



Heart and Sole



Volume 24 Issue 7

July 2017

From the Heart (President's & VP Message)

By Larry Gogel & Anna Kovalyova



Greetings, Dancers!

We hope you are enjoying the nice weather.

Summer is in full swing and with it all the activities that make the summer time fun: swimming, gardening, cooking, travelling, and of course, dancing!

Join the next Heartland's party on **July 8** at Riolo Dance Studio. We will welcome **Olga Cansino** as our July dance instructor. Olga will teach a Quick Step group lesson for us.

For our **paid raffle**, we will have a complimentary ticket to the **Continental Summer Ball** (\$35 value) that will take place on **July 16, 2017 at Starlite**. We thank our friends at Continental for their generosity.

Upcoming Dance Opportunities:

- **Fri, Jul 7, 7:30-11:30pm– The Big Ballroom Bash** – Fundraiser for Special Olympics, **Murat Theater**
- **Sun, Aug 27, 5-9pm** – Heartland and Continental joint Homecoming at the **Indiana Roof**
- **TBD** – **Crestwood Village East**, 1123 N Edmondson Ave, Indy. The facility houses more than 200 residents.



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Instructor's Bio:

Olga Cansino:

Olga began studying ballroom dancing at the age of 17 at the prestigious Moscow State University in Russia. While in Russia, she competed in International Style Ballroom dance. Olga began teaching dance lessons at the age of 20. In 1998, Olga moved to the US, and continued teaching dance lessons while attending Penn State. In 2003, Olga moved to Indiana, and began working as a dance instructor at Five Star Studios. Between 2005 and 2010, Olga was a dance instructor and co-owner of Simply Ballroom. She became a co-founder of Dance Factor Club in 2011. She currently teaches group and private ballroom dance lessons for beginning and intermediate levels, for both children and adults at Carmel Dance Studio, Monon Community Center and at the Parks and Recreation Department in Fishers, Westfield and Carmel areas. Olga specializes in both American and International style social dancing and in Formation dancing. She is also proficient in Cabaret Style dancing.

June dance activities:

Our June dance party was a big success. We had a really nice turnout. Thank you for coming! We especially would like to thank Daniel and Yuehwen for teaching a beautiful Rumba lesson for us. As always, special thanks go to our tireless volunteers. Our parties would not be the same without you.



Our June raffle prizes for two complimentary tickets to **the Big Ballroom Bash** Fundraiser were won by **Marvin Bechtel and Yana Morenko**. We once again thank Roger Greenawalt and Bill Woodward for donating Bash tickets to us. Congratulations to the winners! We also celebrated Alexis McCall's birthday with cake!

- Wed, Jun 21, 11am-12noon – Heartland had a 1 hour exhibition and dance lesson program at the **Franklin Active Adult Center**. We last performed at the Franklin Active Adults Center in May of 2015. They really

liked our previous program and invited us back. The Active Adults Center had a really nice attendance, with many people having come specifically because of Heartland's participation. Both Heartland dancers and the Center members had a great time, and we were asked to come back again in the future. Recognizing how difficult it is for our dancers to participate in exhibitions during the work week, we are very grateful to Larry, Barb Cameron, Marilyn Sutherlin and Sonny Smith for their participation.

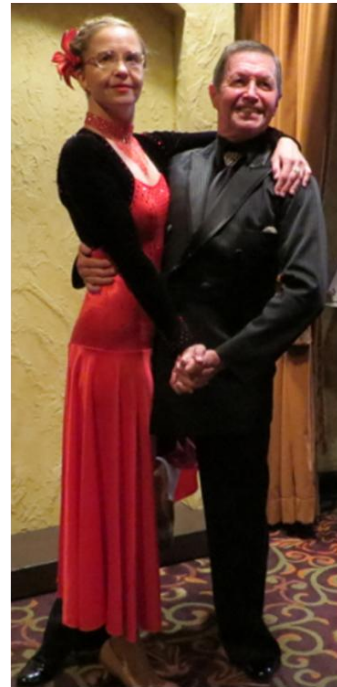
We got the following thank you letter from Franklin Active Adult Center's Program Coordinator:

*"We all enjoyed the dancers immensely! We had nearly a record crowd in attendance!
We would like to thank the Heartland Chapter, and the wonderful dancers for a fun-filled and exciting morning!"*

Best,

*Cathy Bailey, BS
Program Coordinator
Franklin Active Adult Center"*

- Sun, Jun 25, 5-9pm- Indianapolis Seniors' 30th Prom at the **Indiana Roof**. Several Heartland dancers performed during the Prom. It was a fun and exciting evening. We thank our friends at the IS for inviting us to participate.



To view more pictures from these and other events, please visit:

<http://www.indyusadance.org/photos/>

or Facebook:

<https://www.facebook.com/pages/USA-Dance-Chapter-2022-Heartland-IN/494575663941501>

Happy dancing to all! See you at the July dance party, Saturday, July 8!

Larry and Anna



Independence Day Dance
Saturday, July 8, 2017
Lesson: 7:30 Quick Step
Instructor: Olga Cansino
Exhibitions: Formation Team & Surprise
Dance: 8:30 – 10:30 p.m.
DJ: Roger Greenawalt
Admission: \$8 Members– \$12 Guests
Location: Riolo Dance 502 N Capitol 2nd Flr
For more information, call 849-6373 or 759-0171
Open Monthly Dance

2017 Dances will be the 2nd Saturday of each month at **Riolo Studio** except for January:

2017 Board of Directors

President Larry Gogel 759-0171
 e-mail: lgogel@gmail.com
Vice President Anna Kovalyova Non-published
 e-mail: annaktoots@yahoo.com
Secretary Nancy Dew 317-849-6373
 e-mail: dewn@juno.com
Treasurer Vacant

Board of Directors:

Amy Clark Greenawalt
 Alexis McCall
 Joseph Myers
 Dave Rogers
 Dorit Tomandl

The Next Board Meeting is **July 13, 2017** at 6:30 pm (call In Virtual Mtg..) Call Larry for more information.

2017 Committees (See web site)

Your chapter needs your help! We need chairmen in several areas. **Remember a chairman coordinates the activity but does not necessarily perform all the duties!** If you would like to work on any of these committees, please call Larry at (317) 759-0171.

We can always use volunteers at the dances. If you are interested in performing for our chapter dances or have an instructor suggestion, please email Anna K. **Want to earn Free Admission?** If you work the door or do the food set-up, your admission is free.

Member News

Please notify the editor of member events, accomplishments and/or special recognition. We can't print information if we don't know about it! We don't want to overlook anyone!

As of 7/01/17, Heartland Chapter had 81 members, with 0 delinquent. All competitor memberships (adult and collegiate) expired at year end.



THE CHAPTER DOES NOT GET TO KEEP any of your dues money—it all goes to Central Office. We operate based on what we make on dances, competitions, etc. and advertising funds our newsletter. This is different from all the other local dance clubs. We are classified a 501-3(c) non-profit organization.

Competitor's Corner

To share your results email Rog Greenawalt at boleroogreen@juno.com.

To view pictures of our competitors on line, please visit Heartland Facebook:
<https://www.facebook.com/pages/USA-Dance-Chapter-2022-Heartland-IN/494575663941501>



RON'S SUNDAY NIGHT DANCE



at the
ATRIUM

3143 East Thompson Road., Indianapolis



1st and 3rd Sunday of each month

Dates are listed below.

**Please note date changes for January, February, April & May*

SINGLES & COUPLES ALL WELCOME

Doors Open: 5:45 p.m.

Dancing: 6:00 p.m. to 10:00 p.m.

ADMISSION \$10.00

Dress Code – Casual (No tank tops or shorts, please)

Cash Bar Open: 6:00 p.m. to 10:00 p.m.

