

Volume 22 Issue 12

December 2015

NEWS FROM HEARTLAND BALLROOM DANCERS, CHAPTER #2022 OF USA DANCE INC

From the Heart (President's & VP Message)

By Larry Gogel & Anna Kovalyova

Greetings, Dancers!

Christmas is upon us! Join Heartland in Christmas celebration during our **December 12**th party. We will have pitch in dinner, several outstanding exhibitions and prizes. There will be no dance lesson.

Breaking News:

Heartland Chapter is awarded the title of the District Chapter of the Year for 2015!!!

As a reminder, there are a total of 11 Chapters reporting to District 3.

As the award winner for our District, Heartland Chapter is nominated for consideration for the "National Chapter of the Year for 2015" along with ten other district chapter award winners. We will keep our fingers crossed! In the meantime, **come to Heartland's Christmas party and help us celebrate this incredible achievement!**

During our monthly **raffle**, we will have a special prize – **two free tickets to the "Mystery of Irma Vep" comedy at the Indiana Repertory Theater**, donated by Anna Kovalyova. As a reminder, all the proceeds from the raffles go to finance our ballroom kids dance lessons at KDO.

Our free raffle will be for Health and Wellness Gift Certificate donated by Dr. Hyde at Elite Chiropractic, Carmel.

Heartland's New Year's Eve Pitch-In Dinner Dance and KDO Fundraiser

Heartland will host a New Year's Eve party on **Dec 31**st, **2015 at Riolo from 8pm to 1am.** A portion of the net proceeds will go to fund Heartland's ballroom lessons at KDO in 2016.

Tickets are \$20 / \$25 If Not Bringing a Dish

Heartland will provide desert, sparkling cider and noise makers.

Please bring a dish to help us celebrate in style.

Special exhibitions and prizes throughout the evening!



We don't have any community exhibitions scheduled for December, but we are working on an exciting line-up for 2016, including exhibitions at the Arts Garden and Girls Inc!

We had a very busy year. Below is a brief **summary of** what the Heartland was able to accomplish in **2015**:

- Launched Ballroom lessons for kids through KDO (Kids Dance Outreach) and conducted 3 sessions
- Organized 9 Community Exhibitions, including exhibitions at the Arts Garden, Indiana Women's prison, retirement centers, fellowships and an outdoor park.

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- Combined Heartland's and Continentals' Homecomings at the Indiana Roof
- Provided volunteers for NAIS and IndyOpen ballroom competitions
- Heartland's Ballroom Technique Workshop was sold out for 2 years in a row
- Average Attendance at our monthly dances increased by 11%
- Took an active part in Special Olympics training, competition and Ballroom Bash Fundraiser

We thank everyone who took an active part in our programs. We could not have done it without you!

To read the detailed summary of Hearltand's 2015 accomplishments, visit http://www.indyusadance.org/articles-of-interest/feature-stories/chapter-of-the-year-submission/

In addition, Heartland would like to explore several new projects and to enhance some existing ones in 2016, including:

- Expand the number of Ballroom lessons for IPS kids through KDO
- Host an annual fundraiser for kids-related dance programs
- Ballroom dance lessons for home school kids
- Program for Riley Hospital for kids
- Other kids-oriented dance programs for needy kids, such as Children's Bureau and Ruth Lilly Women and Children's Center
- Collegiate dance program
- Formation classes with participants performing at Heartland's exhibitions
- Expand Special Olympics beyond Hendricks County to Central Indiana
- Launch Ballroom lessons for IWP inmates
- Heartland is applying to be part of the Indy Fringe Festival

We are very grateful for the support we get from our members, non-members and all the incredible friends we've made in our community.

November dance activities:

We would like to thank everyone who came to the Heartland's **November Volunteer Appreciation Dance party** and helped us honor our volunteers. We had a great time!

Nancy Dew was unanimously named by the Heartland Board as the Chapter Volunteer of the Year. This year alone, Nancy has been combining her duties as a Secretary with being Heartland's Newsletter Editor and Membership Coordinator. Nancy does not miss a single Heartland dance party. She volunteers to decorate the dance studio, set up the food table, and clean it after the party. Nancy works as a door greeter whenever necessary. She is also a constant presence at all Heartland's special events, working the door and helping with any and all preparations. Nancy volunteers at all competitions that take place in town, including this year's Indy Open and North American Imperial Star DanceSport competitions.

