



Heart and Sole



Volume 24 Issue 2

February 2017

By Larry Gogel & Anna Kovalyova



Greetings, Dancers!

Happy Valentine's Day!

Love and romance will surely fill the air during the Valentine's Day weekend. What better way to celebrate this heart-warming holiday than by joining the Heartland's annual Valentine party on **February 11** at Riolo Dance Studio. We are pleased to welcome the internationally-recognized instructor, **Gert Roslender**, who will teach us a Waltz group lesson. The Waltz is the oldest of the ballroom dances, dating from the middle of the 18th century. Considered a romantic dance, it is guaranteed to offer something for everyone.

We have also lined up several exciting exhibitions for you. And our Facebook Administrator and Videographer, Efim Kolesnikov, will be celebrating his birthday with us; and he will bring a cake to share.

Upcoming Heartland Exhibitions:

- **Sat, Feb 18**, 1:45pm - **Avon Health & Rehab Center**, Memory Care Unit, 4171 Forest Pointe Cir, Avon, IN
- **Sat, Mar 18**, 3-4pm – **Arts Garden** at the Circle Centre Mall
- **Th, Apr 6**, 6:30pm – **Elderberries** at St Lukes United Methodist Church
- **Wed, Jun 21**, 11am-12noon - **Franklin Active Adult Center**
- **TBD** – **Crestwood Village East**, 1123 N Edmondson Ave, Indy.

Happy
Valentine's
Day

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*** Tickets for Indy Open Competition***

The **Indianapolis Open Dancesport** Competition will take place at the **Sheraton City Centre Hotel** in Indy, **Mar 31st – Apr 1st**, 2017.

Reserve your **spectator tickets** through Heartland and receive discounts!

Discounted Admission (day time admission is not discounted):

Friday day: \$25 (\$10 students)

Friday Evening: \$45 (\$20 students)

Friday Evening Dinner and Dance: \$100

Saturday day: \$25 (\$10 students)

Saturday Evening: \$50 (\$25 students)

Saturday Evening Dinner and Dance: \$110

Several of the Heartland dancers will be competing at this event – please consider attending and supporting our competitors. You especially don't want to miss the Saturday evening Professional competition and show – all previous years were amazing!

Remember: discounted tickets are available through Heartland prior to the event. If purchasing tickets at the event, add \$5 extra fee to regular prices.

And in case you need a new pair of shoes or other dance-related items, there will be quite a few **vendors** at the competition – check them out!

For more information, visit <http://www.indianapolisopendancesport.com/>

Children's Ballroom Dancing:

The Heartland Chapter is proud to announce its independent **DancArts 'N Children (D.A.N.C.)** program. Although similar in nature to other children's programs offered by Heartland in the past, **D.A.N.C.** will allow us to offer more lengthy ballroom dance instruction to children, with the goal of exposing greater number of children to high quality ballroom dance lessons for extended period of time."



Xavier and our Dance Volunteers at IPS #48



Tango Lessons at IPS #48

The Heartland's cooperation with the **IPS school #48** is the first example of such a program. These ballroom dance lessons are being offered to **2nd graders** of the IPS #48. The current session taught by professional instructor Xavier Medina and supported by many dedicated Heartland volunteers will run for 8 weeks. At the end of the 8 week session, the school will arrange a **celebration with the parents**, during which the students will present their dance routine. We are working with the school Public Relations' Division to see if news coverage of the celebration is possible (by Channel 13 or Indy Star).



Xavier, the story-teller

In time, we are hoping to expand our ballroom dance lessons at IPS to 12 weeks per semester, and to explore other dance lesson options for children, such as homeschooling, etc.

Should you have question about this and other Heartland's programs, please don't hesitate to contact Larry Gogel, Heartland President, at lgogel@gmail.com

Instructor's Bio:

Gert Roslender:

The owner of Aurelia Dance Studio, Mr Gert Roslender, started dancing at the age of nine in Estonia. Since then he has won many ballroom titles in International Ballroom and Latin. Even after finishing university as a civil engineer he never lost his passion for ballroom and continued competing and opened his own dance studio. In 1998 Mr. Roslender started competing and coaching in the United States. He is certified by the Imperial Society of Teachers of Dancing (ISTD), North American Dance Teachers Association (NADTA) and the National Dance Council of America (NDCA). Gert has achieved a very high level of success as a professional dancer and instructor. For the past seven years he has been traveling to coach and adjudicate, as well as co-organizing the Riverfront DanceSport Festival. Gert is a top ranked pro am competitor nationally and regionally, having the opportunity to instruct and partner many students to United States and World Championship titles. He not only enjoys working with competition level students but he also enjoys sharing his knowledge and love of dance with students at all levels, from young children to those who want to have fun and improve their skill as social dancers. Gert can help you discover your dance goals and make them a reality. For more information about Gert and Aurelia dance studio, please visit: <https://www.aureliadancestudio.com/>

USA Dance Membership

We'd like to remind everyone to please check your USA Dance membership expiration date. Quite a few of our members had their memberships expire in December.

You can renew your membership online at <http://membership.usadance.org> ,

or if you prefer, you can pay your membership dues at the door together with your party admission, and we'd be happy to mail your renewal form for you to the USA Dance National.

The renewal fee for Social Adult Dancer is \$35. **The Chapter does not keep any of the membership money - 100% of the membership fees goes to National.**

NAIS Ownership and Location Change

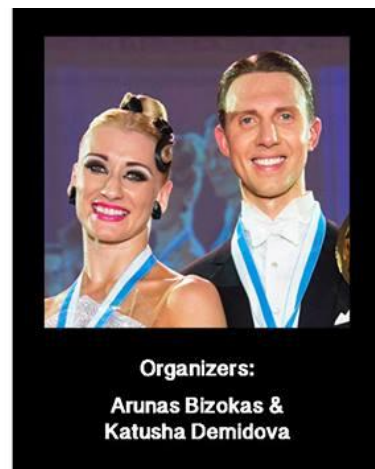
The NA Imperial Star DanceSport Championship has new owners and organizers: the World Champions Arunas Bizokas and Katusha Demidova. The event is moved to the City of Chicago, and will be taking place November 9-12, 2017



North American Imperial Star Dancesport Championships

November 9 - 12, 2017

Chicago, Ill., Hotel: TBA



New Year's Eve party and January dance activities:

The New Year's Eve party was also a Fundraiser for Heartland's children's ballroom dance fund. The Fundraiser generated enough money for 7 (!) more group dance lessons for children. Thank you to everyone who came and showed the support of the program!



Our New Year's Eve performers were Alexis McCall and Ben Davis with a romantic Rumba routine, Chase Thompson and Ashley Piper with a very cute Cha-Cha, and Dennis Summers who **sang 2 beautiful songs for us.**



Our NYE 50/50 prize was won by **Susan Hoppe** who generously donated her winnings back to the Heartland's children's ballroom dance fund. Thank you, Susan! Our free raffle's prizes consisted of 1 free admission to Heartland's regular dance party and a selection of chocolate. Congratulations to the winners.



Our youngest dancer, Zoey Chan, turned 1 year old on December 30th, and her parents and our dear friends Brian and Sandy brought in a birthday cake to Heartland's NYE dance party to celebrate in style.



Congratulations, Zoey!
We wish you a long and prosperous life full of unforgettable adventures!

More pictures from the New Year's Eve party:





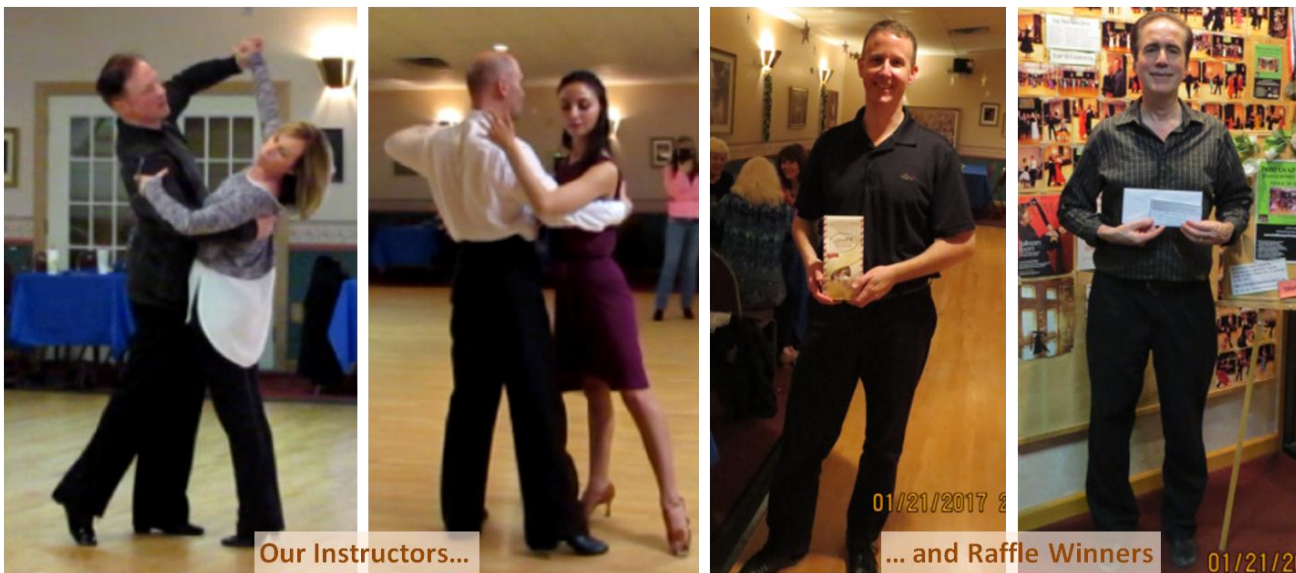
Heartland held its annual **Ballroom Technique Workshop** and dance party on **January 21st**. We had a very good turnout, and the weather cooperated with our plans.

We had great instructors (Rauno Ilo of Starlite Studio and Jozsef Parragh of You Can Dance Cincy) and a very attentive audience.

We would like to thank everyone who came to the Workshop and Dance Party. We appreciate your on-going support of Heartland's dance programs.

We have posted the video summary of the workshop lessons on the Heartland's Facebook and website - check them out: <http://www.indyusadance.org/videos/>

Pictures from the January Workshop and Party:



The January raffle for a free private lesson at Starlite Studio with the instructor of the winner's choice was won by Rog Greenawalt. We thank Starlite owners, Rauno and Kristiina Ilos, for donating the gift certificate to us. Tony Harsch got the free chocolate prize. Congratulations to the winners!

Heartland members, Efim and Anna K, met at Starlite 11 years ago, and celebrated their anniversary on Jan 21st, during Heartland's workshop. Congratulations!

Thank you to all who came to both parties - we appreciate your continuous support!

Thanks to all of our volunteers at both parties: Nancy, Anna, Larry, Dennis, Alexis, Terry and Margaret, Alex G., Efim, Dorit, Olympia, Troy, Sandy E. and all our other tireless friends for helping us with the parties' preparations and clean up, and with running the parties smoothly. Special thanks go to Larry and Rog, our superb DJs.

The Seventh Annual **RiverFront DanceSport Festival** took place on Saturday, **January 7th, 2017**.



The Open Amateur American 9 dance first and second places were taken by the Heartland Chapter competitors, Amy and Roger Greenawalt; and Ben Davis and Alexis McCall, respectively. Congratulations!

To view more pictures from these and other Heartland events, please visit our website:

<http://www.indyusadance.org/photos/>

or Facebook:

<https://www.facebook.com/pages/USA-Dance-Chapter-2022-Heartland-IN/494575663941>



2017 Board of Directors

President Larry Gogel

759-0171

e-mail: lgogel@gmail.com

Vice President Anna Kovalyova

Non-published

e-mail: annaktoots@yahoo.com

Secretary Nancy Dew

849-6373

e-mail: dewn@juno.com

Treasurer

Vacant

Board of Directors:

Amy Clark Greenawalt

Alexis McCall

Joseph Myers

Dave Rogers

Dorit Tomandl

The Next Board Meeting is **Feb. 23 2017** at 6:00 pm (call In Virtual Mtg..) Call Larry for more information.

2017 Committees (See web site)

Your chapter needs your help! We need chairmen in several areas. **Remember a chairman coordinates the activity but does not necessarily perform all the duties!** If you would like to work on any of these committees, please call Larry at (317) 759-0171.

