MINNESOTA

Dancin' Times



Published monthly for members of the United States
Amateur Ballroom Dancers Association—Minnesota Chapter

April 1998

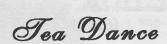
DANCERS NITE OUT

Medina Ballroom (Thursdays, 8 pm) 478-6661
Shakopee Ballroom (Thursdays, 8:30 pm) 445-0412
Wabasha Street Caves (Thursdays, 8 pm) 224-1191
MN West Coast Swing Club 731-9768
Rebels Swing Dance Club 944-0972
The Manor (Friday, Saturday, 8:30 pm) 690-1771

- Fri 4/3 Joint USABDA/Macalester Dance, Lesson 7:30, Dance 8:30 - 11:30, Macalester College Cochran Lounge, Student Union, Comer of Snelling and Grand Ave. in St. Paul. Students \$4, USABDA member \$6, others \$8, lesson \$2.
- Sat 4/4 Norwegian Pizza Dance, Twin Cities Ballroom, corner of W. 7th Street and Walnut, St Paul.
 Lesson 8pm. (Jay and Julie), dance 9-12. \$10 student with i.d. \$5. Jack and Jill swing contest. 523-0364 or 292-8463.
- Sun 4/5 Rebels Swing Dance Club, 7 pm Everett McClay VFW, Bloomington, 3127 E. 78th Street, 944-0972.
- Sat 4/11 Swedish Rice Pudding Dance, Twin Cities
 Ballroom, corner of W. 7th Street and Walnut, St
 Paul. Lesson 8 pm. Showcase etc. \$10, students
 with i.d. \$5. 523-0364 or 292-8463.
- Fri 4/17 Bring on Spring Gala Ball and Showcase! On Your Toes School of Dance, 5023 Excelsior Blvd. St. Louis Park, lesson 8 pm. dance to 11:30, \$10. 928-7803.
- Sat 4/18 DanceSport Dance Party, Lesson 8 pm. Dance 9-12.
- Sat 4/18 Rebels Swing Dance Club, Swing Spring Thing, 7 pm. Everett McClay VFW, Bloomington, 3127 E. 78 th Street, 944-0972.
- Sat 4/25 USABDA Monthly Dance Twin Cities Ballroom, corner of W. 7th and Walnut, St Paul, lesson 8 pm. members \$6, others \$8, lesson \$2.

Sun 5/3 Lafayette Club Tea Dance, See pg. 12

USABDA-MN Presents:



Please note a change of date for the annual Tea Dance from April 26 to May 3.

This year we are returning to a traditional afternoon Tea Dance to be held from noon to 4:30 pm at the Lafayette Club on Lake Minnetonka. We'll have typical Tea Dance "finger foods" to eat, a fantastic professional showcase and, as usual, several hours of wonderful dancing in the elegant ball-room!

See inside ad for more details. Buy your tickets early!

Regular Monthly Dance

Saturday, April 25 Group class 7:30 - 8:30 PM Dance 8:30 - 11:30 PM

\$2 for group class.

\$6 for members

\$8 for non-members \$4 for students w/ID

USABDA HOTLINE (612) 483-5467

Call for information on dance events. Leave a message for membership information.

What Is USABDA? Who Are We?

USABDA stands for the United States Amateur Ballroom Dancers Association, a non-profit organization formed to preserve and promote ballroom dancing not only as an art but as a healthy sport. Minnesota's chapter was started in 1991.

Membership in USABDA is open to ballroom dancers of all levels. There are membership categories for all dancers: Social, Competitive, Junior (17 and under), College students and Associates (professional/instructors).

USABDA sponsors a monthly dance and other special dance events. Membership includes both national and local dues. Membership entitles you to discounts on our monthly dances and a great network for meeting other dancers. You also have opportunity to purchase this newsletter.

You'll have fun dancing and meet many new friends! For more information Call the USABDA Hotline number.

(612) 483-5467

Minnesota Dancin' Times

Published monthly for members of the United States Amateur Ballroom Dancers Association--Minnesota Chapter, providing news of ballroom dancing to chapter members and friends.

