



Heart and Sole



Volume 22 Issue 8

August 2015

NEWS FROM HEARTLAND BALLROOM DANCERS, CHAPTER #2022 OF USA DANCE INC

From the Heart (President's & VP Message)

By Larry Gogel & Anna Kovalyova

Greetings, Dancers!



August is our Summer dance. We are looking forward to another exciting dance party! Our Dance instructor for the month of August will be John Berry who will teach Quick Step for us.

During our monthly **raffle**, we will have a very special prize – a **complimentary 60 min therapeutic massage at Renew** massage studio. We thank **Tami Gastenau**, the owner of Renew massage studio for donating the gift certificate to us. Tami does have prior experience working with dancers and addressing their needs. Remember that all the proceeds from the raffles go to finance our ballroom kids dance lessons at KDO. If you have a private business, consider **donating a gift certificate** to the Heartland's monthly raffles.

We have **2 sets of exhibitions** coming up in August.

The first one will take place during Heartland's annual homecoming at the **Roof on Aug 23**.

This year's Homecoming is unique in that **Heartland and Continentals are combining their Roof Homecoming events** into one spectacular evening. We have several exhibitions lined up for you during the 2nd Roof intermission; and the Continentals will present their famous annual Grand March. It is going to be a wonderful event – don't miss it!

The 2nd exhibition will take place at the **Arts Garden on Aug 29, from 1-2pm**. The Arts Garden is a beautiful, well-lit space in the Circle Centre Mall. If you've never been there before, please consider joining us and cheering on your fellow dancers.

We already have enough dancers signed up for the Roof exhibitions, but if you would like to participate at the Arts Garden exhibition, please let Anna K or Larry know.

John Berry's bio:

A veteran of the ballroom dancing community, John Berry has taught in both Europe and the United States for over 40 years. Also an accomplished competitor, John has danced in pro-am and professional competitions throughout the world. His

successes include winning the United States Rising Star Professional Standard Championships, representing Ireland at the World Professional Ballroom Championships in Hungary, making the top 24 in the World Professional Ballroom Championships in Japan, and receiving four Feather Awards for Top Teacher in the United States. In 2000, he was inducted into the Dancers' Hall of Fame. John currently coaches and judges ballroom competitions around the country, while maintaining his residence in Indiana with his wife Lisa and their three children. John and Lisa won the World Pro-Am Standard Championships in Argentina in 2007.

July dance activities

We would like to thank everyone who came to the Heartland's Independence Day Dance party. We had a great time! The ice-cream social was a definite hit!

Special thanks go to our July instructors, Ed Godby-Schwab and Diana Miller, who taught an intermediate American Tango lesson for us and performed a beautiful tango exhibition. As always, the summary of our group lessons could be viewed on our website: <http://www.indyusadance.org/videos/> Check it out!

Thanks to all of our volunteers: Becky, Nancy, Anna H, John, Anna K, Larry, Gordon, Jeff, Efim for helping us with the party preparations and with running the party smoothly. Special thanks go to our DJ, Rog, who provided a wide variety of danceable music for us; and to Alexis for her help with the raffle sales! We also thank our members who brought snacks to the party. If you have time and would like to help us at our future parties, please let Anna K or Larry know. We can always use your help!

Our raffle for 2 free tickets to the Indiana Historical Society's "Indiana Experience" exhibition was won by Ben Davis and Kim Rocco. We thank **Sue Berard** for donating the tickets to us. Congratulations to our winners!



Heart and Sole

Pics from the **KDO summer Showcase** that took place on **June 24th** at the Athenaeum:



KDO summer Showcase



Pirate Dance at KDO

We got a thank you note from the Activity Coordinator at the Northridge Retirement community where our dancers performed in June:

“Thank you SO much for coming to perform for our prom! The residents LOVED every minute of it! We’d be thrilled to have you back when your schedule allows.
Elizabeth Barrett, Activity Coordinator”

We also got a thank you note from the Children’s Bureau Volunteer and Events Coordinator where our dancers held exhibitions on June 27th:

“We loved having you!

We posted a bunch of pictures on our website: <http://www.childrensbureau.org/stay-informed/2015/june/dancing-for-all-ages>. Please share them with everyone! Thanks again for sharing your time & talents with our kiddos! Chelsea Smock”

Heart and Sole

Thank you again to all the dancers for everything that you do for our dance community.



