



Heart and Sole



Volume 23 Issue 4

April 2016

NEWS FROM HEARTLAND BALLROOM DANCERS, CHAPTER #2022 OF USA DANCE INC From the Heart (President's & VP Message)

By Larry Gogel & Anna Kovalyova



Greetings, Dancers!

Saturday, **April 9th** is our Spring dance at Riolo Dance studio. Come help us celebrate warmer weather with bright colors and cheerful smiles!

Our April instructors will be **Scott and Yulia Shook** who will teach a lesson of Quick Step.

During the party, John Berry will be back with 2 of his students to showcase a couple of dance **exhibitions** for us.

For our **paid** raffle, we will have **1 ticket for a free admission to the Ballare Spring showcase** (\$35 value) that will take place on **April 23, 5:30-10:30pm**. If you did not

win the Ballare showcase ticket during the March party, you have one more chance to do so! We thank Ballare owners, Judy & Danny Corsaro, for donating another gift certificate to us.

April is a very busy month with many dance activities to choose from:

- **April 5- 7:** KDO Spring session (details below)
- **April 9:** Heartland monthly dance & Quick Step lesson
- **Apr 15-16:** Indy Open DanceSport Competition, <http://www.indianapolisopendancesport.com>
- **April 18:** Spotlight Indy Annual Fundraiser (**Free** tickets!), <http://www.spotlightindy.org/>
- **April 23:** 10 AM: Heartland at WTHR Health and Fitness Expo, Ind. State Fairgrounds Exposition Hall, Free tickets
- **April 23:** Stand Up for KDO 2016 Fundraiser, at Park Tudor, <http://standup4kdo.org/>
- **April 23:** Best of Ballare Spring 2016 Showcase, <http://www.ballareballroom.com/>
- **April 23:** Indy Dancers' 33rd Anniversary at Starlite, <http://www.indydancers.com/>
- **April 26:** Indy Dancers' Fundraiser for KDO, Moose Lodge #17, <http://www.indydancers.com/>

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*** KDO News***

Our **Spring Kids Dance Outreach** (KDO) session will take place at the **Athenaeum** on the following dates:

April 5th, 10:30am - 11:00am

April 6th, 10:30am - 11:00am

April 6th, 12:00pm - 12:30pm

April 7th, 12:00pm - 12:30pm

The lessons will be with groups of ~ 35 students from **4 IPS schools** (1 ballroom lesson per school).

We need 4-6 dance volunteers for each lesson.

If you would like to **volunteer** your dance skills and to help our ballroom instructor Monica Lung with the lesson flow, please let our Volunteer Coordinator **Dorit** know ASAP: doto71@hotmail.com

Indy Dancers invite you to a special benefit dance for KDO on Tuesday, **April 26**, at the **Moose Lodge #17, 7055 East 16th St.**, Indianapolis.

Please come and enjoy an evening of dancing to newly released music, as well as all your favorite artists, and help support underserved youth and their communities through KDO programs.

The dance will be from **7:00 – 10:30 pm** with a performance by KDO participants at 7:30 p.m. Admission is **\$8/person**.

We are very glad that the largest dance clubs in the area see the value in the KDO program and support its efforts. Thank you for your continuous support of the KDO!

*** Tickets for Indy Open Competition***

The **Indianapolis Open Dancesport** Competition will take place at the **Sheraton City Centre Hotel** in Indy, **April 14 - 16**, 2016.

Reserve your **spectator tickets** through Heartland so that we can all seat together!

Prices:

Friday day: \$25 (\$10 students)

Friday Evening: \$50 (\$20 students)

Friday Evening Dinner and Dance: \$110

Saturday day: \$25 (\$10 students)

Saturday Evening: \$55 (\$25 students)

Saturday Evening Dinner and Dance: \$120

Several of the Heartland dancers will be competing at this event – please consider attending and supporting our competitors.

You especially don't want to miss Saturday evening Professional competition and show – last year's was amazing!

Remember: there is a \$5 extra fee if purchasing tickets at the event.

Heart and Sole

And in case you need a new pair of shoes or other dance-related items, there will also be quite a few **vendors** at the competition – check them out!

