



# Heart and Sole



Volume 23 Issue 8

August 2016

NEWS FROM HEARTLAND BALLROOM DANCERS, CHAPTER #2022 OF USA DANCE IN

## From the Heart (President's & VP Message)

By Larry Gogel & Anna Kovalyova



Greetings, Dancers!

August is our Summer dance, and we are looking forward to another exciting party! Our August instructors will be **Rob and Melissa Jenkins** who will teach an **American Tango** lesson for us.

During the party, we will have a surprise dance exhibition for you.

For our **paid** raffle, we will have another **ticket for a free admission to the Riolo Showcase** that will take place on **Saturday, September 24** We thank Marie Roach for her generosity.

## Upcoming Dance Opportunities:

- **Sat, Aug 13, 3 – 4pm** – Heartland's exhibitions at the **Indiana State Fair** (Subaru Dance Stage, IN State Fairgrounds, 1202 E 38th St, Indianapolis)

- **Sun, Aug 21, 5-9pm** – Heartland and Continentals' Joint **Homecoming** & Exhibitions at the **Indiana Roof**

- **Sat, Sep 24<sup>th</sup>** – Riolo's Fall Showcase



## Attention, Heartland Dancers!

Riolo Dance studio has invited Heartland dancers to take part in its upcoming Fall Showcase that will take place on Saturday, September 24, 2016.

If you would like to perform at the Riolo Showcase, please let Anna K or Larry know.

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## Board Election:

Heartland will hold **Board Election** during its **November 2016 dance**..

We are looking for motivated individuals who would help us grow and improve our Chapter.

If you are passionate about dancing, enjoy working with like-minded people and would like to see our dance community grow, we would love to hear from you!

Per USA Dance National policy, each Chapter Board should consist of a minimum of 7-9 Board members. Once elected, the Board members vote to assign each member to individual Board positions.

Please scroll down to view the description of each position.

### Current composition of Heartland Board:

- President: Larry Gogel
- Vice President: Anna Kovalyova
- Secretary: Nancy Dew
- Treasurer: [Vacancy](#)

### Directors at Large:

- Jeff Burgardt
- Dave Rogers, Communications Coordinator
- Dorit Tomandl, Volunteer Coordinator
- Amy Greenawalt, Membership Coordinator
- [Vacancy](#), Special Project Coordinator (interim: Anna Kovalyova)
- [Vacancy](#), Social Dance Coordinator (interim: Larry Gogel)

The Directors-At-Large rely on the help of other volunteers and are encouraged to form Committees to support their functions.

Interested candidates should email Larry Gogel, Heartland President, at [lgogel@gmail.com](mailto:lgogel@gmail.com)

## Obituary:

Marie Roach's father passed away on June 16, 2016. The Heartland Board made a donation to the IU Simon Cancer Center for Miles for Myeloma in memory of Charles A. Riolo. Our condolences go out to Marie and her family.

You can read the obituary at <http://www.maroccofc.com/notices/Charles-Riolo>.

If you'd like to make a memorial gift, it can be made to the Missionary Fund of The Church of Jesus Christ of Latter-day Saints at [www.ldsphilanthropies.org/missionary.html](http://www.ldsphilanthropies.org/missionary.html) or to IU Simon Cancer Center for Miles for Myeloma. Make checks payable to: IU Foundation and mail to IUF; PO Box 7072; Indianapolis, IN 46207-7072. Indicate "In memory of Charles A. Riolo" on the memo line. Donations can also be made online at [www.cancer.iu.edu/m4m](http://www.cancer.iu.edu/m4m).

### July dance activities:

Heartland's July 9 dance party went really well, with 48 members and guests in attendance. We had a great East Coast Swing lesson taught by **Stacey Poe**.



Welcoming our guests



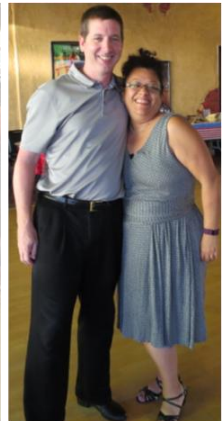
Our DJ Rog taking a sneak peek at the snacks



Dance Training Starts Early

During the party, we had 1 dance exhibition: a super cute Hat and Cane routine by Sonny Smith and Marilyn Sutherlin. We wish to thank our performers for sharing with us their dance skills, their fun choreography and great costumes! Thank you to all who came to the party - we appreciate your continuous support.

