

Volume 23 Issue 6

June 2016

NEWS FROM HEARTLAND BALLROOM DANCERS, CHAPTER #2022 OF USA DANCE INC From the Heart (President's & VP Message)

By Larry Gogel & Anna Kovalyova



Greetings, Dancers!

June is our Father's Day dance, and we have an exciting party prepared for you! Our June instructor will be **Xavier Medina** who will teach us a **Samba** lesson.

During the party, Xavier will also offer two dance exhibitions to our audience.

For our paid raffle, we will once again have 2 tickets for a free admission to the 2016 Big Ballroom Bash Fundraiser that will take place on Friday, July 8 at Murat Theater. We thank Ballroom Bash organizers, Roger Greenawalt and Bill Woodward, for donating a gift certificate to us.

Upcoming Dance Opportunities:

- Wed, Jun 15, 12:30 1:30pm Heartland's exhibitions and dance lesson at Girls Inc of Johnson County (200 East Madison Street, Franklin, IN) we can use a couple more dancers.
- Fri, Jul 8, 7:30 11:30pm 21st Annual Big Ballroom Bash Fundraiser for Special Olympics at Murat Theater. See Anna or Larry to buy your tickets.
- Sat, Jul 23, 1 2pm Heartland's exhibitions and dance lesson at the Children's Bureau (Gene Glick Family Support Center, 1575 Dr. Martin Luther King Jr. Street, Indianapolis)
- **Sat, Aug 13, 3 4pm** Heartland's exhibitions at the Indiana **State Fair** (Subaru Dance Stage, IN State Fairgrounds, 1202 E 38th St, Indianapolis).

May dance activities:

Heartland's May 14th dance party was well attended. We had 137 members and guests in attendance!! We had a very cute lesson of American Foxtrot taught by professional instructors Ed Godby-Schwab and Diana Miller.

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During the party, we had 8 dance exhibitions presented by our guest performers from Zionsville's **Village Dance** Studio. The exhibitions ranged from modern dance and ballet to jazz and hip hop. The Village Dance studio's goal is to build confidence in their dancers, both academically and within the dance world. Thank you to all who came to the party - we appreciate your continuous support!

More pictures from the May Party:



Our May raffle for 2 free admissions to July 8 Big Ballroom Bash Fundraiser for Special Olympics were won by **Larry Casey and Larry Gogel**. We thank Ballroom Bash organizers for donating the gift certificates to us. Congratulations to the winners!



Heart and Sole

Thanks to all of our volunteers: Nancy, Dennis, Anna, Larry, Dorit, Efim, Amy, Roger, Ben, Alexis, Suresh for helping us with the party preparations and clean up, and with running the party smoothly.

To view more pictures from these and other Heartland performances, please visit our website:

http://www.indyusadance.org/photos/

or Facebook:

https://www.facebook.com/pages/USA-Dance-Chapter-2022-Heartland-IN/494575663941501

Instructor's Bio:

Originally from Marion, Indiana Xavier Medina studied dance (including Jazz, Tap, Ballet, Modern and Hip Hop) at the Community School of the Arts in downtown Marion. After graduating from high school, he continued his studies through the Contemporary Dance program at Indiana University. There he had founded the IU Ballroom Dance Company that performs at various venues around the University, from Greek philanthropies to variety shows. He is happy to continue sharing his dance experience through his 2nd year teaching at Riolo Dance Studio.

Some of Xavier's accomplishments include:

2008-09: Choreographer and Director of Flores de Samba Dance Company, a Brazilian style dance company;

2009-11: Music editor, Lighting master, and company member of Hip Hop Connxion, a Hip Hop dance company based out of Chicago, Illinois.

2010-12: Director and founder of the IU Ballroom Dance Company, also known as the IU Formation Dance Team, within the student group IU Ballroom Dance Club.

2014-15: Performed for the Hamilton County "Dancing Like the Stars" for the "Meals on Wheels" charity venue presented by St. Vincent Hospital.

2015-16: Performed at 2 Anderson, IN, Paramount Theater productions of "Dancing Like the Stars" Fundraiser.

Fun Facts about Samba

Adapted from:

http://www.atomicballroom.com/

When people think of samba, some envision TV shows like *Dancing With the Stars* with a pair of minimally dressed ballroom dancers slinking across the floor to fast, pulsating rhythms. Others may picture scantily clad women adorned with feathers.