SUBSCRIPTION RATES

\$15 per year

Make checks payable to USABDA-MN and send to: Joyce Thompson, P.O. Box 13873, St. Paul, 55113

ADVERTISING

Display Ads: To advertise your professional service or event, submit camera-ready artwork.

Sizes: Full page 7 1/2" wide x 9 1/2" high

Half page 7 1/2" wide x 4 1/2" high (horizontal) 3 1/2" wide x 9 1/2" high (vertical)

Quarter page 3 1/2" wide x 4 1/2" high

Business cards

Rates: Full Page- \$40

Half Page-\$25

Quarter Page-\$15

Business card-\$15 for 3 consecutive months.

Classified Ads: Free 3-line ad in Swaplines available to members. Dance merchandise only.

Payment: Payment must accompany ad.

Please make checks payable to USABDA-MN.

DEADLINE

All materials due the 10th of each month.

All questions regarding the newsletter should be directed to:

Editor-in-chief: Janis Livingston (612)481-1017

Copy Editor: Greg Moore

Newsletter Layout: Julie Chase

Newsletter Ads: Jim Baker (612) 476-4843



Send address changes to Jim Baker at address on back of this newsletter. Please notify National USABDA also.



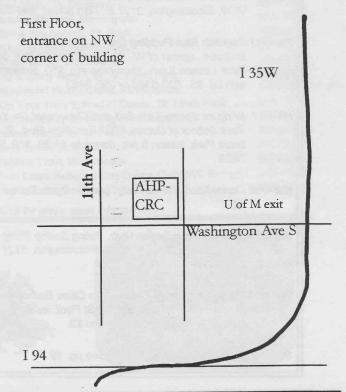
Notes From the Board

by Melanie Helvig USABDA Chapter Secretary

USABDA-MN board met on 3/3/98. 20 people were in attendance. President, Ellen Ardery, began the meeting promptly at 7:25.

- * The membership committee, consisting of Carol Post Stroick, Sue Zeller and Dorothy Jones, presented the Board with their ideas and their new member packet. New member applications will go first to Carol Stroick.
- *The ballroom operators met March 1 and 2 at the Kato Ballroom in Mankato. They welcomed our input and are willing to work with us to coordinate some dances in the future.
- *The Tea Dance date is changed to May 3rd to not conflict with the Wisconsin Open. It will still be at the Lafayette Club, 12:00 to 4:30 p.m.
- * Gary Stroick reported from the National that there are three positions open: Senior Vice President, Vice President and Treasurer. Those interested must send candidacy letters by June 30th to Vivian Biswinger.
- * The National USABDA Dance Sport Competition will be held in Indianapolis, August 14-16.
- * Jason Borton, as regional representative, will be coordinating efforts for his MYCDA performance group to attend the Twelfth Intercontinental Dance Sport Festival in England, March 27-April 3, 1999. Good Luck, Jason!

Next meeting: April 7, 7:30 p.m. sharp! @ AHPCRC,
1100 Washington Ave. S.,
Minneapolis
626-8094
see map:



Bring on the Spring Gala Ball and Showcase!! (N YOUT TOES SCHOOL OF TOUCE

Friday, April 17 8:00p.m. - 11:30p.m. COST: \$10.00/person Free for VIP'ers!!

FOXTROT LESSON WITH JEFF AT 8:00P.M.!!







ON YOUR TOES SCHOOL OF DANCE

5023 Excelsior Blvd. St. Louis Park, MN 55416 (612) 928-7803

Tango with the Issues

Dance Etiquette ("a swell idea")

by Janis Livingston

The popularity of USABDA-MN dances is growing and attendance is expanding. We see new and prospective dancers attending our events in ever increasing numbers. It's no surprise then that the dance floor is getting crowded. Is there some way to be able to dance as you'd like among the throngs of people?