More pictures from the July Party:



Our July raffle for a free admission to September 24 Riolo Showcase was won by **Larry Gogel**. We thank Marie for donating the gift certificate to us. Congratulations to the winner!





Thanks to all of our volunteers: Nancy, Anna, Larry, Amy, Roger for helping us with the party' preparations and clean up, and with running the party smoothly.

- **Wed, June 29, 6:30pm** - Exhibitions and Dancing at the 2nd Annual Senior Prom at the Northridge Retirement Center in Fishers. The residents LOVED having us last year, and were thrilled to have us back. This year, Heartland's participation was kept a secret from the residents until the last possible minute, and our appearance was a huge and welcome surprise.

A big thank you to all the participants for making the senior's prom a wonderful experience for the residents. It was a great evening, filled with beautiful dancing and lots of smiles.



Heartland Dancers at Northridge



Northridge residents attending our performance



Elizabeth B,  
Northridge Activity  
Coordinator



Performing at Northridge



- Fri, Jul 8, 7:30 – 11:30pm - the 21<sup>st</sup> Annual **Big Ballroom Bash** Fundraiser for Special Olympics dancers at Murat Theater.



SO Dancers and their Partners



Monica and Bill

We got the following **thank you note** from Anita Patrick: “As a mother to an SO competitor, I want to thank you for supporting our athletes. The fundraising is important, but giving our dancers the opportunity to perform is appreciated. Thank you Heartland US Dance Chapter for your support. I enjoyed the entire evening.”



After the performance



Bash MC, Candi



Bash Co-Organizer, Rog



- **Sat, Jul 30, 1 - 2pm** – Heartland’s exhibitions and dance lesson at the **Children’s Bureau** - see pictures in the September issue.

- **Sat, Aug 6, 9am - 4:30pm** – **Special Olympics Ballroom Competition**, Fort Wayne, IN

To view more pictures from these and other Heartland performances, please visit our website:

<http://www.indyusadance.org/photos/>

or Facebook:

<https://www.facebook.com/pages/USA-Dance-Chapter-2022-Heartland-IN/494575663941501>

## **USA Dance Chapter Board Position Descriptions**

Reference Bylaws Article XII, Sections H-K for the official position description for chapter officers.

### **Responsibilities of Chapter Officers:**

#### **Chapter President**

- Presides at all membership and board meetings.
- Sees that the orders and resolutions of the board are carried out and have other authorities and responsibilities as assigned by the board.
- Serves as Chapter contact for National USA Dance and the public or designates another Board member to handle this responsibility.
- Ex-officio member of all committees, except the Nominations & Elections Committee
- Completes with assistance of outgoing board and/or other Board members, the Chapter Annual Report. Reviews and signs the Chapter Year End Financial Report.
- Sees that information provided by National USA Dance via email, phone or mail is disseminated to others on the Board and membership as appropriate or designates another Board member to handle this responsibility.

#### **Chapter Vice President**

- Acts in place of President in his/her absence or incapacity.
- In event of a vacancy in the office of President, VP assumes Presidency.
- Performs duties as designated by the President or Board of Directors.
- May be assigned to guide the board on managing the nomination and election process using the USA Dance bylaws, Article XII and Election Procedure.

#### **Chapter Secretary**

- Keeps minutes of all membership and Board meetings.
- Records all votes and all actions taken by the Board between meetings, at meetings as well as via email or phone conferences.
- Corresponds with other individuals and organizations on behalf of the chapter.
- Distributes minutes of meetings to Board members within reasonable time following meetings.
- Is responsible for notifying USA Dance Central Office of any changes in Board members.

### **Chapter Treasurer**

- Trustee of all monies – Collects all dues and money due the Chapter.
- Responsible for collecting and depositing all chapter monies, sign all chapter checks, draft, and notes.
- Treasurer maintains accurate and complete financial records including all deposits and expenditures, and signs all checks in accordance with procedures provided by the national organization.
- Develops an annual budget for approval by the Board and reports budget overages and shortages.
- Reports expenses and income by chapter program
- Presents to Chapter board a financial summary at each meeting.
- Prepares annual financial report to be submitted to the Nation

### **Directors-at-Large – Coordinator Assignments:**

#### **Communications Coordinator**

- Has oversight for publicity, website, email, Facebook, flyers, newsletter, etc. through volunteers or committees.
- Submits annual budget request to support communications programs.
- Develops and presents plans to the board to support promotion of chapter events.
- Solicits, writes and edits articles and ads for chapter newsletter (hardcopy, email, etc.).
- Posts chapter events to media and community online calendars and social media.
- Designs and prints flyers for chapter activities.
- Submits event information and news releases to the media.
- Coordinates contact with chapter members about regular events via email, mail, or cell.
- Monitors development and updating of a chapter website and social networking sites.
- Coordinates at least annually communications to dance studios, independent instructors, dance clubs, and others to reduce scheduling conflicts and to create a harmonious dance community.

