



# Heart and Sole



Volume 21 Issue 4

April 2014

## NEWS FROM HEARTLAND BALLROOM DANCERS, CHAPTER #2022 OF USA DANCE INC

### From the Heart

*By Jeff Burgardt, President*

We are **so fortunate** to live in a city with so many dance options. Compared to most big cities we probable have as many dance options as any other. I get this feeling after attending and talking to the other USA Dance chapters in the Midwest these past 3 years. Our city is a great place to get involved in dancing and to get good instruction. Our chapter b has great challenges for your attendance and interest. That being said I believe we have made good decisions to make **our dances a desired event to attend**. Since the first of year we now have the consistency of being centrally located at the same place each month. We always have a dance lesson at each dance and we are the only group which gives you the chance to experience **diverse dance instruction**. We invite instructors from many dance locations to give you the chance to experience what instruction our city has to offer. Themes add fun to our dances and exhibitions at most dances shows others who have worked hard at learning and practicing a dance plus you can also bring a special snack to share with your friends. Our dances are also a great place to meet many people from all areas of the city. We have updated the music and also added a line dance to make our dances more fun. All this being said you have responded by attending in large numbers the last 3 months which also adds to the fun. **Spread the word** that our dances are a desired event to attend. I believe **we have created our special niche in our big city**.

My next suggestion is to plan to come to our **Spring Fling Dance**.

Rob Jenkins will teach us **Quick Step**. It's a fast moving dance in which we all can use more practice to grow our confidence. I am sure Rob will do a good job of teaching us to be more fearless in Quick Step. **Feel free to bring a food item or better yet make something you like to share with us at our dance**. We are planning for this to be a fun time. An exhibition dance is being planned.

If you're interested in being an organizer or a helper for one of our dances, please let us know. **We are always looking for volunteers**.

We had exhibitions at the **Arts Garden** downtown

on Saturday, **March 15 from 1:00 to 2:00 pm**. The city had plenty of visitors in town and we had a good crowd that stopped by to see our display of dancing. We also had some fun with the spectators who joined in and danced with us. We plan on scheduling at least one more event like this later in the year.

If you missed our last dance and wanted to see what was taught at our last dance, you can see a video on our website at **indyusadance.org** and you can also see lessons from past months.



### Easter/Spring Fling Dance

**Saturday, April 12**

**7:30 pm – Lesson – Quickstep**

**Instructor: Rob Jenkins**

**Dance: 8:30 – 11:00 p.m.**

**Exhibition: Rob & Student**

**Cost: \$8 Members or \$12 non-members**

**\$4 students or \$6 non-mbr students**

**DJ: Larry Gogel**

**Location: Riolo, 502 N. Capitol 2<sup>nd</sup> Flr.**

**For more information, call 849-6373 or 584-3048**

**Open Monthly Dance**

### Inside This Issue

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## 2

The 2014 USA Dance Championships were held at the Renaissance Hotel on Baltimore's Inner Harbor March 28-30, and Heartland was very well represented. Four of the

## Heart and Sole

club's couples (names and results below) were among approximately 1300 DanceSport athletes, ranging in age from pre-teen to septuagenarians, who gathered to compete. All levels from Bronze through Championship were contested in all four styles: Standard, Latin, Smooth and Rhythm. The dancing started as early as 7:30 a.m. and continued until about 11:30 p.m. for three solid days with few breaks in the action.

The ballroom was "decked out" in fine fashion with special lighting enhancing the dancers on the floor. For those who love to see "the best of the best" at all proficiency levels, this was a little slice of heaven.

This is an event where the level of dancing continues to increase year after year...and qualifying gets harder and harder. Add to that the fact that you now have to place in the top 65% of your qualifying event in order to attend Nationals, and a tough job has just gotten more difficult.

It has become, as it should be, an honor to be able to participate in Nationals. Our representatives and their placements included:

**Judy and Danny Corsaro** – 2<sup>nd</sup> in Senior III Novice Standard. (Novice is the first of the above-gold levels, followed by Prechamp and Championship.)

**Lisa and Pen Cosby** (technically not members of our chapter anymore, but we don't let them get away that easily) – Finalist in Senior III Bronze Standard, Senior III Bronze Latin, and Senior III Silver Latin.

**Amy and Rog Greenawalt** – National Champions in Senior III Championship Smooth and Senior III Championship 9-Dance. 2<sup>nd</sup> in Senior III Championship Rhythm.

**Linda and Mark Keen** – Finalist in Senior III Gold Rhythm, Semi-finalist in Senior II Silver Rhythm. (This couple faced the largest heats with as many as 27 couples.)

