



MINNESOTA

September 2018

DANCER

An Official Publication of USA Dance-Minnesota Chapter #2011



*Greg and Sue Prasch competing at Twin Cities Open
Photo by Ryan Kennar Photography*

Pro/Am "Thoughts"

**Election Announcement:
USA Dance Minnesota #2011**

**What Determines Costs for
Custom Ballroom Gowns?**

Music at USA Dance Events

Ask Dr. Dance

Minnesota Dancer



An Official Publication of
USA Dance-Minnesota
Chapter #2011

USA Dance: Who Are We?

We are a nonprofit organization that promotes ballroom dancing. The USA Dance Minnesota Chapter #2011 was formed in 1991. Membership in USA Dance is open to dancers of all levels. USA Dance Minnesota Chapter #2011 sponsors monthly dances and other special dance events. Members receive discounts on admission to monthly dances, as well as other benefits.

The Minnesota Dancer is published monthly by the USA Dance Minnesota Chapter #2011, to provide information and news about ballroom dancing.

Executive Editor: Bonnie Burton

Assistant Editor: Tom Crable

Design & Layout: Julie Johnston

Advertising: Paul Stachour

Contributions: Articles submitted may be edited for length, clarity and content. Photos should be high-resolution jpg, png, or pdf files. Photos should be sent separately not embedded in any Word document. Email submissions to Bonnie Burton at bonnieburton@comcast.net

Send advertising materials:

to Paul Stachour at MNDancer.Ads@gmail.com

Contributors: Scott Anderson, Paul Botes, Donna Edelstein, Deborah Nelson, Carol Post, Ryan Kennar Photography, Joyce Thompson and Greg Warner.

President: Leland Whitney,
[651.690.9367](tel:651.690.9367), lrwhitney@msn.com

Vice-President: Joyce Thompson,
contactjoycethompson@gmail.com

Treasurer: Jane Phipps,
[612.859.5245](tel:612.859.5245), janep1951@gmail.com

Secretary: Carol Post, [952.926.7648](tel:952.926.7648),
carol.postinslp@gmail.com

Please send articles to: Bonnie Burton at bonnieburton@comcast.net

Board Minutes	4
Dancer's Night Out	5
Pro/Am "Thoughts"	7
Election Announcement: USA Dance Minnesota #2011	8
What Determines Costs for Custom Ballroom Gowns and Costumes?.....	12
Music at USA Dance Events	14
Ask Dr. Dance	16
Dance Contacts	19

USA CHAPTER MONTHLY DANCES

September

Saturday, September 15
DanceLife Ballroom
4444 W 76th Street, Edina
7-8 lesson-East Coast Swing
Instructor: Shinya McHenry
8-11 pm Variety Dance Music
"Celebrate National Ballroom
Dance" non members admitted at
membership rate.

October

Saturday October 20
Location: Dance With Us America
Lower Level, Southdale Mall, Edina
7-8 lesson-Rumba
Instructor: TBD
8-11 pm Variety Dance Music
Halloween Costume Party

November

Saturday, November 17
Dancers Studio
415 Pascal St. N, St. Paul
7-8 lesson-Night Club 2 Step
Instructor: Troy Lerum
8-11 pm Variety Dance Music

*If you join USA Dance at
a monthly dance, you attend
that dance for free!*

\$5 Students under 25 with ID
\$10 USA Dance Members
\$15 Non-Members

Minnesota Ballroom & Latin Dance Camp

3 DAYS OF SEMINARS AND LESSONS
SUNDAY TEA DANCE WITH LIVE MUSIC



Jonathan Roberts
US National and World
American Smooth and US
Intl Latin Champion



Toni Redpath
US National and World
American Smooth
Champion



Michael Mead
US National and World
American Smooth
Champion



Nazar Norov
US National and World
American Rhythm
Champion



Toby Munroe
World West Coast Swing
Champion

OCTOBER 12-14

MNBALLROOMDANCECAMP.COM

**THANK YOU TO
OUR SPONSORS!**



Why attend the Minnesota Ballroom Dance Camp?

- Unique opportunity to work with some of the best coaches in the US in one weekend
- Private coaching lessons are available for you and your students
- Convenient central location in the upper midwest

SEE MNBALLROOMDANCECAMP.COM FOR
MORE INFORMATION AND TO REGISTER



USA Dance–Minnesota #2011 Board Meeting Minutes-July 3, 2018

Submitted by Carol Post

Attendees: Lee Whitney (President), Joyce Thompson (Vice President), Carol Post (Secretary), Stephanie Clausen, Gary Stroick, and Leslie Whitney. (Absent Bonnie Burton, Marla Heisterkamp and Jane Phipps).

The meeting was called to order at 6:00pm.