#### **Membership Coordinator**

- Prepares chapter event attendance reports by event and submits data as required.
- Presents a report on membership data and trends at each board meeting.
- Conducts chapter quality surveys at least annually to learn member and nonmember preferences. Provides survey results to the board to guide the board in making effective business decisions.
- Verifies the accuracy of the membership list maintained by the National Membership Director's Office.
- Notifies National Membership Director of member contact information changes.
- Provides address labels and member contact information as required to coordinators and committees.
- Provides a supply of membership applications at chapter events and promotes USA Dance membership to non-members and dance industry professionals.
- Develops membership drives and programs to recruit new members and retain existing members.
- Contacts delinquent members (within 2 months of expiration date) to invite them to renew.

### **Social Dance Coordinator**

- Oversees chapter social dance events and hospitality through volunteers and/or committees.
- Presents plans for chapter dances to the board for advance approval.
- Submits annual budget request to the board to support dance expenses.
- Coordinates dance facilities/venue selection.
- Arranges for dance instructors for pre-dance beginner group lesson.
- Arranges for a music provider for the social dance events.
- Coordinates volunteers assigned to work a chapter event: set up/clean up, decorations, admissions-ticket sales, refreshments, information/handout table, dance hosts, etc.

### **Special Events Coordinator**

- Develops and implements plans for special events through volunteers, such as:
  - o workshops & beginner lesson programs
  - o youth K-12 and college programs
  - o annual membership meeting
  - o National Ballroom Dance Week events
  - o Charity or fund raising project
  - o dance camp
  - o black tie or formal dance event
  - o public dance demonstrations
  - o community outreach – dance exhibitions at hospitals, senior centers, schools, etc.
  - o chapter dancesport competitions
- Submits event plans and the annual budget request to the board to support each program.
- Establishes committees to organize special events.

### **Volunteer Coordinator**

- Encourages all members to participate in a volunteer pool to support their chapter.
- Creates a program to recruit volunteers based on their availability and interest, such as:
  - o Help at social dance event once or twice a year for 30 – 60 minutes,
  - o Work on an ad-hoc committee for a 1 to 4-month project such as the Nomination & Election Committee or charity dance committee, or
  - o Work on a standing committee for an ongoing program such as School Dance Program or Outreach Program. These volunteers are apt candidates for the board Succession Plan.
- Maintains a database of prospective volunteers and ongoing volunteers.
- Presents a report on the status of the chapter volunteer pool at each board meeting.
- Submits annual budget request to the board for the chapter volunteer award program, etc.
- Supports the various coordinators by recruiting the volunteers needed and is a resource for the Chair of Nominations & Election.
- Develops an annual Chapter Volunteer Award Program and an award ceremony for recognition of volunteers.



# How Ballroom Dancing Makes You a Better Person

By [Ian Crewe](#) -  
August 4, 2015



Most people will agree ballroom dancing is good for you – improved stamina, greater flexibility, improved brain power, what's not to like? Yet, even more important than the obvious benefits are the subtle changes it makes to the kind of person you *are*, as you go through life seeking ever better ways to make it all worthwhile.

This is by no means a full list, just a few of the more important ones that help you with your relationships, your hardships, and your views on life in general.



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### How to Work with Others

In any relationship when you live with your partner, who does all the chores? Hopefully, you each do some of them, and so form a harmonious relationship together. To keep your dance relationship harmonious, you learn that you each have your roles to play – and the partnership suffers if either of you do more or less than that. Recognizing that the other person needs equal responsibility to feel like an equal partner is one of the key contributors to all healthy relationships.



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### How to Work Hard

If you plan to become even a half-competent dancer, get ready to sweat. Dancing, like most professions, gives back as much as you put in, and the rewards can be tremendous if you keep moving forward. Learning to focus on the goal, celebrating the small victories, and reaffirming this is what you want keeps you in the game long after others would have given up.



