

MINNESOTA

# DANCING TIMES



A publication of the Minnesota Chapter 2011 of USA Dance

April 2007

## Star of the North 2007!

### Full Coverage Inside

Photos, Photos and  
More Photos!

Judges' Perspectives

Spectators' View  
from the Sidelines

First Time Competitors



**Inside this month's issue...**  
**All About Star of the North**



## Dancers Nite Out



- Su 04/01 Cheek to Cheek Studio Spring Showcase ! 1:30-5:30pm at 11415 Foley Blvd., Coon Rapids; \$15 in advance; \$20 at the door; FMI: 763.755.3644 or [www.cheektocheekdancestudio.com](http://www.cheektocheekdancestudio.com).
- Su 04/01 Ballroom Time at Matty B's! Come and join the fun: 5:15pm beginner lesson taught by Maria of Dancer's Studio, 6-9pm dance to Christine Rosholt Quintet, appetizer buffet \$15; Matty B's Supper Club, 354 N. Wabasha, St. Paul, FMI, call: 651.291.0404.
- Sa 04/14 Cinema Ballroom's Spring Showcase, 1560 St. Clair Ave., St. Paul; pro/am and am/am performances; register by Wednesday, 04/11/07; spectator tickets: \$15 in advance; \$20 at the door; FMI: 651.699.5910 or [www.cinemaballroom.com](http://www.cinemaballroom.com).
- Sa 04/14 Hoopsnakes & the Daisy Dillman Band at the Medina Entertainment Center, 500 Hwy. 55, Medina; Show at 8pm; advanced open tickets: \$18-\$22; FMI call: 763.478.6661 or [www.medinaentertainment.com](http://www.medinaentertainment.com).
- Su 04/22 **USA Dance hosts our 2007 Tea Dance!** An incredible brunch and afternoon of fantastic dancing! Held at the Lafayette Country Club, 2800 Northview Road, Wayzata (Minnetonka Beach); \$35/person for brunch and dance (brunch from 11am-12:30pm) – brunch tickets must be purchased by 04/16/07 or pay \$40/person after that date; \$20/person for dancing only from 1-4pm; for tickets, call: Dede Ouren @ 651.452.4340 or Melanie Helvig @ 612.722.8480.
- 04/26-29 and 05/03-06 Beyond Ballroom Dance Company presents "Spinning Wheel" at the Southern Theater in Minneapolis; for tickets (\$25/person), call: 612.340.1725.

**Arthur Murray Dance Studio** (651) 227-3200  
534 Selby Avenue, St. Paul, MN. Salsa for beginners and advanced on Wednesday 8:15 pm/\$15. Date Night variety class for beginners on Friday 6:45 pm/\$25/couple.

**Babalu** (612) 240-9053  
800 Washington Ave. N., Minneapolis. Monday Salsa Caliente Night; dance from 9pm-1am; cover \$5. Saturday Salsa Live Music Night; free salsa lesson at 9:30pm, dance to live latin music from 9pm-2am; cover \$10.

**Black Dog Cafe & Wine Bar** (651) 228-9274  
308 Prince Street, St. Paul Argentine Tango night every 3rd Saturday. Lesson at 7:30 pm, dance from 8-11 pm/\$3.

**Blue Moon Ballroom** (507) 288-0556  
[www.BlueMoonBallroom.net](http://www.BlueMoonBallroom.net) 2030 Hwy 14, East Rochester, MN; Fridays – Latin Night from 7:30pm - 12:30am; Saturdays – Live Bands!

**Cafe Bailar Dance Club** (612) 600-5129  
2nd Fridays and 4th Saturdays of every month at On Your Toes school of dance. 5810 W. 36th Street, St. Louis Park, MN 55416. Lesson 7:30-8:30 pm. Dance 8:30-midnight.

**Cheek to Cheek Ballroom** (763) 755-3644  
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**Cinema Ballroom** (651) 699-5910  
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DNO continued on page 27



## 2007 Tea Dance

*Sunday, April 22, 2007*

*11:00 am – 4:00 pm*

**At the Lafayette Country Club**  
**2800 Northview Road**  
**Wayzata (Minnetonka Beach)**  
**MN 55361**

*See page 10 for more information.*

**USA Dance MN HOTLINE**  
**(651) 483-5467**

Call for information on dance events.  
Leave a message for membership information.

# Theme of the Month...



## ALL ABOUT

# Star of the North



## Inside the Times

Dancers Nite Out .....	2
USADance MN Board Meeting Minutes.....	3
Editor's Intro .....	4
Dear Anonymous .....	4
SOTN: What's Up With Star of the North .....	5
SOTN: A 10 Year Run!.....	7
SOTN: 1st Time Competitors .....	8
SOTN: Comments from the Judges .....	11
SOTN: U of M Ballroom Dance Club Rocks .....	12
SOTN: Photos .....	13-16
SOTN: Results .....	17
SOTN: Spectators - A View from the Sideline.....	19
Ask Dr. Dance .....	21
On Your Toes Grows.....	23
Etiquette Corner .....	25
Swaplines .....	26
Competition Calendar .....	27
Dance Contacts .....	28

## From the Board

*Minutes of the Monthly USA Dance MN #2011 Board Meeting – March 6, 2007. Submitted by Tricia Wood*

**Members present:** Min Chong, Julie Elholm, Rob Eliasof, Donna Gates, Jannelle Huff, Mike Jones, Frank Kohlisch, Erik Pratt, Jeff Skaalrud, Steve Vespested, Tricia Wood

**Location:** Jannelle Huff's apartment complex.

**Call to order:** A quorum was established. Agenda was approved.

*Minutes from February approved.*

**Star of the North:** Discussion with Nels Petersen about THE 2007 Star of the North competition and planning for 2008.

**Treasurer:** Board approved Treasurer's report. Erik passed around the 2007 annual report that was sent to Nationals in February.

**Monthly Dance Budget (Rent, DJ, Instructors, etc.):** Approved 2007 budget for monthly dances, including the volunteer appreciation dance this month.

**Tea Dance:** Board members are free to help Dede & Melanie sell Tea Dance tickets. They can call Dede for tickets, or pick up fliers at the monthly dance.

**Meeting Location:** Trying to find new meeting locations, more central for this group. Tricia's Mom's house in Bloomington for the next meeting.

**Budget Goals:** Discussion about what the budget and cash goals for the chapter should be. No vote taken.

**Formation Team:** Gold formation team wants to use USA Dance-MN's name. Discussion about whether or not to do this focused on access, the selection process, liability, and how to expand the idea within the chapter. No vote was taken.

**Website:** We learned that the website is not compliant due to MN doctoring of the national logo. The logo has subsequently been swapped out, but there is interest in exploring further how we could incorporate a logo of our own.

**Star of the North:** Further discussion about what has happened to the Star of the North competition in the past few weeks, how it ended up with another organization and then back again with USA Dance. Discussion about the future of organizing Star of the North.

**Next Meeting:** TBA

**Location:** Tricia's Mom's house in Bloomington



## USA Dance: Who Are We?

We are a non-profit organization formed to preserve and promote ballroom dancing, both as an art and a healthful sport. The Minnesota chapter, USA Dance MN, was formed in 1991.

Membership in **USA Dance** is open to dancers of all levels. There are several categories to choose from: Social, Competitor, Junior (17 and under), Collegiate, and Associate (professional/instructor).

**USA Dance MN** sponsors monthly dances and other special dance events. Members are entitled to discounts on admission to the monthly dances, as well as access to a great network for meeting other dancers.

As a member, you'll have fun dancing and meeting many new friends. For more information, call the **USA Dance MN HOTLINE:** 651-483-5467.

The *Minnesota Dancing Times* is published monthly by the members of the Minnesota Chapter of USA Dance, providing information and news of ballroom dancing to members and friends.

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**Contributions:** Articles submitted may be edited for length, clarity and content. Photos will be returned. Please provide a self-addressed, stamped envelope or send high quality jpgs to Anne LaTourelle.

**Subscriptions:** \$22/year. Make checks payable to USA Dance MN and send to Anne LaTourelle, 6130 Ives Lane, Plymouth, MN 55442.

## Advertising

**DISPLAY ADS:** To advertise your event or professional service, submit a digital file (**high quality pdf or jpeg format ONLY**) or camera-ready artwork to **Cathy Dessert (651-415-0375 or cathydessert@comcast.net)** along with payment to **USA Dance MN**. Advertising for charge cards, insurance, or travel cannot be accepted. Ads can be typeset or designed for a small fee, contact Janie or Eileen. Payment to accompany ad.