It's tough! Each couple on the floor is struggling to complete the amalgamations they have started only to have to pause, or change something mid-stride. The ocean of dancing bodies swirls and swells like a rolling tide. Everyone is navigating to stay out of the undertow and find an open spot to do that special step. Rarely does the sea part for more than a moment, soon resuming its irregular course around the floor.

There are some benefits to this: Men are challenged to figure out "on the fly" where to direct their partner and quickly send the message through their body movement in time to avoid traffic jams, bottlenecks, and collisions. Women are challenged to follow the message they are given and not assume the completion of a well-known amalgamation.

No matter how well intentioned, though, or how expert the couple is in their dance maneuvers, accidental contact with other couples sometimes occurs. Seasoned competitors, social partners, and inexperienced couples trying their best to get around the floor can be quite overwhelmed when presented with this dilemma: What do you do to best avoid a problem in meeting up with another couple in less than cordial circumstances?

Believe it or not this is not a new problem in the annals of ballroom history. In fact, there are dance etiquette rules that have been in existence for a long time. It's time to dust the rules off and take a look at what our predecessors deemed necessary to control the artists of ballroom dance.

#1 Progressive dances such as Foxtrot, Waltz, Quickstep, Viennese Waltz, --- dance in a continuous forward movement.

#2 Go counter-clockwise (line-of-dance) the faster more experienced couples taking the outside lane. The inside lane is for those who take a more leisurely pace. Stop and go forward

movement may be made in the line-of-dance only in the inside lane. No backing up against the line-of-dance or cutting across the flow should be done.

#3 The floor center is for swing (East and West), rhythm, Latin, slow dancing, spot turns, and "position" dances. These can be done in the outside lanes when everyone is doing them at the same time.

#4 Dancers in the outside lane have the right-of-way and should never cut through the center.

These tried and true rules work for the most part. But, I must admit I've found myself and my various social partners bending, and stretching and even ignoring... (yes, I admit it), the rules. when carried away with a particularly enticing piece of music. The artistic interpretation of music gets us all carried away at one time or another. We wouldn't be true dancers if that didn't happen. And, not one of us is in perfect control of technique 100% of the time. So, if we all are bending, stretching and ignoring the rules anarchy would reign, toes would get crunched, bodies would get bumped and some people would get upset.

I'm willing to forgive the expressive couple who might occasionally get in my way. I experience the toe crunches, and the body bumps and I, sometimes, get upset --- but, you know ... this is daning and those things happen. Dance etiquette is great --- we should all be aware of it ... even practice it ... when the artist in us is under control.

It may all boil down to: do your best to dance safely, respect your dance co-horts, save your best flamboyant artistry for an open space, continue to develop your floorcraft, and be observant. So next time you're at one of our well-attended dances and the waves of dance artists are sloshing up against your hull try to remember the rules and bestow your artistry on your fellow sailors with well-piloted care.

Responses to Tango With the Issues: Send to Janis 481-1017, 2354 Matilda St. Roseville, Mn 55113

RESPONSES FROM LAST MONTHS TANGO WITH THE ISSUES:

"Jill Meets Jack(s) at the Birthday Dance"

- * "Please do this again, I was wishing I had signed up!"
- * "Great fun to watch! Could the audience judge it next time?"
- * "Maybe trim it down just a tad --- Gold and Advanced into the same event would work."
- * "The people who took part should all get an award for being good sports."

ed. note: There was absolutely no calls saying they would not like to see it done again. The above is representative of all the many comments received.

DANCE NOTES

- ** Welcome to our new members and subscribers to Dancin' Times! John Beals, Mollie Ingebrand, Stephen Kern, Diane Bogdanov McNew, Zhining Qin, Sylvia Radford, Ellen Olson, Oliver Tao, Giselle Vargas, Linda Wiley, and Marla Heisterkamp.
- ** Have you been looking for an excuse to upgrade your home p.c.? Well ... the newsletter would happily take your old one and give it a good home. If you would like to donate a computer to USABDA please contact Janis Livingston.
- ** Please note the Tea Dance has been changed to May 3. We have it on good authority --- the sun will shine --- Spring will be sprung.
- ** Mats Roing is doing the Dancer's Nite Out column for us --- thanks Mats for volunteering. If you want to have your dance placed in the column please contact Mats. 523-0364