Egorich.ca DanceSport



## How to Stay Calm and Carry On

Sometimes, you're going to have days where your feet don't seem to belong to you, when every step seems awkward, you can't focus, you can't connect to the music or your partner. In a way, dancing is like meditation, in that it gives you a single goal to focus on, and the better your focus, the more you can ignore the stuff around you that doesn't matter. Because that's what those set-backs are: stuff that doesn't matter. It's important to train ourselves to take a step back and view these days against the bigger picture of our dreams. When we do, we remember that these frustrations are, after all, just a drop in the bucket, and will likely be forgotten a day or a week from now. Like Mumford & Sons sing in one of their popular songs: 'Hold on to what you believed in the light, when the darkness has robbed you of all your sight.'



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### How to be Proud of Yourself

Every skill you learn makes you more confident, more capable, more able to deal with the realities life throws our way. In time, this builds a sense of pride within yourself – you start to believe that you can conquer obstacles you haven't even seen yet, because you believe in the power of your determination. This is not to mean you can be lazy, but you are increasingly assured that your efforts are making a difference, and you will reap the benefits some day.



Egorich.ca DanceSport

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### How to be Yourself

Dancing is one of the oldest ways to show ourselves to the world. Most of us are afraid to do this, because we fear we are somehow broken inside, and the world will not like us. This affects every part of our interaction with others, because the mask is always in place, and it takes energy to maintain that disguise. But dance gives you a safe, socially acceptable way to *let you be you*, without fear of reprisal. As you get more in touch with yourself and gain confidence in your powers of movement, something beautiful starts to happen. You find you aren't as scared as you used to be, that it's liberating to let that playful, sexy, classy, etc. part of yourself out among your dancing buddies. You know they will accept you because, after all, they're dancing for the same reason.

Author: [Ian Crewe \[Dance-Envy\]](#)

Photography: [Egorich.ca](#)

*Exclusively for Dance Comp Review*



## Naptown Stomp (Lindy Hop Society)

### August Schedule



Thursday night August Lessons: 4-Week Lesson Series. Pre-registration \$45 for nonmembers (membership is \$25/person, and is good for 12 months). 7 - 8PM at Grove Haus in Fountain Square.

Stomping Grounds: Every Thursday night after our lessons we host an open dance. Come try out those new moves you learned or just enjoy a chance to dance away the mid-week blues to some hep tunes being spun by our local DJs.

When: Thursday, 8:00-10pm. Cost: \$5 (\$3 with membership).

Where: Grove Haus, 1001 Hosbrook St., Indianapolis, IN 46203

State Fair exhibitions: August 7<sup>th</sup> at 2:00 PM

August 12<sup>th</sup> Fountain Square has the Terry Lee Rockaboogie Band

The Red Room: Every third Tuesday of the month The Red Room and Naptown Stomp host a swingin' party! Doors open at 8:00 pm for drinks and food, a free 30 min beginner lesson at 8:30pm. Social dancing to DJ music: 9:00- 11:30pm.

Admission: \$5. Must be 21 to enter!

Where: The Red Room, 6335 Guilford Ave., Indianapolis, IN 46220

SwingIN Labor Day weekend— a three tiered class weekend workshop



### **August 13 –Summer Dance**

**Lesson: American Tango 7:30 pm**

**Instructor: Rob & Melissa Jenkins**

**Dance: 8:30 – 11 pm**

**Exhibition: TBA**

**Cost: \$8 members; \$12 guests**

**DJ: Rog Greenawalt**

**Location: Riolo Studio, 502 N. Capitol Ave,  
2<sup>nd</sup> Fl**

**Open Monthly Dance**

Dances will be the 2nd Saturday of each month at Riolo Studio

Except for January:

### **2015 Board of Directors**

**President** Larry Gogel 759-0171  
e-mail: lgogel@gmail.com

**Vice President** Anna Kovalyova Non-published  
e-mail: annaktoots@yahoo.com

**Secretary** Nancy Dew 849-6373  
e-mail: [dewn@juno.com](mailto:dewn@juno.com)

**Treasurer** Vacant

### **Board of Directors:**

Jeff Burgardt 584-3048  
Amy Clark Greenawalt 679-0752  
Dave Rogers 697-3457  
Dorit Tomandl 529-3008

**The Next Board Meeting is Thursday, Sept. 18, 2016 at  
6:00 pm—Virtual (call in) Call Larry for more information.**

### **2016 Committees (See web site)**

**Your chapter needs your help!** We need chairmen in several areas. **Remember a chairman coordinates the activity but does not necessarily perform all the duties!** If you would like to work on any of these committees, please call Larry at (317) 759-0171.