Group Dance at the Children's Bureau



Alexis & student



Yanna & Larry



Rog & Ben



The 20th anniversary of the Big Ballroom Bash took place on July 10th at the Arabian Room of the Murat Theater.

Many of the Heartland members presented their dance exhibitions and performed with Special Olympics athletes at this exciting event. If you would like to order a copy of the Bash DVD, please email EFIMANDANNA@yahoo.com. All proceeds from the DVD sales are donated toward the next year's Bash.

The Fort Wayne Special Olympics Ballroom Dance competition will take place on 1 Aug 2015. We wish best of luck to all the Special Olympics athletes!! <http://www.fwdancesport.org/>

Pictures from the 2015 Ballroom Bash:



Heart and Sole



Saturday, August 8, 2015
7:30 pm – Lesson – Quick Step
Instructor: John Berry
Dance: 8:30 – 11:00 p.m.,
Cost: \$8 Members or \$12 non-members
\$6 students or \$8 non-mbr students
DJ: Larry Gogel
Location: Riolo Studio, 502 N Capitol 2nd Flr
For more information, call 849-6373 or 759-0171
Open Monthly Dance

Sept. 12	September Dance
October 10	Fall/Halloween Dance
November 14	Thanksgiving Dance
December 12	Christmas Pitch-in Dinner/Dance

President Larry Gogel 759-0171
e-mail: lgogel@gmail.com

Vice President Anna Kovalyova Non-published
e-mail: annaktoots@yahoo.com

Secretary Nancy Dew 849-6373
e-mail: dewn@juno.com

Treasurer Gordon Winter 908-4577
e-mail: gordyw@sbcgglobal.net

Jeff Burgardt	584-3048
John Graves	702-6397
Anna Herkamp	752-2631
Ron Wright	257-4954

2015 Committees (See web site)

does not necessarily perform all the duties! If you would like to work on any of these committees, please call Larry at (317) 759-0171.

We can always use volunteers at the dances. If you are interested in performing for our chapter dances or have an instructor suggestion, please email Anna K. ***Want to earn Free Admission? If you work the door or do the food set-up, your admission is free.***

Please notify the editor of member events, accomplishments and/or special recognition. We can't print information if we don't know about it! We don't want to overlook anyone!

As of 8/5/15, Heartland Chapter had 109 members. All competitor memberships (adult and collegiate) expire at year end.



THE CHAPTER DOES NOT GET TO KEEP any of your dues money—it all goes to Central Office. We operate based on what we make on dances, competitions, etc. and advertising funds our newsletter. This is different from all the other local dance clubs. We are classified a 501-3(c) non-profit organization.

To share your results email Rog Greenawalt at bolerogreen@juno.com.

To view pictures of our competitors on line, please visit
Heartland Facebook:
<https://www.facebook.com/pages/USA-Dance-Chapter-2022-Heartland-IN/494575663941501>

Twice a year Cincinnati USA Dance holds a special dance at the Cincinnati Music Hall. This is a spectacular venue that is larger than the Indiana Roof. It is a wonderful evening that regularly draws 300-400 dancers from Ohio, Kentucky and Indiana.

This September they are honoring Heartland's **Amy and Rog Greenawalt** by inviting them to provide a 4-dance show for the entertainment.

Dancing is 8:00-12:00. If you have never attended this dance it is a great opportunity to dance at a wonderful venue. If you have been there before, it is a great time to go back.

Tickets prior to 9/12 are \$20 for USA Dance members (\$25 for nonmembers, \$10 for students). After 9/12 tickets are \$25 for USA Dance members (\$30 for nonmembers, \$10 for students). At the door tickets are \$30 for adults and \$10 for students. Dress is semi-formal.

See the flyer in this newsletter. When ordering tickets request to be seated with Heartland USA Dance.

About the facility: Built in 1878 this classic entertainment venue is considered one of the best and most beautiful concert theaters in the world, and was designated a National Historic Landmark in 1975. Glittering chandeliers and old world ambience set Music Hall apart from modern theaters, and the Music Hall Ballroom (added in 1927) is another must-see space in this unique venue.