Nancy is very enthusiastic about her volunteer duties. She is full of ideas, and helps out the new Board members by sharing her wealth of knowledge about Heartland's history and which projects or approaches worked in the past and which did not. Thank you, Nancy, for all your hard work and years of dedication to USA Dance!

We submitted Nancy's nomination for consideration as the District Volunteer of the Year. Scroll down to read full story on Nancy's many contributions to ballroom dancing!





Separately, **Ron Wright** was presented **a plaque for his 20+ years** of continuous service and dedication to the Heartland Ballroom dancers and to USA Dance; and for the promotion of ballroom dancing nationwide and abroad. As was announced earlier, Ron is retiring from the Heartland Board to pursue his many other interests and passions, including his Board position at the Indianapolis Yacht Club. We'll miss you, Ron!

Special thanks go to our November instructor, Xavier Medina, who taught Samba lesson for us. As always, the summary of our group lessons can be viewed on our website: http://www.indyusadance.org/videos/ Check it out!

Thanks to all of our volunteers: Becky, Nancy, Anna H, John, Anna K, Larry, Gordon, Jeff, Efim for helping us with the party preparations and with running the party smoothly. Special thanks go to our DJ, Rog, who provided a wide variety of danceable music for us; and to Dorit for her help with the raffle sales! We also thank our members who brought snacks to the party. If you have time and would like to help us at our future parties, please let **John Graves, Heartland's Social Dance Coordinator**, know. We can always use your help!





Our raffle for a **complimentary private lesson with Xavier** was won by **Terry Yen**. We thank Xavier Medina for donating the gift certificate to us. Our free raffle for one **admission to Heartland's Christmas party** was won by **Alexis McCall**. Congratulations to our winners!

The **NAIS competition** took place **on Oct 29-31**st at the Sheraton Indianapolis at Keystone Crossing, and many Heartland competitors tried their dance skills in it. Some of the Heartland competitors attended **Chicago Challenge DanceSport** competition on the same weekend.





Heartland performed at the **St Luke's Elderberries' on Nov 5th**. This was our second time at the Elderberries, and we enjoyed the warm welcome. Moreover, Heartland received \$100 donation from the Elderberries. We are very grateful to our friends at Elderberries for their generosity.

Several Heartland dancers performed at the Best of Ballare Fall Showcase on Nov 7th.











The Fall KDO Graduation Showcase took place on November 10th AND 11th at the Athenaeum.



Congratulations to all the newest KDO Graduates! To view broader coverage of the event, please visit $\underline{\text{https://www.facebook.com/KDOIndy/?fref=ts}}$

Heartland performed at the **Arts Garden on Nov 28th**, **4-5pm.** Our dancers were joined by the performers from Naptown Stomp. We had a lot of fun!



Chapter Volunteer of the Year - Nancy Dew

Written by Ron Wright and Rog Greenawalt Edited by Amy Clark

Nancy Dew is one of those rare volunteers who don't come along very often; she has been a key member of the Heartland Chapter not for a couple of years, but for a couple of decades. Most of that time she has served on the chapter's board in a variety of positions including president, vice president, secretary, and general board member.

Whatever the type of occasion—visits to nursing homes, retirement centers, lifestyle expos, and other events—Nancy has been there, working and/or dancing. At the Daytona Beach dance functions of years past, she set up the workshops, which was a huge task involving approximately 30 professionals. She has assisted with the Ohio Star Ball, helping with collegiate registration, for example, another enormous undertaking.

She was in charge of organizing one of Heartland's regular competitions and was an instrumental part of the organizational team for the very successful 1998 Nationals held in Indianapolis. Nancy also has coordinated Heartland's newsletter for well over a decade. She has given generously of her time to help build the USA Dance dance community in central Indiana.

No job has been too small or too big for Nancy–from helping local female competitors with makeup application techniques to working the door at an annual ballroom fundraiser drawing upwards of 300 people. And through it all, she has seldom missed a Heartland dance....