We can always use volunteers at the dances. If you are interested in performing for our chapter dances or have an

Valentine Dance
Saturday, February 11, 2017
Lesson: 7:30 Waltz
Instructor: Gert Roslender
Exhibitions: Special
Dance: 8:30 – 10:30 p.m.
DJ: Roger Greenawalt
Admission: \$8 Members– \$12 Guests
Location: Riolo Dance 502 N Capitol 2nd Flr
For more information, call 849-6373 or 759-0171
Open Monthly Dance

2017 Dances will be the 2nd Saturday of each month at **Riolo Studio** except for January:

RON'S SUNDAY NIGHT DANCE



at the
ATRIUM

3143 East Thompson Road., Indianapolis



1st and 3rd Sunday of each month

Dates are listed below.

**Please note date changes for January, February, April & May*

SINGLES & COUPLES ALL WELCOME

Doors Open: 5:45 p.m.

Dancing: 6:00 p.m. to 10:00 p.m.

ADMISSION \$10.00

Dress Code – Casual (No tank tops or shorts, please)

Cash Bar Open: 6:00 p.m. to 10:00 p.m.

(All beverages must be purchased at the Atrium)

MUST BE 21 OR OVER TO ATTEND

BRING YOUR OWN TABLE SNACKS • Chips and Pretzels will be furnished

Mix of Music by DJ Ron Fentz

*East Coast Swing, Cha-Cha, Free Style, Waltz, Fox Trot, Line Dances (Single & Couples),
Jitterbug, West Coast Swing, Night Club 2, Love Songs*

2017 SUNDAY DANCE DATES

January 15(3 rd Sunday) & 29 (5 th Sunday)	May 7 & 28 (4 th Sunday)	September 3 & 17
February 12 (2 nd Sunday) & 19	June 4 & 18	October TBA
March 5 & 19	July 2 & 16	November TBA
April 2 & 23 (4 th Sunday)	August 6 & 20	December TBA

**** Please note the above date changes – JANUARY, FEBRUARY, APRIL & MAY ****

For more information, contact Ron Fentz at 317.881.3750 or 317.443.4462 or ronfentz@aol.com

**Continental Club Dance
Schedule for Feb./Mar.
Dance Lesson 5:45 - 6:45 pm
DANCE LESSON – Tango
LARGE BALLROOM
BEGINNER LESSON: 5:45-6:45 PM
Beginner Lesson – Same
SMALL BALLROOM**

February

Feb. 5	Brass & Ivory
Feb. 12	Mike McCarty
Feb. 19	Dave Lowe
Feb. 26	Blue Notes

March

Mar. 5	Dave Lowe
Mar. 12	Mike McCarty
Mar. 19	Blue Notes
Mar. 26	CDs

March Lesson – TBA

Continental Dance Club

Member Classifieds

E-mail of personal information for members and non-members is confidential and for the exclusive use of USA Dance officials and designees and may not be shared, sold, or rented without the prior approval of the USA Dance Governing Council.

Heartland Ballroom Dancers does not endorse any particular studio or instructor but recognizes that good instruction is available from a variety of people throughout Central Indiana.

Newsletter Deadline

The *Heart and Sole* submission deadline is the 20th of the month. Call Nancy at 317-849-6373 to be included.

Please keep your addresses up-to-date. It is very important that you keep your e-mail address up-to-date with your chapter Newsletter Editor and Membership Chairman. Send changes to the editor who will forward them to National Membership or update yourself online.

Don't forget to let us both know.

Dress Code Reminder

Please remember that appropriate dress for our chapter dances includes: slacks/skirts, nice shirts/blouses, dresses and dance shoes. Please do not dance in bare feet. On occasion we modify the dress code for special theme dances but when we do so, we will announce it in our newsletter and on the web site.

Web Sites of Interest

(see our web site www.indyusadance.org/local-resources)



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Home of Gert & Kirsti Roslender

At Aurelia Dance Studio we will teach you different styles of dance including International Ballroom, International Latin, American Smooth, American Rhythm and Social Dancing.

Come with or without a partner and allow us to show you just how much fun, and easy dancing together can be! You can check us out at our new Westfield location or our website.

FIRST LESSON FREE!

For new students we offer one Free 30-minute dance lesson and dance consultation. Use your lesson solo or share it with a partner!