For more information, visit <http://www.indianapolisopendancesport.com/>

*** Spotlight Indy 2016***

**Heartland Chapter and Tango Indy will be performing at the “Spotlight Indy”
on Monday, April 18th at 8pm at Clowes Hall.**

Now in its 21st year, Spotlight Indy is an annual gala performance and fundraiser for The Indiana AIDS Fund, a fundraising program of The Health Foundation of Greater Indianapolis.

The event brings together the central Indiana performing arts organizations featuring the best live music, dance, theater and spoken word in Indiana. For the **first time** in its history, Spotlight will have **ballroom dancing** included in its program.

Held at the Clowes Memorial Hall of Butler University, the performance draws ~**2,000 spectators** and supporters every year, and is a wonderful venue for promoting USA Dance.

Heartland Chapter of USA Dance and Tango Indy will present 2 styles of tango - Argentine and International - to the Spotlight audience.

This year, the Spotlight **ickets are free**, made possible by the The Health Foundation of Greater Indianapolis (donations will be accepted at the show). You can pick up your tickets at Clowes Box office, or via ticketmaster, max of 4 tickets per person (\$2 handling fee per order).

For more information, please visit: <http://www.spotlightindy.org/>

*** Heartland in the News ***

**HEARTLAND (IN) CHAPTER 2022
BALLROOM DANCING VENTURES BEHIND
WOMEN'S PRISON WALLS IN INDIANA**

About the IWP: The Indiana Women's Prison, approximately 15 miles from downtown Indianapolis, is America's oldest women's correctional institution founded in 1872 and is also the country's first maximum security facility for women. The IWP operated for 136 years in its original facility, but in 2006 moved to new facilities. On the average, there are more than 600 inmates incarcerated at the IWP. (Website: www.in.gov)

The USA Dance Story: By Susan Kinsinger (National Educator of the Year 2014)



Chapters IWP Program Dancers: Jennifer Roseberry, Roger Greenwald, Tony Clark, Don Davis, Alexis McCall, Barbara Greenlee, Robert Rogers, Lorraine Skelton and Kenneth Rose. Not Present: Monica Long, Bill Chaley, Emily Chapel, Christi Perry, Chase Thompson, Ashley Potts, Grant Rogers, David Rogers and Christine White.

In celebration of National Ballroom Dance Week, the Heartland (IN) Chapter 2022 literally ventured into new territory as our performers danced for more than 100 of the maximum-security inmates incarcerated at the Indiana Women's Prison (IWP) – an undertaking for the Chapter that was more than a year in the making.

How did this pioneering program start?

Several Heartland members knew volunteers involved in ICAN (Indiana Canine Assistant, Inc.), a rehabilitation program in which the inmates train dogs for the handicapped. We asked ourselves: why not give the inmates a taste of ballroom? We reached out to the IWP Program Coordinator and eventually found ourselves working on a proposed dance program for inmates.

But before we started, detailed and stringent "ground rules" had to be communicated to all of our performers:

- Dancers' names and dates of birth had to be submitted for security checking at least 10 days prior to our event (making last-minute dancer substitutes an impossibility).

During the program dancers held at the IWP Chapter:

- Dancers had to arrive one hour before "showtime" for activities such as the on-site security check, including pat-down.
- We had to obtain permission to bring in any equipment.
- Virtually, the only items allowed for each dancer were a picture ID, ear keys, dance shoes (one pair), one outfit, and one CD with the dancer's music. Shoe brushes were not allowed as they fell under the "sharp objects" heading and had to be left behind.

The prison did allow jewelry, hats and suspenders if they were part of the "costume." However, sleeveless dresses, low cuts and open backs were not allowed. Our female dancers were advised to wear modest dresses or blouses and skirts or slacks. So, dressing the part became a challenge.

We also learned a quick lesson about parking at the prison: license plates must be visible to security. Indiana plates are on back bumpers only, which meant "reparking" our cars and then a second security check/patdown.

Despite the many restrictions (and costume quarantines), Chapter dancers found the IWP project among their most rewarding community experiences.

Dancing with inmates during our group

22 American Dancer | www.americiandancer.org

Heartland Chapter is featured in **March-April** issue of the **American Dancer**. The magazine printed an article about the Heartland's **exhibition** program at **Indiana Women's Prison (IWP)**. It appears that Heartland is the first USA Dance Chapter to ever offer such a program to prison population.