<b>Full page</b>	<b>7.5" wide x 10" high</b>	<b>\$130</b>
<b>Half page</b>	<b>7.5" wide x 4.75" high</b>	<b>\$80</b>
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<b>Qtr. page</b>	<b>3.5" wide x 4.75" high</b>	<b>\$60</b>
<b>Business Card</b>	<b>3 consecutive months</b>	<b>\$50</b>

**CLASSIFIED ADS:** Free 3-line ad in Swaplines available to subscribers (dance merchandise only).

**DEADLINE FOR ALL MATERIALS:**  
**10th OF EACH MONTH**  
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### Star of the North is a Wonderful Event from Many Angles!

Anne LaTourelle

*Dancers, who want to compete, have a chance to participate in a great competition. Spectators can watch their friends dance; sometimes with new, different, or even multiple partners.*

*Our local pros help out as judges and we get a chance to see the different instructors in action.*

*USA Dance volunteers get involved with the many activities involved in running a dance competition; as announcers, runners, ticket takers, and on-deck coordinators.*

*This month is "All about Star of the North" so; enjoy the photos and comments from spectators, dancers, judges and others! ■*



*Dear Anonymous,*

*Thank you for your letter pointing out the multitude of inadequacies of the Dancing Times. We are always happy to hear from readers.*

*We are a small group of volunteers. Despite our best efforts to get articles, photos, and ads in a timely manner, almost everything comes in at the last minute. Some promised pieces never show up. That generally gives each of us only few days to complete our designated part of the operation. We've all missed out on important events and lots of sleep because we've been working to meet the newsletter deadline.*

*Each of us puts in somewhere between 15 and 35 hours each month. We aren't trying to publish a national magazine, this is a local newsletter. We work hard to put it together and we're proud of it. Articles are cleaned up as needed, but not so much that the writers lose their voices.*

*We have discussed your letter and hope that you will come join the team. It might be more rewarding to use your time and talent to help improve the newsletter rather than to write anonymous letters.*

*Sincerely,*

*Anne LaTourelle, Betsy Phillips, Janie Nordberg, Eileen Arcilla, Cathy Dessert, Theresa Kinler & Yvonne Viehman*

### **CABDA Ballroom Dance Party Saturday, April 7**

**Foster DanceSport, 816 Main St, Hopkins**

8pm General dancing; 7pm Lesson

\$10 door (USA Dance members \$8, students \$5)

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# ALL ABOUT Star of the North



## What's Up With Star of the North

*Submitted By Mike Jones*

Some clarification is needed regarding future plans for the Star of the North DanceSport Competition (SOTN). Many dancers have heard details about new plans for the SOTN next year. The 2007 SOTN program contained ads stating that the 2008 SOTN would be on the same weekend as the 2008 Minnesota Snow Ball Competition. It also stated that the new SOTN organizers would be Paul Botes and Donna Edelstein. There are some important changes to note.

We, at USA Dance-MN are a compilation of volunteers who coordinate and pull together to achieve our goals. We love all of our volunteers and our chapter definitely couldn't function without them. I think it boils down to a classic quote from an old Paul Newman movie "What we have here is failure to communicate". Some plans (on behalf of the chapter) were moving forward at a different rate than other plans. It turned out that the chapter consensus ultimately was of the opinion that, rather than have professionals run it, they would prefer to go back to the old status quo.

The whole time this was happening, Paul and Donna were cooperating, in good faith, with the wishes of the chapter. When they found out about the chapter's change of mind, they graciously offered to step out the picture. So here's how it is. There is no change with the 2008 Snow Ball and it will be held on January 12, 2008. Paul and Donna run a fabulous event so be sure to keep that date reserved on your calendar.

The 2008 SOTN will not be on that weekend. It will be a little later (probably somewhere around mid February) and along the lines of where we have always had it. We, at USA Dance-MN, will continue to produce it. We are in the early planning stages, so if you would like to get involved please let us know. We're sure that it will continue to be the free wheeling, crazy, happy, fun, inexpensive event that it has always been. We apologize if any of these changes or mix ups caused anyone any inconvenience.

If you would like to be involved with the 2008 SOTN or if you have any thoughts or comments about the event this year, then talk to me at:

[InMyOpinion@USADance-MN.org](mailto:InMyOpinion@USADance-MN.org)

Now, let's talk about SOTN this year. I wrote an article about it in the newsletter last month. But the deadline to

submit my article was prior to the actual event. So, I had to refer to my crystal ball to see how it was going to be. It was correct about the great turnout and everybody having fun. But I must say that the crystal ball goofed on many of the future heat results and it sure didn't see that computer glitch coming.

Congratulations and special thanks to dancers Uwe and Dagmar Kortshagen, as well as, Lee and Leslie Whitney. They excelled and won event heats which had scholarships attached. They graciously donated their winnings back to the chapter.

Once again, Sharon Kennedy and I had the pleasure of being Volunteer Coordinators for this year's SOTN. I was a bit under the weather with some sort of cold and Sharon helped me through. As for all of the rest of the volunteers and committee members; we already told you that we love you and couldn't do it without you. But you deserve to hear it again plus hugs and kisses from Sharon XOXOX.

Stay tuned for dates and details of the next SOTN. And don't forget other upcoming USA Dance-MN events like the Tea Dance, Dance Extravaganza and monthly dances. Read on in this newsletter for details. ■



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Camille LeFevre, Star Tribune

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# ALL ABOUT Star of the North



## A 10 Year Run!

*Submitted By Mike Youngdahl*

The 2007 edition of the Star of the North State Games Dancesport Competition is in the books. Held at the Shakopee Ballroom on February 16-18th, the event was considered by some to be the best Star of the North, ever. As Chairman of the event, I was very pleased with the way things turned out. As this was my last year as Chairman, please indulge me with some parting thoughts.

In my mind, Star of the North exemplifies what USADance is all about. Our main goal was to make it affordable to both spectators and competitors. With the mix of college students and adults, it truly was a remarkable event. Not many amateur competitions run quarterfinals for bronze level events. Very few competitions offer the variety of scholarships we gave out for this year's event. It was inspiring to see a packed ballroom all weekend.

A number of years ago, I was lucky enough to get involved with USABDA-MN, now called USADance-MN. Why did I do it? My folks raised me to get involved with organizations that were important to me. I started by attending monthly dances and had a great time. I was never intimidated by the good dancers, because I knew that they were beginners at one time. And I believed I would improve faster by dancing with more experienced dancers. Back then, it was apparent that the workload of the chapter fell on the shoulders of a few weary souls. So I decided to get involved. Looking back on that time, I really believe we owe a debt of gratitude to those who got the chapter started. They paved the way for the successes we are now enjoying. Unfortunately, the workload caused many of them to become burnt out and as a result, many of them have moved on to other endeavors in life.

My 10 years of chapter involvement has been hugely rewarding for me. I have had the privilege to meet and

work with some truly outstanding people. With them, we have built the chapter into one of the premier chapters in the country. Instead of just wishing about it, we put on affordable monthly dances with group lessons. We did demonstrations at nursing homes and other venues. We put on Broadway style shows. We ran Star of the North for 10 years and hosted USABDA's National Dancesport Championships for 4 years. We have put out quality newsletters for years. With Scott Anderson, we are co-owners of one of the highest quality portable dance floors in the country. In that time, our goal as a chapter was to provide affordable opportunities to participate in ballroom dancing, either as a dancer or spectator. I may be biased, but I believe the chapter has been extraordinarily successful.

So why was this my last year with Star of the North? Having been active in the chapter for over ten years, it is time for me to move on to other interests. I am seriously looking at writing a book about the history of motorcycle enduro racing in Minnesota. In addition, my fraternity and high school alumni association are looking for help. My experiences with the chapter have provided me with valuable experiences that I

can take with me into future endeavors. Or it may be charity work with my best friend and wife, Teri. Changes in my practice at work have also been time consuming.

The chapter has a new group of board members, and they deserve to have the freedom of moving the chapter to the next level of excellence. While not intending it, the natural tendency after so many years of being involved is to say "Be reasonable, do it my way." It's not fair to those with new and fresh ideas.

Thank you for your support over the years. I wouldn't trade a minute of it for anything. ■



*Mike Youngdahl dancing Mixed Proficiency at Star of the North with Theresa*

# ALL ABOUT Star of the North



## 1st Time Competitors Regan Sauders & Laura Welter

*Submitted By Anne LaTourelle*

One of the best things about SOTN is the prevailing attitude of “why not dance”! At this competition you find many couples who are competing for the first time. Many new partnerships (even temporary ones) are put together for this event.

Two such partnerships started when a couple of ladies who danced in All Wrapped Up, met ballroom dancers. Laura Welter danced mixed proficiency with Frank Kohlasch and Regan Sauders danced mixed proficiency with Tom Nyberg. Let’s hear about their experience venturing into the world of ballroom!

### **Q: Tell us about your dancing background**

Laura:

I started dancing on my high school dance team, Mpls. South High School. After high school I went on to studio dancing. I think I took every class that was offered at my studio ballet, tap, jazz, hip hop, and some modern.

