



Heart and Sole



Volume 21 Issue 5

May 2014

NEWS FROM HEARTLAND BALLROOM DANCERS, CHAPTER #2022 OF USA DANCE INC

From the Heart

By John Graves, Vice President

As I sit here trying to write this article, wondering what to say, I began thinking about a little history of this club. Here's what I remember. For the first several of years all members wore name tags so we could all know each other's names. I know for me this was very helpful, as I have a hard time remembering names. This also seemed to help the group to bond and build friendships.

Another thing we did was to establish committees for the different functions of the club. This got the membership involved in its operation, and therefore people felt more invested in the club, so there was greater participation at club events, especially the monthly dances.

I think maybe the board members were in touch with the membership as well. We on the board would discuss who had skills that would be helpful on certain committees and then personally recruit that individual to serve on the committee. This had the effect of making the members feel wanted and needed. It built friendships. It increased participation and it made this club a fun place to belong.

I would love to have that fun back! Therefore I would like to make a proposal. Starting with the June dance everyone wear a name tag (maybe for 2 or 3 dances) to help people like me remember names. Second be willing to serve on a committee. This will help in several ways. 1) There are many things National would like chapters to be doing that we are not at this time because we on the board don't have the time to devote. You, the members, can solve that dilemma. 2) You will make new friends. Building friendships will breathe new life into our dance club. After all, you want to hang out and visit with your friends, right? 3) Dance parties, and other events, will be much more fun to attend, because your friends are there. Not to mention, the more minds we have working on club events the more fun things we can think of to do. So starting at this dance I will personally make an effort to sit and chat with many of you, especially if I have not had a conversation with you before. I also want to encourage the rest of the board members to do the same. That way we can

discover all your secret talents so we can help make this the most fun dance club in Indy!

If you're interested in being an organizer or a helper for one of our dances, please let us know. **We are always looking for volunteers.**

If you missed our last dance and wanted to see what was taught at our last dance, you can see a video on our website at **indyusadance.org** and you can also see lessons from past months.

Don't forget to bring a food item or snack!



500 Mile Race Dance

Saturday, May 10

7:30 pm – Lesson – American ChaCha

Instructor: Monica Lung

Dance: 8:30 – 11:00 p.m.

Exhibition: Monica & Student Ben Davis

Cost: \$8 Members or \$12 non-members

\$4 students or \$6 non-mbr students

DJ: Rog Greenawalt

Location: Riolo, 502 N. Capitol 2nd Flr.

For more information, call 849-6373 or 584-3048

Open Monthly Dance

Inside This Issue

1	President's Message; May Dance Details
2-3	April Dance Report Area/Region/National News Dance Opportunities; 2014 Dance Schedule; 2014 Board & Committees; Member/Membership News;
4	Competitor Corner; Area/Region/National News Dance Opportunities; Member Classifieds; Newsletter Info; Privacy Policy; Photos; Web Sites
5-7	Ads; Boogie Beat
8	Upcoming Chapter Events; Ad Rates

2

THE CHAPTER DOES NOT GET TO KEEP any of your dues money—it all goes to Central Office. We operate based on what we make on dances, competitions, etc. and advertising funds our newsletter. This is different from all the other local dance clubs. We are classified a 501-3(c) non-profit organization.

Competitor's Corner

Congrats to the following dancers for their results in recent competitions. If you have results from a comp, or any related item of interest to share, email Rog Greenawalt at bolergreen@juno.com.

Area/Region News

Fort Wayne, IN – The web site for Fort Wayne is www.fwdancesport.org.

Indiana Lakeshore Chapter – 1st Sunday of month at The Ranch Dance Hall, 769 Madison Street, Crown Point, Indiana, 1-5 pm; Members \$6. Call 219-926-5927 for information.

Chicagoland Chapter dances are held the 3rd Saturday of the month. For information call (847) 426-7978.

Cincinnati Chapter dances are at Greek Orthodox Church, 7000 Winton Rd, Cincy on the 3rd Saturday. Call (513) 769-3088 for information or check www.dancecincinnati.org.

Dayton Area Ballroom Clubs generally meet the 1st, 2nd, and 4th Saturdays. For information on 76 Club, call 937-833-4301; Dance-Tonians call 937-675-2910; and Swing 'N' Sway call 937-667-1420.

Louisville KY Chapter dances are **last Saturday** of each month at St. Andrews Episcopal Church, 2233 Woodbourne Avenue, Louisville, KY 40205. Call 502-451-6433 for info. Web site: www.usadancelouisville.org

Bluegrass KY Chapter – (859) 223-2047.

Lexington KY Dance Club – (859) 257-1947.

St. Louis Ballroom Dancers have a busy schedule of dances. For information, call 314-382-8297.