COLLEGE AND YOUTH

USABDA-MN Supports Intercollegiate Workshop

by Elaine Barrett

On Saturday, February 21, 1998, an Intercollegiate Workshop was held at Macalester college in St. Paul. The workshop was organized by myself, taught by Robert & Jennifer Foster, and provided five hours of intensive lessons in rhythm and smooth dancing. Nearly fifty students attended, representing four colleges: Macalester, St. Thomas, Carleton, and Iowa State. The College & Youth division of USABDA-MN assisted students with a \$250 donation toward registration fees.

The students enjoyed themselves immensely. Studying the fine points of technique was new to most of them, as their dance classes at school cover only the basic steps and stylings. They came away with sore feet but smiling faces, determined to take their new skills back to school and share them with students who were unable to attend.

The large turnout for this workshop has prompted us to schedule another one for Saturday, April 18, at DanceSport Studio in St. Louis Park. Robert Foster and Paul Botes will teach mambo and quickstep. Students from Macalester, St. Thomas, Hamline, Carleton, Iowa State, and the University of Minnesota will be invited.

Intercollegiate activity in and around the Twin cities is blooming rapidly. New dance clubs keep popping up (the St. Thomas club was started this February), attendance at these workshops is growing, and two new formation teams have been organized (look for them at a future USABDA event!). Ballroom dancing's popularity is rising steadily among the younger generations, and USABDA members can be proud of their role in this process.



DANCE LINES

by Greg Moore

CHECK YOUR SPACE CUSHION AT THE DOOR

The dance floor was packed. Gold, silver, bronze and never-had-one-lesson were all locked in a grim struggle for footroom. My partner and I had just finished a hair-raising foxtrot. We looked at each other, smiling with relief, as well as a certain pride that we had actually survived another minefield. Just then, I felt a tap on my shoulder. I turned around to face a middle-aged man and his partner. They were both glaring at me. "You know," he said sarcastically, "you could finish your patterns without stepping on people."

"Yes," the woman added, "you've stepped on me twice tonight!" His fingers were tapping his leg, she was staring at her feet. They were deeply offended. My immediate, internal reaction was: So what?

Every one of these USABDA parties is a risky venture. The size of the crowd and the wide variety of styles and skill levels made that night's get-together even more perilous then usual. I am pleased to say I have never lost blood at a dance, nor have I shed anyone else's (that I know of...). But, I have been trampled countless times. I've even knocked people off their feet. I've also seen stockings slashed, ankles gouged, and toes mangled. And that's just the action below the knees. I've had my ribs punched, my ears jabbed, and my glasses sent flying across the room by stray hands and elbow. Ballroom ain't for wimps.

If I think I've injured someone, I stop and investigate. For the usual shoulder-bump or toe-crunch, I apologize on-the-fly. This is what I've learned from observing dancers more experienced that I. Heck, if I stopped to confront someone every time I got trodden on, I wouldn't have any time left for dancing. Learning to dance has meant learning to curb my anxiety about physical contact.

I suspect I'm more finicky than most people about personal space. On the bus I sit in an unnaturally compressed, contracted position so as not to touch anyone's shoulder or knee. If the elevator arrives and is carrying more than two passengers, I wait hopefully for the next one. And when I go camping with a friend, I insist on a four-person tent. For a fusspot like me, those early dance lessons were a challenge. Ballroom has conditioned me to relax, to allow others into my territory, to be at ease with



physical closeness. Yes, even enjoy it.

When I take to the floor, I do so with an open heart. I know I will get knocked around, maybe even injured. DanceSport is much more than sport. It is sport raised to the level of art. Dancers come in all shapes and sizes, but, in general, they are artists. Expressive, daring, flamboyant artists. And when you get that much art going in a confined space, there's bound to be some pushing and shoving. Not the aggressive, drive, NHL variety. It's a gentle, accidental kind of jostling. Everyone is trying hard to keep traffic moving, avoid collisions, and have a good time. Dancers are a very broad-

minded, forgiving lot, and seem to take personal injury right in stride. When there's trouble, they stop to inspect the damage, offer apologies, and part on amicable terms.