While continuing my studio training I went on to perform with a variety of groups in a many different styles. Some performances included the Zenon Scholarship Program, Phipps Center for the Arts Dances Chances Circumstances (Hudson, WI), Spiritual Fringe Festival, and the Lumberjacks Semi Pro Dance Team. Currently a member of the Starettes, a Minnesota PerformDance group, I’ve had experience coaching children and a high school dance team.

Regan: I didn’t really start dancing until high school, and then I feel in love with it. I’ve now danced for such groups as the Zenon Scholarship program, Ashland Productions, the danceXchange Studio, and the Lumberjacks semi-pro dance team. I also coached a dance team for 6 years.

### **Q: What motivated/inspired you to learn some ballroom dancing? Had you done it before?**

Laura: The Starettes often rehearsed for All Wrapped Up at the same time as the ballroom dancers. I found myself a little distracted during practice, I kept watching and trying to catch on to their choreography. With no ballroom experience, so it was definitely a challenge for me to learn.

Regan: I had never done it before, but was always



*First Time Ballroom/Latin Dance Competitors  
Regan Sauders & Laura Welter*

interested, so when the opportunity presented itself I had to act on it.

### **Q: What did you do to get ready for the competition? How many hours did you put into practicing/learning?**

Laura: I found out about the competition about a month before it was to take place. My partner Frank and his wife Lynn worked with me twice a week for an hour. They were great teachers, always excited to teach and very encouraging.

Regan: I watched a lot of the ballroom competitions on PBS. My partner and I put in about 15 hours of practice before the competition.

### **Q: What was the experience like? How was it different than a performance you’ve done in the past?**

Laura: I had a great experience at SOTN. It was a lot more fun than any other dance competition I’ve participated in. Being out there with a group of dancers felt more like a show than a competition. Compared to past dance

**FIRST TIMERS** continued on page 9

# ALL ABOUT Star of the North



**FIRST TIMERS** continued from page 8

competitions, this one was a lot less stressful.

Regan: It was really different from any other style of dance I've done. In a competition, your team is the only team on the floor and you have about 3 minutes to show the judges what you can do. With this ballroom competition, we had a very limited amount of time, so we really needed to catch the judge's eye and give them a lasting impression.

**Q: What was the best advice you got? What advice would you give someone else thinking about learning ballroom?**

Laura: The best advice I received was to learn and perfect the basics. It's better to have a simple, clean routine than a technically difficult, sloppy routine. The advice I would give to others who are thinking about learning ballroom, is to learn a style that they love to watch. I've always loved watching Latin style dances, so learning the cha cha was a lot of fun for me.

Regan: The best advice I got was "don't look down". Since the judges might only be looking at you for a second or two at a time, you really have to make sure your eyes are up and not staring at the floor! I would tell someone that a lot more goes in to ballroom than you think. It's a way of life. You have to be willing to really work hard in order to be successful.

**Q: Are you going to continue to learn more ballroom? What's next for you?**

Laura: I would love to continue ballroom, I'll definitely be back to SOTN next year. This year I will continue to perform with the Starettes and take some classes to brush up on my skills.

Regan: I would like to continue with ballroom. I am starting a dance team of my own for high school grads and college alumni who don't have a dance team to join. I am going to continue on as the Assistant Director of the Starettes.

**Q: Both of you danced with the Starette dance line for Minnesota PerformDance. Will you be continuing to dance with this team?**

Laura: I will be returning for the 2nd season of the Starettes. This group of ladies are very talented and I'm very excited to be a part of it.

Regan: Yes!

**Q: What was your favorite memory of the event?**

Laura: I loved dancing the cha cha!

Regan: The rehearsals leading up to the competition were the best part. I enjoyed learning new moves and working on mastering the patterns we had worked on previously.

**Q: You also watched a bit of the competition. What were your impressions as a spectator at this event?**

Laura: There's a place for everybody. Every age and skill level is welcome. Even though I had only one month of ballroom experience I felt like I fit in. It was great! The audience was great too, yelling out numbers of the competitors. It was a very positive atmosphere.

Regan: I was AMAZED by the evening competitors! Now knowing how much work goes into ballroom, I have so much more respect for what they are doing. ■



*The Starettes*

*Photo by Neatshots.com & Courtesy of Minnesota PerformDance Productions*

# *2007 Tea Dance*

## *Sunday, April 22, 2007*

### *11:00 am – 4:00 pm*

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Celebrate spring in a spacious country club ballroom. Dine with friends in an elegant setting overlooking Lake Minnetonka. Then step on the dance floor for an afternoon of dancing to a variety of ballroom music. All levels of dancers from the basic beginner to the advanced are encouraged to attend.

*Formal or Semi-formal attire.*  
*Enjoy a ballroom dance demonstration*

At the **Lafayette Country Club**  
**2800 Northview Road**  
**Wayzata (Minnetonka Beach) MN 55361**  
*Lafayetteclub.com for directions and/or map*

**\$35\*** per person Tea Dance ticket includes brunch 11:00-12:30 pm and dancing  
**\$20** per person for dancing only 1:00-4:00 pm may be paid at the door after 12:30 pm

**\*Brunch tickets must be purchased in advance by  
April 16, 2006. Brunch tickets purchased after  
April 16, 2007 are \$40 per person.**

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Tickets are available at USA dances, from select USA dance members, or from co-chairs **Dede Ouren 651-452-4340** or **Melanie Helvig 612-722-8480**

# ALL ABOUT Star of the North



## Comments from the Judges

Scott Anderson, Eric Hudson, Paul Botes & Julie Jacobson Kendle

### Scott Anderson

I was lucky enough to judge the Saturday evening sessions at Star of the North. I was greeted and given my credentials at the door and thanked by at least 4 USA Dance reps before I even took off my coat (Nels Petersen, Mike Jones, Mike Youngdahl, Theresa Kimler).

The ballroom was beautifully decorated. There was a fabulous program with top-quality printing and a huge number of volunteers who were all very professional.

There was great energy in the ballroom (I love a crowded room). The music was great for dancing and the college young adults have improved dramatically. From Saturday night my selection for the most improved: 1) Gordy & Linda Davis – more polished and technical. 2) Andy Nordberg – In great shape, a masculine look, he provided a strong frame for Janie. 3) Jr. Couple Aiden Mamedov & Melanie Bersten– clean dancing.

The MC's of this event were better than at many competitions I have seen. The over-all competition is run better than many NDCA competitions. Not many competitions have this many volunteers!

### Eric Hudson

It was a pleasure to see the growth both in ability and diversity at the Star of the North dance competition this year. I recognized many of the faces from years past and was happy to see the changes in design of feet, leg action, arms, and general posture. It is clear that the dancers have dedicated time, energy, and resources to develop their craft. The dancers can ensure continued growth in three main ways:

- 1) Keep the focus on fundamentals by keeping choreography simple. Your commitment to design of body and movement from top to bottom is easier to practice in less tricky routines.
- 2) Set a practice schedule, a coaching schedule and competition and/ or performance schedule. Be sure to stick to the schedule with consistent dedication.
- 3) Don't forget the final polish! Develop a look that fits your personality on the dance floor. This means of course, be well-groomed. Hair, make-up, shoes, and well-tailored and carefully-considered costuming are a must.



*Junior Couples compete while judges Paul Botes and Eric Hudson adjudicate.*

### Paul Botes

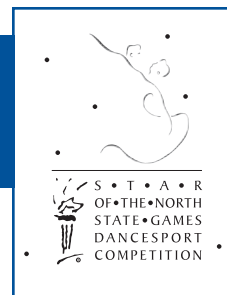
SOTN this year had plenty of energy. Despite some problems that led to running later than scheduled, competitors were always cheerful and happy to be dancing. I enjoyed seeing some familiar faces from colleges like Iowa State and noticing their improvement. It was a good event and I was happy to be a part of it.

### Julie Jacobson Kendle

As a social dancer or as a competitive dancer, technical dance progress may move swiftly at times, but all too often it seems to move at a snails' pace. We strive to improve our timing, arm positions, foot positions, etc., etc., but it seems that improvements are so subtle and take forever! However, in judging Star of the North this year, it was a delight to see so many familiar faces take the floor and show dazzling improvements!

It's always thrilling to see the intensity and excitement on the faces of everyone from first-time competitors to the seasoned vets. The exploding number of collegiate competitors shows that ballroom dancing is here to stay! Thanks to the many SOTN volunteers and competitors for an action-packed weekend! ■

# ALL ABOUT Star of the North



## U of M Ballroom Dance Club Rocks SOTN

Submitted By Anne LaTourelle

**W**as the SOTN a great time? Just ask the U of M dance club whose teams placed 4th in American Smooth and 3rd and 7th in the International events! What are some of the best things about dancing at SOTN? See the comments below from many of the U of M dancers!

