richter scale, rocked the mountainous region in China's Sichuan Province, resulting in the deaths of 69,195 people—with 374,176 injured and 18,389 still missing; 7.79 million houses collapsed, 24.57 million damaged, 46.24 million people directly affected by this earthquake. No doubt, it is one of the worse natural disasters in the recent history of mankind. Many cities, towns, and villages need to be rebuilt. According to the World Health Organization (WHO), 15,158 aftershocks have been detected; among them 127 aftershocks measured at 4-6 on the Richter scale.

You can learn more about it from the following websites:

<http://www.redcross.org.uk/TLC.asp?id=81131>

http://www.redcross.org/news/in/profiles/Intl_profile_ChinaEarthquake.asp?s_src=pre_aspLink ■



MADE FOR MOVEMENT

Used Ballgowns and Latin Gowns

Men's Smooth and Latin Wear Always in Stock

Custom Design Service for Twin Cities Dancers

Call for information or an appointment at 952-595-0003

Visit us on the web at: www.made4movement.com

Celebrating more than 20 years of Experience and Success!

Need computer help



- Installations and Upgrades
- Networking
- Tutoring



Windows XP
Windows Vista
MAC OS X
Ubuntu

- e-mail
- anti-virus
- digital camera
- printer
- backup

651.224.0138

Help@DigitalWithAndy.com

www.DigitalWithAndy.com

Andy Trawick

Cheek to Cheek

Ballroom Dance Studio

With or without a partner we can teach you how to lead or follow.

Dances every Friday night:

8:30-10:30 PM

(Progressive Group Class: Friday, 7:30)

Group Lessons Every Night

(See web schedule)

Private Lessons By Appointment

Let it please you

twice as much . . .

Come dancing Cheek to Cheek!

Cheek to Cheek Ballroom Dance Studio

11415 Foley Boulevard NW; Coon Rapids, MN 55448

www.cheektocheekdancestudio.com 763-755-3644



Craig Hagensick

I am a research analyst for the Minnesota State Courts Administration Office. Basically, I do statistics as needed by the courts. About 10 years ago my wife mentioned how fun it would be to learn to dance. I finally acted on her wish about four years ago, when we

bought a package of ten dance lessons at a studio. By about the third lesson we were hooked. We dance at most any place where there is a variety of dances, but we generally dance American Smooth and Rhythm styles. In my freetime I read, and of course do house and garden maintenance. (But I'm not really sure the latter is "free time").

Gene Bersten

I ballroom dance for a living, I teach and practice every day. I am also going to school as a business major. I began dancing eight years ago. My mother made me start and it was a very rough journey. The person that helped Zhanna (my dance partner) and I the most with our dancing, and brought us to new heights, is Aleksandra Gisher. Without her we would be nowhere. My mother owns the Magic Ballroom School of Dance, where I attend and work. I like all styles of dance, but find the International styles are the most natural and follow the proper body actions. Besides dancing I do absolutely nothing. Dancing is my life and I love to dance. I am currently training for So You Think You Can Dance. Besides ballroom dance



I am studying hip hop, ballet and modern. I live in Minnetonka and our studio is located in Hopkins.

Jay Cai

I currently work full-time as a software engineer in Roseville. During my junior year at the University of Minnesota, I discovered their Ballroom Dancing Club. The friendly social environment encouraged and helped me develop my dancing skills – or lack thereof at the time. I am an independent dance student and have received training from various local and national coaches at different studios. I specialize in International Latin style of ballroom dancing, but often enjoy dancing in the local salsa scene, too. My other hobbies, besides dancing, include biking and in-line skating, photography, tennis (court & table), and learning in general.



Toni Brimeyer

I have been dancing for as long as I can remember. Some of my fondest memories are of dancing in the kitchen with my grade school friends to the great Rock and Roll music of Elvis, Buddy Holly, Jerry Lee Lewis, and others. There were a bevy of venues that provided live bands in and around my home town of Dubuque, Iowa, and so as I matured I enjoyed dancing in each and every one of them. Now that I am mature, I have become a social dancer with a special appreciation of swing and a love of Zydeco and nightclub two-step. My mother had a passion for dancing, music (especially opera), the performing arts, and movies, and I must say that it all rubbed off on me. I am a healthcare professional and live in an inner-ring suburb of Minneapolis. ■

CHIROPRACTOR

Dr. Thomas Thornquist
Over 20 years Experience

USA Dance Member

763-780-8249

9201 Lexington Ave. N., Circle Pines, MN



Where your **IMAGE** matters

INTRODUCING PROMOTIONAL PRODUCT SOLUTIONS

*Your one stop shop for all your printing
& promotional product needs.*

- ***WRITING INSTRUMENTS***
- ***DRINKWARE***
- ***APPAREL:
JACKETS, SHIRTS, HATS***
- ***CORPORATE GIFTS***
- ***TRADE SHOW GIVEAWAYS***
- ***EVENT PROMOTIONS***

*Bill Dessert - Phone 651-633-4600
bill@rapit.com*

Dancers Studio Outings!