**We can always use volunteers at the dances.** If you are interested in performing for our chapter dances or have an instructor suggestion, please email Anna K. ***Want to earn Free Admission?*** **If you work the door or do the food set-up, your admission is free.**

### **Member News**

Please notify the editor of member events, accomplishments and/or special recognition. We can't print information if we don't know about it! We don't want to overlook anyone!

As of 8/5/16, Heartland Chapter had 129 members, with 0 new and 2 delinquent. All competitor memberships (adult and collegiate) expire at year end.



**THE CHAPTER DOES NOT GET TO KEEP any of your dues money—it all goes to Central Office.** We operate based on what we make on dances, competitions, etc. and advertising funds our newsletter. This is different from all the other local dance clubs. We are classified a 501-3(c) non-profit organization.

### **Competitor's Corner**

To share your results email Rog Greenawalt at [bolerogreen@juno.com](mailto:bolerogreen@juno.com).

To view pictures of our competitors on line, please visit Heartland Facebook:

<https://www.facebook.com/pages/USA-Dance-Chapter-2022-Heartland-IN/494575663941501>



**Continental Club Dance  
Schedule for August/Sept.  
Dance Lesson 5:45 - 6:45 pm  
Dancing 7:15 - 10:00 pm  
DANCE Lesson – Smooth & Rhythm  
Technique  
LARGE BALLROOM  
BEGINNER LESSON: 5:45-6:45 PM  
Beginner Lesson – Same  
SMALL BALLROOM**

	<b><u>AUGUST</u></b>
August 7	Blue Notes
August 14	Dave Lowe
August 21	(at the Roof
August 28	Mike McCarty

	<b><u>SEPT.</u></b>
Sept. 4	Brass & Ivory
Sept. 11	Blue Notes
Sept. 18	Sundown
Sept. 25	Dave Lowe

**Sept. Lesson – TBA  
Continental Dance Club**

## Member Classifieds

E-mail of personal information for members and non-members is confidential and for the exclusive use of USA Dance officials and designees and may not be shared, sold, or rented without the prior approval of the USA Dance Governing Council.

Heartland Ballroom Dancers does not endorse any particular studio or instructor but recognizes that good instruction is available from a variety of people throughout Central Indiana.

## Newsletter Deadline

The *Heart and Sole* submission deadline is the 20th of the month. Call Nancy at 317-849-6373 to be included.

Please keep your addresses up-to-date. It is very important that you keep your e-mail address up-to-date with your chapter Newsletter Editor and Membership Chairman. Send changes to

the editor who will forward them to National Membership or update yourself online.

**Don't forget to let us both know.**

## Dress Code Reminder

Please remember that appropriate dress for our chapter dances includes: slacks/skirts, nice shirts/blouses, dresses and dance shoes. Please do not dance in bare feet. On occasion we modify the dress code for special theme dances but when we do so, we will announce it in our newsletter and on the web site.

## Web Sites of Interest

(see our web site [www.indyusadance.org/local-resources](http://www.indyusadance.org/local-resources))

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**By Appointment (317) 408-9094**  
facebook.com/GECustomPerformanceApparel

## Bring snacks to share





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**FIRST LESSON FREE!**

For new students we offer one Free 30-minute dance lesson and dance consultation. Use your lesson solo or share it with a partner!



3198 E. State Road 32 Westfield, Indiana  
46074

[www.aureliadancestudio.com](http://www.aureliadancestudio.com)

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**USA Dance Summer Dance 8/13 7:30 - 11:00 p.m.**



[www.riolodance.com](http://www.riolodance.com)

**317-490- 6739**

**Check out our Full Calendar on Web Site**

**502 N. Capitol Avenue (2<sup>nd</sup> Floor)**



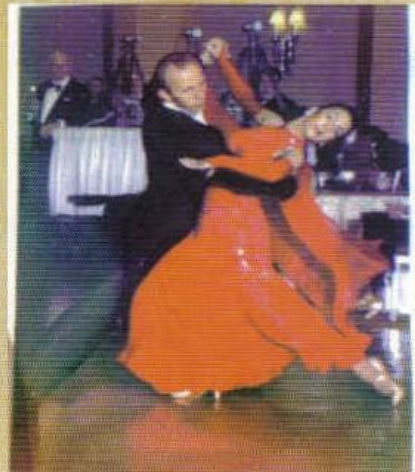
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Indianapolis, IN 46254