Congrats to all of our dancers for qualifying for, and competing in, the 2014 National Championships!

Think you might be interested in trying this next year? National qualifying events will be held in Louisville August 1-3 and in Chicago October 31-November 2.

Just want to see some great dancing? Go to Louisville, Chicago or plan now to be a spectator at the 2015 National Championships when they return to Baltimore March 27-29, 2015.

## Area/Region News

**Fort Wayne, IN** – The web site for Fort Wayne is [www.fwdancesport.org](http://www.fwdancesport.org).

**Indiana Lakeshore Chapter** – 1<sup>st</sup> Sunday of month at The Ranch Dance Hall, 769 Madison Street, Crown Point, Indiana, 1-5 pm; Members \$6. Call 219-926-5927 for information.

**Chicagoland Chapter** dances are held the 3<sup>rd</sup> Saturday of the month. For information call (847) 426-7978.

**Cincinnati Chapter** dances are at Greek Orthodox Church, 7000 Winton Rd, Cincy on the 3<sup>rd</sup> Saturday. Call (513) 769-3088 for information or check [www.dancecincinnati.org](http://www.dancecincinnati.org).

**Dayton Area Ballroom Clubs** generally meet the 1<sup>st</sup>, 2<sup>nd</sup>, and 4<sup>th</sup> Saturdays. For information on 76 Club, call 937-833-4301; Dance-Tonians call 937-675-2910; and Swing 'N' Sway call 937-667-1420.

**Louisville KY Chapter** dances are **last Saturday** of each month at St. Andrews Episcopal Church, 2233 Woodbourne Avenue, Louisville, KY 40205. Call 502-451-6433 for info. Web site: [www.usadancelouisville.org](http://www.usadancelouisville.org)

**Bluegrass KY Chapter** – (859) 223-2047.

**Lexington KY Dance Club** – (859) 257-1947.

**St. Louis Ballroom Dancers** have a busy schedule of dances. For information, call 314-382-8297.

**South Bend Chapter** usually meets on 3<sup>rd</sup> Sunday each month at BK Club, Corner of West & 9<sup>th</sup> in Mishawaka, IN. For information call 574-289-1093.

## Member Classifieds

Members may advertise dance-related items free. Please call or e-mail the editor.

Heartland Ballroom Dancers does not endorse any particular studio or instructor but recognizes that good instruction is available from a variety of people throughout Central Indiana.

**USA Dance Privacy Policy** USA Dance lists (membership and e-mail) of personal information for members and non-members is confidential and for the exclusive use of USA Dance officials and designees and may not be shared, sold, or rented without the prior approval of the USA Dance Governing Council.

## Save the Date

The 19<sup>th</sup> Annual Big Ballroom Bash will be July 11 at the Arabian Room in Murat Shrine. Tickets will go on sale next month.

## Newsletter Deadline

The *Heart and Sole* submission deadline is the 20th of the month. Call Nancy at 317-849-6373 to be included.

**Please keep your addresses up-to-date.** It is very important that you keep your e-mail address up-to-date with your chapter Newsletter Editor and Membership Chairman. Send changes to the editor who will forward them to National Membership or send yourself. Don't forget to let us both know!





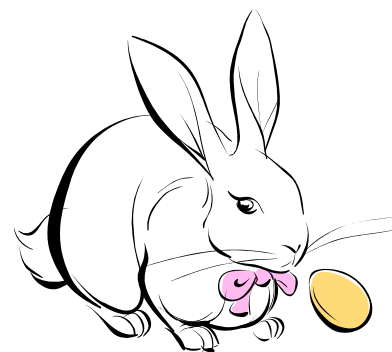
Angie Brown & John Berry 3/8/14



Anna Kovalyova & John Berry 3/8/14



Chad & Raquel 2/14



## Giving Back

by Anna Kovalyova

### Heartland's members provide free entertainment to local organizations

The Heartland Chapter is proud to have a large, talented and very active performing group of dancers who are eager to share their passion for dance with others in the community. It is no secret that dancers love performing. At Heartland, we do so with passion knowing that our enthusiasm will make for sometimes less than perfect moves. What started as a small group of dancers with occasional public performances has grown into a large and ever-evolving dancing community.

Besides performing several times a year at the Arts Garden of the Indianapolis Circle City Mall, the Heartland members routinely perform at numerous nursing homes, rehabilitation centers, retirement communities and United Way campaigns. Some of these organizations get approached by Heartland's Special Events Coordinator, while others contact us via website or through the word of mouth.