As I looked at this couple, stewing in their own righteous indignation, I realized I did not recognize them. This may have been their first USABDA dance. And first impressions are critical. It was not proper for me to question the validity of their claim. Maybe we all get stomped, and maybe it's not malicious, and maybe we all put up with it. But the dancer's code of honor required that I acknowledge their grievance, and accept whatever fault may be mine. I apologized, offering no explanations or excuses. Their responses were terse, tight-lipped. Perhaps they were not yet ready to forgive. For the rest of the evening, I gave them a wide berth.





ADVICE FROM THE PROS A Dancers Quest

by Heidi Smith

A dancer's quest ... to stay in time A dancer's quest ... to stop on a dime To feel free and light To put bodies in flight Despite your protest I'm continuing this rhyme

A dancer's quest ... to look like a dream A dancer's quest ... to flow like a stream To compete with grace Keep a smile on your face And finish each dance without ripping a seam

A dancer's quest ... to have a style of your own A dancer's quest ... to have hair like a cone To hold your head high As your hairpiece flies by And your praying the judges will throw you a bone

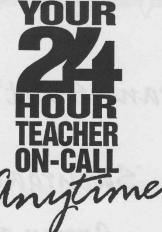
A dancer's quest ... to become a star A dancer's quest ... just to stay on par My advice to you As you struggle through Is to laugh at yourself ... we sure are!

In other words --- keep it fun --- no matter how serious you are about your dancing! And encourage newcomers! If you are out social dancing and invite someone to dance with you, please finish the dance. Stopping midsong because your partner is unfamiliar with the steps is rude and discouraging to that newcomer. So, keep it fun for everyone. Welcome and encourage newcomers to this loco world of ballroom dancing.

Heidi Smith teaches International and American competitive and social dance as well as salsa and merengue at the Twin Cities Ballroom Dance Club in St. Paul.

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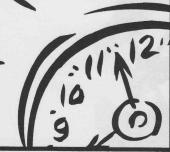
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USABDA Monthly Dance

April 25

Twin Cities Ballroom Corner of West 7th and Chestnut St. Paul

> Group Class 7:30 - 8:30 Dance 8:30-11:30

\$2 for the Lesson \$6 for members \$8 for nonmembers \$4 for students with ID



- Fraser Community Services has been chosen to receive the monies raised for the Saturday, July 11th DanceSport Event at the Target Center.
 Fraser Community Services is a non-profit organization founded in 1935 by Louise Fraser. Against all odds, she founded "Fraser School" and enriched children's lives with special needs through education and music.
- After working closely with advertising & marketing firm, the benefit event at the Target Center will be called "WORLDANCE '98". We are working closely with a local PR firm on upcoming special promotions.
- Local amateurs, and Pro/Am Champions Bea & Bill Beddor have graciously opened their home on Lake Minnetonka for a special "Welcome Barbecue" July 9th for all those competitors in the Twin Cities Open – watch for information in the Competition Package!
- If you believe your company would be interested in purchasing a block of tickets for "WORLDANCE '98" or the Twin Cities Open, please call the Hotline.
- If you would be interested in advertising in the Twin Cities Open Competition Program, call the Hotline.
- If you would be interested in sponsoring a Scholarship Event in exchange for advertising your business, plus other "perks", call the Hotline.
- Competition Information Packages were sent to all Studios & Independent Professionals in March – if you take lessons at a Studio and have not gotten any information, ASK YOUR TEACHER!!