See page 22 of the issue for complete story:

<http://en.calameo.com/read/0034902223ec7126458ce>

We continue to work with the IWP authorities on the possibility of launching a volunteer-based ballroom lessons' program to its inmates. We also have secured a date for this year's performance at IWP: Sat, **Sep 24th**, at **1pm**.

*** Board Restructuring ***

- **Amy Clark Greenawalt** joined the Heartland Board in the capacity of **Membership Coordinator** as of March 8.

- John Graves, Heartland's Social Dance Coordinator, resigned both from the Heartland Board and from his position of Assistant Director in District 3 as of March 20th, 2016. We thank John for his many years of service to the USA Dance.

The Board currently has the following **Vacancies**:

- Treasurer
- Social Dance Coordinator

Please contact any of our Board members if you are interested in filling one of these positions.

March dance activities:

Heartland's **Arts Garden** exhibitions on Sat, **Mar 12th** were very well received. Our audience was entertained by performances of Winnie the Pooh, Pink Panther, Dance Factor kids, Argentine Tango Milongueros and several other dancers. We had great audience participation. Thank you to all who attended!





To view more pictures from these and other Heartland performances, please visit our website:

<http://www.indyusadance.org/photos/>

or Facebook:

<https://www.facebook.com/pages/USA-Dance-Chapter-2022-Heartland-IN/494575663941501>



Nancy Dew receiving District
Volunteer of the Year award

Heartland's **March 12th** dance party was a cute mix of **Roaring 20s** and **St Patrick's** theme. We had 75 people in attendance!! Our friends from Naptown Stomp taught a charming Charleston lesson, and their competitive team entertained the dancers with 2 inspiring dance routines. Thank you to all who came to the party - we had a great time!

Nancy Dew was presented with the **District Volunteer of the Year** award during the Heartland's March party. Congratulations, Nancy!!! We appreciate everything you do for us!

- Pictures from the March Party:



Our March raffle for 1 free admission to Ballare April 23rd showcase was won by **Terry Yen**. We thank **Ballare** owners for donating the gift certificate to us. **Congratulations to the winner!**



Thanks to all of our volunteers: Nancy, Anna, Larry, Dave, Efim for helping us with the party' preparations and clean up, and with running the party smoothly. Special thanks go to Dorit for her amazing job with the raffle sales!

Instructors' Bios:

Scott Shook's bio:

Scott is a certified, award-winning instructor, teaching for over 27 years in Indianapolis area.

He teaches Rhythm, Smooth, Ballroom and Latin styles, all levels, including Country Western.

His achievements include numerous top teacher awards: World Dance-O-Rama Las Vegas; Voted 'Rising Star ' dance instructor in 1995, and most recently took 2nd place Top Teacher at Indianapolis Open 2014.

Winner of 3 mirror ball trophies at the local Dancing Like the Stars contest.

Won 1st place competing in Country Western pro division at Gateway Classic competition, as well as 5th place at the UCWDC World Championship 2002.

Scott met his wife, Yulia, in 2000 and has been competing with her in professional American Smooth and International Ballroom since 2004.

Yulia Shook's Bio:

Yulia moved from Belarus in 1990, met husband and partner Scott in 2000.

She has been teaching for about 15 years. She teaches all 4 styles – Smooth, Rhythm, Ballroom and Latin, all levels.

Winner of one Mirror Ball Trophy for the local Dancing Like the Stars contest.

With her husband, placed numerous times in the top 3 throughout Midwest Rising Star and Open Professional, including 2nd in open pro Indiana Challenge, twice 2nd in Cincinnati Classic Rising Star and open pro, and most recently 3rd in Indianapolis Open Rising Star, and 1st in North American Imperial Star, Rising Star Standard division.

Together, they won 1st place in Dancing For Hope contest in Greenfield.

Yulia has been teaching Indy Dancers for the past 8 years with her husband, Scott.

Fun Facts about Quick Step

Adapted from:

http://dance.lovetoknow.com/Quick_Step_Dance

<http://www.examiner.com/article/the-history-of-the-quickstep>

http://www.dancelovers.com/quickstep_history.html

If you'd like to learn Quick Step, you couldn't have picked a more fun and energetic dance to learn!