Samba's Roots

Synonymous with all things Brazil, Brazilian samba actually has its roots firmly planted throughout West African history and culture.



Samba music originated from *batuque*, a style of music and dance from Cape Verde. Over time and after contact with various music styles like polka, maxixe, lunda, semba and others, it began to reflect the blend of other genres, incorporating trumpets & string instruments.

Early styles of samba are traced back to 17th Century in Bahia Salvador, Brazil where the slaves danced as part of candomblé (prayer ceremonies). Although Samba originated from West African slaves, it didn't gain its national identity as a Brazilian institution until the late 1800s and early 1900s when it was brought it to Rio de Janiero by slaves from Bahia. In Rio, the samba was initially looked down upon by the European upper

class and thought of as a street dance of the poor. Ironically the perception of it as sinful, taboo and of lower class is what eventually led to its wide spread popularity.

In 1928 the elite began to legitimize samba by creating official samba schools of up to 5,000 musicians and dancers. They put together elaborate shows to display for millions of spectators each year just before Lent which gave life to the modern day Carnival parade.

Ballroom Samba

Although ballroom samba is referred to as 'samba' in the international ballroom dance world, it is not recognized in Brazil as such. And although some elements of Brazilian samba are included in ballroom style, the posture, tempo and overall feel is very different and often unrecognizable to the admirers of traditional samba.

Etiquette

Unlike ballroom, there is no written rule book for conduct on the samba dance floor. Most Passistas (samba dancers) find such restrictions counter-intuitive, as the essence of samba is about freedom of movement, with minimal structure and regulations. Since it arose from the suffering of



enslaved people who danced it both because of and in spite of their oppression, the traditional solo form of the dance as it is seen in the world renowned Carnival Parade each year, is all about an amalgamation of art, emotion, tradition, the expression of joy in spite of hardship, celebration despite sadness, musicality through interpretation of rhythm and soul, sensuality, unity, culture – all the things that can't be captured by a series of steps and rules.

Survey Results:

Summarized by Amy Clark

Several months ago, Heartland provided a Quality/Interest Survey for attendees to complete. The Board's intent—by gathering ratings and comments—is to determine perceived strengths and weaknesses of Heartland Chapter and maintain and improve as necessary.

While the number of surveys completed and returned was a modest 18 (or 40% of those who attended the party), the ratings were extremely consistent, suggesting that the information was a fairly accurate reflection of general opinion.

Heart and Sole

overall satisfaction.

Twenty survey items were listed, with the following rating options available: (1) poor, (2) fair, (3) good, (4) very good, (5) excellent.

Approximately 90% of the rankings fell in the "very good/excellent" category; of the remaining 10%, most were "good."

- The following items were listed on the survey...
- ...facility...music...hospitality...instructors/lessons...admission price...refreshments...
 theme/special dances...communications...annual workshop...community exhibitions...
 kids' ballroom program...interaction with other dance groups...overall Board performance...
 - The comments received included a few recurring themes; a sampling of those includes the following...
- ...the facility is highly rated, but better parking lot lighting is needed (Riolo already addressed this!)
- ...the music also is highly rated, with the caveat that the beat must always be prominent
- ...the food is fine but not necessary
- ...theme dances should be retained / expanded
- ...communications are strong, per some responses—or need some improvement, per others; suggestions included featuring "spotlight" articles in the newsletter.
 - Other info gleaned from the surveys showed the following...
- ...almost all respondents were members
- ...most had danced / taken dance lessons for at least 10 years
- ...most danced at least once a month, many danced multiple times a week
- ... A little more than half of the responses were female
- ... fewer than half indicated a regular dance partner
- ...most were at least 50 years old.

With the information collected, the Board will strive to "accentuate the positive" and "eliminate the negative" wherever possible in an effort to provide a good experience for participants in all Heartland activities. And as always, the Board members continue to welcome suggestions for enhancing club events of any kind.

Heart and Sole



June 11 - June Father's Day Dance

Lesson: Samba 7:30 pm Instructor: Xavier Medina Dance: 8:30 – 11 pm

Exhibition: Xavier & Students Cost: \$8 members; \$12 guests

DJ: Larry Gogel

Location: Riolo Studio, 502 N. Capitol Ave,

2nd FI

Open Monthly Dance

Dances will be the 2nd Saturday of each month at Riolo Studio

Except for January:

2015 Board of Directors

President Larry Gogel 759-0171 e-mail: lgogel@gmail.com

Vice President Anna Kovalyova Non-published

e-mail: annaktoots@yahoo.com 849-6373

e-mail: dewn@juno.com

<u>Treasurer</u> Vacant

Board of Directors:

Secretary Nancy Dew

Jeff Burgardt584-3048Amy Clark Greenawalt679-0752Dave Rogers697-3457Dorit Tomandl529-3008

The Next Board Meeting is Thursday, June 23, 2016 at 6:00 pm—Virtual (call in) Call Larry for more information.