ENTRY DEADLINE. . . MAY 27TH

TWIN CITIES OPEN HOTLINE. . (612) 431-3380



DANCE ALL NIGHT!! Elegance Dance Shoes 642-9636

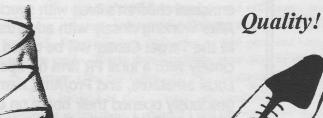
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Dance Demos

by Yvonne Viehman

Bringin' Back the Memories

On February 10, Ebenezer Hall was the site for a quaint little demo for the nursing home residents. Janis Livingston and Greg Moore and Dan and I twirled about the floor and one woman exclaimed in sheer delight "This just brings back so many great memories!" Though the space was small, the smiles were big and they've asked us to return sometime in the future. Many thanks to Janis and Greg and my ever-so-dedicated husband, Dan, for helping put on an entertaining show. Ebenezer donated \$50 and we thank Lynn Wittlock for inviting us.

Will You Be My Valentine?

On February 15, we returned to the Nile Healthcare Center for our third annual performance at their Valentine's Tea. They always have a great spread of food and punch and even an ice sculpture for everyone to enjoy. We put on a great show which showcased the talents of the following members: Karen Kettler & Mark Tepley, Carol Stroick & Wade Warford, Cheri & Art Rolnick, John Woodcock, Dagmar & Uve Kortshagen and Dan and me. Many thanks to each of you and to Pete Maki & Joyce Thompson for keeping us all dancing to those great tunes! We also thank Nancy Nugent for inviting us back this year.

Motorin' to Mankato

On March 1, the MN Ballroom Operators hosted a fantastic day of dancing for free at the Kato Ballroom in Mankato. We joined them by showcasing a wide variety of social dancing. Many thanks to all who made the trek down to Mankato which included the following participants: Celia Mullen & Hub Nelson, Susan & Arthur Hellmann, John Woodcock, Julie Zarambo & David Schmit, Carolyn Jackson & Jason Borton, Christine Istre & David Link, Gordon Lee, as well as the Collegiate Formation Team who performed a Waltz/Tango routine! Many thanks also to David Schmit for emceeing the demo and to John Woodcock and Gordon Lee for setting up our USABDA booth. A special thanks to Arlene Kroll for inviting us to be a part of this great dancing event! The MN Ballroom Operators provided a \$100 donation to USABDA's College & Youth Fund.

Upcoming Dance Demonstrations

04/14 University of St. Thomas, Murray-Herrick Student Union -3rd floor lounge, St. Paul Campus; 9:00pm; smooth and rhythm couples needed.

04/27 Macalaster College, Cochran Lounge, comer of Snelling and
Grand in St. Paul: 8:00 - 8:30 pm; smooth and rhythm couples
needed - a good opportunity to practice performing before
Minnesota Open and Twin Cities Open!

Please call Yvonne V iehman at 553-1202 and identify which denny, which dances and with whom you'd like to dance.

Keep On Dancin?

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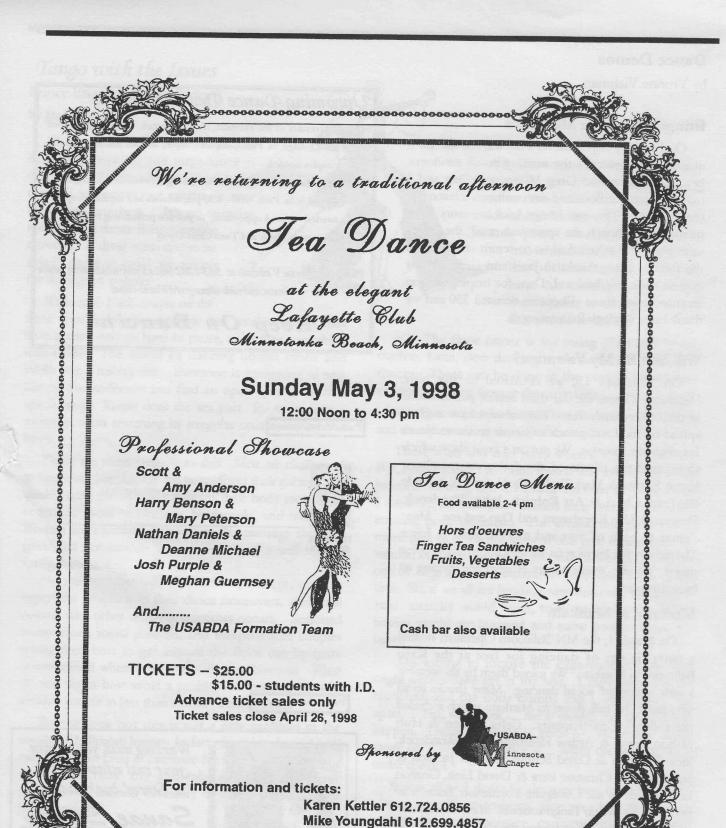
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Swaplines