### Tell us your most memorable experience!

*My most memorable moment from the star of the north is the team match on Saturday night. It was an amazing experience being on the floor surrounded by all the teams cheering each other on. The amount of energy on the floor was incredible, and everyone was having fun. You could see it in the smiles of all the cheering faces. For me it is the perfect example of why dance is so much fun. Go Team D!*

~Jonathan D. Thomas

*My most memorable moment from SOTN was when I had to do 10 different dances in a row, that was followed by another set of different dances. I totally overwhelmed myself by signing up for forty different heats. However, it was the most fun I have had in a very long time!!!*

~Adrian Suncar

*There was nothing like walking onto the floor during the team matches. I couldn't hear a thing over all the cheering, in fact I almost missed the beat on the first dance because I could hardly hear the music. It was great.*

~Peter Westlake

*My favorite moment was watching Whitney scurry onto the floor for a hustle heat! Otherwise, it was really enjoyable to see how all of the work that was poured into this competition shone through everyone's performances.*

Kelsey Mosser

### What was the best advice given to you regarding the competition or your dancing?

*I got advice that I need to enjoy what I am dancing, which I certainly did!*

~Adrian Suncar

*Mind your top line, relax, and smile!!!*

Kelsey Mosser

*The best advice that someone has given me about dancing is from Nels. He was teaching the class tango technique and told the girls to pretend that our partner is attempting to kiss us, and we were*

*not supposed to let them. At the competition, I noticed how the more advanced dancers really emphasized this with their head movements.*

~Casey Ruhland

### What advice you would give to someone else just starting dancing about dancing/competing.

*Smile and enjoy yourself!!! Don't even think about technique or winning the competition. When I compete, I just smile and enjoy the music and interact with my partner. Just forget about everything else around you and remember why you love dancing so much!*

~Adrian Suncar

*Always, always have competition coordinators/moms. Thanks Lauren and Whitney!!!*

~Kelsey Mosser

*The best advice that I could probably give to anyone interested in dancing would be to just enjoy it. Dance should be something you look forward to, not something you dread. One of the best ways to have fun while dancing is to go out social dancing, which will allow you to dance with lots of different partners all at different levels. However, it is important not to be intimidated by dancers that are better than you, just enjoy dancing with them and learn what you can.*

*For anyone interested in just starting competition I would recommend learning the proper technique behind the dances, not just flashy moves. If you understand the techniques you'll be able to do harder moves much better than if you learn the moves before the technique. In the end however, just remember to compete to the best of your ability, but to enjoy yourself. Competition is a chance to show off what you know, not to win; Winning is just a bonus.*

~Lauren Sirota

*For your first competition just have fun. It is a new experience and there are so many nerves and you don't know what to expect that having fun can make the competition a lot less scary.*

~Holly Burd

*Enjoy yourself and don't be too competitive. Dancing is for fun.*

~Darren Frederickson ■



# ALL ABOUT Star of the North



## Junior/Pre-teen and Youth Competitors



# ALL ABOUT Star of the North

## Mixed Proficiency



ALL ABOUT

# Star of the North

Championship Dancers



# ALL ABOUT **Star of the North**

## Adult & Senior Syllabus/Novice Competitors



# ALL ABOUT Star of the North



## Results

*Submitted By Anne LaTourelle*

The venue may have changed this year but the excitement, energy, participation, and fun was true Star of the North. This year the event was held Friday, February 15th through Sunday, February 17th at the Shakopee Ballroom.

Friday night the event kicked-off with some much anticipated events including the Jack & Jill, won by U of M Dancer, Darren Frederickson, a hotly contested team match, novice, and pre-champ events. The dancers were not afraid to shout out their favorite numbers and names. The excitement was high. The U of M Dance Club placed 3rd in the team match.

Saturday started bright and early with the Latin and rhythm dances. It's hard to get motivated to dance early in the day and the great music provided by Pete Maki & Joyce Thompson really helped. The bronze and silver heats were highly contested and many had quarter or semi-finals. There is nothing quite like making a couple of cuts and finally dancing for placement. Smooth and standard followed later in the day with huge heats which included many out of town dancers.

The popular mixed proficiency category was danced throughout the day with beginner or intermediate dancers partnering with seasoned competitors. Scholarships were on the line and friendly rivalries formed as the day wore on.

A rather long computer glitch backed up the morning events. Everyone did a great job of sticking close, moving heats around, and preparing to dance with limited breaks.

The evening session brought out the championship-level events in all four dance styles. The winners for the adult championship events were:

International Standard Championship Adult & Senior 1 - Uwe & Dagmar Kortshagen

International Standard Championship Senior 2 – Greg Moore & Janis Livingston

International Latin Championship Adult – Gene Bersten & Zhanna Vayntrub

American Smooth Championship Adult – Andy & Janie Nordberg

American Smooth Championship Senior 1 – Tom & Anne LaTourelle

American Smooth Championship Senior 2 – Gordy & Linda Davis

American Rhythm Championship Adult – Andy & Janie Nordberg

Saturday evening culminated with the final team match. The U of M Dance Club placed 4th place. Once again a U of M student, Adrian Suncar, won the Jack & Jill event.

On Sunday groups flocked back to the ballroom to attend sessions taught by Paul Botes, Robert Foster, and Eric Hudson.

There is a wonderful group of volunteers that puts on SOTN. Their hard work is evident by the growth of the event from year to year. This year there was a 30% increase in entries.

The participation by the next generation of dancers is something to be proud of at SOTN. The U of M Dance Club competitors worked hard at improving their dancing. They were assisted by a volunteer team of coaches which included Nels Petersen & Theresa Kimler, Andy & Janie Nordberg, and Tom & Anne LaTourelle. Come back next year to watch their progress and see the next group of dancers who may have been inspired to get involved by watching this great event. ■





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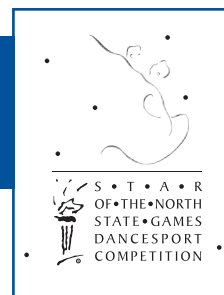
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## Spectators - A View from the Sideline



Friends and I sat in the front row at the Star of the North dance competition! Close enough to see the beautiful beads on the dancers' gorgeous dresses and the beads of sweat on their foreheads as they twirled past us! Exhilarating, exciting, colorful, fun!

I just plain love to watch dancers dance. The athletic grace, the intricate footwork, the gorgeous clothes, and beautiful people all combine into a mesmerizing kaleidoscope that I simply would love to join.

We were at the event to cheer on our dance instructors who were competing. We went home that night feeling like we, too, would like to compete someday. Because my desire to compete far exceeds my confidence and ability to do so at this time, my partner and I would have much, much work to do! But, if we're willing to devote time and effort to practice and lessons, it might just be possible that someday, we too, could be out there – dancing!

~ Bonnie Burton

Bonnie and I thoroughly enjoyed the Star of the North dance competition at the Shakopee Ballroom on a very cold winter evening in February. We had ringside seats and could almost feel the whoosh of air as the dancers performed so close to us. I was mesmerized watching Gene (the oldest of the three Russian sibs) as he danced two feet away from us, smiling and winking at the audience. What fun! I also found out that photographing the dancers, who seem to move faster than my lens, can be a challenge.

It was also wonderful to see so many students from the various colleges competing as teams for their respective schools. Of course it was a treat to see our own dance instructors competing.

The evening reminded me of "Dancing With the Stars". This was live, in person, and better. Watching all of these fantastic dancers makes me want to try harder, A one and a two and a three...

~Ted Burman

We have seen a few competitions last year and this year, pro/am mostly. I have a surge of enthusiasm to practice and learn different dances. I especially found myself fascinated by how the more experienced dancers can move effortlessly through their routines yet also engage the audience at times. I also enjoy seeing how different dance

steps and movements can fit and augment the music by adding a visual component to that of auditory enjoyment yet with passion it can add some emotive expression as well.

~Arlen Havrilla

"Ginger Rogers did everything Fred Astaire did, but she did it backwards and in high heels." Anonymous

Several weeks ago we had the pleasure of attending the Star of the North dance competition. We have been attending competitions for the last several years and have never been disappointed. Once we entered the Shakopee Ballroom we were surrounded by the glamour and glitz of ballroom dancing. All of the women were beautiful in their long, flowing ballroom gowns or glamorous in their shorter Latin apparel. All of the men were handsome in their ballroom garb also. It reminded me of walking in to Cinderella's night at the ball.

We were awed by the dancers and overwhelmed by their presentation and style. Would we ever be good enough to brave the lights and enter the newcomers dance? At least at that level we saw people who danced like us. The other dancers were all inspiring; from the youngest boy who stole the stage to the elderly couple who competed 30 years ago, It was a truly magical experience. Watching our instructors glide around the floor has given us the added push to practice harder and set more specific goals for next year.

