

# Heartland USA Dance January Workshop & Dance Party

With **JOHN BERRY** and **RAUNO ILO**

## 4 Amazing Technique Lessons:

### Session 1 (2- 4pm):



- **Picture Figures:**  
Uses, Entries to & Exits from (Waltz, Foxtrot, Tango, QS)
- **Cha-Cha and East Coast Swing:**  
Differences in Technique  
(Chasses, Rocks, U/arm Turns, Spin Turns, Fallaways)

### Open Practice (4-4:30pm )

### Session 2 (4:30 - 6:30pm)



- **Viennese waltz:**  
How to Dance Like a Pro
- **Rumba:**  
How to Get That Body Moving

**Saturday, January 16, 2016**

**Alternate Snow Date: Saturday, January 30**

**Starlite Ballroom, 5720 N. Guion Road**

**\$15 / lesson or \$45 for All 4 lessons + Admission to Evening Dance**

Full-time students: \$10 / lesson or \$30 for 4 lessons + dance

**USA Dance Membership Not Necessary**

**Evening Dance: 7:30 - 11:00pm**

**Evening Dance Admission: USA Dance Members: \$8 / Student:\$6**

**Non-members: \$12 / Student: \$8**



To purchase tickets, see Larry or Anna;  
or make check payable to USA Dance, Inc. and mail to:

Larry Gogel, P.O. Box 2085, Bloomington, IN 47402

For more information: **317-759-0171** , **lgogel@gmail.com** or **www.indyusadance.org**