**Continental Club Dance
Schedule for August/Sept.
Dance Lesson 5:45 - 6:45 pm
Dancing 7:15 - 10:00 pm
DANCE Lesson – Tango
LARGE BALLROOM
BEGINNER LESSON: 5:45-6:45 PM
Beginner Lesson – ECS
SMALL BALLROOM**

AUGUST

August 2	Mike McCarty
August 9	Dave Lowe
August 16	Sundown
August 23	Homecoming at The Roof
August 30	Blue Notes

SEPT.

Sept. 6	TBD
Sept. 13	TBD
Sept. 20	TBD
Sept. 27	TBD

September Lesson – TBA

Continental Dance Club

Dress Code Reminder

Please remember that appropriate dress for our chapter dances includes: slacks/skirts, nice shirts/blouses, dresses and dance shoes. Please do not dance in bare feet. On occasion we modify the dress code for special theme dances but when we do so, we will announce it in our newsletter and on the web site.

Remember to bring snacks!



Home of Gert & Kirsti Roslender

At Aurelia Dance Studio we will teach you different styles of dance including International Ballroom, International Latin, American Smooth, American Rhythm and Social Dancing.

Come with or without a partner and allow us to show you just how much fun, and easy dancing together can be! You can check us out at our new Westfield location or our website.

FIRST LESSON FREE!

For new students we offer one Free 30-minute dance lesson and dance consultation. Use your lesson solo or share it with a partner!



3198 E. State Road 32 Westfield, Indiana 46074

www.aureliadancestudio.com

SALSA DANCING *is coming to* **Paramount** THEATRE CENTRE & BALLROOM

Tuesday, August 25, 2015
4 Weeks of Instruction with
Latin Expressions Instructor
Kyle Culmann

Beginning Salsa 6 p.m. • Beginning Bachata 7 p.m.

Social Cha Cha 8 p.m. • Social Dance Practice 9 p.m. - 10 p.m.

One 55 minute class \$60 • Two classes \$80 • Three classes \$100

Sign up by August 15 for a \$5 Discount

Second 4 Week Dance Session begins on September 22

Third 4 Week Dance Session begins on October 2

Ballroom Instruction with Ron Fields

Salsa Instruction with Kyle Culmann

1124 Meridian Plaza, Anderson, IN 46016
www.andersonparamount.org • 765.642.1234



Member Classifieds

Heartland Ballroom Dancers does not endorse any particular studio or instructor but recognizes that good instruction is available from a variety of people throughout Central Indiana.

E-mail of personal information for members and non-members is confidential and for the exclusive use of USA Dance officials and designees and may not be shared, sold, or rented without the prior approval of the USA Dance Governing Council.

Newsletter Deadline

Th *Heart and Sole* submission deadline is the 20th of the month. Call Nancy at 317-849-6373 to be included

Please keep your addresses up-to-date. It is very important that you keep your e-mail address up-to-date with your chapter Newsletter Editor and Membership Chairman. Send changes to the editor who will forward them to National Membership or update yourself online. **Don't forget to let us both know.**

Web Sites of Interest

(see our web site www.indyusadance.org/local-resources)



Grand Entrance

Custom Performance Apparel

Ballroom . Latin . Showchoir

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By Appointment (317) 408-9094

facebook.com/GECustomPerformanceApparel

The Ballare Ballroom

JOIN US FOR FRIDAY NIGHT OPEN DANCES

Every Friday night: \$10/person
7:30-8:30 Group Lesson
8:30-10:30 Open Dance

BALLARE BALLROOM is a no-contract dance studio in Carmel, offering group classes and private instruction.

Visit our website calendar for details on NEW August weekly group classes. Only \$10/person.

We offer group lessons almost every night of the week. There's something for everyone! We invite you to come check it out.

BallareBallroom.com :: info@ballareballroom.com :: 111 Medical Drive, Carmel, IN



Indy's Most Exciting Dance Venue!



Ballroom Latin Argentine Tango Swing Salsa

Group and Private Lessons Experienced Instructors No Contracts

Open Dance 8/1, 8/22, 8/29 & 9/5

7:30 – 10:30 p.m.