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Email: [ninedance03@yahoo.com](mailto:ninedance03@yahoo.com)  
Phone: 317-294-2749 or 317-292-4719  
Starlite Ballroom  
5720 Guion Road  
Indianapolis, IN 46254

# Join the Heartland Ballroom Dancers For Their National Ballroom Dance Week Kickoff Dance



**Saturday, September 10, 2016**



**at Riolo Dance**  
502 N. Capitol  
8:30 p.m. - 11:00 p.m.



**Salsa Lesson at 7:30 p.m. by Kyle Culmann of Latin Expressions**

**Dancers of all ages and skill levels welcome. Refreshments provided.**



**USA Dance Members: \$8 (Student: \$6)**

**Non-members: \$12 (Student: \$8)**

**For more information:**

**call:** 317-759-0171 **email:** lgogel@gmail.com **website:** [www.indyusadance.org](http://www.indyusadance.org)



# RON'S SUNDAY NIGHT DANCE



at the

## ATRIUM

3143 East Thompson Road., Indianapolis



**1<sup>st</sup> and 3<sup>rd</sup> Sunday of each month**

*Dates are listed below.*

*\*Please note date changes for January and February\**

**SINGLES & COUPLES ALL WELCOME**

Doors Open: 5:45 p.m.

Dancing: 6:00 p.m. to 10:00 p.m.

**ADMISSION \$10.00**

**Dress Code – Casual (No tank tops or shorts, please)**

Cash Bar Open: 6:00 p.m. to 10:00 p.m.

**(All beverages must be purchased at the Atrium)**

*MUST BE 21 OR OVER TO ATTEND*

*BRING YOUR OWN TABLE SNACKS • Chips and Pretzels will be furnished*

**Mix of Music by DJ Ron Fentz**

*East Coast Swing, Cha-Cha, Free Style, Waltz, Fox Trot, Line Dances (Single & Couples),  
Jitterbug, West Coast Swing, Night Club 2, Love Songs*

## **2016 SUNDAY DANCE DATES**

January 17(3rd Sunday) & 31 (5<sup>th</sup> Sunday)

February 14 (2<sup>nd</sup> Sunday) & 21

March 6 & 20

April 3 & 17

May 1 & 15

June 5 & 19

July 3 & 17

August 7 & 21

September 4 & 18

October (T.B.A.)

November (T.B.A.)

December (T.B.A.)

**\*\* Please note these date changes - January and February \*\***

\*\*\*\*\*

For more information, contact Ron Fentz at 317.881.3750 or 317.443.4462 or [ronfentz@aol.com](mailto:ronfentz@aol.com)



502 N. Capitol Avenue · Indianapolis

## **RIOLO SHOWCASE**

Saturday, September 24, 2016  
7 pm – 11 pm

Entertaining Routines, General Dancing

Includes Hot Hors D'oeuvres and Decadent Desserts

\$30 / \$25 Prior to September 15th

Call Marie (317) 490-6739 for a reservation

Seating is Limited



## BOOGIE BEAT

***A Listing of Places to Dance in Central Indiana. Call to see if the events listed are being held before going.***

### **Tuesdays:**

Tango Indy meets every week at [Riolo Dance](#) for Argentine Tango lessons and practica – See [www.tangoindy.com](http://www.tangoindy.com) for details. *Indy Dancers* meet at various locations. Call Dance Line 767-5665 for information.

### **Wednesdays**

*IS Dances* (formerly Indianapolis Senior Center Dances) - Riolo Dance Studio, 2nd Floor (w/elevator): Wednesdays- Group Lesson 11 AM, Dance 1:00 PM - 3:00 PM.

### **Thursdays:**

**Tango Indy** meets every week at [Riolo Dance](#) for Argentine Tango lessons and practica – See [www.tangoindy.com](http://www.tangoindy.com) for details.

### **Fridays: (selected dates unless noted—see web sites for exact dates)**

*Dean & Company @Academy of Dance Arts* (121<sup>st</sup> & Cumberland) 8-10 pm. See [ADAdancers.com](http://ADAdancers.com)

*Fred Astaire Indy North*, 820 E. 116<sup>th</sup> & Guilford 317-207-9191: Open dance 9-11 pm \$10; drinks & snacks free.