1. Agenda: Approved 6/0/0.
2. Board Minutes June 2018: Approved 6/0/0.
3. Treasurer Report: Approved 6/0/0.
4. Special Projects:
 - a. NBDW- Mall of America Demo is scheduled for Sunday, October 7 from 2-3pm. Flash mob assistants identified. Locations for practice are available. Schedule practice dates in discussion. Choreography is set. Advertising is forthcoming.
 - b. USA Dance Royal Palm Sister Chapter-No report.
5. Communications: No updates.
 - a. Minnesota Dancer: New format is fresh. Advertise more activities and increase reader base.
 - b. Website: Stephanie to begin web support once current web team can meet/train.
6. Monthly Dance:
 - a. Chapter Social Dance: July 21—Dancers Studio—Bolero; August 18—American Classic Ballroom – Cha-Cha (theme: Summer Sizzle-Summer theme music to be added to music line up); September 15—DanceLife Ballroom—East Coast Swing (theme: All dance clubs welcome); October 20—Dance With Us America—Rumba (theme: Halloween); November 17 – Dancers Studio—Night Club 2-step (theme: Food Drive. Leslie will lead); December 15 – Cinema Ballroom—Viennese Waltz. (theme: Holiday Gala).
 - b. 2nd Friday Dance- July 13. (Co-hosted with Tapestry).
7. Project Dance:
 - a. Project dance attendees were asked for input in June regarding having the same dance for two consecutive months to become more proficient and learn additional material. Received positive feedback. Will have a trial in August and September.
 - b. JULY—NO PROJECT DANCE; August – Beginner Tango, DanceLife Ballroom, Shinya McHenry; September – Intermediate Tango, DanceLife Ballroom, Shinya McHenry; October (3 Sunday's) – Rumba, 'nMotion Dance Center, Jennelle Donnay; November (3 Sundays) – Nightclub Two-Step, Dancers Studio, Troy Lerum.
 - c. K-12 Report: Lee will follow up with contacts.
 - d. Collegiate Ballroom Dance Report: Updates on assisting with UMR scrimmage 2019 to follow next month.
 - e. 2018 Nominations Committee: Potential candidates discussed. Vote will be conducted via email prior to next board meeting.
 - f. Membership Report:
2017 June 30: 251
2018 June 30: 274

Meeting adjourned at 7pm.

July 17-18, 2018. Email from President to board to conduct an on line vote: 8-0-1 Approved. Motion to approve funds to pay for instructor to guide Flash Mob practices: 6-2-1 Approved.

July 18 and 23, 2018: Email from President to board of confirmation and appointment of Yeun Chou, Tom Crable, Patty Fitzgerald, Donna Francisco and Greg Warner to serve on USA Dance Chapter #2011 Nominations and Elections Committee for 2018. Greg Warner appointed Chair of Committee.

Next Meeting: 6pm Tuesday Aug 7, 2018 Brooklyn Center Public Library Brooklyn Center, Minnesota (Conference Room I).

Dancer's Night Out

USA DANCE

USA Dance—Monthly—3rd Saturday Variety Dance, September 15, DanceLife Ballroom, 4444 W 76th St, Edina. Lesson 7–8 pm and dance 8–11 pm. Lesson—East Coast Swing. Instructor: Shinya McHenry.

Tapestry—Social Dance with USA Dance, 2nd Friday, September 14, DJ is Leland Whitney, lesson is Triple Step Swing, instructor is Jennifer Foster, lesson from 7–8 pm and dance from 8 to 11 pm.

Project Dance—September 9, 16, 23 and 30 at DanceLife Ballroom, 4444 W. 76th St., Edina, MN. Lesson at 2 pm. Intermediate Tango with Instructor Shinya McHenry.

WEEKLY DANCES

American Classic Ballroom—Fridays, lesson 6:15–7 pm and dance 7–9 pm.

Awakened Dance (at 'nMotion Dance Center)—Fridays, lesson 7–8 pm and dance 8–9 pm.

Ballroom & Latin Dance Club—Fridays, lesson 7–8 pm and dance 8–10 pm.

Costa Rica Ballroom—Wednesday, Practice Party, 8:15–9 pm.

Dance With Us America—Thursday, Practice Party, 8:15–9 pm.

DanceLife Ballroom—Fridays, Variety Dance, lesson 7–8 pm and dance 8–9:30 pm.

Dancers Studio—Thursday, Variety Dance, 8–9:30 pm.

OTHER DANCES

Argentine Tango Milonga—Second Saturday of each month, September 8, class at 8:30 pm and dance 9:30 pm–1 am. See mntango.org for more information.

Café Bailar Dance Club—Saturday Variety Party—2nd and 4th Saturdays, September 8 and 22, at Costa Rica Ballroom, lesson 7:30–8:30 pm and dance 8:30–11 pm.

Cinema Ballroom—Practice Party, September 5, 12, 19 and 26, at 8–9 pm.

Cinema Ballroom—September 21—Twist and Shout Dance, lesson 7–8 pm and dance 8–11 pm.

Cinema Ballroom—Sunday Night Dancing with Jerry O'Hagen and His Orchestra, September 9 and 23, 6:15–10 pm.

DanceLife Fall Showcase, Saturday, September 29.

MN West Coast Swing Dance Club—2nd and 4th Fridays, September 14 and 28, B-Dale Club, Roseville. 7:30 pm lesson free with admission and 8:30 pm dance.

Tapestry—Variety Dances, 1st and 3rd Sundays, September 2 and 16, dance 6–9:30 pm.

Twin Cities Rebels—WCS and Variety Dance, September 2 and 16, at DanceLife Ballroom, 4444 West 76th Street, Suite 250, Edina, dance from 7–10:30 pm.





TWIN CITIES REBELS SWING DANCE CLUB

MASQUERADE BALL & WORKSHOP WEEKEND

SATURDAY-SUNDAY

OCTOBER 13-14, 2018

DANCE LIFE BALLROOM

West Coast Swing Workshops with

Melissa Rutz

Three on Saturday starting at 1:00 and
four on Sunday starting at noon.