Elegant plum ballgown! Sz 6-10. Beautiful burnt-out velvet dress has a fantastic luster on the floor. Pleated chiffon bodice with AB stoned lace accents that goes over the shoulder to form a gorgeous "V" in back. \$1800. Call Diane at 894-0102 or 883-1900.

Stunning blue ombred rhythm gown! SZ 6-10. Exquisitely dyed lace dress with matching AB stones. Color magically blends from it. Green/blue to deep royal blue/purple. Must see! Words cannot do justice to this gown. New, only wom twice. \$1750. Diane 894-0102.

Fun, saucy teal rhythm dress. Sz 6-10. Teal glass beads on skirt, bodice and one shoulder. Great movement and sparkle, makes a lot of noise! Real attention getter! Diane 894-0102.

American smooth gown. Perfect condition size 2-6. Lime green with sapphire contrasting sleeves and underskirt. \$950.

American smooth gown. Fabulous lime green 2 layer chiffon. Heavily AB stoned lattice work on arms and bodice with 50 gross of AB stones. Size 4-6. Asking 900.

Standard gown. Ombre Coral to white gown stoned with thousands of AB stones covering fitted bodice and dress. Asking \$950.

Traditional standard gown. Great for size 4-8. Canary sunglow and white. Asking \$550. Carol 926-7648.

Beautiful gown size 2-6, soft pink with hot pink, Jessica McClintock lace over bodice which is also covered with AB stones, worn in two comps, mint cond. \$1,200, Joanie 484-4562.

Lt Green Ballgown. Sz 8-10. Feathers on bottom. Asking \$550. Call Ellen at 521-8745.

Hot Lime Green & Black 2 Piece Rhythm! Sz 4-8. AB stoning sprinkled on bodice and accents edges. Shimmery lycra spandex, skirt moves great. Asking \$300. Janie 232-5896 (w) or 537-6743 (pm).

Beautiful Midnight Blue Rhythm! Sz 4-8. 1 piece. Panne stretch velvet. Moves great and very comfortable too! AB stoning along neckline with large AB jewel in front. \$200 or BO. Janie 232-5896 (w) Slinky 2-Toned Silver/Black Rhythm. Sz 6-8. 1 piece, lined, sleeveless, open back, mid-calf length with sexy slit up to thigh for movement. Matching silver arm and wrist bands. \$125 or BO. Janie 232-5896 (w) or 537-6743 (pm).

Elegant Red Rhythm. Sz 6-8. Flared skirt with AB stoning on criss cross spaghetti straps and bodice. Will throw in matching dance trunks. \$150 or BO. Janie 232-5896 (w) or 537-6743 (pm).

Popular lavender two-piece - size 2-6. Halter-style top with armbands and earnings and plenty of rhinestones. Bottom has asymmetrical cut and stretch material to fit everyone. Very clean. \$600. Call Theresa at 704-4405.

Fabulous American Smooth Gown, Sz 2-6. Black Bodice with 3D rhinestoned multi-colored flowers. Skirt is two layers of chiffon with a multi-colored underskirt and black top layer. Long gauntlets complete the outfit. Made by Marsha Wiest-Hines. Asking \$1600. Call Donna at 932-9449

Glorious Professional Standard/Smooth Gown size 2-6. Raspberry and turquoise velvet gown with jewel and rhinestone pattern over entire costume - made for this years Ohio Star Ball. Beautiful matching necklace and earnings. Custom made by Marsha Wiest-Hines. Asking \$1700. Call Donna at 932-9449.

