



Heart and Sole



Volume 25 Issue 1

January 2018

From the Heart (President's & VP Message)

By Larry Gogel & Anna Kovalyova



"Nutcracker" Paperclip dancers by Alex Mirsakov

Greetings, Dancers!

Happy New Year to all of you! The 2018 is the year of the Dog. We wish everyone a happy and healthy year, filled with laughter, friends and lots of dancing!

Join Heartland's Annual **Ballroom Technique Workshop on Saturday, January 20th at Riolo Dance studio**. **\$45** covers all 4 lessons and the admission to the evening dance. Full-time **students** pay only **\$30** for the entire workshop. We have several amazing instructors lined up for you: **John Berry** who will concentrate on Quick Step and Tango technique; and **Jonas Kazlauskas and Kathleen Ilo** of Starlite Ballroom who will cover Waltz and Cha-Cha technique. See instructors' bios included in this issue. The workshop is **2-6:30pm**. As in prior years, we will break for dinner after the workshop. Dinner is on your own. If you'd like to eat as a group, we will order **pizza to be delivered to Riolo**. Let us know if

you'd like to join us for dinner at Riolo.

To help you get into the holiday spirit, we will also hold a couple of **free raffles**, with one of them being a free admission to any regular Heartland's 2018 dance party (excludes special events).

We set **January 27th** as our "snow" date in case of bad weather (but we sincerely hope that we won't have to use it).



2018 Brown Dog Year

*** Ballroom Technique Workshop ***

Mark your calendars: Heartland's **Annual Ballroom Technique Workshop** will take place

on **Saturday, January 20, 2018, from 2 to 6:30pm** at Riolo Ballroom.

We will have 4 lessons taught by **John Berry and Jonas Kazlauskas & Kathleen Ilo**, followed by the evening dance party.

Alexis McCall became District Volunteer of the Year!



We congratulate Alexis on this well-deserved achievement and thank her again for her incredible work on various dance-related activities, both within and outside the Chapter. All District Volunteers of the Year are automatically nominated for consideration of National Volunteer of the Year. The 2017 National winner will be announced shortly. We will keep our fingers crossed for Alexis!

This is the 5th (!) consecutive year that our Chapter volunteers are awarded the title of the District Volunteer of the year: Larry Gogel (2013), Anna Kovalyova (2014), Nancy Dew (2015), Dorit Tomandl (2016) and most recently, Alexis McCall (2017). Two of our five District Volunteers of the Year, Anna and Dorit, became National Volunteers of the Year. This demonstrates what an amazing group of volunteers we have at Heartland.

Upcoming Dance Opportunities:

- **Fri, Jan. 5th** – Riverfront DanceSport - Pre-Comp Lecture with Kimberley Mitchell, a former British Open, International, and UK Open Champion and a 2-time United States Professional Latin Champion.
- **Sat, Jan 6th** - Riverfront DanceSport Festival, Hyatt Regency, Cincinnati. Professional Show: Travis & Jaimee Tuft
- **Sat, Jan 20th** – Heartland's Annual **Ballroom Technique Workshop** at **Riolo Dance**
- **Sat, Jan 27th** – 10th Annual **Dancing Like The Stars** show, followed by VIP dance party, Anderson, IN

Summary of 2017 Heartland Chapter Activities:

Heartland had another busy year. Below is a brief **summary** of what the Heartland Chapter was able to accomplish in **2017**:

- Conducted a series of successful dance lessons with the students at **Louis B Russel Jr school (IPS school #48)**
- Organized **12 Community Exhibitions**, including exhibitions at the Arts Garden, Avon Health & Rehab Center, Elderberries, Health and Fitness Expo at the Indiana State Fairgrounds, IN State Fair, and Franklin Active Adult Center.
- Celebrated Heartland's **6th Annual Homecoming** at the Indiana Roof
- Conducted Heartland's **5th Annual Ballroom Technique Workshop**
- Average **Attendance** at our monthly dances was **57 dancers**
- Took an active part in **Special Olympics** training, competition and **22nd Annual Ballroom Bash Fundraiser**

- Received a **grant from "Lilly Hands & Hearts"** for 2nd year in a row
 - Organized **New Year's Eve Fundraiser**, with proceeds earmarked for Chapter's ballroom lessons for kids.
- We thank everyone who took an active part in our programs. We could not have done it without you!