"PICNIC IN THE PARK...ING LOT"

Friday, August 15th

7:00pm - 9:00pm

Dancers Studio-St. Paul Parking Lot

Dance Party to follow at 9:00pm

We invite you to join Dancers Studio for a fun evening of friends, food, community and DANCING!

Everyone is encouraged to bring a dish to share.

Celebrate *Woodbury Days* with us!
August 22 - 24



Dancers Studio Destinations

Cancun, Mexico
February 7 - 14, 2009

Save the Date!

Dance into your Best Life® – Presence of Being

By Julie Delene – On Your Toes/Retro Ballroom

The dance of life

There are many metaphors in dance that can be applied to our lives. For example, if a person is not clear in the change of direction that is being made on the dance floor, the execution of the step is weak at best. This is true in life as well. Having clarity in direction can create a powerful movement toward the accomplishment of your goals.

Another metaphor, and the one to focus upon in this article is called Presence of Being. This is the first module in Jeff Nehrbass' and my program called – Dance into your Best Life®. And I believe it is the most important module. Presence of Being sets the foundation in your dance, in this program, and most certainly in life. Why? Let's discuss...

Dance requires being present

Dance requires a person to be present. In fact, it is hard to dance if you are not present and I believe that is why dancing is so enjoyable. You cannot think about your past concerns or future anxieties and execute a dance step in the moment. Golf is similar, if you are not present; it is hard to hit the ball well.

However, even though dance requires present mind awareness, it is still a common problem we see when teaching. It is especially true when new steps are being introduced and even in choreographed routines. A person can be concerned about the next step even before they complete their current step. The step will then be stunted, not completely executed, and will lack partnership. As a result, the dance becomes a series of steps rather than a flowing movement.

Breathe to become present

One of the easiest and most effective ways to become present is to engage your breath. When you breathe, it helps to release other thoughts and bring awareness to our bodies and the present moment. When you are present, you allow for presence of being to engage.

In fact, breathing is so powerfully significant, programs to learn to breathe effectively are popping up all over. This may be new in western society, but it is old wisdom to eastern traditions that teaches the power of our breath through Yoga and QiGong. An old yogi expression is "Master of breath is master of life".

In 1995, I found this wisdom for myself. After attending Miracle of the Breath weekend workshops, my life changed in significantly positive ways. So much so I decided to teach it. After 12 years of study with teachers including Andy Caponigro, an internationally known breath master, I continue to be convinced that the breath is one of the most powerful tools we have in reach...and it is FREE. For more information, check www.miracleofthebreath.com.

Presence in life

In this moment, take a look. Are you present? Or are you wrapped up in your thoughts, concerns about the next moment, or the past moment, or thoughts about these ideas as you read this article? Are you really present?

In Eckhart Tolle's books, *The Power of Now* and most recently, *A New Earth*, he stresses the importance of being present. I'm grateful to Oprah to have this information become so easily available. Her recent webcast touched people from all over the world. What exciting times we're living.

As they discussed, our awareness, our creative essence, our beingness – our Presence of Being exists in the moment ...and so does our dance. Next time notice as you watch someone dancing with Presence of Being. It is engaging!

Julie Delene is the founder of Move As One™, LLC, and creator of the M-O-V-E method, a unique approach designed to guide individuals and organizations through the process of remaking themselves from the inside out. She has been helping people manifest their visions since 1984. Julie is a certified program leader and facilitator for Best Year Yet™, Miracle of the Breath™, and Black Sect Feng Shui. She has experience as a leadership coach, team facilitator, strategic business consultant, speaker and ballroom dance teacher. She combines her knowledge of organizational behavior with holistic practices to develop leadership potential and achieve goals. Julie is currently teaching ballroom dance and Dance into your Best Life® at On Your Toes/Retro Ballroom in St. Louis Park.