The Masquerade Ball

Saturday, October 13, 2018

8:00 – Midnight

DanceLife Ballroom

Cost: \$10 for Rebels members &
students with current ID; \$15 for guests.

More information on the Rebels website at

www.tcrebels.com

Pro/Am "Thoughts"...

From the Archives

By Scott Anderson

I was asked to write an article on the basic differences between teaching an amateur couple as compared to teaching an individual (pro/am). If the goal is to be a good social dancer, there are not many differences in my approach. When teaching competition dancing, there are more differences.

Before I talk a bit about teaching competition pro/am vs. am/am, here are some common teaching principles...

- Be a good listener
- Use the rule of 90/10 which is 90% of the conversation should be about the student and their dancing goals.
- Don't teach too much, too fast
- Be on time and teach a full lesson
- Remember that this is our student's hobby, so make it fun—not just hard work.

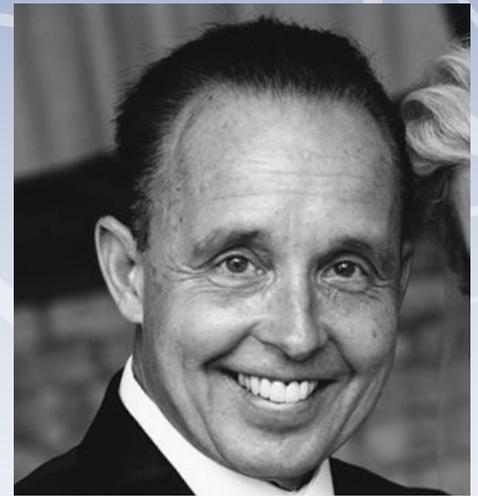
As my first boss used to say, your students can afford to take private lessons, they are successful, smart people, so never talk down to them and give the respect deserved. When I teach a pro/am competition student, I am their partner since I will compete with them. I get to know all their strengths, which I accentuate in choreography. If the student has great flexibility, you can bet in the choreography you'll see some awesome long lines. If spinning like a top is their specialty, speed and spin will be highlighted.

Technically, all competition students need to learn the basic characteristics and techniques of each dance. This of course can usually be done faster with a pro/am than with an amateur team since with a pro/am, I can blend my current skill level with my partner at their current skill level.

“all competition students need to learn the basic characteristics and techniques of each dance”

It's all so much fun. I love seeing my amateur couples go through the learning process and then have a revelation about a theory or technique. I love it when questions are asked. I have to think about my analogies and watch to see what works. We can all hear the same thing ten different ways, but only one will click.

Other factors in the teaching a couple are the emotional and psychological factors. This might be another article—let's just say that if every lesson is taught out of a true sense of caring and if patience is at the forefront, and you plan the lessons based on the individual's goals and ability level, you'll have a great chance to succeed.



Scott Anderson teaches private and group ballroom dance classes for all levels of dancers in the Twin Cities and around the country. He has been active in the dance industry for over 25 years. Scott and his wife Amy are United States Rising Star Smooth Champions & Open Finalists and Fred Astaire National Smooth Champions. As a Pro/Am teacher, he has won over 30 U.S. titles with his students. Scott is a certified Adjudicator with the Terpsichore & DVIDA Organizations, and he is also an Examiner for the DVIDA Organization. The Andersons organize the Twin Cities Open Ballroom Championships in Minneapolis. For more information, see www.scottadance.com and www.twincitiesopen.com

I am truly blessed to have an occupation I love so much. If I help students reach their dancing goals, and help make their day better—I'm happy!

Lynne's Dance News

Dance events for every day of the week.

Updated daily.



www.lynnesdancenews.com



Grand Jeté
651-227-0331 www.grandjete.com

10% OFF!
one pair of ballroom shoes
WITH THIS COUPON

975 Grand Avenue, St. Paul
Just 2 blks. East of Lexington
Open Mon-Sat 10-5:30
Tuesday 'til 8pm



Election Announcement: USA Dance Minnesota #2011 Board of Directors Positions

By Greg Warner, Election Committee Chair

USA Dance Chapter #2011 Board of Directors elections will be held this fall and the election will occur at the November Monthly Meeting of the Chapter. This year's Election Committee is listed at the bottom of this announcement.

Due to changes in the Election policy that became effective on January 1, 2018, there will be minor changes in the length of the terms. Terms on the Chapter board will also now be staggered. Therefore, once the election is done, the newly elected Board members will need to decide terms: One-half the Board will serve one year and the remaining members will serve two years.

The Chapter voted to allow the elected Board members to elect officers. The President and Secretary will serve two years. The Treasure and Vice-President will serve one year. This is a result of the policy change that states the President and Secretary are elected in even number years and the Vice-President and Treasurer are elected in odd numbered years. The remaining newly elected Board members will determine the length of their terms per the policy.

If you are interested in serving on the board, you may be considered for the ballot by one of two methods: 1) Any chapter member interested in running for a board position may notify one of the Election Committee members listed below and submit an application; or 2) a chapter member may submit a petition to the Election Committee containing a minimum of twenty (20) chapter member signatures which includes each signatory's USA Dance Number and Expiration Date.

The deadline to submit an application for a chapter board position is October 1, 2018. All potential candidates must complete and submit an application prior to this date. Application forms are available on the USA Dance Minnesota website: usadance-minnesota.org or from an election committee member. All applicants for the Board will be contacted by an Election Committee member.

Needless to say, having volunteers to serve on the board is extremely important for our chapter to continue doing all the wonderful things it does. Please consider contributing your talents. Thank you.

