



USA Dance Chapter #6026 Greater Daytona FL

In This Issue

[President's Message](#)

[Dance Lesson and Instructor](#)

[New Members](#)

[Chapter-sponsored Dance Lessons](#)

[Dance Quote](#)

[Center Stage](#)

[MALL BALL](#)

[Sister Chapter Dances](#)

Quick Links

[USA Dance Inc Homepage](#)

[Greater Daytona Chapter Website](#)

Questions???

President, Marta Pascale

Email Marta

386-562-0590

Vice President, Jean Krupa

Email Jean

386-295-7870

Secretary, Tom Sanders

Email Tom

386-631-1796

Treasurer, Valerie Green

Email Valerie

386-290-2472

For General Information

Call Ellie at 386-756-8433

or

Email Chapter Contact



Honorable Mention- National Chapter of Year 2
National Chapter of the Year 2011

District 9 (Florida) Chapter of the Year
2009 and 2011 and 2013

October 2015 Newsletter



PAID ADVERTISING

[President's Message](#)

Ifc

Marta Pascale
 Certified – ProDVIDA
American Style Rhythm & Smooth
 386-562-0590

Private & Group Lessons
 martausadance@cfl.rr.com



Gold Star Ballroom 4000 sq ft floating dance floor
Come Dance With Us... Where life is a Ball

Mon > Thurs - Group classes
 Fri & Sat - Social Dance Parties

3100 Ridgewood Ave
 South Daytona FL 32119
 goldstarballroom@gmail.com
 www.goldstarballroom.webs.com

386-315-4258

Social dancing is one of life's rare opportunities for pure fun.



CRUISE PLANNERS
Your Cruise and Land Specialist

Jean Tauber
 Travel Advisor
 386-689-0188


jtauber@cruiseplanners.com
 www.cruisesbyjean.com
 www.facebook.com/cruisesbyjean

Seller Travel Number: T155770
 New Smyrna Beach, FL
 Independently Owned & Operated

Family Care Physicians, L.L.P.
 BOARD CERTIFIED FAMILY PRACTICE

Jeffrey Friedman, D.O. José Gierbolini, M.D.
 Grace Pedersen, ARNP

401 Venture Dr., Suite A, South Daytona, FL 32119
 Tel (386) 761-8888 Fax (386) 760-8799
 http://daytonafamilydoctor.com



Piano Voice Persona



Marti Hamilton 386-756-6516

Place your ad here for:
 1 month for \$20
 2 months for \$30

Dear Members and Future Members,

Not a member? **Be a member!** Go to greaterdaytonachapter.org and check the MANY benefits of members including free dance lessons. Then, apply online with a credit card or cash or check payable to USA Dance at one of our chapter dances or night chapter-sponsored group dance lessons. Cost of membership for dancer is only \$35 for a full 12 months and will provide you with the 1 discount at all USA Dance dances and functions across the nation.

Thank you again to our awesome Outreach Coordinators, Geoff and F Davis, and to our awesome Outreach Team! On September 5, they sh their love of dance at the Port Orange Nursing and Rehab Center.



On September 25, they visited AMI Kids to support the program and t the school to possibly win 10 computers. AMI Kids is a day treatment for troubled youth which is part of member Mary Mosley's work as a probation office. Thanks to all who danced and visited!

6 months for \$60

Contact Marta at
386-562-0590 for details.

HEY, WHAT'S HAPPENING in OCTOBER???

[CLICK HERE TO VIEW
CALENDAR](#)



Thank you for renewing

When you renew in 2015
you will receive
thank you gifts,
including dance lessons,
totaling \$66.

Why? Because we appreciate YOU!



[Follow us on Facebook](#)



We celebrated National Ballroom Dance Week
USA Dance's 50th Anniversary, on Sunday,
September 20, from 2 - 6 p.m. at the Volusia Mall
with our 7th Annual Mall Ball. **We enjoyed 5
performances**, interspersed with general dancing
by our chapter members, amateur and pro. The
performances ranged from fun to high energy
to elegant! Yes, we just keep getting bigger and
bigger each year, thanks to YOU! A heartfelt thank

you to all who assisted us to make this Mall Ball another huge success! Our
board members, our dancers and our volunteers. We absolutely could
not have done it without you! A big thank you to Tom Sanders who served, once again
as Liaison with the Mall and to our DJs, Clarence and Henry!

Save the date for Mall Ball 2016 - Tentatively, Sunday, September 18,
1:30 - 5:30 p.m.

And, oh, by the way! Why not share that great dance with us at a secret
Saturday chapter dance? It is not too early to pick your month!

Good news!!!!!!!!!!!!!!!!!!!!!! Our chapter was awarded \$6,268 from the Volusia
County Cultural Council as a result of our most recent grant application. We
appreciate VCCC and all of YOU! It is what YOU help us to do that counts
most. Thank you for the grant!