Julie Delene, Move As One, LLC, 612-598-5355
julie@move-as-one.com, www.move-as-one.com,
www.onyourtoes.org ■



**Satin Stitches® Ltd.**
DESIGNED FOR A SENSATIONAL PERFORMANCE!
**Nearly 30 Years of Custom
Designed Ballroom Apparel**
By appointment only, at your studio or ours
www.satinstitches.com
763-323-9507 • 1-800-48SATIN



June Monthly Dance Photo Album!



Photography by Theresa Kimler

Gentlemen Lead



by Jack Munday

In Ballroom Dancing a gentleman leads and the lady follows, and together they make a picture, hopefully beautiful. I have heard some say that the gentleman is the frame and the lady is the picture. I like the idea of the partnership producing that picture together.

Ballroom Dancing is an art form, makes beauty, and often tells an interesting story. Because I'm still learning to mix the paint, create the brush strokes, and understand the basics, I asked our instructor, Monica Mohn, to define the "Art of Ballroom Dancing" for me. Monica says, "It is to make the person you are dancing with be the best dancer in the world."

In our lessons and our conversations with others, Fran and I have recognized that ballroom dancing involves multi-tasking. Whether the gentleman leading or the lady following, each and both need to understand one's partner and work to one's partner's strength. In a social dance, perhaps at a wedding or a more formal event like the recent Tea Dance, when one dances with a new partner, one has just a few moments to develop a rapport and provide expertise that presents beauty and joy. The process includes having respect for one's partner. We also show respect for the environment. Formal dancing like at the Tea Dance has more space than some dance parties on smaller dance floors. Wedding dances can be very crowded.

I am a beginner at ballroom dancing, and some of the long time dancers are amused by my presumption in writing on these topics in this column. One friend said, "It is interesting to see your newcomer perspective and it will be interesting to see what you write four years from now." Another friend wondered if I would be dancing four years from now. So, why do I presume to write here?

I started taking lessons and going to the dances to please Fran. I first discovered her passion for dance, and found joy in her joy. Then I discovered that I have passion in dancing too. At the wedding of our granddaughter in May, I danced with the mother of the bride. Our daughter has her own style, does her own thing, but when I took her two hands, lifted them and led her into a cuddle, she squealed with joy, saying, "Jack, I could follow that!" It may be crude or primitive art at this stage in our learning, but that is the Art of Ballroom Dancing.

John S. Munday is a writer and lawyer who lives in Isanti County, Minnesota, with his wife Fran. ■



A Steamy South Central Regional Event

Baton Rouge, Louisiana

By Theresa Kimler

The USA Dance South Central Regional Championships was held June 6-7 in Baton Rouge. The weekend proved to be a hot one with temperatures of 90+ degrees and the typical southern humidity. The ballroom kept pace with the heat and was a well-run event packed with scholarship awards. The exceptional part of this competition is that the Louisiana Gumbo Chapter hosts the Amateur competition on Saturday, followed by a Pro-Am competition on Sunday. Congrats to Ann Durocher-Steven and the Gumbo Chapter for bringing the dance community together in their region.

Tom and Debbie Thornquist attended, placing well in the Rhythm events. Nels Petersen and I revived our Bolero from years past and it was great to compete in rhythm dancing again, in addition to American Smooth. Nels and I have attended this event for several years and were invited to do the show for the Pro-Am competition on Sunday. It was a gracious crowd and a delight to dance for them. I would definitely recommend everyone put this event on their competition lineup. ■



A man and a woman are performing a ballroom dance on a stage. The man is wearing a light blue long-sleeved shirt with a subtle pattern and black trousers. The woman is wearing a light blue, fringed, sleeveless dress and gold high-heeled shoes. They are both smiling and looking towards the camera. The background is dark with some blurred lights.

Save the date: January 10, 2009

THE SNOW BALL COMPETITION

***America's largest and most exciting
single day competition!***

**At the fabulous
DoubleTree
Minneapolis
Park Place Hotel**

**Bronze, silver
and open
scholarships**

**Generous top
teacher incentives**

***Incredible show by
Bree Watson and
Decho Kraev***

**Contact Paul Botes or
Donna Edelstein for more information
763 557-6006 www.thesnowballcomp.com**

ASK DR. DANCE

Paul and Donna are popular coaches and judges. They organize The Snow Ball DanceSport competition, co-own Classic Ballroom in Plymouth, and can be reached at 763 519-1314.

Q I've heard different opinions about the closed hold for International Standard (or American). Where should the connection be? Are there different schools of thought?