The Origin of Quick Step

The Quickstep was originally a march that that was well-liked by the general public around **1850**, when it was used to commemorate presidents, military exhibitions, regiments, and heroes.



History of Quick Step Dance



The quick Step as a dance originated in the 1920s in England. It incorporates the smooth steps of the Charleston, without the high kicks, with the rhythm and movement of the Foxtrot, which was also very popular at the time. However, some dancers found the tempo of the Foxtrot to be too slow, and thus, when the big bands started playing music at a faster tempo, the dancers quickened the pace of their steps and created the Quick Foxtrot.

The British called this dance "the **QuickTime Foxtrot and Charleston**". At the 'Star' Championships of **1927**, the English couple **Frank Ford and Molly Spain** danced a version of the QuickTime Foxtrot and Charleston without the characteristic Charleston knee actions and made it a dance for two instead of a solo.

Over time, the dance has gone through many evolutionary changes, is now quicker than ever (although it can still be done more slowly for beginner and intermediate students) and there is more and more use of syncopation in the steps.

This ballroom dance may look a little bit like the whirling figures of a waltz on the dance floor. The songs chosen for Quick Step are fast and jazzy. Show tunes, jazz, ragtime, and swing are common types of music that inspire dancers to start up a Quick Step.

The One Step, The March, The Peabody, Black Bottom, Charleston and Fast Foxtrot merged to make the Quickstep dance of today.

There was a debate as to why this dance became so popular in Britain. It has been thought that the Quickstep was Brit's answer to keeping warm indoors during the winter. It is a proven fact that the energy exerted while dancing a 60 second Quickstep is equivalent to running a mile in record time!!

Quick Step in the US

First spotted during World War I in suburban New York, it was initially performed by Caribbean and African dancers. It eventually made its debut on the stage of American music-halls and immediately became popular in ballrooms.



SAVE THE DATE

BIG BALLROOM BASH

Friday, July 8

7:30 PM - 11:30 PM

Murat Shrine – Arabian Room

Proceeds benefit Special Olympics

Ballroom of Hendricks County

Sponsored by Indy Dancers

Deborah J. Simon presents

SPOTLIGHT

2016

MONDAY, APRIL 18, 8 P.M.

Tickets are FREE, made possible by the board and staff of The Health Foundation of Greater Indianapolis (donations accepted at the show); VIP Reception Tickets are \$150.

Clowes Memorial Hall of Butler University
4602 Sunset Avenue

Get your tickets in advance at the
Clowes Memorial Hall box office.

FEATURING Tango Indy | Heartland Chapter of USA Dance | Angel Burlesque | Synergy Dance Company | Indianapolis School of Ballet | Pride of Indy Jazz Ensemble and Brenda Williams | Motus Dance Theatre | Asia LaBouche | Tasha Jones | Indianapolis Bag Ladies | Nicholas Owens Dance Company | Kenyetta Dance Company | Indianapolis Men's Chorus | NoExit Performance | Indianapolis Chamber Orchestra | BOBDIREX Productions | Q Artistry | Butler Ballet | John Goodson of The Children's Museum of Indianapolis | Create Freedom Arts Projects

All proceeds from the show benefit:

www.spotlightindy.org



With
special
thanks to:

Deborah
J. Simon



Lesson: Quick Step 7:30 pm
Instructor: Scott & Yulia Shook
Dance: 8:30 – 11 pm
Exhibition: Special
Cost: \$8 members; \$12 guests
DJ: Rog Greenawalt
Location: Riolo Studio, 502 N. Capitol Ave,
2nd Fl
Open Monthly Dance

Except for January:

<u>President</u>	Larry Gogel	759-0171
		e-mail: lgogel@gmail.com
<u>Vice President</u>	Anna Kovalyova	Non-published
		e-mail: annaktoots@yahoo.com
<u>Secretary</u>	Nancy Dew	849-6373
		e-mail: dewn@juno.com
<u>Treasurer</u>		Vacant

Jeff Burgardt	584-3048
Amy Clark Greenawalt	679-0752
Dave Rogers	697-3457
Dorit Tomandl	529-3008



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Continental Club Dance
Schedule for March
Dance Lesson 5:45 - 6:45 pm
Dancing 7:15 - 10:00 pm
DANCE Lesson – West Coast Swing
LARGE BALLROOM
BEGINNER LESSON: 5:45-6:45 PM
Beginner Lesson – East Coast Swing
SMALL BALLROOM