Nancy has traveled extensively within her home state of Indiana and also outside of it as an ambassador of dance. In addition to the Heartland Chapter of USA Dance, she has been a member of several other Indianapolis dance clubs.

Nancy, simply put, is the type of person that every chapter would be lucky to have--Someone always willing to lend a helping hand, year after year after year after year. Her efforts certainly have been appreciated by those she has touched and are deserving of wider recognition.





Heartland USA Dance Christmas Pitch-In Dinner Dance

Saturday, December 12, 2015 Riolo Dance – 502 N. Capitol 7:00 – 11:00 PM No Lesson

Doors Open at 7:00 PM - Dinner at 7:30-8:30 PM Dancing 8:30 p.m. – 11:00 p.m.

Special Exhibitions

Bring a dish or pay extra \$5 to offset food costs.

Nancy Dew will be coordinating the food.

Please call 849-6373 / E-mail dewn@juno.com



Admission: \$12 (Student: \$8)

For More Information Call: 812-333-3040 or email: Igogel@gmail.com or website: www.indyusadance.org



Christmas Dinner/Dance

Saturday, Dec. 12, 2015

Lesson: None Exhibitions: TBA

Door Opens: 7:00 Dinner 7:30 - 8:30 p.m.

Dance: 8:30 – 11:00 p.m. DJ: Rog Greenawaltrr

Location: Riolo Studio, 502 N. Capitol 2nd Flr Adnission: \$12 + Bring a dish or pay \$5 extra

DJ: Rog Greenawalt

Location: Riolo Studio, 502 N. Capitol 2nd Flr For more information, call 849-6373 or 759-0171

Open Monthly Dance

2015 Dance Schedule

Dances will be the 2nd Saturday of each month at Riolo Studio:

December 12 Christmas Pitch-in Dinner/Dance

2015 Board of Directors

President Larry Gogel 759-0171

e-mail: lgogel@gmail.com

<u>Vice President</u> Anna Kovalyova

Non-published

e-mail: annaktoots@yahoo.com

Secretary Nancy Dew 849-6373

e-mail: dewn@juno.com
Treasurer Gordon Winter 908-4577

e-mail: gordyw@sbcgglobal.net

Board of Directors:

 Jeff Burgardt
 584-3048

 John Graves
 702-6397

 Anna Herkamp
 752-2631

 Ron Wright
 257-4954

 Dave Rogers
 697-3457

The Next Board Meeting is Monday, Dec. 14, 2015 at 6:15 pm at the Downtown Library. Call Larry for more information.

2015 Committees (See web site)

Your chapter needs your help! We need chairmen in several areas. Remember a chairman coordinates the activity but does not necessarily perform all the duties! If you would like to work on any of these committees, please call Larry at (317) 759-0171.

We can always use volunteers at the dances. If you are interested in performing for our chapter dances or have an

instructor suggestion, please email Anna K. Want to earn Free Admission? If you work the door or do the food set-up, your admission is free.

Member News

Please notify the editor of member events, accomplishments and/or special recognition. We can't print information if we don't know about it! We don't want to overlook anyone!

With heartfelt sympathy, the dance community lost another member on November 24 with the passing of **Barbara Fox Schmidlin.** A former member of USA Dance & USABDA as well as Continental and other dance groups, she will be sorely missed.

As of 12/5/15, Heartland Chapter had 157 members, with 39 delinquent. All competitor memberships (adult and collegiate) expire at year end.

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THE CHAPTER DOES NOT GET TO KEEP any of your dues money—it all goes to Central Office. We operate based on what we make on dances, competitions, etc. and advertising funds our newsletter. This is different from all the other local dance clubs. We are classified a 501-3(c) non-profit organization.

Competitor's Corner

To share your results email Rog Greenawalt at bolerogreen@juno.com.