(All beverages must be purchased at the Atrium)

MUST BE 21 OR OVER TO ATTEND

BRING YOUR OWN TABLE SNACKS • Chips and Pretzels will be furnished

Mix of Music by DJ Ron Fentz

*East Coast Swing, Cha-Cha, Free Style, Waltz, Fox Trot, Line Dances (Single & Couples),
Jitterbug, West Coast Swing, Night Club 2, Love Songs*

2017 SUNDAY DANCE DATES

January 15(3 rd Sunday) & 29 (5 th Sunday)	May 7 & 28 (4 th Sunday)	September 3 & 17
February 12 (2 nd Sunday) & 19	June 4 & 18	October TBA
March 5 & 19	July 2 & 16	November TBA
April 2 & 23 (4 th Sunday)	August 6 & 20	December TBA

**** Please note the above date changes – JANUARY, FEBRUARY, APRIL & MAY ****

For more information, contact Ron Fentz at 317.881.3750 or 317.443.4462 or ronfentz@aol.com

**Continental Club Dance
Schedule July/August
Dance Lesson 5:45 - 6:45 pm
DANCE Lesson – Waltz
LARGE BALLROOM
BEGINNER LESSON: 5:45-6:45 PM
Beginner Lesson – Waltz
SMALL BALLROOM**

July
July 2 Blue Notes
July 9 Dave Lowe
July 16 Mike McCarty Trio
July 23 TBA
July 30 Monica Lung – DJ

August
August 9 Blue Notes
June 11 Dave Lowe
June 18 Mike McCarty
June 25 Indiana Roof

**August Lesson – TBA
Continental Dance Club**

Dress Code Reminder

Please remember that appropriate dress for our chapter dances includes: slacks/skirts, nice shirts/blouses, dresses and dance shoes. Please do not dance in bare feet. On occasion we modify the dress code for special theme dances but when we do so, we will announce it in our newsletter and on the web site.

Web Sites of Interest

(see our web site www.indyusadance.org/local-resources)

Member Classifieds

E-mail of personal information for members and non-members is confidential and for the exclusive use of USA Dance officials and designees and may not be shared, sold, or rented without the prior approval of the USA Dance Governing Council.

Heartland Ballroom Dancers does not endorse any particular studio or instructor but recognizes that good instruction is available from a variety of people throughout Central Indiana.

Newsletter Deadline


The *Heart and Sole* submission deadline is the 20th of the month. Call Nancy at 317-849-6373 to be included.

Please keep your addresses up-to-date. It is very important that you keep your e-mail address up-to-date with your chapter Newsletter Editor and Membership Chairman. Send changes to the editor who will forward them to National Membership or update yourself online.

Don't forget to let us both know.



By Appointment (317) 408-9094

 facebook.com/GECustomPerformanceApparel

**Ballroom Dance
Instruction with
Scott & Yulia Shook**
Email: ninedance03@yahoo.com
Phone: 317-294-2749 or 317-292-4719
Starlite Ballroom
5720 Guion Road
Indianapolis, IN 46254



Home of Gert & Kirsti Roslender

At Aurelia Dance Studio we will teach you different styles of dance including International Ballroom, International Latin, American Smooth, American Rhythm and Social Dancing.

Come with or without a partner and allow us to show you just how much fun, and easy dancing together can be! You can check us out at our new Westfield location or our website.

FIRST LESSON FREE!

For new students we offer one Free 30-minute dance lesson and dance consultation. Use your lesson solo or share it with a partner!



3198 E. State Road 32 Westfield, Indiana 46074

www.aureliadancestudio.com



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Indianapolis, IN 46219



Indy's Most Exciting Dance Venue!