2016 Committees (See web site)

Your chapter needs your help! We need chairmen in several areas. Remember a chairman coordinates the activity but does not necessarily perform all the duties! If you would

like to work on any of these committees, please call Larry at (317) 759-0171.

We can always use volunteers at the dances. If you are interested in performing for our chapter dances or have an instructor suggestion, please email Anna K. Want to earn Free Admission? If you work the door or do the food set-up, your admission is free.

Member News

Please notify the editor of member events, accomplishments and/or special recognition. We can't print information if we don't know about it! We don't want to overlook anyone!

As of 6/7/16, Heartland Chapter had 131 members, with 1 new (Shandy Plica) and 0 delinquent. All competitor memberships (adult and collegiate) expire at year end.



THE CHAPTER DOES NOT GET TO KEEP any of your dues money—it all goes to Central Office. We operate based on what we make on dances, competitions, etc. and advertising funds our newsletter. This is different from all the other local dance clubs. We are classified a 501-3(c) non-profit organization.

Competitor's Corner

To share your results email Rog Greenawalt at bolerogreen@juno.com.

To view pictures of our competitors on line, please visit Heartland Facebook:

https://www.facebook.com/pages/USA-Dance-Chapter-2022-Heartland-IN/494575663941501



Continental Club Dance
Schedule for JUNE
Dance Lesson 5:45 - 6:45 pm
Dancing 7:15 - 10:00 pm
DANCE Lesson – Fox Trot
LARGE BALLROOM
BEGINNER LESSON: 5:45-6:45 pm
Beginner Lesson – Fox Trot
SMALL BALLROOM

| June 5 June 12 June 19 June 26 | JUNE Mike McCarty Trio Blue Notes Sundown Dave Lowe |
|--|---|
| July 3 July 10 July 17 July 24 July 31 | JULY Larry Meecham Blue Notes TBD Dave Lowe Mike McCarty Trio |
| | y Lesson – TBD inental Dance Club |

Member Classifieds

E-mail of personal information for members and non-members is confidential and for the eclusive use of USA Dance officials and designees and may not be shared, sold, or rented without the prior approval of the USA Dance Governing Council.

Heartland Ballroom Dancers does not endorse any particular studio or instructor but recognizes that good instruction is available from a variety of people throughout Central Indiana.

Newsletter Deadline

The *Heart and Sole* submission deadline is the <u>20th of the month</u>. Call Nancy at 317-849-6373 to be included.

Please keep your addresses up-to-date. It is very important that you keep your e-mail address up-to-date with your chapter Newsletter Editor and Membership Chairman. Send changes to the editor who will forward them to National Membership or update yourself online.

Don't forget to let us both know.

Dress Code Reminder

Please remember that appropriate dress for our chapter dances includes: slacks/skirts, nice shirts/blouses, dresses and dance shoes. Please do not dance in bare feet. On occasion we modify the dress code for special theme dances but when we do so, we will announce it in our newsletter and on the web site.

Web Sites of Interest

(see our web site www.indyusadance.org/local-resources)



Bring snacks to share





FIRST LESSON

For new students we offer one Free 30-minute dance lesson and dance consultation. Use your lesson solo or share it with a partner!

Home of Gert & Kirsti Roslender

At Aurelia Dance Studio we will teach you different styles of dance including International Ballroom, International Latin, American Smooth, American Rhythm and Social Dancing.

Come with or without a partner and allow us to show you just how much fun, and easy dancing together can be! You can check us out at our new Westfield location or our website.



3198 E. State Road 32 Westfield, Indiana

www.aureliadancestudio.com



Learning that's
Fun, Easy,
and Affordable
- the way dance should be.

Ballroom, Swing, Salsa, Tango, and more - Group Classes 5 days a week Private Instruction - Friendly Staff Weekly Dance Parties - Multiple Pricing Options

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Call or email for more information: 317-850-8912 — info@ballareballroom.com 111 Medical Drive, Carmel, IN 46032 www.BallareBallroom.com Find Us on Facebook



Indy's Most Exciting Dance Venue!