Looking forward, Heartland would like to explore several new projects and to enhance some existing ones in **2018**, including:

- Ballroom dance lessons for home school kids
- Collegiate dance program
- Formation classes with participants performing at Heartland's exhibitions
- Expand Special Olympics beyond Hendricks County to Central Indiana

If anyone would like to volunteer to lead any of these initiatives, please let us know.

We are very grateful for the support we get from our members, non-members and all the incredible friends we've made in our dance community.

We thank you all from the bottom of our hearts!

2018 Board Members:

Beginning with 2018, Alexis McCall will assume responsibilities of Treasurer. Thank you, Alexis!

Officers:

- President: Larry Gogel
- Vice President: Anna Kovalyova
- Secretary: Nancy Dew
- Treasurer: Alexis McCall

Directors at Large:

- Joseph Meyer, Membership Coordinator
- Amy Greenawalt, Social Dance Coordinator
- Olympia Harris, Volunteer Coordinator
- Dorit Tomandl, leave of absence

The Heartland USA Dance Board currently has the following **Vacancies**:

- Communications Coordinator
- Special Projects Coordinator

Please contact any of our Board members if you are interested in applying for any of these positions.

December dance activities:

Thank you to everyone who attended our Holiday pitch-in dinner and dance party. We had several beautiful exhibitions performed for us by our talented dancers and singers: a passionate Bolero by Alexis and Ben; a fiery East Coast Swing by Renee and Aaron, a holiday Mambo by Rog and Amy; and lovely Foxtrot and Waltz sung

by Dave B. Their costumes and performances were amazing, as was the spirit.



Our performers

During the party, Rog Greenawalt delivered a check to Heartland from the Ballroom Bash in the amount of \$180 to match the National USA Dance contribution for the Chapter membership drive. We thank Rog and the Bash for their generosity!



Thank you to all our tireless volunteers: Dave and Sue, Larry, Alexis, Anna, Efim, Rog. Your help is truly appreciated!



Raffle Winners

We had several paid and free raffle prizes to help us celebrate the holidays in style. We thank Gert Roslender for his generous gifts – 2 free admissions to the 2018 Riverfront DanceSport Festival that will take place on January 6th. Congratulations to all the winners!



Heartland performance on November 18th at Crestwood Village South:

Heartland dancers in cooperation with Brownsburg Ballroom brought entertainment to Crestwood Village South residents for this event. We had quite a few residents in attendance!



A thank you note from Crestwood Village:

“Our Dinner Dance this past Saturday was in full swing as Heartland USA Dance and Brownsburg Ballroom put on a performance to remember! After a Thanksgiving themed dinner, we all enjoyed watching the dance styles performed. Then the dancers taught our residents and staff how to ballroom dance. Thank you everyone for coming out, and thank you dancers for a wonderful show!”

Many Heartland members also took part in December 1st Winter Showcase at the Riolo Dance studio.

To view pictures and videos from these and other events, please visit:

<http://www.indyusadance.org/>

or Facebook: <https://www.facebook.com/pages/USA-Dance-Chapter-2022-Heartland-IN/494575663941501>

Happy dancing to all! See you at our Annual Workshop, followed by the regular dance party on Saturday, January 20th at Riolo!

Larry and Anna

In Memory of Jennifer Luna

By Gordon Winter



My dear friend and at instructor of dance, Jennifer Nicole Rice, (aka Jennifer Luna) succumbed to glioblastoma right before Christmas. I will miss her. As someone who just turned thirty three this was not an expected ending until earlier this year. It is no longer a shock for me. I have been accepting this likely ending in painful bits and pieces all year long. Now it is an ending I can live with. Life is a gift. That says more than we think it says. Even a moment is meaningful in its entirety.