Our performers are a very diverse group, ranging from university students to doctors and engineers to retirees. The oldest member of our performing group is 86 years old, and she does not miss a single opportunity to showcase her dance skills. The performers represent different dancing skill levels as well, ranging from beginners to seasoned social dancers to competitors and National Amateur Champions.

To increase participation in the program, we made it very simple: all skill levels are welcome; and no partner is necessary. If you'd like to dance, we will pair you with another dancer. At the beginning this meant that some of our male dancers needed to perform with 2 or 3 different female dancers per event; but as the group expanded, the number of male and female performers has evened out. The participants are given a choice of dancing a routine as an individual couple on in a group setting. Paired-up couples then meet on their own to practice. Less experienced dancers often opt for "group-only" participation. The group dances require no rehearsals and tend to remove the "anxiety factor" from the performance. We typically choose energetic dances such as Cha-Cha or Swing for group dances to fit as many couples as possible on the dance floor.

Our programs range in length anywhere from 15min to over an hour. For a 1 hour program, we generally have up to 10 individual routines and 2 to 4 group dances. During the group part of the event, we encourage audience participation as well.

The settings in which we perform vary from one place to another: some organizations boast real stages, others reserve a small section of their cafeteria for dance performances. Although having a wooden floor is a preferred option for any serious dancer, some facilities we perform at simply do not have them. This is especially true for rehabilitation and nursing homes where the floors' main requirement is to provide an anti-slippery surface for their residents. As a result, our dancing experience to date ranges from marble and concrete floors to carpet and linoleum. Some of these surfaces are so "spin-resistant" that our dancers have to be creative when executing spins and turns. Sometimes, this means abandoning a proper footwork technique; but we do so knowing that we have a forgiving audience that judges us primarily by our energy and our smiles. Some programs that Heartland puts together are theme-specific (Valentine's Day, Thanksgiving), but a majority fall into the "just because" category.

Heartland took the program to the next level when we decided to no longer restrict participation to Chapter members and invited other dance groups to perform at these events. To date, we've collaborated with several other ballroom dance clubs, as well as with Argentine Tango, Salsa, Cabaret and modern dancers. We also expanded our pool of performers by inviting singers, many of whom do both singing and dancing! We even have our own videographer! We are hoping that in the future we can also attract musicians who can provide live accompaniment to our performers. What is next, you might ask? Ballet dancers? Quite possible.

You can view more pictures of our performances at Heartland's website: <http://www.indyusadance.org/photos/>



Westside Garden Plaza Dancers



Westside Garden Plaza nursing home fan!



## VOLUNTEERS NEEDED!

As most of you are aware, USA Dance, Inc. is a non-profit organization. We have to depend on volunteers in order to run and maintain our chapters. The more volunteers we have, the less of a load it will be for one person. If you like coming to our dances and enjoy the benefits, then **would you consider volunteering one or more times?** You do not have to be a member to volunteer. *Thank you in advance for volunteering.*

Please fill out the form below as it applies.

\_\_\_\_\_ Yes, I am able to volunteer anytime as needed.

\_\_\_\_\_ Yes, I will volunteer 3 or 4 times per year.

\_\_\_\_\_ Yes, I will volunteer 1 or 2 times per year.

\_\_\_\_\_ Yes, but only 1 time per year.

Check as many as applies.

\_\_\_\_\_ Anything as needed

\_\_\_\_\_ Special Events

\_\_\_\_\_ Newsletter

\_\_\_\_\_ Competitions

\_\_\_\_\_ Refreshments(free admission & reimbursement)

\_\_\_\_\_ Website Design

\_\_\_\_\_ Door(free admission)

\_\_\_\_\_ Charity Event

\_\_\_\_\_ Decorating

\_\_\_\_\_ MC/Announcements

\_\_\_\_\_ Clean up

\_\_\_\_\_ Flyers

Name \_\_\_\_\_

Home Phone # \_\_\_\_\_ Cell Phone# \_\_\_\_\_

E-Mail Address \_\_\_\_\_

Best time to contact you \_\_\_\_\_

**Web Sites of Interest**

USA Dance National: [usadance.org](http://usadance.org)

USA Dance Heartland Chapter: [indyusadance.org](http://indyusadance.org)

[andersonparamount.org](http://andersonparamount.org)

[ballareballroom.com](http://ballareballroom.com)

[ballroomdancers.com](http://ballroomdancers.com)

[ballroomdancedayton.org](http://ballroomdancedayton.org) – Dayton Ballroom Dance