In the meantime... keep on dancing!

Marta

Dance Lessons for October

October 10



Joe Mounts teaching Rumba

Lesson from 7 - 8 p.m.

Dance from 8 - 10 p.m.

Remember to review the Chapter Dance Lessons on YouTube

Thanks to our videographer, Jean Bell, our chapter dance lessons, when approved by the instructor, are available for your viewing pleasure on YouTube from our website and are now categorized by Dance and Instructor. Visit the new and improved website.

[Click here for YouTube videos](#)



DVD Lending Library

Current members of our chapter may borrow from our growing library of dance DVDs. Leave a \$25 deposit, cash or check, per DVD and you may borrow one or two DVDs for one month. For check out or return, see Henry after announcements at our dances. A complete list of available dance DVDs is included in our website at **Video Library.**



PRACTICE NIGHT REMINDER !



October 24



Cost

\$10 for members of USA Dance; \$15 for non-members
\$5 for students of public schools or higher ed under age 25

Joe Mounts teaching Rumba

This dance will include our pro hosts and Halloween Costume Contest!!!

Lesson from 7 - 8 p.m.
Dance from 8 - 10 p.m.

Cost (Cost of admission does not include pro host c
\$10 for members of USA Dance; \$15 for non-members
\$5 for students of public schools or higher e under age 25

Not a member? Be a member!

Only \$35 for a full 12 months as a social dancer and receive a return of \$261!

How? Check out Benefits of Membership at greaterdaytonachapter.org





Gold Star Ballroom
Home of Greater Daytona Chapter
3100 S. Ridgewood Avenue, South Dayto

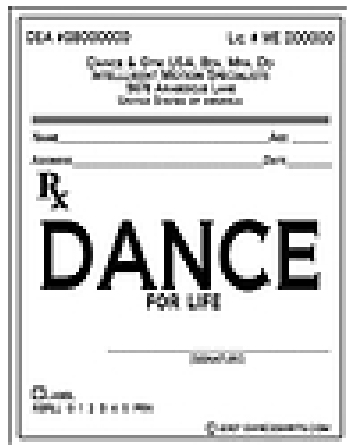
Use 3090 S. Ridgewood as your GPS address.

500 feet west of Ridgewood off Venture Drive at the South Daytona E Park

Be sure to welcome our new members!

A.J. Nash
Shela Boyle
Michael Shaw
Windham Kroha
Carol Lively
Helen Alamprese
Cheri Haring
Doreen Pojero
Michael Ernst





**TUESDAY Night is
PRACTICE NIGHT**
sponsored by the Greater
Daytona Chapter at



Come join us!
Dancers helping dancers!
TIME: 7 p m - 8:30 p m
Only \$5.
* membership not required

“DON'T PRACTICE
UNTIL YOU GET IT
RIGHT.

PRACTICE
UNTIL YOU CAN'T
GET IT WRONG.”

Pretty... BEAUTIFUL... Things



WE WANT YOU!

If you are enjoying the world of
Ballroom Dance,
NOW is the time

Monday Night Chapter-Sponsored Dance Lessons



Who: Members and Non-Members, singles and couples welcome,
no partner needed



What: **Beginning Tango**

When: Mondays - October 5, 12, 19, and 26

Time: 6:30 - 7:15 pm

Cost: \$7 per person per lesson or \$28 total when paid
at first lesson. Otherwise, \$10 per person per lesson. E
change is appreciated. Cash or check payable to USA
Dance.



What: **Intermediate Waltz**

When: Mondays - October 5, 12, 19, and 26

Time: 7:30 - 8:15 pm

Cost: \$10 per person per lesson, \$30 for all 3 weeks
Exact change is appreciated. Cash or check payable t
Dance.

**Note: Beginning lesson students who pay for all 4 l
will receive free entry into the Tuesday night practice sessions from
8:30 p.m. This is a savings of \$20 (\$5 per entry x 4 Tuesdays). All c
are welcome, cost is only \$5. You do not need to be a member to
participate at the Practice Night dance. Thank you, Gold Star!**



Where: **Gold Star Ballroom**

3100 S. Ridgewood Avenue, South Daytona

500 feet west of S. Ridgewood from Venture I
look for Sandy Point Progressive Sports and a sign for the
South Daytona Business Park on the corner; **or use 3090 S.
Ridgewood as your GPS address.** Questions? Contact Mai
martausadance@cfl.rr.com or call 386-562-0590.

Dance Quote of the Month

If at first you don't succeed,
try doing what your dance teacher
told you the first time. :)



to show your support and
reap the personal benefits of
membership!

Effective July 1 for 12 full months:

Social Dancer \$35.00
Ballroom Dancer \$45.00*



*The extra \$10.00 goes to the Archie
Hazelwood Fund
to support national social dance
projects.