Jennifer's moment was special for all the lives she touched and changed. I was lucky to be among them.

The news is full of people who mistreat people they work with. I can say there are people who aren't in the news who respect people they work with and want better things for their futures.



I had so many positive hopes for Jennifer and her future in DC and government. It came as a horrible shock to see them ended at such a young age by such an under-funded disease.



As an endlessly positive person even in the face of the disease Jennifer set an example for us all to learn from.

God Bless you at Christmas!

Gordon Winter

Heartland Board Descriptions of Vacant Positions:

Reference Bylaws Article XII, Sections H-K for the official position description for chapter officers.

Responsibilities of Chapter Officers:

Communications Coordinator

- Has oversight for publicity, website, email, Facebook, flyers, newsletter, etc. through volunteers or committees.
- Submits annual budget request to support communications programs.
- Develops and presents plans to the board to support promotion of chapter events.
- Solicits, writes and edits articles and ads for chapter newsletter (hardcopy, email, etc.).
- Posts chapter events to media and community online calendars and social media.
- Designs and prints flyers for chapter activities.
- Submits event information and news releases to the media.
- Coordinates contact with chapter members about regular events via email, mail, or cell.
- Monitors development and updating of a chapter website and social networking sites.
 - Coordinates at least annually communications to dance studios, independent instructors, dance clubs, and others to reduce scheduling conflicts and to create a harmonious dance community.



Heartland Workshop and January Dance Party Saturday, January 20, 2018

Lesson: John Berry Lessons 2 to 4 PM
Jonas and Kathleen Lessons 4:30 to 6:30 PM

Evening Dance: 7:30 – 10:30 p.m.

DJ: Roger Greenawalt

Admission: \$8 Members / \$12 Nonmembers
\$6 All Full Time Students

Location: Riolo Ballroom 502 N Capitol 2nd Flr
For more information, call 759-0171 or 849-6373

**2018 Dances will be the 2nd Saturday of each month
at Riolo Studio:**

2018 Board of Directors

President Larry Gogel 759-0171
e-mail: lgogel@gmail.com

Vice President Anna Kovalyova Non-published
e-mail: annaktoots@yahoo.com

Secretary Nancy Dew 317-849-6373
e-mail: dewn@juno.com

Treasurer Alexis McCall
e-mail: alexishier@yahoo.com

Board of Directors:

Amy Clark Greenawalt
Joseph Myers
Dorit Tomandl
Olympia Harris

The Next Board Meeting is Thursday, **January 25, 2018** at **6:00 pm** (call In Virtual Mtg..) Call Larry for more information.

2018 Committees (See web site)

Your chapter needs your help! We need chairmen in several areas. **Remember a chairman coordinates the activity but does not necessarily perform all the duties!** If you would like to work on any of these committees, please call Larry at (317) 759-0171.

We can always use volunteers at the dances. If you are interested in performing for our chapter dances or have an instructor suggestion, please email Anna K. **Want to earn Free Admission?** If you work the door or do the food set-up, your admission is free.

Member News

Please notify the editor of member events, accomplishments and/or special recognition. We can't print information if we don't know about it! We don't want to overlook anyone!

As of 1/1/18, Heartland Chapter had 81 members. All competitor memberships (adult and collegiate) expire at year end.



THE CHAPTER DOES NOT GET TO KEEP any of your dues money—it all goes to Central Office. We operate based on what we make on dances, competitions, etc. and advertising funds our newsletter. This is different from all the other local dance clubs. We are classified a 501-3(c) non-profit organization.

Competitor's Corner

To share your results email Rog Greenawalt at bolero@juno.com.