He Said:

The dance frame, or close hold, is somewhat influenced by a couples' physical limitations or blessings. It seems that the classic dance frame from the days of Bill and Bobby Irvine (former world Standard Champions) has evolved into to a frame that allows for more freedom on the lady's part. The Standard dancing of today has a greater emphasis on speed and power, sometimes at the expense of showing the artistry and character of the dance. Whichever frame you prefer, make sure it fits your style of dancing and that you have room to grow as a dancer.

She Said:

There are different schools of thought in all styles of dancing. The Standard has proponents of higher and lower connections and square and round styles of dance. Some coaches teach power and pushing with a lower connection almost leaning away from one's partner for volume, while others teach softness, swing, and a higher connection, with flexibility from the lady that is initiated by the man.

Over the years we have seen proponents of two bodies curving around each other, hips towards each other, two bodies parallel, two bodies with an 'air gap', balanced bodies with hips under shoulders, bodies leading backwards into hula-hoop's. There are always different approaches. Some are based on principles of good dancing and some are just trends developed by teachers who see a 'look' and try to emulate it without understanding how it is created.

Ultimately it is important to work with teachers and coaches who teach the same or complimentary styles as each other. As a coach I've seen couples spread themselves too thin by working with a variety of people who are proponents of oppositional techniques. Sometimes, students spend a lot of money and wind up confused by not being experienced enough to realize they are trying to incorporate opposing techniques. The best thing a couple can do for themselves is to pick one main coach who has an interest in their dancing, their choreography, and their presentation. Use this coach as a sounding board for who would be complimentary to work with and who would not. ■



1st Annual Backpack Drive Dance August 22, 2008

Help us stuff the backpack! Please bring in a school supply and receive \$1.00 off admission. Items will be donated to a St. Louis Park School.

Tango Lesson by Headmaster Jeff Nehrbass from 7:30 p.m. to 8:30 p.m.

Dancing from 8:30 p.m. to 11:00 p.m.

\$10 per person or \$8 if you show any current dance club membership.



July Monthly Dance Photo Album!

Photography by Cathy Dessert



A surprise appearance...



Dance Demo News

From Yvonne Viehman, Demo Coordinator



On June 26, 2008 USA Dance members performed for "Dancing with the Stars in the Rainbow Room" at Edina Park Plaza. This facility is a senior residence in Edina and about 50 residents joined us – some of whom had waited for hours for the demo to start! The coordinator wanted to provide an opportunity for the residents to reminisce about their fond memories of dancing. Janis Livingston and Greg Moore were a huge hit as they showcased their waltz, tango and foxtrot routines. Their playful interaction kept the audience wondering what antics they were going to display next. Dan and I spiced things up a little too by dancing cha cha, west coast swing, hustle and waltz. Both couples then did an east coast swing finale. The residents were thrilled to then get up and dance with other residents and the dancers. The ladies especially reveled in the chance to dance with Greg and Dan. A new element we need to start incorporating at these demos is asking the audience what dance they can teach us. There was actually a couple who treated us to the "Electric Slide" when I played a little foxtrot music for them! It was great fun and we all got out on the dance floor as the two led the group. One never knows what surprises will ensue at such venues – sometimes we encounter singing talent, and now fellow dancing talent. We'd like to thank Ginger Quay, the activities coordinator at Edina Park Plaza, for inviting us and for their contribution to our cause. Also, many thanks to Janis and Greg for their commitment to dancing for demos such as these, for their impeccable floor-crafting talent on a 12x12 floor, and for sharing their joy for dancing with others.

The next demo will be held at Covenant Village, 5600 St. Croix Avenue North, Golden Valley on Thursday, August 28, 2008 from 7:00 p.m. – 7:45 p.m. We're looking for both smooth and rhythm dancers and we will have a 24x24 wooden floor. Please call Yvonne at 763.553.1202 if interested in volunteering! ■



Competition Calendar

Aug 29 - 30, 2008 IDSF Grand Slam Latin/Standard Championships

Professional Organizer Brian McDonald and the Embassy Ball at Hyatt Regency in Irvine CA. IDSF Grand Slam Events are open to all Amateur competitors Registered with their IDSF member body

Sep 27 - 28, 2008 Heartland Classic - NQE

Qualifying event for 2009 Nationals. Hosted by Heartland Chapter #2022 at Adams Mark Hotel Airport, Indianapolis, IN

Oct 25 - 26, 2008 NorthWest DanceSport Championships - NQE

Qualifying event for 2009 Nationals. Hosted by Seattle Chapter #1004 at Sea-Tac Hilton Hotel, Seattle WA