Ballroom Latin Argentine Tango Swing Salsa



Group and Private Lessons Experienced Instructors No Contracts

Open Dance 5/6, 5/21, 5/28 & 6/4

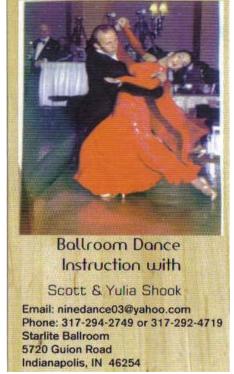
USA Dance 500 Dance 5/14 7:30 -11:00 p.m.



www.riolodance.com

317-490-6739 Check out our Full Calendar on Web Site 502 N. Capitol Avenue (2nd Floor)





Naptown Stomp (Lindy Hop Society)

June Schedule



Thursday night Lessons: Level 1 (no Lindy Hop experience), Level 2 (ability to do a swing out), and Level 3 (very comfortable with many lindy hop and charleston moves) 4-Week Lesson Series both start on June 2nd. Preregistration \$45 for nonmembers (membership is \$25/person, and is good for 12 months). 7 - 8PM at Grove Haus in Fountain Square.

Stomping Grounds: Every Thursday night after our lessons, we host an open dance. Come try out those new moves you learned or just enjoy a chance to dance away the mid-week blues to some hep tunes being spun by our local DJs. When: Thursday, 8:00-10pm. Cost: \$5 (\$3 with membership). Where: Grove Haus, 1001 Hosbrook St., Indianapolis, IN 46203

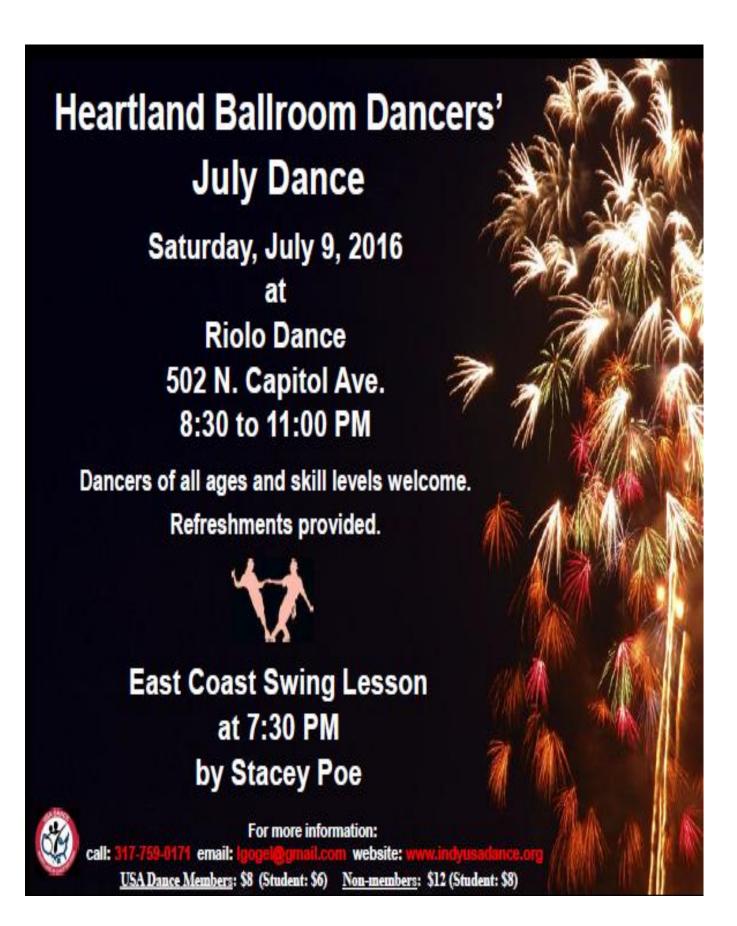
Special event: Anna Cecilia and the Big Time is coming to Stomping Grounds June 9th, 8-10PM! Anna Cecilia and the Big Time marry masterful musicianship with the rich tradition of the American songbook. Anna Cecilia's impeccable vocals lead the Big Time's lively rhythms through swingin' tunes and soulful blues, compositions both traditional and original. Together, the Swedish chanteuse and her charming band create an entertaining performance that at once captivates listeners and compels bodies to dance. \$10 for nonmembers, \$8 for members.