South Bend Chapter usually meets on 3rd Sunday each month at BK Club, Corner of West & 9th in Mishawaka, IN. For information call 574-289-1093.

Member Classifieds

Members may advertise dance-related items free. Please call or e-mail the editor.

Heartland Ballroom Dancers does not endorse any particular studio or instructor but recognizes that good instruction is available from a variety of people throughout Central Indiana.

USA Dance Privacy Policy USA Dance lists (membership and e-mail) of personal information for members and non-members is confidential and for the exclusive use of USA Dance officials and designees and may not be shared, sold, or rented without the prior approval of the USA Dance Governing Council.

Save the Date

The 19th Annual Big Ballroom Bash will be July 11 at the Arabian Room in Murat Shrine. Tickets will go on sale next month.

Newsletter Deadline

The *Heart and Sole* submission deadline is the 20th of the month. Call Nancy at 317-849-6373 to be included.

Please keep your addresses up-to-date. It is very important that you keep your e-mail address up-to-date with your chapter Newsletter Editor and Membership Chairman. Send changes to the editor who will forward them to National Membership or send yourself. Don't forget to let us both know!

May is Hearing Awareness Month



Get your hearing checked!

CELEBRATE OLYMPIC DAY

As a member of the USOC, USA Dance chapters are encouraged to participate in Olympic Day, a world-wide celebration of the Olympic movement and its encouragement of physical fitness and well being for people of all ages.

Olympic Day is observed on or around June 23rd of each year and is celebrated by thousands of people in more than 160 countries.

Rob Jenkins & Toni Newlon 412/14



Web Sites of Interest

USA Dance National: usadance.org
 USA Dance Heartland Chapter: indyusadance.org
andersonparamount.org
ballareballroom.com
ballroomdancers.com
ballroomdancedayton.org – Dayton Ballroom Dance
brickyardboogiedancers.org
continentaldanceclub-indy.com
danceCincinnati.org - USA Dance Cincinnati Chapter
dancerdesigns.net/designs.html
dancescape.com
danceshoesofatlanta.com
DanceShoesOnline.com
dancesportexchange.com
dancesportbycapezio.com
danceterrehaute.com
dancevision.com
dancingart.com
dancingdates.com/hoosierdancecalendar.htm
dcdancenet.com
donandjean.com

fredastairesouthindy.com
fwdancesport.org – USA Dance Fort Wayne Chapter
indiana.edu/~dance
intosalsa.com
indyarthurmurray.com
indyballroom.com
indydancers.com
indyswing.org
ledanseballroom.com
melodiecarr.com - Dance Lessons in Muncie
purdueballroom.org
riolodance.com
starlitedanceindy.com
tangoindy.com
tatesdance.comusadancesb.tripod.com – USA Dance South Bend Chapter
usadancechicago.org – USA Dance Chicagoland Chapter
usadancelakeshore.org - USA Dance Lakeshore Chapter



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7:30 – 10:30 p.m.

USA Dance 4/12 7:30 – 11:00

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BALLARE BALLROOM is a no-contract dance studio in Carmel, offering group classes and private instruction.

JOIN US FOR OPEN DANCES

Every Friday night: \$10/person

7:30 Group Lesson & 8:30-10:30 Open Dance

VALENTINE'S DANCE-- Friday, February 14th



*The Ballare
Ballroom*

BallareBallroom.com :: info@ballareballroom.com :: 111 Medical Drive, Carmel, IN

**Continental Club Dance
Schedule for May/June
Dance Lesson 5:45 - 6:45 pm
Dancing 7:15 - 10:00 pm
DANCE LESSON: Waltz
LARGE BALLROOM
BEGINNER LESSON: 5:45-6:45 PM
SMALL BALLROOM**

MAY

May 4 **Andyerson/Beck**
May 11 **Blue Notes**
May 18 **Larry Mecham**
May 25 **Mike McCarty Trio**

JUNE

June 1 **Anderson/Beck**
June 8 **TBA**
June 16 **Dave Lowe**
June 22 **Sundown**
June 29 **Blue Notes**

June Lesson – Rumba

Continental Dance Club



**Ballroom Dance
Instruction with**

Scott & Yulia Shook

Email: ninedance03@yahoo.com

Phone: 317-294-2749 or 317-292-4719

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T

BOOGIE BEAT

A Listing of Places to Dance in Central Indiana. Call to see if the events listed are being held before going.

Tuesdays:

Tango Indy meets every week at [Riolo Dance](#) for Argentine Tango lessons and practica – See www.tangoindy.com for details. *Indy Dancers* meet at various locations. Call Dance Line 767-5665 for information.