To view pictures of our competitors on line, please visit Heartland Facebook:

<https://www.facebook.com/pages/USA-Dance-Chapter-2022-Heartland-IN/494575663941501>

**Continental Club Dance
Schedule for Jan/Feb**
Dance Lesson 5:45 - 6:45 pm
Dance Lesson - Viennese Waltz
Large Ballroom
Beginner Lesson: 5:45 - 6:45 pm
Beginner Lesson - American Smooth
Small Ballroom

January

Jan 7 - Monica - DJ
Jan 14 - Roger Greenawalt
Jan 21 - Dave Lowe
Jan 28 - Monica - DJ

February

Feb 4 - Dave Lowe
Feb 11 - Blue Notes
Feb 18 - Mike McCarty
Feb 25 - Monica - DJ


Member Classifieds

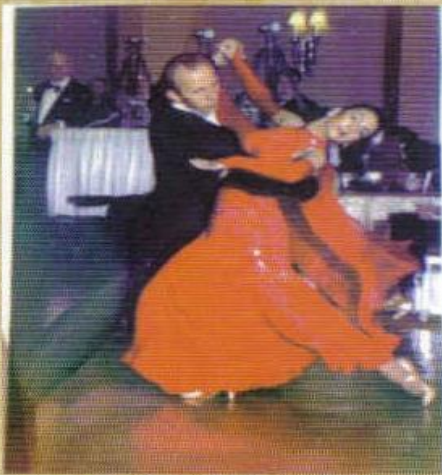
E-mail of personal information for members and non-members is confidential and for the exclusive use of USA Dance officials and designees and may not be shared, sold, or rented without the prior approval of the USA Dance Governing Council.

Heartland Ballroom Dancers does not endorse any particular studio or instructor but recognizes that good instruction is available from a variety of people throughout Central Indiana.



By Appointment (317) 408-9094

 facebook.com/GECustomPerformanceApparel



**Ballroom Dance
Instruction with**
Scott & Yulia Shook
 Email: ninedance03@yahoo.com
 Phone: 317-294-2749 or 317-292-4719
 Starlite Ballroom
 5720 Guion Road
 Indianapolis, IN 46254

Newsletter Deadline

The *Heart and Sole* submission deadline is the 20th of the month. Call Nancy at 317-849-6373 to be included.

Please keep your addresses up-to-date. It is very important that you keep your e-mail address up-to-date with your chapter Newsletter Editor and Membership Chairman. Send changes to the editor who will forward them to National Membership or update yourself online.

Don't forget to let us both know.

Dress Code Reminder

Please remember that appropriate dress for our chapter dances includes: slacks/skirts, nice shirts/blouses, dresses and dance shoes. Please do not dance in bare feet. On occasion we modify the dress code for special theme dances but when we do so, we will announce it in our newsletter and on the web site.

Web Sites of Interest

(see our web site www.indyusadance.org/local-resources)

RON'S SUNDAY NIGHT DANCE



at the
ATRIUM

3143 East Thompson Road., Indianapolis



1st and 3rd Sunday of each month

Dates are listed below.

**Please note date changes for January, February, April & May*

COUPLES & SINGLES ALL WELCOME

Doors Open: 5:45 p.m.

Dancing: 6:00 p.m. to 10:00 p.m.

ADMISSION \$10.00

Dress Code – Casual (No tank tops or shorts, please)

Cash Bar Open: 6:00 p.m. to 10:00 p.m.

(ALL BEVERAGES MUST BE PURCHASED AT THE ATRIUM)

MUST BE 21 OR OVER TO ATTEND

BRING YOUR OWN TABLE SNACKS • Chips and Pretzels will be furnished

Mix of Music by DJ Ron Fentz

East Coast Swing, Cha-Cha, Free Style, Waltz, Fox Trot, Line Dances (Single & Couples),

Jitterbug, West Coast Swing, Night Club 2, Love Songs, Country 2 step

2018 SUNDAY DANCE DATES

January 7 & 28th (4th Sunday)

February 11 (2nd Sunday) & 18

March 4 & 18

April 8 (2nd Sunday) & 22 (4th Sunday)

May 6 & 27 (4th Sunday)

June 3 & 17

July 1 & 15

August 5 & 19

September 2 & 16

October T.B.A.

November T.B.A.

December T.B.A.