The Red Room: Every first Tuesday of the month, The Red Room and Naptown Stomp host a swingin' party!

Doors open at 8:00 pm for drinks and food, a free 30 min beginner lesson at 8:30pm. Social dancing to DJ music:
9:00-11:30pm. Admission: \$5. Must be 21 to enter! Where: The Red Room, 6335 Guilford Ave., Indianapolis, IN
46220

St. Louis Shag Workshop: Saturday, June 25th, 11am-11pm. 4 hours of Shag lessons (2 hour beginner morning class (swing dance fundamentals needed) and 2 hour intermediate afternoon class (shag fundamentals needed, morning class counts!)), followed by an evening dance! Get all 4 hours of lessons AND admission to the dance for \$35. All events held at the Athenaeum downtown (401 East Michigan Street, Indy). Break down of the classes (and alternate pricing for just the dance or only morning lessons) found at www.naptownstomp.org/private-

lessons/workshops



RON'S SUNDAY NIGHT DANCE



at the

ATRIUM 3143 East Thompson Road., Indianapolis



1st and 3rd Sunday of each month

Dates are listed below.
Please note date changes for January and February

SINGLES & COUPLES ALL WELCOME

Doors Open: 5:45 p.m.

Dancing: 6:00 p.m. to 10:00 p.m.

ADMISSION \$10.00

Dress Code - Casual (No tank tops or shorts, please)

Cash Bar Open: 6:00 p.m. to 10:00 p.m.

(All beverages must be purchased at the Atrium)

MUST BE 21 OR OVER TO ATTEND

BRING YOUR OWN TABLE SNACKS . Chips and Pretzels will be furnished

Mix of Music by DJ Ron Fentz

East Coast Swing, Cha-Cha, Free Style, Waltz, Fox Trot, Line Dances (Single & Couples), Jitterbug, West Coast Swing, Night Club 2, Love Songs

2016 SUNDAY DANCE DATES

January 17(3rd Sunday) & 31 (5th Sunday) May 1 & 15
February 14 (2nd Sunday) & 21

March 6 & 20

April 3 & 17

August 7 & 21

May 1 & 15 September 4 & 18

June 5 & 19 October (T.B.A.)

July 3 & 17 November (T.B.A.)

August 7 & 21 December (T.B.A.)

** Please note these date changes - January and February **

For more information, contact Ron Fentz at 317.881.3750 or 317.443.4462 or ronfentz@aol.com



Coming of age...the 21st annual Big Ballroom Bash!

An evening of general dancing and great exhibitions featuring local dance clubs, studios, and independents *Proceeds benefit Special Olympics Ballroom*

| Tables of 10 can be reservedprevious years have sold outdon't del | ay! |
|--|-----|
| (To mail order tix, make check payable to Big Ballroom Bash [a non-profit organization], | and |
| send request to Rog Greenawait—address, cost, and other details at right.) | |

| Name | | |
|---------------------------|---------------------------|--|
| Address, City, State, Zip | | |
| # of Tix Requested | Amount Enclosed | |
| Additional Donation if De | sired | |
| Email | Phone # | |
| Club/studio/person I wan | t to sit with (optional)* | |



Friday July 8, 2016 7:30-11:30

Murat Shrine
Arabian Room
520 N. New Jersey
Indianapolis, IN
46204

Tix \$25 before July 1
Tix \$30 on or after July 1
Heartland discount:
\$22 before July 1

Sponsorship Levels (optional): Bronze \$30, Silver \$60, Gold \$150, Platinum \$250

Ticket & other info, contact Rog Greenawalt 7538 Rogers Dr. Indianapolis, IN 46214 317-679-0752

RogGreenawalt/Igmail.com BBB Sponsors: Rog Greenawalt, Bill Woodward

BOOGIE BEAT

A Listing of Places to Dance in Central Indiana. Call to see if the events listed are being held before going.

Tuesdays:

Tango Indy meets every week at <u>Riolo Dance</u> for Argentine Tango lessons and practica – See <u>www.tangoindy.com</u> for details. *Indy Dancers* meet at various locations. Call Dance Line 767-5665 for information.

Wednesdays

IS Dances (formerly Indianapolis Senior Center Dances) - Riolo Dance Studio, 2nd Floor (w/elevator): Wednesdays- Group Lesson 11 AM, Dance 1:00 PM - 3:00 PM.