APRIL
April 3 Mike McCarty
April 10 Blue Notes
April 17 Groovin Easy
April 24 Dave Lowe

MAY
May 1 Brass & Ivory
May 8 Larry Meecham
May 15 Blue Notes
May 22 Mike McCarty Trio
May 29 Dave Lowe

June Lesson – TBD
Continental Dance Club

Dress Code Reminder

Please remember that appropriate dress for our chapter dances includes: slacks/skirts, nice shirts/blouses, dresses and dance shoes. Please do not dance in bare feet. On occasion we modify the dress code for special theme dances but when we do so, we will announce it in our newsletter and on the web site.

Web Sites of Interest

(see our web site www.indyusadance.org/local-resources)



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Member Classifieds

E-mail of personal information for members and non-members is confidential and for the exclusive use of USA Dance officials and designees and may not be shared, sold, or rented without the prior approval of the USA Dance Governing Council.

Heartland Ballroom Dancers does not endorse any particular studio or instructor but recognizes that good instruction is available from a variety of people throughout Central Indiana.

Newsletter Deadline

The *Heart and Sole* submission deadline is the 20th of the month. Call Nancy at 317-849-6373 to be included.

Please keep your addresses up-to-date. It is very important that you keep your e-mail address up-to-date with your chapter Newsletter Editor and Membership Chairman. Send changes to the editor who will forward them to National Membership or update yourself online.

Don't forget to let us both know.



Sunday April 17th
 Doors open at 5:45
 Dance 6-10 pm.
 \$10.00 Admission

Ron's Sunday Night Dance
 at the Atrium

**We're Celebrating
 Our 1st Anniversary!**

We are looking forward to year # 2 at the Atrium.

Thank you for the dedication, respect, love, support you have given us.

We will be celebrating with a buffet for you. Chicken wings, ham, veggie plates and dessert. Please feel free to donate something if you like. See you there!!!!



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At Aurelia Dance Studio we will teach you different styles of dance including International Ballroom, International Latin, American Smooth, American Rhythm and Social Dancing.

Come with or without a partner and allow us to show you just how much fun, and easy dancing together can be! You can check us out at our new Westfield location or our website.

FIRST LESSON FREE!

For new students we offer one Free 30-minute dance lesson and dance consultation. Use your lesson solo or share it with a partner!



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Open Dance 4/14, , 23, 4/30 & 5/7

USA Dance Spring Dance 4/9 7:30 –11:00 p.m.



www.riolodance.com

317-490- 6739

Check out our Full Calendar on Web Site

502 N. Capitol Avenue (2nd Floor)



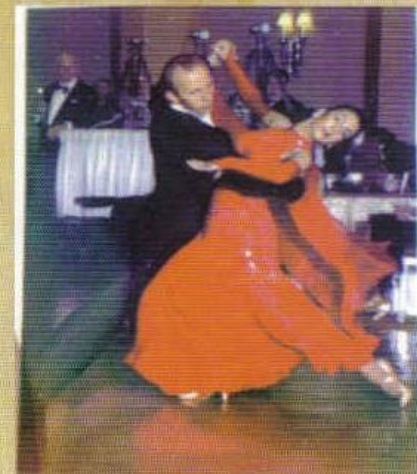
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Indianapolis, IN 46219



**Ballroom Dance
Instruction with**

Scott & Yulia Shook

Email: ninedance03@yahoo.com
Phone: 317-294-2749 or 317-292-4719
Starlite Ballroom
5720 Guion Road
Indianapolis, IN 46254

Naptown Stomp (Lindy Hop Society)

Monthly Schedule



Thursday night Lessons:

Intro to Swing and Beyond Basics 4-Week Lesson Series both start at the beginning of the month. Pre-registration \$45 for nonmembers (membership is \$25/person, and is good for 12 months). 7 - 8PM at Grove Haus in Fountain Square.