~Sandy Havrill

Attention SOTN Competitors: Get your flu shots!

That is my take-home message from this year's SOTN. Tom Thornquist and I (Debbie) were unable to compete this year since I was just recovering from Influenza A, the "bad flu".

I missed a whole week of work (this is the first year I've used even one of my sick days!), and unfortunately I was unable to dance at all. It's one of those things you never think is going to happen to you. I quickly realized I never want it to happen again, so I'm getting my flu shot from now on.

On a happier note, I did recover enough to watch Saturday night, and enjoyed cheering everyone on. It was strange to

**SPECTATORS** continued on page 25



CINEMA BALLROOM'S

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***You are invited to perform!***

Independent teachers, independent students,  
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## **SPECTATOR TICKETS**

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# ASK DR. DANCE

*Paul and Donna are popular coaches and adjudicators. They own Time To Dance in Plymouth and organize The Snow Ball DanceSport Competition. They can be reached at 763 557-6004.*

**Q** I've heard certain body types are better suited for different dances. For example a long body is ideal for standard. Can you expand on that?

## She Said:

I don't believe in ideal body types for a particular style. In my mind the ideal dancer is one who demonstrates the music through their body and the meaning of the dance through their relationship with their partner.

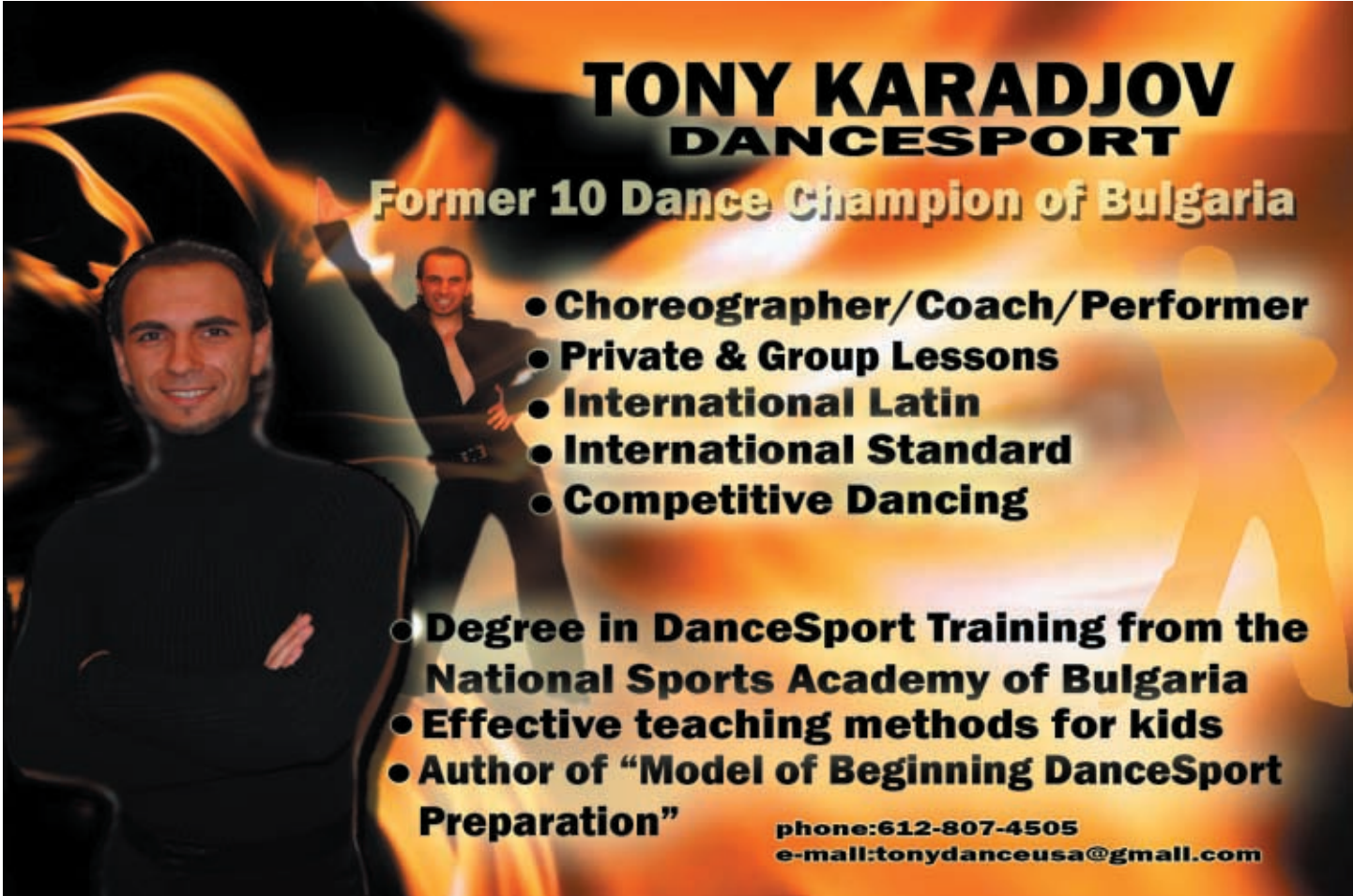
For every typical looking couple there is a champion that disproves a pre-set image. The height and body shape differences of Andre and Elena, our current professional Latin champions, show that matching height isn't essential. Dynamo Canadian champion Jean Marc proved that personality can trump height. Italian champions, Massimo and Allissia, demonstrated that a tiny couple can create huge movement in standard. Eleven-time world

champions, Donnie and Gaynor, showed that a tall Latin couple can create speed as well as a more compact couple.

In general, the more that one looks physically fit and well groomed the better. Extra weight is never an asset. Neither is sloppy hair, a dirty looking tan, or costuming that shows wiggle and jiggle. Ultimately it is the quality of the dancing that counts. Make sure to show it in the most attractive light.

Don't create barriers for yourself about things you can't change. Change the things that you have control over like the quality of your dancing, your grooming, or your image as a partnership. ■





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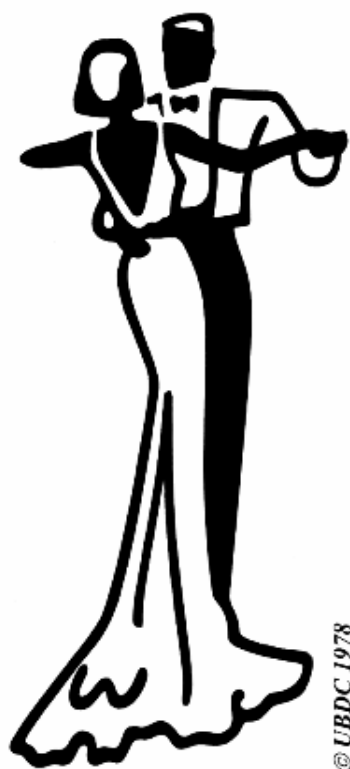
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# *The University of Minnesota Ballroom Dance Club*

*~Presents~*



## *The Spring Ball!*

*Saturday, April 14, 2007*

*8 PM til 11 PM*

*McNamara Alumni Center –  
Memorial Hall*

*\$6 for club members*

*\$8 for U of M students*

*\$10 for the general public*

*The dress for the Ball is semi-formal attire.*

*All attendees must be 18 or older and have  
either a U-card or a valid ID.*



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# On Your Toes Grows! \_\_\_\_\_

By Tricia Wood



**O**n Your Toes School of Dance in St. Louis Park, MN is expanding.

The first phase, which took place over one long weekend in February, expanded the current ballroom dance floor up to the front wall.

On April 1st we will gain an additional 3,000 square feet next door. The new space, which is connected to the current studio, has been transformed into one large ballroom dance floor which may be rented out by dance clubs, private parties, and wedding receptions.

In July, expect to see all of the front offices gone, and new seating in its place, and new, large bay windows! Watch our schedule for dance parties! ■



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## Country & Swing Dance

Friday, April 20th

Country 2-Step Lesson by Owen & Diane Seeley 7:30pm

Dance with DJ: Skip Schletz 8:00pm-12am

\$8.00 includes lesson and dance.

Bring your own dance shoes and BYOB!



Country 2-Step  
East Coast Swing  
West Coast Swing  
Cha-Cha  
Waltz  
Night Club 2-step  
Line Dancing

## West Coast Swing Dance

Sunday, April 29th

West Coast Swing Lesson 6:30pm

Dance 7:00pm-10:00pm

\$8.00 includes lesson and dance.

Bring your own dance shoes and BYOB!



West Coast Swing  
East Coast Swing  
Cha-Cha  
Waltz  
Night Club 2-Step  
Hustle

Dances held at the new **Retro Ballroom**, connected to **On Your Toes School of Dance!**

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New parking lot with lighting, and door located on backside of strip mall.

Additional parking lot on west side of building.