Thursdays

Tango Indy meets every week at <u>Riolo Dance</u> for Argentine Tango lessons and practica – See <u>www.tangoindy.com</u> for details.

<u>Fridays</u>: (selected dates unless noted–see web sites for exact dates)

Dean & Company @Academy of Dance Arts (121st & Cumberland) 8-10 pm. See ADAdancers.com **Fred Astaire Indy North**, 820 E. 116th & Guilford 317-207-9191: Open dance 9-11 pm \$10; drinks & snacks free. **Starlite Ballroom**, 5720 Guion Rd., Open Dance 7:30-10pm, \$10/person including lesson & snacks. Info call 317-430-5029 Web site: www.indianapolisdancelessons.com for more info on classes/parties, rentals.

Ballare Ballroom, 111 Medical Drive, Carmel 46032, 7:30-10:30pm, \$10 incl lesson & snacks, 317-698-8535 **Aurelia Dance Studio** (Roslender), 3198 E. State Road 32, Westfield, IN 46074.Website: http://www.aureliadancestudio.com/ - tel. 317-496-5254 Open dances on selected Friday nights. Call for schedule.

Any Swing Goes dances will be on selected Friday nights; Contact Charlotte Heiney at 317-445-5224 for more info *IS Dances* (formerly Indianapolis Senior Center Dances) - Riolo Dance Studio, 2nd Floor (w/elevator): Fridays - Lesson 5:45 PM, Dance 7 - 9 PM www.MonicaLung.com (317) 590-2655

<u>Saturdays:</u> (selected dates – see web sites for details)

Riolo Dance Studio --502 N. Capitol (second floor) for more info, call 317-490-6739 or check <u>www.riolodance.com</u> *E.O,M Dance* – Starlite Ballroom, Cancelled until further notice.

Sundays:

<u>Continental Dance Club</u> weekly dance at Starlite Ballroom. Lesson 5:45-6:45 pm; Dance 7:15-10 pm. Info: call 767-4040. <u>Indy Swing Dance Club</u> meets twice a month at Madam Walker Theater. For more info, call 691-1239 or check <u>indyswing.org</u> <u>Dance Indy Swing Dance Club</u> at Riolo Dance. from 2:00-6:00 pm on selected dates. See web site.

June 2016

| Saturday, June 11 | Heartland Father's Day Dance at Riolo Dance Studio (see flyer) |
|-------------------|---|
| Saturday, June 11 | Fort Wayne Dancesport Dance at IPFW's Walb Memorial Ballroom. 7-11:00 pm. Call 260-485-6226 |
| Saturday, June 18 | <u>Indy Dancers</u> Luau at East Side Moose call Dance Line 767-5665 for information |
| Sunday, June 26 | Indiana Roof Ballroom, Lonnie Lynn Orchestra, 5-9 pm, \$14 per person, 317-326-1870. |

Jul<u>v 2016</u>

| Friday, July 8 | Big Ballroom Bash (see flyer) |
|------------------|---|
| Saturday, July 9 | Fort Wayne Dancesport Dance at IPFW's Walb Memorial Ballroom. 7-11:00 pm. Call 260-485-6226 |
| Saturday, July 9 | Heartland Independence Day Dance |

For an additional list of dancing opportunities, please visit our website at: http://www.indyusadance.org/local-resoures

June 11 - Father's Day Dance

Lesson: Samba 7:30 pm Instructor: Xavier Medina Dance: 8:30 – 11 pm

Exhibition: Xavier & Students Cost: \$8 members; \$12 guests

DJ: Rog Greenawalt

Location: Riolo Studio, 502 N. Capitol Ave, 2nd FI

Open Monthly Dance

July 9- Indedpendence Day Dance

7:30 pm – East Coast Swing Instructor: Stacey Poe Dance: 8:30 – 11 pm Exhibition: TBA

Cost: \$8 members; \$6 member students; \$12 non-mbers; \$8 non-mbr students

DJ: Larry Gogel

Location: Riolo Studio 502 N. Capitol Ave, 2nd FI For more information, call 849-6373 or 759-0171

Open Monthly Dance

Heartland Ballroom Dancers 564 Conner Creek Dr. Fishers 46038 Fishers, IN 46038

Advertising Rates

Full Page: \$50 per month
Half Page: \$25 per month
Qtr. Page: \$15 per month
Business Card: \$7 per month

Call the (317) 849-6373 for further details. Rates for long-term contracts negotiable.

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