Stomping Grounds:

Every Thursday night after our lessons, we host an open dance. Come try out those new moves you learned or just enjoy a chance to dance away the mid-week blues to some hep tunes being spun by our local DJs. When: Thursday, 8:00-10pm. Cost: \$5 (\$3 with membership). Where: Grove Haus, 1001 Hosbrook St., Indianapolis, IN 46203

The Red Room:

Every first Tuesday of the month, The Red Room and Naptown Stomp host a swingin' party! Doors open at 8:00 pm for drinks and food, a free 30 min beginner lesson at 8:30pm. Social dancing to DJ music: 9:00-11:30pm. Admission: \$5. Must be 21 to enter!
Where: **The Red Room**, 6335 Guilford Ave., Indianapolis, IN 46220

Fountain Square:

A bi-monthly live band dance every 2nd & 4th Friday 8:30-11:30pm
(Lessons: 7:30-8:30pm).

If you're looking for an opportunity to enjoy great live jazz and a vibrant social dance scene, this is the place to be!

Although dances at the Fountain Square Theatre are not run by Naptown Stomp, we are proud supporters and provide the beginner lesson beforehand at 7:30pm. This drop-in lesson is the perfect way to check out swing dance before committing to one of our lesson series.

Admission: \$10 (\$12 with lesson).

Where: **Fountain Square Theatre**, 1105 Prospect Street, Indianapolis, IN 46203

RON'S SUNDAY NIGHT DANCE



at the

ATRIUM

3143 East Thompson Road., Indianapolis



1st and 3rd Sunday of each month

Dates are listed below.

Please note date changes for January and February

SINGLES & COUPLES ALL WELCOME

Doors Open: 5:45 p.m.

Dancing: 6:00 p.m. to 10:00 p.m.

ADMISSION \$10.00

Dress Code – Casual (No tank tops or shorts, please)

Cash Bar Open: 6:00 p.m. to 10:00 p.m.

(All beverages must be purchased at the Atrium)

MUST BE 21 OR OVER TO ATTEND

BRING YOUR OWN TABLE SNACKS • Chips and Pretzels will be furnished

Mix of Music by DJ Ron Fentz

*East Coast Swing, Cha-Cha, Free Style, Waltz, Fox Trot, Line Dances (Single & Couples),
Jitterbug, West Coast Swing, Night Club 2, Love Songs*

2016 SUNDAY DANCE DATES

January 17(3rd Sunday) & 31 (5th Sunday)

February 14 (2nd Sunday) & 21

March 6 & 20

April 3 & 17

May 1 & 15

June 5 & 19

July 3 & 17

August 7 & 21

September 4 & 18

October (T.B.A.)

November (T.B.A.)

December (T.B.A.)

**** Please note these date changes - January and February ****

For more information, contact Ron Fentz at 317.881.3750 or 317.443.4462 or ronfentz@aol.com

INDIANAPOLIS OPEN DANCESPORT COMPETITION

Sheraton

Indianapolis City Centre Hotel

From airport: Shuttle \$ 10.- / Taxi \$ 25.-
Discounted parking at the hotel



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- World Pro-Am DanceSport Series Events
- DIVIDA Closed Scholarships
- Junior, Youth & Collegiate Events
- Solos, Formations, Country Western
- Professional Rising Star Events
- Open Professional Events



ARTISTRY IN MOTION



by Julia Gorchakova



Joseph Jann



May 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8 Mother's Day 	9					14 
15	16					21
22	23					28
29 Indy 500 	30					

Heartland Ballroom Dancers' May Dance

Saturday, May 14, 2016
8:30 to 11:00 PM

at

Riolo Dance
502 N. Capitol Ave.



American Foxtrot Lesson
at 7:30 PM

by

Ed Godby-Schwab & Diana Miller

For more information: call: 317-759-0171 email: lgogel@gmail.com website: www.indyusadance.org

USA Dance Members: \$8 (Student: \$6) Non-members: \$12 (Student: \$8)

BOOGIE BEAT

A Listing of Places to Dance in Central Indiana. Call to see if the events listed are being held before going.

Tuesdays:

Tango Indy meets every week at [Riolo Dance](#) for Argentine Tango lessons and practica – See www.tangoindy.com for details. *Indy Dancers* meet at various locations. Call Dance Line 767-5665 for information.

Wednesdays

IS Dances (formerly Indianapolis Senior Center Dances) - Riolo Dance Studio, 2nd Floor (w/elevator): Wednesdays- Group Lesson 11 AM, Dance 1:00 PM - 3:00 PM.