Oct 25, 2008 Minnesota Madness, Shakopee Ballroom

Hosted by Nathan Daniels & Scott Anderson. For more information call 763-545-8690 or 612-816-4446. email: nathanh@visi.com

Nov 8, 2008 2008 USA Dance NorCal California State DanceSport Championship

Sponsored by NorCal USA Dance Chapter #4004 in Oakland CA



☛ Contact Theresa at theresakimler@yahoo.com or 651-773-3511

Size 2-6 Chocolate Brown Ballgown. Detachable float makes this dress ideal functional for both smooth and standard. Rich, elegant, fitted look...rich fabric. Long-sleeves, high neck, tobac color stoning through neck, bodice, and waist, zip-up back. Effortless wear! Pics available. Price reduced. \$1400

Lady's smooth shoes, size 36 (american 7). Tan satin, closed toe, strap at ankle. 2.5" heel. 2 pairs available. One pair is new, other was worn for 1 practice session. Both in original boxes. See the shoe style at www.dance-america.com. Dancefeel brand, model F30. Paid \$119. Will sell for \$60/pair.

Lady's smooth shoes, size 7 to 7.5 american. Tan satin with crossover strap at ankle. Slightly smaller than 2.5" heel. Will fit a 7.5 medium width and 7 wide width. DSOL brand. View this shoe at www.danceshoesonline.com under Ladies Pumps, model 682103. Paid \$75. Will sell for \$35.

☛ Contact Kate Wilkinson @ 651-436-4110 or wilkinson0985@msn.com

Red 2-pc Latin, never worn, custom made in England, Larger size, can be tailored to fit many, Can email pics, \$200 Other smooth and Latin dresses avail cheap.

☛ Contact Anne @ 612-280-7818 or annelatourelle@comcast.net.

Beautiful bright coral gown is a beauty on the floor and a breeze to wear. Dress has V front and back with long sleeves with beautiful draped sleeves. Will fit sz. 6-10. A steal @ \$700

Breathtaking light pink standard gown. Long-sleeves, large beautiful pink floral wing that matches the skirt. Soft, feminine with beautifully stoned floral appliques. Photos available to email. Will fit a variety of shapes & sizes. Only worn to one competition. \$1000. Designed by Marsha Wiest-Hines

Lovely blueberry colored smooth gown with yellow draped accents.

Asymmetrical top with one sleeve and one side fully stoned with stunning floral appliques. Very eye-catching, newest style. Designed to hide any figure flaws it will fit a variety of shapes & sizes. Photos available to email. \$1000. Designed by Marsha Wiest-Hines

☛ Email janislivi@msn.com for the following:

Selling out my gown closet! "The Lady In Red" – red lace and red chiffon, smooth or standard, red stones all over, flowing skirt and belled sleeves, asking \$125. "The Starlight Express" – multi-colored, stoned top with black, two layer georgette skirt, smooth or standard, asking \$100. "The Tangerine Dream" – Championship gown, neon Tangerine, stretch lycra smooth gown, goddess styling, asking \$125. All fit under 5'3" and under 130#. More gowns avail upon request. Rental avail.

☛ Contact Ella Eydel @ ellaeyde1@comcast.net 952-545-4767 or 952-426-5079

Sexy, beautiful Latin dress for sale, size 2-6. with lots of good quality stones. Price negotiable.

☛ Champion dance dresses, Jennifer Foster at 952-938-0048

☛ Contact Lisa Wu at 651-278-4434 or lisa_wu_us@yahoo.com

Green & blue rhythm dress sz. 4-10 green body & skirt with blue belt, lots of rhinestones all over, matching arm/wrist bands. Great for new competitor! \$300 nego.

Purple & white Smooth Gown. Sz. 6-10, \$300 New Latin & Ballroom Shoes for sale, sz. 7, 8 & 9 \$40

☛ Contact Stacie @ 612-251-8108 or SPIERSON4@comcast.net. Pictures, payment plans available for dresses listed below. Most available to rent. **White Standard and Smooth Gown.** Feel like Marilyn Monroe. Floats are on gloves, dress can easily be transferred to a smooth gown. Beautiful stone work on upper bodice on front and back. Sizes 0-6. Reduced \$2,400.

Playful lime green smooth dress. Has a drop waist with stones through out the bodice. Complete with 6 bangles. Sizes 0-6. Reduced to \$1,750.

Great movement on floor. Seafoam green rhythm/latin dress with open back. Decorative gold stones work on front and back. Includes matching gold bracelets, choker and ear-rings. Sizes 0-6. Reduced \$2,400 or BO.