3198 E. State Road 32 Westfield, Indiana 46074

www.aureliadancestudio.com

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Group and Private Lessons Experienced Instructors No Contracts

Open Dance 2/4, 18, 25, 3/4

USA Dance 2/11 7:30 -10:30 p.m.




www.riolodance.com

317-490- 6739

Check out our Full Calendar on Web Site

502 N. Capitol Avenue (2nd Floor)

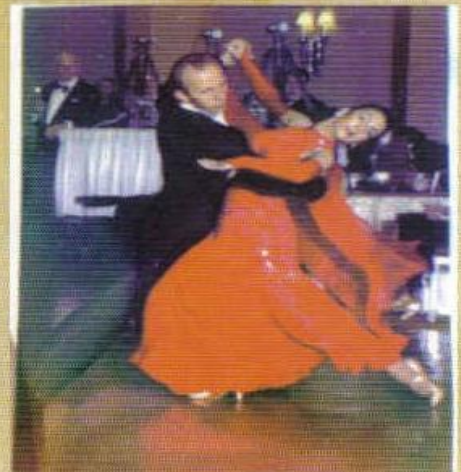


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**Ballroom Dance
Instruction with**

Scott & Yulia Shook

Email: ninedance03@yahoo.com

Phone: 317-294-2749 or 317-292-4719

Starlite Ballroom

5720 Guion Road

Indianapolis, IN 46254

Heartland USA Dance Valentine's Day Dance

Saturday, February 11, 2017 at Riolo Dance – 502 N. Capitol
Waltz Lesson by Gert Roslender of Aurelia Ballroom at 7:30 PM
Dancing 8:30 – 10:30 PM

Dancers of all ages and skill levels welcome.



USA Dance Members: \$8 (Student: \$6)

Non-members: \$12 (Student: \$8)

For More Information Call: 812-333-3040 or email: lgogel@gmail.com or website: www.indyusadance.org

INDIANAPOLIS OPEN DANCESPORT COMPETITION

MARCH 30-APRIL 1, 2017



Sheraton Indianapolis City Centre Hotel

From airport: Shuttle \$ 10.- / Taxi \$ 25.- Discounted parking at the hotel

Proudly Presented by Rauno and Kristiina Ilo

(317) 430 - 5029

IndianapolisOpenDanceSport@comcast.net

www.IndianapolisOpenDanceSport.com

- Closed and Open Pro-Am, Amateur Scholarships, Championships
- Pro-Am Single Dances in Regular, Proficiency and Rising Star Categories
- World Pro-Am DanceSport Series Events
- DIVIDA Closed Scholarships
- Junior, Youth & Collegiate Events
- Solos, Formations, Country Western
- Professional Rising Star Events
- Open Professional Events



We are delighted to invite you to join the Indianapolis Open DanceSport Competition 2017.

Indianapolis Open boasts an exciting array of dance events for both competitors and spectators to enjoy. Pro-Am, Amateur and Junior events for all levels! **NEW THIS YEAR - Gentlemen ONLY 3-Dance Challenges!**

Great prize money, World Pro-Am DanceSport Series events, American style DIVIDA-sponsored Scholarships, and Professional Rising Star and Open Professional evening events. A Welcome Reception on Thursday night, fabulous dinners and social dancing on Friday and Saturday evenings, and of course great competitive dancing throughout the weekend will make this an unforgettable experience.

Lots of Vendors attending (shoes, dance attire, dance CD's, etc. Daytime tickets only \$25.- Please see website for more info.

Heartland Ballroom Dancers'
March Dance
Saturday, March 11, 2017



8:30 PM – 10:30 PM
at Riolo Dance
502 N. Capitol Ave.



Cha Cha Lesson
With Xavier Medina
of Riolo Dance
at 7:30 PM

Dancers of all ages and skill levels welcome.
We Play Ballroom, Latin, Hustle, Swing & Other Music.
Refreshments provided.



USA Dance Members: \$8 (Student: \$6) Non-members: \$12 (Student: \$8)

For more information: call: 317-759-0171 email: lgogel@gmail.com

BOOGIE BEAT

A Listing of Places to Dance in Central Indiana. Call to see if the events listed are being held before going.

Tuesdays:

Tango Indy meets every week at [Riolo Dance](#) for Argentine Tango lessons and practica – See www.tangoindy.com for details. *Indy Dancers* meet at various locations. Call Dance Line 767-5665 for information.

Wednesdays

IS Dances (formerly Indianapolis Senior Center Dances) - Riolo Dance Studio, 2nd Floor (w/elevator): Wednesdays- Group Lesson 11 AM, Dance 1:00 PM - 3:00 PM.