Wednesdays

IS Dances (formerly Indianapolis Senior Center Dances) - Riolo Dance Studio, 2nd Floor (w/elevator): Wednesdays- Group Lesson 11 AM, Dance 1:00 PM - 3:00 PM; Fridays, Group Lesson 5:00 PM, Dance Party 6:15 PM-8:15 PM.
www.MonicaLung.com (317) 590-2655

Thursdays:

Tango Indy meets every week at [Riolo Dance](#) for Argentine Tango lessons and practica – See www.tangoindy.com for details.

Fridays: (selected dates unless noted—see web sites for exact dates)

Dean & Company @Academy of Dance Arts (121st & Cumberland) 8-10 pm. See ADAdancers.com
Fred Astaire Indy North, 820 E. 116th & Guilford 317-207-9191: Open dance 9-11 pm \$10; drinks & snacks free.
Starlite Ballroom, 5720 Guion Rd., Open Dance 7:30-10pm, \$10/person including lesson & snacks. Info call 299-4740
Ballare Ballroom, 111 Medical Drive, Carmel 46032, 7:30-10:30pm, \$10 incl lesson & snacks, 317-698-8535
Any Swing Goes dances will be on selected Friday nights; Contact Charlotte Heiney at 317-445-5224 for more info
IS Dances (formerly Indianapolis Senior Center Dances) - Riolo Dance Studio, 2nd Floor (w/elevator): Fridays - Lesson 5:45 PM, Dance 7:00 PM - 9:30 PM www.MonicaLung.com (317) 590-2655
Brickyard Boogie Dancers meet at Riolo & Starlite; check their web site for details. DJ Ron Fentz, \$7 members with card and \$12 non-members and members without card. Lessons each week at 6pm; dancing from 7-10 pm.

Saturdays: (selected dates – see web sites for details)

Riolo Dance Studio --502 N. Capitol (second floor) for more info, call 317-490-6739 or check www.riolodance.com
E.O.M Dance – Starlite Ballroom, Cancelled until further notice.

Sundays:

Continental Dance Club weekly dance at Starlite Ballroom. Lesson 5:45-6:45 pm; Dance 7:15-10 pm. Info: call 767-4040.
Indy Swing Dance Club meets twice a month at Madam Walker Theater. For more info, call 691-1239 or check indyswing.org
Indiana Rebels Swing Dance Club at Riolo Dance. from 5:00-9:00 pm on selected dates. See web site.

May, 2014

Saturday, May 10 **Heartland 500/Mother's Day Dance**, [Riolo Dance Studio](#).
Saturday, May 10 [Fort Wayne Dancesport](#) Dance at IPFW's Walb Memorial Ballroom. 7-11:00 pm. Call 260-485-6226 for info.
Saturday, May 17 [Indy Dancers](#) at East Side Moose Lodge call Dance Line 767-5665 for information

June, 2014

Saturday, June 14 **Heartland Father's Day Dance** at [Riolo Dance Studio](#).
Saturday, June 14 [Fort Wayne Dancesport](#) Dance at IPFW's Walb Memorial Ballroom. 7-11:00 pm. Call 260-485-6226
Saturday, June 21 [Indy Dancers](#) call Dance Line 767-5665 for information
Sunday, June 29 Lonny Lynn Orchestra, \$14, Indiana Roof Ballroom, 5-9 pm 317-236-1870

Dancers are reminded of Dress Code

Please remember that appropriate dress for our chapter dances includes: slacks/skirts, nice shirts/blouses, dresses and dance shoes. Please do not dance in jeans, shorts, or bare feet. On occasion we modify the dress code for special theme dances but when we do so, we will announce it in our newsletter and on the web site.

Upcoming Chapter Events

May 10—500 Race Dance

7:30 pm – Lesson – American Cha Cha

Instructor: Monica Lung

Exhibition: Monica & Ben Davis

Dance: 8:30 - 11 pm

Cost: \$8 members; \$4 member students;
\$12 non-members; \$6 non-mbr students

DJ: Rog Greenawalt

Location: Riolo Studio, 502 N. Capitol Ave, 2nd Fl

For more information, call 849-6373 or 584-3048

Open Monthly Dance

June 14 – Father's Day Dance

7:30 pm – Lesson – Fox Trot

Instructor: Olga Cansino of Dance

FactorExhibition: TBA

Dance: 8:30 – 11 pm

Cost: \$8 members; \$4 member students;
\$12 non-mbers; \$6 non-mbr students

DJ: Roger Greenawalt

Location: Riolo Studio, 502 N. Capitol Ave, 2nd Fl

For more information, call 849-6373 or 584-3048

Open Monthly Dance

Advertising Rates

Full Page:	\$50 per month
Half Page:	\$25 per month
Qtr. Page:	\$15 per month
Business Card:	\$7 per month

Call the (317) 849-6373 for further details.

Rates for long-term contracts negotiable.

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Dancers

Chapter #2022 of USA Dance Inc.

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