Thursdays:

Tango Indy meets every week at [Riolo Dance](#) for Argentine Tango lessons and practica – See www.tangoindy.com for details.

Fridays: (selected dates unless noted—see web sites for exact dates)

Dean & Company @Academy of Dance Arts (121st & Cumberland) 8-10 pm. See ADAdancers.com

[Fred Astaire Indy North](#), 820 E. 116th & Guilford 317-207-9191: Open dance 9-11 pm \$10; drinks & snacks free.

[Starlite Ballroom](#), 5720 Guion Rd., Open Dance 7:30-10pm, \$10/person including lesson & snacks. Info call 317-430-5029

Web site: www.indianapolisdancelessons.com for more info on classes/parties, rentals.

[Ballare Ballroom](#), 111 Medical Drive, Carmel 46032, 7:30-10:30pm, \$10 incl lesson & snacks, 317-698-8535

[Aurelia Dance Studio](#) (Roslender), 3198 E. State Road 32, Westfield, IN 46074. Website: <http://www.aureliadancestudio.com/>

- tel. 317-496-5254 Open dances on selected Friday nights. Call for schedule.

Any Swing Goes dances will be on selected Friday nights; Contact Charlotte Heiney at 317-445-5224 for more info

IS Dances (formerly Indianapolis Senior Center Dances) - Riolo Dance Studio, 2nd Floor (w/elevator): Fridays - Lesson 5:45 PM, Dance 7 - 9 PM www.MonicaLung.com (317) 590-2655

Saturdays: (selected dates – see web sites for details)

[Riolo Dance Studio](#) --502 N. Capitol (second floor) for more info, call 317-490-6739 or check www.riolodance.com

E.O.M Dance – Starlite Ballroom, Cancelled until further notice.

Sundays:

[Continental Dance Club](#) weekly dance at Starlite Ballroom. Lesson 5:45-6:45 pm; Dance 7:15-10 pm. Info: call 767-4040.

Indy Swing Dance Club meets twice a month at Madam Walker Theater. For more info, call 691-1239 or check indyswing.org

Indiana Rebels Swing Dance Club at Riolo Dance. from 5:00-9:00 pm on selected dates. See web site.

April 2016

Saturday, Apr..9 **Heartland Spring Dance** at [Riolo Dance Studio](#) (see flyer)

Saturday, Apr. 9 [Fort Wayne Dancesport](#) Dance at IPFW's Walb Memorial Ballroom. 7-11:00 pm. Call 260-485-6226

Saturday, Apr. 23 [Indy Dancers](#) Anniversary Dance at Starlite call Dance Line 767-5665 for information

May 2016

Saturday, May 14 [Fort Wayne Dancesport](#) Dance at IPFW's Walb Memorial Ballroom. 7-11:00 pm. Call 260-485-6226

Saturday, May 14 **Heartland 500 theme Dance**

Saturday, May 14 *Indy Dancers* Dance at Greenwood Moose call Dance Line 767-5665 for information

For an additional list of dancing opportunities, please visit our website at:
<http://www.indyusadance.org/local-resoures>

April 9 - Spring Dance

Lesson: Quick Step 7:30 pm

Instructor: Scott & Yulia Shook

Dance: 8:30 – 11 pm

Exhibition: John Berry & Students

Cost: \$8 members; \$12 guests

DJ: Rog Greenawalt

Location: Riolo Studio, 502 N. Capitol Ave, 2nd Fl

Open Monthly Dance

May 9- 500 Race Theme Dance

7:30 pm – American Fox Trot

Instructor: Ed Godby Schwab & Diana Miller

Dance: 8:30 – 11 pm

Exhibition: TBA

**Cost: \$8 members; \$6 member students;
\$12 non-mbers; \$8 non-mbr students**

DJ: Larry Gogel

Location: Riolo Studio 502 N. Capitol Ave, 2nd Fl

For more information, call 849-6373 or 759-0171

Open Monthly Dance

Heartland Ballroom Dancers

564 Conner Creek Dr. Fishers 46038

Fishers, IN 46038

Advertising Rates

Full Page: \$50 per month

Half Page: \$25 per month

Qtr. Page: \$15 per month

Business Card: \$7 per month

Call the (317) 849-6373 for further details.

Rates for long-term contracts negotiable.

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