To view pictures of our competitors on line, please visit Heartland Facebook:

https://www.facebook.com/pages/USA-Dance-Chapter-2022-Heartland-IN/494575663941501



Continental Club Dance Schedule for December Dance Lesson 5:45 - 6:45 pm Dancing 7:15 - 10:00 pm DANCE Lesson – Cha Cha LARGE BALLROOM

Beginner Lesson: 5:45-6:45 PM Beginner Lesson – Cha Cha SMALL BALLROOM

| Dec. 6
Dec. 13
Dec. 20
Dec. 27 | DEC. Mike McCarty Dave Lowe Blue Notes CD's |
|--|--|
| Jan. 3
Jan. 10
Jan. 17
Jan. 24
Jan. 31 | JAN
Mike McCarty
Blue Notes
Sundown
Dave Lowe
Brass & Ivory |

January Lesson – TBA Continental Dance Club

Member Classifieds

E-mail of personal information for members and non-members is confidential and for the exclusive use of USA Dance officials and designees and may not be shared, sold, or rented without the prior approval of the USA Dance Governing Council.

Heartland Ballroom Dancers does not endorse any particular studio or instructor but recognizes that good instruction is available from a variety of people throughout Central Indiana.

Newsletter Deadline

The *Heart and Sole* submission deadline is the <u>20th of the month</u>. Call Nancy at 317-849-6373 to be included.

Please keep your addresses up-to-date. It is very important that you keep your e-mail address up-to-date with your chapter Newsletter Editor and Membership Chairman. Send changes to the editor who will forward them to National Membership or update yourself online.

Don't forget to let us both know.

Dress Code Reminder

Please remember that appropriate dress for our chapter dances includes: slacks/skirts, nice shirts/blouses, dresses and dance shoes. Please do not dance in bare feet. On occasion we modify the dress code for special theme dances but when we do so, we will announce it in our newsletter and on the web site.

Web Sites of Interest

(see our web site www.indyusadance.org/local-resources)







FIRST LESSON

For new students we offer one Free 30-minute dance lesson and dance consultation. Use your lesson solo or share it with a partner!

Home of Gert & Kirsti Roslender

At Aurelia Dance Studio we will teach you different styles of dance including International Ballroom, International Latin, American Smooth, American Rhythm and Social Dancing.

Come with or without a partner and allow us to show you just how much fun, and easy dancing together can be! You can check us out at our new Westfield location or our website.



3198 E. State Road 32 Westfield, Indiana 46074

www.aureliadancestudio.com



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Indy's Most Exciting Dance Venue!





Ballroom Latin Argentine Tango Swing Salsa

Group and Private Lessons Experienced Instructors No Contracts

Open Dance 12/6, 19, 26 & 1/2 7:30 - 10:30 p.m.

USA Dinner/Dance 12/12 7:30 - 11:00



www.riolodance.com

317-490- 6739 Check out our Full Calendar on Web Site 502 N. Capitol Avenue (2nd Floor)



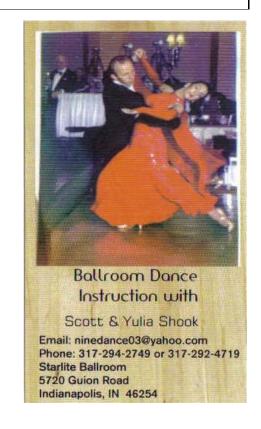
Therapeutic Massage for Ballroom Dancers

Relieve tension before & after hitting the dance floor

30 - 60 - 90 min

Tami Gastineau, CMT 317-205-6836 T.gastineau@yahoo.com

819 E. 64th Street, Suite 228 Indianapolis, IN 46220





Celebrate New Year's Eve With Heartland's Fundraising New Year's Dance Pitch-in

50% of Proceeds Help Fund Kids Dance Outreach (KDO)



December 31, 2015

Dancing · Dessert Prizes · Pitch-in Food



Riolo Dance, 502 N. Capitol (Capitol & Michigan)

\$20 Per Person / \$25 If Not Bringing a Dish Dancing 8:00 P.M. to 1:00 AM



Make Check Payable to USA Dance, Inc.
Mail to: Larry Gogel, P.O. Box 2085, Bloomington, IN 47402
For Questions: Call: 317-759-0171 or Email: Igogel@gmail.com

Heartland USA Dance January Workshop & Dance Party With JOHN BERRY and RAUNO ILO

4 Amazing Technique Lessons: Session 1 (2-4pm):



- Picture Figures: Uses, Entries to & Exits from (Waltz, Foxtrot, Tango, QS)
- Cha-Cha and East Coast Swing: Differences in Technique (Chasses, Rocks, U/arm Turns, Spin Turns, Fallaways)