****Please note the above day / date changes – FOR, JANUARY, FEBRUARY, APRIL & MAY****

For more information, contact Ron Fentz at 317.443.4462 ronfentz@aol.com



Home of Gert & Kirsti Roslender

At Aurelia Dance Studio we will teach you different styles of dance including International Ballroom, International Latin, American Smooth, American Rhythm and Social Dancing.

Come with or without a partner and allow us to show you just how much fun, and easy dancing together can be! You can check us out at our new Westfield location or our website.

FIRST LESSON FREE!

For new students we offer one Free 30-minute dance lesson and dance consultation. Use your lesson solo or share it with a partner!



3198 E. State Road 32 Westfield, Indiana 46074

www.aureliadancestudio.com



Indy's Most Exciting Dance Venue!



Ballroom Latin Argentine Tango Swing Salsa

Group and Private Lessons Experienced Instructors No Contracts

Open Dance 1/13, 1/27, 2/3

USA Dance 1/20, 2/10

www.riolodance.com

317-344-8540

Check out our Full Calendar on the Website

502 N. Capitol Avenue (2nd Floor)



Heartland USA Dance Ballroom Workshop & Dance Party

With John Berry and

US 10-Dance Champions: Jonas Kazlauskas & Kathleen Ilo

4 Amazing Technique Lessons:



Session I (2- 4pm):

- Quick Step: Use of footwork, Common figures
- Tango: Use of footwork, Offset dance position, Common figures

Open Practice (4-4:30pm)



Session II (4:30 - 6:30pm)

- Waltz: Accentuating grace and elegance
- Cha Cha: Upping your game

Saturday, January 20, 2018

Alternate Snow Date: Saturday, Jan 27, 2018

**Riolo Dance, 502 N Capitol (Capitol & Michigan)
Indianapolis, IN**

\$15 / lesson or \$45 for All 4 lessons + Admission to Evening Dance

Full-time students: \$10 / lesson or \$30 for 4 lessons + dance

USA Dance Membership Not Necessary

Evening Dance: 7:30 - 10:30pm

Evening Dance Admission: USA Dance Members: \$8 /

Non-members: \$12 / Students \$6



To purchase tickets, make check payable to
USA Dance, Inc. and mail to:

Larry Gogel, P.O. Box 2085, Bloomington, IN 47402

For more info: 317-759-0171 , indyusadance@gmail.com or www.indyusadance.org

Heartland Workshop Instructor Bios:

Internationally-Known Instructors

John Berry:



- ❖ Taught in both US and Europe for over 40 years
- ❖ Recipient of four Feather Awards for Top Teacher
- ❖ Certified as judge with NDCA, USA Dance and ISTD in all styles and all levels
- ❖ In 2000, was inducted into the Dancers' Hall of Fame



Jonas Kazlauskas and Kathleen Ilo:

- ❖ 2-time finalists, World 10-Dance Championships
- ❖ 3rd place, 2017 World Classic Showdance
- ❖ **1st PLACE, 2017 U.S. 10-DANCE CHAMPIONSHIPS!!!**

10th Annual DANCING LIKE THE STARS PARAMOUNT ROARING 20'S BENEFIT

Saturday, January 27, 2018

AT THE HISTORIC PARAMOUNT THEATRE ~ EST. 1929

6 pm: Doors Open with Entertainment and Cash Bar

7 pm: Live Competition in the Paramount Theatre

10 pm: VIP After Party in the Hardacre Ballroom

For tickets and ticket information contact the Paramount Box Office at
www.andersonparamount.org or call 765-642-1234

TICKET PRICES: additional fees and taxes may be applied
\$20, \$30 and \$37 for the Show • \$15 for the VIP Party
1920's Attire Optional

Vote for your favorite celebrity at our Dancing Like the Stars website:
VOTENOW @ www.dancinglikethestarsanderson.org

TICKETS ON SALE DECEMBER 12TH



BOOGIE BEAT

A Listing of Places to Dance in Central Indiana. Call to see if the events listed are being held before going.