Ultra Showy Green Latin/rhythm dress. Features a very slinky shape and draped fabric heavily decorated with stones. Left side is quite open for those who dare to bare! Piece of skirt in front goes to the floor. Size 0-6. Reduced to \$950.

Playful black and orange latin/rhythm dress. Sleeveless with an open back. Very playful skirt that lays at a diagonal. Size 4-10. Includes matching bracelets and choker. Reduced to \$1,400.

Great starter latin/rhythm dress. Sexy black lace over nude fabric. High left leg, detachable panty and separate armband. Size 4-8. \$150.

Great starter red latin/rhythm dress. Very stretchy fabric. Skirt slit high on right leg. Spider web straps in back. Made for larger bust. Size 4-8. \$250

☛ Contact Amy at 608-835-5666 or email albishop@charter.net

Shoes Size 7 1/2 (American) Diamant Champion round toe 2" latino heel, elastic court std shoes, flesh satin. Brand new. Originally \$110 asking \$40.

☛ Contact Chris chris_scarlett@yahoo.com

Women's Capezio pumps, black with strap an thick 2" high heel, Size 7 1/2 to 8M, hard leather sole, excellent condition, \$10.

☛ Contact Ellen @ 612-600-9726 or EllenR_77@yahoo.com

Women's Celebrity dance shoes, black, 3 in. heels, size 8 1/2 - 9.

☛ Contact Janet @ 763-389-9038 or kneadmyspace@yahoo.com for photos

Royal purple contemporary dress with 1 shoulder, asymmetric hemline, lots of beading. Never worn, sz. 10, \$350.

☛ Contact Kate Bratt at 651.214.0906 or yolanda4life@yahoo.com

Asymmetrical orange & blue smooth dress size 2-6 Cool, one-of-a-kind design looks great on the floor. \$300 negotiable

Red-belted rhythm dress size 2-6 Super low V-neck, hot-red belt design. Very sexy! \$400

Black lace rhythm dress size 4-6 Sexy see-through long-sleeved look, lots of stones and pearls on the body with cool black and pearl fringe on skirt, matching earrings. \$700

☛ Contact Janie @ 763-797-5230 or janienordberg@comcast.net

Newly offered Hot Yellow Rhythm dress! Size 2-8. This Stunning dress will get you noticed! Gorgeous blue contrasting appliques, tons of stones, newest style flirty skirt, and accessories included! Asking \$875.

Newly offered Rhythm! Pink & white fantasy of color and stones! Size 2-8. This amazing dress has tons of stones and beautiful pearl beading! Sleeveless one-piece with bracelets, necklace, and a fantastic flirty skirt!! Asking \$800.

Princess White Championship smooth Size 2-8. Feel like royalty in this beautiful white lace gown with chiffon layered skirt! Multi-colored AB stoning with flower details. Made by Marsha Weist-Hines. Asking \$950.

Black/fuschia smooth gown Size 2-8. Striking gown with 3 layered multi-colored chiffon skirt and wrap on one sleeve. Explosion of color of the skirt layers and AB color stones when you twirl! Asking \$550.

Fiery Orange rhythm dress! Size 2-8. This hot flaming 2-piece dress has assymetric sleeves & skirt, Sun AB stoning, beautiful braid detail belt and straps, matching wrist bands and jewelry. Asking \$700.

Gold/rose-red rhythm dress Size 2-6. Beautiful Rose-Red lace overlays shimmery gold, bell sleeves and flare skirt gets you dancing like a star! AB color stones add extra sparkle! Asking \$400.

Fuschia rhythm dress Size 2-8. A great starter dress! Bell sleeves, open back, asymmetrical skirt, and color AB stoning. Moves great! \$300 or BO.

☛ Contact Eileen @ 651-636-6306 or eileen@arcilla.net

Bright Blue Satin Smooth/Standard Gown. Get noticed in a bright shiny satin gown. Full skirt and cut makes you feel like you're floating! Open back with fully stoned inset and skirt hemmed with satin band. Cut is flattering for many figures. Comes with matching earrings, hair piece, neckband and arm bands. Professionally designed/created by Flair Designs. Size 4-8. Asking \$1200.

Lavender Latin/Rhythm Dress. Lavender latin/rhythm dress with halter style top, ruffled hem and open back. Entire dress stoned in different colored stones which will make you sparkle! Dore Designs. Size 4-8. Asking \$2100.

Swaplines is a monthly feature offering members and subscribers the chance to sell their dance merchandise. Advertisements for partnerships are not published in this column. Please include your area code when submitting advertisements for Swaplines.