Election Committee

Yeun Chou, yeunchou77@hotmail.com

Tom Crable, 952-465-8374, tcable3s@gmail.com

Patty Fitzgerald, 612-386-8487, patty.fitzgerald@comcast.net

Donna Francisco, donnafrancisco63@yahoo.com

Greg Warner, Chair, 507-202-5233, gjwjas@gmail.com



Satin Stitches[®] Ltd
DESIGNED FOR A SENSATIONAL PERFORMANCE!

Social & Competition Ballroom
Dance Costumes
Restyling & alterations as well.

*NEW WebStore Customizable
Basic Dance Styles -Men+Ladies
Call 763.323.9507 for your appointment.
www.satinstitches.com *Check out our blogs



National Ballroom Dance Week

Flash Mob practice dates:
Tapestry Folkdance Center
3748 Minnehaha Ave., Minneapolis
★★★
September 7, 21 & 28
7:00-8:30 p.m.
Water bottles are permitted in the dance studios.
Parking is located on the street and in an adjacent parking lot.

USA Dance Minnesota #2011

Application for Board Member Position



Contact Information

Name	
Street Address	
City ST ZIP Code	
Phone	
USA Dance Membership #	
E-Mail Address	

Commitment & Availability

USA Dance Board Member positions are a two (2)-year term and require a willingness to actively participate in board functions during this period, including attendance at monthly evening meetings and active service in one or more volunteer areas. Are you willing and available to honor this volunteer commitment?

Yes _____ No _____

Interests

Tell us in which areas you are interested in volunteering

- Administration and finance (taking minutes; bookkeeping)
- Special Events (Tea Dance; dance competitions)
- Newsletter committee
- Website updates and maintenance
- Fundraising
- Monthly Dances
- Membership committee
- Volunteer coordination
- Other (specify): _____

Special Skills or Qualifications

Summarize special skills and qualifications from employment, prior volunteer work, or other activities that would contribute to being a good board member. Specifically, tell us about your interest in, and experience with, dance. Attach additional pages if needed.

continued on next page

Why do you want to be a Board Member?

Please describe why you want to be a USA Dance Minnesota board member and what you hope to accomplish? Attach additional pages if needed.

Agreement and Signature

By submitting this application, I affirm that the facts set forth in it are true and complete. I understand that if I am elected as a volunteer board member, any false statements, omissions, or other misrepresentations made by me on this application may result in my immediate dismissal.

Name (printed)	
Signature	
Date	

Submission Requirements

The application deadline is **Monday, October 1, 2018**. Please mail or email your completed form, along with a recent photo (head shot) and bio to: Greg Warner, Election Committee Chair, 18483 Farmstead Circle, Eden Prairie, MN 55347, or gjwjas@gmail.com.

Applicants will be contacted shortly thereafter by an Election committee member.

The USA Dance Board Election results will be held at the November monthly dance.

Thank you for your interest in volunteering with USA Dance Minnesota!

CELEBRATE

National Ballroom
DANCE
Week

Everyone Welcome!

Saturday, September 15th, 7-11 PM

DanceLife Ballroom, 4444 W. 76th St, Edina, MN

All are welcome tonight at the member rate of \$10!
Complimentary East Coast Swing Lesson at 7 PM
Sponsored by USA Dance-Minnesota #2011



What Determines Costs for Custom Ballroom Gowns and Costumes?

© Deborah J. Nelson/Satin Stitches Ltd.

I enjoy writing and blogging about different design aspects of fashion and costume design to help enlighten you about what are the best choices for creating or purchasing your ballroom costume or gown. I haven't discussed how any of your choices reflect on the price that you will pay for a costume or gown. That's this month's topic!

As with any of our choices, in our daily lives, there are 'top of the line' options, 'bottom of the line' options and many 'in between' price options. Any time you choose to purchase something 'custom' it will be pricier than anything 'off the rack'. The ladder of pricing starts with couture—or anything that is custom-created from a talented professional, just for you. The cost reflects all the development costs—both the labor-time and all the costs for the materials needed for your unique design.

The next rung down, would be 'customized' just for you, from a talented professional, just for you. This would involve choosing from an already developed pattern and selecting from a variety of fabric choices and trimming options.

The next rung down, might be purchasing an already created gown or costume, from a talented professional. All the costs for materials and labor to produce this one costume are included, but you probably will not have the one-on-one labor costs for being able to choose exactly what you would like.

Farther down, on the ladder of costs, would include purchasing a costume, either custom or not, from an individual who is not a professional company (with real overhead expenses that would include paying for a retail location

and for paying employees who would support the business).

Professionals, such as myself, who are well established with their businesses, employ additional staff to help create all of our costumes and gowns. We pay for the retail space itself, all the utilities, and for the salaries and benefits that our supporting employees are paid, in order to retain their employment. It goes without saying that paying for such business expenses involves more money for setting up shop in the United States, rather than another country.

“Alterations to existing garments can be cost effective. . . and sometimes not.”

If you are only working with an individual, who is paying no one but themselves, they should be able to charge a much lower rate than a bona fide business would. Additional expenses that are included in the 'cost of doing business' would be marketing costs, including any travel expenses, along with 'show' expenses, if the costumes are being brought to a convenient location for you to shop, such as at a big dance competition. The price of your costume reflects on all of these expenses.