Open Practice (4-4:30pm)

Session 2 (4:30 - 6:30pm)

- Viennese waltz: How to Dance Like a Pro
- Rumba:

How to Get That Body Moving

Saturday, January 16, 2016
Alternate Snow Date: Saturday, January 30
Starlite Ballroom, 5720 N. Guion Road

\$15 / lesson or \$45 for All 4 lessons + Admission to Evening Dance Full-time students: \$10 / lesson or \$30 for 4 lessons + dance **USA Dance Membership Not Necessary**

Evening Dance: 7:30 - 11:00pm

Evening Dance Admission: USA Dance Members: \$8 / Student:\$6

Non-members: \$12 / Student: \$8

To purchase tickets, see Larry or Anna; or make check payable to USA Dance, Inc. and mail to: Larry Gogel, P.O. Box 2085, Bloomington, IN 47402

For more information: 317-75

NEW YEAR'S EVE

DECEMBER 31, 2015 8pm - Iam

JOIN US FOR A NIGHT OF FUN, DINNER & DANCING

FULL BUFFET DINNER & DESSERTS
CHAMPAGNE AT MIDNIGHT

CASH BAR (wine, beer, soft drinks, juice, water)



Show by 2015 World Professional
10 - Dance Finalists
Jonas Kazlauskas and Kathleen Ilo





MUSIC BY D.J. ROGER GREENAWALT TICKETS \$60.- PER PERSON

Checks payable to Starlite Ballroom Mail to: 5720 Guion Rd, Indianapolis, IN. 46254



FOR RESERVATIONS CALL: (317) 430 - 5029

starliteballroom@comcast.net

Our new website: www.IndianapolisDanceLessons.com

RON'S <u>SUNDAY NIGHT</u> DANCE



at the ATRIUM 3143 Fast Thompson Road, Indianapolis



1st and 3rd Sunday of each month

Dates are listed below.
*Please note day / date changes for 2015 DECEMBER
and in 2016 January & February

SINGLES & COUPLES WELCOME

Doors Open: 5:45 p.m.

Dancing: 6:00 p.m. to 10:00 p.m.

ADMISSION \$10.00

Dress Code – Casual (No tank tops or shorts, please)

Cash Bar Open: 6:00 p.m. to 10:00 p.m.

(All beverages must be purchased at the Atrium)

MUST BE 21 OR OVER TO ATTEND

BRING YOUR OWN TABLE SNACKS . Chips and Pretzels will be furnished

Mix of Music by DJ Ron Fentz

East Coast Swing, Cha-Cha, Free Style, Waltz, Fox Trot, Line Dances (Single & Couples), Jitterbug, West Coast Swing, Night Club 2, Love Songs

REMAINING 2015 DANCE DATES BEGINING 2016 DANCE DATES

January 17 (3rd Sunday) & 31 (5th Sunday) February 14 (2nd Sunday) & 21

December 13 (2nd Sunday) & 20 *Merry Christmas*

March 6 & 20

** Please note day / date changes 2015 - December and in 2016 - January & February**

For more information, contact Ron Fentz at 317.881.3750 or 317.443.4462 or ronfentz@aol.com

BOOGIE BEAT

A Listing of Places to Dance in Central Indiana. Call to see if the events listed are being held before going.

Tuesdays:

Tango Indy meets every week at <u>Riolo Dance</u> for Argentine Tango lessons and practica – See <u>www.tangoindy.com</u> for details. *Indy Dancers* meet at various locations. Call Dance Line 767-5665 for information.

Wednesdays

IS Dances (formerly Indianapolis Senior Center Dances) - Riolo Dance Studio, 2nd Floor (w/elevator): Wednesdays- Group Lesson 11 AM, Dance 1:00 PM - 3:00 PM.

Thursdays:

Tango Indy meets every week at Riolo Dance for Argentine Tango lessons and practica – See www.tangoindy.com for details.

<u>Fridays</u>: (selected dates unless noted–see web sites for exact dates)

Dean & Company @Academy of Dance Arts (121st & Cumberland) 8-10 pm. See ADAdancers.com

Fred Astaire Indy North, 820 E. 116th & Guilford 317-207-9191: Open dance 9-11 pm \$10; drinks & snacks free.