Classic Ballroom (763) 519-1314
www.classicballroomdance.com 4228 Lancaster Lane North,
 Plymouth 55441 (Four Seasons Mall – take Cty Rd 9 west off
 Hwy 169) Dance parties: 1st & 3rd Friday of every month:
 7:10 pm – two group classes (1 for newcomers and 1 for bronze
 level and up); 8-9 pm party follows! Cost: \$15/group & party,
 \$10/party only. Instructors at Classic Ballroom include: Paul
 Botes, Donna Edelstein, Jay Larson.

Club Salsero @ Cinema Ballroom (651) 699-5910
 1st Friday Latin Dance Party, \$15 for lesson & party; students
 with ID receive discount at door.

Dancers Studio (651) 641-0777
www.dancersstudio.com 99 N. Snelling Ave., St. Paul 55105 (S
 off I-94); Woodbury studio opening March 28 at 9470 Hudson
 Road, Woodbury, MN 651-731-0777.

ERV Dance Studio (952) 303-3339
 816 1/2 Main Street, Hopkins, MN; www.ERVDanceStudio.com
 Salsa Caliente Dance Club every Saturday night \$10. Includes
 8pm lesson; 9pm live music with “Sensation Latina”!

LifeTime Fitness (612) 868-3344
www.GottaDanceNow.com Sondra’s 2nd Saturday Dances! 6
 pm lesson; 7-10 pm variety dance; 1001 W. 98th St., Bloomington
 (corner of 35W & 98th St.) \$10; Hosted by Sondra Chan and
 Instructors in Training.

Liola-La Bodega (612) 823-2661
 Lyndale & Lake Street, Minneapolis; Sundays and Mondays
 SALSA and Latin Dancing Costa Rica-style; Brought by
 ERVentertainment & Tico Baila (612-240-9053)

Loring Pasta Bar
www.loringcafe.com/pastabar Sunday nights have tango
 or other latin music from 6-9 pm.

Medina Entertainment Center (763) 478-6661
www.medinaentertainment.com 500 Hwy. 55, Medina 55340.

MN West Coast Swing Dance Club (651) 777-5599
www.mnwestcoastswingdanceclub.com B-Dale Club, 2100 N.
 Dale St., Roseville. Dances 2nd & 4th Fridays. Lesson 7:30 pm,
 Dance 8:30 pm. \$5/WCS members, \$8/non-members.

Naar Grille Salsa Night (952) 946-6227
 11528 Leona Road, Eden Prairie. Every Friday is Salsa Night
 from 10 pm-2 am.

On Your Toes School of Dance (952) 928-7803
 1st & 3rd Fri. Ctry. Dance; 1st Sat & 4th Fri Ballroom Dances.
www.onyourtoes.org and info@onyourtoes.org 5810 W. 36th St.,
 St. Louis Park, 55416. Jeff and Cindy Nehrbass.

Rebels Swing Dance Club (952) 941-0906
www.tcrebels.com Eagles Club, 2507 E. 25th St., Mpls. 1st and
 3rd Sunday Dances 7:30pm; \$6/members/students w/ID; \$10
 non-members.

Shakopee Ballroom (952) 445-0412
 2400 East 4th Avenue, Shakopee. Every other Friday they offer
 either ballroom or swing or dance bands; lesson at 7:30 pm and
 band begins at 8 pm. Other dances scheduled occasionally.

Social Dance Studio (612) 418-4046
www.socialdancestudio.com New location: 3742 23rd Ave. S.,
 Minneapolis – open as of April 1st!

Tango Society of Minnesota (763) 576-3349
www.mntango.org New location for 2nd Saturday dances is:
 Retro Ballroom of On Your Toes Studio, 5810 W. 36th St.,
 St. Louis Park (except for May festival – site TBD); Lesson 8 pm;
 Dance 9 pm – 1 am \$10.

Wabasha Street Caves (651) 224-1191
 215 S. Wabasha St., St. Paul. Thursdays are “Swing Night” with
 big bands! Lesson 6:15 pm, Dance 7-10 pm. \$7 cover charge.