Ballroom Latin Argentine Tango Swing Salsa



Group and Private Lessons Experienced Instructors No Contracts

Open Dance 7/1, 7/15-22-29 & 8/5

7:30 – 10:30 p.m

USA Dance Independence Day Dance 7/8 7:30 - 10:30

www.riolodance.com



317-490- 6739

Check out our Full Calendar on Dance eb Site

502 N. Capitol Avenue (2nd Floor)

Continental Dance Club
Presents

A Midsummer's Night Ball

Starlite Ballroom
5720 Guion Rd, Indianapolis

Sunday, July 16, 2017

7:00-10:00 P.M. Doors open at 6:30 P.M.



Music by Mike McCarty Trio

Hors d'oeuvres, Desserts, Beverages

Tickets available Sunday nights in June
\$25.00 per person, advance only

Dress up and dance with us!



One of the best. Nights. Ever.
The 22nd annual
Big Ballroom Bash!

**An evening of general dancing and great exhibitions
 featuring local dance clubs, studios, and independents**

Proceeds benefit Special Olympics Ballroom

Tables of 10 can be reserved...previous years have sold out...don't delay!
 (To mail order tix, make check payable to Big Ballroom Bash [a non-profit organization], and
 send request to Rog Greenawalt—address, cost, and other details at right.)

Name _____

Address, City, State, Zip _____

of Tix Requested _____ Amount Enclosed _____

Additional Donation if Desired _____

Email _____ Phone # _____

Club/studio/person I want to sit with (optional)* _____

* "Sit with" requests will be honored to the extent possible.



Friday
July 7, 2017
7:30-11:30

Murat Shrine
Arabian Room
520 N. New Jersey
Indianapolis, IN
46204

Tix \$25 before July 1
Tix \$30 on or after July 1
Heartland discount:
\$22 before July 1

Sponsorship Levels (optional):
Bronze \$30, Silver \$60,
Gold \$150, Platinum \$250

**Ticket &
 other info, contact**

Rog Greenawalt
7538 Rogers Dr.
Indianapolis, IN 46214
317-679-0752

RogGreenawalt@gmail.com
BBB Sponsors: Rog Greenawalt,
Bill Woodward



Heartland Ballroom Dancers' July Dance

Saturday, July 8, 2017

at

Riolo Dance

502 N. Capitol Ave.

8:30 to 10:30 PM

Dancers of all ages and skill levels welcome.

Refreshments provided.



Quickstep Lesson at 7:30 PM
by Olga Cansino



For more information:

call: 317-759-0171 email: indyusadance@gmail.com website: www.indyusadance.org

USA Dance Members: \$8 (Student: \$6) Non-members: \$12 (Student: \$8)

Heartland Ballroom Dancers' August Dance Party Saturday, August 12, 2017



**8:30 PM – 10:30 PM at Riolo Dance
502 N. Capitol Avenue**

**East Coast Swing Lesson with
Stacey Poe at 7:30 PM**

Dancers of all ages and skill levels welcome. Refreshments provided.



USA Dance Members: \$8.00 (Student: \$6.00)

Non-members: \$12.00 (Student: \$8.00)

BOOGIE BEAT

A Listing of Places to Dance in Central Indiana. Call to see if the events listed are being held before going.

Tuesdays:

Tango Indy meets every week at [Riolo Dance](#) for Argentine Tango lessons and practica – See www.tangoindy.com for details. *Indy Dancers* meet at various locations. Call Dance Line 767-5665 for information.

Wednesdays

IS Dances (formerly Indianapolis Senior Center Dances) – New Downtown Y, 2nd Floor : Wednesdays- Group Lesson 11 AM, Dance 1:00 PM - 3:00 PM.

Thursdays:

Tango Indy meets every week at [Riolo Dance](#) for Argentine Tango lessons and practica – See www.tangoindy.com for details.

Fridays: (selected dates unless noted—see web sites for exact dates)

Dean & Company @Academy of Dance Arts (121st & Cumberland) 8-10 pm. See ADAdancers.com

Fred Astaire Indy North, 820 E. 116th & Guilford 317-207-9191: Open dance 9-11 pm \$10; drinks & snacks free.