Starlite Ballroom, 5720 Guion Rd., Open Dance 7:30-10pm, \$10/person including lesson & snacks. Info call 299-4740

Ballare Ballroom, 111 Medical Drive, Carmel 46032, 7:30-10:30pm, \$10 incl lesson & snacks, 317-698-8535

Aurelia Dance Studio (Roslender), 3198 E. State Road 32, Westfield, IN 46074.Website: http://www.aureliadancestudio.com/
- tel. 317-496-5254 Open dances on selected Friday nights. Call for schedule.

Any Swing Goes dances will be on selected Friday nights; Contact Charlotte Heiney at 317-445-5224 for more info *IS Dances* (formerly Indianapolis Senior Center Dances) - Riolo Dance Studio, 2nd Floor (w/elevator): Fridays - Lesson 5:45 PM, Dance 7 - 9 PM www.MonicaLung.com (317) 590-2655

Saturdays: (selected dates – see web sites for details)

<u>Riolo Dance Studio</u> --502 N. Capitol (second floor) for more info, call 317-490-6739 or check <u>www.riolodance.com</u> *E.O,M Dance* – Starlite Ballroom, Cancelled until further notice.

Sundays:

Continental Dance Club weekly dance at Starlite Ballroom. Lesson 5:45-6:45 pm; Dance 7:15-10 pm. Info: call 767-4040. Indy Swing Dance Club meets twice a month at Madam Walker Theater. For more info, call 691-1239 or check indyswing.org Indiana Rebels Swing Dance Club at Riolo Dance. from 5:00-9:00 pm on selected dates. See web site.

Dec., 2015

| Saturday, Dec. 5 | <u>Indy Dancers</u> Christmas Dinner Dance at Greenwood Moose call Dance Line 767-5665 for information |
|-------------------|--|
| Saturday, Dec. 12 | Heartland Christmas Pitch-in Dinner & Dance at Riolo Dance Studio (see flyer) |
| Saturday, Dec. 12 | Fort Wayne Dancesport Dance at IPFW's Walb Memorial Ballroom. 7-11:00 pm. Call 260-485-6226 |

Jan., 2016

| Saturday, Jan. 16 | Winter Dance & Workshop at StarliteBallroom |
|-------------------|---|
| Saturday, Dec. 9 | Fort Wayne Dancesport Dance at IPFW's Walb Memorial Ballroom. 7-11:00 pm. Call 260-485-6226 |
| | information |
| Sunday, Jan. 31 | Indiana Roof Ballroom, Directors Dance Orch., 5-9 pm, \$14 person |

For an additional list of dancing opportunities, please visit our website at: http://www.indyusadance.org/local-resoures

Dec. 12-Christmas Pitch-in Dinner/Dance

Doors Open: 7:00 pm Dinner: 7:30 pm Dance: 8:30 – 11 pm Lesson – None Instructor: None Exhibition: Special

Cost: \$12

Bring a dish to serve 8 or pay \$5 extra

DJ: Rog Greenawalt

Location: Riolo Studio, 502 N. Capitol Ave, 2nd FI For more information, call 849-6373 or 759-0171

Open Monthly Dance

January 16 - Winter Dance

7:30 pm - Lesson - none due to workshop

Instructor:

Dance: 8:30 - 11 pm Exhibition: TBA

Cost: \$8 members; \$6 member students; \$12 non-mbers; \$8 non-mbr students

DJ: Larry Gogel

Location: Starlite Ballroom

For more information, call 849-6373 or 759-0171

Open Monthly Dance

Heartland Ballroom Dancers 564 Conner Creek Dr. Fishers 46038 Fishers, IN 46038

Advertising Rates

Full Page: \$50 per month
Half Page: \$25 per month
Qtr. Page: \$15 per month
Business Card: \$7 per month

Call the (317) 849-6373 for further details. Rates for long-term contracts negotiable.

Published monthly by Heartland Ballroom Dancers Chapter #2022 of USA Dance Inc. 564 Conner Creek Dr. Fishers, IN 46038 Nancy Dew, Editor 317-849-6373

E-mail: dewn@juno.com