[brickyardboogiedancers.org](http://brickyardboogiedancers.org)

[continentaldanceclub-indy.com](http://continentaldanceclub-indy.com)

[danceCincinnati.org](http://danceCincinnati.org) - USA Dance Cincinnati Chapter

[dancerdesigns.net/designs.html](http://dancerdesigns.net/designs.html)

[dancescape.com](http://dancescape.com)

[danceshoesofatlanta.com](http://danceshoesofatlanta.com)

[DanceShoesOnline.com](http://DanceShoesOnline.com)

[dancesportexchange.com](http://dancesportexchange.com)

[dancesportbycapezio.com](http://dancesportbycapezio.com)

[danceterrehaute.com](http://danceterrehaute.com)

[dancevision.com](http://dancevision.com)

[dancingart.com](http://dancingart.com)

[dancingdates.com/hoosierdancecalendar.htm](http://dancingdates.com/hoosierdancecalendar.htm)

[dcdancenet.com](http://dcdancenet.com)

[donandjean.com](http://donandjean.com)

[fredastairesouthindy.com](http://fredastairesouthindy.com)

[fwdancesport.org](http://fwdancesport.org) – USA Dance Fort Wayne Chapter

[indiana.edu/~dance](http://indiana.edu/~dance)

[intosalsa.com](http://intosalsa.com)

[indyarthurmurray.com](http://indyarthurmurray.com)

[indyballroom.com](http://indyballroom.com)

[indydancers.com](http://indydancers.com)

[indyswing.org](http://indyswing.org)

[ledanseballroom.com](http://ledanseballroom.com)

[melodiecarr.com](http://melodiecarr.com) - Dance Lessons in Muncie

[purdueballroom.org](http://purdueballroom.org)

[riolodance.com](http://riolodance.com)

[starlitedanceindy.com](http://starlitedanceindy.com)

[tangoindy.com](http://tangoindy.com)

[tatesdance.comusadancesb.tripod.com](http://tatesdance.comusadancesb.tripod.com) – USA Dance

South Bend Chapter

[usadancechicago.org](http://usadancechicago.org) – USA Dance Chicagoland Chapter

[usadancelakeshore.org](http://usadancelakeshore.org) - USA Dance Lakeshore Chapter







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**VALENTINE'S DANCE**– Friday, February 14th



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**Continental Club Dance  
Schedule for March/April 2014**  
**Dance Lesson 5:45 - 6:45 pm**  
**Dancing 7:15 - 10:00 pm**  
**DANCE LESSON: East Coast Swing**  
**5:45-6:45 PM**  
**LARGE BALLROOM**  
**BEGINNER LESSON: Swing 5:45-6:45 PM**  
**SMALL BALLROOM**

**APRIL**


<b>April 6</b>	<b>Dave Lowe</b>
<b>April 13</b>	<b>Sundown</b>
<b>April 19</b>	<b>Larry Mecham</b>
<b>April 26</b>	<b>Mike McCarty</b>

**MAY**

<b>May 4</b>	<b>Anderson/Beck</b>
<b>May 11</b>	<b>Blue Notes</b>
<b>May 18</b>	<b>Larry Mecham</b>
<b>May 25</b>	<b>Mike McCarty Trio</b>

**May Lesson – Waltz**

**Continental Dance Club**



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## BOOGIE BEAT

***A Listing of Places to Dance in Central Indiana. Call to see if the events listed are being held before going.***

### **Tuesdays:**

Tango Indy meets every week at [Riolo Dance](#) for Argentine Tango lessons and practica – See [www.tangoindy.com](http://www.tangoindy.com) for details. *Indy Dancers* meet at various locations. Call Dance Line 767-5665 for information.

### **Wednesdays**

*IS Dances* (formerly Indianapolis Senior Center Dances) - Riolo Dance Studio, 2nd Floor (w/elevator): Wednesdays- Lesson 10:30 AM, Dance 1:00 PM - 3:00 PM [www.MonicaLung.com](http://www.MonicaLung.com) (317) 590-2655

### **Thursdays:**

**Tango Indy** meets every week at [Riolo Dance](#) for Argentine Tango lessons and practica – See [www.tangoindy.com](http://www.tangoindy.com) for details.

### **Fridays: (selected dates unless noted—see web sites for exact dates)**

*Dean & Company @Academy of Dance Arts* (121<sup>st</sup> & Cumberland) 8-10 pm. See [ADAdancers.com](http://ADAdancers.com)

[Fred Astaire Indy North](#), 820 E. 116<sup>th</sup> & Guilford 317-207-9191: Open dance 9-11 pm \$10; drinks & snacks free.