Our chapter programs are sponsored
in part by the
Cultural Council of Volusia County.



Was this email forwarded to you?
Have trouble re-subscribing?
Click here to have your name and
email re-added to our list.



CENTER STAGE

by Tom Sanders

5 Life Lessons I Learned From Being a D

For most of us, dance is a major part of life
been the catalyst that sparked new relat
satisfaction and accomplishment into our daily routine. For some, it
the huge void created by retirement, relocation and life changes.

If you take a moment and consider the benefits of being a dancer,
realize that there are some basic life lessons to be gleaned from this
These are the things I've learned about life from being a dancer an
instructor.

1. Everything in life is about balance.

Dance allows you to balance your life mentally, physically, spiritu
emotionally. When I'm dancing, I feel balanced and at ease. All of
worries seem to disappear in that moment. I could be having the wor
the worst week, and dancing somehow makes it all better. I becor
focused on learning and perfecting the pattern or choreograph
dancing, nothing else in the world matters. This temporary escape fro
is vital to your sanity.

2. Perfectionism is key.

Some may say perfectionism is a bad thing, but I would disagree.
practice and rehearse the same dance patterns and choreography
over again, because we want it to be perfect. We may even be chall
our instructor or choreographer for not practicing hard or "going full
rightfully so. If you don't practice full out in rehearsals, you won't p
full out in a performance. The lesson here is you cannot be lazy in
have to give everything your all.

3. Having thick skin is necessary to survive.

If you've never had a dance instructor or choreographer criticize you,
are probably learning from the wrong person. Do not ever compla
teacher is being too harsh. It means that they care, and you will thank
this later. One of the hardest lessons in life is the ability to accept criti
use it to improve.

4. Knowing when to ask for help and when to help others

Dance is super competitive. Someone will always have more experie
you, and that is okay. Learn from these people. It is important in life
too prideful. You learn nothing when you ask nothing. Alternatively, t
be people who you have more experience than. Help these people. E
them and uplift them. You will attract the right people in life if you ar
and compassionate.

5. Love yourself above all else

Unfortunately, I have known some who quit dance because they felt t
pressure. Pressure to be thinner. But there is no "proper size" in dan
will always be someone thinner than you, bigger than you, shorter t

and taller than you. But you will learn to love yourself and your body may rehearse for hours a day, in front of huge mirrors, focusing yourself, and the way your body is moving. This does wonders for self-esteem, if you let it. Dancers are some of the most confident in society, and we are extremely comfortable with the skin we're in.

Dancers should reflect on the lessons of life that this passion of ours has taught us. We are special! We are confident! We care!



Greater Daytona Chapter Fundraiser



When: Sunday, October 25
Where: Gold Star Ballroom
Time: 2 pm - 4 pm
Cost: \$15 includes a \$5 shopping coupon for Belk (see below)

Tea, Coffee and delicious pastries served. See I Member Bobby or Monica for tickets or ask for them at Gold Star Ballroom.

Purchase your tickets at Gold Star Ballroom.



FIND THE MAGIC OF GIVING BACK!

Belk Charity Sale **November 7**

You can help the Chapter by helping yourself!
Buy a \$5 discount ticket get \$5 off your purchase plus save up to 70% off store merchandise

From 6 - 10 a.m. on November 7, is a Private Ticketed
However, the \$5 discount is good all day, Novembe
Get your ticket from any board member.
All profit from these ticket sales remains with our Cha
IT'S A WIN WIN!!!

DANCE SCHEDULE:
ORLANDO USA Dance #6002
www.orlando-usadance.com



**Dances are usually on the third Friday of the month
at Bahia Shrine Ballroom**
2300 Pembroke Drive, Orlando
All ages, all levels, singles & couples
7:30 - 8 p.m. group lesson included in price of admission
8 - 11 p.m. General Ballroom Dancing
Regular admission is \$8 for USA Dance Members
\$12 Non-Members

INFO: 407-831 3680



DANCE SCHEDULE:
BLUE SPRINGS USA Dance #6086

Dances are held on the **first or second Sunday** at the
Chisholm Center, 520 South Clara Avenue, Deland begi
April 7. Admission is \$6 members; \$10 non-members; !
students. Dance begins at 5:30 p.m. with a 30-minut
dance lesson included in the price of admission. Gener
dancing is from 6 p.m. until 8:30 p.m. For information,
386-259-4074.





This email was sent to greaterdaytonachapter@gmail.com by greaterdaytonachapter@gmail.com | [Update Profile/Email Address](#) | Rapid removal with [SafeUnsubscribe™](#) | [About our service provider](#).



Try it FREE today.

Greater Daytona Chapter USA Dance | #6026 | www.greaterdaytonachaper.org | Daytona Beach area | FL | 32119