Tuesdays:

Tango Indy meets every week at [Riolo Dance](#) for Argentine Tango lessons and practica – See www.tangoindy.com for details.

Indy Dancers meet at various locations. Call Dance Line 767-5665 for information.

Wednesdays

IS Dances (formerly Indianapolis Senior Center Dances) – New Downtown Y, 2nd Floor : Wednesdays- Group Lesson 11 AM, Dance 1:00 PM - 3:00 PM.

Thursdays:

Tango Indy meets every week at [Riolo Dance](#) for Argentine Tango lessons and practica – See www.tangoindy.com for details.

Fridays: (selected dates unless noted—see web sites for exact dates)

Dean & Company @Academy of Dance Arts (121st & Cumberland) 8-10 pm. See ADAdancers.com

[Fred Astaire Indy North](#), 820 E. 116th & Guilford 317-207-9191: Open dance 9-11 pm \$10; drinks & snacks free.

[Starlite Ballroom](#), 5720 Guion Rd., Open Dance 7:30-10pm, \$10/person including lesson & snacks. Info call 317-430-5029

Web site: www.indianapolisdancelessons.com for more info on classes/parties, rentals.

[Carmel Ballroom](#), 111 Medical Drive, Carmel 46032, 7:30-10:30pm, \$10 incl lesson & snacks, 317-698-8535

[Aurelia Dance Studio](#) (Roslender), 3198 E. State Road 32, Westfield, IN 46074. Website:

<http://www.aureliadancestudio.com/> - tel. 317-496-5254 Open dances on selected Friday nights. Call for schedule.

Any Swing Goes dances will be on selected Friday nights; Contact Charlotte Heiney at 317-445-5224 for more info

IS Dances (formerly Indianapolis Senior Center Dances) – New Downtown YMCA: Fridays - Lesson 5:45 PM, Dance 7 - 9 PM www.MonicaLung.com (317) 590-2655

Saturdays: (selected dates – see web sites for details)

[Riolo Dance](#) Studio **--502 N. Capitol (second floor) for more info, call 317-490-6739 or check www.riolodance.com**

Sundays:

[Continental Dance Club](#) weekly dance at Starlite Ballroom. Lesson 5:45-6:45 pm; Dance 7:15-10 pm. Info: call 767-4040.

Indy Swing Dance Club meets twice a month at Madam Walker Theater. For more info, call 691-1239 or check indyswing.org

Dance Indy Swing Dance Club at Riolo Dance. from 2:00-6:00 pm on selected dates. See web site

For an additional list of dancing opportunities, please visit our website at: indyusadance.org

January 20 - Heartland Workshop and Dance Party

Workshop Session 1 2:00 to 4:00 pm

Workshop Session 2 4:30 to 6:30 pm

2 Lessons per Session

\$15 per Lesson (Student \$10) –All 4

Lessons for \$45 (Student \$30)*

***Includes Evening Dance Admission**

Evening Dance: 7:30 – 10: 30 pm

\$8 members - \$12 guests - \$6 students

DJ: Roger Greenawalt

Location: Riolo Studio 502 N. Capitol Ave, 2nd Fl

Open Monthly Dance

February 10 - Valentine's Dance Party

7:30 pm – American Waltz Lesson

by Scott and Yulia Shook

Dance: 8:30 – 10: 30 pm

Admission: \$8 Members / \$12

Nonmembers / \$6 Full Time Students

Special Exhibitions

DJ: Roger Greenawalt

Location: Riolo Studio 502 N. Capitol Ave, 2nd Fl

Heartland Ballroom Dancers

564 Conner Creek Dr.

Fishers, IN 46038

Advertising Rates	
Full Page:	\$50 per month
Half Page:	\$25 per month
Qtr. Page:	\$15 per month
Business Card:	\$7 per month
Call the (317) 849-6373 for further details.	
Rates for long-term contracts negotiable.	

Published monthly by Heartland Ballroom
Dancers

Chapter #2022 of USA Dance Inc.

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