Starlite Ballroom, 5720 Guion Rd., Open Dance 7:30-10pm, \$10/person including lesson & snacks. Info call 317-430-5029

Web site: www.indianapolisdancelessons.com for more info on classes/parties, rentals.

Carmel Ballroom, 111 Medical Drive, Carmel 46032, 7:30-10:30pm, \$10 incl lesson & snacks, 317-698-8535

Aurelia Dance Studio (Roslender), 3198 E. State Road 32, Westfield, IN 46074. Website: <http://www.aureliadancestudio.com/>

- tel. 317-496-5254 Open dances on selected Friday nights. Call for schedule.

Any Swing Goes dances will be on selected Friday nights; Contact Charlotte Heiney at 317-445-5224 for more info

IS Dances (formerly Indianapolis Senior Center Dances) – New Downtown YMCA: Fridays - Lesson 5:45 PM, Dance 7 - 9 PM www.MonicaLung.com (317) 590-2655

Saturdays: (selected dates – see web sites for details)

[Riolo Dance](#) Studio --502 N. Capitol (second floor) for more info, call 317-490-6739 or check www.riolodance.com

Sundays:

Continental Dance Club weekly dance at Starlite Ballroom. Lesson 5:45-6:45 pm; Dance 7:15-10 pm. Info: call 767-4040.

Indy Swing Dance Club meets twice a month at Madam Walker Theater. For more info, call 691-1239 or check indyswing.org

Dance Indy Swing Dance Club at Riolo Dance. from 2:00-6:00 pm on selected dates. See web site

July 2017

Saturday, July 8 Heartland Independence Day Dance [Riolo Dance Studio](#) (see flyer)

Saturday, July 8 [Fort Wayne Dancesport](#) Dance at IPFW's Walb Memorial Ballroom. Dance 7-11:00 pm. Call 260-485-6226

Saturday, July 8 [Indy Dancers](#) Dance at Greenwood Moose

August 2017

Saturday, August 12 Heartland August Summer Dance at [Riolo Dance Studio](#) (see flyer)

Saturday, August 12 [Fort Wayne Dancesport](#) Dance at IPFW's Walb Memorial Ballroom. Dance 7-11:00 pm. Call 260-485-6226 .

Saturday, August 26 [Indy Dancers](#) Dance, East Side Moose 7:00 p.m.

Sunday, August 27 [Indiana Roof](#) , Sentimental Journey Dance Band, 317-236-1870, 5-9 pm \$14
Homecoming at the Roof with Continental

For an additional list of dancing opportunities, please visit our website at:
<http://www.indyusadance.org/local-resources>.

July 8 – Independence Day Dance

7:30 pm – Lesson– Quick Step

Instructor: Olga Cansino

Dance: 8:30 – 10:30 pm

Exhibition: Formation

Cost: \$8 mbrs \$12 guests; students \$8

DJ: Rog Greenawalt

Location: Riolo Studio 502 N.Capitol Ave, 2nd Fl

Open Monthly Dance

August 12 - Summer Dance

7:30 pm – Lesson – East Coast Swing

Instructor: Stacey Poe

Dance: 8:30 – 10:30 pm

Exhibition: TBA

Cost: \$8 mbrs \$12 guests;students \$8

DJ: Roger Greenawalt

Location: Riolo Studio 502 N. Capitol Ave, 2nd Fl

Open Monthly Dance

Heartland Ballroom Dancers

564 Conner Creek Dr. Fishers 46038

Fishers, IN 46038

Advertising Rates

Full Page:	\$50 per month
Half Page:	\$25 per month
Qtr. Page:	\$15 per month
Business Card:	\$7 per month

Call the (317) 849-6373 for further details.

Rates for long-term contracts negotiable.

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Dancers

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Fishers, IN 46038

Nancy Dew, Editor

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