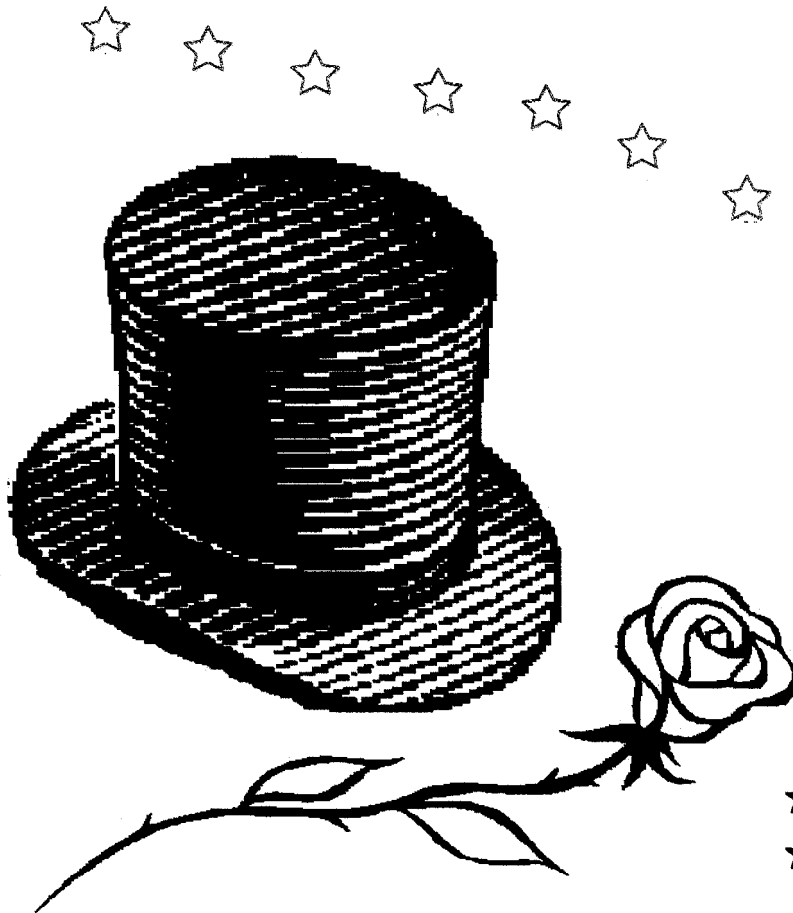
Pop and water for sale.

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**Minnesota West Coast Swing Dance Club**

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★ ***Come walk the red carpet in your "best attire" and be a star!!***



**Friday MAY 11, 2007**

**7:30 pm - midnight**

★ **Admission -- \$12.00 nonmembers  
\$ 7.00 members**

★ **EVERYONE WELCOME!**  
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**Click on Directions**

★ **Questions?**  
**Call Joanie at 651.484.4562**

★ **Catered hors d'oeuvres buffet**  
★ **Entertainment -- 9 pm**

**11-Time US & North America**  
**Amateur Dance Champions**  
**Nels Petersen & Theresa Kimler**

★ **Large wood dance floor**  
★ **Prizes**  
★ **West Coast Swing**  
**dance music provided by**  
**DJ Loren Greenberg**  
★ **No lesson**

**One of the oldest West Coast Swing dance clubs**  
**in the United States!**

# Etiquette of the Ballroom circa 1900

Etiquette  
Corner

## General Rules of Etiquette

Never point at another person.

Never wantonly frighten others.

Never make yourself the hero of your own story.

Never pick your teeth or clean your nails in public.

Never question a servant or a child about family matters.

Never read letters which you may find addressed to others.

Never call attention to the features of form of anyone present.

Never seem to notice a scar, deformity, or defect of anyone present.

When speaking to a boy under fifteen years of age, among comparative strangers, call him by his Christian name. Above that age, apply the "Mr." as in "Mr. Brown." To do so will please him, will raise his self-respect, and will be tendering a courtesy which you highly valued when you were of the same age.

It is an insult to address a boy or a girl who is a stranger to you as "Bub" or "Sis." Thus, if the child's name is unknown, say "My Boy" or "My Little Lad." "My Girl" or "My Little Lady" will be to gain favor and set the child a good example in politeness.

## The Evils of the Ball

For the company to assemble at a late hour and engage in unusual, exciting, and severe exercise throughout the entire night is often too great a tax upon the physical system. To dress too thinly, and in a state of perspiration to be exposed, as ladies at the ball frequently are, to drafts of cold, is often times to plant the seeds of a disease from which they never recover.

Again, to come in contact, as ladies are liable to do, more especially at the public ball, with disreputable men, is sometimes to form alliances that will cause a lifetime of sorrow.

Well may the watchful parent look with anxiety and suspicion upon the ball, because its associations are so

frequently dangerous. If in this chapter we may give admonitions and suggestions that shall tend to correct some of the evils of the dance, our labors will not be in vain.

## The Etiquette of the Party and the Ball

Each dancer should be provided with a ball-card bearing a printed program of the dances, having a space for making engagements upon the same, with a small pencil attached.

No gentleman whose clothing or breath is tainted with the fumes of strong drink or tobacco should ever enter the presence of ladies in the dancing room.

No gentleman should play the clown in the ballroom. Dancing a break-down, making unusual noise, dressing in a peculiar style, swinging the arms about, swaggering, etc. are simply the characteristics of the buffoon.

A gentleman should never presume upon the acquaintance of a lady after a ball. Ballroom introductions close with the dancing. Ladies will consult their own pleasure about recognizing a ballroom acquaintance at a future meeting.

## Behavior to be Avoided at the Ball

A lady should not enter or cross the hall unattended.

No gentleman should ever enter the ladies' dressing room at a ball.

Never lead a lady in the ball by the hand; always offer the arm.

A lady should not select a gentleman to hold her bouquet, fan, and gloves during the dance, unless he be her husband, escort, or a relative.

A gentleman in waltzing should not encircle the waist of a lady until the dancing commences, and he should drop his arm when the music ceases.

No gentleman should use his bare hand to press the waist of a lady in the waltz. If without gloves, he should carry a handkerchief in his hand. ■

## SPECTATORS continued from page 19

watch after dancing at SOTN so many times. When the smooth round began without us, I admit I got a little choked up, but hey - my defenses were down!

I loved the energy that all the college competitors bring. It's a nice balance with the classic elegance of more seasoned competitors and with the exuberant potential shown in the youth categories. The college kids seemed to appreciate the

opportunities they received over the weekend. I found myself wishing I had found ballroom in college!

Tom enjoyed being deck captain Friday night. It was lucky that Sharon found him valuable helpers to find people while he lined them up. I'm already looking forward to dancing in SOTN next year - after I get my flu shot, of course!

~Debbie Thornquist ■

☛ **Contact Stacie at 612-251-8108 or [PIER0081@umn.edu](mailto:PIER0081@umn.edu)**

**Gorgeous one of a kind Designs to Shine Gown.** Most of dress is a brilliant aqua with a portion of the skirt, bodice and one sleeve black lace. A must see, pictures available. AB Stones throughout with areas of detail pearl bead work. 1 owner. A steal at \$2,500. Size 2-6.

**Beautiful Dore Standard Gown.** You can't miss this one on the floor! Color is called sherbert (peach). Has one large float, 2 armbands and 1 wrist band. Fit sizes 0-6. Pictures available.

**Very playful bright red latin/rhythm dress** strings of beads attached to the dress. Sleeveless, open back. Dress was taken in to fit a sz. 2-6. Could easily be let out to fit 6-8. With Black gloves. Pictures available. \$2,000.

**Green Latin/rhythm dress** originally worn by Inna Ivanenko, this dress is ultra shiny! Features very slinky shape, draped fabric heavily decorated with Swarovski stones in Chrysolite (green) color and AB accents. The left side is quite open for those who dare to bare! Pictures available. \$1,200.

**Sexy and playful all in one.** Has long sleeve and an open back. Dress in skin toned with orange leaves appliques through out. Heavily decorated with AB and orange stones. Skirt is full of orange floats that trail to the floor. Pictures available. \$2,500.

☛ **Contact Amy at 608-835-5666 or email [albishop@charter.net](mailto:albishop@charter.net)**

**Bright Blue latin/Rhythm dress.** Size 6-10 Designed by Julia Gorchakova and is in excellent condition! Made of beautiful blue power net and heavily decorated with Swarovski stones, this dress also features a fringed skirt with lots of movement! Bodysuit and bra cups are built in. The dress also comes with matching neckband, armbands, and earrings. Asking \$1400.

**Smooth Size 8-12 black chiffon** circle skirt with one layer of black chiffon lined, elastic waistband. Brand New. Originally \$100 asking \$50.