Creating intricate designs, or even simple designs requires hours of designing, patternmaking, cutting, sewing and embellishing, along with fittings—if you aren't buying 'off the rack'. Employees in the United States are paid a 'living wage' which is quite low for American standards, but still more than workers



Deborah Nelson is the Founder and Head Designer of Satin Stitches Ltd, a custom performance costume manufacturer in Minneapolis. Deborah is a leader in the fashion/costume industry with 40+ years of professional design, fitting, alterations, and patternmaking experience. She holds a Bachelor of Fine Arts (Major: Fashion Design) degree and is a former instructor at The Minneapolis College of Art and Design (MCAD). For more information about Satin Stitches, visit their website at: www.satinstitches.com

overseas. Most of the clothing that we wear every day is not made in the United States, which is why conventional clothing is often quite cheap.

As with most of you, I always shop the clearance racks for good deals, and I also use coupons and shop when there are sales at my favorite retail clothing stores. If that \$20 blouse at Target were made in the U.S.A., instead of in China or Mexico, it would probably cost you \$100. The \$50 dress at Kohl's might cost you \$200 if made by American sewing personnel.

A good way to get the feel of what 'real' prices might be, for ballroom costumes or gowns, would be to peruse the websites of the 'Dancing With the Stars' designers, or the racks set up by the big name ballroom designers. An average price of a rhinestoned costume or gown might be \$5000. With a price tag of \$5000, even with ordinary fabrics (rather than high-priced, imported or silk), the

wholesale cost of the fabric might be \$200, and the rhinestones might be \$300, and then there might be 20 hours of labor involved in the dress creation—not the one hour it might take to sew up a summer frock.

Costs to you include the cost of the fabrics, notions and trims that are used. Your costs might be lower if we have the basic fabric in stock and higher, if we need to buy the yardage at full retail.

Alterations to existing garments can sometimes be cost effective, and sometimes not. It totally depends on what you need to have done and how the garment is constructed. Sometimes things are very possible, and sometimes not. You need to have your professional alterations person see what the situation

is. A general rule that I go by, in offering my expertise, is to see if most of the work is constructive—where you are adding on, rather than destructive, where you will be paying for ripping apart. Ripping is much more time consuming than sewing. Also in the equation, is if your ready-made garment was inexpensive, so you can afford to invest into transforming it, either for restyling or for getting a good fit.

Secondly, think about what expertise you are paying for. How much experience do the professionals have? What kinds of projects do they undertake? What tools do they use? Figuring how a team works, will tell you a lot about the quality of the finished product and will clearly define for you where your money is going.

Don't be afraid to ask questions.

If you are looking for a 'deal' for your ballroom garb, shop the sales and pick up a 'bargain'. If it doesn't fit just right—employ a talented alterations person. If you are looking for that 'perfect' gown or costume, if you are of a size that the touring ballroom costumers stock, you might just find it on their rack!

But if you determine that you won't be able to find the perfect dress on a rack, or in your size, commissioning a costume professional to create a gown or costume just for you, won't be inexpensive, and the cost will be determined by labor hours and materials. But if you fall in love with your creation—then it will be 'priceless'!

SAVE THE DATE!

Sunday, October 7, 2018

2:00 PM—3:00 PM

THE USA DANCE-MINNESOTA #2011 ANNUAL SHOWCASE

To be held at:

THE MALL OF AMERICA ROTUNDA

Please join us as we celebrate National Ballroom Dance Week and spread a little dance fever! We are excited to return to the Mall of America for a 60-minute showcase of some of the best amateur dancing in the Midwest. We need dancers of silver level or above to perform for the mall patrons, so find your dance partner, alert your formation team, and tell all of your friends and family.

Let's bring our best dancing to the MOA!

If you would like to participate, please contact USA Dance-Minnesota #2011 Dance Demo Coordinator:

Yvonne Viehman, 763.245.7936 or danvman@aol.com



Music at USA Dance Events

By Joyce Thompson

It would be a rare occasion to not have someone make a positive comment about the music at a USA Dance event. The comments range from “good dance music”, “fun to dance to”, “where did it come from”, and so on.

The collection of USA Dance music began in the mid 1990’s when Pete Maki took over the role as the DJ. Pete and I spent nearly every weekend listening to music at used CD stores. We were constantly on the lookout for new music. We met with Sarge, a local ballroom music vendor and former DJ for ballroom dance events in the Twin Cities. We met with music vendors at competitions, CD music stores, and much later, the internet to search for music. There were times Pete would call a radio station and ask “what was the name of the song and artist you just played”. Searching for music became more intense prior to competitions and special events.



Pete and Joyce received the 1998 award for their outstanding contributions to USABDA-MN

Listening to the music was no guarantee it would work. I donated 367 CD’s which contained music that would not be used. That made a **small** dent in the number of CD’s in my home.

Proper tempo was always a priority. As social dancers, we found that music that was too slow or too fast took the enjoyment out of the dancing. In the early years, tape decks and CD players with variable speed technology were used. In 1997 we began utilizing computerized music editing software. All of the music in my collection has been uploaded into the computer, tempos changed, intros changed, non-danceable sections removed, and so forth. Some songs for competitions were taken apart, edited, and put back together again and maybe not in the same order. Pete became very gifted at editing music which came about with a huge amount of practice.