USA Dance 8/11 7:30 – 11:00

www.riolodance.com

317-490- 6739

Check out our Full Calendar on Web Site

502 N. Capitol Avenue (2nd Floor)



RENEW
THERAPEUTIC MASSAGE

Therapeutic Massage for Ballroom Dancers

Relieve tension before &
after hitting the dance floor

30 - 60 - 90 min

Tami Gastineau, CMT
317-205-6836
T.gastineau@yahoo.com

819 E. 64th Street, Suite 228
Indianapolis, IN 46220



**Ballroom Dance
Instruction with**

Scott & Yulia Shook

Email: ninedance03@yahoo.com
Phone: 317-294-2749 or 317-292-4719
Starlite Ballroom
5720 Guion Road
Indianapolis, IN 46254



Brickyard

Boogie Dancers

Indianapolis, Indiana



****Saturday Night Dance***

**Now on the 4th Saturday of Each Month*

August 22, 2015

STARLITE BALLROOM

5720 Guion Road, Indianapolis, IN 46254

- BEAUTIFUL 3,080 SQ. FT. WOOD DANCE FLOOR
- SMOKE-FREE EVENT • *NO PARTNER REQUIRED*

7:15 p.m. to 7:45 p.m. — FREE DANCE LESSON

WALTZ – by Larry Anderson

8:00 p.m. to 11:00 p.m.— OPEN DANCING - *DJ Ron Fentz*

East Coast Swing • West Coast Swing • Waltz • Cha-Cha • Night Club 2
• Country 2-Step • Hustle • Fox Trot • Line Dances • Love Songs
• and many other favorites

****NEW COVER CHARGE***

BBD and ABA Members - \$10.00 • (First-Time) Non-Members - \$15.00

Full-Time Students (with I.D.) - \$5.00

www.brickyardboogiedancers.org • “LIKE” us on Facebook - *Brickyard Boogie Dancer*

**DANCE CINCINNATI - FALL BALL
SEPTEMBER 19, 2015
8:00 P.M. - MIDNIGHT
SEMI-FORMAL
AT
MUSIC HALL BALLROOM
1300 CENTRAL PARKWAY
ENTRANCE BEHIND MUSIC HALL ON SKYWALK**



**WE ARE EXCITED TO ANNOUNCE THAT ROGER & AMY GREENAWALT
FROM INDIANPOLIS WILL BE PERFORMING FOR US AT THE BALL.**

**TICKET ORDER FROM:
All sales final, tickets are transferrable**

Name:	Member ID	Amount
_____	_____	_____
_____	_____	_____
_____	_____	_____

Please list each person separately

Reserve table for 8? _____ yes _____ no

Studio or group: _____

Sales Prior to 9/12/15
Members \$20.00
Non-Members \$25.00
Students \$10.00

Sales after 9/12/15
Members \$25.00
Non-Members \$30.00
Students \$10.00

AT THE DOOR SALES: ADULTS \$30.00, STUDENTS \$10.00
To order online go to www.dancecincinnati.info

To order tickets by mail, send completed form with self address stamped envelope (if you don't include a self address stamped envelope, your ticket will be at will call) and check payable to USA Dance Cincinnati to:

**USA DANCE CINCINNATI
C/O CATHY LANG
969 LOST CROSSING
CINCINNATI, OH 45231**

Any further questions you can e-mail me at dance47paris@yahoo.com or call 513-825-1492

BOOGIE BEAT

A Listing of Places to Dance in Central Indiana. Call to see if the events listed are being held before going.

Tuesdays:

Tango Indy meets every week at [Riolo Dance](#) for Argentine Tango lessons and practica – See www.tangoindy.com for details. *Indy Dancers* meet at various locations. Call Dance Line 767-5665 for information.

Wednesdays

IS Dances (formerly Indianapolis Senior Center Dances) - Riolo Dance Studio, 2nd Floor (w/elevator): Wednesdays- Group Lesson 11 AM, Dance 1:00 PM - 3:00 PM.

Thursdays:

Tango Indy meets every week at [Riolo Dance](#) for Argentine Tango lessons and practica – See www.tangoindy.com for details.

Fridays: (selected dates unless noted—see web sites for exact dates)

Dean & Company @Academy of Dance Arts (121st & Cumberland) 8-10 pm. See ADAdancers.com

[Fred Astaire Indy North](#), 820 E. 116th & Guilford 317-207-9191: Open dance 9-11 pm \$10; drinks & snacks free.