Consignment costumes. Interested in a beautiful custume at an affordable price? Available now, a wide selection of used dresses and gowns from dancers around the United States. By Appointment only. Lisa Soldo (612) 922-8667

Swaplines is a monthly feature offering members the chance to sell their dance merchandise. Advertisements for partnerships are not published in this column. Paid Advertisement



Competitor's Column

Includes regional and USABDA events

Heartland Classic (North Central Regional Amateur DanceSport Championships)

April 12-13. Indianapolis, IN. Contact Heartland USABDA Chapter - (317)776-2070 or blankbob@indy.net

Wisconsin State Ballroom Dance Championships April 24-27. Milwaukeee, WI. Contact Dan Messenger for more information - (414)548-8882 or (414) 367-1206

Minnesota Open

May 29-31. Radisson Hotel, St. Paul. See Page 8 for more information. For info - Bill or Arlene Kroll - 561-5407 or Billkro@aol.com

The Twin Cities Open

July 10-12. Minneapolis Convention Center/Target Center, Minneapolis. For info - Scott or Amy Anderson - 431-3380

***for a more complete list, see "Amateur Dancers", the national publication for the U.S. Amateur Ballroom Dancers Association.

Dancin' Times

USABDA-MN 15000 Woodruff Rd Wayzata, MN 55391

Address Service Requested

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Carol Post-Stroick

926-7648

NEWSLETTER

Advertising - Jim Baker 476-4843

Dancers Night Out - Mats Roing 523-0364

Articles, Pictures, Comments - Janis Livingston 481-1017

USABDA HOTLINE 612-483-5467

E-mail address; rybsk001@tc.umn.edu http://www.arc.umn.edu/usabda/

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David Aanestad, Minneapolis	504-1403
Scott & Amy Anderson, Plymouth	
Arthur Murray School of Dance, Edina	
Arthur Murray School of Dance, Minneapolis	333-3131
*Pearl Bailey, Burnsville	890-5104
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Harry Benson, Minneapolis	
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*Constantine Dance Center, Minnetonka	476-4044
Country Western Fever-Sam Stinson, Minneapolis	
*The Dancers Studio,St. Paul	641-0777
*DanceSport Ballroom, Minneapolis	938-0048
Nathan Daniels, Minneapolis	
Donna Edelstein, Minneapolis	
Fred Astaire Dance Studio, Inver Grove Heights	451-6300
Fred Astaire Dance Studio, Roseville	639-1544
Robert & Jennifer Foster, Minneapolis	938-0048
*Carol Fritchie, St. Paul	
*Four Seasons Dancing, Minneapolis	
Wendy Davies	

Donna Latture Frykman, St. Paul	777-5447
*Loren Greenberg, St. Paul	774-5516
David & Barbara Hanson, Duluth/St. Paul	8-722-0742
Charlie Hardcastle, Minneapolis	. 938-0048
Arlene and Bill Kroll, Minneapolis	. 561-5407
Jay Larson, Plymouth	
*Timothy & Michelle Mason,	3-920-8181
Jane McEvers, Minneapolis	. 688-7988
Deanne Michael, Minneapolis	. 933-1893
*Jim & Kay Mondo, St. Paul	. 770-1651
*Alice Monson, Minneapolis	. 461-2966
*Craig Morris, Minneapolis	561-0206
Jeff & Cindy Nehrbass, St. Louis Park	928-7803
*Northwest Health Clubs, Minneapolis	. 546-6554
*On Your Toes School of Dance, St. Louis Park	928-7803
Eric Remsen (WC Swing), Minneapolis	724-3156
Denise Rondano, Minneapolis	822-8966
Heidi Smith, St. Paul	. 870-9189
Rebeca Trost, Minneapolis	342-0902
Twin Cities Rebels Swing Dance Club (WC Swing).	941-0906
U of M Ballroom Dance Lessons	649-4505

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The Door

by Greg Moore

Advice From the Pros

by Heidi Smith



*Call for group class information

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