“Most dance CD’s are international tempo standards. . .music for social dances should be American tempo”

Editing music was a very time consuming task. There were many late nights. Many of those years we were working very busy jobs during the day. An extreme example is “The Patriot Waltz”. It came out on a dance CD and the sound quality was very poor. We purchased the sound track and found the music. Surprise! It was in several pieces mixed throughout the song. The tempos varied. The danceable sections were extracted, it was divided into 8 bar phrases, tempos edited and the music put back together. It took about four hours to get it right. We wanted it for the national amateur championships being held in St. Paul that year. You have danced to this song if you attended the Tea Dance at the Lafayette Country Club.



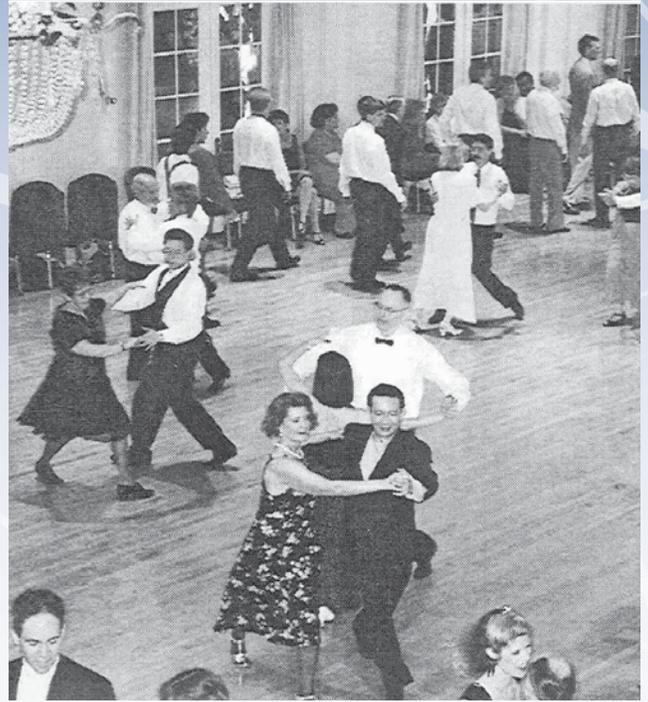
Joyce Thompson is a long time volunteer of Minnesota Chapter #2011, and is current Vice President of the chapter.

Most dance CD’s are made to accommodate international tempo standards. Music for social dances should be American tempo. Would you prefer to dance a Viennese waltz at 54 measures per minute or 60 measure per minute?

Music preparation occurs behind the scenes. You may notice sets of smooth and rhythm dance music at USA Dance events. Prior to the mixer, all music is bronze level with a very solid definitive beat to the music, and proper tempo and rhythm pattern. Planning the music prevents the DJ from grouping too many fast dances or slow dances back to back. There should be a variety of artists and selection of contemporary and Latin music to eliminate boredom.

Effective February 2015, we began using templates of music on a computer ready to go from my collection. I developed the templates and Leland, our chapter president, installed the music, set volume, and introduced the dance. This was also a very time consuming task. Thank you, Leland!

Changes are made for special occasions. For example the August “Summer Sizzler” dance at American Classic ballroom included music with words like summer, beach, sun, moonlight, and an east coast swing by the Beach Boys. Our October dance will include Halloween danceable music and the December Holiday Gala will feature holiday dance music.



Joyce Thompson and Pete Maki ballroom music aficionados.

Tea dance in days past.



Stardust Dance

PRODUCTIONS

WEEKEND GETAWAYS, LUXURY DANCE CRUISES, DANCE DESTINATIONS

115th Weekend Getaway

Friday September 7th - Sunday September 9th • 2018

Rates starting at \$456 pp
(Includes resort fees)

Includes: Lodging • 7 Meals • Cocktail Party/Open Bar
Wine/Champagne Party • Over 50 Hours of Workshops
Entertainment Nightly • Dancing in 4 Venues
Top Nite Club Entertainment Each Evening

Appearing on Our Stage:

Ed Cole's Rhythm n' Shoes
Ballroom Trio Band

**2018 Future Ballroom
Dance Camp Weekend**
November 16th - 18th



HONOR'S HAVEN
RESORT & SPA
1195 Arrowhead Road
Ellenville, NY 12428

Stardust Dance Cruise XVI
February 1st - February 11th, 2019



Costa Deliziosa

10 Nights • Departs from Ft. Lauderdale, Florida

Itinerary

Ports: Nassau, Bahamas • Turks & Caicos • Ocho Rios, Jamaica
Georgetown, Cayman • Roatan, Honduras • Cozumel, Mexico

Stardust Destination Cruise III
September 21st - September 30th, 2019
2 Nights Land • 7 Nights Cruise



Itinerary

Venice, Bari, Italy
Greek Islands:
Corfu, Santorini, Mykonos
Dubrovnik, Croatia

Call for a Complete Brochure (800) 537-2797 Outside of the US and Canada (845) 794-4707

EMAIL US: INFO@STARDUSTDANCE.COM • VISIT OUR WEBSITE WWW.STARDUSTDANCE.COM

Stardust Dance Productions, LTD is registered with the State of Florida as a Seller of Travel. FLA Seller of Travel Reference # ST37320

Ask Dr. Dance

After watching dancers at TCO, how does a new competitor decide what level to start competing at?

Does the teacher decide or the student? Do some people skip bronze and start out in silver?

I've seen some newer dancers in silver and gold. What rules decide when you must move up, so folks don't stay in a level long after they've excelled in it, just so they can win? How does it work?