Thursdays:

Tango Indy meets every week at [Riolo Dance](#) for Argentine Tango lessons and practica – See www.tangoindy.com for details.

Fridays: (selected dates unless noted—see web sites for exact dates)

Dean & Company @Academy of Dance Arts (121st & Cumberland) 8-10 pm. See ADAdancers.com

[Fred Astaire Indy North](#), 820 E. 116th & Guilford 317-207-9191: Open dance 9-11 pm \$10; drinks & snacks free.

[Starlite Ballroom](#), 5720 Guion Rd., Open Dance 7:30-10pm, \$10/person including lesson & snacks. Info call 317-430-5029

Web site: www.indianapolisdancelessons.com for more info on classes/parties, rentals.

[Carmel Ballroom](#), 111 Medical Drive, Carmel 46032, 7:30-10:30pm, \$10 incl lesson & snacks, 317-698-8535

[Aurelia Dance Studio](#) (Roslender), 3198 E. State Road 32, Westfield, IN 46074. Website: <http://www.aureliadancestudio.com>

- tel. 317-496-5254 Open dances on selected Friday nights. Call for schedule.

Any Swing Goes dances will be on selected Friday nights; Contact Charlotte Heiney at 317-445-5224 for more info

IS Dances (formerly Indianapolis Senior Center Dances) - Riolo Dance Studio, 2nd Floor (w/elevator): Fridays - Lesson 5:45 PM, Dance 7 - 9 PM www.MonicaLung.com (317) 590-2655

Saturdays: (selected dates – see web sites for details)

[Riolo Dance](#) Studio --502 N. Capitol (second floor) for more info, call 317-490-6739 or check www.riolodance.com

Sundays:

[Continental Dance Club](#) weekly dance at Starlite Ballroom. Lesson 5:45-6:45 pm; Dance 7:15-10 pm. Info: call 767-4040.

Indy Swing Dance Club meets twice a month at Madam Walker Theater. For more info, call 691-1239 or check indyswing.org

Dance Indy Swing Dance Club at Riolo Dance. from 2:00-6:00 pm on selected dates. See web site.

February 2017

No dances until March see [Indy Dancers](#) or call Dance Line 767-5665 for information

Saturday, Feb. 11 **Heartland Valentine Dance** at [Riolo Dance Studio](#) (see flyer)

Saturday, Feb. 11 [Fort Wayne Dancesport](#) Dance at IPFW's Walb Memorial Ballroom. Dance 7-11:00 pm. Call 260-485-6226

March 2017

Saturday, Mar. 11 [Fort Wayne Dancesport](#) Dance at IPFW's Walb Memorial Ballroom. 7-11:00 pm. Call 260-485-6226

Saturday, Mar. 11 Heartland St. Patrick's **Dance**

Saturday, Mar. 18 [Indy Dancers](#) Dance call Dance Line 767-5665 for information

Sunday, Mar 26 Indiana Roof Ballroom, Indiana All Stars Orchestra, 5-9 pm, \$14 per person, 317-326-1870.

For an additional list of dancing opportunities, please visit our website at:
<http://www.indyusadance.org/local-resoure>

February 11 – Valentine Dance

7:30 pm – Lesson – Waltz

Instructor: Gert Roslender

Dance: 8:30 – 10:30 pm

Exhibition: TBA

Cost: \$8 mbrs \$12 guests; students \$8

DJ: Roger Greenawalt

Location: Riolo Studio 502 N. Capitol Ave, 2nd F

Open Monthly Dance

March 11 – St. Patrick's Dance

7:30 pm – Lesson– Cha cha

Instructor: Xavier Medina

Dance: 8:30 – 10:30 pm

Exhibition: TBA

Cost: \$8 mbrs \$12 guests; students \$8

DJ: Larry Gogel

Location: Riolo Studio 502 N. Capitol Ave, 2nd Fl

Open Monthly Dance

Heartland Ballroom Dancers

564 Conner Creek Dr. Fishers 46038

Fishers, IN 46038

Advertising Rates	
Full Page:	\$50 per month
Half Page:	\$25 per month
Qtr. Page:	\$15 per month
Business Card:	\$7 per month
Call the (317) 849-6373 for further details.	
Rates for long-term contracts negotiable.	

Published monthly by Heartland Ballroom
Dancers

Chapter #2022 of USA Dance Inc.

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Nancy Dew, Editor

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