[Starlite Ballroom](#), 5720 Guion Rd., Open Dance 7:30-10pm, \$10/person including lesson & snacks. Info call 299-4740

[Ballare Ballroom](#), 111 Medical Drive, Carmel 46032, 7:30-10:30pm, \$10 incl lesson & snacks, 317-698-8535

[Aurelia Dance Studio](#) (Roslender), 3198 E. State Road 32, Westfield, IN 46074. Website: <http://www.aureliadancestudio.com/> - tel. 317-496-5254 Open dances on selected Friday nights. Call for schedule.

Any Swing Goes dances will be on selected Friday nights; Contact Charlotte Heiney at 317-445-5224 for more info

IS Dances (formerly Indianapolis Senior Center Dances) - Riolo Dance Studio, 2nd Floor (w/elevator): Fridays - Lesson 5:45 PM, Dance 7 - 9 PM www.MonicaLung.com (317) 590-2655

Brickyard Boogie Dancers meet at Riolo & Starlite; check their web site for details. DJ Ron Fentz, \$7 members with card and \$12 non-members and members without card. Lessons each week at 6pm; dancing from 7-10 pm.

Saturdays: (selected dates – see web sites for details)

[Riolo Dance Studio](#) --502 N. Capitol (second floor) for more info, call 317-490-6739 or check www.riolodance.com

E.O.M Dance – Starlite Ballroom, Cancelled until further notice.

Sundays:

[Continental Dance Club](#) weekly dance at Starlite Ballroom. Lesson 5:45-6:45 pm; Dance 7:15-10 pm. Info: call 767-4040.

Indy Swing Dance Club meets twice a month at Madam Walker Theater. For more info, call 691-1239 or check indyswing.org

Indiana Rebels Swing Dance Club at Riolo Dance. from 5:00-9:00 pm on selected dates. See web site.

August, 2015

Saturday, August 1 Fort Wayne Special Olympics Competition

Saturday, August 8 **Heartland Summer Dance** at [Riolo Dance Studio](#)

Saturday, August 8 [Fort Wayne Dancesport](#) Dance at IPFW's Walb Memorial Ballroom. 7-11:00 pm. Call 260-485-6226

Saturday, August 15 [Indy Dancers](#) No Dance

Sunday, August 23 Homecoming at the Roof-- USA Dance/Continental

Indiana Roof Ballroom, Sentimental Journey Dance Band, 5-9 pm \$14/person 317-236-1870

Sept., 2015

Saturday, Sept. 12 **Heartland Day Dance** at [Riolo Dance Studio](#)

Saturday, Sept. 12 [Fort Wayne Dancesport](#) Dance at IPFW's Walb Memorial Ballroom. 7-11:00 pm. Call 260-485-6226

Saturday, Sept. 19 Cincinnati USA Dance Music Hall Ball (see flyer)

Saturday, Sept. 19 [Indy Dancers](#) at East Side Moose call Dance Line 767-5665 for information

For an additional list of dancing opportunities, please visit our website at: http://www.indyusadance.org/local-resource
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August 8 – Summer Dance

7:30 pm – Lesson – Quick Step

Instructor: John Berry

Dance: 8:30 – 11 pm

Exhibition: TBA

**Cost: \$8 members; \$6 member students;
\$12 non-mbers; \$8 non-mbr students**

DJ: Larry Gogel

Location: Riolo Studio, 502 N. Capitol Ave, 2nd Fl

For more information, call 849-6373 or 759-0171

Open Monthly Dance

Sept. 12 - Dance

7:30 pm – Lesson – Bolero

Instructor: Monica Lung

Exhibition: TBA

**Cost: \$8 members; \$6 member students;
\$12 non-mbers; \$8 non-mbr students**

DJ: Rog Greenawalt

Location: Riolo Studio, 502 N. Capitol Ave, 2nd Fl

For more information, call 849-6373 or 759-0171

Open Monthly Dance

Heartland Ballroom Dancers
564 Conner Creek Dr.
Fishers, IN 36038

Advertising Rates

Full Page:	\$50 per month
Half Page:	\$25 per month
Qtr. Page:	\$15 per month
Business Card:	\$7 per month

Call the (317) 849-6373 for further details.

Rates for long-term contracts negotiable.

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Dancers

Chapter #2022 of USA Dance Inc.

564 Conner Creek Dr.

Fishers, IN 46038

Nancy Dew, Editor

317-849-6373

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