Donna says: The teacher is responsible for the student's progress, so the teacher or coach should decide which level is appropriate. There are certain technical elements that judges like to see mastered before moving up a level.

Some students insist on skipping levels and usually that causes problems due to gaps in their development. There are a few cases though, where someone has had a lot of dance training in other forms of dance and is really talented and can skip levels without a problem.

Some competitions don't let you dance a bronze or silver level again once you have won a scholarship in an event with at least semi-final or more. That can be tricky however, because sometimes a fairly new and talented person can win a level, but would not be ready to move up the following year.

With that said, certain teachers do seem to keep students in the same level for a very long time.

With the dancers that I coach, my recommendation is that you stay in your level until you are winning or making the finals at major championships, like the US Championships, Ohio Star Ball, Embassy, Emerald Ball, Millenium, and Holiday Dance Classic. If you win a US title or World title in a level, then its time to move up for sure.

Some students do not have a goal of going to those large events. If you are

primarily doing local regional events, a good rule of thumb would be to move up a level after winning a scholarship event two years in a row (where a semi final was danced).

Good luck with your dancing!

Paul says: Typically your teacher will advise you on these matters. Every dancer is unique, with their own set of abilities and challenges. As a general rule, everyone should start as a newcomer regardless of talent or ability. Should you choose to start in silver rather than bronze, the pitfall is that you may also skip some important fundamentals. This might come back to haunt you later on.

“Enjoy the journey of learning in every level”

Some competitors do stay in a level beyond a reasonable time and it may be because they want to win. How satisfying, though is a victory against competitors that are not as experienced as you.” As a true competitor I would think you want to be challenged and feel that your victory was hard earned and respected by your peers!

In pro-am dancing there are no rules that stipulate how long a competitor can stay in a level. USA Dance (the organization for amateur dancers) has rules that govern how long competitors can stay in a level, before they have enough points to move up. They then have no choice in the matter.

As far as competitors dancing above their ability, just because you can doesn't mean you should. Remember that in judging it's always a comparison and the judges don't know that you are dancing above your ability. All they see is somebody being overshadowed by their peers and dull impression tends to get stuck in their minds. You are doing



Donna Edelstein is a coach, judge and organizer of the Snow Ball DanceSport Competition. www.donnarites@msn.com or 763-557-6006



Paul Botes is a dance instructor, coach, choreographer and judge. He is an owner of American Classic Ballroom, located in Victoria, MN.

yourself a disservice by allowing that to happen!

Enjoy the journey of learning in every level. That way you experience success when you're due and you feel the satisfaction of having earned your placement. Good luck!



Intermediate Tango

Take your tango to the next level!



Sunday, September 09 — 2:00 pm
Sunday, September 16 — 2:00 pm
Sunday, September 23 — 2:00 pm
Sunday, September 30 — 2:00 pm

Classes with Shinya McHenry at

DanceLife Ballroom

4444 West 76th Street
Suite 250
Edina, MN
612.345.4219

www.usadance-minnesota.org
info@usadance-minnesota.org
Follow us @USADanceMN



USA Dance Minnesota offers dance instruction to members for \$5. Non-members pay \$10.

Become a member of USA Dance at membership.usadance.org or fill out a membership form available at class. A different professional instructor teaches a new dance at a different location every month.



David Chin
PHOTOGRAPHY

PORTRAITS | HEADSHOTS | EVENTS

DCHINPHOTOGRAPHY@GMAIL.COM | (484) 868-2615

DCHINPHOTO.COM

  @DCHINPHOTO

Dance Contacts

If you would like to be listed on this page, send your contact information to bonnieburton@comcast.net

STUDIOS

AMERICAN CLASSIC BALLROOM
1495 Steiger Lake Lane, Victoria, MN
952.934.0900
www.acballroom.com

ARTHUR MURRAY DANCE STUDIO
534 Selby Avenue, St. Paul
651.227.3200

AWAKENED DANCE COMMUNITY
(at 'nMotion Dance Center)
7988 University Ave NE
Fridley, MN 55432
www.awakeneddance.com

BALLROOM AND LATIN DANCE CLUB
1103 W. Burnsville Pkwy, Burnsville
952.292.0524
www.ballroom-club.com

BLOOMINGTON BALLROOM DANCE CENTER
3701 W Old Shakopee Rd, Bloomington
952.392.9631
www.bloomingtonballroom.com

BLUE MOON BALLROOM
2030 Hwy 14 E, Rochester
507.288.0556
www.BlueMoonBallroom.com

CINEMA BALLROOM
1560 St. Clair Ave, St. Paul
651.699.5910
www.cinemaballroom.com

COSTA RICA BALLROOM DANCE STUDIOS
816 Mainstreet, Hopkins
952.303.3339
www.costaricaballroom.com

DAHL DANCE CENTER
4204 North Hwy 52, Rochester
507.252.1848
www.dahldance.com

DANCE AND ENTERTAINMENT
651.605.5784
tricia@danceandentertainment.com
www.danceandentertainment.com

DANCE WITH LOISA DONNAY
3142 1st Ave S, Minneapolis
612.822.8436
www.mndance.com

DANCE WITH US AMERICA
10 Southdale Center, Edina
612.564.5483
www.dancewithusamerica.com

DANCELIFE BALLROOM
4444 West 76th Street, Suite 250, Edina
612.345.4219
www.dancelifeballroom.com

DANCERS STUDIO
415 Pascal Street N, Saint Paul
651.641.0777
www.dancersstudio.com