[Starlite Ballroom](#), 5720 Guion Rd., Open Dance 7:30-10pm, \$10/person including lesson & snacks. Info call 299-4740

[Ballare Ballroom](#), 111 Medical Drive, Carmel 46032, 7:30-10:30pm, \$10 incl lesson & snacks, 317-698-8535

*Any Swing Goes* dances will be on selected Friday nights; Contact Charlotte Heiney at 317-445-5224 for more info

*IS Dances* (formerly Indianapolis Senior Center Dances) - Riolo Dance Studio, 2nd Floor (w/elevator): Fridays - Lesson 5:45 PM, Dance 7:00 PM - 9:30 PM [www.MonicaLung.com](http://www.MonicaLung.com) (317) 590-2655

*Brickyard Boogie Dancers* meet at Riolo & Starlite; check their web site for details. DJ Ron Fentz, \$7 members with card and \$12 non-members and members without card. Lessons each week at 6pm; dancing from 7-10 pm.

### **Saturdays: (selected dates – see web sites for details)**

[Riolo Dance Studio](#) --502 N. Capitol (second floor) for more info, call 317-490-6739 or check [www.riolodance.com](http://www.riolodance.com)

*E.O.M Dance – Starlite Ballroom*, Cancelled until further notice.

### **Sundays:**

[Continental Dance Club](#) weekly dance at Starlite Ballroom. Lesson 5:45-6:45 pm; Dance 7:15-10 pm. Info: call 767-4040.

*Indy Swing Dance Club* meets twice a month at Madam Walker Theater. For more info, call 691-1239 or check [indyswing.org](http://indyswing.org)

*Indiana Rebels Swing Dance Club* at Riolo Dance. from 5:00-9:00 pm on selected dates. See web site.

### **April, 2014**

Saturday, April 12 **Heartland Easter/Spring Dance at [Riolo Dance Studio](#).**

Saturday, April 12 [Fort Wayne Dancesport](#) Dance at IPFW's Walb Memorial Ballroom. 7-11:00 pm. Call 260-485-6226

Saturday, April 19 [Indy Dancers](#) CANCELED call Dance Line 767-5665 for information

### **May, 2014**

Saturday, May 10 **Heartland 500/Mother's Day Dance, [Riolo Dance Studio](#).**

Saturday, May 10 [Fort Wayne Dancesport](#) Dance at IPFW's Walb Memorial Ballroom. 7-11:00 pm. Call 260-485-6226 for info.

Saturday, May 17 [Indy Dancers](#) at East Side Moose Lodge call Dance Line 767-5665 for information

### **Dancers are reminded of Dress Code**

Please remember that appropriate dress for our chapter dances includes: slacks/skirts, nice shirts/blouses, dresses and dance shoes. Please do not dance in jeans, shorts, or bare feet. On occasion we modify the dress code for special theme dances but when we do so, we will announce it in our newsletter and on the web site.

## **Upcoming Chapter Events**

### **April 12 – Easter/Spring Dance**

**7:30 pm – Lesson – Quickstep**

**Instructor: Rob Jenkins**

**Exhibition: Rob & Student**

**Dance: 8:30 – 11 p.m**

**Cost: \$8 members; \$4 member students;  
\$12 non-mbers; \$6 non-mbr students**

**DJ: Larry Gogel**

**Location: Riolo Studio, 502 N. Capitol Ave, 2<sup>nd</sup> Fl**

**For more information, call 849-6373 or 584-3048**

***Open Monthly Dance***

### **May 10—500 Dance Dance**

**7:30 pm – Lesson – American Cha Cha**

**Instructor: Monica Lung**

**Exhibition: TBA**

**Dance: 8:30 – 11:00 p.m**

**Cost: \$8 members; \$4 member students;  
\$12 non-members; \$6 non-mbr students**

**DJ: Rog Greenawalt**

**Location: Riolo Studio, 502 N. Capitol Ave, 2<sup>nd</sup> Fl**

**For more information, call 849-6373 or 584-3048**

***Open Monthly Dance***

### **Advertising Rates**

Full Page:	\$50 per month
Half Page:	\$25 per month
Qtr. Page:	\$15 per month
Business Card:	\$7 per month

Call the (317) 849-6373 for further details.

Rates for long-term contracts negotiable.

Published monthly by Heartland Ballroom  
Dancers

Chapter #2022 of USA Dance Inc.

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