**Shoes Size 7 1/2 (American)** Diamant Champion round toe 2" latino heel, elastic court std shoes, flesh satin. Brand new. Originally \$110 asking \$40.

☛ **Contact Chris [chris\\_scarlett@yahoo.com](mailto:chris_scarlett@yahoo.com)**

**Women's Capezio pumps,** black with strap and thick 2" high heel, Size 7 1/2 to 8M, hard leather sole, excellent condition, \$10.

☛ **Contact Ellen @ 612-600-9726 or [EllenR\\_77@yahoo.com](mailto:EllenR_77@yahoo.com)**

**Women's Celebrity dance shoes,** black, 3 in. heels, size 8 1/2 - 9.

☛ **Contact Janet @ 763-389-9038 or [kneadmyspace@yahoo.com](mailto:kneadmyspace@yahoo.com) for photos**

**Size 6-10 excellent condition,** (stretchy) fuchsia, heavily stoned bodice. Made by Marsha Wiest-Hines. Problem solver dress, open drape chiffon sleeves, drop-waist slims and elongates, chiffon back drape. \$650.

**Two unworn dresses:** Black form hugging stretchy dress, deep front V held closed with leather straps. Body has multi colored shiny circles. Very hot sz. 6-8 \$75. Royal purple contemporary dress with 1 shoulder, asymmetric hemline, lots of beading. Never worn, sz. 10, \$350.

**Authentic vintage disco outfit!** Sleeveless 1 piece gray jumpsuit with 1 shoulder, full long legs flare when you spin, glittered top and matching belt. Right out of the 70's very good condition. Sz. Med. \$50

☛ **Contact Janie @ 763-797-5230 or [janienordberg@comcast.net](mailto:janienordberg@comcast.net)**

**Sunshine yellow smooth gown** Size 2-10. Unique design, bracelet style cuff on one sleeve, matching arm and wrist band, drop waist belt solidly stoned, AB color stones throughout! Made for Movement. \$950.

**Black/fuschia smooth gown** Size 2-8. Striking gown with black stretch lace bodice, 3 layered chiffon skirt, dynamic fuschia chiffon wrap on one sleeve, AB color stoning. \$650 or BO.

**Orange flame rhythm dress** Size 2-8. This "one-of-a-kind" 2-piece dress has assymetric sleeves & skirt. Sun AB stoning, beautiful braid detail belt and straps, matching wrist bands and jewelry. \$850.

**Stunning red rhythm dress** Size 2-8. Feel like a champion in this showstopper! Bracelet-style cuffs on sleeves, AB stoning with matching hipster belt. Full open back and slit in assymetric skirt. \$750.

**Gold/rose-red rhythm dress** Size 2-6. Beautiful Rose-Red lace overlays shimmering gold, bell sleeves and flare skirt add great movement. AB color stones add extra sparkle! Rose hair piece. Steal deal at \$550.

**Fuschia rhythm dress** Size 2-8. Gorgeous Rose, fuschia, and Amethyst AB stoning, bell sleeves, assymetric skirt, low back cut. Great movement on dance floor! \$350 or BO.

☛ **Contact Kate VanAlstine at 651.214.0906 or [yolanda4life@yahoo.com](mailto:yolanda4life@yahoo.com)**

**Asymmetrical orange & blue smooth dress** size 2-6 Cool, one-of-a-kind design looks great on the floor. \$300 negotiable

**Green & blue rhythm dress** size 4-10 Green body and skirt with blue belt, lots of rhinestones all over, matching arm/wrist bands. Great for new competitor! \$300 negotiable

**Red-belted rhythm dress** size 2-6 Super low V-neck, hot-red belt design. Very sexy! \$400

**Black lace rhythm dress** size 4-6 Sexy see-through long-sleeved look, lots of stones and pearls on the body with cool black and pearl fringe on skirt, matching earrings. \$700

☛ **Contact Theresa at 651-773-3511 or [theresakimler@yahoo.com](mailto:theresakimler@yahoo.com)**

**Red Ballgown size 4-6:** Inspired by Hilary Swank's Oscar dress and created by Designs to Shine. Elegant cut open back. Crisscross design with full coverage in front. Long sleeves with necklace and cuffs. Skirt accentuates movement thanks to 3-layers. Pics available. \$2,200.

☛ **Contact Eileen @ 651-636-6306 or [eileen@arcilla.net](mailto:eileen@arcilla.net)**

**Bright Blue Satin Smooth/Standard Gown.** Get noticed in a bright shiny satin gown. Full skirt and cut makes you feel like you're floating! Open back with fully stoned inset and skirt hemmed with satin band. Cut is flattering for many figures. Comes with matching earrings, hair piece, neckband and arm bands. Professionally designed/created by Flair Designs. Size 4-8. Asking \$1200.

**Lavender Latin/Rhythm Dress.** Lavender latin/rhythm dress with halter style top, ruffled hem and open back. Entire dress stoned in different colored stones which will make you sparkle! Dore Designs. Size 4-8. Asking \$2100.

☛ **Contact Rhonda @ 952-935-7810**

Assorted Celebrity smooth & rhythm shoes. US 9-10N and split sizes. Practice shoes & 1 pr. Supadance rhythm sandals also available. Best offer.

☛ **Contact Cheri at [artncheri@aol.com](mailto:artncheri@aol.com) or 763-544-6724**

**Flashy fushia silk dress** with silver swirls featured in the Minneapolis Star-Tribune. Size 2-4. This dress is very eye-catching on the floor. Asking \$675.

**Aqua and Blue silk and chiffon dress.** Gown in long sleeved with heavily stoned bodice and three tiered chiffon skirt. The dress is soft and elegant. Could be used for smooth or standard. Asking \$1100. Size 2-4.

☛ **Contact Michelle at 651-286-6705 (day) or 763-572-0418 (eve)**

**Sexy Bright Red Rhythm Dress.** Size 4-8. Halter cut top, with stones all around collar. Beading on short flirty skirt moves well on the floor! Luxury Crushed Red Velvet very comfortable to wear. Gently used, is in excellent condition - all loose rhinestones replaced by hand. Asking \$400

**Sultry & Exotic Gold Latin/Rhythm Dress.** Size 2-6. This sultry 2-piece costume has lots of straps and fabric pieces that make for great movement. TONS of rhinestones - on the floor it completely shimmers. Comes with: necklace, 2 arm bands, 2 wristbands, and large matching hoop earrings. Looks great on the floor, very sexy All loose rhinestones replaced by hand. Asking \$600

☛ **Please call Anne @ 763-550-1223**

**Stunning hot pink American Smooth Gown** which skims your body and creates great lines. Surplice look neckline with heavily stoned flounce, long sleeves with cut-outs and stoned flounce at wrist, V-back with stoned flounce. The lines of this gown are beautiful and the color really pops. Made for Movement. Size 6-10. Asking \$1000. Call Anne @ 612-280-7818.

**Championship level gown.** Get the latest style without paying full price! Brilliant turquoise American Smooth gown loaded with stones in a figure flattering pattern! Off the shoulder style with very sexy open back and side slit for great kicks. Slinky fabric really moves and is comfortable. Can be tailored to fit! Call Anne for more information. Size 8-12. Asking \$750.

*Swaplines is a monthly feature offering members and subscribers the chance to sell their dance merchandise. Advertisements for partnerships are not published in this column. Please include your area code when submitting advertisements for Swaplines.*

# Competition Calendar

## **Apr 7, 2007** *Stanford Cardinal Classic* *Stanford University Campus, Stanford, CA*

The Eighth Annual Cardinal Classic is presented by the Stanford Ballroom Dance Team in the Arrilaga Recreation Center on the Stanford University Campus in Stanford, CA. There will be a show by Linas Koreiva and Ieva Pauksena. More information can be found at the 2007 Cardinal Classic website.

## **Apr 13-15, 2007** *USA Dance Pittsburgh Dancesport Championships* *Chatham College, Pittsburgh, PA*

Sanctioned by USA DanceSport. For more information contact the organizer, Andrew Pueschel at 412-656-3667.

## **Apr 20-22, 2007** *USA Dance NE Regional DanceSport Championships/NJ Dancesport Classic* *South Mountain Arena, West Orange, N.J.*

Organized by Mario Battista and Wendi Davies. Qualifying event for 2007 USADance National Championships. Info: NJDSC or e-mail [questions@njdancesportclassic.com](mailto:questions@njdancesportclassic.com) or phone 973-325-1399.

## **Apr 28, 2007** *Treasure Coast Dancesport Championship* *Gulfport Casino Ballroom, Gulfport, Florida*

Organized by Treasure Coast Chapter. Contact Nancy Welch, [nancy01fl@aol.com](mailto:nancy01fl@aol.com), 727-576-1206

## **Apr 28, 2007** *Atlantic DanceSport Championship* *Atlantic Ballroom Dance Studio, Towson, MD*

A one day event held at the Atlantic Ballroom Dance Studio, 8819 Orchard Tree lane, Towson, MD 21286.