*Starlite Ballroom*, 5720 Guion Rd., Open Dance 7:30-10pm, \$10/person including lesson & snacks. Info call 317-430-5029

Web site: [www.indianapolisdancelessons.com](http://www.indianapolisdancelessons.com) for more info on classes/parties, rentals.

*Ballare Ballroom*, 111 Medical Drive, Carmel 46032, 7:30-10:30pm, \$10 incl lesson & snacks, 317-698-8535

*Aurelia Dance Studio* (Roslender), 3198 E. State Road 32, Westfield, IN 46074. Website: <http://www.aureliadancestudio.com>

- tel. 317-496-5254 Open dances on selected Friday nights. Call for schedule.

*Any Swing Goes* dances will be on selected Friday nights; Contact Charlotte Heiney at 317-445-5224 for more info

*IS Dances* (formerly Indianapolis Senior Center Dances) - Riolo Dance Studio, 2nd Floor (w/elevator): Fridays - Lesson 5:45 PM, Dance 7 - 9 PM [www.MonicaLung.com](http://www.MonicaLung.com) (317) 590-2655

### **Saturdays: (selected dates – see web sites for details)**

*Riolo Dance Studio* --502 N. Capitol (second floor) for more info, call 317-490-6739 or check [www.riolodance.com](http://www.riolodance.com)

*E.O.M Dance* – Starlite Ballroom, Cancelled until further notice.

### **Sundays:**

*Continental Dance Club* weekly dance at Starlite Ballroom. Lesson 5:45-6:45 pm; Dance 7:15-10 pm. Info: call 767-4040.

*Indy Swing Dance Club* meets twice a month at Madam Walker Theater. For more info, call 691-1239 or check [indyswing.org](http://indyswing.org)

*Dance Indy Swing Dance Club* at Riolo Dance. from 2:00-6:00 pm on selected dates. See web site.

### **August 2016**

Saturday, August 6 [Fort Wayne Dancesport](#) Dance & Spl Olympics Comp at IPFW's Walb Memorial Ballroom. Dance 7-11:00 pm. Call 260-485-6226

Saturday, August 13 **Heartland August Dance at [Riolo Dance Studio](#)** (see flyer)

Saturday, August 20 [Indy Dancers](#) at East Side Moose call Dance Line 767-5665 for information

Sunday, August 21 Indiana Roof Ballroom, Sentimental Journey Dance Band, 5-9 pm, \$14 per person, 317-326-1870.

“Homecoming at the Roof” joint dance with Continental

### **Sept. 2016**

Saturday, Sept. 10 [Fort Wayne Dancesport](#) Dance at IPFW's Walb Memorial Ballroom. 7-11:00 pm. Call 260-485-6226

Saturday, Sept. 10 Heartland Sept. Ballroom Dance Week Kickoff **Dance**

Saturday, Sept. 17 [Indy Dancers](#) at East Side Moose call Dance Line 767-5665 for information

For an additional list of dancing opportunities, please visit our website at:  
<http://www.indyusadance.org/local-resoures>

### **August 13 - Summer Dance**

7:30 pm – Tango

Instructor: Rob & Melissa Jenkins

Dance: 8:30 – 11 pm

Exhibition: TBA

Cost: \$8 members; \$6 member students;  
\$12 non-mbers; \$8 non-mbr students

DJ: Rog Greenawalt

Location: Riolo Studio 502 N. Capitol Ave, 2<sup>nd</sup> Fl

For more information, call 849-6373 or 759-0171

Open Monthly Danc

### **Sept. 10– Ballroom Dance Week Kickoff**

#### **Dance**

Lesson: Samba 7:30 pm

Instructor: Kyle Cullman

Dance: 8:30 – 11 pm

Exhibition: TBA

Cost: \$8 members; \$12 guests

DJ: Rog Greenawalt

Location: Riolo Studio, 502 N. Capitol Ave, 2<sup>nd</sup> Fl

Open Monthly Dance

*Heartland Ballroom Dancers*

564 Conner Creek Dr. Fishers 46038

Fishers, IN 46038

#### **Advertising Rates**

Full Page: \$50 per month

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Call the (317) 849-6373 for further details.

Rates for long-term contracts negotiable.

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