THE FLYING PIG DANCE STUDIO
6232 Lyndale Ave. S., Richfield
612.598.1094
www.tfpstudio.com

FOUR SEASONS DANCE STUDIO
1637 Hennepin Ave S, Minneapolis
612.342.0902
www.fourseasonsdance.com

FRED ASTAIRE DANCE STUDIO
1975 Seneca Road, Eagan, MN
651.451.6300
www.FredAstaireMN.com

MILL CITY BALLROOM
www.millcityballroom.com

NORTH STAR DANCE STUDIO
Bloomington, MN
612.799.4147
[Facebook.com/northstar.dancestudio](https://www.facebook.com/northstar.dancestudio)

RENDEZVOUS DANCE STUDIO
Minneapolis
612.872.1562
www.theplacetodance.com

STUDIO JEFF
701 St. Germain St W, Suite 201,
St. Cloud
320.266.4137
www.studiojeff.com

T 4 DANCE COMPANY
2307 Cleveland St, Eau Claire WI
612-968-2401
www.t4dance.com

CLUBS

CAFÉ BAILAR
www.cafebailar.com

LA DANZA DANCE CLUB
Stillwater, MN
651.439.3152
[Facebook.com/LaDanzaDanceClub](https://www.facebook.com/LaDanzaDanceClub)
Contacts: Mark and Wanda Bierbrauer

LAKESIDE DANCE CLUB
320.763.6432
danceclub@lakesideballroom.org
www.lakesideballroom.org

LATIN DANCE CLUB OF UMN
Email: latindc@umn.edu
sua.umn.edu/groups/directory/group/3713/

MN WEST COAST SWING DANCE CLUB
info@mwcsdc.com
www.mwcsdc.com

REBELS SWING DANCE CLUB
952.941.0906
www.tcrebels.com

SOCIAL DANCE CLUB
952.475.0586
billcarlson@usinternet.com

STARDUST DANCE CLUB
stardustdanceclub@gmail.com

SUBURBAN-WINTERSET DANCE CLUB
Woman's Club of Minneapolis,
410 Oak Grove Street, Minneapolis
952.894.1412
www.suburbanwinterset.com

TANGO SOCIETY OF MINNESOTA
www.mntango.org

Dance Contacts (cont.)

TAPESTRY FOLKDANCE CENTER
3748 Minnehaha Ave, Minneapolis
612.722.2914
www.tapestryfolkdance.org

UNIVERSITY OF MINNESOTA
BALLROOM DANCE CLUB
bdc@umn.edu
Is.gd/umnbdc

USA DANCE, MINNESOTA
CHAPTER 2011
info@usadance-minnesota.org
www.usadance-minnesota.org

DANCE INSTRUCTORS

Meghan Anderson and
Igor Afonkin.....612.816.5904
Scott Anderson.....612.816.4446
Nathan Daniels763.464.1021
Jennelle Donnay651.357.2060
Loisa Donnay612.822.8436
Julie Delene612.598.5355

Donna Edelstein.....612.910.2690
Jennifer Foster952.922.8316
Robert Foster.....952.922.8316
Bonnie Inveen.....612.978.9371
Julie Jacobson.....651.261.6442
Jay Larson651.387.3886
Deanne Michael.....612.508.9255

Monica Mohn612.874.0747
Mariusz Olszewski.....612.242.5159
Todd Paulus.....612-968-2401
Lisa Vogel.....651.208.0818

ARGENTINE TANGO

Miriam Lea Ziven.....847-340-6854



The Most FUN One Day Dance Event in the Midwest!

Sunday, October 21

Medina Entertainment Center

*Email Scott or Nathan for more information
on how to register:*

Scott: megamarc@frontiernet.net

Nathan: nathanh@visi.com

-or-

visit the

MINNESOTA MADNESS

 Facebook Page for details!



presented by
*Scott Anderson &
Nathan Daniels*



Special Guest Commentator
Chantal LeClerc

Have your next spectacular event at



4444 W 76TH STREET, EDINA, MN 55435

dancelifeballroom.com ❖ 612-345-4219 ❖ dancelifeballroom@gmail.com

Three rooms to choose from:

Aruba (45' x 45') ❖ Bali (48' x 28') ❖ Copacabana (32' x 28')

Included with your rental fee:

- ❖ Chairs and draped tables
(banquet rounds, cocktail rounds, rectangular 8' and 6')
- ❖ Professional audio system (microphones upon request)
- ❖ Ambient lighting to set the perfect tone
- ❖ Freedom to use the licensed caterer of your choice
- ❖ Friendly event staff dedicated to making your event a success

CALL FOR YOUR AFFORDABLE QUOTE!



COMPETITION CALENDAR

SEPTEMBER 2018

8-9

Kansas City Classic
Kansas City, KS

OCTOBER 2018

5-7

Carolina Fall Classic NQE
Charlotte, NC

OCTOBER 2018

21

Minnesota Madness
Medina, MN

OCTOBER 2018

26-28

Chicago DanceSport Challenge
NQE
Chicago, IL

DECEMBER 2018

1

California State DanceSport
Championships NQE
Oakland, CA

JANUARY 2019

25-27

Southeastern DanceSport
Championships - NQE
Birmingham, AL

FEBRUARY 2019

9

Royal Palm DanceSport
Championships - NQE
Coconut Creek (Fort Lauderdale), FL

FEBRUARY 2019

22-24

Mid-Atlantic Championships
NQE
Bethesda MD