## **May 19-20, 2007** *North Central Regional DanceSport Championships/Chicago DanceSport Challenge* *Sheraton Chicago Northwest Hotel*

Qualifying event for 2007 USADance National Championships. Contact organizer Barbara Finn at [barbarakfinn@comcast.net](mailto:barbarakfinn@comcast.net), or visit our website [www.usadancechicago.org](http://www.usadancechicago.org)

## **Jun 1-2, 2007** *USA Dancesport South Central Regional Championships* *Holiday Inn Select Executive Center, Baton Rouge, LA*

Qualifying event for 2007 USA DanceSport National Championships. For information, contact Ann Durocher, 504-722-4800 or 985-853-0030, [fliprann@aol.com](mailto:fliprann@aol.com). More info at <http://usabdanola.org>

## **Jun 9, 2007** *SW Regional DanceSport Championships, San Jose, CA* Hosted by NorCal Chapter. Qualifying event for 2007 UsaDance National Championships. More info at <http://www.usabda-norcal.org/>

## **Jun 30-Jul 1, 2007** *NW Regional Dancesport Championships* *Seattle, Washington*

Sponsored by USA Dance Seattle Chapter. Qualifying event for the 2007 USADance National Championships. For more information contact Mark Tabor at (425) 486-6023, or e-mail [chair2007@nwregional.org](mailto:chair2007@nwregional.org)

## **Jul 21-22, 2007** *NJ DanceSport Classic Summer Sizzler* *Hackensack, N.J.*

Organized by Mario Battista and Wendi Davies. Sanctioned by USA Dance. Info: NJDSC or e-mail [questions@njdancesportclassic.com](mailto:questions@njdancesportclassic.com) or phone 973-325-1399.

## **Jul 28, 2007** *Southern Star Midsummer Classic* *Rhapsody Ballroom, Tampa, FLA*

For more information contact Michael Nolan at [mnolan10@yahoo.com](mailto:mnolan10@yahoo.com) or 813-681-5275.

## **Aug 3 - 5, 2007** *2007 USA Dance National Championships* *Galt House, Louisville, KY*

Hosted by the Greater Louisville Chapter.

**DNO** continued from page 2

**Dancers Studio** (651) 641-0777  
[www.dancersstudio.com](http://www.dancersstudio.com) 99 Snelling Ave. N. St. Paul, MN.  
Every Friday night, Beginning and Advanced lesson at 8 pm,  
Dance 9-10 pm. \$15-25/non-members.

**Foster DanceSport Studio** (612) 720-1587/(651) 278-4434  
[www.fosterdancesport.com](http://www.fosterdancesport.com) 1st Saturday (7:00pm-11:30pm) and  
4th Friday (8:00-12:00pm) Variety Ballroom, Latin and Salsa  
Party at Foster DanceSport Studio, 816 Main Street, Hopkins,  
MN. \$8 or \$5 student.

**Hidden Haven Country Club** (763) 434-4626  
20520 NE Polk St., Cedar, MN Every Sunday from 6-10 pm.  
Classic country and rock-and-roll, the band is Ringer.

**Liola-La Bodega** (612) 823.2661  
Lyndale and Lake Streets, Minneapolis; Sundays and Mondays  
SALSA and Latin Dancing Costa Rica-style; Brought by  
ERVentertainment & Tico Baila (612.240.9053)

**Loring Pasta Bar**  
[www.loringcafe.com/pastabar](http://www.loringcafe.com/pastabar) Sunday nights have tango  
or other latin music from 6-9 pm.

**Medina Entertainment Center** (763) 478-6661  
[www.medinaentertainment.com](http://www.medinaentertainment.com) 500 Highway 55, Medina.  
Wednesdays, Big Band Dances, Lesson 7 pm, Dance 8-11 pm.

**MN West Coast Swing Dance Club** (651) 777-5599  
[www.mnwestcoastswingdanceclub.com](http://www.mnwestcoastswingdanceclub.com) B-Dale Club, 2100 N.  
Dale St., Roseville. Dances 2nd & 4th Fridays. Lesson 7:30 pm,  
Dance 8:30 pm. \$5/WCS members, \$8/non-members.

**Naar Grille Salsa Night** (952) 946-6227  
11528 Leona Road, Eden Prairie. Every Friday is Salsa Night  
from 10 pm-2 am.

**Rebels Swing Dance Club** (952) 941-0906  
[www.tcrebels.com](http://www.tcrebels.com) Harmonies Dance Center, 10726 France  
Avenue South, Bloomington. Two Sundays per month,  
Dances 7 pm. \$5/Rebels members, \$8/non-members.

**Shakopee Ballroom** (952) 445-0412  
2400 East 4th Avenue, Shakopee. Every other Friday they offer  
either ballroom or swing or dance bands; lesson at 7:30 pm and  
band begins at 8 pm. Other dances scheduled occasionally.

**Social Dance Studio** (612) 418-4046  
[www.socialdancestudio.com](http://www.socialdancestudio.com) St. Paul and Minneapolis,  
1st Fridays-Latin Dance Parties 9-12 midnight. \$5/person.

**Tango Society of Minnesota** (763) 576-3349  
[www.mntango.org](http://www.mntango.org) 2nd Saturdays, DanceSport Studio,  
816 1/2 Main Street, Hopkins. Introductory lesson 8 pm,  
Dance 9 pm - 1 am. \$10.

**Twin City Ballroom Dance Club** (651) 735-2233  
[twincityballroom.com](http://twincityballroom.com) 7166 10th Street North, Oakdale  
(corner of 694 and 10th St. N.). M-W: Lessons 8 pm, Fridays:  
Lesson 9 pm, Dance 10-11:30 pm, Sundays: Lesson 8 pm,  
Dance 9-10:30 pm. \$7/\$2 off with Univ. ID.

**Wabasha Street Caves** (651) 224-1191  
215 S. Wabasha St., St. Paul. Thursdays are "Swing Night" with  
big bands! Lesson 6:15 pm, Dance 7-10 pm. \$7 cover charge.

## MAY ISSUE TEASER

*Don't miss next month's coverage of...*

## Dancing Away from Home

MINNESOTA

# DANCING TIMES

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**ADDRESS SERVICE REQUESTED**

## Dance Contacts

### Instructors

Jill Ableman .....	651-641-0777
Scott Anderson.....	612-816-4446
Harry Benson .....	763-843-2285
Paul Botes & Donna Edelstein, Mpls .....	763-557-6004
Modie Chehouri.....	651-641-0777
Nathan Daniels .....	763-545-8690
Wendi Davies.....	973-449-7654
Joy Davina .....	612-418-4046
Robert & Jennifer Foster .....	952-938-0048
Donna Frykman, St. Paul .....	651-777-5447
Michelle Haley-Hudson .....	651-699-5910
Christine Hallberg.....	651-641-0777
Jeff Halverson .....	651-641-0777
David Hanson .....	218-722-0742
Eric Hudson .....	651-699-5910
Julie Jacobson .....	651-261-6442
Tony Karadjov .....	612-807-4505
Jay Larson .....	651-699-5910
Deanne Michael .....	612-508-9255
Monica Mohn.....	612-874-0747
Mariusz Olszewski .....	612-242-5159
Todd Paulus .....	612-968-2401
Eric Remsen .....	612-724-3156
Mary Rosenstiel .....	612-720-2584

Eliecer Ramirez Vargas.....	612-240-9053
Kate VanAlstine.....	651-641-0777

### Services

Made for Movement: costume design, production,  
tailoring (Marsha Wiest Hines) .....952-595-0003  
Satin Stitches Ltd.: custom designed dancewear  
(Deborah J. Nelson) .....763-323-9507 or 1-800-48SATIN

### Studios

Arthur Murray Dance Studio St. Paul .....	651-227-3200
Cheek to Cheek Studio, Coon Rapids .....	763-755-3644
Cinema Ballroom, St. Paul .....	651-699-5910
Dahl Dance Center .....	507-252-1848
Dancers Studio, St. Paul .....	651-641-0777
Foster's Dance Sport Studio, Hopkins .....	952-938-0048
On Your Toes, St. Louis Park.....	952-928-7803
Social Dance Studio, Mpls .....	612-418-4046

### Clubs

Café Bailar .....	612-600-5129
Chinese American Ballroom Dance Assoc. ....	612-720-1587
MN West Coast Swing Dance Club .....	651-777-5599
REBELS Swing Dance Club .....	952-941-0906
Tango Society of Minnesota.....	763-576-3349
USA Dance, Minnesota Chapter .....	651-483-5467

**USA Dance MN HOTLINE (651) 483-5467**  
[www.usadance-mn.org](http://www.usadance-mn.org)

**Next Newsletter Deadline: April 10th, 2007**