Dance Contacts

Instructors

| | |
|--|--------------|
| Scott Anderson | 612-816-4446 |
| Harry Benson | 763-843-2285 |
| Gene Bersten | 763-234-8656 |
| Paul Botes & Donna Edelstein | 763-557-6004 |
| Champion Ballroom | 952-934-2160 |
| Robert & Jennifer Foster, Micheal Paul Newman, Caitlin Rose Foster, Dependra Thakur, Lucinda Reed, Verna Agujo, Lisa Dickenson | |
| Cinema Ballroom | 651-699-5910 |
| Michelle Haley-Hudson, Eric Hudson, Lindsey Hall, Brittany Halverson, Alyssa Kark, Shane Meuwissen, Peter Westlake | |
| Classic Ballroom | 763-519-1314 |
| Paul Botes & Donna Edelstein, Klaudyna Borewicz, Russell Hunter, Jay Larson, Stacy Zerk | |
| Dancers Studio | 651-641-0777 |
| Jill Ableman, Modie Chehouri, Christine Hallberg, Jeff Halverson, Kate VanAlstine | |
| Nathan Daniels | 763-545-8690 |
| Wendi Davies | 973-449-7654 |
| Joy Davina | 612-418-4046 |
| Jennelle Donnay | 651-357-2060 |
| ERV Dance Studio | 952-303-3339 |
| Elicer Ramiez Vargas, Rebecca Dahlquist-Eckoff, Rachel Mishiev, Katrin Bachmeier, Julio Monteverde, Soodi Pessian, Iana khoutieva | |
| Donna Frykman | 651-777-5447 |
| Esther Granbois | 612-872-1562 |
| David Hanson | 218-722-0742 |
| Julie Jacobson | 651-261-6442 |
| Tony Karadjov | 612-701-5604 |
| Tom Larson | 612-371-0300 |
| Deanne Michael | 612-508-9255 |
| Monica Mohn | 612-874-0747 |
| Jeff & Cindy Nehrbass | 952-928-7803 |
| Mariusz Olszewski | 612-242-5159 |
| On Your Toes | 952-928-7803 |
| Jeff Nehrbass, Cindy Nehrbass, Elly Mae Toupin, Laurel Behning, Julie Delene | |
| Todd Paulus | 612-968-2401 |
| Eric Remsen | 612-724-3156 |
| Mary Rosenstiel | 612-720-2584 |

Services

Made for Movement: costume design, production, tailoring
 (Marsha Wiest Hines)952-595-0003
 Satin Stitches Ltd.: custom designed dancewear
 (Deborah J. Nelson)763-323-9507 or 1-800-48SATIN

Studios

| | |
|--|--------------|
| Arthur Murray Dance Studio, St. Paul | 651-227-3200 |
| Ballroom & Wedding Dance Studio, Minneapolis | 612-371-0300 |
| Champion Ballroom, Chanhassen | 952-210-6252 |
| Cheek to Cheek Studio, Coon Rapids | 763-755-3644 |
| Cinema Ballroom, St. Paul | 651-699-5910 |
| Classic Ballroom, Plymouth | 763-519-1314 |
| Dahl Dance Center | 507-252-1848 |
| Dancers Studio, St. Paul | 651-641-0777 |
| ERV Dance Studio | 952-303-3339 |
| On Your Toes, St. Louis Park | 952-928-7803 |
| Rendezvous Dance Studio | 612-872-1562 |
| Social Dance Studio, Mpls..... | 612-418-4046 |

Clubs

| | |
|--------------------------------------|--------------|
| Café Bailar | 612-600-5129 |
| MN West Coast Swing Dance Club | 651-777-5599 |
| REBELS Swing Dance Club | 952-941-0906 |
| Tango Society of Minnesota | 763-576-3349 |
| USA Dance, Minnesota Chapter | 651-483-5467 |



MINNESOTA

DANCING TIMES

A publication of the Minnesota Chapter 2011 of USA Dance

6130 IVES LN N • PLYMOUTH, MN 55442-1247

Yes! I want to receive the USA Dance MN Dancing Times newsletter!

Please send my one-year subscription to:

Name _____ Phone _____

Address _____

City/State/Zip _____

Please mail your check for \$22 along with this form to:

Anne LaTourelle, 6130 Ives Lane North, Plymouth, MN 55442

annelatourelle@comcast.net

Note: paying for a subscription is separate from paying USA Dance for your membership.



Saturday, August 16, 2008 USA Dance's monthly dance held at
Dancers Studio: 99 Snelling Ave N, St. Paul

7:00 - 8:00 pm Dance Lesson

8:00 - 11:00 pm Ballroom variety dance

\$10 per person, \$7 for USA Dance members, \$5 for ages 25 & under
(Become a USA Dance-MN member tonight and get in free!)

Hotline: (651) 483-5467. Email: info@usadance-mn.org. Web: www.usadance-mn.org.

Ad courtesy of Tricia Wood

Next Newsletter Deadline: August 10th, 2008